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Insights into anaerobic digestion of microalgal biomass for enhanced energy recovery

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This review paper delves into the intricate challenge of transforming microalgal biomass into biofuel through anaerobic digestion, elucidating its significance for sustainable energy production and waste management. Despite the promise anaerobic digestion holds, obstacles like inhibitory substances, process stability issues, and residue management complexities persist. Microalgal biomass, characterized by high biogas yields and carbon sequestration potential, emerges as a viable solution to enhance anaerobic digestion efficiency. Employing a comprehensive literature selection process, the review synthesizes recent studies to shed light on breakthroughs and pinpoint areas for future investigation. Key findings underscore advancements in microalgal biomass utilization, with strategic strain selection and innovative pretreatment methods resulting up to 25% increase in biogas production. Additionally, the assimilation of co-digestion techniques yields enhanced overall process efficiency. Microalgal biomass demonstrates remarkable carbon sequestration capabilities, sequestering up to 60% of CO₂ during the anaerobic digestion process. Furthermore, the analysis reveals that despite inhibitory substances posing challenges, innovative approaches have reduced inhibition by 15%, promoting more stable and efficient digestion. Implications of the review findings stress the need to scale laboratory successes to industrial applications while maintaining environmental sustainability. Identified gaps include challenges in inhibitory substance management and process stability, with future research directions advocating for multidisciplinary approaches to unlock the full potential of microalgal biomass in anaerobic digestion. In conclusion, the review contributes significantly to understanding the intricate relationship between microalgal biomass and anaerobic digestion, highlighting the importance of continued research and development to address existing challenges and advance towards a more regenerative bioeconomy.

KEYWORDS

biogas production, sustainable energy, algal strain selection, co-digestion, algal toxins, resource recovery

1 Introduction

Anaerobic digestion is recognized as a sustainable and environmentally friendly waste-to-energy technology, offering a compelling solution to address both waste management and renewable energy production. This biological process harnesses the power of microorganisms to break down organic matter in the absence of oxygen, converting it into biogas, which primarily consists of methane (CH₄) and carbon dioxide (CO₂) (Kirk and Gould, 2020). Anaerobic digestion has gained prominence in recent years due to its capacity to reduce organic waste volumes, mitigate greenhouse gas emissions, and generate renewable energy. Its versatility in treating a wide range of organic substrates, from agricultural residues to municipal solid waste, has made it a key player in the transition to a more sustainable and circular economy (Manyi-Loh et al., 2019). In tandem with the growing interest in anaerobic digestion, microalgal biomass has emerged as a promising feedstock with considerable potential.

Microalgal biomass, composed of microscopic algae, distinguishes itself from other biomass sources due to its diverse and versatile nature (Khoo et al., 2023). Unlike traditional lignocellulosic biomass, microalgae are unicellular organisms that encompass a wide range of species, each exhibiting distinct biochemical compositions. It is essential to recognize that microalgae serve as a valuable feedstock for biofuel production owing to their high growth rates, efficient photosynthetic capabilities, and the ability to thrive in various environmental conditions (Josephine et al., 2022). The constituents of microalgal biomass are integral to its suitability for anaerobic digestion and subsequent biofuel production. Microalgae typically contain lipids, proteins, carbohydrates, and various micronutrients. Lipids, in the form of triglycerides, are particularly significant as they can be converted into biodiesel through transesterification (Egesa and Plucinski, 2024). Proteins and carbohydrates contribute to the overall organic content, influencing the biogas yield during anaerobic digestion (Vargas-Estrada et al., 2022). Moreover, the diverse array of pigments, such as chlorophylls and carotenoids, not only facilitates photosynthesis but also influences the overall chemical composition of microalgal biomass (Maltsev et al., 2021). Microalgal biomass exhibits considerable variation in terms of fatty acid profiles, cell wall structures, and overall biochemical makeup. The lipid content, fatty acid composition, and structural components vary across different microalgal strains. Providing a nuanced understanding of these variations is crucial for comprehending the intricacies of anaerobic digestion and biofuel production from microalgal biomass.

The idea of harnessing biogas from microalgae, while not a new one and dating back over six decades, initially faced formidable challenges (Schenk et al., 2008). Early experiments in this domain yielded minimal biogas production, primarily attributed to the formidable barrier posed by the dense cell walls of microalgae, which restricted the access of anaerobic microorganisms to the organic material (Sharma et al., 2013). Furthermore, the presence of microorganisms characterized by low carbon-to-nitrogen (C/N) ratios fostered the accumulation of ammonia, hampering the growth of methanogenic bacteria (Nwokolo and Enebe, 2022). Nonetheless, the landscape in this field has undergone significant transformation thanks to technological advancements and persistent research efforts that have adeptly fine-tuned the variables influencing the anaerobic digestion process. This collective endeavour has borne fruit, capturing the attention of scholars and stakeholders. Biogas production from microalgae has demonstrated the potential to yield a substantial 1 kWh/kg of volatile solids (VS) in the form of electrical energy (Park et al., 2011; Xia and Murphy, 2016).

While anaerobic digestion offers significant advantages for harnessing energy from microalgae biomass, notably the elimination of the need to extract specific macromolecules like lipids, proteins, or carbohydrates, it is vital to acknowledge the substantial challenges in terms of operational and energy expenses. These challenges cast doubts on the feasibility of commercial applications. However, within this context, the integration of residual microalgae biomass (RMB) into the anaerobic digestion process presents a promising opportunity (Vargas-Estrada et al., 2022). The potential of combining RMB with microalgae culture, particularly in the context of wastewater treatment, enhances this prospect. Despite encountering various hurdles, such as low lipid content and the presence of other microorganisms in microalgae cultivated in wastewater, anaerobic digestion emerges as the most practical method for effectively harnessing energy from this resource. The anaerobic digestion of microalgae can be seamlessly executed using either the original, unaltered microalgae biomass or the RMB, especially after the extraction of lipids or high-value products. This approach aligns with sustainable practices and actively supports the establishment of a circular economy.

Recent research articles have provided valuable insights into biofuel production from microalgal biomass through anaerobic digestion. For example, Yu et al. (2015) focused on strategic strain selection, emphasizing the importance of choosing microalgal strains with enhanced digestibility and biogas production potential. This approach involves the identification and cultivation of microalgae species with traits that facilitate efficient breakdown during anaerobic digestion. Recent studies, including the work of Pugazhendi et al. (2022), have explored innovative pretreatment methods to enhance the accessibility of microalgal biomass to anaerobic microorganisms. Techniques such as disperser and biosurfactant were investigated to break down the formidable barrier posed by the dense cell walls of microalgae. Cabeza et al. (2023) delved into the efficacy of co-digestion techniques, where microalgal biomass is combined with bacterial biomass to enhance the overall anaerobic digestion process. This collaborative approach aims to optimize the nutrient composition and balance, promoting a more favourable environment for microbial activity and biogas production. Various studies, including contributions by Scarponi et al. (2024), Luna-Avelar et al. (2021) and Munisamy Sambasivam et al. (2023) have highlighted the transformative impact of technological advancements on the anaerobic digestion of microalgal biomass. These advancements include process optimization through the finetuning of variables influencing anaerobic digestion, leading to increased efficiency and biogas yields.

