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Analysis of the spatiotemporal mechanism of high temperature on residents' irritability in Beijing based on multiscale geographically weighted regression model

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The emotional health of urban residents is increasingly threatened by high temperatures due to global heating. However, how high temperature affects residents' emotional health remains unknown. Therefore, this study investigated the spatiotemporal pattern of temperature's impact on residents' irritability using data from summer high-temperature measurement and emotional health survey in Beijing, combined with remote sensing images and statistical yearbooks. In detail, this study formulated a multiscale geographically weighted regression (MGWR) model, to study the differentiated and spatial influence of high-temperature factors on emotion. Results show: From 09:00 to 20:00, irritability level rose first then gradually dropped, with a pattern of "aggregation-fragmentation-aggregation." Irritability is very sensitive to intercept and building density (BD). Other variables all have spatial heterogeneity [except for fraction vegetation coverage (FVC) or road network density (RND) as they are global variables], including normalized difference vegetation index (NDVI), water surface rate (WSR), floor area ratio (FAR), and Modified Normalized Difference Water Index (MNDWI) (sorted from the smallest to the largest in scale). Irritability is negatively correlated with NDVI, WSR, and RND, while positively correlated with intercept, MNDWI, FVC, FAR, and BD. Influence on irritability: WSR < NDVI < BD < MNDWI < RND < intercept < FVC < FAR.

KEYWORDS

influencing factors of thermal environment, hourly temperature, emotional health, irritability, multiscale geographically weighted regression, Beijing

Introduction

Global heating and continued urbanization have aggravated the urban heat island (UHI) effect and created health challenges to the public. Oxford English Dictionary recently added a new phrase “global heating.” According to the Oxford Monitor Corpus, the term “global heating” appeared nearly 15 times more frequently in the first half of 2021 than in the first half of 2018 (Simpson and Weiner, 1993). This word strengthens passive and mild terms such as “climate change” and “global warming” to express the seriousness of climate change caused by human activities and the urgency of solving such problem (World Meteorological Organization [WMO], 2021). In 2020, China’s urbanization level has reached 63.89%, and more natural landscapes have been replaced by impervious surfaces, and highly concentrated human activities have been changing the urban thermal environment (Yang et al., 2019; Yin et al., 2022). This phenomenon occurs in nearly every urban area, no matter whether the city is small or large, or located in warm or cold climates. UHI effect, in turn, endangers residents’ survival and wellbeing. UHI, in addition, is a major trigger of psychological issues like pain, anxiety, and fear (Fritze et al., 2008; Hayes and Poland, 2018).

The research on the influence of urban thermal environment on human health mainly focuses on physiological aspects, discussing the relationship between high temperature and heat-related diseases and mortality (Nitschke et al., 2011; Guo et al., 2018; Thompson et al., 2018; Yin et al., 2018), and paying less attention to emotional health. Studies have shown that there is a significant relationship between high temperature and mental illness. For example, according to a research in Australia, the number of patients hospitalized for mental illness increased by 7% during the heat waves (Hansen et al., 2008). A study of data during four heatwaves in Jinan also found that the number of daily medical visits for mental illness increased significantly during the heatwaves (Liu et al., 2012). Further, a study on the relationship between the daily average temperature and the hospitalization rate of mental disorders in Shanghai from 2008 to 2015 found that when the temperature reached 24.6°C and above, there was a significant positive correlation between the increase in temperature and the increase in the number of hospitalizations for schizophrenia. When the temperature was above 33.1°C, the risk of hospitalization for mental disorders was 1.266 times that of the mean (Peng et al., 2017). However, the analysis of the influence of thermal environment on the emotional health of the general population and its specific influencing factors is still lacking. Therefore, under the background of global heating, it is urgent to pay attention to the emotional health of residents in rapidly urbanized areas, carry out risk assessment of thermal environment on human emotional health, and explore the mechanism of urban thermal environment on emotional health.

The continuous rise of temperature, which concerns people’s emotional health, is one of the major influences of UHI (Manning and Clayton, 2018). Compared to the comfortable temperature of 23°C, with every 1°C increase in temperature, the predictable psychological stress rises by 0.2% (Ding et al., 2016). And people may experience repression, rage, and pain when the temperature is too high (Vanos et al., 2012). Burke et al. (2018) discovered that the higher the monthly average temperature is, the more suppressed words are used on Twitter. In addition, climate change has exacerbated the social inequality faced by heat-vulnerable population, especially the middle-aged and elderly (McMichael, 2017) as they are more likely to develop mental health problems following natural disasters (Parker et al., 2016). When body temperature rises, the temperature of the central nervous system and brain rises as well, triggering the hypothalamus’s selective cooling system to lower the brain temperature. However, for the middle-aged and elderly population, their physical functions and cooling system are not strong enough, thus being widely considered sensitive to extremely high temperature (Hames et al., 2016). To be more specific, heat-vulnerable population includes infants, children, and middle-aged and elderly people (Bielby, 2019). But, due to the insufficient cognitive ability of infants and children, they are not included in this study. Hence, based on Erikson Stages of Psychosocial Development (40–65 years old as Middle Adulthood), this study was targeted at middle-aged and elderly at and over 40 years old. Furthermore, our research team discovered that the negative emotions induced by thermal environment are mostly distress, irritability, nervousness, and hostility, with irritability the most obvious, thus this study decided on the negative emotion of irritability (Huang et al., 2020a).

