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# Toward an adaptive learning assessment pathway

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The purpose of this study is to investigate how an adaptive assessment pathway can contribute to promoting personalized learning and improving access to education for all learners, regardless of their individual learning styles, paces, or needs. The study suggests a personalized learning assessment plan incorporating differentiated pedagogy and Universal Design for Learning (UDL). We conduct the experiment using the Moodle platform, taking advantage of Information and Communication Technologies (ICT) to reach a larger number of learners. The research used a mixed methodology to qualitatively analyze traditional learning assessment pathway's impact on learning outcomes. While the results show a significant improvement in learning outcomes (88.9% improvement in Text study, 50% in Language activity, 55.6% in Writing, 80.6% in Total Control, and 77.8% in Oral production), the study also highlights the need for further research into the mechanisms, strategies, tools, approaches, issues, and future prospects associated with learning assessment.

#### KEYWORDS

adaptive learning, differentiated teaching, skills assessment, TIC, UDL

# **1** Introduction

Despite many years of schooling, in 2017 UNESCO declared a major problem in learning acquisition: 617 million learners are unable to acquire basic reading and mathematical skills, and the phenomenon of school wastage affects 40% of primary school learners with special needs, a percentage that rises to 55% at secondary level (Banes et al., 2020). This has necessitated the search for various approaches and means to optimize learning. In this respect the GEM report (Global Entrepreneurship Monitor, 2013) highlighted the important role of technology in improving the quality of learning. However, the impact of technology on education in terms of equity and inclusion varies considerably. Therefore, the GEM report highlighted the need for a balanced approach to integrating technology into education. The Global Monitoring Report on Education therefore emphasized two key points. The first is to guide education systems to prioritize the interests of learners. The second is to use digital technologies to foster human interaction. In the field of inclusive education, it is crucial to diversify information representation methods to meet the variety of learners' needs and preferences (Almumen, 2020). Given that conventional approaches have demonstrated limitations in terms of teaching effectiveness and skills acquisition, the (Smale-Jacobse et al., 2019) study focuses on differentiated teaching as a critique of the pedagogical uniformity of conventional methods, and also as a path toward inclusive education that values and recognizes the diversity of learners (Bondie et al., 2019). Highlighting the potential of differentiated pedagogy to personalize teaching according to learners' needs, this study calls for further, more rigorous studies to assess the effectiveness of differentiation and to address the limitations of one-size-fits-all teaching methods. According to (Cook and Rao, 2018; García-Campos et al., 2020; Odier-Guedj et al., 2023), the inclusive educational environment is characterized by broad pedagogical differentiation and a universal

conception of learning, which converges with the idea of (Rogers-Shaw et al., 2018). This study focuses on the application of different approaches simultaneously to provide an effective learning environment, with the aim of proposing alternatives for the perception and comprehension of information. According to (Rogers-Shaw et al., 2018), learners can access information presented through visual, auditory or interactive media, in a way that respects their learning pace. Therefore, it is crucial to adapt pedagogical content to respect learners' diversity, and this presents a challenge that has emerged through studies that are interested in evaluating learners fairly.

# 2 Literature review

# 2.1 The importance of evaluation models for inclusive education

Skills assessment is a fundamental pillar of inclusive education. Many researchers emphasize that the diversity of learner profiles, in terms of needs, learning styles and abilities, must be at the heart of pedagogical practices (Banes et al., 2020). The Universal Design for Learning (UDL) approach is based on principles that aim to eliminate barriers to learning by adopting a variety of strategies and tools. In particular, it stresses the importance of diversifying resources and pedagogical approaches to ensure equitable access to educational content (Hehir, 2002). Meanwhile, differentiated pedagogy focuses on adapting assessment methods to individual needs, taking into account the initial skills and specific goals of each learner (Wormeli, 2023; Van Geel et al., 2019). However, although both approaches are recognized as essential levers for inclusive education, few works integrate these models into a unified framework (Delaney and Hata, 2020; Kusumaningsih, 2021).

