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Multifactorial analysis of risk factors for foot ulcers in patients with neurovascular complications of diabetes

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Background: Diabetic foot ulcers (DFU) are a major complication associated with significant morbidity and mortality. While numerous studies have investigated risk factors for these ulcers in general, few have focused specifically on patients with Neurovascular Complications of Diabetes. This study aimed to evaluate the prevalence and risk factors for DFU in this specific population.

Methods: We analyzed data from the National Institutes of Health (NIS) database for the years 2017-2019, involving a cohort of 161,834 patients aged over 18 who were diagnosed with neurovascular complications of diabetes. Demographic characteristics (age, gender, ethnicity), hospital characteristics, comorbidities, and other relevant data were included for analysis. A binary logistic regression model was generated to identify independent risk factors for DFU.

Results: The prevalence of DFU among patients with neurovascular complications of diabetes was 29.4% during the period from 2017 to 2019. Compared to patients without DFU, those with DFU had longer hospitalization times and higher costs. The multiple regression analysis revealed that Iron-deficiency anemia (OR, 1.10; 95% CI, 1.01-1.11; P=0.019), Hypertension (OR, 1.07; 95% CI, 1.03-1.11; P=0.001), Obesity (OR, 1.08; 95% CI, 1.06-1.11; P<0.001), Peripheral vascular disorders (PVD) (OR, 1.69; 95% CI, 1.65-1.74; P<0.001), Osteomyelitis (OR, 7.10; 95% CI, 6.89-7.31; P<0.001), Tinea pedis (OR, 1.89; 95% CI, 1.59-2.26; P<0.001), Sepsis (OR, 1.24; 95% CI, 1.20-1.28; P<0.001), and onychomycosis (OR, 1.26; 95% CI, 1.13-1.42; P<0.001) were independent predictors for DFU in this population.

Conclusion: The study found a high prevalence of DFU in patients with neurovascular complications of diabetes. Identifying and addressing risk factors

such as deficiency anemia, hypertension, obesity, PVD, infections, and foot conditions may contribute to reducing the prevalence of DFU in this vulnerable population.

KEYWORDS

neurovascular disease, diabetes, diabetic foot ulcer, risk factors, health management

1 Introduction

Diabetes mellitus (DM) is a pervasive global health challenge, with 463 million cases diagnosed globally (1). It's characterized by multi-organ complications that expedite functional decline and mortality (2). Recent research highlights neurodegenerative and neurovascular complications as key areas of interest. Microvascular disease, a common consequence of diabetes, encompasses a range of pathological changes and symptoms, traditionally categorized as "microvascular complications." However, there's a shift towards classifying these as "neurovascular complications," emphasizing the intricate interplay between microvascular and neural factors (3). In patients with diabetes, PAD in the lower extremities, often accompanied by neurological issues, is a primary contributor to DFU and tissue damage. Notably, 90% of diabetic foot ulcers are attributed to neurogenic ischemia (4). Furthermore, neuropathy impairs microvascular reactivity, exacerbating ulceration, healing impairments, and infection vulnerability (5, 6).

In pre-diabetes, microvascular dysfunction can be detected prior to macrovascular or occlusive arterial disease (6). As diabetes progresses, it disrupts the structure and function of small blood vessels, triggering microvascular diseases that ultimately cause ischemic skin tissue damage and various pathological changes and symptoms (7). The sympathetic nervous system plays a crucial role in regulating skin microcirculation during posture changes, impacting arteriovenous anastomosis and precapillary function (8). Dysfunction in endothelium-dependent microvascular regulation and sympathetic denervation-induced autonomic neuropathy, linked to sweating impairments, may contribute to diabetic foot complications. Given that dry, cracked skin is prone to infections and ulcerations, safeguarding microcirculatory function is paramount (6).

DFU, as one of the most destructive complications of DM, has been associated with numerous negative consequences, including significant impairments in quality of life, decreased mobility and independence, increased incidence and mortality rates, and a substantial burden on healthcare resources (9). Therefore, accurately identifying risk factors and implementing effective preventive measures for DFU is crucial. However, research on risk factors for DFU in patients with diabetes has yielded inconsistent results, with few studies specifically investigating these factors in patients with neurovascular complications of diabetes. To address this gap, we analyzed clinical data of patients with neurovascular disease of diabetes from the NIS database between 2017 and 2019.