The urban thermal environment is a complex physical phenomenon, and the influencing factors mainly include spatial structure features, land-use and land-cover change (LUCC), landscape pattern, artificial heat release, and wind environment (Yao et al., 2019; Yue et al., 2019; Xu et al., 2021). Research shows UHI is positively correlated with road network density (RND), while negatively correlated with fraction vegetation coverage (FVC) (Estoque et al., 2017). Moreover, water bodies are another identified source of reduced thermal load, at least during the day, due to a high thermic inertia (Liu and Weng, 2008). The cooling capacity of urban wetland is positively correlated with the wetland’s area, shape, and degree, yet negatively correlated with the height and density of nearby buildings (Xue et al., 2019). Additionally, land surface temperature (LST) and near-surface temperature are two important parameters for studying the urban thermal field. Some scholars used temperature data to analyze the pattern characteristics of urban temperature field. For example, Shen et al. (2017) studied the spatiotemporal distribution of UHI in the center of Shanghai city based on hourly temperature. Heat island intensity and temperature differ in spatiotemporal

pattern, maybe because the “thermal hysteresis” of the large heat capacity of the underlying urban surface makes the change of heat island intensity lag behind that of temperature (Mao et al., 2021). Temperature is mainly influenced by each or the combination of LUCC indicators and human factors (Ren et al., 2005). Therefore, FAR, BD, RND, and other related indicators reflecting different human activities, as well as FVC, NDVI, WSR, MNDWI, and other LUCC-related indicators were selected in this study.

With the rapid development of urban thermal environment research, spatial non-stationarity becomes a new trend in studies on land surface index. Geographically weighted regression (GWR) algorithm is limited to a single optimal bandwidth and usually reflects the “average” of the optimal bandwidth of each process (Oshan et al., 2019). It is not suitable for changes in the urban thermal field, as different processes involve different spatial scales. In recent years, the development of MGWR (Fotheringham et al., 2017) has broken the limits. However, MGWR is still insufficient in estimating local parameters. In 2019, Yu et al. (2020) broke the limits of the MGWR model so that it can be widely used in empirical research. Shen et al. (2020) discussed how the MGWR model influences second-hand house price, and proved that it is helpful to studies on spatial variation; Chen and Deng (2021) and Li et al. (2021) used MGWR to analyze how urban landscape and form influence thermal environment.

This manuscript takes the Sixth Ring Road area of Beijing as the research object, and aims to study the spatial distribution characteristics and mechanism of the impact of urban thermal environment on residents’ emotional health. Using Landsat remote sensing images, meteorological stations, and emotional health data to establish a theoretical

relationship model between temperature and irritability; combined with ArcGIS, MATLAB, SPSS and other data analysis platforms to analyze the temporal and spatial effects of hourly temperature on irritability in summer from 09:00 to 20:00; based on the MGWR model to explore the spatial differentiation of residents’ irritability affected by different thermal environmental factors. It provides a basis for optimizing the layout of urban green space, improving the urban thermal environment, and reducing the risk of emotional health.

The list of acronyms in this paper is shown in **Table 1**.