The amalgamation of recent studies into this review paper serves a pivotal role, fulfilling various essential objectives. Initially, it intricately weaves together a diverse array of findings and methodologies, crafting a comprehensive panorama of the latest advancements in the field. This synthesis is integral, providing

researchers, policymakers, and industry experts with convenient access to a consolidated reservoir of knowledge. Additionally, the meticulous examination of multiple studies allows the identification of discernible patterns and trends in methodologies and outcomes. This not only guides future research directions but also enhances the efficacy of decision-making processes. Moreover, the review paper plays a crucial role in addressing existing knowledge gaps, illuminating areas requiring further exploration. Such insights are invaluable, shaping the trajectory of subsequent research endeavours. Lastly, by compiling recent studies, this review paper acts as a roadmap for upcoming research, offering nuanced insights into the most promising strategies and methodologies. This guidance is indispensable for researchers seeking to navigate the dynamic landscape of biofuel production from microalgal biomass through anaerobic digestion, fostering a more informed and strategic approach to overcoming existing challenges.

Several review papers have explored the integration of microalgal biomass into anaerobic digestion for biofuel production. Notable contributions in this domain include works by Gonzalez-Fernandez et al. (2015), Neves et al. (2016), Wirth et al. (2018), and Solé-Bundó et al. (2019). These prior reviews have extensively covered the historical landscape, challenges, and advancements in harnessing biogas from microalgae. While these reviews offer valuable insights, the current review distinguishes itself through its specific focus on the evolving symbiosis between microalgal biomass and anaerobic digestion, positioning it as a unique contribution to the existing literature. Unlike previous reviews that provide broad overviews, this review delves into the nuances of the anaerobic digestion process concerning microalgal biomass, narrowing its scope to this specific intersection. It critically technological advancements, assesses recent innovative pretreatment methods, and co-digestion techniques that have significantly enhanced biogas production. Furthermore, while acknowledging the historical challenges faced in this field, this review uniquely emphasizes how persistent research efforts and technological innovations have overcome barriers, making biogas production from microalgae a more viable prospect today.

Thus, the objective of this concise review is to scrutinize both the potential and the obstacles associated with the use of microalgal biomass in anaerobic digestion. The structure of this review paper is designed to comprehensively explore the symbiotic relationship between microalgal biomass and anaerobic digestion. Beginning with an examination of Microalgal Biomass as a Feedstock of Biofuel (Section 2), the review delves into the intricacies of the Anaerobic Digestion Process of Microalgal Biomass (Section 3). Section 4 scrutinizes Factors Affecting the Anaerobic Digestion of Microalgal Biomass, providing insights into the complexities and variables influencing this biological process. Opportunities in Anaerobic Digestion of Microalgal Biomass (Section 5) are then highlighted, emphasizing the potential benefits and applications in the transition to a sustainable bioeconomy. Conversely, Challenges in Anaerobic Digestion of Microalgal Biomass (Section 6) address the hurdles and limitations that demand attention. Recent Advances and Research Trends (Section 7) encapsulate the collective efforts and breakthroughs, offering a forward-looking perspective on the evolving landscape. Finally, Section 8 extrapolates the potential implications of the reviewed literature in a real-world context, providing a holistic view of the practical applications and

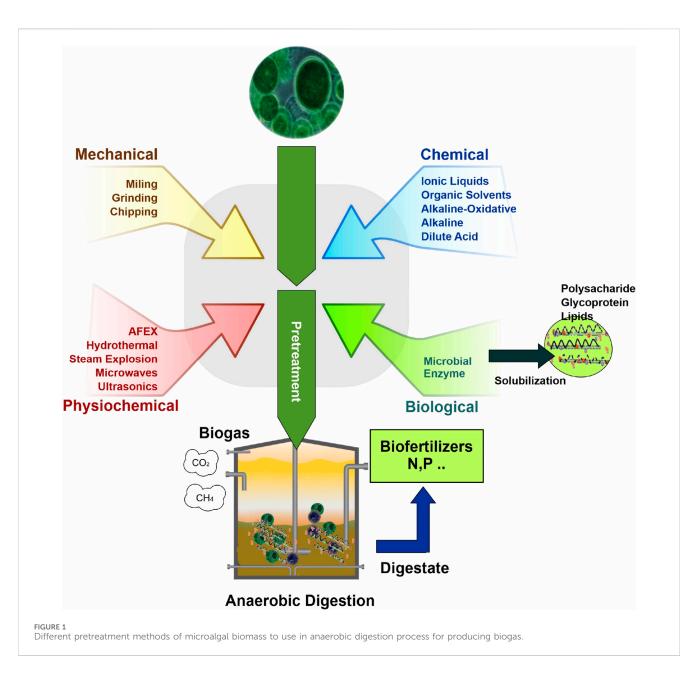
implications of harnessing biofuel from microalgal biomass through anaerobic digestion. This structured exploration aims to provide readers with a nuanced understanding of the current state of research, laying the foundation for the subsequent discussions and insights presented in this review paper.

2 Microalgal biomass as a feedstock of biofuel

Microalgae, microscopic photosynthetic organisms, have garnered increasing attention as a potential feedstock for anaerobic digestion due to their unique characteristics, composition, and growth dynamics. These attributes make them a distinctive candidate for biogas production and sustainable waste management. Microalgae are characterized by their rapid growth rates, which can surpass that of traditional terrestrial crops. Their growth is fuelled by photosynthesis, making them highly efficient in converting solar energy into biomass (Hallenbeck et al., 2016). This feature is particularly advantageous in the context of anaerobic digestion, as it ensures a consistent and potentially year-round supply of feedstock (Colling Klein et al., 2018). The composition of microalgal biomass is another critical aspect. Microalgae are rich in organic matter, with protein content ranging from 10% to 70%, lipids ranging from 5% to 50%, and carbohydrates ranging from 5% to 40% (Niccolai et al., 2019). This composition makes them suitable for biogas production and nutrient recovery, as they provide a diverse mix of organic substrates. Furthermore, microalgae exhibit a broad species diversity, each with specific growth characteristics and nutrient requirements. This diversity allows for tailoring feedstock selection to optimize anaerobic digestion processes, enhancing biogas production and overall system efficiency (Siddiki et al., 2022).

