



# Hyaluronic Acid Correlates With Bone Metastasis and Predicts Poor Prognosis in Small-Cell Lung Cancer Patients

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**Background:** Hyaluronan (HA) is one of the essential elements of the extracellular matrix (ECM), involved in the onset of metastasis in various tumors. The interaction and binding of the ligand–receptor HA/cluster of differentiation-44 (CD44) regulate the physical and biochemical properties of the ECM, which correlates with an increased propensity toward metastasis and poor survival outcome. Our study aimed to explore HA for predicting metastasis and survival rate in patients with small-cell lung cancer (SCLC).

**Materials and Methods:** This prospective cohort study recruited 72 patients with SCLC. Plasma HA and CD44 levels were assayed by enzyme-linked immunosorbent assay (ELISA) for 72 cases before initial systematic treatment (baseline samples), and plasma HA was detected *via* after-2-cycle-chemotherapy (A-2-C-CT) in 48 samples. Logistic regression analysis and the Cox proportional risk model were used to determine the independent predictors of distant metastasis and survival rate of patients.

**Results:** Baseline plasma HA was notably associated with bone metastasis (BM) [OR (95% CI) = 1.015 (1.006–1.024),  $p = 0.001$ ]. Multivariate logistic regression analysis showed that baseline plasma HA was chosen as an independent predictor of BM. Either baseline HA or CD44 or both were associated with BM. Dynamic alteration of HA was notably associated with A-2-C-CT clinical efficacy. Multivariate Cox regression analysis in forward likelihood ratio showed that A-2-C-CT HA was an independent predictor of progression-free survival (PFS) and overall survival (OS).

**Conclusions:** HA appears to be used as an independent predictive factor for BM, and the dynamic detection of HA can predict prognosis in SCLC patients. The mechanism of the HA/CD44 axis in BM of SCLC deserves further exploration.

**Keywords:** hyaluronic acid, SCLC, bone metastasis, predictive factor, survival rate

## 1 INTRODUCTION

Lung cancer is the second most newly diagnosed cancer and the chief cause of cancer death. Small-cell lung cancer (SCLC), characterized by rapid relapse and poor survival, accounts for approximately 10%–15% of lung cancer (1–3). Despite the high response rate to frontline platinum-containing regimens, resistance and relapse after chemotherapy are inevitable for the majority of patients. The median overall survival (OS) of SCLC is only 2–4 months and the 5-year OS is less than 10% (4–7).

In 2014, the National Cancer Institution defined SCLC as “resistant, recalcitrant and highly invasive tumor,” and the scientific framework identifies five initiatives that could make an impact against SCLC including new tools for tissue collection and tumor models that represent distinct phases of the disease and research into factors that define treatment response or resistance (8). In clinical practice, the prognosis of SCLC patients with the same limited stage is very different: some immortality, some quickly progress in concurrent radiochemotherapy, and a few extensive-stage patients live long. There is a lack of effective prognosis markers in SCLC.

Metastasis is a common complication and an important factor, leading to a markedly shortened survival rate compared with non-metastatic SCLC (9–11). Bone metastasis (BM) of SCLC usually occurs early and is common in the progression of the disease, which is harder to detect due to the restrictions in diagnostic techniques. Diagnosis is only made when symptoms common to distant metastasis or an enlarged lesion is present. The best treatment choice may be missed for many patients, thus affecting the prognosis of the patient (12). So far, there has been an urgent need for high specificity and sensitivity prognostic factors to guide clinical decision-making and discover new therapeutic targets.

The extracellular matrix (ECM) supports tumor proliferation, invasion, and metastasis through extensive cross talk (13). Osteopontin (OPN) as a prometastatic secreted protein plays important roles in the regulation of tumor angiogenesis and the cross talk between tumor cells and stromal cells in the bone microenvironment (14). The interaction of OPN with cluster of differentiation-44 (CD44) mediating several signaling network participates in cancer skeletal metastasis through regulating cell–matrix interactions (15). Osteopontin is a useful predictor of bone metastasis and survival (16). The same as OPN, hyaluronan (HA) is mainly an abundant ECM component, and the HA/CD44 axis plays a significant role in a number of biological functions, promoting tumor progression and therapeutic resistance, eventually resulting in poor prognosis (17). Basic studies have indicated that the HA/CD44 axis can lead to tumor cell migration that can promote metastasis formation in various tumors (18–20), which can lead to tumor cell migration in lung cancer (21). The HA/CD44 axis has been associated with poor prognosis and metastasis in NSCLC (22). A diversity of research has shown that serum HA is a prognostic factor of OS (9, 10, 23). Other research indicated that targeting the HA/CD44 signaling pathway could be a promising approach for the prevention and therapy of lung cancer (24).

However, a few relevant real-world clinical studies have been conducted to investigate if the HA/CD44 signaling pathway is

associated with metastasis and prognosis in SCLC. Moreover, our studies previously found that CD44<sup>+</sup> CTC was associated with liver metastasis (LM) and survival in SCLC. Therefore, we aimed to explore whether the HA/CD44 axis can be an effective predictor of metastasis and prognosis in SCLC.

## 2 MATERIALS AND METHODS

### 2.1 Patients

In this study, 80 consecutive patients diagnosed by pathology or cytology were enrolled, between December 5, 2017, and January 15, 2020. Eight out of 80 cases were excluded due to loss to follow-up, and 72 patients with complete clinical information, who were enrolled in the Beijing Chest Hospital, were included in the study. The flowchart diagram in **Figure 1** illustrates the process of patient enrollment and detection. The included and excluded specimens are listed below.

#### 2.1.1 Inclusion Criteria

Patients were either biopsied by fiber-optic/bronchoscope, endobronchial ultrasound-guided transbronchial needle aspiration (EBUS-TBNA)/mediastinoscopy, or pulmonary puncture under image guidance and then diagnosed with SCLC after a pathological investigation or pathological consultation. The medical records and follow-up cohort data of the patients were completed.

