Check for updates

OPEN ACCESS

EDITED BY Jens Fedder, Odense University Hospital, Denmark

REVIEWED BY Yu Qi, Peking Union Medical College Graduate School, China Shi Juanzi, Northwest Women's and Children's Hospital, China

*CORRESPONDENCE Fei Li Xylaoli15@163.com

RECEIVED 23 March 2024 ACCEPTED 04 July 2024 PUBLISHED 18 July 2024

CITATION

Chen Y, Zhang M, Gao Y, Li M, Zheng W, Guo X and Li F (2024) Perinatal complications and neonatal outcomes in *in vitro* fertilization/intracytoplasmic sperm injection: a propensity score matching cohort study. *Front. Endocrinol.* 15:1405550. doi: 10.3389/fendo.2024.1405550

COPYRIGHT

© 2024 Chen, Zhang, Gao, Li, Zheng, Guo and Li. This is an open-access article distributed under the terms of the Creative Commons Attribution License (CC BY). The use, distribution or reproduction in other forums is permitted, provided the original author(s) and the copyright owner(s) are credited and that the original publication in this journal is cited, in accordance with accepted academic practice. No use, distribution or reproduction is permitted which does not comply with these terms.

Perinatal complications and neonatal outcomes in *in vitro* fertilization/intracytoplasmic sperm injection: a propensity score matching cohort study

Ying Chen¹, Mengjie Zhang², Yumei Gao¹, Mingming Li³, Wenjun Zheng¹, Xueyan Guo¹ and Fei Li^{1*}

¹Center for Reproductive Medicine, The First People's Hospital of Shangqiu, Clinical College affiliated to XuZhou Medical University, Shangqiu, Henan, China, ²Center for Reproductive Medicine, The First Affiliated Hospital of Xinjiang Medical University, Urumchi, Xinjiang, China, ³Department of Gynaecology, Graduate School of Zhengzhou University, Zhengzhou, Henan, China

Background: The utilization of *in vitro* fertilization/intracytoplasmic sperm injection (IVF/ICSI) has witnessed a significant increase in recent years. However, the comparative perinatal and neonatal outcomes compared to natural pregnancies are unclear. This study aims to compare the outcomes of pregnancies from IVF and ICSI with natural pregnancies.

Methods: This retrospective, propensity score-matched cohort study was conducted at the First People's Hospital of Shangqiu and The First Affiliated Hospital of Xinjiang Medical University, involving 5,628 patients from February 2019 to December 2022. It compared pregnancies achieved through IVF/ICSI with those conceived naturally. The primary outcomes assessed were perinatal complications and neonatal health parameters. Propensity score matching and multivariate logistic regression analysis were employed to adjust for potential confounders and identify independent associations.

Results: After propensity score matching, the IVF/ICSI group demonstrated significantly higher rates of placental adherence (12.1% vs. 7.4%, p < 0.001) and postpartum hemorrhage (11.1% vs. 7.6%, p = 0.002) compared to the NP group. Neonates in the IVF/ICSI group had a lower gestational age (38.21 ± 2.12 weeks vs. 38.63 ± 2.29 weeks, p < 0.001), reduced birth weight (3159.42 ± 722.75 g vs. 3211.31 ± 624.42 g, p = 0.032), and an increased preterm delivery rate (11.2% vs. 8.9%, p = 0.017). Multivariate analysis further confirmed these findings, highlighting the independent associations between IVF/ICSI and these adverse outcomes.

Conclusion: This study suggests a potential correlation between the use of IVF/ ICSI and unfavorable perinatal and neonatal outcomes. These findings underscore the critical need for ongoing monitoring and research efforts to enhance the safety and effectiveness of these reproductive technologies.

KEYWORDS

in vitro fertilization/intracytoplasmic sperm injection, natural pregnancies, perinatal complications, neonatal outcomes, propensity score matching

Introduction

In recent decades, the utilization of assisted reproductive technology (ART), specifically *in vitro* fertilization/intracytoplasmic sperm injection (IVF/ICSI), has experienced a significant surge globally (1, 2). These techniques have provided invaluable opportunities for myriad infertile couples seeking to conceive. However, with the increasing adoption of these methods, concerns have emerged regarding their possible effects on perinatal complications and neonatal outcomes, particularly in contrast to outcomes observed in natural pregnancies (NP) (3–5). NP is characterized by the unassisted union of sperm and egg within the female body through sexual intercourse, culminating in the development of a fertilized egg without the need for medical intervention or fertility treatments.