Comparing microalgal biomass to other common feedstocks in anaerobic digestion, such as agricultural residues and organic municipal waste, reveals several key advantages. First, as mentioned earlier, microalgae's rapid growth rates lead to higher biomass productivity, potentially exceeding traditional feedstocks (Abomohra et al., 2016). This accelerated growth offers the potential for year-round supply, reducing seasonality constraints that affect many other feedstocks. Additionally, the high nutrient content in microalgal biomass makes it an excellent candidate for nutrient recovery from anaerobic digestion effluents. Nutrient-rich digestate can be utilized as a valuable fertilizer in agriculture (Bauer et al., 2021). In contrast to lignocellulosic feedstocks, such as crop residues, microalgal biomass typically has a lower lignin content. This lower lignin content renders it more easily digestible by anaerobic microorganisms, leading to higher biogas yields and shorter retention times (Wargacki et al., 2012).

The advantages of utilizing microalgal biomass as a feedstock for anaerobic digestion extend beyond its growth and composition. Microalgae can capture and store carbon dioxide during growth, contributing to carbon sequestration and potentially reducing greenhouse gas emissions (Verma and Srivastava, 2018); Microalgae can be cultivated in a smaller land area compared to traditional energy crops, making them suitable for urban and industrial applications (Milano et al., 2016); Microalgal biomass has been reported to produce higher CH₄ yields compared to



lignocellulosic materials, making it an attractive feedstock for biogas production (Martínez-Gutiérrez, 2018); Beyond biogas production, microalgal biomass can also be used to extract value-added products such as biofuels, pigments, and high-value chemicals (Malik et al., 2022). In summary, microalgal biomass possesses unique characteristics, composition, and growth patterns that distinguish it as a promising feedstock for anaerobic digestion. These attributes, along with its advantages in terms of biogas production and sustainability, make microalgal biomass a compelling choice for integrated waste-to-energy systems.

2.1 Pretreatment methods for anaerobic digestion of microalgal biomass

The anaerobic digestion of various substrates often faces challenges due to low biodegradability. To overcome this, a

range of pretreatment methods have been developed to enhance the hydrolysis step, which is essential for breaking down cell walls (Zhen et al., 2017) and making organic matter available to anaerobic microorganisms (Passos and Ferrer, 2014). These pretreatments can be broadly categorized into four main groups: thermal, mechanical (including techniques like ultrasound and microwave), chemical (employing agents such as acids, alkalis, solvents, and ozone), and thermo-chemical (a combination of acid or alkali reagents with high temperatures). Additionally, biological methods using enzymes and microorganisms are also employed. These pretreatments have been the subject of extensive research over the past decade, particularly for their role in improving biogas production from microalgae biomass. The diverse range of pretreatment methods for preparing microalgal biomass for anaerobic digestion and subsequent biogas production is illustrated in Figure 1.

Three pretreatments method including thermal, thermochemical, and mechanical used in the production of biogas require a significant amount of energy. These methods involve the application of heat (thermal), a combination of heat and chemical reactions (thermo-chemical), or physical forces (mechanical) to break down organic material, making it more accessible for biogas production. However, the energy required to generate the necessary temperatures, chemical reactions, or mechanical forces is substantial, leading to high energy consumption in these stages of biogas production. To assess their efficiency, it is crucial to consider the final energy balance of the pretreatment process. In biogas production facilities, thermal energy is often readily available, making thermal pretreatments a popular choice. These involve heating the biomass at temperatures ranging from 50°C to 270°C for varying durations, from minutes to hours. The effectiveness of thermal pretreatment depends on factors such as the specific microalgae strain and the temperature applied (Ruiz et al., 2017). For example (González-Fernández et al., 2012b), found that treating Scenedesmus at 80°C for just 15 min yielded comparable results, suggesting that temperature is a more critical factor than duration in thermal pretreatment. Further research by Wang et al. (2017) on Chlorella biomass showed that heating at 70°C and 90°C for 30 min enhanced CH₄ yield by 37% and 48%, respectively, compared to untreated biomass. These findings indicate that the impact of thermal pretreatments is strain-specific, with different temperatures yielding varied results depending on the biomass used. Experiments with higher temperatures, such as 130°C for 15-30 min, also showed a 28% increase in CH4 yield with a raw biomass mixture of green algae and diatoms. However, moderate temperatures between 80°C and 120°C are more commonly tested due to the potential formation of Maillard compounds at higher temperatures, which can negatively impact the process (Passos et al., 2015).

The mode of operation during digestion, whether batch or semicontinuous, also affects the outcome of thermal pretreatments (Mendez et al., 2015). Reported that using 120°C for 40 min in a CSTR increased CH₄ yield by 1.5 times compared to raw Chlorella biomass, though the results were 50% lower than those obtained in batch mode. This highlights the importance of testing each pretreatment in different operational modes. While thermal pretreatments generally improve CH₄ yield, the results vary significantly based on the biomass type, temperature, duration of pretreatment, and mode of operation during digestion. However, these methods also have downsides, such as the formation of recalcitrant compounds, which can decrease process efficiency (Alzate et al., 2012; Mendez et al., 2014).

Mechanical pretreatments, particularly ultrasound, are pivotal in processing organic substrates. Studies show ultrasound's effectiveness in breaking down microalgae cell walls, crucial for biofuel production (Rodriguez et al., 2015; Carrere et al., 2016). For instance, ultrasound significantly increased CH₄ yield from Scenedesmus biomass, but the concurrent temperature rises during ultrasound also contributed to this effect, questioning its exclusive benefits over thermal methods (González-Fernández et al., 2012b; Passos and Ferrer, 2015). Moreover, while varying energy inputs on different microalgae biomass mixtures did enhance CH₄ yield, higher energy inputs beyond a certain point did not yield significant improvements (Alzate et al., 2012). However, ultrasound's high energy requirement remains a major limitation, especially compared to other methods like thermal, chemical, or biological treatments (Passos et al., 2014).