# 2.2 The role of digital platforms in skills assessment

Digital platforms, particularly Learning Management Systems (LMS), offer powerful tools for adapting and personalizing assessment. Moodle, as a widely adopted open source platform, stands out for its functionalities aligned with the principles of UDL and differentiated pedagogy. Indeed, several studies have shown that Moodle improves learner satisfaction, performance and engagement thanks to its collaborative tools and pedagogical adaptation options (Gamage et al., 2022; Kaiss et al., 2023; Safsouf et al., 2020; Yilmaz, 2022; Evardo Jr and Itaas, 2024). In particular, Moodle enables:

- Course adaptability: thanks to built-in algorithms and access restrictions, the platform offers differentiated assessments based on learner performance (Babo et al., 2020).
- A diversity of assessment formats: text, video, images and other media to suit individual learner preferences, in line with UDL principles (Alves et al., 2013).
- Pedagogical data management: facilitating progress monitoring and personalized feedback (Kennel et al., 2021).

However, although Moodle is frequently highlighted for its advantages, it is important to point out that other LMSs also have

similar functionalities. A comparative exploration could help confirm whether the results observed in this study are generalizable to other technological contexts. Despite the many studies highlighting the benefits of LMSs, several gaps remain. Research often focuses on the overall impact of platforms on learner performance and engagement, without examining in detail the assessment models they offer. In addition, the use of Moodle for scenarios combining UDL and differentiated pedagogy remains little explored, although preliminary work (Al-Azawei et al., 2017) recommends developing integrated experimental approaches. Furthermore, the evaluation approaches adopted in these studies do not systematically address how the results could be replicated or adapted to other LMSs. This gap raises the need for comparative research to evaluate the effectiveness of similar models on a variety of platforms.

# 3 Methodology

# 3.1 Research design

This study adopts a mixed research methodology, combining a quantitative and qualitative approach, with the aim of examining the effectiveness of an adaptive pathway in skills assessment. This pathway simultaneously integrates the principles of Universal Design for Learning (UDL) and those of differentiated pedagogy, and implemented via the Moodle platform. The aim is to determine the impact of this integrated approach on improving learning outcomes, based on feedback from participants.

# 3.2 Sample and data collection

This study carried out on a population of 36 learners from the same 2nd year baccalaureate class in physical sciences, more precisely during the teaching of two different modules of the French course. The selection of this class as the experimental sample motivated by the following reasons:

- Accessibility and feasibility: The pupils in this class were available to participate regularly in the experimental sessions of the study, which facilitated the collection of consistent data over a defined period.
- Controlled homogeneity: Selection focused on a single stream to minimize the effects of confounding variables such as main language of study or level in French, while ensuring a certain homogeneity in academic profiles.
- Alignment with the research objective: The study's target population corresponds to learners in bilingual training, with a particular focus on Physical Sciences. This justifies the choice of a group where mastery of French is a key factor in the evaluation of educational outcomes. Although limited to a single class, the sample designed to meet the following criteria, thus reinforcing its representativeness to the target population:
- Sample size: With 36 participants, the sample exceeds the generally recommended threshold of 30 to ensure minimum statistical validity (central limit theorem). This enables reliable statistical tests to be applied, while making the conclusions generalizable with a reasonable degree of certainty.

• Sampling method: The sample drawn on a random basis from eligible students in the Physical Sciences stream. Although logistical constraints limited the sampling to a particular high school, this choice reflects the relative diversity of learners in a typical educational environment.

The choice to focus on an experimental sample based on the need to control external variables that may influence the results, while directly assessing the impact of the educational intervention within a well-defined framework. This strategy maximizes the internal validity of the study, which is essential for meeting the research objectives.

