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# Effect of the renin-angiotensin system on the exacerbation of adrenal glucocorticoid steroidogenesis in diabetic mice: Role of angiotensin-II type 2 receptor

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Prior investigation shows an increase in the activity of both hypothalamus-pituitary-adrenal (HPA) axis and the renin-angiotensin system (RAS) in diabetic patients. Moreover, activation of angiotensin-II type 1 receptor (AT<sub>1</sub>) has been associated with adrenal steroidogenesis. This study investigates the role of RAS on the overproduction of corticosterone in diabetic mice. Diabetes was induced by intravenous injection of alloxan into fasted Swiss-webster mice. Captopril (angiotensin-converting enzyme inhibitor), Olmesartan (AT<sub>1</sub> receptor antagonist), CGP42112A (AT<sub>2</sub> receptor agonist) or PD123319 (AT<sub>2</sub> receptor antagonist) were administered daily for 14 consecutive days, starting 7 days post-alloxan. Plasma corticosterone was evaluated by ELISA, while adrenal gland expressions of AT<sub>1</sub> receptor, AT<sub>2</sub> receptor, adrenocorticotropic hormone receptor MC2R, pro-steroidogenic enzymes steroidogenic acute regulatory protein (StAR), and 11 $\beta$ -hydroxysteroid dehydrogenase type 1 (11 $\beta$ HSD1) were assessed using immunohistochemistry or western blot. Diabetic mice showed adrenal gland overexpression of AT<sub>1</sub> receptor, MC2R, StAR, and 11 $\beta$ HSD1 without altering AT<sub>2</sub> receptor levels, all of which were sensitive to Captopril or Olmesartan treatment. In addition, PD123319 blocked the ability of Olmesartan to reduce plasma corticosterone levels in diabetic mice. Furthermore, CGP42112A significantly decreased circulating corticosterone levels in diabetic mice, without altering the overexpression of MC2R and StAR in the adrenal glands. Our findings revealed that inhibition of both angiotensin synthesis and AT<sub>1</sub> receptor activity reduced the high production

of corticosterone in diabetic mice *via* the reduction of MC2R signaling expression in the adrenal gland. Furthermore, the protective effect of Olmesartan on the overproduction of corticosterone by adrenals in diabetic mice depends on both AT<sub>1</sub> receptor blockade and AT<sub>2</sub> receptor activation.

#### KEYWORDS

angiotensin II receptors, diabetes, glucocorticoids, renin-angiotensin system, steroidogenesis

## Introduction

Diabetes is a chronic metabolic disease characterized by a deficiency in insulin secretion, action, or both, followed by hyperglycemia (1). The reduction in circulating levels and/or in the activity of insulin culminates in a profound hormonal imbalance in diabetic patients, with an impact on several endocrine systems such as the hypothalamus-pituitary-adrenal (HPA) axis and the renin-angiotensin system (RAS) (2–4). Uncontrolled hyperglycemia in both diabetic patients and diabetes-induced (5) animals is associated with hyperactivity of the HPA axis (6), attested by high circulating levels of glucocorticoid hormones (7). Furthermore, treatment of diabetic animals with insulin normalized the systemic levels of glucocorticoids (3). We previously showed that the hyperactivity of HPA axis in diabetic animals was related to an increased expression of ACTH receptor MC2R in the adrenal glands (7). Several comorbidities of diabetes, including neuropathy, memory impairment, and wound healing deficiency (8), were correlated with the high levels of glucocorticoids in the circulation, mainly in poorly controlled blood glucose conditions.

As observed with the HPA axis, diabetic patients also show hyperactivity of the RAS with a marked increase in circulating levels of angiotensin (Ang) II (9, 10). Interestingly, the treatment of diabetic animals with Ang-II inhibitors improved neuropathy, memory impairment, and wound healing deficiency (11–13), suggesting that the RAS can regulate the HPA axis and *vice-versa*

in diabetes. Ang-II is usually produced after the conversion of Ang-I by angiotensin-converting enzyme (ACE) (14) and can act through two Ang-II receptors (AT) subtypes AT<sub>1</sub> and AT<sub>2</sub> receptors (15). Ang-II has higher affinity for AT<sub>1</sub> receptor, which promote vasoconstriction, fibrosis, and inflammation, than AT<sub>2</sub> receptor, its contra-regulatory receptor that leads to anti-inflammatory, anti-fibrotic, and vasodilatory effects (16, 17). In addition, adrenal glands express both AT<sub>1</sub> and AT<sub>2</sub> receptors, and the blocked AT<sub>1</sub> receptor inhibits the stress-induced release of glucocorticoids (17, 18). Furthermore, diabetic rats presented an increased expression of AT<sub>1</sub> receptor in the adrenal gland (19).

Thus, once it has been observed that diabetic patients and animals present high circulating levels of Ang-II and the activation of AT<sub>1</sub> receptor is involved in the stress-induced glucocorticoid production by adrenal glands, in this study, we evaluated the contribution of RAS to the overproduction of corticosterone in alloxan-diabetic mice.

## Material and methods

### Chemicals

Captopril, Olmesartan, CGP42112A, and alloxan monohydrate were purchased from Sigma Chemical Co. (Saint Louis, MO, USA). PD123319 from Cayman Chemical Co. (Ann Arbor, MI, USA). Ethanol, methanol, and xylene from Merck (Rio de Janeiro, RJ, Brazil). Sodium heparin and sterile saline solution from Roche (São Paulo, SP, Brazil). All solutions were prepared immediately before use.

### Animals and diabetes induction

Male Swiss-Webster mice (5–6 weeks old with 20 to 25g) were obtained from Oswaldo Cruz Foundation breeding colony and used in accordance with the guidelines of the Committee on Use of Laboratory Animals of Oswaldo Cruz Institute (CEUA-IOC/Fiocruz, license L-027/2016). Diabetes was randomly and

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**Abbreviations:** 11βHSD1, 11β-hydroxysteroid dehydrogenase type 1; ACE, Angiotensin-converting enzyme; ACE2, Angiotensin-converting enzyme-2; ACTH, Adrenocorticotropic hormone; AEC, 3-amino-9-ethyl carbazole; Ang-II, Angiotensin II; Ang-1-7, angiotensin 1-7; AT1, Angiotensin II type 1 receptor; AT2, Angiotensin II type 2 receptor; FBS, fetal bovine serum; HPA, Hypothalamus-pituitary-adrenal; HRP, horseradish peroxidase-conjugated streptavidin; HbA1c, Glycated hemoglobin A1c; MC2R, Melanocortin 2 receptor; PBS, phosphate-buffered saline; RAS, Renin-angiotensin system; STAR - Steroidogenic acute regulatory protein; TBST, Tris-buffered saline containing 5% bovine serum albumin and 0.1% Tween 20.

blinded designated induced in 12 hours fasted mice (water *ad libitum*) by a single intravenous injection of alloxan monohydrate (65 mg/kg) (20) diluted with sterile saline (0.9% NaCl). Only mice showing two successive determinations of blood glucose levels (3 and 7 days after alloxan injection) greater than 16.7 mmol/L were considered diabetic and included in the experiment. Blood glycemia was determined with a glucose monitor (On Call Plus, San Diego, CA, USA) from samples obtained from the tail vein.