#### 2.1.2 Exclusion Criteria

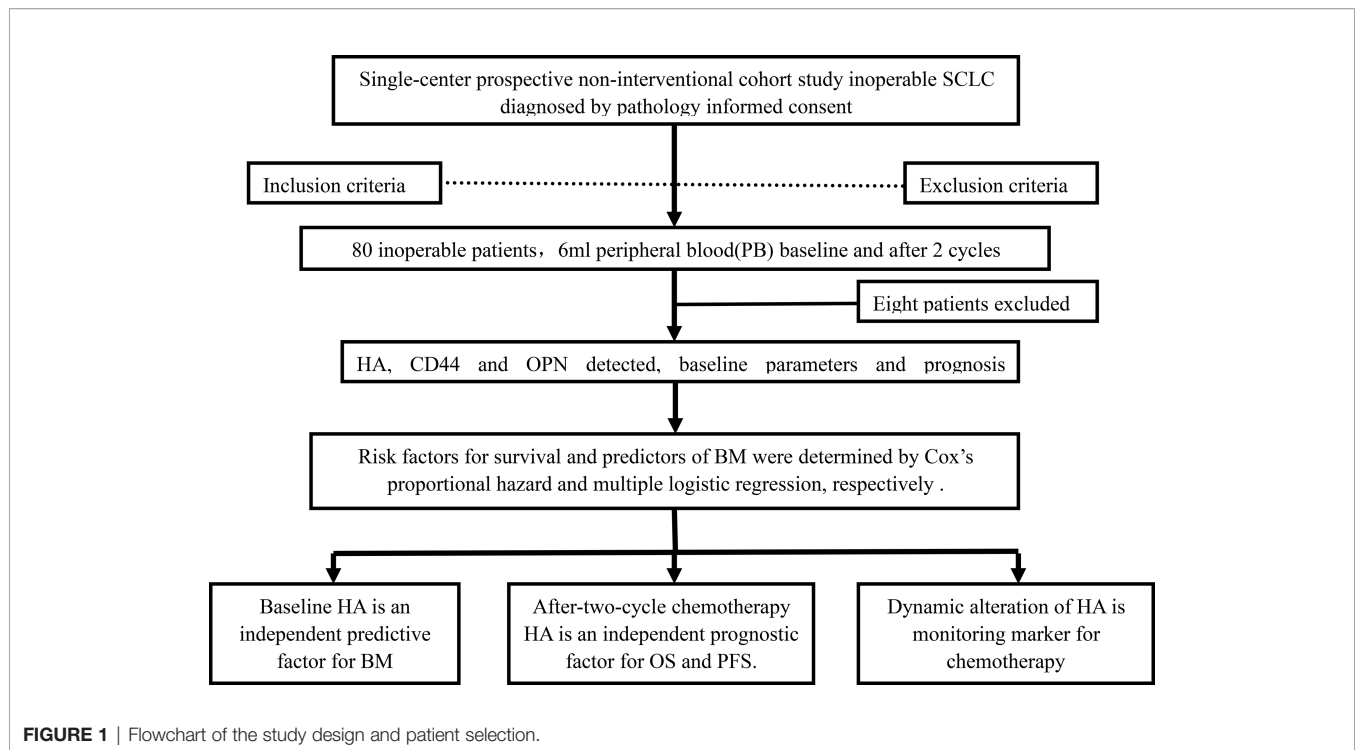
The age of the patients was <18 years. Patients with severe cardiovascular and/or cerebrovascular diseases or another disease that might have had a significant effect on prognosis were excluded. Patients who had a performance status (PS) >2 were ineligible for this study. Patients who did not complete at least two cycles of chemotherapy for SCLC and those with a history of other malignant tumors were excluded. Patients with psychiatric disorder and patients who had received chemotherapy, radiotherapy, or surgery before transfer to Beijing Chest Hospital, Capital Medical University were also excluded.

### 2.2 Sample Information

A total of 120 frozen plasma samples were included: 72 of them were collected before chemotherapy and 48 of them were drawn after a 2-cycle chemotherapy. All of them were stored in a refrigerator at  $-80^{\circ}\text{C}$ .

### 2.3 HA Assay

In total, 120 samples were selected for HA and CD44 ELISA assay, respectively. First, 6 ml of peripheral venous blood was drawn into an ethylenediaminetetraacetic acid (EDTA) anticoagulant tube. Samples were centrifuged for 2 h (3,500 rpm, 5 min) to separate the plasma and were then stored in a refrigerator at  $-80^{\circ}\text{C}$ . The levels of plasma HA, CD44, and OPN were detected using human HA-ELISA kits (cat. no. CSB-E04805h, CUSABIO Inc., China), human CD44-ELISA kits (cat. no. ab45912, Cambridge, MA, USA), and human OPN-ELISA kits (cat. no. E-EL-H1347c, Elabscience



Biotechnology Inc., China). The evaluation was performed according to the protocol of the manufacturer and based on previous studies (25, 26).

## 2.4 Clinical Stage

All cases were classified according to the combination of TNM classification (8.0) and Veterans Administration Lung Study Group (VALG) staging of the International Union Against Cancer (UICC) and the American Joint Committee on Cancer (AJCC). The treatment plan was performed according to VALG staging.

## 2.5 Evaluation of Therapy Responses

All patients received at least 2 cycles of etoposide combined with platinum (cisplatin or carboplatin), with or without radiotherapy. Tumor response was measured using the Response Evaluation Criteria in Solid Tumors (RECIST version 1.1) (27), including complete response (CR), partial response (PR), stable disease (SD), and progressive disease (PD). Patients evaluated as CR, PR, and SD continued the original chemotherapy regimen, while patients with PD changed the treatment regimen. The objective response rate (ORR) = CR + PR/all patients × 100%.

## 2.6 Follow-Up

A hospital information system (HIS) and telephone were used to collect the data of patients. The basic information of each patient was reviewed in the HIS system after screening according to the inclusion criteria and exclusion criteria. The patients were followed up at 3-month intervals until death or June 30, 2020, whichever came first. Median follow-up was 26.6 (range 5.8–36.3) months. Eight patients were lost to follow-up. The primary

endpoint was OS and the secondary endpoints were progression-free survival (PFS), distant metastasis, and therapeutic response. The OS was calculated from the date of SCLC diagnosis to the date of death or the last follow-up. PFS was calculated from diagnosis to the date of progression, death, or the last follow-up.

## 2.7 Statistical Analysis

Data were analyzed using SPSS 22.0, GraphPad Prism 7.0, and R software 4.0. The continuous variables and categorical variables were assessed by Student's t-test and Pearson's chi-square, respectively. If the theoretical frequency existing in cells of  $2 \times 2$  tables was less than 5, Fisher's exact test would be applied. OS and PFS were estimated by the Kaplan–Meier method, with results compared by log-rank tests. Risk factors for survival and predictors of BM were determined by Cox proportional hazard and multiple logistic regression analysis, respectively. The nomogram based on the combined model was established to provide the clinician with a quantitative tool to predict individual probability of BM. To quantify the predictive performance, the area under the curve (AUC), sensitivity, and specificity of the prediction model were obtained from the receiver operating characteristic (ROC) curve analysis; on the other hand, the ROC curve analysis was used to determine optimal cutoff value. A two-tailed  $p < 0.05$  was considered statistically significant in all analyses.