In short, the methodology adopted for the selection and description of the sample guarantees a solid basis for the statistical analyses and the inferences drawn from them, while taking into account the practical constraints inherent in experimental research in a school setting.

### 3.3 Phases of the research

These phases reflect a structured methodological progression, from the observation of the limits of traditional approaches to the design, implementation and evaluation of an innovative solution.

### 3.3.1 Phase 1: classic skills assessment path

### 3.3.1.1 Objective

To examine the limitations of traditional skills assessment methods (diagnostic, formative and summative).

### 3.3.1.2 Measure

- Application of traditional assessment methods to a course module.
- Analysis of associated constraints, such as teacher workload, lack of personalized follow-up and difficulty in providing appropriate feedback.

### 3.3.1.3 Expected results

Identification of needs for more efficient data management and greater personalization of learning.

# 3.3.2 Phase 2: adaptive approach proposed for skills assessment

### 3.3.2.1 Objective

Integrate adaptive assessment combining the principles of Universal Design for Learning (UDL) and differentiated pedagogy to meet individual learner needs.

### 3.3.2.2 Measure

- Development of a structured three-stage approach: Sequencing, Multimedia, and Evaluation.
- Implementation of performance thresholds for automatic orientation of learners to different levels [beginner (B), intermediate (I), advanced (A)]. Figure 1 illustrates the logic for assigning levels to learners. Tables 1 and 2 specify the conditions of access to activities adapted to each level.

• Use of Moodle tools to manage adaptive learning paths and interactive plugins (H5P, LevelUp) to enhance motivation and engagement.

### 3.3.2.3 Expected results

Propose a flexible, personalized assessment model that corrects the shortcomings of conventional approaches.

# 3.3.3 Phase 3: analysis and interpretation of results

### 3.3.3.1 Objective

To evaluate the effectiveness of the adaptive approach and compare its results with those of conventional assessment.

### 3.3.3.2 Measure

- Analysis of learners' performance before and after the intervention.
- Application of adapted statistical tests to measure significant differences and validate research hypotheses.

### 3.3.3.3 Expected results

Validation of the potential of adaptive assessment to improve student learning and engagement.

# 3.4 Justification for the choice of statistical tests

The choice of statistical tests in this study based on methodological considerations designed to guarantee the validity and reliability of the analyses, while respecting the characteristics of the data collected. Each test used was selected according to specific criteria, including data distribution, sample size and the type of comparison envisaged.

For variables whose distribution is not suitable for normality (written and oral production), use of the Wilcoxon signed ranks test is justified. This non-parametric test is particularly suitable when:

- The sample size is limited or moderate and the normality assumption is not met.
- The data are matched (comparison between a pre-test and a post-test for the same individuals).
- The scale of the data is at least ordinal, which is the case here where performance is recorded on scales that can be classified but not necessarily at intervals.
- The Wilcoxon test, unlike parametric tests such as the t-test, does not rely on strict assumptions about the distribution of the data. It relies on the ranking of differences between pairs of measurements, enabling the detection of significant variations in conditions where parametric methods could lead to biased conclusions.

The Student's t-test was used for variables meeting the normality hypothesis (text study, language activity and global control). This parametric test is preferred in these cases because of its superior power, which enables even modest differences between two means to be detected. Its robustness, combined with the applicability confirmed by normality tests, makes it an ideal tool for analyzing the effects of intervention on these variables.



This combination of parametric and non-parametric tests in the analysis reflects a hybrid methodological approach that adapts to the diversity of the data. It guarantees:

- Greater precision: Each type of data is treated appropriately, minimizing analytical bias.
- Comparability: results obtained using different tests remain consistent and interpretable within a global approach.
- Scientific rigor: By using tests adapted to the specific characteristics of the variables, the study avoids the methodological errors associated with the uniform application of inappropriate tests.

In short, adopting this mixed-methods approach makes the most of available data and ensures that conclusions about the effectiveness of educational intervention are scientifically sound and statistically solid.

