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\*CORRESPONDENCE Lisa Erwin-Davidson ⊠ lerwin-davidson@fullerton.edu

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# Improving family engagement during implementation of IEP-aided AAC services: an interdisciplinary US-based perspective

#### Lisa Erwin-Davidson<sup>1</sup>\*, Aja McKee<sup>2</sup> and Erin O'Crowley<sup>3</sup>

<sup>1</sup>Department of Communication Sciences and Disorders, California State University Fullerton, Fullerton, CA, United States, <sup>2</sup>Department of Special Education, California State University Fullerton, Fullerton, CA, United States, <sup>3</sup>Department of Psychology, California State University Fullerton, Fullerton, CA, United States

All IEP team members should find statements pointing to where and when the aided AAC system and accessible learning tools will be used. Classroom-based and research supported AAC learning strategies and teaching practices should be clearly listed, explained, and accessible to all team members. Aided AAC refers to a variety of communication tools that are portable and external to the body. Aided AAC ranges from paper-based picture communication cards, boards, binders, tablets, or digital smartphone applications to multifunctional/ high-tech devices offering synthesized and digitized speech. Aided AAC allows students with CCN/ESNs to access speech or writing using any body part capable of performing voluntary and independent movement. Many electronic/hightech aided AAC systems can store thousands of multilingual words, allowing seamless communication between home and school. Students with CCN/ESNs can also use hightech aided AAC with native keyboards as "alternative pencils" to practice spelling and early writing, thus allowing equitable academic access and opportunities to make progress on emergent literacy skills. High-tech/digital-aided AAC allows for the maturation of linguistic specificity and fuller participation in daily routines required for academic success. It is critical for students with CCN/ ESNs to use high-tech aided AAC with ample vocabulary storage to increase opportunities for self-generation of complex and decontextualized messages for varied social interactions. Additionally, digital device platforms (e.g., iPads, other tablets, Smartphones) offer multiple.

#### KEYWORDS

augmentative and alternative communication (AAC), families, individualized education program (IEP), special educators, complex communication needs (CCN), extensive support needs (ESN), speech language pathologist (SLP), interdisciplinary

#### Introduction

The individualized educational program (IEP) is a foundational aspect of special education, playing a critical role for students with complex communication and extensive support needs (CCN/ESN). The requirement of families to be an integral part of the planning and implementation of the IEP has existed since the federal enactment of Public Law 94-142 in 1975 (Lusthaus et al., 1981; McAfee and Vergason, 1979; Yoshida et al., 1978). In turn, the advancement of assistive technology over the last 50 years, particularly portable/mobile technology (Light et al., 2019), has outpaced many families' and educators' knowledge and

skills on how to implement assistive technology to maximize a child's spoken and written communication for daily classroom learning (Quinn et al., 2023a).

For children with CCN/ESNs who are unable to (a) communicate effectively through speech; (b) experiment with letter sounds and easily produce letter-sound correspondences; (c) combine words to generate independent thoughts, ideas, or opinions; (d) interact with others necessary for classroom learning; and (e) access standard curricular materials without adaptations, then the IEP becomes a crucial shared document between family and educators to explicitly detail how both parties will support the child's progress toward more precise communication (Koppenhaver and Williams, 2010).

Thus, as a legal document, the IEP should clearly outline classroom implementation strategies for aided and unaided AAC systems with examples of how multimodal communication will be utilized. Additionally, the IEP should document the instructional time the SLP and educators deem sufficient for explicit language-literacy instruction using aided AAC (Benson-Goldberg and Erickson, 2024). All IEP team members should find statements pointing to where and when the aided AAC system and accessible learning tools will be used. Classroom-based and research-supported AAC learning strategies and teaching practices (Quinn et al., 2023b; Taub et al., 2017) should be clearly listed, explained, and accessible to all team members.

#### Terms and definitions

Aided AAC refers to a variety of communication tools that are portable and external to the body. Aided AAC ranges from paperbased picture communication cards, boards, binders, tablets, or digital smartphone applications to multifunctional/high-tech devices offering synthesized and digitized speech. Aided AAC allows students with CCN/ESNs to access speech or writing using any body part capable of performing voluntary and independent movement. Many electronic/ high-tech aided AAC systems can store thousands of multilingual words, allowing seamless communication between home and school. Students with CCN/ESNs can also use high-tech aided AAC with native keyboards as "alternative pencils" to practice spelling and early writing, thus allowing equitable academic access and opportunities to make progress on emergent literacy skills (Benson-Goldberg and Erickson, 2024; Light et al., 2021; Light and Kent-Walsh, 2003).

High-tech/digital-aided AAC allows for the maturation of linguistic specificity and fuller participation in daily routines required for academic success. It is critical for students with CCN/ESNs to use high-tech aided AAC with ample vocabulary storage to increase opportunities for self-generation of complex and decontextualized messages for varied social interactions. Additionally, digital device platforms (e.g., iPads, other tablets, Smartphones) offer multiple ways to personalize message options by using photos, videos, and emoticons, supporting peer and sibling interactions. When students can incorporate relevant words, terms, and images, evidence shows it may motivate them to initiate and maintain social interactions (Godzicki et al., 2013; Hynan et al., 2015). Many electronic/digital AAC systems offer features for children, families, and professionals to safely connect to online social messaging communities (e.g., Facebook), online learning communities (e.g., the nonprofit AAC Academy), or sites that support artistic expression using aided AAC (e.g., Becky, BBC Scotland, Making Art using Eye-Gaze Technology).