## 3 RESULTS

### 3.1 Patient Characteristics

We assessed demographic and pretreatment clinical features, including the sex, age, and smoking history of the patients;

ECOG-PS; tumor staging according to the eighth edition of the American Cancer TNM Commission System (28); distant metastasis; and the evaluation of clinical efficacy according to RECIST version 1.1 (27). In detail, of the 72 consecutive patients, 56 (77.8%) were males and 16 (22.2%) were females, with a mean age of 60.71 years. The most frequent metastatic site was the bone (25.0%), followed by the liver (18.1%), adrenal glands (8.3%), and brain (4.2%). The major clinicopathological characteristics of the patients are shown in **Table S1**.

## 3.2 Correlation of Baseline Plasma HA With BM

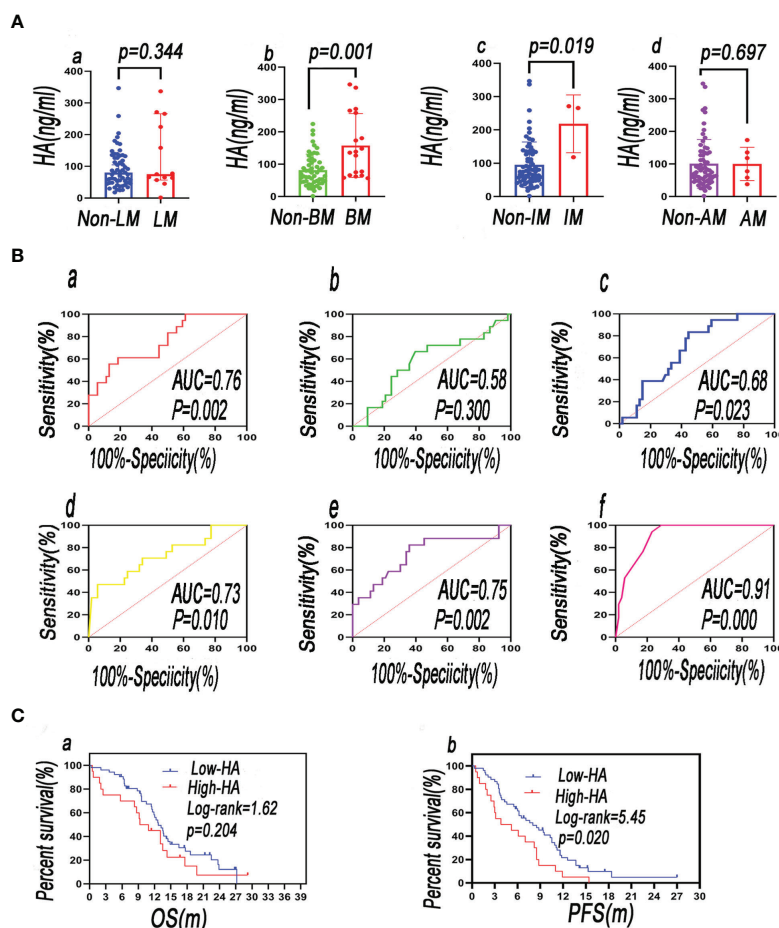
### 3.2.1 Correlation of Baseline Plasma HA With Distant Metastasis in SCLC

The plasma HA level in the intracranial metastasis (IM) group was higher than that in the non-IM group ( $p < 0.05$ ; **Figure 2Ac**). A comparison of the level of HA in the BM group and the non-BM group showed that the level of HA was elevated in the BM group ( $p < 0.05$ ; **Figure 2Ab**). According to the other parameters

in **Figure 2A**, the difference of HA was not statistically different between the metastasis group and the non-metastasis group ( $p > 0.05$ ) (**Figures 2Ac, d**). In the univariate logistic regression analysis, HA was notably associated with bone [OR (95% CI = 1.015 (1.006–1.024),  $p = 0.001$ ], and the other parameters in **Table S2** did not correlate to HA ( $p > 0.05$ ).

### 3.2.2 Correlation Between BM and Blood Biomarkers

The relationships between BM and clinicopathological characteristics are shown in **Table S3**. According to the maximum principle of Youden index, the optimal cutoff values were as follows: HA 126.6 ng/ml, CD44 152.5 ng/ml, OPN 135.3 ng/ml, alkaline phosphatase (ALP) 99.0 U/L, lactate dehydrogenase (LDH) 182.0 U/L, carcinoembryonic antigen (CEA) 4.4 ng/ml, neurospecific enolase (NSE) 85.0 ng/ml, pro-gastrin-releasing peptide (pro-GRP) 3,282.0 ng/L, squamous cell carcinoma antigen (SCC) 4.5  $\mu\text{g/ml}$ , and cytokeratin 19 fragment 21-1 (CYFRA21-1) 3.9  $\mu\text{g/ml}$  were calculated by ROC. The high group and low group were divided by their best cutoff values.



**FIGURE 2** | The plasma level of HA in distant metastasis patients vs. that in non-distant metastasis patients—**(Aa)** LM, liver metastasis; **(Ab)** BM, bone metastasis; **(Ac)** IM, intracranial metastasis; **(Ad)** AM, adrenal metastasis. **(B)** ROC curves of blood biomarkers of patients were plotted to analyze their predictive value in BM [(Ba) HA; (Bb) LDH; (Bc) OPN; (Bd) pro-GRP; (Be) CYFRA21-1; (Bf) combination of predictors]. **(C)** Comparing the survival rate between baseline HA<sup>low</sup> and baseline HA<sup>high</sup> groups (a = OS; b = PFS).