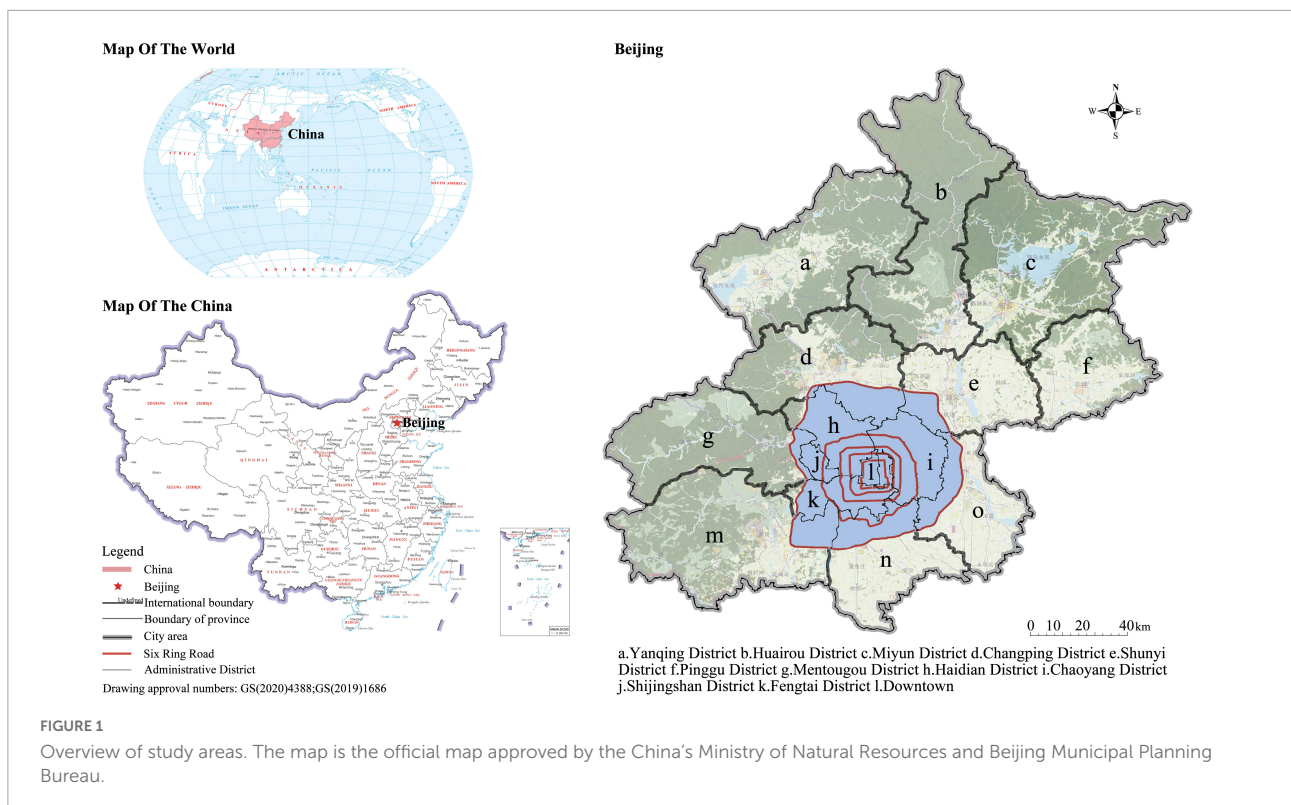
Material and methods

Overview of the study area

Beijing (39°24–41°36′ N, 115°42′–117°24′ E) is located in the northern part of North China Plain, adjacent to Bohai Bay, neighboring Liaodong Peninsula in the north and Shandong Peninsula in the south, belonging to a typical semi-humid continental monsoon climate in the north temperate zone. At the end of 2021, the permanent population of Beijing reached 21.886 million. The highly concentrated urbanized buildings, rapidly expanding special underlying surfaces, and frequent and intensive human activities in Beijing deteriorated the urban thermal environment and led to frequent heat waves. During 2011–2021, the average maximum temperature was more than 31°C, and the maximum temperature more than 35°C, seriously affecting the thermal comfort of residents. This study took the most densely populated area—the area within the Sixth Ring Road (Dongcheng District, Xicheng District, Chaoyang District, Haidian District, Fengtai District, Shijingshan District,

TABLE 1 List of acronyms.

Acronyms	Description
Intercept	The effect of different locations when other independent variables are determined
MGWR	Multiscale Geographically Weighted Regression
GWR	Geographically Weighted Regression
UHI	Urban Heat Island
LST	Land Surface Temperature
LUCC	Land-Use and Land-Cover Change
LCZ	Local Climate Zone
NDVI (Normalized Difference Vegetation Index)	Vegetation growth status, abundance, and coverage
FVC (Fraction Vegetation Coverage)	Regional vegetation coverage
MNDWI (Modified Normalized Difference Water Index)	Coverage of water bodies
WSR (Water Surface Ratio)	Regional water coverage
BD (Building Density)	Ratio of regional building area to the regional area
FAR (Floor Area Ratio)	Ratio of land development intensity, regional building area, and the product of floors to the regional area
RND (Road Network Density)	Road length per square kilometer of an urban built-up area or a certain urban area



etc.) as the study area, covering a total area of 2,257.01 km² (Figure 1).

Data sources

The data applied in this study include remote sensing images, meteorological data, and field survey questionnaires. The remote sensing image data is obtained by using the Landsat 8 satellite image provided by the United States Geological Survey (USGS) through the atmospheric correction method. The imaging time was 10:30 in August 2015, with a spatial resolution of 30 m, no precipitation on the imaging day, wind speed lower than 2 m/s, and no cloud coverage. So, the remote sensing images are high-quality, suitable for LST retrieval.

The temperature data was obtained from both fixed and hand-held weather stations. 380 fixed weather stations in different urban functional areas of Beijing, with little interference from the surrounding hard pavements, buildings, and artificial facilities, to guarantee scientific and reliable results. Meteorological data from the fixed weather stations was cleaned, to eliminate interference from cloud and rain and abnormal value, and eventually 183 meteorological stations were selected. The mobile weather station is aligned with the survey site. Combined with remote sensing satellite images, field investigation and related literature review, and according to the environmental characteristics and usage needs of local climate

cells, 17 places were selected for microclimate measurement and emotional questionnaire survey.

The survey dates are July-August, the summer with the highest temperature in Beijing, to meet the high temperature requirements for the study. The experiment lasted for 14 days, and the daily maximum temperature was above 33°C. The survey was conducted from 08:00 to 17:00 every day, and the samples were distributed evenly in each time period. There was no rain or high winds for 1-2 days before the experiment. A small WS-30 handheld weather station 1.5m above the ground was used to collect temperature data. The equipment accuracy is $\pm 0.3^{\circ}\text{C}$ for temperature, $\pm 3\%$ for humidity, and $\pm 0.3\text{m/s}$ for wind speed. After the data was stable, it was automatically recorded every 1min. The samples cover high temperature, medium temperature and low temperature areas in the urban area, and the temperature range is 23°–50°. The Positive and Negative Activation Scale (PANAS) for Chinese people was used in the questionnaire (Huang et al., 2003; Bao et al., 2020). Blank, incomplete and invalid questionnaires under the age of 40 were excluded, and 931 valid questionnaires were obtained. Moreover, in order to minimize the error of data analysis due to the influence of previous activities or unexpected events experienced by the subjects, this study initially screened the research subjects while ensuring the randomness of sampling, excluding those who are in indoor environment, going out of the car, doing outdoor strenuous exercise, or staying under shade for a long time.