Prior research on the perinatal and neonatal outcomes of pregnancies achieved through IVF/ICSI has produced equivocal results (6, 7). Some studies suggest an increased risk for specific complications, such as gestational hypertension, gestational diabetes, and preterm birth (8, 9). Lei et al (10) discovered a significant correlation between ART and an elevated occurrence of gestational diabetes mellitus and intrahepatic cholestasis of pregnancy, in contrast to pregnancies resulting from natural conception. Bianchi et al's study revealed that gestational diabetes occurs in approximately 50% of women undergoing ART treatment (11). Conversely, other studies have not identified any noteworthy disparities between IVF/ICSI and NP (12-14). One study showed that newborns born after IVF/ICSI following testicular sperm aspiration had similar neonatal outcomes to those born with natural conception (15). Joshi et al (16) conducted an analysis of data from the National Assisted Reproductive Technology Surveillance System, which indicated a rise in favorable perinatal outcomes for live births resulting from assisted reproductive technology. These discrepancies may be ascribed to diverse factors, such as variations in research methodologies, sample sizes, and the incorporation of confounding variables. In light of these uncertainties, it is imperative to possess a thorough comprehension of the perinatal and neonatal consequences linked to pregnancies resulting from IVF/ ICSI. This knowledge is vital for providing appropriate guidance to patients, formulating clinical guidelines, and enhancing care strategies.

Consequently, this retrospective cohort study utilizing propensity score matching (PSM) was undertaken to examine and contrast the perinatal complications and neonatal outcomes of pregnancies resulting from IVF/ICSI in comparison to NP. The study places particular emphasis on mitigating any initial disparities between the two groups. By elucidating the autonomous associations between IVF/ICSI and these outcomes, the study endeavors to augment the current knowledge base and provide guidance for clinical practice in this dynamically progressing domain.

Materials and methods

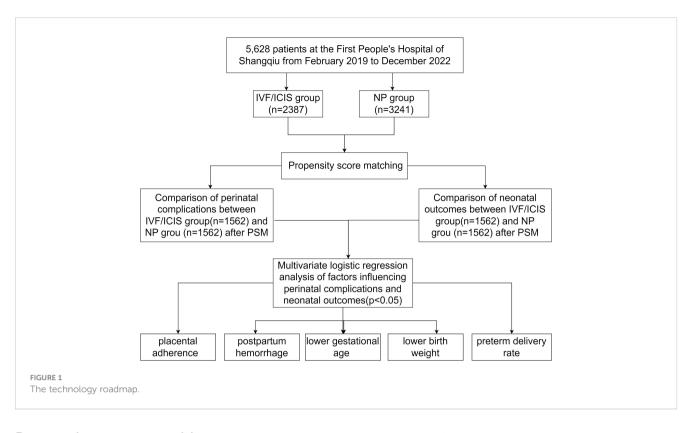
Study design and population

We conducted a retrospective propensity score-matched cohort study to compare the perinatal complications and neonatal outcomes in pregnancies achieved through IVF/ICSI versus natural pregnancies. The study population comprised patients who underwent IVF/ICSI treatment at the First People's Hospital of Shangqiu and The First Affiliated Hospital of Xinjiang Medical University between February 2019 and December 2022. A total of 2387 patients were included in the IVF/ICSI group. For the NP group, we randomly selected 3241 patients from the hospital's obstetrics and gynecology database, who delivered during the same period and met the inclusion criteria. The study protocol was approved by the ethics committee of the First People's Hospital of Shangqiu (No: HS20230334). All procedures involving human participants were conducted in accordance with the ethical standards of the institutional and/or national research committee and with the 1964 Helsinki declaration and its later amendments or comparable ethical standards. Informed consent was waived due to the retrospective nature of the study. The technology roadmap is shown in Figure 1.

Inclusion criteria: Individuals aged between 18 to 45 years, possessing comprehensive medical records and follow-up information. Exclusion criteria: Pregnant women with uterine malformations or anomalies, history of ovarian or pelvic surgeries, and those presenting with severe underlying conditions or complications.

Ovulation induction protocols for IVF/ICSI

Long-acting follicular phase protocol, which involves intramuscular injection of gonadotropin-releasing hormone agonist (GnRH-a, Diphereline, 3.75mg/vial, Ipsen Pharma, France) 3.75mg on days 2-4 of the menstrual cycle. After meeting the pituitary downregulation criteria, gonadotropin (Gn, Lishenbao, 75U/vial, Zhuhai Livzon, 150-300U/d; or Gonal-F, 75U/vial, Merck Serono, Germany, 100-300U/d; or Puregon, 100U/vial, MSD, Germany, 100-300U/d) is administered for ovulation induction; Long-acting mid-luteal phase protocol, which involves subcutaneous injection of GnRH-a (Diphereline, 3.75mg/vial, Ipsen Pharma, France) 1.5-1.875mg on days 20-23 of the menstrual cycle. After 16-20 days of injection and meeting the pituitary downregulation criteria, Gn is administered for ovulation induction based on the patient's age, body mass index (BMI), and ovarian reserve; Antagonist protocol, which involves the administration of Gn for ovulation induction on days 2-4 of the menstrual cycle based on the patient's age, BMI, and ovarian reserve. When the dominant follicle diameter reaches more than 14mm and estradiol is greater than 300ng/L, gonadotropin-releasing hormone antagonist (Cetrotide, 0.25mg/ vial, Merck Serono, Switzerland) is simultaneously administered subcutaneously at a dose of 0.25mg/d. The dosage of Gn is adjusted according to ovarian responsiveness and hormone levels during the medication process; When the dominant follicle diameter reaches 20mm or at least 2-3 follicles reach a diameter of 18mm in the above three protocols, hCG (Ovidrel, 250µg/vial, Merck Serono, Germany) 250µg trigger shot is administered, followed by oocyte retrieval under transvaginal ultrasound guidance 36-38 hours later.