## Treatments

The animals were randomly designated into four experimental groups: non-diabetic untreated (n=6); non-diabetic treated with Captopril (n=6); diabetic untreated (n=6); diabetic treated with Captopril (n=6). In another set of experiments, the animals were randomly divided into four groups as follows: non-diabetic untreated (n=8); non-diabetic treated with Olmesartan (n=8); diabetic untreated (n=8); diabetic treated with Olmesartan (n=8). In the third set of experiments, the animals were randomly assigned to five groups as follows: non-diabetic untreated (n=6); diabetic untreated (n=6); diabetic treated with Olmesartan (n=6); diabetic treated with PD123319 (n=6); diabetic treated with Olmesartan plus PD123319 (n=6). In the last experiment setting, the animals were randomly assigned to four groups as follows: non-diabetic untreated (n=5); non-diabetic treated with CGP42112A (n=5); diabetic untreated (n=5); diabetic treated with CGP42112A (n=5).

Mice were treated with ACE inhibitor Captopril (10 mg/kg; gavage) (21), AT<sub>1</sub> receptor antagonist Olmesartan (3 mg/kg; gavage) (22), AT<sub>2</sub> receptor agonist CGP42112A (10 µg/kg; i.p.) (23), and/or AT<sub>2</sub> receptor antagonist PD123319 (1 mg/kg; i.p.) (24) daily, during 14 consecutive days, starting 7 days after diabetes induction (Figure S1). Untreated mice received an equal volume of vehicle (sterile saline 0.9% NaCl) by gavage or i.p. in a final volume or gavage of 0.2 mL. All analyses were performed 24h after the last treatment. All samples were obtained and analyzed blindly.

## Hormone's quantification

Mice were euthanized (ketamine 140 mg/Kg and xylazine 20 mg/Kg i.p.) during nadir (08:00h) of the circadian rhythm as described previously (25). Blood was immediately collected from the abdominal aorta with heparinized (40 U/ml) saline, centrifuged for 20 min at 1000 x g and stored at -20°C until use. Plasma corticosterone and Ang-II were detected by Elisa kit following the manufacturer's guidelines (Cayman Chemical, number 501320, Cedarlane Labs, Canada; Enzo Life Sciences, number ADI-900-204, NY, USA, respectively).

## Immunohistochemistry staining

The left adrenal glands were removed from mice and cleaned of surrounding fat. They were fixed in Millonig fixative solution for 24 h and embedded in paraffin. Then, sections of 3 µm were deparaffinized with xylene, rehydrated by a graded series of ethanol washes, and boiled in sodium citrate buffer (10 mM, pH 6.0) at the temperature of 95°C for 15 min to enhance antigen retrieval. Tissue sections were incubated with 3% H<sub>2</sub>O<sub>2</sub> in methanol for 20 minutes to block endogenous peroxidases. To prevent non-specific binding, sections were incubated for 3 h with a solution containing 2% fetal bovine serum (FBS) and 8% goat serum dissolved in phosphate-buffered saline (PBS). Sections were incubated overnight with the specific antibody polyclonal rabbit anti-MC2R (1:50; Invitrogen ThermoFisher, Waltham, MA, USA) and anti-11βHSD1 (1:100; Santa Cruz Biotechnology, Santa Cruz, CA, USA) diluted with PBS, 2% FBS and 8% goat serum. Then, the adrenal slices were rinsed with PBS and incubated with the secondary antibodies horseradish peroxidase-conjugated streptavidin (HRP) (polyclonal anti-rabbit IgG (1:1.000), Invitrogen ThermoFisher System, MA, USA) for 2 h 30 min at room temperature followed by a 20-min exposure to the enzyme-substrate 3-amino-9-ethyl carbazole (AEC). The sections were counterstained using hematoxylin for 10 seconds to visualize the structure of the adrenals. As negative controls, the primary antibody was omitted. The slides were scanned using a 3DHISTECH–Panoramic MIDI whole slide scanner (Budapest, Hungary) and captured with a 20× objective lens. The analyses were performed using Image-Pro-Plus® software version 6.2 (Media Cybernetics Inc, Bethesda, MA, USA), and the number of positive pixels was divided by the field area and expressed as pixels/µm<sup>2</sup>. The description of all antibodies used is in Table S1.

## Western blotting analysis

The cleaned right adrenal glands were homogenized in RIPA buffer containing protease and phosphatase inhibitor cocktails for western blotting analysis. After quantifying protein content by BCA method (26), 60 µg total protein/lane was resolved on 14% sodium dodecyl sulfate-polyacrylamide gel electrophoresis, and afterward electrotransferred through a semi-dry transfer apparatus (Trans-Blot SD; Bio-Rad, Hercules, CA, USA) to a nitrocellulose membrane. Then, the membrane was incubated for 90 minutes at 4°C in a blocking solution (Tris-buffered saline containing 5% bovine serum albumin and 0.1% Tween 20, pH 7.4 (TBST)) and, subsequently, incubated with a primary antibody dissolved in the blocking solution overnight at 4°C. Primary antibodies against the following proteins were used: anti-StAR (1:250; Santa Cruz Biotechnology, CA, USA), anti-

AT<sub>1</sub> receptor (1:250; Santa Cruz Biotechnology), anti-AT<sub>2</sub> receptor (1:250; Santa Cruz Biotechnology), anti-MC2R (1:200; Santa Cruz Biotechnology), and anti-11βHSD1 (1:200; Santa Cruz Biotechnology). The housekeeping anti-β-actin (1:1000; Santa Cruz Biotechnology) was used as the standard. After incubation with an HRP conjugated secondary antibody polyclonal anti-rabbit IgG HRP (1:10,000, Invitrogen ThermoFisher System, MA, USA), polyclonal anti-goat or monoclonal anti-mouse IgGs HRP (1:1000, R&D System, Minneapolis, MN, USA) for 60 minutes at room temperature, the membranes were washed, and the immunocomplexes were visualized by using a chemiluminescence detection system on X-ray films (Kodak; PerkinElmer) or ChemiDoc MP Imaging System 6.0.1 (Bio-Rad Laboratories, Inc, Hercules, CA, USA). Then, the band density measurements were analyzed by Image J software 1.53a (Wayne Rasband, National Institutes of Health, USA) or Image Lab software version 6.1.0 (Bio-Rad Laboratories, Inc). The description of all antibodies used is in [Table S1](#).