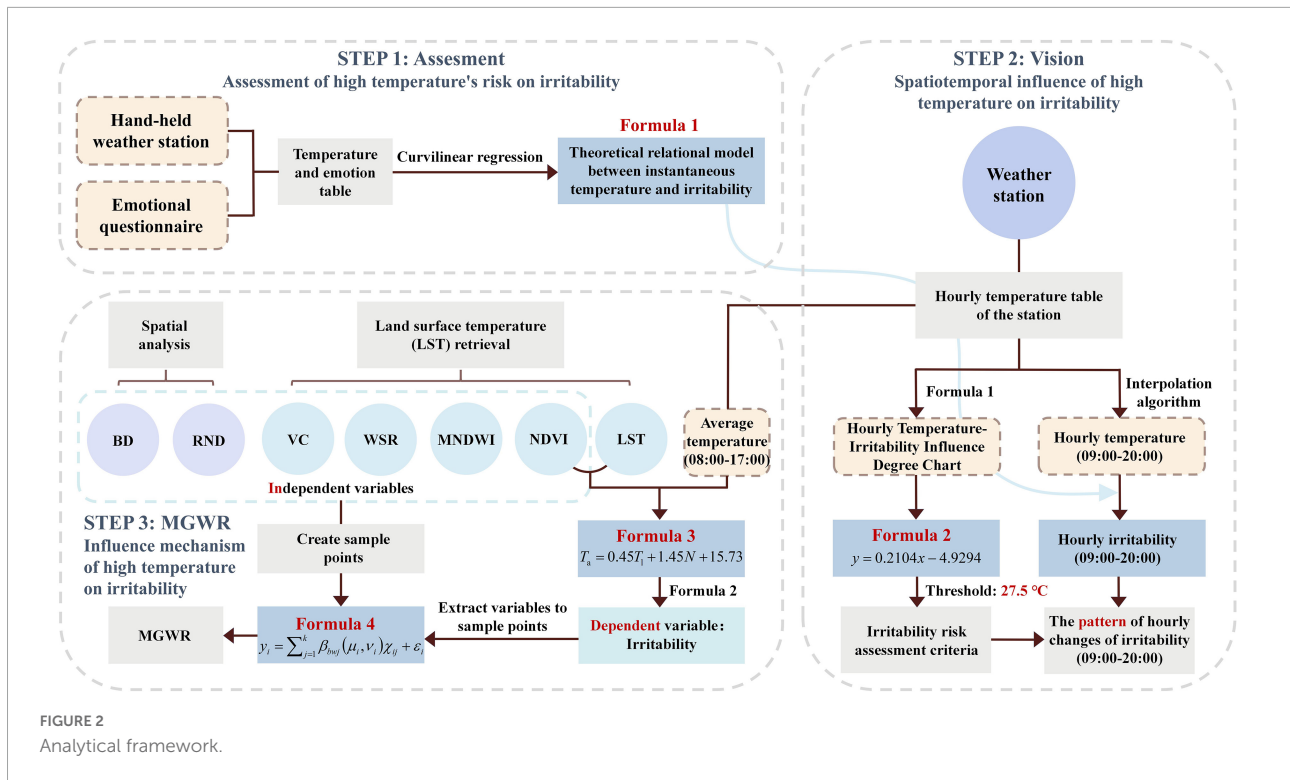


FIGURE 2 Analytical framework.

Data processing

The flow chart of the research method is shown in [Figure 2](#).

Establishing a model of the relationship between average temperature and irritability in typical periods

First, according to the time and temperature data recorded by the handheld weather station and the time and emotion data collected by the questionnaire, matched temperature data with emotional data to set up a survey table of temperature and emotion. Multiple reviews ensure the correctness of the data. Temperature data collected from the hand-held weather stations was analyzed by plotting on the GraphPad platform (see [Figure 3](#)). Results show that the sample data covers 25.1–50.5°C with an excellent overall spatial distribution. The upper quartile is 42.9°C, median quartile 39.7°C, and lower quartile 35.2°C. Samples are concentrated during 35.2–42.9°C, enough to represent summer days above 35°C. A fundamental descriptive analysis suggests that the samples can be used to study urban heat's spatiotemporal effects on residents' irritability. Thereafter, based on the survey table of temperature and emotion, the influence degree index of irritability in each temperature range was obtained by cross-table analysis of SPSS. Next, smooth the data and standardize the impact index according to the maximum value.

The curve fitting toolbox Cftool of MATLAB software was used to analyze various curve regressions on questionnaire and temperature data, to establish a theoretical relational model between instantaneous temperature and irritability, and selected the most fitted equation as the practical relational model in this study (see [Figure 4](#)). The formula is as follows:

$$N_i = 6.1 \sin(0.26t + 0.53) + 0.56 \sin(3.28t - 0.74) + 0.43 \sin(6.36t + 1.38) \quad (1)$$

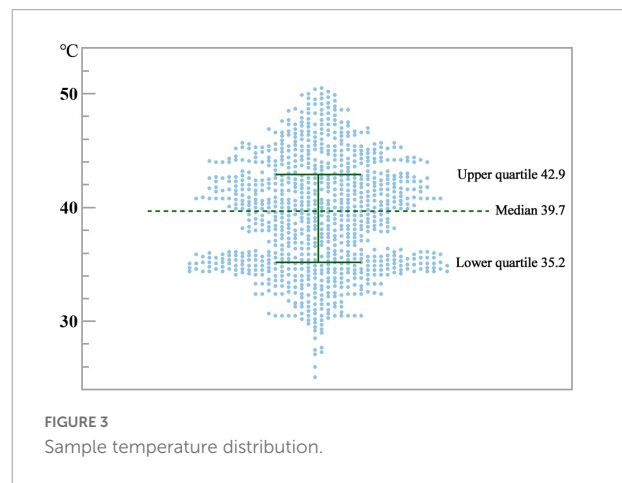


FIGURE 3 Sample temperature distribution.