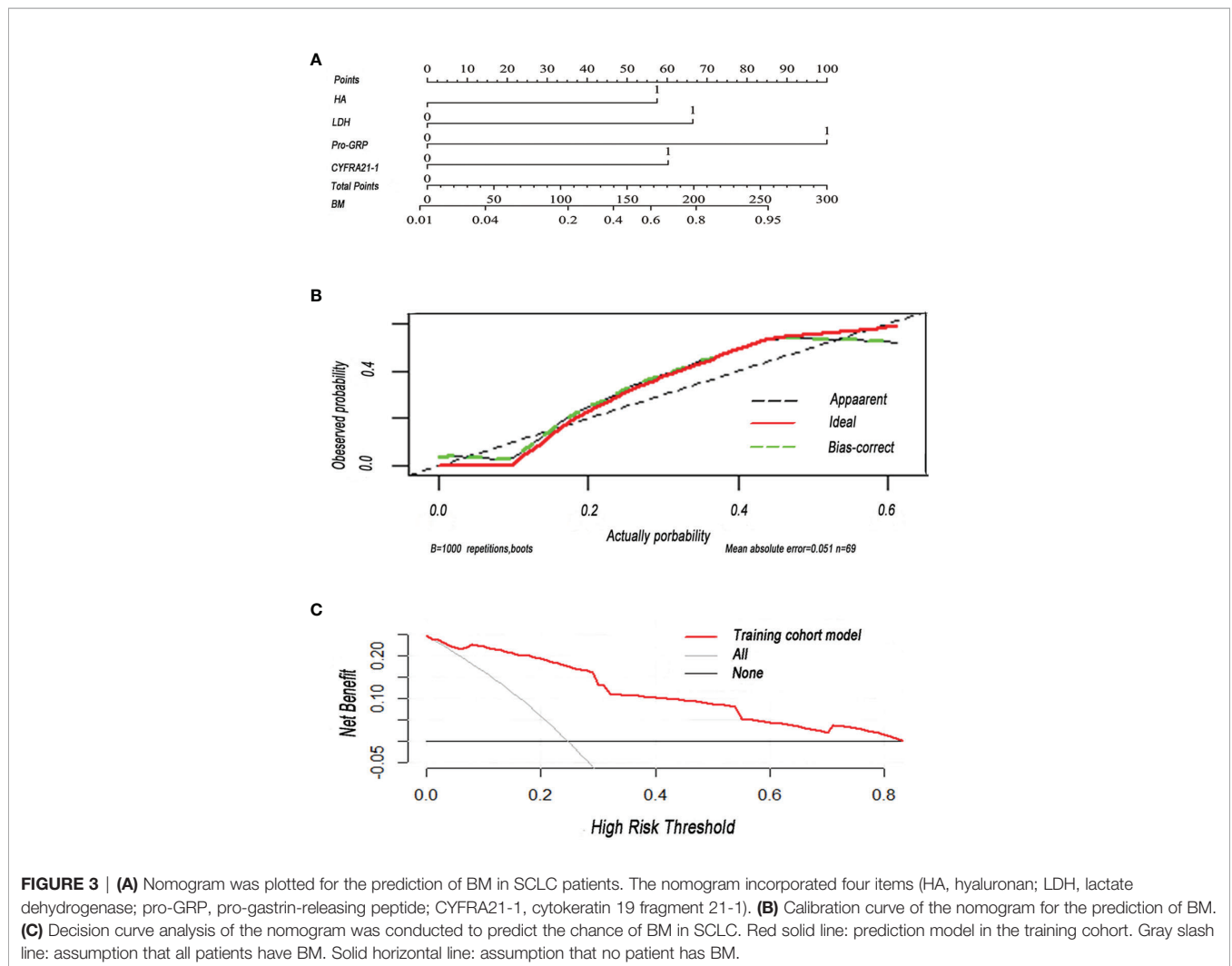
**TABLE 1 |** Univariate and multivariate logistic regression analyses of variables considered for BM of SCLC patients.

Parameters	Univariate analysis		Multivariate analysis	
	OR (95% CI)	p	OR (95% CI)	p
<b>Baseline HA</b>				
≥126.0 ng/ml	6.14 (1.93–19.52)	0.020	2.28 (1.06–4.93)	0.036
<126.0 ng/ml	1			
<b>LDH</b>				
>194.5 U/L	3.05 (0.99–9.38)	0.052	6.19 (1.01–37.89)	0.049
≤194.5 U/L	1			
<b>Pro-GRP</b>				
>3,282.0 ng/L	14.82 (3.29–66.72)	0.000	16.32 (1.81–147.53)	0.013
≤3,282.0 ng/L	1			
<b>CYFRA21-1</b>				
>3.9 μg/ml	7.11 (1.82–27.79)	0.004	5.702 (1.088–29.880)	0.039
≤3.9 μg/ml	1			

HA, hyaluronic acid; pro-GRP, pro-gastrin-releasing peptide; CYFRA21-1, cytokeratin 19 fragment 21-1; LDH, lactate dehydrogenase; OR, odds ratio; CI, confidence interval.

HA, CD44, OPN, ALP, NSE, pro-GRP, LDH, CEA, and CYFRA21-1 were associated with BM, but SCC did not correlate to BM ( $p = 0.401$ ; **Table S3**). Univariate and multivariate logistic regression analyses were performed on clinical characteristics to

determine the predictors of BM. Univariate logistic regression analysis showed that baseline HA, CD44, OPN, ALP, LDH, CEA, NSE, CYFRA21-1, and pro-GRP were related to BM (all  $p < 0.05$ ). According to the results of multivariate logistic regression





analysis, baseline HA, LDH, CYFRA21-1, and pro-GRP were chosen as independent predictors of BM, after adjusted for ALP, baseline CD44, CEA, and NSE (Table 1).

### 3.2.3 Predictive Function of Biomarkers for BM Tested by ROC

Based on independent predictors, a predictive model was developed to predict the possibility of BM in newly diagnosed SCLC patients and validated by the ROC. The ROC revealed that HA, LDH, pro-GRP, and CYFRA21-1 were critical for the prediction of BM. The AUCs of HA, LDH, pro-GRP, and CYFRA21-1 were 0.76, 0.58, 0.73, and 0.75, respectively. Their sensitivity and specificity were 69.2% and 84.2%, 66.67% and 60.38%, 53.8% and 94.7%, and 82.35% and 64.15%, respectively. The AUC of their combination was 0.91, and the sensitivity and specificity were 100.0% and 71.15%, respectively (Figures 2Ba, b, d–f). The AUC, sensitivity, and specificity of their combination were much better than those of any single indicator.