# 4 Results analysis

We used various data collection tools on Moodle, with a particular focus on the notebook. We used Microsoft Excel for data processing and SPSS for statistical analysis of the data. Table 3 shows the Moodle grade book, detailing the data named "Moodle Control - Pre-Test," which represents the grades obtained by participants during the classic skills assessment path, more precisely, the grades obtained at the end of the first module. The data named "Moodle Control - Post Test," on the other hand, reflect the marks obtained by participants during the adaptive skills assessment path, more specifically the marks obtained at the end of the second module. We used descriptive statistics to extract the characteristics of our sample in the pre-test and post-test measures. The results show a trend where the averages of all the post-test assessment items exceed those of the pre-test, with the exception of the 'language activity' item. This result suggests a positive impact of our pedagogical approach on learners' performance. To scientifically

TABLE 1 Threshold linked to the score obtained in a diagnostic test or support activity.

Activity level	Conditions of access to this level
Advanced Level (A)	Score≥75%
Intermediate Level (I)	50% = <score 75%<="" <="" td=""></score>
Beginner Level (B)	Score < 50%

support this preliminary hypothesis, we used inferential statistical significance tests. With a sample of 36 learners, considered sufficiently large (n > 30), the normality test can be neglected without significant consequences, in accordance with the central limit theorem. However, for the sake of scientific rigor, normality tests were carried out. We used the Kolmogorov–Smirnov (K-S) test and the Shapiro–Wilk test simultaneously in SPSS software. For the normality test, the null hypothesis (H0) is formulated as follows: 'The sample follows a normal distribution'. If the test result is not significant (*p*-value (Sig.) > 0.05), we accept the null hypothesis. However, the alternative hypothesis (H1) is formulated as follows: 'The sample does not follow a normal distribution'': "The sample does not follow a normal distribution.'' If the test result is significant (*p*-value (Sig.) < 0.05), we reject the null hypothesis in favor of the alternative hypothesis.

The differences between the pre-test and post-test assessments for 'text study', 'language activity' and 'total control' follow a normal distribution, while those for 'written production' and 'oral production' do not conform to a normal distribution. A common research question is to determine whether two groups of independent, matched samples differ from each other. Student's t-test is widely used to compare the means of two independent or matched groups. However, when the samples to be compared are not normally distributed, as is the case for written and oral production data, the Wilcoxon test is recommended as an alternative to the Student's t test. The results show a highly significant difference (p < 0.01) for text study and total control, demonstrating the effectiveness of the teaching intervention. Written and oral production also showed a significant (p < 0.05), despite the need to use a non-configured test. However, language activity showed no significant difference (p > 0.05), indicating that the intervention had no impact in this area.

# **5** Discussion

This research aims to facilitate the skills assessment process, by adopting a more personalized approach. The study implemented an adaptive assessment path, aligned with the principles of differentiated pedagogy, and those of universal design for learning. The experiment was carried out with 36 s-year Baccalaureate students. The percentages of improvement and non-improvement were calculated from the differences between the pre-and post-test scores in five categories. If the difference was positive, this indicated improvement, if not, no improvement. The results show that 88.9%

TABLE 2 Threshold linked to the score obtained in a previous activity (activity n-1).

Activity(n) level	Conditions of access to this level
Advanced Level (A)	<ul> <li>Score≥50% in Activity (n-1) Advanced level (A) OR</li> <li>Score≥75% in Activity (n-1) Advanced level (M)</li> </ul>
Intermediate Level (I)	<ul> <li>Score &lt; 50% in Activity (n-1) Advanced level (A) OR</li> <li>Score between 50 and 75% in Activity (n-1) Advanced level (M) OR</li> <li>Score≥75% in Activity (n-1) Advanced level (B)</li> </ul>
Beginner Level (B)	<ul> <li>Score &lt; 50% in Activity (n-1) Advanced level (M) OR</li> <li>Score between 50 and 75% in Activity (n-1) Advanced level (B) OR</li> <li>Score &lt; 50% in Activity (n-1) Advanced level (B)</li> </ul>