Propensity score matching

To minimize potential baseline disparities between the IVF/ ICSI and NP groups, we employed propensity score matching. The propensity score was estimated using a logistic regression model, which included potential confounders such as age, body mass index (BMI), parity, smoking status, and history of chronic diseases. Patients in the IVF/ICSI group were then matched 1:1 with patients in the NP group based on the closest propensity score, within a caliper width of 0.2 standard deviations (17, 18).

Data collection and outcome measures

Data on perinatal complications and neonatal outcomes were extracted from the patients' medical records. Perinatal complications included gestational hypertension, gestational diabetes, preeclampsia, intrahepatic cholestasis, placental abruption, placental adherence, postpartum hemorrhage, polyhydramnios, oligohydramnios, weight of placenta. Neonatal outcomes comprised of gestational age, birth weight, proportion of male newborns, birth height, and preterm delivery rate. All outcomes were defined according to standard clinical criteria.

Statistical analysis

Statistical analysis for this study was conducted using SPSS version 26.0 (IBM, Chicago, USA). Dichotomous variables were expressed as proportions or percentages (%), while continuously distributed variables with a normal distribution were expressed as

mean \pm standard deviation. Comparisons between two independent samples for dichotomous variables were analyzed using the chisquare test or Fisher's exact test, as appropriate. For comparisons between two groups of independent samples with normally distributed and homoscedastic continuous variables, the independent samples t-test was used.

Based on the delivery dates of mothers in the IVF/ICSI group, mothers in Group NP who delivered on the same day were numbered. Subsequently, mothers in the NP group were randomly selected using computer software. The PSM method was then applied to perform 1:1 matching for baseline data that showed statistically significant differences between the two groups. Variables included in the matching process were female age, BMI, diabetes history, hypertension History, maternal education and delivery mode.

Multivariate logistic regression analysis was employed to identify risk factors for perinatal complications and neonatal outcomes. The results for dichotomous variables were expressed using odds ratio (OR) with their corresponding 95% confidence intervals (CIs), while the results for continuous variables were presented as mean differences (MDs) with their 95% CIs. p< 0.05 was considered statistically significant.

Results

A total of 5,628 subjects were included in this study, prior to matching, significant differences were observed in baseline characteristics such as female age, male age, number of births, BMI, and educational level. However, after propensity score matching, these differences were effectively eliminated, ensuring a more accurate comparison between the two groups (Table 1). In terms of perinatal complications, the IVF/ICSI group exhibited a notably elevated incidence of gestational hypertension (5.7% vs. 3.4%, p = 0.012), placental adherence (12.1% vs. 7.4%, p < 0.001), and postpartum hemorrhage (11.1% vs. 7.6%, p = 0.002) in comparison to the NP group. Although the rates of gestational diabetes, preeclampsia, intrahepatic cholestasis, placental abruption, premature rupture of membranes, polyhydramnios, oligohydramnios, and placental weight were comparable between the groups, a discernible trend toward elevated rates of specific complications was evident in the IVF/ICSI group (Table 2).

With regard to neonatal outcomes, the IVF/ICSI group demonstrated a markedly reduced gestational age (38.21 ± 2.12 weeks vs. 38.63 ± 2.29 weeks, p < 0.001) and birth weight (3159.42 ± 722.75 g vs. 3211.31 ± 624.42 g, p = 0.032) in comparison to the NP group. Additionally, the IVF/ICSI group had a higher percentage of male newborns (55.4% vs. 51.3%, p = 0.028) and a higher preterm delivery rate (11.2% vs. 8.9%, p = 0.017). No significant differences were found in birth height, the incidence of macrosomia, 1-minute Apgar score, 5-minute Apgar score, or the incidence of birth defects between the two groups (Table 3).