## Statistical analysis

The data are reported as mean ± standard error of mean (S.E.M.). All data were evaluated to ensure normal distribution and statistically analyzed by one-way ANOVA followed by Bonferroni *post hoc* test, with GraphPad Prism software version 8.0.1 (La Jolla, CA, USA). Probability values (P) of 0.05 or less were considered significant.

## Results

### ACE inhibition reduces the exacerbated adrenal glucocorticoid steroidogenesis observed in diabetic mice

As expected, hyperglycemia and loss of body weight confirmed the induction of diabetes with alloxan. We also showed that diabetes-induced an increase in the circulating levels of Ang-II as compared to non-diabetic mice. Treatment with Captopril significantly reduced the plasma Ang-II levels,

confirming its inhibitory activity on ACE. Nevertheless, it did not alter body weight or circulating glucose levels in diabetic mice ([Table 1](#)). Immunohistochemistry evaluation of the adrenals of non-diabetic and diabetic mice revealed increased expression of ACTH receptor MC2R ([Figures 1A, C](#), respectively) and steroidogenic enzyme 11βHSD1 ([Figures 1F, H](#), respectively) in the condition of diabetes. Treatment with Captopril reduced the overexpression of both MC2R ([Figure 1D](#)) and 11βHSD1 ([Figure 1I](#)) in the adrenal glands of diabetic mice. However, it did not alter the expression of these proteins in non-diabetic mice ([Figures 1B, G](#), respectively). Quantitative analyses of immunohistochemistry showed that Captopril significantly inhibited the expression of MC2R ([Figure 1E](#)) and 11βHSD1 ([Figure 1J](#)) in diabetic mice. We also showed that diabetes caused an increase of steroidogenic enzyme StAR ([Figures 1L and S2](#)) in the adrenal glands, in parallel to a rise in the plasma corticosterone levels ([Figure 1K](#)), compared to the non-diabetic ones ([Figures 1K, L](#), respectively). In addition, the overexpression of StAR and the hypercorticism noted in diabetic mice were sensitive to treatment with Captopril, whereas ACE inhibitor did not alter these outputs in non-diabetic mice.

### AT<sub>1</sub> receptor blocking decreases the exacerbated adrenal glucocorticoid steroidogenesis observed in diabetic mice

The reversion of adrenal steroidogenesis increase shown in diabetic mice by Captopril suggests that activation of AT<sub>1</sub> receptor by Ang-II is involved in the hypercorticism noted in these animals. To prove this hypothesis, we treated the animals with an AT<sub>1</sub> receptor antagonist. Treatment with Olmesartan did not modify systemic glucose levels in both non-diabetic and diabetic mice ([Figure 2K](#)). Nevertheless, immunohistochemistry evaluation of the adrenal of diabetic mice treated with Olmesartan showed reduced expression of MC2R ([Figure 2D](#)) and 11βHSD1 ([Figure 2I](#)) as compared to untreated diabetic mice ([Figures 2C, H](#), respectively). Treatment with Olmesartan increased the expression of MC2R ([Figure 2B](#)). Still, it did not alter 11βHSD1 ([Figure 2G](#)) in the adrenal glands of non-diabetic mice compared to untreated non-diabetic ones

TABLE 1 Captopril reduces plasma levels of angiotensin II but does not alter body weight and hyperglycemia in alloxan-induced diabetic mice.

Group	Body Weight (g)	Glycaemia (mmol/L)	Plasma Ang-II (pg/ml)
Non-diabetic	42.21 ± 5.25	2.94 ± 0.355	7.16 ± 4.74
Non-diabetic treated	40.11 ± 3.32	3.69 ± 0.876	5.78 ± 2.27
Diabetic	31.82 ± 4.91*	23.44 ± 3.28*	16.50 ± 5.56*
Diabetic treated	28.08 ± 4.43	19.75 ± 6.021	8.77 ± 3.31*

Diabetes was induced by a single intravenous injection of alloxan (65 mg/kg), and the analyses were performed 21 days after diabetes induction. Values represent the mean ± S.E.M. \* P < 0.05 compared to non-diabetic mice. + P < 0.05 compared to non-treated diabetic mice.