By analyzing the clinical characteristics of hospitalized DFU patients with neurovascular lesions, this study aims to investigate thoroughly the potential risk factors for DFU and provide more targeted support for prevention and treatment. The findings are expected to contribute to the scientific basis for improving the rehabilitation of patients with diabetes and reducing the incidence of DFU.

2 Methods

2.1 Data source and characteristics

The data for this study was sourced from the NIS database, a 20% random sample of all hospitalized patients in the United States. This large, nationally representative sample makes the NIS ideal for conducting descriptive research, obtaining national estimates, analyzing healthcare costs, studying rare diseases, and understanding trends over time. We extracted essential patient information, including age, gender, and race, as well as basic hospital information and some related comorbidities from the database (Table 1, Figure 1).

2.2 Population

The data was collected from the NIS database for patients hospitalized between January 1, 2017, and December 31, 2019, resulting in a dataset of 163,079 individuals. After excluding individuals with missing data (n=1,245), the final study population comprised 161,834 patients with neurovascular complications of diabetes (Figure 2). Inclusion criteria included patients diagnosed with both diabetes mellitus and neurovascular disease based on the 10th revision of the International Statistical Classification of Diseases (ICD-10) codes. We excluded patients under 18 years old and those with non-pressure chronic ulcers of the thigh, calf, other lower leg regions, or unspecified lower leg locations. We compared demographic and clinical characteristics of patients with and without DFU to identify potential risk factors for developing DFU.

TABLE 1 Variables used in binary logistic regression analysis.

Variables Categories	Specific Variables
Patient demographics	Age (≤64 years and ≥65 years), sex (male and female), race (White, Black, Hispanic, Asian or Pacific Islander, Native American and Other), type of diabetes (type 2 diabetes)
Hospital characteristics	Type of admission (non-elective, elective), bed size of hospital (small, medium, large), teaching status of hospital (nonteaching, teaching), location of hospital (rural, urban), type of insurance (Medicare, Medicaid, private insurance, self- pay, no charge, other), location of the hospital (northeast, Midwest or north central, south, west)
Comorbidities	AIDS, alcohol abuse, deficiency anemia, hypertension, obesity, peripheral vascular disorders, weight loss, osteomyelitis, tinea pedis, sepsis, onychomycosis, smoke

AIDS, Acquired immunodeficiency syndrome.

2.3 Statistical analysis

Statistical analyses were performed using IBM SPSS 26.0 software (IBM Corp., 2019). The study population was divided into two groups: DFU (n=47,604; 29.4%) and non-DFU (n=114,230; 70.6%). Categorical variables were compared using chi-square tests, while continuous variables were analyzed with unpaired Student's t-tests. Descriptive analysis was conducted using frequency, constituent ratio, mean, and standard deviation. Measurement data conforming to a normal distribution are presented as mean \pm standard deviation (SD), while measurement data that do not conform to a normal distribution are reported as median. The count data were expressed as percentage. Logistic regression models were used to identify factors associated with DFU. Univariate analysis was first performed to identify significant

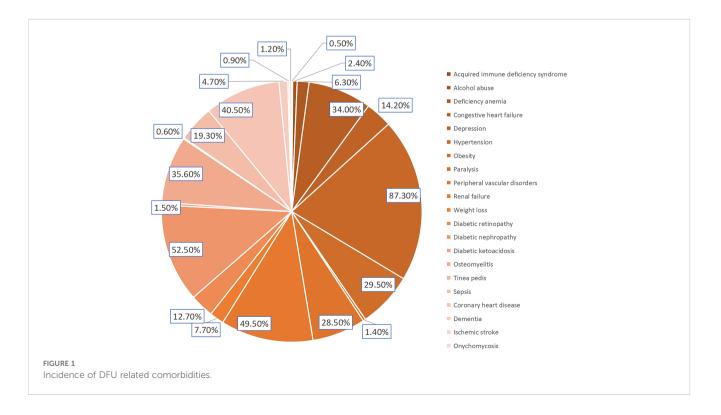
variables, followed by multivariate analysis using variables with p-values < 0.05 from the univariate analysis as covariates. Statistical significance was set at P < 0.05.