Projects	Before propensity score matching			After propensity score matching			
	NP group (n=3241)	IVF/ICIS group (n=2387)	p value	NP group (n=1562)	IVF/ICIS group (n=1562)	p value	
Female Age (years)	25.9 ± 2.3	29.7 ± 2.5	< 0.001	27.6 ± 2.3	27.8 ± 2.5	0.120	
Male Age (years)	27.9 ± 2.2	30.7 ± 2.3	< 0.001	28.6 ± 2.5	28.9 ± 2.7	0.264	
Number of births (n)							
0	1892 (58.4%)	1623 (67.9%)	< 0.001	942 (60.3%)	937 (60.0%)		
1	1023 (31.6%)	582 (24.4%)		475 (30.4%)	487 (31.2%)	0.850	
≥2	326 (10.1%)	182 (7.6%)		145 (9.3%)	138 (8.8%)		
BMI (kg/m^2)							
<18.5	311 (9.6%)	159 (6.7%)	< 0.001	162 (10.4%)	154 (9.8%)		
18.5-23.9	2061 (63.6%)	1361 (57.1%)		802 (51.3%)	818 (52.4%)	0.602	
24.0-27.9	672 (20.7%)	470 (19.7%)		410 (26.2%)	398 (25.5%)		
≥28	197 (6.1%)	397 (16.6%)		188 (12.1%)	192 (12.3%)		
Smoking (%)							
Yes	33 (1.0%)	25 (1.0%)	0.890	16 (1.0%)	15 (1.0%)	0.857	
No	3208 (98.9%)	2362 (99.0%)		1546 (99.0%)	1547 (99.0%)		
Diabetes history (%)							
Yes	44 (1.4%)	49 (2.1%)	0.043	24 (1.5%)	23 (1.5%)	0.883	
No	3197 (98.6%)	2338 (97.9%)		1538 (98.5%)	1539 (98.5%)		
Hypertension History (%)							
Yes	38 (1.2%)	31 (1.3%)	0.762	19 (1.2%)	20 (1.3%)	0.872	
No	3203 (98.8%)	2356 (98.7%)		1543 (98.8%)	1542 (98.7%)		
Maternal education (%)							
≤Secondary school	892 (27.5%)	1028 (43.1%)	< 0.001	432 (27.6%)	427 (27.3%)	0.850	
College graduate	1356 (41.8%)	1036 (43.4%)		690 (44.2%)	700 (44.8%)		
Post-graduate	493 (15.2%)	323 (13.5%)		240 (15.4%)	239 (15.3%)		
Delivery mode (%)							
Vaginal delivery	1752 (53.9%)	1529 (64.1%)	< 0.001	812 (52.0%)	803 (51.4%)	0.747	
Cesarean delivery	1489 (46.1%)	858 (35.9%)		750 (48.0%)	759 (48.6%)		

TABLE 1 Comparison of baseline characteristics between the two groups.

Data are shown as means ± SD or percentages. NP: Natural pregnancy; IVF/ICIS: in vitro fertilization and intracytoplasmic sperm injection; BMI, body mass index.

Multivariate logistic regression analysis was performed to further explore the factors influencing perinatal complications and neonatal outcomes. After adjusting for potential confounders, the results showed that placental adherence (odds ratio [OR] = 1.241, 95% confidence interval [CI] = 1.072-1.512, p < 0.001) and postpartum hemorrhage (OR = 1.125, 95% CI = 1.041-1.315, p = 0.031) were independently associated with IVF/ICSI pregnancies. Gestational age (OR = 0.318, 95% CI = 0.231-0.449, p < 0.001) and birth weight (OR = 0.842, 95% CI = 0.671-0.970, p = 0.029) were also significantly associated with the method of conception, with lower values observed in the IVF/ICSI group (Table 4).

Discussion

This study provides a comprehensive analysis of perinatal complications and neonatal outcomes in pregnancies resulting from IVF/ICSI and natural pregnancy. By employing propensity score matching to address initial differences, our findings reveal that

TABLE 2 Comparison of perinatal complications between IVF/ICIS group and NP group after propensity score matching.

	After propensity score matching			
Projects	NP group (n=1562)	IVF/ICIS group (n=1562)	p value	
Gestational hypertension (%)	53 (3.4%)	89 (5.7%)	0.012	
gestational diabetes (%)	178 (11.4%)	204 (13.1%)	0.124	
Preeclampsia (%)				
Mild	32 (2.1%)	37 (2.4%)	0.249	
Severe	62 (4.0%)	73 (4.7%)		
Intrahepatic cholestasis (%)	94 (6.0%)	110 (7.0%)	0.963	
Placental abruption (%)	79 (5.1%)	80 (5.1%)	0.245	
Placenta Previa (%)				
Complete	14 (0.9%)	28 (1.8%)	0.002	
Partial	32 (2.1%)	49 (3.1%)		
Marginal	55 (3.5%)	76 (4.9%)	-	
Premature rupture of membranes (%)	163 (10.4%)	171 (10.9%)	0.623	
Placental adherence (%)	116 (7.4%)	189 (12.1%)	< 0.001	
Postpartum hemorrhage (%)	119 (7.6%)	173 (11.1%)	0.002	
Polyhydramnios (%)	62 (4.0%)	77 (4.9%)	0.249	
Oligohydramnios (%)	103 (6.6%)	114 (7.3%)	0.459	
Weight of placenta (g)	521.92 ± 120.23	562.21 ± 138.13	< 0.001	

Data are shown as means ± SD or percentages. NP: Natural pregnancy; IVF/ICIS: in vitro fertilization and intracytoplasmic sperm injection.

the IVF/ICSI group demonstrates increased occurrences of gestational hypertension, placental adherence, and postpartum hemorrhage. Additionally, this group exhibits a shorter gestational age, lower birth weight, a higher proportion of male infants, and a higher rate of preterm deliveries in terms of neonatal outcomes, and the findings from multivariate analysis provide additional support for the independent relationships between IVF/ICSI and the aforementioned adverse outcomes. These observations emphasize the importance of increased vigilance and effective management of perinatal complications in pregnancies resulting from IVF/ICSI, especially considering the growing global utilization of Assisted Reproductive Technologies.