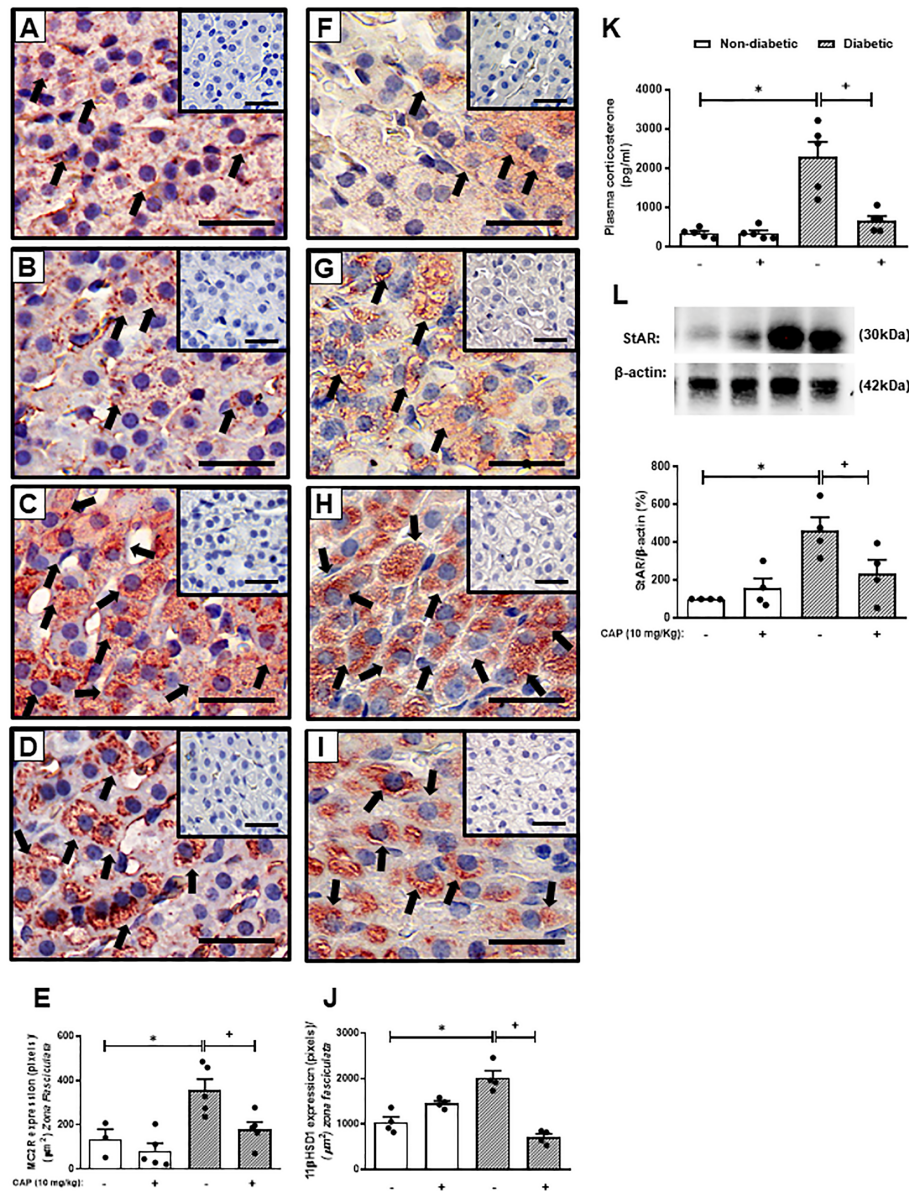


FIGURE 1

Captopril decreases steroidogenic machinery in the adrenal glands and plasma corticosterone levels in diabetic mice. Seven days after diabetes induction, Captopril (10 mg/kg, gavage) was given once a day for 14 consecutive days. Untreated animals received an equal amount of vehicle (0.9% sterile saline, gavage). The analyses were performed 21 days after diabetes induction. Panels show representative photomicrographs of the expression of MC2R in the *zona fasciculata* of adrenals of non-diabetic untreated (A), non-diabetic treated with Captopril (B), diabetic untreated (C), and diabetic treated with Captopril mice (D). Panels show representative photomicrographs of the expression of 11βHSD1 in the *zona fasciculata* of adrenals of non-diabetic untreated (F), non-diabetic treated with Captopril (G), diabetic untreated (H), and diabetic treated with Captopril mice (I). (E, J) Quantification of pixels associated with positive MC2R and 11βHSD1 expression, respectively. Inserts represent negative controls. Black arrows indicate immunolabelling of MC2R (A–D) and 11βHSD1 (F–I) in the *zona fasciculata* of adrenals. (K) Plasma quantification of corticosterone levels. (L) Expression of StAR in adrenal glands was determined by western blot. The data were normalized to β-actin and represented as the ratio between the expressions of StAR: β-actin relative to the control. Each value represents the mean ± S.E.M. \**P* < 0.05 compared to non-diabetic untreated mice. †*P* < 0.05 compared to diabetic untreated mice. Bar scale = 80 μm. Cap, Captopril.

(Figures 2A, F, respectively). Quantitative analyses of immunohistochemistry showed that Olmesartan significantly inhibited the expression of MC2R (Figure 2E) and 11βHSD1 (Figure 2J) in diabetic mice. Treatment with Olmesartan

significantly reduced both StAR expression (Figures 2M and S3) in adrenal glands and the high levels of plasma corticosterone (Figure 2L) in diabetic mice without modifying these outputs in non-diabetic mice.