Unaided AAC refers to communication that is part of the body, such as manual sign language, facial expressions, gestures, differentiated vocalizations, and verbalizations.

Multimodal communication (aided and unaided AAC) should be encouraged and honored in all interactions, but any communication method's success depends on sociocultural and contextual facilitators and barriers.

# Family and professional perspectives around IEPs and AAC

Despite numerous and historical recommendations for encouraging active parent participation in IEP services (Dabkowski, 2004), parents of students with CCN/ESN continue to report limited classroom placement opportunities, insufficient home-school collaboration, and negligible changes in goals or services when concerns are raised (Kurth et al., 2019). These barriers exist even though educators and speech-language pathologists (SLPs) recognize the benefits of parent participation and family-centered services. Numerous resources exist for helping these professionals run successful IEP meetings and fostering collaborative parent relationships (Diliberto and Brewer, 2012; Dixon, 2015; Smith and Krieg, 2022; Staples and Diliberto, 2010; Williams and Sánchez, 2013). However, evidence suggests that despite a desire for family-centered services for students with CCN/ESNs, there is a mismatch between the ideal and the reality due to family uniqueness, cultural differences, SLP scheduling, and high caseload demands (Mandak and Light, 2018).

Baker et al. (2016) highlight the need for schools to move away from disconnected surface solutions, such as inviting families to scheduled meetings, and instead focus on co-creating solutions for AAC implementation in classrooms. A research-supported conceptual model of family engagement (e.g., Garbacz et al., 2017) guides IEP teams to identify contextual variables, parent-childteacher-peer relationships, and intrinsic student factors that impact learning outcomes. Schools must establish transparent family engagement models that track progress over time, such as Family-Check-Ups with Motivational Interviewing, which have increased engagement across diverse cultural contexts (Garbacz et al., 2017; Herman et al., 2013).

A family engagement model is particularly relevant for families with multiple languages and cultural contexts. Schools should offer flexible meeting options, such as video conferencing or scheduled participation during daily routines, to allow families to share contextual stressors. These strategies may break down systemic and attitudinal barriers (Kim and Soto, 2024; Romano and Chun, 2018), prevent device abandonment (Moorcroft et al., 2021), and address gaps in knowledge and skills (Biggs and Hacker, 2021).

Families of young children who require aided AAC may experience emotional responses related to AAC use despite agreeing to its inclusion in the IEP. Unexpressed feelings of uncertainty around AAC operation, modeling, or misunderstandings about its purpose may lead to mismatched expectations between school and home. Therefore, it is critical for families and professionals to learn about AAC implementation together to ensure positive student outcomes (Gevarter et al., 2021).

# Barriers to AAC implementation in the IEP process

Families report facing challenges related to the implementation of aided AAC. In some situations, families were not informed about aided AAC (e.g., speech output devices or aided language applications on tablets) or were only informed about unaided AAC (e.g., basic sign language). In other situations, families were misinformed by educators and SLPs about the purpose of aided AAC. They heard persistent myths that negatively impacted a child's potential for learning language and literacy for school achievement (L. Erwin-Davidson, personal communication, 2021–2024). In addition, the following three key challenges were reported by families of children with CCN/ESNs:

- Zeitlin and Curcic (2014) found that out of 20 parents, most thought the IEP was not parent-friendly and used words such as "deficit-focused," "overwhelming," "meaningless," and "legalistic." Due to the perceived depersonalization of meetings, some parents did not refer back to the IEP document after their first IEP meeting, thereby missing important details about when and where aided AAC would be used, with whom, and for how much time per day.
- · Families of children with moderate-to-severe disabilities whose primary/home language was not English cited challenges to IEP collaboration and school engagement (Lo, 2019; Olivos et al., 2010; Rossetti et al., 2018) due to (a) difficulty understanding spoken language during IEP meetings and the inability to fully understand associated written documentation about parental legal rights and resources (Lo, 2014; Rossetti et al., 2018), (b) intermittent or inaccurate interpretations and translations during IEP meetings (Lo, 2008, 2012), (c) differing views on disability along with various cultural mismatches when recommending home use of aided AAC, creating cultural conflicts (Mindel and John, 2018), (d) misunderstandings around a child's ability to learn and use two languages on an aided AAC system (Yu, 2018), and (e) pervasive AAC myths that were not dispelled by SLPs and educators (Smith et al., 2016). Furthermore, families were not shown how to add their home language to AAC systems or told it was possible.
- Families were not told that ineffective communication could negatively impact their child's academic learning, the formation of peer relationships, or participation in life. These comments are problematic for children whose speech cannot meet their daily communication needs, whether due to a permanent (Ganz et al., 2017) or temporary (Elsahar et al., 2019) condition.