The higher incidence rates of gestational hypertension, placental adherence, and postpartum hemorrhage observed in the IVF/ICSI cohort align with previous research findings. For instance, a meta-analysis conducted by Thomopoulos et al. reported a higher incidence of hypertensive disorders in IVF pregnancies compared to natural conceptions (19). Similarly, a recent retrospective cohort study by He et al. analyzing data from 10 reproductive centers in Shanghai between 2013 and 2018, encompassing 5,960 cases of ART singleton live births and 8,005 cases of NP singleton live births, concluded that ART assistance in pregnancy increased the risk of premature delivery and other pregnancy complications (20). Wang et al. reported that the excess risk of gestational hypertension and preeclampsia due to ART treatment, the study found that ART mothers had a 17% higher likelihood of experiencing gestational hypertension and preeclampsia compared to non-ART mothers, with an odds ratio of 1.17 (95% confidence interval, 1.10-1.24).

TABLE 3 Comparison of neonatal outcomes between IVF/ICIS group and NP group after propensity score matching.

	After propensity score matching				
Projects	NP group (n=1562)	IVF/ICIS group (n=1562)	p value		
Gestational age(week)	38.63 ± 2.29	38.21 ± 2.12	< 0.001		
Birth weight(g)	3211.31 ± 624.42	3159.42 ± 722.75	0.032		
Proportion of male newborns (%)	802 (51.3%)	865 (55.4%)	0.028		
Preterm delivery rate (%)	139 (8.9%)	175 (11.2%)	0.017		
Birth height (cm)	50.40 ± 4.11	50.19 ± 3.93	0.143		
Incidence of macrosomia (%)	84 (5.4%)	79 (5.1%)	0.603		
1 min Apgar score ≤ 7 (%)	76 (4.9%)	88 (5.6%)	0.291		
5 min Apgar score ≤ 7 (%)	27 (1.7%)	32 (2.0%)	0.469		
Incidence of birth defects (%)	23 (1.5%)	35 (2.2%)	0.112		

Data are shown as means ± SD or percentages. NP: Natural pregnancy; IVF/ICIS: in vitro fertilization and intracytoplasmic sperm injection.

Fratric	Multivariate Logistic					
Factors	NP group (n=1562)	IVF/ICIS group (n=1562)	Exp (B)	95% C.I	p value	
Gestational hypertension (%)	53 (3.4%)	89 (5.7%)	1.062	0.925~1.152	0.410	
Placenta Previa (%)						
Complete	14 (0.9%)	28 (1.8%)	1.296	0.828~1.923	0.291	
Partial	32 (2.1%)	49 (3.1%)	1.424	0.982~2.015	0.090	
Marginal	55 (3.5%)	76 (4.9%)	1.112	0.880~1.429	0.398	
Placental adherence (%)	116 (7.4%)	189 (12.1%)	1.241	1.072~1.512	<0.001	
Postpartum hemorrhage (%)	119 (7.6%)	173 (11.1%)	1.125	1.041~1.315	0.031	
Gestational age(week)	38.63 ± 2.29	38.21 ± 2.12	0.318	0.231~0.449	<0.001	
Birth weight(g)	3211.31 ± 624.42	3159.42 ± 722.75	0.842	0.671~0.970	0.029	
Proportion of male newborns (%)	802 (51.3%)	865 (55.4%)	1.065	0.721~1.293	0.782	
Preterm delivery rate (%)	139 (8.9%)	175 (11.2%)	1.234	1.029~1.403	0.023	

TABLE 4 Multivariate logistic regression analysis of factors influencing perinatal complications and neonatal outcomes.

Data are shown as means ± SD or percentages. NP: Natural pregnancy; IVF/ICIS: in vitro fertilization and intracytoplasmic sperm injection.

After stratification by plurality, the difference in gestational hypertension and preeclampsia rates between ART and non-ART mothers was not statistically significant (21), this consistency reinforces the validity of our findings. The observed increase in placental adherence in the IVF/ICSI group could plausibly be attributed to the altered hormonal and immunological milieu characteristic of these pregnancies, which may implicate placental development and function (22–24). Moreover, the higher incidence of postpartum hemorrhage in this context might be linked to the increased rates of placental adherence, given that adherence issues can lead to retained placenta and subsequent bleeding (25, 26).