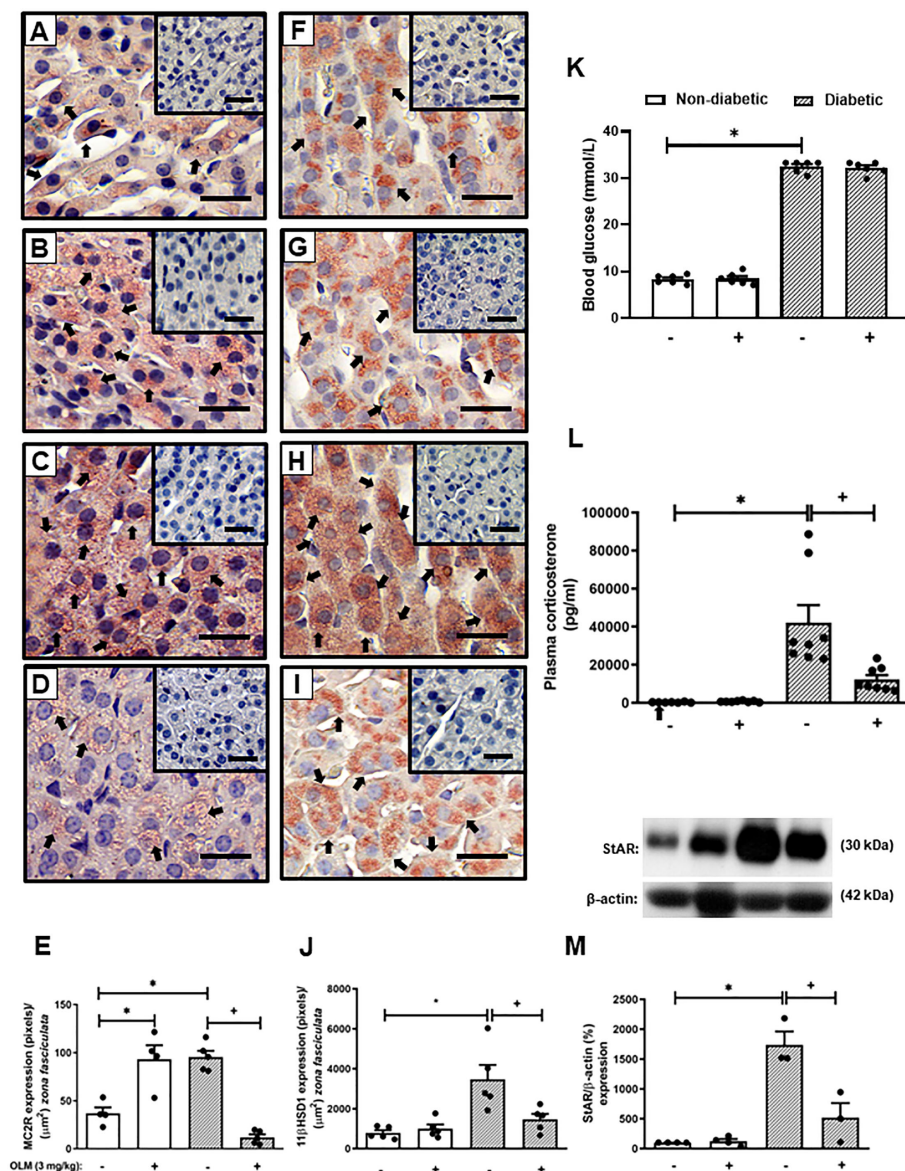


FIGURE 2

Olmesartan reduces steroidogenic machinery in the adrenal glands and plasma corticosterone levels in diabetic mice. Seven days after diabetes induction, Olmesartan (3 mg/kg, gavage) was given once a day for 14 consecutive days. Untreated animals received an equal amount of vehicle (0.9% sterile saline, gavage). The analyses were performed 21 days after diabetes induction. Panels show representative photomicrographs of the expression of MC2R in the *zona fasciculata* of adrenals of non-diabetic untreated (A), non-diabetic treated with Olmesartan (B), diabetic untreated (C), and diabetic treated with Olmesartan mice (D). Panels show representative photomicrographs of the expression of 11βHSD1 in the *zona fasciculata* of adrenals of non-diabetic untreated (F), non-diabetic treated with Olmesartan (G), diabetic untreated (H), and diabetic treated with Olmesartan mice (I). (E, J) Quantification of pixels associated with positive MC2R and 11βHSD1 expression, respectively. Inserts represent negative controls. Black arrows indicate immunolabelling of MC2R (A-D) and 11βHSD1 (F-I) in the *zona fasciculata* of adrenals. (K) Blood glucose quantification. (L) Plasma quantification of corticosterone levels. (M) Expression of StAR in adrenal glands was determined by western blot. The data were normalized to β-actin and represented as the ratio between the expressions of StAR: β-actin relative to the control. Each value represents the mean ± S.E.M. \**P* < 0.05 compared to non-diabetic untreated mice. +*P* < 0.05 compared to diabetic untreated mice. Bar scale = 80 μm. OLM, Olmesartan.

## Captopril and Olmesartan inhibit the overexpression of AT<sub>1</sub> receptor in the adrenal glands of diabetic mice

While trying to clarify the mechanism underlying the Ang-II-induced exacerbation of adrenal glucocorticoid steroidogenesis in diabetic mice, we evaluated the expression of Ang-II receptors in the adrenal gland of mice. We showed that diabetes provoked an increase in the expression of AT<sub>1</sub> receptor in the adrenals of mice

compared to non-diabetic mice (Figures 3A, C, S4, and S5). However, diabetes did not interfere with AT<sub>2</sub> receptor expression in this gland (Figures 3B, D, S4, and S5). The expression of AT<sub>1</sub> receptor in the adrenal glands of diabetic mice was sensitive to treatments with both Captopril (Figures 3A and S4) and Olmesartan (Figures 3C and S5). In addition, both treatments did not modify the expression of AT<sub>2</sub> receptor in the adrenal glands of diabetic mice (Figures 3B, D, S4, and S5).

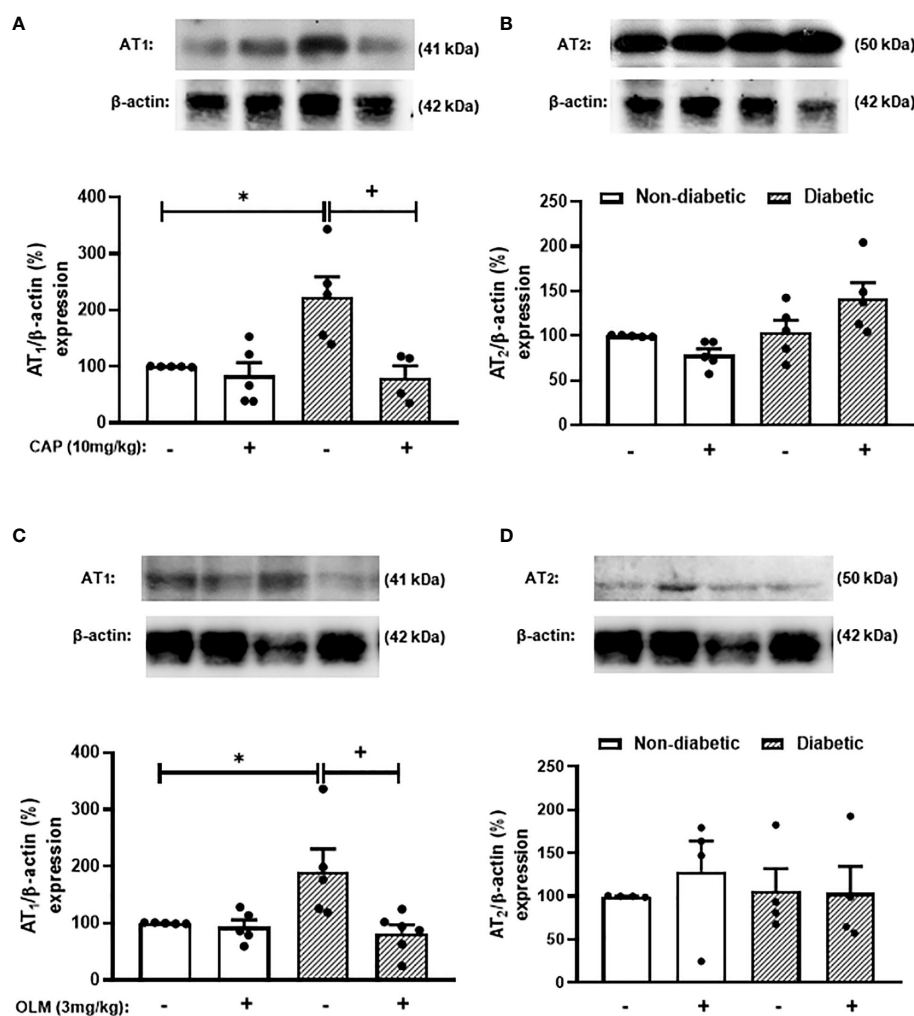


FIGURE 3

Captopril and Olmesartan decrease the overexpression of AT<sub>1</sub> receptor in the adrenals of diabetic mice. Seven days after diabetes induction, Captopril (10 mg/kg, gavage) (A, B) or Olmesartan (3 mg/kg, gavage) (C, D) was given once a day for 14 consecutive days. Untreated animals received an equal amount of vehicle (0.9% sterile saline, gavage). The analyses were performed 21 days after diabetes induction. Expression of AT<sub>1</sub> (A, C) and AT<sub>2</sub> receptors (B, D) in adrenal glands from diabetic mice was determined by western blot. The data were normalized to β-actin and represented as the ratio between the expressions of AT<sub>1</sub>: β-actin and AT<sub>2</sub>: β-actin relative to the control. Each value represents the mean ± S.E.M. \*P < 0.05 compared to non-diabetic untreated mice. +P < 0.05 compared to diabetic untreated mice. Cap, Captopril; OLM, Olmesartan.