# Detailed recommendations and suggested solutions

An IEP should drive student achievement by clearly delineating team members' goals, roles, and responsibilities as

outlined in federal mandates (Cosier and Ashby, 2016). When families and professionals work together to dispel AAC myths and align on shared goals, trust is built, and AAC implementation becomes more effective (Ko et al., 2021). Schools can support family participation by offering flexible meeting options, sharing recorded classroom videos, or demonstrating AAC strategies remotely.

Equally important is the need to emphasize the student's strengths and interests (Cosier et al., 2016). Families often express more satisfaction with IEPs focusing on strengths rather than deficits (Esquivel et al., 2008). The following strategies can enhance familyprofessional collaboration:

#### Ways to foster and collaborate before the IEP and for planning aided AAC implementation

- Early communication: engage families 6–8 weeks before the IEP meeting to discuss goals and concerns (Diliberto and Brewer, 2012). Offer translation and interpretation services as needed.
- Clarify the IEP process: explain the IEP process clearly, especially for families new to the system. Provide clarity on what to expect from the meeting (Rossetti et al., 2018; Gershwin et al., 2023).
- Build relationships: establish positive partnerships by learning about the child's preferences and interests before the meeting (Zagona et al., 2019).
- Introduce the educational team: ensure that families meet and understand the roles of all staff involved with their child's education.
- Clarify AAC assessment and training: help families understand the AAC assessment process, including the roles of each team member. Offer ongoing training on AAC use and operational competence.
- Address internet connectivity issues: if internet connectivity is poor, resolve it before the IEP meeting to ensure the child can access assistive technology in adherence to federal mandates like the Americans with Disabilities Act (ADA).
- Regularly update the AAC plan: inform families about how and where their child will use AAC. Make updates to ensure features are appropriate for the child's developing academic and communication needs.
- Encourage family input: invite families to share their hopes and goals for their child and help translate these into IEP goals.
- Strength-based approach: encourage families to adopt a strengthbased approach, enhancing interactions with peers and fostering communication and learning opportunities.

# Ways to foster collaboration and family education post-IEP and during aided AAC implementation

- Regular AAC demonstrations: schedule regular AAC demonstrations, including role-playing opportunities, to help families become comfortable with AAC systems.
- Avoid compliance-based use: emphasize natural language modeling (e.g., aided language input) during child-centered

activities instead of focusing on compliance or accuracy of AAC button selections.

- Use video recordings: provide video clips of AAC use during classroom sessions to demonstrate functional use (Calder, 2022).
- Culturally relevant customization: conduct assessments to ensure the AAC system reflects the family's cultural context. Assist families in customizing AAC pages with images, phrases, or symbols that align with their culture and preferences.
- Family support: offer empathy to families and support them in understanding that AAC complements spoken communication, providing an additional method of expression, not replacing speech.

#### Discussion

Specific actions can be taken toward establishing a collaborative IEP-AAC implementation process. Over 30 years of research offers valuable insights into addressing IEP-AAC concerns when working with children with CCN/ESNs, such as conflict prevention and resolution practices (Mueller and Vick, 2018), family engagement and partnership solutions (Baker et al., 2016; Sweet et al., 2022), practice guidelines (Staples and Diliberto, 2010), and family-centered frameworks (Coburn et al., 2021). The SETT framework (Zabala, 2020) was designed as a capacity-building and family partnership model, helping students achieve communication and academic success.

When IEP team members recommend purchasing decisions for aided AAC systems and any associated mounting equipment, families and schools may benefit from hiring a neutral, third-party IEP meeting facilitator. These facilitators are skilled at promoting collaboration among families and professionals to develop meaningful IEPs that improve students' communication and learning outcomes. Facilitators may help establish meeting goals, set ground rules, create an environment conducive to collaboration, and manage seating placement or communication strategies to mitigate power imbalances. One study found that facilitated IEP meetings positively impacted meeting outcomes (Mueller and Vick, 2018).

## Conclusion

Addressing systemic barriers to implementing aided AAC in schools requires collaboration between educators, speech-language pathologists, and families. When school professionals provide families with precise, culturally and linguistically respectful guidelines for embedding aided AAC into family and school routines and offer regular hands-on learning opportunities, families of children with CCN/ESNs are more fully invested in their child's learning. The

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proposed solutions stem from the experiences of both families and school personnel, aiming to establish realistic IEP goals and successful IEP-AAC services. These recommendations for engaging families with children with CCN/ESNs in aided AAC assessment and home-school implementation are designed to motivate and support families and promote their children's academic achievement.

## Data availability statement

The original contributions presented in the study are included in the article/supplementary material, further inquiries can be directed to the corresponding author.

## Author contributions

LE-D: Conceptualization, Writing – original draft, Writing – review & editing. AM: Conceptualization, Writing – original draft, Writing – review & editing. EO'C: Writing – original draft.

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## **Conflict of interest**

The authors declare that the research was conducted in the absence of any commercial or financial relationships that could be construed as a potential conflict of interest.

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