The present study observed a decrease in gestational age, a decrease in birth weight, and an increase in the rate of preterm deliveries in pregnancies achieved through IVF/ICSI. A metaanalysis conducted by Pandey et al. demonstrated that neonates born following IVF/ICSI exhibited a higher risk of preterm birth and low birth weight compared to infants conceived naturally (27). Similarly, the study by Hamilton et al. reported a lower gestational age and a higher occurrence of preterm delivery in pregnancies resulting from assisted reproductive technology. These findings are consistent with previous literature reports (28). These findings align with previous reports in the literature and the underlying mechanisms of these adverse outcomes are multifaceted, encompassing both embryonic and maternal factors (29, 30). Embryonic factors may stem from the manipulation of embryos during the IVF/ICSI procedure, potentially altering their subsequent development. On the other hand, maternal factors may comprise underlying infertility, advanced age, and the utilization of ovarian stimulation drugs, all of which may contribute to the disparities observed in neonatal outcomes (11, 31, 32). Moreover, it is essential to emphasize an additional pivotal aspect: the augmented significance attributed to embryos acquired through IVF/ICSI by patients. This heightened value may result in a greater inclination towards elective cesarean sections or induced labor, prompted by apprehensions regarding fetal distress or associated hazards. Consequently, this propensity can ultimately lead to an increased probability of diminished gestational age or premature delivery. Our study uncovers an intriguing phenomenon wherein the proportion of male infants marginally exceeds that of female infants. Similarly, Tan et al. reported a higher male-tofemale ratio among offspring conceived through IVF/ICSI, which may be linked to inadequate X-chromosome inactivation (Lyonization process) in female embryos, a process in which one of the two X chromosomes in female mammalian cells becomes inactive (33). Nonetheless, the increased ratio of male infants observed in IVF/ICSI procedures could also be influenced by a variety of unknown factors, including social and technical considerations, requiring further exploration in the future.

The study's strengths lie in the meticulous implementation of propensity score matching, which effectively created balanced groups and minimized the impact of confounding variables (34, 35). Additionally, the study's robust sample size and comprehensive evaluation of perinatal complications and neonatal outcomes enhance its credibility. Nevertheless, despite these strengths, some limitations remain. Firstly, the retrospective design of our study limits the ability to establish definitive causal relationships between IVF/ICSI and the observed effects. Secondly, although propensity score matching was utilized, it is not possible to completely eliminate all potential confounding variables with absolute certainty. Lastly, the absence of data on specific complications during pregnancy and childbirth, which are known to have a substantial impact on outcomes, poses limitations to our analysis. In summary, our research, employing PSM to address initial differences, has revealed notable disparities in perinatal complications and neonatal outcomes between pregnancies achieved through IVF/ICSI and natural pregnancies. Specifically, the IVF/ICSI cohort exhibited elevated rates of gestational hypertension, placental adherence, and postpartum hemorrhage. Regarding neonatal outcomes, the IVF/ICSI group demonstrated a reduced gestational age, lower birth weight, and an increased preterm delivery rate. These findings emphasize the necessity of ongoing monitoring and dedicated research endeavors in this field to enhance outcomes for both mothers and newborns.

Data availability statement

The raw data supporting the conclusions of this article will be made available by the authors, without undue reservation.

Ethics statement

This study was conducted in strict compliance with the relevant requirements of Declaration of Helsinki of World Medical Association and approved by the Ethics Committee of the First People's Hospital of Shangqiu (No: HS20230334). The studies were conducted in accordance with the local legislation and institutional requirements. The ethics committee/institutional review board waived the requirement of written informed consent for participation from the participants or the participants' legal guardians/next of kin due to the retrospective nature of the study.

Author contributions

YC: Conceptualization, Data curation, Formal analysis, Investigation, Methodology, Project administration, Resources, Software, Supervision, Validation, Visualization, Writing – original draft, Writing – review & editing. MZ: Data curation, Formal analysis, Investigation, Software, Writing – review & editing. YG: Data curation, Formal analysis, Project administration, Resources, Writing – review & editing. ML: Data

References

1. Esteves SC. Intracytoplasmic sperm injection versus conventional IVF. Lancet. (2021) 397:1521–3. doi: 10.1016/S0140-6736(21)00843-6

2. Braakhekke M, Scholten I, Mol F, Limpens J, Mol BW, van der Veen F. Selective outcome reporting and sponsorship in randomized controlled trials in IVF and ICSI. *Hum Reprod.* (2017) 32:2117–22. doi: 10.1093/humrep/dex273

3. Hansen M, Kurinczuk JJ, Milne E, de Klerk N, Bower C. Assisted reproductive technology and birth defects: a systematic review and meta-analysis. *Hum Reprod Update*. (2013) 19:330–53. doi: 10.1093/humupd/dmt006

4. Lin Y, Chen Q, Huang X, Wang Z, Chen C, Chen H, et al. Obstetric and perinatal outcomes after assisted reproductive technology in women with cesarean scar. *Front Physiol.* (2022) 13:808079. doi: 10.3389/fphys.2022.808079

curation, Project administration, Writing – review & editing. WZ: Methodology, Project administration, Software, Writing – review & editing. XG: Software, Writing – original draft. FL: Conceptualization, Data curation, Funding acquisition, Investigation, Methodology, Project administration, Resources, Software, Supervision, Validation, Writing – original draft, Writing – review & editing.