## Activation of AT<sub>2</sub> receptor participates in the reduction of circulating corticosterone levels induced by Olmesartan

Since the blockage of AT<sub>1</sub> receptor culminates in the activation of AT<sub>2</sub> receptor by Ang-II and its receptor reduces inflammation, we hypothesized that this pathway could be involved with the inhibitory effect of Olmesartan on the exacerbated adrenal steroidogenesis observed in diabetic mice. We treated diabetic mice concomitantly with both AT<sub>1</sub> and AT<sub>2</sub> receptors antagonists to attest to this theory. We showed that either Olmesartan, AT<sub>2</sub> receptor antagonist PD123319, or Olmesartan plus PD123319 did not alter systemic glucose levels in non-diabetic and diabetic mice (Figure 4D). We also confirmed that Olmesartan significantly decreased the high levels of plasma corticosterone in diabetic mice compared to untreated diabetic mice. However, the treatment with AT<sub>2</sub> receptor antagonist PD123319 did not alter the hypercorticoidism observed in diabetic mice. Interestingly, treatment with PD123319 blocked the inhibitory properties of Olmesartan on the rise of systemic corticosterone levels in diabetic mice (Figure 4E), suggesting that the effect of AT<sub>1</sub> receptor blockage involves the activation of AT<sub>2</sub> receptor by

Ang-II. Nevertheless, the treatment with PD123319 did not modify the Olmesartan-induced reduction in the expression of StAR (Figures 4A and S6), MC2R (Figures 4B and S6), and AT<sub>1</sub> receptor (Figures 4C and S6) in the adrenal glands of diabetic mice. In addition, these outputs were not changed by treatment with PD123319 in diabetic mice.

## Activation of AT<sub>2</sub> receptor decreases the exacerbated adrenal glucocorticoid steroidogenesis observed in diabetic mice

To confirm whether activation of AT<sub>2</sub> receptor can inhibit the exacerbation of adrenal steroidogenesis in diabetic mice, we treated the animals with the AT<sub>2</sub> receptor agonist CGP42112A. Interestingly, CGP42112A significantly decreased blood glucose levels. Nevertheless, diabetic mice treated with CGP42112A remained hyperglycemic, but had substantially lower blood glucose levels than those of untreated diabetic mice. In addition, treatment with CGP42112A did not modify systemic glucose levels in non-diabetic mice (Figure 5A). Finally, we showed that the rise of corticosterone levels (Figure 5B) observed in diabetic mice was sensitive to the treatment with

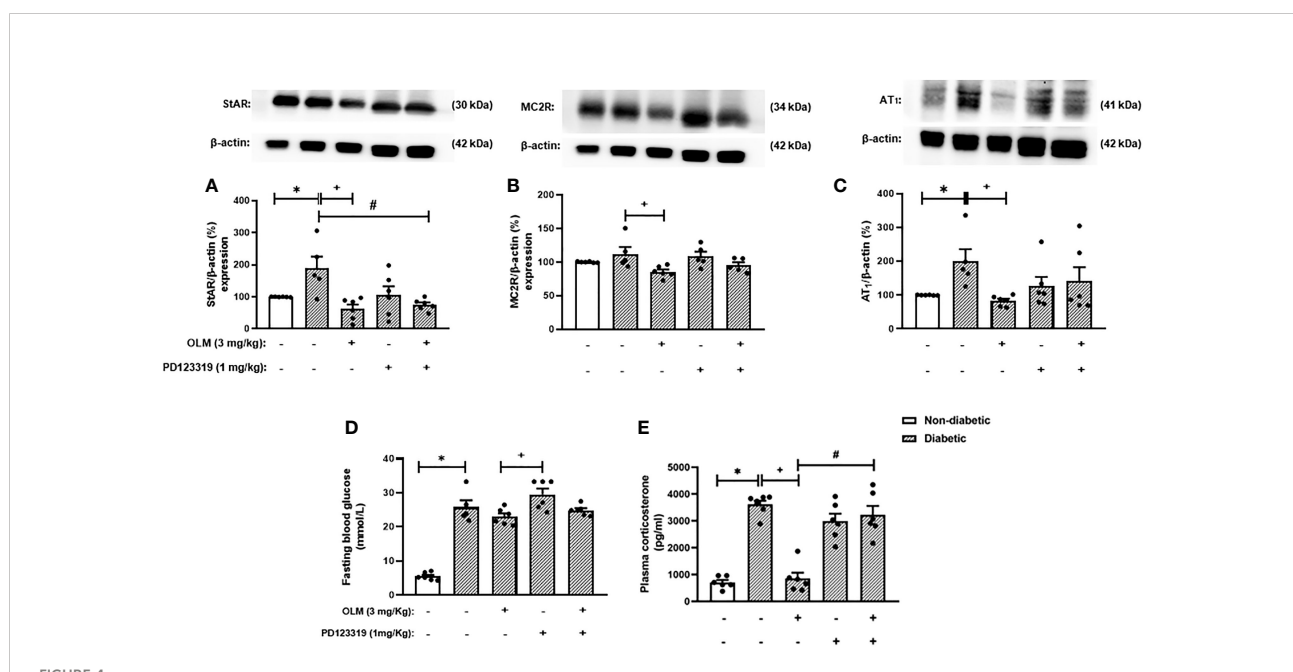


FIGURE 4

Blockade of AT<sub>2</sub> receptor impaired Olmesartan mediated decrease of plasma corticosterone levels in diabetic mice. Seven days after diabetes induction, Olmesartan (3 mg/kg, gavage) and PD123319 (1 mg/kg, i.p.) were given once a day for 14 consecutive days. Untreated animals received an equal amount of vehicle (0.9% sterile saline, gavage). The analyses were performed 21 days after diabetes induction. (A-C) Expression of StAR, MC2R, and AT<sub>1</sub> receptor in the adrenal glands, respectively, was determined by western blot. The data were normalized to β-actin and represented as the ratio between the expressions of StAR: β-actin, MC2R: β-actin, and AT<sub>1</sub>: β-actin relative to the control. (D) Blood glucose quantification. (E) Plasma quantification of corticosterone levels. Each value represents the mean ± S.E.M. \**P* < 0.05 compared to non-diabetic untreated mice. \**P* < 0.05 compared to diabetic untreated mice. #*P* < 0.05 compared to diabetic mice treated with Olmesartan. Olm, Olmesartan; PD, PD123319.