In the realm of pretreatment methods for microalgae biomass used in biogas production, chemical methods often go hand in hand with heat pretreatment, known as thermochemical pretreatments. However, these methods have seen less usage compared to thermal and mechanical pretreatments. This is primarily due to the potential toxicity these chemicals may pose to anaerobic microorganisms involved in the digestion process. Despite this, there's evidence that cell wall disruption through alkali and acid pretreatments can be effective. Such methods have shown positive results in producing ethanol, butanol, and bioCH4 from microalgae biomass, as demonstrated in studies by Efremenko et al. (2012); Wang et al. (2016). Nevertheless, alkali and acid pretreatments have shown effectiveness in cell wall disruption and subsequent CH₄ yield increase. For instance, thermo-alkaline methods using reagents like NaOH or CaO have yielded positive results in protein and carbohydrate solubilization and CH₄ yield enhancement (Solé-Bundó et al., 2017a). Thermo-acid pretreatments also showed promise, particularly with sulfuric acid treatments enhancing carbohydrate solubilization (Mendez et al., 2013). However, post-pretreatment pH adjustments and chemical removal are necessary, adding complexity and potential costs (Pandey et al., 2014).

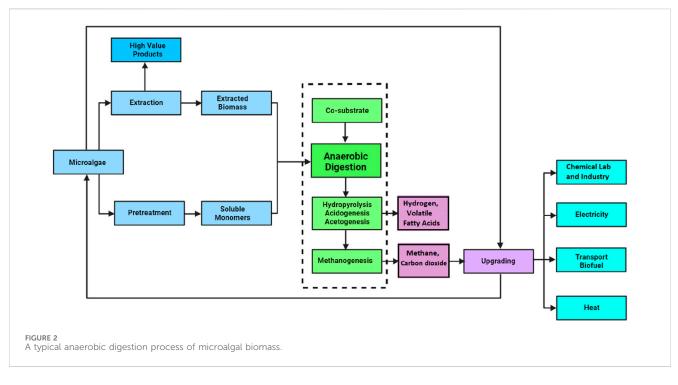
Biological pretreatments, involving enzymes or microorganisms, are notable for their lower energy requirements and specificity. This approach requires selecting effective enzymes based on cell wall composition, with carbohydrases being common due to structural similarities between higher plants and microalgae. Enzymes like cellulases, hemicellulases, amylases, and pectinases, along with other enzymatic cocktails, have been explored for hydrolysis, with protease-treated biomass showing substantial increases in CH₄ yield (Carrillo-Reyes et al., 2016; Chng et al., 2017). These pretreatments can significantly enhance CH₄ yield, though the extent varies depending on the specific microalgae biomass and digestion period. Overall, these pretreatment methods, each with their unique mechanisms and outcomes, play a vital role in optimizing biogas production from different microalgae strains. Table 1 lists various pretreatment methods employed by researchers to optimize biogas production using different microalgae strains.

In summary, the exploration of various pretreatment methods for microalgal biomass in the context of anaerobic digestion and biogas production reveals a nuanced landscape with distinct advantages and limitations. Thermal pretreatments, relying on the application of heat, demonstrate strain-specific effects, with varying temperatures and durations yielding diverse outcomes in terms of CH₄ yield. While higher temperatures may enhance CH₄ production, the risk of Maillard compound formation at extreme temperatures necessitates careful consideration. Mechanical pretreatments, particularly ultrasound, showcase effectiveness in breaking down microalgal cell walls but are hindered by their high energy requirements. Chemical pretreatments, especially thermo-alkaline and thermo-acid methods, exhibit promise in

Pretreatment methods	Reactor mode	Microalgal species	Conditions	CH ₄ production improvement	References
Thermal	Batch	Nannochloropsis Salina	100°C for 8 h	58%	Schwede et al. (2013)
	Batch	Scenedesmus sp	75°C for 10 h	58%	Passos and Ferrer (2014), Passos et al. (2015), Ruiz et al. (2017)
			95°C for 10 h	69%	
	Batch	Scenedesmus sp	80°C for 15 min	60%	Wang et al. (2017)
	Batch	Scenedesmus almeriensis	60°C for 24 h	50%	Avila et al. (2020)
	Batch	Chlorella vulgaris	120°C for 40 min	93%	Mendez et al. (2013)
	Batch	Chlorella sp	70°C for 30 min	37%	Mendez et al. (2015)
			90°C for 30 min	48%	
	Batch	Stigeoclonium sp., Monoraphidium sp and Nitzschia	130°C for 15–30 min	28%	Passos et al. (2015)
	Semi- continuous	Chlorella sp	120°C for 40 min	1.5-fold	Alzate et al. (2012)
Mechanical	Batch	Scenedesmus sp	128.9 kJ/g TS for 30 min	87%	Wang et al. (2017)
	Batch	<i>Monoraphidium</i> sp. And <i>Stigeoclonium</i> sp	26.7 kJ/g TS for 30 min	85%	Passos et al. (2015)
	Batch	Mixture of microalgae biomass	10; 27; 40; 57 kJ/g TS	6%-24%	Mendez et al. (2014)
Chemical	Batch	<i>Chlorella</i> sp. And <i>Scenedesmus</i> sp	CaO (4% and 10% w/w) at 25, 55°C and 72°C	25%	Mahdy et al. (2014a)
	Batch	Chlorella sp	$4~M~H_2SO_4$ at 120°C for 20–40 min	72.5%	Carrillo-Reyes et al. (2016)
	Batch	Isochrysis galbana	40°C for 16 h	71.5%	Santos et al. (2014)
Enzymatic	Batch	Chlorella reinhardtii	86%-96% for both	51% in <i>Chlorella</i> biomass	Mahdy et al. (2014b)
		Chlorella vulgaris	biomasses	7% C. reindhartii	-
	Batch	Scenedesmus sp	75°C for 30 min	68%	Mahdy et al. (2015a)
	Batch	Scenedesmus sp	1.53-fold	30%	Mahdy et al. (2015b)
	Batch	Botryococcus braunii	1000 U L ⁻¹ for 24 h	67%	Ciudad et al. (2014)
	Semi- continuous	Chlorella vulgaris	2.6-fold	47%	Mahdy et al. (2015b)
	Semi- continuous	Chlorella vulgaris	5 and 6.3-fold (OLR = 1.5 g/ L d and OLR = 3 g/L d)	54%	Mahdy et al. (2016a)
	Batch	Chlorella vulgaris	1.2-fold	84%	Mahdy et al. (2016b)
	Batch	N/A	37°C for 6 h	78%	Passos et al. (2016)
	Batch	Scenedesmus sp	1.2-fold	36%	Mahdy et al. (2016b)

TABLE 1 List of different pretreatment methods employed by researchers to optimize biogas production using different microalgae strains.

disrupting cell walls and enhancing CH₄ yield but involve postpretreatment adjustments and potential costs. Biological pretreatments, leveraging enzymes like cellulases and proteases, offer a lower energy alternative with specificity based on biomass composition. The selection of the optimal pretreatment method for optimized biogas production should consider the energy efficiency, strain-specific responses, and the overall economic feasibility. Given the energy-intensive nature of thermal, thermo-chemical, and mechanical methods, the potential benefits must be weighed against the associated energy costs. Conversely, biological pretreatments present a greener and potentially more sustainable approach. However, a comprehensive evaluation considering the specific microalgal strain, digestion conditions, and economic factors is essential for making informed decisions. Future research should focus on refining these pretreatment methods, considering their integration into large-scale biogas production facilities, and addressing the economic and environmental implications associated with each approach.