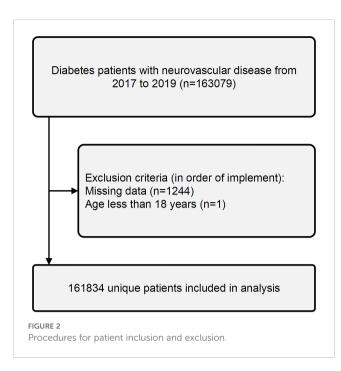
3 Results

Among the 161,834 patients analyzed, 37.6% were male (n=60,818) and 62.4% were female (n=101,016). The mean age was 63.15 years in the DFU group and 67.11 years in the non-DFU group (Table 2). The DFU group had a significantly higher proportion of males (70.3%) compared to the non-DFU group (Table 2).

Based on the demographic analysis, we performed multiple regression analysis on relevant variables. The results showed that age \geq 65 years (OR: 0.67, 95% CI: 0.67-0.71, *P*< 0.001), female gender (OR: 0.66, 95% CI: 0.65-0.67, *P*< 0.001), and smoking (OR: 0.77, 95% CI: 0.76-0.79, *P*< 0.001) were significantly associated with DFU (Table 3).

Univariate analysis identified statistically significant associations (P< 0.05) between DFU and all the investigated comorbidities and complications, suggesting a correlation between DFU and these factors. Multiple regression analysis revealed several independent risk factors for DFU, including Iron-deficiency anemia (OR: 1.10, 95% CI: 1.01-1.11, P= 0.019), hypertension (OR: 1.07, 95% CI: 1.03-1.11, P= 0.001), obesity (OR: 1.08, 95% CI: 1.06-1.11, P< 0.001), PVD (OR: 1.69, 95% CI: 1.65-1.74, P< 0.001), osteomyelitis (OR: 7.10, 95% CI: 6.89-7.31, P< 0.001), tinea pedis (OR: 1.89, 95% CI: 1.59-2.26, P< 0.001), sepsis (OR: 1.24, 95% CI: 1.20-1.28, P< 0.001), and onychomycosis (OR: 1.26, 95% CI: 1.13-1.42, P< 0.001).





An analysis of patient outcomes revealed that, among patients with neurovascular complications of diabetes, the length of hospitalization and total cost were significantly higher in the DFU group compared to the non-DFU group (Table 4).

4 Discussion

This study found a 29.4% prevalence of DFU among patients with neurovascular complications of diabetes between 2017 and

TABLE 2 Characteristics and results of diabetes patients with neurovascular diseases (2017-2019).

Characteristics	DFU	No DFU	Р	
Total (n=count)	47604	114230		
Total incidence (%)	29			
Age (median, years)	63 (55,72)	67 (59, 76)	< 0.001	
Age group (%)				
18-44	6.50	3.80		
45-64	48.20	36.70	-0.001	
65-74	27.20	30.50	< 0.001	
≥75	18.10	29.00		
Gender (%)				
Male	70.30	59.10	-0.001	
Female	29.70	40.90	< 0.001	
Race (%)				
White	60.90	63.90	< 0.001	
			(Continued)	