Participants	Moodle Control – Pre Test				Moodle Control – Post Test					
	Text study/5	Language activity/5	Writing/10	Total Control/20	Oral production /20	Text study/5	Language activity/5	Writing/10	Total Control/20	Oral production /20
1	3,25	3,75	6,00	13,00	13,00	5,00	5,00	5,50	15,25	18,00
2	4,25	4,75	9,50	18,50	17,00	4,75	4,50	10,00	19,00	16,00
3	3,25	4,75	9,50	17,50	17,00	5,00	5,00	9,50	19,25	19,50
4	4,50	3,75	7,00	15,25	15,00	4,25	3,75	9,50	17,25	17,50
5	4,00	4,00	8,00	16,00	17,00	3,25	2,25	6,50	12,00	18,50
6	3,50	4,50	7,50	15,50	16,00	4,50	3,25	9,00	16,75	18,50
7	3,50	3,75	7,00	14,25	13,00	5,00	4,00	8,50	17,50	18,00
8	4,00	3,75	8,00	15,75	14,00	5,00	4,75	8,00	17,75	17,50
9	2,00	4,75	8,50	15,25	13,00	3,50	3,00	8,50	14,75	9,00
10	1,50	3,75	8,00	13,25	14,00	4,50	4,75	6,00	15,25	17,25
11	3,25	4,50	7,50	15,25	14,00	4,75	4,00	8,50	17,25	17,75
12	3,25	3,50	7,50	14,25	17,00	4,50	4,25	8,50	17,25	17,50
13	2,00	4,25	0,00	6,25	13,00	3,75	3,50	7,50	14,75	16,00
14	4,00	4,75	6,50	15,25	15,00	3,50	4,00	9,00	16,50	16,25
15	4,25	3,75	10,00	18,00	17,00	5,00	4,75	9,00	18,75	19,50
16	4,00	3,75	8,50	16,25	17,00	5,00	5,00	9,00	19,00	18,00
17	3,25	4,75	8,00	16,00	16,00	5,00	4,00	8,00	17,00	15,00
18	1,25	3,75	6,50	11,50	13,00	4,00	4,00	8,50	16,50	10,00
19	2,50	3,75	6,00	12,25	12,00	3,50	1,00	6,00	10,50	10,00
20	1,50	3,50	7,00	12,00	14,00	3,75	2,25	7,50	13,50	17,50
21	3,25	3,25	6,00	12,50	17,00	5,00	4,50	9,00	18,50	15,00
22	2,25	3,50	9,00	14,75	17,00	5,00	4,75	9,50	19,25	17,50
23	1,75	3,75	6,50	12,00	12,00	4,00	3,25	6,00	13,25	10,00
24	3,25	3,75	8,00	15,00	13,00	4,75	4,25	6,50	15,50	15,00
25	4,50	4,75	7,00	16,25	13,00	5,00	4,75	6,50	16,25	17,50
26	2,50	3,25	7,00	12,75	14,00	3,25	4,25	8,25	15,75	17,00
27	4,25	4,25	9,50	18,00	17,00	4,75	4,00	9,00	17,75	18,00
28	4,50	4,75	0,00	9,25	17,00	5,00	2,75	7,00	14,75	17,50
										(Continued)