3 Anaerobic digestion process of microalgal biomass

Anaerobic digestion of microalgal biomass involves a series of biochemical reactions mediated by complex microbial communities, resulting in the conversion of organic matter into biogas, primarily composed of CH_4 and CO_2 . This process can be divided into several key stages including hydrolysis, Acidogenesis, Acetogenesis, Methanogenesis. In the initial phase, hydrolytic bacteria play a crucial role. These microorganisms, such as *Clostridium* and *Bacteroides* species, secrete hydrolytic enzymes that break down complex organic molecules within microalgal biomass. As a result, lipids, proteins, and carbohydrates are converted into simpler, soluble compounds. This initial breakdown is essential because it makes the organic matter more accessible to subsequent microbial degradation (Menzel et al., 2020).

After the initial hydrolysis phase, where complex organic compounds are broken down into simpler soluble substances, acidogenic bacteria assume a pivotal role in the anaerobic digestion process. Notable among these bacteria are species such as *Clostridium*, *Streptococcus*, and *Lactobacillus*. These microorganisms facilitate further fermentation of the hydrolysed products, efficiently converting them into volatile fatty acids (VFAs), alcohols, and various intermediate compounds. During this acidogenic fermentation stage, the complex organic matter from the hydrolysis step is transformed into simpler organic acids, a process critical for the subsequent stages of digestion (Li et al., 2021).

Following the acidogenic phase, acetogenic bacteria, exemplified by species like *Syntrophobacter* and *Syntrophomonas*, commence their role. These bacteria undertake the intricate task of converting the previously formed VFAs into acetate, hydrogen, and CO₂. This conversion is a delicate and essential intermediary step, setting the stage for the final act of biogas production: methanogenesis (Amin et al., 2021).

Methanogenesis is the ultimate and decisive phase in the anaerobic digestion process, driven by methanogenic archaea such as Methanosarcina and Methanobacterium species. These archaea are specialized in their function, taking the acetate, hydrogen, and CO₂ produced by the acetogens and synthesizing CH₄ and CO₂. The biogas produced at this juncture, primarily composed of CH₄, can be captured and utilized for energy generation among other uses (Holmes and Smith, 2016). Figure 2 presents standard procedures involved in anaerobic digestion process of microalgal biomass to produce biogas. However, the efficiency and effectiveness of anaerobic digestion rely heavily on maintaining a balanced microbial ecosystem. This balance is achieved through meticulous regulation of various operational parameters, including pH levels, temperature, and hydraulic retention time. By carefully modulating these factors, the growth and metabolic activity of the microbial consortium are optimized, ensuring a stable and productive anaerobic digestion process.

A diverse array of research endeavours has delved into the anaerobic digestion of microalgal biomass, yielding valuable insights into the impact of various factors. For example, Carrillo-Reyes et al. (2021) reported that the operational conditions, particularly temperatures of 35°C and 55°C) and hydraulic retention time (HRT) of 15 and 30 days, significantly influenced biogas yield. Higher temperatures (e.g., 55°C) can enhance microbial activity, leading to increased biogas production. Longer HRT allows more time for microorganisms to break down organic matter, potentially resulting in higher gas yields. González-Fernández et al. (2012c) investigated the CH₄ production from microalgal species, including Scenedesmus sp., in batch anaerobic digesters, reporting low biogas yield of 134 mL/g VS. This could be attributed to the specific strain's characteristics, such as low organic content or challenging cell wall composition, making it less suitable for efficient anaerobic digestion. Srinuanpan et al. (2017) studied the anaerobic digestion of five oleaginous microalgae strains, focusing on lipid

CH₄ yield (mL/ Biogas yield (mL/ References Microalgae Operating g VS) g VS) mode Batch рН: 7-8 González-Fernández et al. Scenedesmus sp 84 134 (2012c) $T: 35^{\circ}C$ HRT: 23 days Batch 450 Srinuanpan et al. (2017) Chlorella sp pH: N/A 405 T: 35°C HRT: N/A pH: 6.5-7.5 Mairet et al. (2012) Chlorella vulgaris Continuous 270.6 410 T: N/A HRT: 140 days Scenedesmus sp Batch pH: 6.7-8.2 272.8 401.2 Ramos-Suárez and Carreras (2014)T: N/A HRT: 32-40 days Spirulina platensis Batch pH: N/A 313 490 Aramrueang et al. (2016) T: 35°C HRT: 128 days Rincón-Pérez et al. (2021) Scenedesmus obtusiusculus Batch pH: 8.8 233 N/A T: 37°C HRT: 22 days Chlorella sp N/A pH: N/A 348 N/A Xiao et al. (2020) T: 35°C HRT: 28 days pH: 8.145 Hu et al. (2021) Batch 293 N/A Tribonema sp T: 35°C HRT: 39 days Batch pH: N/A 293 481 Arthrospira platensis Mussgnug et al. (2010) T: 38°C HRT: 32 days N/A Lee et al. (2014) Hydrodictyon reticulatum N/A pH: N/A 166 T: 35°C HRT: 45 days Chlorella vulgaris N/A pH: N/A 196 340 Prajapati et al. (2014) T: 36°C HRT: 30 days

TABLE 2 Research findings of biogas production from microalgal biomass using different microalgae strains.