TABLE 2 Continued

Characteristics		DFU	No DFU	Р	
Race (%)					
Black		17.10	17.60		
Hispanic		15.00	11.90	-	
Asian or Pacific Islander		1.50	1.70		
Native American		1.20	0.90	-	
Other		4.30	4.00	-	
Number of Comorbio	dity (%)	1		
0		-	-		
1		1.60	0.70		
2		8.20	4.40	< 0.001	
≥3		90.20	95.00		
Characteristics		DFU	No DFU	Р	
Type of insure (%)					
Medicare		62.80	74.80	< 0.001	
Type of insure (%)					
Medicaid		14.50	10.10		
Private insurance		17.30	11.70	-	
Self-pay		3.20	1.50	-	
No charge		0.30	0.10	-	
Other		1.80	1.70	-	
Bed size of hospital (S	%)				
Small		20.10	19.10		
Medium	Medium		29.80	< 0.001	
Large		49.30	51.10		
Elective admission (%)		88.20	86.40	< 0.001	
Type of hospital (%)	1		1		
teaching		73.60	73.80		
non teaching		26.40	26.20	0.262	
Location of hospital (%)				
urban		93.50	93.40	0.541	
rural	rural		6.60	0.561	
Region of hospital (%)				
Northeast		17.30	16.10	<0.001	
Midwest or North Centra	ıl	25.60	27.40	< 0.001	
South		37.60	37.20		
West		19.50	19.20		
Type of diabetes (type 2 diabetes)		94.40	94.30	0.397	
Smoke (%)		39.40	43.50	< 0.001	

sease and diabetic root dic			
Variable	Multivariat	e Logistic Re	egression
Variable	OR	95% CI	Р
Age ≥65 years old	0.67	0.67-0.71	< 0.001
Female	0.66	0.65-0.67	< 0.001
Race			
White	0.93	0.90-0.95	<0.001
Black	1.11	1.04-1.11	< 0.001
Hispanic	0.80	0.73-0.88	< 0.001
Asian or Pacific Islander	1.17	1.05-1.30	0.004
Native American	1.02	0.96-1.08	0.568
Other	Ref		
Verieble	Multivaria	te Logistic Re	gression
Variable	OR	95% CI	Р
Number of Comorbidity			
1	0.88	0.78-0.98	0.025
2	0.71	0.64-0.80	< 0.001
Number of Comorbidity			1
≥3	Ref		
Type of insurance			1
Medicare	1.25	1.20-1.30	< 0.001
Medicaid	1.24	1.20-1.28	< 0.001
Private insurance	1.53	1.42-1.65	< 0.001
Self-pay	1.51	1.18-1.94	0.001
No charge	1.01	0.93-1.10	0.779
Other	Ref		
Bed size of hospital		1	
Small	0.97	0.94-1.00	0.048
Medium	0.91	0.88-0.94	<0.001
Large	Ref		
Elective admission	0.74	0.71-0.76	< 0.001
Teaching hospital	0.97	0.95-1.00	0.054
Urban hospital	0.99	0.94-1.04	0.577
Region of hospital			
Northeast	1.00	0.97-1.04	0.998
Midwest or North Central	0.90	0.87-0.93	< 0.001
South	0.91	0.88-0.95	< 0.001
West	Ref		
Smoke	0.77	0.76-0.79	< 0.001

TABLE 3 Related risk factors of diabetes patients with neurovascular disease and diabetic foot ulcers.

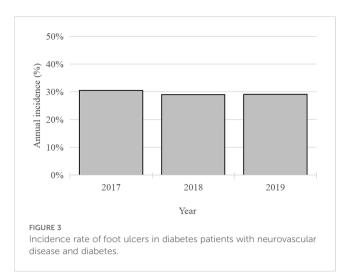
OR, Odds ratio; CI, Confidence interval.

2019 (Figure 3). This prevalence is lower than reported rates in Ethiopia (31.1%) and Nigeria (41.1%) (10, 11). These disparities may stem from differences in sample size, geographic location, and sociocultural factors among study populations. Additionally, our study focused specifically on patients with neurovascular complications of diabetes, a population underrepresented in previous research. Multiple regression analysis identified Iron-deficiency anemia, hypertension, obesity, PVD, osteomyelitis, tinea pedis, sepsis, and onychomycosis as independent risk factors for DFU in this study (Table 5).