Funding

The author(s) declare financial support was received for the research, authorship, and/or publication of this article. This work was supported by National Natural Science Foundation of China (U1904165), the Key Science and Technology Foundation of Henan Province (LHGJ20200933), Hospital fund of the First People's Hospital of Shangqiu City (YJ202302001) and (YJ20210308).

Acknowledgments

The authors thank the patients who participated in this study and all the physicians and nurses who participated in this study, for their support in collecting the data.

Conflict of interest

The authors declare that the research was conducted in the absence of any commercial or financial relationships that could be construed as a potential conflict of interest.

Publisher's note

All claims expressed in this article are solely those of the authors and do not necessarily represent those of their affiliated organizations, or those of the publisher, the editors and the reviewers. Any product that may be evaluated in this article, or claim that may be made by its manufacturer, is not guaranteed or endorsed by the publisher.

^{5.} Lo H, Weng SF, Tsai EM. Neurodevelopmental Disorders in Offspring Conceived via In Vitro Fertilization vs Intracytoplasmic Sperm Injection. *JAMA Netw Open*. (2022) 5:e2248141. doi: 10.1001/jamanetworkopen.2022.48141

^{6.} Gaskins AJ, Zhang Y, Chang J, Kissin DM. Predicted probabilities of live birth following assisted reproductive technology using United States national surveillance data from 2016-2018. *Am J Obstet Gynecol.* (2023) 228(5):557.e1–557.e10. doi: 10.1016/j.ajog.2023.01.014

^{7.} Li W, Zhao J, Ni M, Zhang Q, Shen Q, Li H, et al. Assisted reproductive technology and neurodevelopmental outcomes in offspring: a prospective birth cohort study in East China. *Reprod BioMed Online*. (2023) 46(6):983–94. doi: 10.1016/j.rbmo.2023.02.006

8. Giorgione V, Parazzini F, Fesslova V, Cipriani S, Candiani M, Inversetti A, et al. Congenital heart defects in IVF/ICSI pregnancy: systematic review and meta-analysis. *Ultrasound Obstet Gynecol.* (2018) 51:33–42. doi: 10.1002/uog.18932

9. Lv H, Diao F, Du J, Chen T, Meng Q, Ling X, et al. Assisted reproductive technology and birth defects in a Chinese birth cohort study. *Lancet Reg Health West Pac.* (2021) 7:100090. doi: 10.1016/j.lanwpc.2020.100090

10. Lei LL, Lan YL, Wang SY, Feng W, Zhai ZJ. Perinatal complications and livebirth outcomes following assisted reproductive technology: a retrospective cohort study. *Chin Med J (Engl)*. (2019) 132:2408–16. doi: 10.1097/CM9.00000000000484

11. Bianchi C, Brocchi A, Baronti W, Nicoli F, Citro F, Aragona M, et al. Assisted reproductive technology, risk of gestational diabetes and perinatal outcomes in singleton pregnancies. *Diabetes Metab Res Rev.* (2023) 39(5):e3625. doi: 10.1002/dmrr.3625

12. Zou H, Kemper JM, Hammond ER, Xu F, Liu G, Xue L, et al. Blastocyst quality and reproductive and perinatal outcomes: a multinational multicentre observational study. *Hum Reprod.* (2023) 38(12):2391–9. doi: 10.1093/humrep/dead212

13. Mitter VR, Fasel P, Berlin C, Amylidi-Mohr S, Mosimann B, Zwahlen M, et al. Perinatal outcomes in singletons after fresh IVF/ICSI: results of two cohorts and the birth registry. *Reprod BioMed Online*. (2022) 44:689–98. doi: 10.1016/j.rbmo.2021.12.007

14. Aleksanyan A. [COMPLICATIONS OF PREGNANCY, RESULTING FROM ASSISTED REPRODUCTIVE TECHNOLOGY]. *Georgian Med News.* (2017) 268-269:63-6.

15. Fedder J, Loft A, Parner ET, Rasmussen S, Pinborg A. Neonatal outcome and congenital malformations in children born after ICSI with testicular or epididymal sperm: a controlled national cohort study. *Hum Reprod.* (2013) 28:230–40. doi: 10.1093/humrep/des377

16. Joshi N, Kissin D, Anderson JE, Session D, Macaluso M, Jamieson DJ. Trends and correlates of good perinatal outcomes in assisted reproductive technology. *Obstet Gynecol.* (2012) 120:843–51. doi: 10.1097/AOG.0b013e318269c0e9

17. Duhamel A, Labreuche J, Gronnier C, Mariette C. Statistical tools for propensity score matching. *Ann Surg.* (2017) 265:E79–e80. doi: 10.1097/SLA.000000000001312

18. Kane LT, Fang T, Galetta MS, Goyal DKC, Nicholson KJ, Kepler CK, et al. Propensity score matching: A statistical method. *Clin Spine Surg.* (2020) 33:120–2. doi: 10.1097/BSD.00000000000932