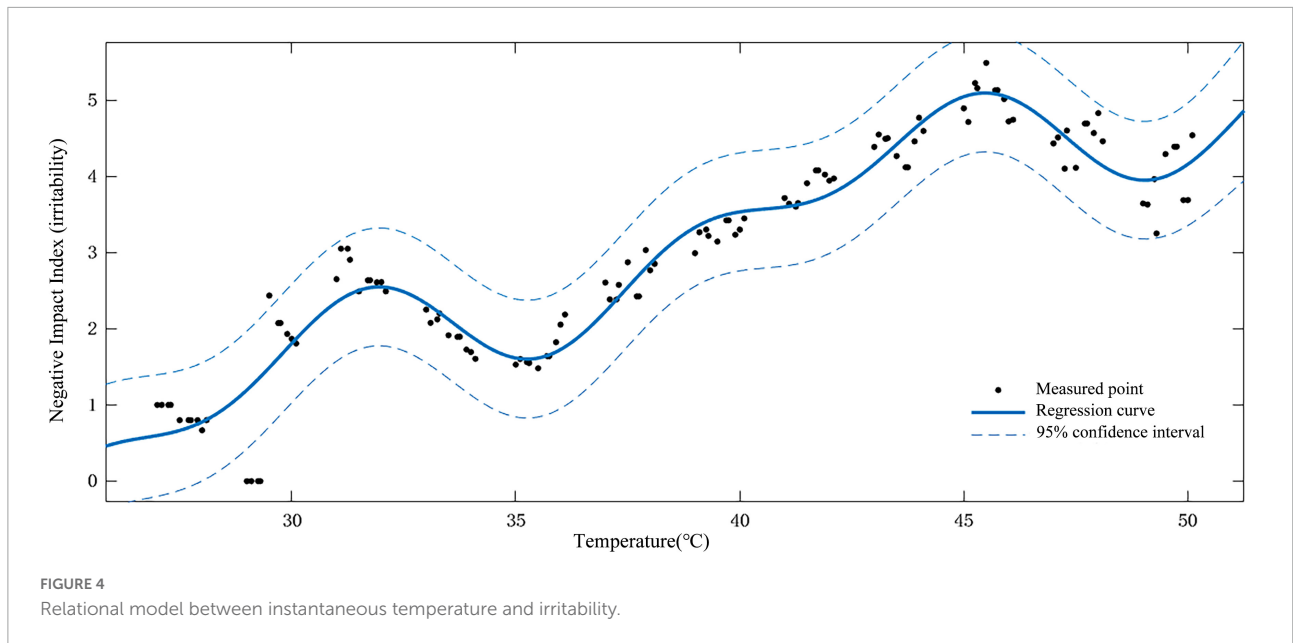


FIGURE 4 Relational model between instantaneous temperature and irritability.

where N_i is the irritability value, t is the instantaneous temperature. $SSE: 15.85, R^2 = 0.93$.

The fixed meteorological stations recorded the temperature every 30 min. 09:00–20:00 is the period when residents are intensively exposed to the outdoor environment, and when high temperature significantly influences their emotions. Therefore, the temperature data from 09:00 to 20:00 was extracted to form an hourly temperature table. Since the temperature field is a spatial variable that changes continuously, and the temperature captured by stations is an accurate value of a fixed point, in order to obtain both smooth and accurate interpolation results, this study used the spline function method to interpolate the stations, and attained the hourly temperature from 09:00 to 20:00. Then, hourly temperature was put into Eq. 1 to get hourly irritability value.

Finally, based on human body’s reaction to high temperature (Li et al., 2017), the correlation curve between instantaneous temperature and irritability, and with the daily average temperature from 8:00 to 17:00 in the hourly temperature field data of the fixed meteorological station as the average temperature in the typical period, the relationship curve between the average temperature in the typical period and the irritability was established (Figure 5) (Formula 2), providing basic conditions for carrying out urban climate health risk assessment. The average daily temperature of 27.5°C calculated from the observation data of Beijing Meteorological Station was taken as the threshold temperature for the influence of high temperature on Irritability, and the impact of high temperature on Irritability was divided into ten grades (Table 2) as the standard for evaluating the risk of human

Irritability (Denissen et al., 2008; Qi et al., 2015; Noelke et al., 2016).

$$\gamma = 0.2104x - 4.9294 \tag{2}$$

where γ is the average irritability value, and is the average temperature in the typical period. $R^2 = 0.93$, with good goodness of fit.

Constructing the multiscale geographically weighted regression model

First, based on the Landsat8 satellite image, LST was retrieved. This manuscript used the atmospheric correction method, with the influence of the atmosphere on the surface radiation excluded from the total amount of thermal radiation received by the satellite sensor, to obtain the surface brightness temperature value, and then the surface brightness temperature was converted into the corresponding LST (Yue and Liu, 2018).

The summer temperature field data measured by fixed meteorological stations were collected to form the hourly temperature data table of the station. The average hourly temperature from 8:00 to 17:00 every day was taken as the average temperature in typical periods, and regression analysis was performed on LST, NDVI, and the average temperature in typical periods, to formulate the linear regression equation of them (Eq. 3):

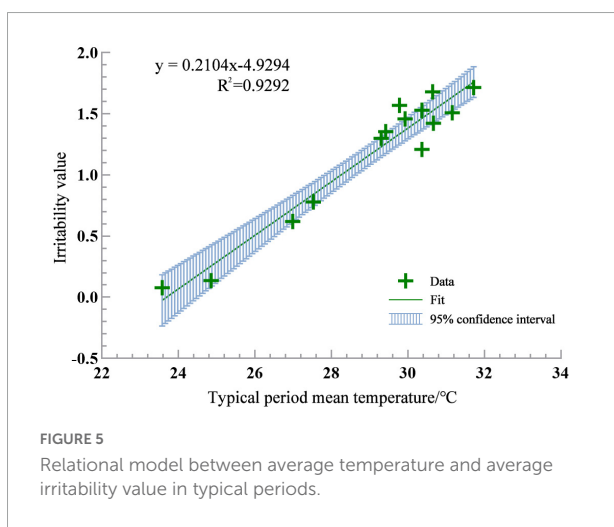
$$T_a = 0.45T_l + 1.45N + 15.73 \tag{3}$$

where T_a is the typical period average temperature, T_l is the land surface temperature (LST), and N is the NDVI. $R^2 = 0.58$.