### 3.2.4 Comparison of Diagnostic Efficacy of HA and OPN for Bone Metastasis

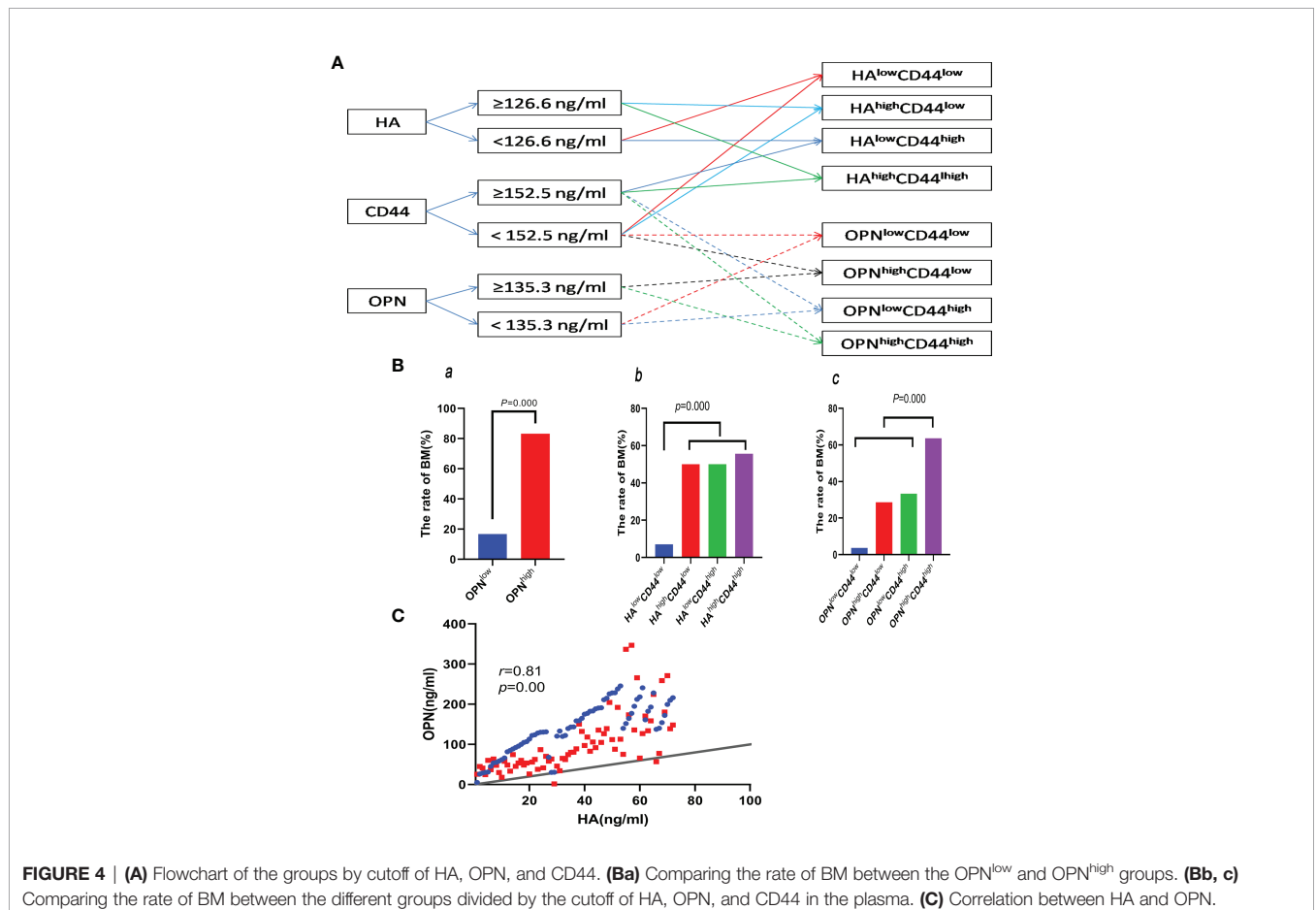
The AUC of OPN was 0.68, and its sensitivity and specificity were 83.33% and 55.56% (Figure 2Bc). The diagnostic efficacy of HA was better than that of the OPN, but there was no statistical difference in ROCs between OPN and HA (DeLong test,  $z = 1.483$ ;  $p = 0.138$ ).

### 3.2.5 Construction and Validation of a Nomogram

In order to construct a useful tool to predict BM, we plotted a nomogram on the basis of independent predictors (Figure 3A). In the internal validation, the C-index of the nomogram was 0.91 (95% CI: 0.840–0.97). Results showed that all calibration plots closely paralleled the reference prediction line. A departure from the ideal prediction was within an acceptable range when the rate was consistent with BM (Figure 3B). The decision curve analysis indicated good positive net benefits in the predictive model and satisfactory potential clinical effects of the predictive model (Figure 3C).

### 3.2.6 Connection of Baseline HA, OPN, and CD44 Correlates With BM

The optimal cutoff values of HA, OPN, and CD44 were 126.6, 135.3, and 152.5 ng/ml, respectively; the high group and low group were divided by their best cutoff values. Patients were grouped in the light of the flowchart (Figure 4A). The rate of BM in the OPN<sup>low</sup> group (16.7%) is lower than that in the OPN<sup>high</sup> group (83.3%), and the difference was statistically significant ( $p = 0.002$ ) (Figure 4Ba). The rate of BM in the HA<sup>low</sup>CD44<sup>low</sup> group (7.0%) is lower than that in the HA<sup>high</sup>CD44<sup>high</sup> group (55.6%), HA<sup>high</sup>CD44<sup>low</sup> group (50.0%), and HA<sup>low</sup>CD44<sup>high</sup> group (50.0%), respectively (Figure 4Bb). The rate of BM in the OPN<sup>high</sup>CD44<sup>high</sup> group was higher than that in the OPN<sup>low</sup>CD44<sup>high</sup> group (28.6%) and OPN<sup>high</sup>CD44<sup>low</sup> group



**FIGURE 4 | (A)** Flowchart of the groups by cutoff of HA, OPN, and CD44. **(Ba)** Comparing the rate of BM between the OPN<sup>low</sup> and OPN<sup>high</sup> groups. **(Bb, c)** Comparing the rate of BM between the different groups divided by the cutoff of HA, OPN, and CD44 in the plasma. **(C)** Correlation between HA and OPN.

(33.3%), but there was no statistical significance ( $p > 0.05$ ). The rate of BM in the OPN<sup>high</sup>CD44<sup>high</sup> group (63.6%) was higher than that in the other three groups (18.0%) ( $p < 0.05$ ) (**Figure 4Bc**). HA had a positive correlation with OPN ( $r = 0.81$ ,  $p = 0.00$ ) (**Figure 4C**).

### 3.2.7 Correlation With Baseline HA and Survival Rate

During the follow-up period, 65 of 72 patients were found with recurrence or metastasis and 55 of 72 patients died of cancer-related causes. Univariate Cox regression analysis was performed and showed that baseline HA was uncorrelated with OS [OR (95% CI) = 1.002 (0.998–1.006),  $p = 0.290$ ] and PFS [OR (95% CI) = 1.003 (0.999–1.006),  $p = 0.111$ ]. Baseline HA was not an independent risk factor of OS and PFS. The median overall survival (mOS) of the baseline HA<sup>low</sup> group (<126.0 ng/ml) was longer than that of the HA<sup>high</sup> group ( $\geq 126.0$  ng/ml) (12.7 vs. 10.10 m,  $p > 0.05$ ) (**Figure 2Ca**). However, there was no statistical significance. The median progression-free survival (mPFS) of the baseline HA<sup>low</sup> group was longer than that of the baseline HA<sup>high</sup> group (8.0 vs. 4.5 m,  $p < 0.05$ ), and there was statistical significance. The results showed that poor PFS was associated with baseline elevated HA (**Figure 2Cb**).