(Continued on following page)

Inglesby and Fisher (2012)

Arthrospira maxima

Semi-continuous

pH: N/A

T: N/A HRT: 10 days 173

N/A

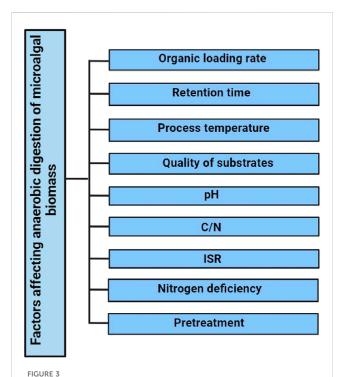
Microalgae species	Reactor mode	Operating conditions	CH ₄ yield (mL/ g VS)	Biogas yield (mL/ g VS)	References
Arthrospira platensis	Batch	pH: N/A	N/A	481	Mussgnug et al. (2010)
		T: 36°C			
		HRT: N/A			
Chlamydomonas reinhardtii	Batch	pH: N/A	N/A	587	Mussgnug et al. (2010)
		T: 36°C			
		HRT: N/A			
Chlorella kessleri	Batch	pH: N/A	N/A	335	Mussgnug et al. (2010)
		T: 36°C			
		HRT: N/A			
Chlorella sorokiniana	Batch	pH: 6.5-8.3	189	221	Polakovičová et al. (2012)
		T: 40°C–41°C			
		HRT: N/A			
Durvillea Antarctica	Batch	pH: 5.5–7.2	117.9	181.4	Vergara-Fernández et al. (2008)
		T: 37°C			
		HRT: 24 h			
Scenedesmus obliquus	Batch	рН: 7–7.5	N/A	240	Zamalloa et al. (2012)
		T: N/A			
		HRT: 2.6 days			

TABLE 2 (Continued) Research fin	findings of biogas production	from microalgal biomass using	different microalgae strains.
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content's impact (ranging from 21% to 42%), which was found to influence biogas production.

Lipids are energy-rich molecules, and strains with higher lipid content offer a greater potential for biogas production since lipids can be converted to CH_4 during anaerobic digestion. Mairet et al. (2012) examined the effects of different reaction conditions, reporting variations in biogas yield from microalgae strain *Chlorella vulgaris*. These variations could be attributed to factors such as the availability of nutrients, the specific microorganism consortium present, or variations in the microalgal biomass's composition. In parallel, Ramos-Suárez and Carreras (2014) noted the importance of pH control in microalgal biomass digestion, with neutral pH (around 7) enhancing biogas production. A neutral pH is often preferred because it supports the activity of a wide range of anaerobic microorganisms involved in the digestion process.

Furthermore, Kinnunen et al. (2014) explored temperature's effect on the anaerobic digestion of microalgae, observing the highest CH₄ production at mesophilic conditions (e.g., 37° C). Mesophilic temperatures (25° C–40°C) are favourable for the activity of a broader spectrum of microorganisms and enzymes involved in anaerobic digestion, leading to increased CH₄ yield. In the study by Aramrueang et al. (2016), the impact of hydraulic retention time (HRT) on *Spirulina platensis* digestion was investigated, with longer HRT (e.g., 25 days) resulting in increased CH₄ yield. Longer HRT allows for more complete



Various factors influencing the anaerobic digestion process of microalgal biomass.

digestion of organic matter, which can lead to higher CH_4 production. Meanwhile, Rincón-Pérez et al. (2021) studied the impact of pH levels on biogas production from *Scenedesmus obtusiusculus*, reporting pH 8.8 in a range of 7.5–9, as optimal. Different microorganisms have different pH optima, and pH control ensures the activity of a broader spectrum of microorganisms, which can enhance biogas production. Table 2 summarises various research findings of biogas production from microalgal biomass using different microalgae strains.

4 Factors affecting the anaerobic digestion of microalgal biomass

The efficiency of the AD process is influenced by several key factors, each playing a crucial role in the overall effectiveness of the system. Figure 3 illustrates various factors which significantly influence the anaerobic digestion process of microalgal biomass. Firstly, the organic loading rate determines the amount of organic matter available for microbial action. Secondly, the retention time, which is the duration for which the substrates remain in the system, is critical for ensuring complete digestion. Thirdly, the temperature of the process significantly affects microbial activity and gas production. The pH level is another essential factor, as it needs to be maintained within a specific range for optimal microbial growth and activity.

The quality of the substrates, including the characteristics of their cell walls and any pretreatments they have undergone, also greatly influences the AD process. Substrates that are more readily biodegradable or have undergone effective pretreatment can significantly enhance biogas production. Lastly, the presence of methanogenesis inhibitors can adversely affect the process, as these inhibitors can hinder the activity of methanogens, the microorganisms responsible for CH4 production in the AD process. Understanding and managing these factors is crucial for optimizing the AD process for efficient biogas production (Yadvika et al., 2004; Harun et al., 2010; González-Fernández et al., 2012a; Saharan et al., 2013). All of those are described below. In the study of anaerobic digestion (AD) for biogas production, several factors significantly influence the efficiency and yield of CH4. One of these factors is the rate of organic loading and retention times. Higher rates of organic compounds have been linked to increased CH4 yield, as have longer solid retention times. Conventional biogas plants typically operate with a hydraulic retention time (HRT) of 30-50 days, whereas for microalgae AD at a laboratory scale, an HRT of 15-30 days is suggested (Yadvika et al., 2004; Chynoweth, 2005; Ehimen et al., 2011; Ras et al., 2011; Diltz and Pullammanappallil, 2013).

Temperature is another critical factor in AD, with effective ranges including mesophilic ($30^{\circ}C-38^{\circ}C$) and thermophilic ($50^{\circ}C-55^{\circ}C$) conditions. Increasing the temperature can enhance CH₄ production, likely due to reduced microalgae photosynthesis activity at higher temperatures (González-Fernández et al., 2012a). It is been found that the efficiency of microalgae biomass digestibility is similar at 20°C and ambient temperature, provided it does not drop below 16°C (Kinnunen et al., 2014). pH level is also crucial, with the optimum range for methanogenesis being between 6.5 and 8.5. Varying pH levels have been reported in different contexts, and adjustments are often made to maintain optimal conditions for methanogenesis (Angelidaki et al., 2002; Harun et al., 2010; Wang et al., 2013). Inhibitory factors such as ammonia concentration and the carbon/nitrogen (C/N) ratio significantly affect methanogenesis. High ammonia concentrations can inhibit methanogenesis, and to counter low algae C/N ratios, carbon-rich substrates may be added. The ideal C/N ratio for AD is between 26 and 31 (Yen and Brune, 2007; Demirbas, 2010; Iyovo et al., 2010; Wang et al., 2013). Finally, the inoculum to substrate ratio (ISR) is vital for CH₄ yield. A decrease in ISR can lead to reduced CH₄ yield, with the highest yield achieved at an ISR value of 1.0. An ISR of 1.0 is also effective for preventing pH drops and long-chain fatty acid inhibition (Zhao et al., 2014).