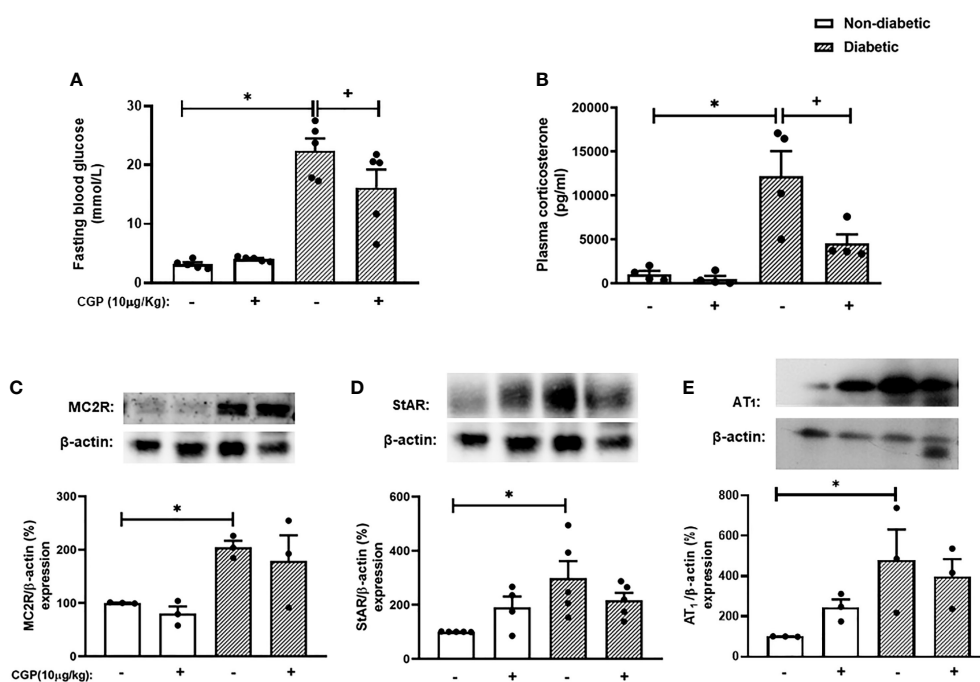


FIGURE 5

CGP42112A reduces plasma corticosterone levels but did not modify AT<sub>1</sub>, MC2R or StAR expression in the adrenal glands of diabetic mice. Seven days after diabetes induction, CGP42112A (10 μg/kg, i.p.) was given once a day for 14 consecutive days. Untreated animals received an equal amount of vehicle (0.9% sterile saline, gavage). The analyses were performed 21 days after diabetes induction. (A–C) Expression of StAR, MC2R, and AT<sub>1</sub> receptor in the adrenal glands, respectively, was determined by western blot. The data were normalized to β-actin and represented as the ratio between the expressions of StAR: β-actin, MC2R: β-actin, and AT<sub>1</sub>: β-actin relative to the control. (D) Blood glucose quantification. (E) Plasma quantification of corticosterone levels. Each value represents the mean ± S.E.M. \**P* < 0.05 compared to non-diabetic untreated mice. +*P* < 0.05 compared to diabetic untreated mice. CGP, CGP42112A.

CGP42112A. However, it did not modify the expression of MC2R (Figures 5C and S7), StAR (Figures 5D and S7), and AT<sub>1</sub> receptor (Figures 5E and S8) in the adrenal glands of diabetic mice. In addition, these outputs were not changed by treatment with CGP42112A in non-diabetic mice.

## Discussion

This study provides new perspectives on the effect of Ang-II on the exacerbation of adrenal glucocorticoid steroidogenesis in diabetes. We showed that the inhibition of Ang-II synthesis and the blockade of AT<sub>1</sub> receptor, using Captopril and Olmesartan, respectively, reduced plasma corticosterone levels in diabetic mice *via* downregulation of MC2R expression in the adrenal gland. Diabetic mice presented an overexpression of AT<sub>1</sub> receptor in the adrenal glands without altering the content of AT<sub>2</sub> receptor. The treatments with either Captopril or Olmesartan decreased the expression of AT<sub>1</sub> receptor in the adrenal gland of diabetic mice. Furthermore, the Olmesartan-induced reduction of adrenal glucocorticoid steroidogenesis observed in diabetic mice was reversed by treatment with the

AT<sub>2</sub> receptor antagonist PD123319. In addition, the treatment of diabetic mice with AT<sub>2</sub> receptor agonist CGP42112A reduced plasma corticosterone levels. Our findings indicate that the high circulating levels of Ang-II in diabetic mice could account for the exacerbation of corticosterone production by adrenal glands through the activation of AT<sub>1</sub> receptor. In addition, the AT<sub>1</sub> receptor antagonist Olmesartan-induced reduction of corticosterone levels observed in diabetic mice is related to the activation of AT<sub>2</sub> receptor.

In diabetes, the high production of Ang-II and activation of AT<sub>1</sub> receptor promote oxidative stress generation and systemic inflammation (16). In this work, we used Captopril as an ACE inhibitor to investigate the impact of Ang-II on the exacerbation of adrenal glucocorticoid steroidogenesis in diabetic mice. First, we noted that Captopril inhibited the increased levels of Ang-II in the plasma of diabetic mice, indicating that the treatment effectively inhibited ACE in our model. We previously demonstrated that alloxan-induced diabetes increased circulating corticosterone levels in parallel to augmentation in the MC2R expression in the adrenal glands (7). Here, we confirmed these data and showed that diabetic mice also presented an increase in the expression of both steroidogenic



enzymes StAR and 11 $\beta$ HSD1 in the adrenal gland. Treatment with Captopril decreased all these outcomes in diabetic mice without modifying the hyperglycemia. Our data strongly suggest that the overproduction of Ang-II is involved with the exacerbation of corticosterone production by adrenal glands in diabetic mice. The Captopril-induced reduction in the StAR and 11 $\beta$ HSD1 in the adrenal gland of diabetic mice is in line with previous data that showed an up-regulation of both steroidogenic enzymes after activation of the Ang-II/AT<sub>1</sub> receptor pathway (27, 28).

To confirm whether the Ang-II/AT<sub>1</sub> receptor pathway participates in the high corticosterone production by adrenal glands of diabetic mice, we treated the animals with the AT<sub>1</sub> receptor antagonist Olmesartan. We showed that treatment with Olmesartan reduced the expression of MC2R, StAR, and 11 $\beta$ HSD1 in the adrenal gland of diabetic mice and decreased the systemic levels of corticosterone. The inhibition seen with the treatment of diabetic mice with Olmesartan was very similar to that observed when using Captopril, suggesting that the exacerbation of adrenal glucocorticoid steroidogenesis in diabetic mice is related to the activation of the Ang-II/AT<sub>1</sub> receptor pathway. These data agree with others that demonstrated that the blocking of AT<sub>1</sub> receptor inhibited the stress-induced release of glucocorticoids (18). Next, we evaluated whether the effect of Captopril and Olmesartan could be related to an alteration in the expression of Ang-II receptors in the adrenal gland of diabetic mice. We showed that diabetic mice presented an increase in the expression of AT<sub>1</sub> receptor in the adrenal gland, but it did not alter the content of AT<sub>2</sub> receptor. These data agree with the literature that shows an increase in the expression of AT<sub>1</sub> receptor in the adrenal gland of diabetic rats (19). The treatments with either Captopril or Olmesartan significantly reduced the expression of AT<sub>1</sub> receptor in the adrenal gland of diabetic mice but did not modify the AT<sub>2</sub> receptor density. These findings reinforce our hypothesis that corticosterone-producing cells in the adrenal glands of diabetic mice are probably more responsive to Ang-II stimuli since the adrenals of these mice overexpress AT<sub>1</sub> receptor (29). Besides, the upregulation of AT<sub>1</sub> receptor expression seems to be a positive loop dependent on the Ang-II/AT<sub>1</sub> receptor pathway activation, confirmed by the sensitivity to Captopril and Olmesartan treatments.