19. Thomopoulos C, Salamalekis G, Kintis K, Andrianopoulou I, Michalopoulou H, Skalis G, et al. Risk of hypertensive disorders in pregnancy following assisted reproductive technology: overview and meta-analysis. *J Clin Hypertens (Greenwich).* (2017) 19:173–83. doi: 10.1111/jch.12945

20. He M, Sun X, Wang C, Sui Y. Analysis of the risk of complications during pregnancy in pregnant women with assisted reproductive technology: a retrospective study using registry linkage from 2013 to 2018 in Shanghai, China. *BMC Pregnancy Childbirth*. (2022) 22:526. doi: 10.1186/s12884-022-04846-1

21. Wang YA, Chughtai AA, Farquhar CM, Pollock W, Lui K, Sullivan EA. Increased incidence of gestational hypertension and preeclampsia after assisted reproductive technology treatment. *Fertil Steril.* (2016) 105:920–26.e2. doi: 10.1016/j.fertnstert.2015.12.024

22. Rifouna MS, Reus AD, Koning AH, van der Spek PJ, Exalto N, Steegers EA, et al. First trimester trophoblast and placental bed vascular volume measurements in IVF or IVF/ICSI pregnancies. *Hum Reprod.* (2014) 29:2644–9. doi: 10.1093/humrep/deu273

23. Piette PCM. Questionable recommendation for LPS for IVF/ICSI in ESHRE guideline 2019: ovarian stimulation for IVF/ICSI. *Hum Reprod Open.* (2021) 2021: hoab005. doi: 10.1093/hropen/hoab005

24. Correia Y, Scheel J, Gupta S, Wang K. Placental mitochondrial function as a driver of angiogenesis and placental dysfunction. *Biol Chem.* (2021) 402:887–909. doi: 10.1515/hsz-2021-0121

25. Bienstock JL, Eke AC, Hueppchen NA. Postpartum hemorrhage. N Engl J Med. (2021) 384:1635–45. doi: 10.1056/NEJMra1513247

26. Giouleka S, Tsakiridis I, Kalogiannidis I, Mamopoulos A, Tentas I, Athanasiadis A, et al. Postpartum hemorrhage: A comprehensive review of guidelines. *Obstet Gynecol Surv.* (2022) 77:665–82. doi: 10.1097/OGX.00000000001061

27. Pandey S, Shetty A, Hamilton M, Bhattacharya S, Maheshwari A. Obstetric and perinatal outcomes in singleton pregnancies resulting from IVF/ICSI: a systematic review and meta-analysis. *Hum Reprod Update*. (2012) 18:485–503. doi: 10.1093/humupd/dms018

28. Hamilton I, Martin N, Liu J, DeFranco E, Rossi R. Gestational age and birth outcomes in term singleton pregnancies conceived with infertility treatment. *JAMA Netw Open.* (2023) 6:e2328335. doi: 10.1001/jamanetworkopen.2023.28335

29. Mascarenhas M, Kamath MS, Muthukumar K, Mangalaraj AM, Chandy A, Aleyamma T. Obstetric outcomes of monochorionic pregnancies conceived following assisted reproductive technology: A retrospective study. *J Hum Reprod Sci.* (2014) 7:119–24. doi: 10.4103/0974-1208.138870

30. Xiong Y, Zang X, Xie T, Yang C, Jiang X, Chen M. Additional adverse perinatal outcomes with no effect on neonatal mortality and birth defects in pregnancies conceived by assisted reproductive technology. *Front Pediatr.* (2022) 10:809259. doi: 10.3389/fped.2022.809259

31. Kouhkan A, Khamseh ME, Pirjani R, Moini A, Arabipoor A, Maroufizadeh S, et al. Obstetric and perinatal outcomes of singleton pregnancies conceived via assisted reproductive technology complicated by gestational diabetes mellitus: a prospective cohort study. *BMC Pregnancy Childbirth*. (2018) 495:18(1). doi: 10.1186/s12884-018-2115-4

32. Eckler R, Liu YD, Pooni A, Yong PJ, Lisonkova S, Bedaiwy MA. Maternal and perinatal outcomes in primiparous singleton pregnancies conceived with assisted reproductive technology in British Columbia. *Eur J Obstet Gynecol Reprod Biol.* (2023) 291:106–11. doi: 10.1016/j.ejogrb.2023.10.010

33. Tan K, An L, Miao K, Ren L, Hou Z, Tao L, et al. Impaired imprinted X chromosome inactivation is responsible for the skewed sex ratio following in vitro fertilization. *Proc Natl Acad Sci U S A*. (2016) 113:3197–202. doi: 10.1073/ pnas.1523538113

34. Liang J, Hu Z, Zhan C, Wang Q. Using propensity score matching to balance the baseline characteristics. *J Thorac Oncol.* (2021) 16:e45–6. doi: 10.1016/ j.jtho.2020.11.030

35. Baser O. Generalized propensity score matching with multilevel treatment options. J Health Econ Outcomes Res. (2013) 1:1-13. doi: 10.36469/00001