## 3.3 Dynamic Change of HA Was Associated With ORR and Survival Rate

### 3.3.1 Correlation With Dynamic Change of HA and ORR

After-2-cycle-chemotherapy (A-2-C-CT) HA was lower than baseline HA [80.21 (48.51–133.32) vs. 60.86 (36.24–79.40),  $p = 0.014$ ] (**Figure 5Aa**). The patients were divided into two groups by the dynamic change of HA, and the method was as follows: firstly, calculating the difference of baseline HA subtracted by A-

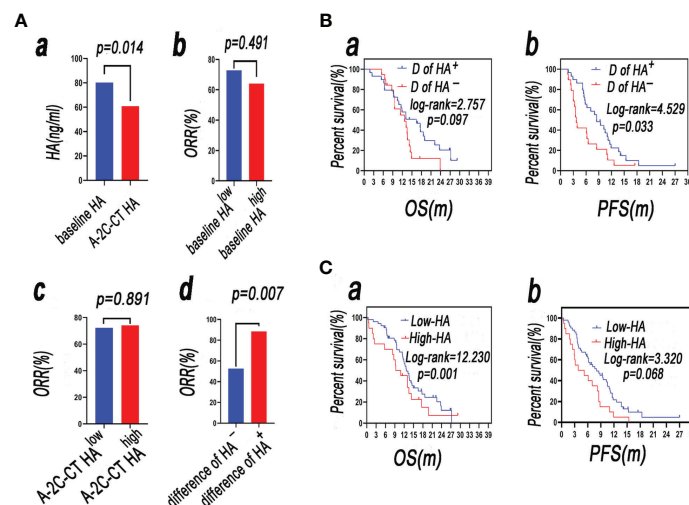
2-C-CT HA; secondly, determining if the difference of the patient is greater than or equal to 0; enrolling patients according to difference in the HA<sup>positive</sup> group (difference  $\geq 0$ ); and enrolling patients according to difference in the HA<sup>negative</sup> group (difference  $< 0$ ). The difference in ORR of the HA<sup>positive</sup> group was higher than that of the HA<sup>negative</sup> group (88.5% vs. 52.6%,  $p = 0.007$ ). The dynamic change of HA was correlated with clinical efficacy (**Figure 5Ad**). The ORR in the baseline HA<sup>low</sup> group was higher than that in the baseline HA<sup>high</sup> group (72.7% vs. 64.1%,  $p = 0.491$ ), but there was no statistical significance. The ORR in the A-2-C-CT HA<sup>low</sup> group was lower than that in the A-2-C-CT HA<sup>high</sup> group (72.2% vs. 74.1%,  $p = 0.891$ ). Baseline HA and A-2-C-CT HA were not correlated with clinical efficacy of the 2-cycle chemotherapy (**Figures 5Ab, c**).

### 3.3.2 Dynamic Alteration of HA and Survival Rate

Univariate analysis showed that the dynamic alteration of HA was not correlated to OS [OR (95% CI) = 1.758 (0.894–3.459),  $p = 0.102$ ] but correlated to PFS [OR (95% CI) = 1.915 (1.037–3.534),  $p = 0.038$ ]. Multivariate Cox regression analysis in the forward likelihood ratio showed that differences of HA, N stage, TNM stage, NSE, and CEA were chosen as independent predictors of PFS, adjusted by radiotherapy, pro-GRP, CYFRA21-1, IM, BM, LM, M stage, and VALG stage (**Table 2**).

### 3.3.3 Comparison of the Survival Rate of the Difference of the HA<sup>positive</sup> Group (Difference $\geq 0$ ) and the Difference of the HA<sup>negative</sup> Group (Difference $< 0$ )

Firstly, the difference of baseline HA subtracted by A-2-C-CT HA was calculated; secondly, the difference of the patient was determined if it was greater than or equal to 0; patients were



**FIGURE 5 | (Aa)** A-2-C-CT HA was lower than baseline HA ( $p < 0.05$ ); **(Ab)** the ORR in the baseline HA<sup>high</sup> group was higher than that in the baseline HA<sup>low</sup> group ( $p < 0.05$ ); **(Ac)** the ORR in the A-2-C-CT HA<sup>low</sup> group was lower than that in the A-2-C-CT HA<sup>high</sup> group ( $p > 0.05$ ); **(Ad)** the difference in ORR of the HA<sup>positive</sup> group was higher than that of the HA<sup>negative</sup> group ( $p < 0.05$ ). **(B)** Survival analysis of patients with SCLC in the group D of HA<sup>+</sup> and group D of HA<sup>-</sup> (**a**: OS, **b**: PFS). **(C)** Survival analysis of patients with SCLC in the A-2-C-CT HA<sup>low</sup> (named low-HA group) and A-2-C-CT HA<sup>high</sup> (named high-HA group) groups (**a**: OS, **b**: PFS).

**TABLE 2 |** Univariate and multivariate Cox regression analyses of variables considered for PFS of SCLC patients.

Parameters	Univariate analysis		Multivariate analysis	
	OR (95% CI)	p	OR (95% CI)	p
<b>D-O-HA</b>				
≥0	1.915 (1.037–3.534)	0.038	4.467 (1.883–10.595)	0.001
<0	1			
<b>N stage</b>				
≤2	2.592 (1.359–4.943)	0.004	2.616 (1.054–6.492)	0.038
>2	1			
<b>TNM stage</b>				
>3	8.173 (3.482–19.184)	0.000	6.519 (2.382–17.843)	0.000
≤3	1			
<b>NSE</b>	1.042 (1.017–1.068)	0.001	1.063 (1.019–1.108)	0.004
<b>CEA</b>	1.005 (1.001–1.009)	0.018	1.007 (1.002–1.012)	0.009

D-O-HA, difference of HA; CEA, carcinoembryonic antigen; NSE, plasma neuro-specific enolase; TNM stage, tumor–node–metastasis stage; OR, odds ratio; CI, confidence interval.

enrolled according to difference in the HA<sup>positive</sup> group (difference ≥ 0) (named group D of HA<sup>+</sup>); and the other patients were enrolled according to difference in the HA<sup>negative</sup> group (difference < 0) (named group D of HA<sup>-</sup>). Survival rate was analyzed by Kaplan–Meier analysis and compared by log-rank test. The mOS of group D of HA<sup>+</sup> is longer than that of group D of HA<sup>-</sup> (16.5 vs. 12.7 m, *p* > 0.05) (Figure 5Ba). The mPFS of group D of HA<sup>+</sup> is longer than that of group D of HA<sup>-</sup> (8.5 vs. 3.7 m), but there was no statistical significance (*p* < 0.05). The results showed that the difference of baseline HA subtracted by A-2-C-CT elevated HA was associated with PFS (Figure 5Bb).