We investigated potential risk factors for DFU in the study population. The observed male predominance aligns with findings from earlier studies, such as the work by Edgar et al. (12). This may suggest a higher susceptibility to foot trauma among males, potentially contributing to a greater prevalence of DFU in this population (13). Moreover, the mean age in our study was higher compared to that reported by Hokkam et al. (14). This difference could be attributed to factors, including increased life expectancy in Europe and the United States. Besides, the prevalence of DFU among patients residing in rural areas was slightly lower than that observed in urban areas, which contradicts previous findings reported by Chowdhury et al. (11), which might be due to the relatively small sample sizes in both urban and rural groups, potentially affecting the accuracy of DFU prevalence estimates in these subgroups.

Our study revealed that patients with neurovascular complications of diabetes and Iron-deficiency anemia have a 1.10fold greater risk of DFU compared to patients with diabetes without anemia, echoing previous research on anemia's link to heightened foot complications (15-18). Anemia in diabetics exacerbates DFU risk via mechanisms like tissue hypoxia, metabolic dysfunction, and reduced glucose uptake, leading to hyperglycemia. Chronic hyperglycemia causes vascular damage, potentially resulting in foot complications and even mortality (19). Charcot arthropathy, a severe diabetic-specific arthropathic condition, arises from neurological and orthopedic factors, causing neuropathy and bone/joint deformities. Diabetic peripheral neuropathy drives foot complications, especially Charcot arthropathy, emphasizing its pivotal role. A study by Madeline Lyons. et al. found anemia increases the risk of Charcot arthropathy in diabetics by 1.798fold, with complication risks escalating as the deformity progresses (20). However, the precise mechanisms underlying anemia's impact on Charcot arthropathy are unclear, necessitating further research to unravel this complex relationship and develop targeted therapies for diabetics.

Our study found a higher prevalence of DFU among patients with neurovascular complications of diabetes and hypertension. This association aligns with previous research demonstrating the link between hypertension and both microvascular and macrovascular complications in diabetes (21). Hypertension, or high blood pressure, can damage the blood vessels, including those in the feet, leading to reduced blood flow and impaired perfusion. This can result in ischemia, a condition where the tissues do not receive enough oxygen and nutrients due to



inadequate blood supply. Ischemia is a crucial factor in the development and worsening of DFU, as it impairs wound healing and increases the risk of infection (22). Additionally, the combined effects of hypertension and hyperglycemia can lead to inadequate blood supply and decreased local oxygen saturation in the lower limbs, ultimately weakening tissue resistance and immunity.

Our study further found that patients with neurovascular complications of diabetes and obesity experience a 1.08-fold increased risk of developing DFU compared to non-obese patients. These findings are consistent with previous research conducted in Ethiopia, Kenya, and Malaysia, highlighting regional concordance in this association (23). Obesity is associated with several metabolic derangements that can contribute to the development of DFU. Firstly, obesity often leads to insulin resistance, a key feature of type 2 diabetes (24). Secondly, obesity can exacerbate inflammation, which can impair wound healing and promote the development of infections. Additionally, excess weight can put pressure on the feet, leading to increased shear forces and the formation of DFU, particularly in patients with neuropathy (10).

Moreover, patients with PVD were found to have a 1.69-fold higher risk of DFU compared to those without PVD. PVD encompasses arterial and venous system diseases, and its complex nature often leads to asymptomatic DFU in the early stages, progressing to chronic non-healing ulcers with prominent tissue loss in later stages. PVD, such as atherosclerosis and peripheral artery disease (PAD), can cause narrowing or blockage of blood vessels in the legs and feet. This results in reduced blood flow and ischemia, which can impair wound healing and increase the risk of infection. The impact of PAD, which involves the narrowing or blockage of arteries in the lower limbs leading to reduced blood flow (25), is well-documented. It has been reported that PAD contributes to 50-70% of DFU cases and is a significant risk factor for delayed wound healing, infection, amputation, and mortality in both type 1 and type 2 diabetes (26).