	tion		_	10		_	_	-	
	Ora produc /20	15,00	16,00	17,25	18,50	19,00	15,50	11,00	17,00
st Test	Total Control/20	16,75	14,00	15,75	15,75	16,00	17,00	16,00	14,50
le Control – Po	Writing/10	9,00	5,50	9,50	6,50	7,50	9,00	8,00	7,50
Mood	Language activity/5	3,75	3,75	3,25	4,75	3,75	4,75	4,25	3,00
	Text study/5	4,00	4,75	3,25	4,50	5,00	3,50	3,75	4,00
	Oral production /20	14,00	13,00	12,00	14,00	16,00	13,00	13,00	14,00
e Test	Total Control/20	14,25	15,50	11,25	12,25	17,25	13,75	14,25	14,00
lle Control – Pr	Writing/10	8,00	7,00	7,00	7,00	8,50	6,50	7,00	7,00
Mood	Language activity/5	3,50	4,50	1,50	3,25	4,75	3,75	3,75	3,75
	Text study/5	2,75	4,00	2,75	2,00	4,00	3,50	3,50	3,25
Participants	Participants		30	31	32	33	34	35	36

TABLE 3 (Continued)

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of participants improved their Text study, 80.6% their Total Control, and 77.8% their Oral Production. On the other hand, the improvement was more modest for Language activity (50%) and Writing (55.6%). The approach adopted in the experiment yielded significant results: this integrated approach improved the accuracy with which skills acquisition was measured, highlighting each learner's strengths and weaknesses. The approach also makes it possible to adjust assessments to precisely match the specific skills and profiles of each learner. The proposed model has helped to minimize the systemic banknotes often associated with uniform, conventional assessment. The method adopted has proven its effectiveness in alignment with previous findings (Hermino and Arifin, 2020; Shemshack and Spector, 2020). These researchers found that personalizing learning strategies leads to improved academic performance, highlighting the results of our approach. The study illustrates its ability to minimize the biases inherent in the classic assessment process, in alignment with the arguments presented in the study by Loosli (2016) and Endrizzi and Rey (2008). These researchers have revealed the need to improve skills assessment methods, with the aim of overcoming the rigidity of the conventional process. The relevance of our approach also aligns with the study by Cattan (2020), which explores the optimization of learning through adaptability. Our approach optimizes all three types of assessment: Diagnostic assessment, formative assessment and summative assessment. For diagnostic assessment: Moodle performs an algorithmic allocation of learning activities to learners based on an analysis of their academic performance in the diagnostic test. This systematic methodology makes it possible to plan personalized learning, grouping learners according to homogeneous levels of competence for each activity. For formative assessment, Moodle's classification algorithms dynamically adapt the individual learning path by interpreting data on learner performance and interactions. This method offers an adjusted learning path, specifically designed for each learner. With regard to summative assessment, the approach used reduces the time spent on key teacher tasks: firstly, the approach minimizes the time allocated to printing tests, which is beneficial from an ecological point of view. Secondly, the automation of marking guarantees fairness and facilitates the provision of feedback, once the students' answers have been submitted to the Moodle platform. As a learning management system, Moodle offers reliable storage and management of assessment activities. This ensures that every submission is secure and traceable, with the aim of maintaining academic integrity. As a result, the proposed adaptive process has not only optimized teachers' efficiency in relation to assessments, but has also contributed to pedagogical equity, by ensuring that all learners are assessed fairly and in a way that is adapted to their specific needs (Galipeau, 2018). However, the risk of cheating in a digital environment remains a major concern. Students can access unauthorized resources and share answers with each other during assessments. To overcome this risk, reliable monitoring tools dedicated to learning in the digital environment are recommended. In analyzing student scores, it is worth noting that, despite a general trend toward improvement thanks to the application of adaptive assessment methods, disparities were observed. Based on variations in learner progress, some learners showed steady improvement across various skill areas. Others showed fluctuations or no progress at all. These disparities can be explained by a few intrinsic and