Second, in order to obtain the average irritability value (dependent variable), the inversion of Beijing’s 2015 summer

TABLE 2 Standard of evaluating risk of irritability.

Influence level	Instantaneous irritability value	Temperature/°C	Details
Level 1	≤0.2	<30	Comfortable
Level 2	0.2–0.6	30–31	Emotionally stable
Level 3	0.6–1.0	31–32	Fidgety
Level 4	1.0–1.5	32–33	Restless and irritable
Level 5	1.5–2.0	33–34	Panic with more negative emotions
Level 6	2.0–2.4	34–35	Irritable, agitated, and highly alert
Level 7	2.4–3.0	35–36	Painful and less energetic
Level 8	3.0–3.5	36–36.5	Persistently angry, inclined to be hostile
Level 9	3.5–4.5	36.5–37	Hostile, anxious, and nervous
Level 10	>4.5	>37	Intensively angry with brief behavioral outbursts



LST and NDVI are substituted into Formula 3 to obtain the average temperature in the corresponding typical period, and then the average temperature in the typical period is substituted into Formula 2 to obtain the corresponding average irritability value.

Further, *via* the ENVI software, the Landsat8 remote sensing images were preprocessed by radiometric calibration, atmospheric correction, and geometric correction, and NDVI (Tan et al., 2004) and MNDWI (Xu, 2006) were calculated, to exclude the parts where NDVI and MNDWI < 0, and obtain FVC and WSR. All the land-use indicators in the study area were counted, to attain BD, FAR, and RND to get the independent variables. Then, all factors were projected uniformly to ensure data consistency. Finally, the MGWR model was constructed. In the study area, based on the 1 km grid scale, 2,000 sample points were created, and variables were extracted to the sample points; 1,577 valid sample data were obtained after removing outliers. Independent variables, dependent variable, and intercept were imported to MGWR, and the quadratic kernel function of classical GWR and AICc was still utilized as the standard for choosing the kernel function and bandwidth. As a result,

valid parameters: 1,577, covariates: 8, and iterations: 74. When the difference in parameter estimation of subsequent iterations converges to the specified threshold, the iteration is terminated, and the convergence threshold is 1.0e-05. The model formula is as follows (Formula 4):

$$y_i = \sum_{j=1}^k \beta_{bwj}(\mu_i, v_i) x_{ij} + \varepsilon_i \quad (4)$$

where y_i is the average irritability value of sample point i , β_{bwj} denotes the regression coefficients of different variables j at different bandwidth levels, x_{ij} is the observed value of variable j at location i , (μ_i, v_i) denotes the geographical coordinates of variable i , and ε_i is the stochastic error term.

Results

Analysis of the spatiotemporal influence of high temperature on irritability

According to the risk evaluation standard of irritability, the spatial pattern of the impact of high temperature on irritability in the Sixth Ring Road area of Beijing in the summer of 2015 was evaluated (Figure 6).

During 09:00–20:00, the irritability level first increased then decreased. From 09:00 to 15:00, irritability rocketed; from 15:00 to 20:00, irritability declined slowly. Irritability peaked at Level 8 at 15:00. The influence pattern showed a trend of “aggregation-fragmentation-aggregation”.

During 09:00–12:00 (A–C), water supply for plant transpiration decreased, drastically heating up the green area (Gill et al., 2007). High-level patches shifted from being scattered to a large matrix. After that, the temperature in urban and suburban areas continued to rise, temperature difference between urban areas and suburbs dwindled, urban cooling slowed down, a large number of artificial heat sources gathered