Furthermore, our study revealed a 7.01-fold increased risk of DFU in patients with osteomyelitis compared to those without. This association is supported by evidence demonstrating a strong link between diabetes and the increased risk of both acute and chronic osteomyelitis (27). Osteomyelitis is a bone infection that can occur in the feet of patients with diabetes. This infection can destroy bone tissue, causing structural instability and increasing the risk of ulceration. Osteomyelitis can also impair wound healing and promote the development of sepsis, a life-threatening condition characterized by widespread infection in the body (28). Several studies support the bidirectional relationship between DFU and osteomyelitis. Lavery et al. (29) found that the presence of osteomyelitis negatively impacts diabetic foot infection outcomes, potentially promoting DFU development. Similarly, Zhang et al. (30) identified diabetes foot osteomyelitis (DFO) as a complex complication arising after DFU and requiring surgical intervention, further establishing its role as an independent risk factor for DFU recurrence. Furthermore, Yesil et al. (28) emphasize the significance of osteomyelitis as a risk factor for major amputation among DFU patients, extending its impact beyond DFU occurrence.

Our study findings also suggest that both onychomycosis and tinea pedis are independent risk factors for DFU. Onychomycosis can affect the feet of patients with diabetes. This infection can cause thickening and distortion of the nails, which can lead to pressure points and ulceration. Additionally, onychomycosis can disrupt the normal anatomy of the foot, making it more susceptible to injury and infection (31). Tinea pedis can disrupt the skin's barrier function, making it more susceptible to injury and infection. In patients with diabetes, tinea pedis can lead to the development of DFU, particularly in areas of the feet that are already compromised by neuropathy or ischemia (32). This aligns with research by Akkus et al., who reported a significantly higher prevalence of fungal infections between the toes, soles, and toenails in patients with DFU compared to those without (31). They further highlight that poor blood glucose control and PVD in patients with diabetes increase susceptibility to fungal infections, potentially contributing to DFU development.

Sepsis poses a severe complication in vulnerable DFU patients, elevating the risk of non-traumatic amputation, multi-organ failure, and even death. Sepsis is characterized by a systemic inflammatory response that can lead to organ dysfunction and, in some cases, death. Sepsis can exacerbate the underlying neurovascular

TABLE 4 Prognosis and results of patients with neurovascular diseases and diabetes (2017-2019).

Characteristics	DFU	No DFU	Р
LOS (median, d)	7.00 (4.00, 11.00)	5.00 (3.00, 8.00)	<0.001
TOTCHG (median, \$)	63749.50 (34876.25, 115224.50)	48023.50 (26183.50, 91938.00)	<0.001
Died (%)	1.40	2.70	<0.001

LOS, Length of stay; TOTCHE, Total charge.

Comorbidities	Univariate Analysis			Multivariate Logistic Regression		
	No DFU	DFU	Р	OR	95% CI	Р
Acquired immune deficiency syndrome	469 (0.4%)	221 (0.5%)	0.131	1.00	0.84-1.18	0.959
Deficiency anemia	7651 (6.7%)	2986 (6.3%)	0.002	1.10	1.01-1.11	0.019
Hypertension	100688 (88.1%)	41547 (87.3%)	<0.001	1.07	1.03-1.11	0.001
Obesity	33729 (29.5%)	14025 (29.5%)	0.792	1.08	1.06-1.11	<0.001
Peripheral vascular disorders	23502 (20.6%)	13564 (28.5%)	<0.001	1.69	1.65-1.74	<0.001
Constantialities	Univariate Analysis			Multivariate Logistic Regression		
Comorbidities	No DFU	DFU	Р	OR	95% CI	Р
Weight loss	9737 (8.5%)	3675 (7.7%)	<0.001	1.04	1.00-1.08	0.075
Osteomyelitis	7622 (6.7%)	16944 (35.6%)	<0.001	7.10	6.89-7.31	<0.001
					1	1
Tinea pedis	311 (0.3%)	269 (0.6%)	<0.001	1.89	1.59-2.26	<0.001
Tinea pedis Sepsis	311 (0.3%) 16438 (14.4%)	269 (0.6%) 9197 (19.3%)	<0.001 <0.001	1.89 1.24	1.59-2.26 1.20-1.28	<0.001

TABLE 5 Relationship between diabetic foot ulcers and comorbidities.

OR, Odds ratio; C, Confidence interval.

complications of diabetes, further impairing wound healing and increasing the risk of amputation (33).