extrinsic factors, such as learner motivation, since some research suggests that motivation plays a crucial role in learner success. On the other hand, the learning environment, the quality of pedagogical interaction and the social climate are factors that can impact learning outcomes (Miletić et al., 2024). It is in this sense that consideration of these different factors can further refine assessment strategies, while aiming to maximize the inclusion of all learners (Ayan, 2015). The results of our study show that individual learning methods (Chang et al., 2022) or access to adequate educational resources (Li, 2016) vary significantly among learners. Detailed examination of the results by category also reveals that some skills are better integrated than others. Notably superior performance in written and oral production in line with Hoang and Ngoc's observations (Hoang and Ngoc, 2021), which suggest that mastery of communication skills is higher than other skills. Whereas weaker results in text analysis, may require a reassessment of pedagogical strategies, or consideration of aids to determining appropriate learning styles. This highlights the need to rethink diagnostic assessment to take account of students' preferences and learning styles, and to rationalize access to resources. The results of this study open the way to designing a more refined and holistic skills assessment process, enabling pedagogical methods to be adjusted in a more targeted way.

# 6 Conclusion

The aim of this study was to examine the impact of the synergistic integration of differentiated pedagogy and Universal Design for Learning (UDL), on the improvement of assessment methods, within an e-learning platform (Moodle LMS). Adopting a mixed research methodology, combining a quantitative and qualitative approach, we examined the effectiveness of an adaptive pathway in skills assessment. The results showed that this integrated approach facilitates a more personalized assessment of skills, enabling a better understanding of learners' individual needs. By tailoring assessments to each learner's skills, the adaptive pathway reduced the potential biases inherent in uniform assessment for all learners. However, despite an overall improvement in performance, disparities were observed, underlining the importance of taking into account factors such as motivation and individual learning styles. Analysis of the results also revealed differences in the assimilation of skills, underlining the need to re-evaluate the pedagogical strategies employed. In conclusion, this research highlights the positive impact of an integrated approach to assessment on learners' learning, while underlining the importance of taking account of learners' individual needs and abilities in the assessment process. In perspective, the exploration of online motivational factors, specifically in various teaching contexts, and the proposal of a tool providing learning resources adapted to each learner, represent promising avenues for further enriching assessment methods and promoting a more effective and rewarding learning experience for all learners.

# 7 Recommendations

The results of this study lead to several strategic recommendations. Firstly, it is crucial to develop advanced digital

tools designed to adapt learning resources to the individual needs of learners, thus ensuring that the principle of Universal Design for Learning aligns with those of differentiated pedagogy. It is also recommended that researchers undertake longitudinal and replicative studies to consolidate our understanding of the long-term impact of our approach. Finally, we encourage studies on the challenge of professionalizing teachers in the face of learner diversity and changes in the world of education.

# Data availability statement

The datasets presented in this study can be found in online repositories. The names of the repository/repositories and accession number(s) can be found in the article/Supplementary material.

# **Ethics statement**

This study was carried out as part of an educational experiment with high school students belonging to the Regional Academy of Education and Training (AREF) in Rabat. A request for approval was submitted to the AREF in Rabat, and authorization was obtained before the experiment began. The study complied with the ethical guidelines governing research in the field of education, in particular with regard to the protection of students' personal data. The data collected (the grades obtained by students on the Moodle platform) were anonymized before being analyzed and published. No names, personal identifiers or any other information that could identify the participants were disclosed, thus guaranteeing confidentiality and the protection of their privacy.

### Author contributions

MM: Conceptualization, Formal analysis, Funding acquisition, Methodology, Project administration, Writing – original draft, Writing – review & editing. ME: Conceptualization, Visualization, Writing – original draft, Writing – review & editing. LL: Resources, Validation, Writing – original draft, Writing – review & editing. SF: Data curation, Visualization, Writing – original draft, Writing – review & editing. KM: Supervision, Visualization, Writing – original draft, Writing – review & editing.

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# Conflict of interest

The authors declare that the research was conducted in the absence of any commercial or financial relationships that could be construed as a potential conflict of interest.

# Publisher's note

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### Supplementary material

The Supplementary material for this article can be found online at: https://www.frontiersin.org/articles/10.3389/feduc.2025.1498233/ full#supplementary-material

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