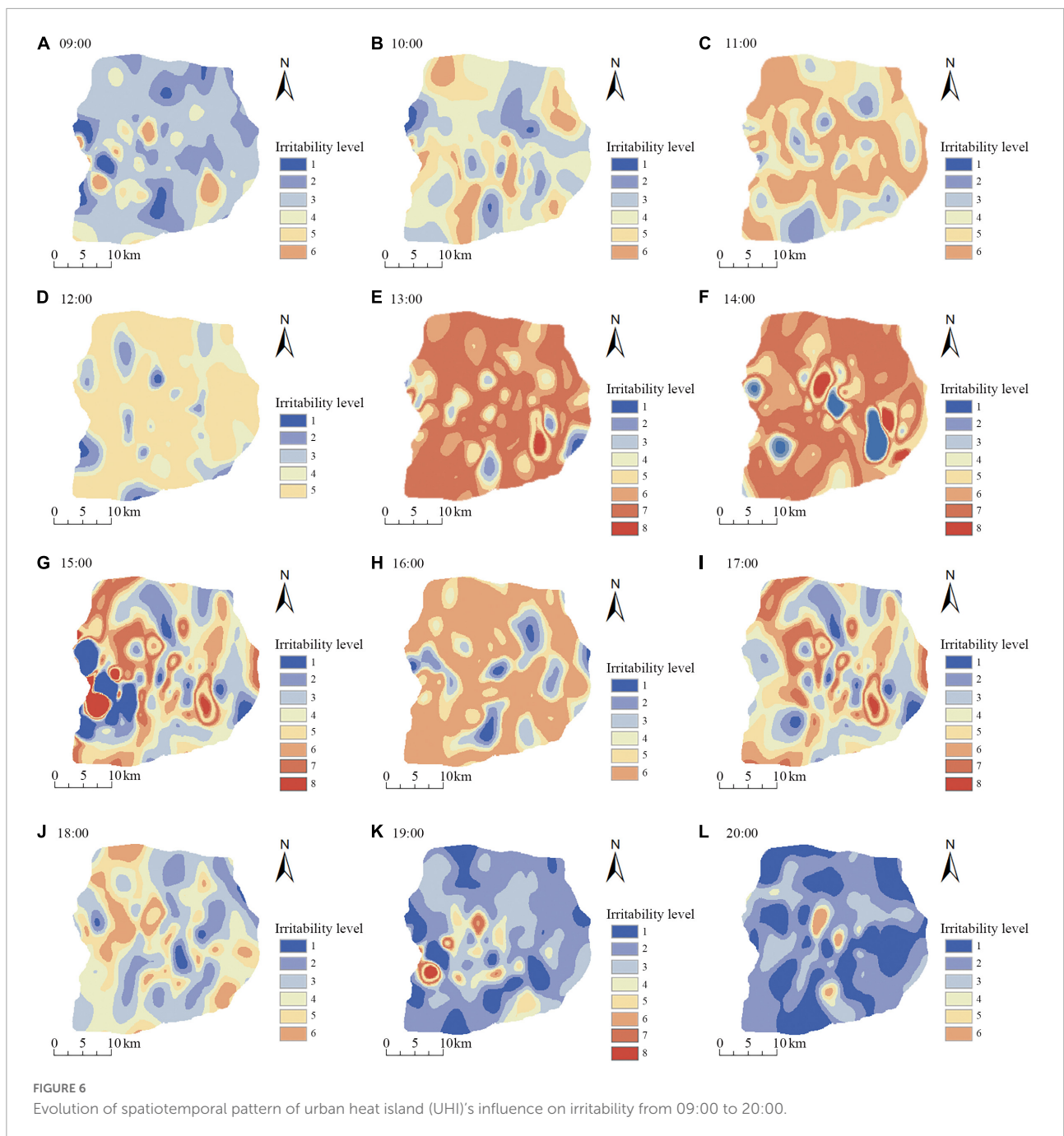


TABLE 3 The correlation of thermal environmental factors influences irritability.

Variables	FVC	NDVI	WSR	MNDWI	FAR	BD	RND
Indicator	-0.410**	-0.496**	-0.427**	-0.007	0.402**	0.397**	0.344**

** , Significant correlation at the 0.01 level (two-tailed).

in the city center, and the irritability level increased toward the city center.

12:00–17:00 (D–I) is the high-temperature period. The temperature gradually rose, irritability rose to Level 8, and

high temperature’s influence on irritability became highly fragmented. After 14 o’clock, the increment of land surface heat storage dwindled, and at 15 o’clock, the heat continued to spread, and the cooling rate of green space and water bodies

accelerated. Large parks, especially Beijing Olympic Park, the Old Summer Palace, Fragrant Hills Park, and Century Forest Park, as well as large water systems in the north and south of the Sixth Ring Road cooled the surrounding areas by releasing latent heat and reducing the energy available for sensible heat (Peng et al., 2012), forming up large Level 1–3 patches, covering an area of about 579.88 km². At 16 o'clock, the cooling effect of the wedge-shaped green space around the city was the most obvious, and the irritability level decreased toward the city center along with the wedge-shaped green space.

During 17:00–20:00 (J–L), the temperature dropped, wind speed increased, and the intensity of human activities gradually decreased. Low-impact areas spread from the outskirts to the city center. The main reason is that the lower atmospheric layer of the city was under low pressure, while that of the suburbs under high pressure, pushing cold air flows into the city. At the same time, on the urban boundary layer, the cooling capacity was mainly attributed to the increased roughness of green surface which improved convection efficiency (Gunawardena et al., 2017).

Analysis of influence mechanism of high temperature on irritability

Correlation between regression coefficient and irritability

Results of correlation test using SPSS software show that (see Table 3): Except for MNDWI, all the other variables are significantly correlated with irritability at 0.01 level (two-tailed); The most significantly correlated one is NDVI—correlation coefficient around 0.5, followed by FVC and FAR—correlation coefficient above 0.4; FVC and NDVI are significantly negatively correlated with irritability, able to alleviate irritability; FAR, BD, and RND are significantly positively correlated with irritability—correlation coefficient above 0.3, indicating that the thermal environment effect of artificial surface is the main reason for intensified irritability. The correlation between MNDWI and irritability is not significant. Previous studies showed that MNDWI is negatively correlated with heat island in spring, summer, and autumn, and significantly negatively correlated in summer, indicating that increasing WSR alleviates heat island in summer (Chen and Deng, 2021).

TABLE 4 Comparison of regression model results.

Model index	MGWR	GWR
The goodness of fit R^2	0.879	0.875
AICc	1747.222	1876.036
Residual sum of squares	190.774	197.379
Number of valid parameters	251.884	277.827

Comparison of model accuracy

In this study, the precision results of classical GWR and MGWR models were compared. According to Table 4, the goodness of fit R^2 of MGWR is 0.879, higher than that of GWR, and the AICc is lower than that of GWR. Hence compared with classical GWR, MGWR produces more precise results. In addition, the number of effective parameters and the sum of residual squares of MGWR are both smaller than those of GWR, indicating that MGWR produces a more precise regression result with fewer parameters. In terms of the regression coefficient, all variables of MGWR are significant. Meanwhile, GWR cannot reflect the different functions of variables, resulting in a lot of noise and errors in the regression coefficient, causing instability (only intercept is the significant variable). Therefore, MGWR is superior to GWR in this study, more suitable for analyzing spatial heterogeneity of the thermal environment.