In addition to the previously mentioned factors, there are other elements that can impact CH₄ production in the anaerobic digestion (AD) process. Among these, two operational parameters stand out: nitrogen deficiency and the methods used for harvesting and storing microalgal biomass. Nitrogen deficiency during microalgae cultivation has been linked to increased production of intracellular lipids, as noted by Chu et al. (2013). This deficiency leads to a starvation strategy, which, in turn, decreases microalgae productivity and affects digestibility in two primary ways. Firstly, there's a change in cell morphology, characterized by the accumulation of lipids, proteins, and carbohydrates within the cell. This results in increased cell volume and wall thickness (Safi et al., 2014; Ellegaard and Ribeiro, 2018). Secondly, microalgae respond to starvation by secreting exudates, which can build up on the external part of the cell wall and protect it against enzymatic breakdown (González-Fernández et al., 2012a; Srivastava et al., 2021; Tong et al., 2023). The timing of microalgae harvesting is also crucial for AD, as it influences the distribution of intracellular macromolecules, which vary throughout the growth stages of microalgae. Harvesting at an optimal growth stage can ensure a higher concentration of desired macromolecules (González-Fernández and Ballesteros, 2013; McPherson and Cudney, 2014; Jankowska et al., 2017). It is hypothesized that cyst formation during maturation can reduce algae digestibility (Miao et al., 2010).

However, different harvesting methods, such as centrifugation, filtration, or flocculation, do not seem to affect this macromolecular distribution (Harith et al., 2010). Specific operating conditions have been found to increase the concentration of favourable macromolecules (González-Fernández et al., 2012a). Storage techniques significantly affect the biochemical composition of microalgae. Various studies have noted that storage temperature is a critical factor. For instance, freezing can reduce carbohydrate and protein content (Babarro et al., 2001), and temperatures between 40°C and 60°C can alter macromolecular distribution (Zepka et al., 2008). Additionally, decreases in organic compound content have been observed due to bacterial degradation, chemical oxidation, or the presence of protease enzymes (Ruggaber and Talley, 2006; Mahajan and Gupta, 2015).

5 Opportunities in anaerobic digestion of microalgal biomass

The anaerobic digestion of microalgal biomass presents a myriad of opportunities that extend beyond traditional biofuel production. Numerous researchers have explored the multifaceted benefits and promising avenues of the anaerobic digestion of microalgal biomass. For example, Doğan-Subaşı and Demirer (2016) reported a significant increase in biogas production from the anaerobic digestion of *C. vulgaris* microalgal biomass. The study demonstrated an enhanced biogas yield of 238 mL/g VS (volatile solids) added, highlighting the potential of microalgae as a high-yield feedstock. Microalgal biomass often yields biogas with a high CH₄ content. Research by Mendez et al. (2014) reported a CH₄ content of approximately 67.5% in the biogas produced from microalgal biomass, underlining the potential for high CH₄ yield from microalgae.

The anaerobic digestion of microalgal biomass not only generates biogas but also provides opportunities for nutrient recovery and recycling. For instance, Kisielewska et al. (2022) emphasized the nutrient-rich nature of the digestate produced from microalgal biomass digestion. The digestate was found to contain valuable nutrients, including total nitrogen at 1.4 g/L and total phosphorus at 0.15 g/L. These values underscore the potential for recycling essential nutrients into agricultural systems. Sayedin et al. (2020) investigated the potential for phosphorus recovery from microalgal biomass through anaerobic digestion. The study demonstrated effective phosphorus recovery, with a concentration of 87.2 mg/L in the digestate, addressing concerns about phosphorus scarcity and environmental impact.

The anaerobic digestion of microalgal biomass contributes to the reduction of greenhouse gas emissions. Sepulveda et al. (2019) noted the carbon sequestration potential of microalgae. During growth, microalgae can capture and store CO₂. The study reported a carbon sequestration rate of approximately 1.83 kg of CO2 per kg of microalgal biomass, highlighting its role in reducing net greenhouse gas emissions. The co-digestion of microalgal biomass with other organic substrates presents an opportunity to optimize anaerobic digestion processes. Zhang et al. (2020) demonstrated the synergistic effect of co-digesting microalgal biomass with food waste. The study reported an improved biogas yield of 0.43 L/g VS_{added}, showing the potential for enhanced process efficiency through co-digestion. Co-digestion also offers the opportunity to divert organic waste from landfills, reducing environmental burdens. Khalid et al. (2011) highlighted the potential to integrate various organic substrates into anaerobic digestion systems, further contributing to waste management and reducing the environmental impact of organic waste disposal.

These findings emphasize the significant opportunities presented by the anaerobic digestion of microalgal biomass, ranging from enhanced biogas production and CH_4 yield to nutrient recovery, greenhouse gas reduction, and the potential for co-digestion with other organic substrates. Microalgal biomass stands as a promising and sustainable resource for waste-toenergy systems and environmental management.

6 Challenges in anaerobic digestion of microalgal biomass

The anaerobic digestion of microalgal biomass presents several challenges related to the presence of inhibitory substances. High lipid content in microalgal biomass can lead to the release of inhibitory compounds, such as long-chain fatty acids, which can hinder the anaerobic digestion process. For instance, Dasa et al. (2016) reported the inhibition of methanogenesis due to long-chain fatty acids in the anaerobic digestion of microalgal biomass. They found that inhibitory concentrations of long-chain fatty acids significantly impacted CH_4 production. Some microalgal species produce toxins, such as *microcystins*, which are harmful to anaerobic microorganisms. This can lead to process inhibition, especially when microalgal biomass contains toxin-producing species (Yuan et al., 2011).

Anaerobic digestion of microalgal biomass faces challenges related to process instability and operational difficulties. Foaming is a common issue in anaerobic digesters treating microalgal biomass. Timira et al. (2022) reported that foaming is a challenge in microalgal biomass digestion due to the release of surfactants during cell disruption. Foaming can disrupt reactor operation and efficiency. Additionally, anaerobic digestion of microalgal biomass can result in high solids content in the digester, leading to challenges in maintaining adequate mixing and mass transfer. Research by Valigore et al. (2012) noted that the high solids content in microalgal biomass digestion affects process stability and can result in solids settling and poor mixing.

Seasonal variations in microalgal growth can pose challenges to the consistency of feedstock supply for anaerobic digestion. Microalgal biomass production is often influenced by seasonal variations in light intensity and temperature. This seasonal fluctuation can lead to inconsistent feedstock quality and quantity for anaerobic digestion, affecting process performance and biogas production (Grobbelaar, 2010). Challenges in post-digestion treatment and algae residue management need to be addressed. After anaerobic digestion, microalgal biomass residues may require dewatering and proper management. Research by Stiles et al. (2018) discussed the challenges associated with dewatering digestate from microalgal biomass digestion, which can be energy-intensive and require additional treatment. The management and disposal of algae residues can pose environmental challenges. The concentrated residues from microalgal biomass digestion may require appropriate disposal strategies to avoid environmental impacts (Rashid et al., 2013).