### 3.4 Correlation With A-2-C-CT HA and Survival Rate

#### 3.4.1 Univariate and Multivariate Cox Regression Analyses of the Prognostic Factors for OS and PFS

Using OS as the endpoint, ROC analysis was performed to identify the optimal cutoff point of A-2-C-CT HA with the highest sensitivity and specificity. According to the optimal cutoff point (53.1 ng/ml), 48 cases were divided into the A-2-C-CT HA<sup>low</sup> (≤53.1 ng/ml) and A-2-C-CT HA<sup>high</sup> (>53.1 ng/ml) groups. Table S4 shows the relationship between A-2-C-CT

HA and various clinical characteristics. The clinicopathological data were compared between the two groups; results indicated that T stage, N stage, M stage, therapeutic segment (TS), pro-GRP, and BM were associated with A-2-C-CT HA (all *p* < 0.05); sex, age, smoking history, illness history, ECOG-PS, LM, clinical efficacy, adrenal metastasis (AM), CEA, NSE, SCC, CYFRA21-1, and IM were not associated with A-2-C-CT HA (all *p* > 0.05) (Table S4).

Univariate and multivariate Cox regression analyses were performed on clinical characteristics to determine the predictors of OS. Univariate analysis showed that the factors related to OS were A-2-C-CT HA, sex, N stage, M stage, VALG stage, LM, BM, IM, pro-GRP, and GYFRA21-1 (all *p* < 0.05); multivariate Cox regression analysis in the forward likelihood ratio showed that A-2-C-CT HA [OR (95% CI) = 1.010 (1.002–1.018), *p* = 0.009], sex [OR (95% CI) = 7.361 (1.199–45.171), *p* = 0.031], N stage [OR (95% CI) = 0.257 (0.084–0.782), *p* = 0.017], VALG stage [OR (95% CI) = 27.107 (6.553–112.139), *p* = 0.000], IM [OR (95% CI) = 5.451 (1.204–24.671), *p* = 0.028], pro-GRP [OR (95% CI) = 1.001 (1.000–1.001), *p* = 0.005], and CYFRA21-1 [OR (95% CI) = 1.001 (1.000–1.001), *p* = 0.018] were chosen as independent predictors of OS (Table 3). Univariate analysis

**TABLE 3 |** Univariate and multivariate Cox regression analyses of variables considered for OS of SCLC patients.

Parameters	Univariate analysis		Multivariate analysis	
	OR (95% CI)	p	OR (95% CI)	p
<b>A-2-C-CT HA</b>	2.668 (1.287–5.534)	0.008	1.010 (1.002–1.018)	0.009
<b>Sex</b>	3.388 (1.033–11.105)	0.044	7.361 (1.199–45.171)	0.031
<b>N stage</b>				
≤2	2.475 (1.278–4.794)	0.007	0.257 (0.084–0.782)	0.017
>2	1			
<b>VALG stage</b>				
Extensive	11.222 (4.420–28.493)	0.000	27.107 (6.553–112.139)	0.000
Limited	1			
<b>IM</b>				
Yes	8.053 (2.767–23.435)	0.000	5.451 (1.204–24.671)	0.028
No	1			
<b>Pro-GRP</b>	2.769 (1.349–5.685)	0.006	1.001 (1.000–1.001)	0.005
<b>CYFRA21-1</b>	2.120 (1.009–4.453)	0.047	1.566 (1.079–2.272)	0.018

A-2-C-CT HA, after-2-cycle-chemotherapy hyaluronic acid; pro-GRP, pro-gastrin-releasing peptide; CYFRA21-1, cytokeratin 19 fragment 21-1; VALG, Veterans Administration Lung Study Group; ECOG-PS, Eastern Cooperative Oncology Group performance status; LM, liver metastasis; BM, bone metastasis; IM, intracranial metastasis; OR, odds ratio; CI, confidence interval.



showed that the factors related to PFS were A-2-C-CT HA, TNM stage, NSE, M stage, N stage, VALG stage, LM, BM, IM, and radiotherapy ( $p < 0.05$ ). Multivariate Cox regression analysis in the forward likelihood ratio showed that A-2-C-CT HA [OR (95% CI) = 1.013 (1.005–1.020),  $p = 0.001$ ], TNM stage [OR (95% CI) = 8.215 (3.207–21.043),  $p = 0.000$ ], and NSE [OR (95% CI) = 1.061 (1.028–1.096),  $p = 0.000$ ] were chosen as independent predictors of PFS (Table 4).

### 3.4.2 Comparison of the Survival Rate of A-2-C-CT HA<sup>low</sup> and A-2-C-CT HA<sup>high</sup> Groups

Survival rate was analyzed by Kaplan–Meier analysis and compared by log-rank test. The mOS of the A-2-C-CT HA<sup>low</sup> (named low-HA group) group was longer than that of the A-2-C-CT HA<sup>high</sup> (named high-HA group) group (18.6 vs. 11.9 m,  $p < 0.05$ ) (Figure 5Ca). The mPFS of the low-HA group was longer than that of the high-HA group (10.2 vs. 5.4 m,  $p > 0.05$ ) (Figure 5Cb), but there was no statistical significance. The results showed that OS was associated with A-2-C-CT elevated HA.

## 4 DISCUSSION

HA is a ubiquitous component of the ECM, which is known to have essential roles in the growth, migration, and invasion of various cancers (17, 18). HA binding to CD44 plays an important role in regulating cell adhesion, migration, survival, and invasion, through activation of varied signaling pathways like Rho GTPases, Ras-MAPK, and PI3K/AKT pathways (18, 19, 29–33). On the other hand, interfering with the pathway of HA/CD44 can restrict the tumor growth and metastasis (34). El-Mezayen and colleagues suggested that ECM degeneration led to the increase of HA, through HA/CD44-activated downstream pathways, resulting in metastasis (35). We evaluated HA and CD44 in plasma and found that either baseline HA or CD44 or both were associated with BM. Through multivariate logistic regression analysis, we found that HA was an independent predictive factor of BM and shows that HA can predict BM in SCLC stably and reliably.