Since the activation of the Ang-II/AT<sub>2</sub> receptor system showed opposite effects to the Ang-II/AT<sub>1</sub> receptor pathway regarding inflammation, proliferation, and fibrosis (28), we evaluated whether the activation of its receptor participates in the Olmesartan inhibitory effect on plasma corticosterone levels of diabetic mice. For this, we treated the animals concomitantly with both AT<sub>1</sub> and AT<sub>2</sub> receptors antagonists, Olmesartan and PD123319, respectively. We used this approach because the Ang-II formed by diabetic animals will bind to AT<sub>2</sub> receptor with the AT<sub>1</sub> receptor inhibition (30, 31). We observed that the ability of Olmesartan to reduce diabetes-induced hypercorticism was blocked with the co-treatment with

PD123319. These data suggested that treatment with Olmesartan reduced corticosterone levels in diabetic mice by inhibiting AT<sub>1</sub> receptor and, consequently, providing a greater activation of AT<sub>2</sub> receptor in the adrenals by Ang-II. Nevertheless, PD123319 did not reverse the Olmesartan-induced reduction in the expression of MC2R, StAR, and AT<sub>1</sub> receptors in the adrenal glands, suggesting that anti-steroidogenic effect of AT<sub>2</sub> receptor activation does not depend on this molecular pathway.

To prove the hypothesis that the activation of AT<sub>2</sub> receptor can decrease the hypercorticism observed in diabetic mice, we treated the animals with the AT<sub>2</sub> receptor agonist CGP42112A. We showed that treatment with CGP42112A reduced the systemic levels of corticosterone in diabetic mice, but it did not alter the expression of MC2R, StAR, and AT<sub>1</sub> receptor in the adrenal gland. These data confirm that activation of AT<sub>2</sub> receptor is essential to the reduction of glucocorticoid levels observed with the treatment of diabetic mice with AT<sub>1</sub> receptor antagonist Olmesartan. Nevertheless, the mechanism by which the CGP42112A reduced steroidogenesis in diabetic mice is distinct from the blockage of AT<sub>1</sub> receptor since it did not modify the expression of the ACTH and AT<sub>1</sub> receptors or steroidogenic enzyme StAR in the adrenals. Contrary to what we showed, AT<sub>2</sub> receptor agonist reduced the overexpression of AT<sub>1</sub> receptor in the hypothalamus of deoxycorticosterone acetate/NaCl-induced hypertension rats (32). These data strongly suggest that the mechanism by which activation of AT<sub>2</sub> receptor reduces corticosterone production by adrenals of diabetic mice is different from that associated with the hyperproduction of this hormone induced by AT<sub>1</sub> receptor stimulation. On the other hand, treatment with CGP42112A significantly reduced glycemia in diabetic mice, which could explain, at least in part, the reduction in the production of corticosterone by the adrenals (33). Although CGP42112A, a peptide AT<sub>2</sub> receptor agonist, possesses less stability compared to non-peptide AT<sub>2</sub> receptor agonist compound 21 (C21), both agonists show significant antioxidant, anti-inflammatory, anti-fibrotic, anti-hypertrophic, and anti-apoptotic properties. Furthermore, different from our findings with CGP42112A, studies have shown that treatment with C21 in streptozotocin-induced diabetic animals did not change blood glucose or HbA1c (34–36). In diabetic mice, the Ang-1-7 cascade might be stimulated by the AT<sub>2</sub> receptor pathway through ACE2, once ACE2 has a potential role in alterations in glucose tolerance and insulin secretion (37, 38).

One limitation of our study is that in alloxan-induced diabetes the  $\beta$ -pancreatic cell death is not induced by an autoimmune response, as observed in type 1 diabetic patients (39). Nevertheless, this murine model of diabetes shows several clinical illnesses noted in patients, including hyperglycemia, hypoinsulinemia, retinopathy, neuropathy, and impaired wound healing (40). Consistently, in the alloxan-induced diabetes model, animals presented hypercorticism and increased Ang-II circulating levels, as detected in patients with type 1 diabetes (7, 9, 10). In addition, although the effects of ACE inhibition are usually

accredited to reduce Ang-II formation, it is well known that this pharmacological approach provokes an increase in the circulating levels of Ang-1-7 (41). Therefore, an unanswered question is whether Captopril-induced inhibition of plasma corticosterone levels in diabetic mice is only related to the Ang-II production drop. This question arises since Ang-1-7 has contra-regulatory effects on AT<sub>1</sub> receptor activation, as observed with the stimulation of the Ang-II/AT<sub>2</sub> receptor pathway (42). Another limitation of our study is the absence of experiments using tissue-specific knockout animals for both AT<sub>1</sub> and AT<sub>2</sub> receptors in the adrenals to confirm if our results depend on local or systemic actions of the agonists and/or antagonists of these Ang-II receptors.

In summary, our results indicate that inhibition of Ang-II synthesis by Captopril and blockade of AT<sub>1</sub> receptor by Olmesartan reduced the exacerbation of adrenal glucocorticoid steroidogenesis in diabetic mice by down-regulation of the expression of ACTH receptor and steroidogenic enzymes StAR and 11βHSD1 in the adrenal gland. Furthermore, activation of AT<sub>2</sub> receptor also seems to be important to the Olmesartan-induced decrease of adrenal glucocorticoid steroidogenesis in diabetic mice. With the data obtained in this study, we believe that ACE inhibitors, AT<sub>1</sub> receptor blockers, or AT<sub>2</sub> receptor agonists will become an essential target for treating type 1 diabetes and other diseases associated with hypercorticism in the future.

## Data availability statement

The original contributions presented in the study are included in the article/[Supplementary Material](#). Further inquiries can be directed to the corresponding author.

## Ethics statement

The animal study was reviewed and approved by committee on Use of Laboratory Animals of the Oswaldo Cruz Institute (CEUA-IOC/FIOCRUZ, license L-027/2016).

## Author contributions

ASC contributed to conception and design of the study, performed experiments, analyzed 28 the data, and wrote the manuscript. NSM and DBRI performed experiments and analyzed the data. PMRS and MAM analyzed the data,

contributed with essential reagents or tools and to preparation of the manuscript. VFC contributed to conception and design of the study, with essential reagents or tools, analyzed the data, and wrote the manuscript. All authors contributed to the article and approved the submitted version.

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## Conflict of interest

The authors declare that the research was conducted in the absence of any commercial or financial relationships that could be construed as a potential conflict of interest.

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## Supplementary material

The Supplementary Material for this article can be found online at: <https://www.frontiersin.org/articles/10.3389/fendo.2022.1040040/full#supplementary-material>

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