While this study did not find an association between diabetes type and DFU, research by Mariam et al. suggests that diabetes type is a strong predictor of DFU. Their findings indicate a 2.58-fold increased risk of developing DFU in patients with type 2 diabetes compared to type 1 (34). Additionally, studies conducted in Nigeria, Egypt, and Asia have reported a significant association between type 2 diabetes and DFU occurrence (10, 35, 36). These discrepancies might stem from differences in the utilized databases and study populations.

5 Implications and limitations

The strengths of this study lie in its substantial sample size and utilization of the NIS database, which enables precise identification of patients with neurovascular complications of diabetes. However, it is important to acknowledge several limitations, including retrospective biases and data constraints. To address these, rigorous data cleaning, statistical adjustments, and discussions on generalizability were employed. Nevertheless, the ICD coding system's evolution and inherent limitations pose challenges, affecting diagnosis specificity and ulcer severity scores' accuracy. This may lead to undercoding of complications and misleading conclusions. Moreover, the underutilization of low-cost diagnostic measures further compromises assessments. To mitigate these issues, validation using multiple data sources is essential. Additionally, the HCUP-NIS database's lack of clinical fine-grained data and focus on hospitalization data hinder in-depth analysis and risk adjustment, impacting medical quality and outcome assessments. Consequently, comprehensive analysis of the medical system is limited, posing challenges to fully understanding patient diagnosis and treatment. Our findings have significant clinical and public health implications for patients with neurovascular complications of diabetes. By identifying DFU risk factors, we can inform targeted screening and prioritize high-risk patients for foot exams and education. Modifiable risk factors can guide preventive interventions and lifestyle modifications. Furthermore, novel biomarkers may pave the way for personalized medicine. A multidisciplinary approach, focusing on both neurological and vascular components, is crucial for comprehensive care, emphasizing collaboration among healthcare providers. Ultimately, our findings underscore the importance of early DFU detection and management to reduce morbidity, disability, and healthcare costs. Prevention efforts and timely interventions can improve patient outcomes and alleviate financial burdens.

6 Conclusion

This study found a high prevalence of DFU among patients with neurovascular complications of diabetes between 2017 and 2019. Several factors, including iron-deficiency anemia, hypertension, obesity, PVD, osteomyelitis, tinea pedis, sepsis, and onychomycosis, were associated with DFU. Our findings on DFU risk factors align with prior studies, emphasizing the crucial role of glycemic control. While age, gender, and comorbidities may exert varying impacts due to study differences, our work underscores the significance of neuropathy-focused paradigm. We advocate a holistic approach that integrates neural and vascular factors in DFU prevention and treatment. Future research should strive for large-scale, standardized studies to clarify DFU risks and identify universal predictors. To this

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point in the field of health care, to ensure that patients with accessibility and improve the diagnosis, treatment and the result is very important. Given Singh AV et al. Research, future research should give priority to meet strict regulatory standards of safety and efficacy evaluation (37). Our research contributes to refining DFU guidelines and evidence-based medicine, aiming to alleviate the global DFU burden and elevate patient quality of life. Moreover, our findings deepen the understanding of DFU risks and challenge existing paradigms. This knowledge can empower preventative strategies and ultimately reduce the prevalence of DFU.

Data availability statement

The raw data supporting the conclusions of this article will be made available by the authors, without undue reservation.

Ethics statement

The studies involving humans were approved by Ethics Committee of Nanfang Hospital, Southern Medical University. The studies were conducted in accordance with the local legislation and institutional requirements. The ethics committee/ institutional review board waived the requirement of written informed consent for participation from the participants or the participants' legal guardians/next of kin because All data used in this study were anonymized and no patient privacy was involved.

Author contributions

ZF: Data curation, Formal analysis, Software, Writing – original draft, Writing – review & editing, Project administration, Visualization, JH: Investigation, Software, Validation, Visualization,

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Conflict of interest

The authors declare that the research was conducted in the absence of any commercial or financial relationships that could be construed as a potential conflict of interest.

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