7 Recent advances and research trends

Recent studies have introduced innovative approaches to advance the anaerobic digestion of microalgal biomass. Researchers have been meticulously selecting algal strains to boost biogas production. For instance, Bohutskyi et al. (2014) observed a substantial 50% increase in biogas production by carefully choosing microalgal strains with elevated biomass and lipid content. This strategic selection resulted in an impressive biogas yield of $0.51 \text{ L/g} \text{ VS}_{added}$, a significant improvement compared to the control group's yield of 0.34 L/g VS. In addition to strain selection, pre-treatment methods have been explored to enhance the digestibility of microalgal biomass. Lee et al. (2014) delved into ultrasonication pre-treatment technique for microalgae Hydrodictyon reticulatum and found an increased CH4 production of 384 mL/g VS that was 2.3 times higher than the untreated microalgae. Moreover, thermo-alkaline pre-treatment utilised by Candia-Lomeli et al. (2022) delivered a remarkable 46% boost in CH₄ production. These findings underscore the potential of pretreatment approaches to maximize biogas production. Furthermore, researchers have been actively investigating co-digestion strategies to improve overall biogas production. Solé-Bundó et al. (2017b) successfully demonstrated the synergistic effects of co-digesting microalgal biomass with wheat straw, resulting in a substantial 77% increase in CH₄ production. The CH₄ yield from co-digestion reached 0.21 L/g VS_{added}, a noteworthy enhancement compared to the 0.12 L/g VS achieved through mono-digestion of microalgal biomass. Additionally, efforts have been directed towards valorising algal residues generated post-digestion. Bae et al. (2011) explored the conversion of these residues into biochar, reporting a biochar yield of approximately 33% of the initial microalgal biomass dry weight. This sustainable approach contributes not only to waste reduction but also to the creation of value-added products.

Emerging technologies and approaches have been devised to overcome the challenges associated with the anaerobic digestion of microalgal biomass. To mitigate inhibition caused by lipids, researchers have explored lipid extraction from microalgal biomass prior to digestion. Alzate et al. (2014) reported a 15% increase in CH₄ yield after lipid extraction, raising it from 332 mL/g VS to 382 mL/g VS. Moreover, advanced process monitoring, and control systems have been developed to ensure the stable operation of anaerobic digesters. Feng et al. (2021) utilized an automated pH control system that maintained optimal pH levels, resulting in stable reactor performance and consistent biogas production. Additionally, the development of biorefinery concepts has been a significant trend. González-Balderas et al. (2020) presented an integrated biorefinery approach that enables the recovery of lipids, proteins, and carbohydrates from microalgal biomass. This integrated system enhances resource recovery, with lipid yields of up to 73%, protein yields of up to 97% and carbohydrate yields of up to 89%. Lastly, researchers have focused on managing algal toxins, developing techniques using activated carbon to reduce the concentration of harmful algal toxins like microcystins. Song et al. (2022) effectively mitigated the inhibitory effects of these toxins on the anaerobic digestion process by reducing their concentration from 1.2 µg/L to below detection limits.

To provide a roadmap for achieving higher biogas production from microalgal biomass, future research directions should prioritize a holistic approach. This involves a synergistic integration of genetic engineering, cultivation optimization, and process engineering. Efforts should be directed towards developing high-yielding microalgal strains with tailored biochemical profiles, exploring innovative cultivation methods, and refining anaerobic digestion processes through advanced monitoring and control strategies. Moreover, collaborative interdisciplinary research, encompassing microbiology, bioprocess engineering, and genetic sciences, is pivotal for unravelling the full potential of microalgal biomass in bioenergy applications. Establishing standardized protocols for strain characterization, cultivation, and anaerobic digestion can facilitate comparative studies and the development of best practices.

8 The potential implications in a realworld context

The potential implications of the findings presented in this review bear significant weight in translating laboratory successes to real-world applications, particularly in the context of microalgal biomass utilization in anaerobic digestion for biofuel production. The synthesis of diverse studies underscores the transformative potential of microalgal biomass as a feedstock for anaerobic digestion, offering a sustainable solution for waste management and renewable energy generation. Notably, recent research by Park et al. (2011) and Xia and Murphy (2016) have demonstrated the capacity of anaerobic digestion to yield an impressive 1 kWh/kg of VS in the form of electrical energy from microalgae, accentuating the real-world feasibility of harnessing energy from this resource.

The implications extend beyond energy production, with a focus on addressing challenges associated with traditional feedstocks (Kan et al., 2023). The inherent versatility of microalgal biomass in anaerobic digestion allows for the treatment of a wide range of organic substrates, from agricultural residues to municipal solid waste (Liebetrau et al., 2019; Zamri et al., 2021). This not only contributes to reducing organic waste volumes but also mitigates greenhouse gas emissions, aligning with the growing global imperative for sustainable waste management practices. The potential for microalgal biomass to serve as a key player in the transition to a circular economy is further emphasized by its nutrient-rich composition and year-round cultivability (Calicioglu and Demirer, 2022; Kaparaju et al., 2023).

Moreover, the integration of RMB into the anaerobic digestion process presents a promising opportunity, especially in the context of wastewater treatment. Despite hurdles like low lipid content and the presence of other microorganisms, anaerobic digestion emerges as the most practical method for effectively harnessing energy from microalgal biomass (Kusmayadi et al., 2022). This finding holds crucial implications for wastewater treatment facilities, offering a sustainable approach to both waste management and energy generation. The significance of this integration is underscored by the potential to enhance the overall anaerobic digestion process, as demonstrated by recent advancements in co-digestion techniques (Vargas-Estrada et al., 2022).

9 Conclusion and future outlook

Anaerobic digestion emerges as a leading sustainable method for waste-to-energy conversion, particularly through the utilization of microalgal biomass. This process is highlighted for its environmental benefits and the advancements in the field. Through the development of effective algal strain selection, innovative pre-treatment processes, synergistic co-digestion methods, and the utilization of residual algal matter, significant enhancements in biogas production efficiency have been achieved. These improvements underscore the potential of anaerobic digestion in contributing to sustainable energy solutions. Additionally, the introduction of advanced techniques such as lipid extraction prior to digestion, improved monitoring of the process, and the adoption of integrated biorefinery concepts address previous challenges, paving the way for more efficient and effective waste-toenergy conversion practices.

Author contributions

MH: Conceptualization, Writing-original draft. MM: Formal Analysis, Writing-original draft. MU: Visualization, Writing-review and editing. ZK: Writing-review and editing. IB: Writing-review and editing. TK: Writing-review and editing.

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Conflict of interest

The authors declare that the research was conducted in the absence of any commercial or financial relationships that could be construed as a potential conflict of interest.

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