These results have important clinical significance, because diagnosing BM is still challenging in SCLC. Plasma HA detection is an easy and reproducible means to predict BM in SCLC, which is an important supplement in diagnosing BM in SCLC. In our study, the rate of BM in the HA<sup>high</sup>CD44<sup>high</sup>

group is higher than those of the HA<sup>high</sup>CD44<sup>low</sup> group, HA<sup>low</sup>CD44<sup>high</sup> group, and HA<sup>low</sup>CD44<sup>low</sup> group, respectively. So, we speculated that the HA/CD44 axis was associated with BM in SCLC.

However, HA is not the only ligand of CD44, and the role of CD44 in tumorigenesis is due to its binding to extracellular matrix components, including HA and OPN. Previous studies have reported that OPN secreted from tumor-associated cells increases CD44v6 expression in CR-CSCs by activating the Wnt/beta-catenin pathway, which promotes migration and metastasis (36). OPN was a valuable independent predictor of tumor metastasis and survival in osteosarcoma patients (37). OPN and CD44 overexpression correlated with BM in various cancers (14, 38, 39). OPN might be considered as a potential biomarker to BM diagnosis. Our research found that the diagnostic efficacy of HA was similar to that of OPN. Therefore, it was concluded that HA is an important predictor of BM in SCLC.

In addition, HA, LDH, CYFRA21-1, and pro-GRP were chosen as independent predictors of BM; however, compared with the single factor of pro-GRP, CYRAR21-1, LDH, and HA, we found that combining these biomarkers had higher sensitivity for predicting BM in SCLC. We built a nomogram to identify BM in SCLC to elevate diagnostic efficiency. It provided better discrimination ability than that of nomograms for the other biomarkers of BM (40–42). The prediction model that we have established is of significant help in minimizing patient risk by predicting SCLC with BM.

In the past years, several studies indicated that HA and CD44 could regulate the expression of drug transporters (43) and promote chemoresistance, leading to poor clinical efficacy in a wide spectrum of tumor cell types (44, 45). Wang showed that HA mediated the formation of a complex including CD44 and the epidermal growth factor receptor (EGFR) played major roles in chemoresistance in head and neck squamous cell carcinoma (HNSCC) (45, 46). HA production in ovarian cancer cells was increased in cancer tissues collected following chemotherapy treatment and at recurrence. Furthermore, HA treatment significantly increased the expression of the ATP-binding cassette (ABC) drug transporters (ABCB3, ABCC1, ABCC2, and ABCC3), but only in ovarian cancer cells expressing CD44 (47). In the present study, dynamic alteration of biomarkers after the 2-cycle chemotherapy plays a potential role in antitumor therapy lung cancer (48, 49). Similar to the results of our research, the dynamic change of HA was correlated with

**TABLE 4** | Univariate and multivariate Cox regression analyses of variables considered for PFS of SCLC patients.

Parameters	Univariate analysis		Multivariate analysis	
	OR (95% CI)	<i>p</i>	OR (95% CI)	<i>p</i>
<b>A-2-C-CT HA</b>	1.007 (1.002–1.013)	0.008	1.013 (1.005–1.020)	0.001
<b>TNM stage</b>				
>3	8.173 (3.482–19.184)	0.000	8.215 (3.207–21.043)	0.000
≤3	1			
<b>NSE</b>	1.042 (1.017–1.068)	0.001	1.061 (1.028–1.096)	0.000

A-2-C-CT HA, after-2-cycle-chemotherapy hyaluronic acid; NSE, plasma neurospecific enolase; OR, odds ratio; CI, confidence interval.

clinical efficacy, predicting poor therapeutic response. Detecting the alteration of HA has important clinical significance in SCLC. Because SCLC is sensitive to chemotherapy in the early stage, however, after a 4-cycle-chemotherapy, most cases display chemotherapy resistance and eventually lead to disease progression or recurrence (50). Moreover, as soon as progression or recurrence occurs, we should change therapeutic regimens and re-evaluate the prognosis. In the clinic, alteration of HA may be a powerful tool to test the curative effect and direct doctors to adjust the treatment plan.

Despite decades of basic and clinical research, little progress has been made in finding the predictors of poor outcome in SCLC. HA and its major cell surface receptor, CD44, have been suggested to be important cellular mediators influencing prognosis in several malignant tumors. HA/CD44 interactions with bone morphogenetic protein (BMP) promote BMP4/7-dependent Id1/3 protein expression in melanoma, contributing to reduced survival in melanoma patients (51). Other previous studies reported that HA was a meaningful biomarker for prognosis of various solid tumors (50, 52–54). In our study, results showed the same trend. A-2-C-CT HA was an independent predictive factor of PFS and OS. However, Corte and colleagues reported that a significant association between HA intratumoral levels and relapse-free survival and overall survival in the overall group of patients was not found (55). There are some potential discrepancies between the results of this study and those of the mentioned study, including sample size, histological types, detection method, and testing conditions. The specific mechanism remains unclear and needs to be explored by cell- and animal-based experiments. In summary, A-2-C-CT HA has great significance in the clinic, to predict the survival rate of SCLC.

## 4.1 Limitation

Some limitations of this study should be addressed. First, the sample size of this study was small and may be prone to bias. A multicenter study with a larger sample size is needed to verify the results. Secondly, with a long inclusion period (3 years), a time-trend bias was unavoidable. We tried to limit the possibility of missing information by combining physical and electronic medical charts to obtain quality data and a vigorous analysis of outcomes.

## 5 CONCLUSIONS

Our study also provides that baseline HA can be used as an independent predictive factor for BM. Furthermore, the correlation between dynamic alteration of HA and chemotherapy response suggests the clinical value of plasma HA levels as a simple, accurate, and economic treatment

monitoring marker which may improve the management of SCLC patients. The level of A-2-C-CT HA may be a novel, minimally invasive, and cost-effective prognostic marker in SCLC. However, the specific molecular mechanisms in SCLC are unclear, and we will try to elucidate the more specific molecular mechanism in this research field.

## DATA AVAILABILITY STATEMENT

The raw data supporting the conclusions of this article will be made available by the authors, without undue reservation.

## ETHICS STATEMENT

The studies involving human participants were reviewed and approved by Capital Medical University Beijing Chest Hospital, ethics committee. The patients/participants provided their written informed consent to participate in this study.

## AUTHOR CONTRIBUTIONS

Conception and design: TZ, WL, and BL. Administrative support: BL. Provision of study materials or patients: CZ, ZZ, LZ, YL, and YG. Collection and assembly of data: XH, LZ, and YW. Data analysis and interpretation: CZ, TZ, WL, and BL. Manuscript writing: all authors. Final approval of the manuscript: all authors.

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## SUPPLEMENTARY MATERIAL

The Supplementary Material for this article can be found online at: <https://www.frontiersin.org/articles/10.3389/fendo.2021.785192/full#supplementary-material>

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