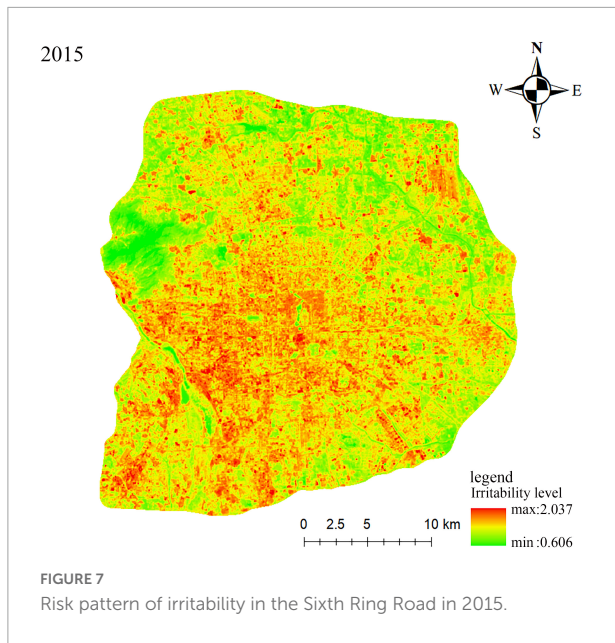
Scale analysis of regression coefficient

Results of model processing (see Table 5) show that classical GWR can only reflect the mean value of the function of each variable, while MGWR can directly reflect the different functions of each variable. The best-fitting bandwidth of each variable is (sorted from the largest to the smallest) VC, RND, MNDWI, FAR, WSR, NDVI, BD, and intercept. The bandwidths of different variables are significantly different:

1. Intercept, BD, and NDVI are close in bandwidth: 43, 49, and 77, respectively, far smaller than other variables, accounting for about 2.9, 2.9, and 4.9% of the total sample size, and covering 78, 78, and 130.7 km² of the study area, close to the street scale. When exceeding the function range, the regression coefficient alters dramatically. It proves that the thermal environment is very sensitive to the growth of vegetation and the distribution of buildings

TABLE 5 Comparison of bandwidth of classical geographically weighted regression (GWR) and multiscale geographically weighted regression (MGWR).

Variable	MGWR bandwidth	GWR bandwidth
Intercept	43	101
MNDWI	404	101
NDVI	77	101
VC	1576	101
WSR	148	101
FAR	231	101
BD	49	101
RND	1574	101



on streets, so it is more effective to control the BD than to improve the cooling effect of greening (Han et al., 2016);

- WSR and FAR are basically the same in bandwidth:148 and 231. This study selected a scale similar to the community scale in China's administrative division—different communities have large spatial heterogeneity between WSR and land development intensity. The function scale of MNDWI is 404, accounting for 25.6% of the total sample size, with great spatial heterogeneity. After exceeding the function range, the fitting effect changes considerably.
- The bandwidths of FVC and RND are close to the total sample size, almost equal to that of global variables—stable in spatial influence without spatial heterogeneity.

Compared with the classical GWR, MGWR produces more accurate and actual regression results, revealing the spatial scale of driving factors, and directly affecting the spatial distribution of emotional health risk patterns.

Analysis of spatial pattern of irritability risk and regression coefficients

Due to the different heterogeneity and scale of different influencing factors, that is, within a certain range, the effect size is similar, but beyond this range, the effect size is significantly different. From Figure 7, it can be seen that the risk pattern of irritability in Beijing in 2015 had an obvious circle structure, which was expressed as follows: the center was high, the periphery was low, the southwest was high, and the northeast was low. The high-risk areas were mainly located in the city center, the West Fourth Ring Road, and along the expressway. Descriptive statistics of each coefficient are shown in Table 6. The degree of influence on irritability is $WSR > NDVI > BD > MNDWI > RND > intercept > FVC > FAR$. In particular, intercept, NDVI, BD, and FAR showed great difference in the spatial distribution of influence (see Figure 8).

Intercept

As shown in Figure 8A, the positive influence area is mainly concentrated in the southwestern part between the Second and Fifth Ring Roads, basically overlapping with the area of high irritability value. The intercept value ranges from -0.716 to 1.188 , with an average value of 0.116 , indicating that when the irritability value ranges from -0.716 to 1.188 per kilometer within the Sixth Ring Road, the influence of intercept on irritability is significantly different.

Normalized difference vegetation index

The negative ratio reaches 96.1%, critical in alleviating the thermal environment. The coefficient ranges from -0.572 to 0.284 , with an average value of -0.254 and a standard deviation of 0.13 , indicating that as NDVI increases by every unit, the average irritability value decreases by 0.254 , and the area with the strongest negative effect can be reduced by 0.572 . As shown in Figure 8B, the positive influence areas of NDVI are scattered in Haidian District and the boundary of the Eastern Fifth Ring Road. In contrast, the negative influence areas are scattered everywhere as a large mitigation matrix.

TABLE 6 Results of multiscale geographically weighted regression (MGWR) model operations.

Variable	Average value	Standard deviation	Minimum value	Median	Maximum value
Intercept	0.116	0.464	-0.716	0.071	1.188
MNDWI	0.185	0.070	0.053	0.182	0.316
NDVI	-0.254	0.130	-0.572	-0.263	0.284
VC	0.085	0.002	0.083	0.085	0.089
WSR	-0.349	0.092	-0.559	-0.341	-0.056
FAR	0.073	0.116	-0.123	0.084	0.304
BD	0.241	0.231	-0.296	0.193	1.340
RND	-0.132	0.006	-0.141	-0.133	-0.121

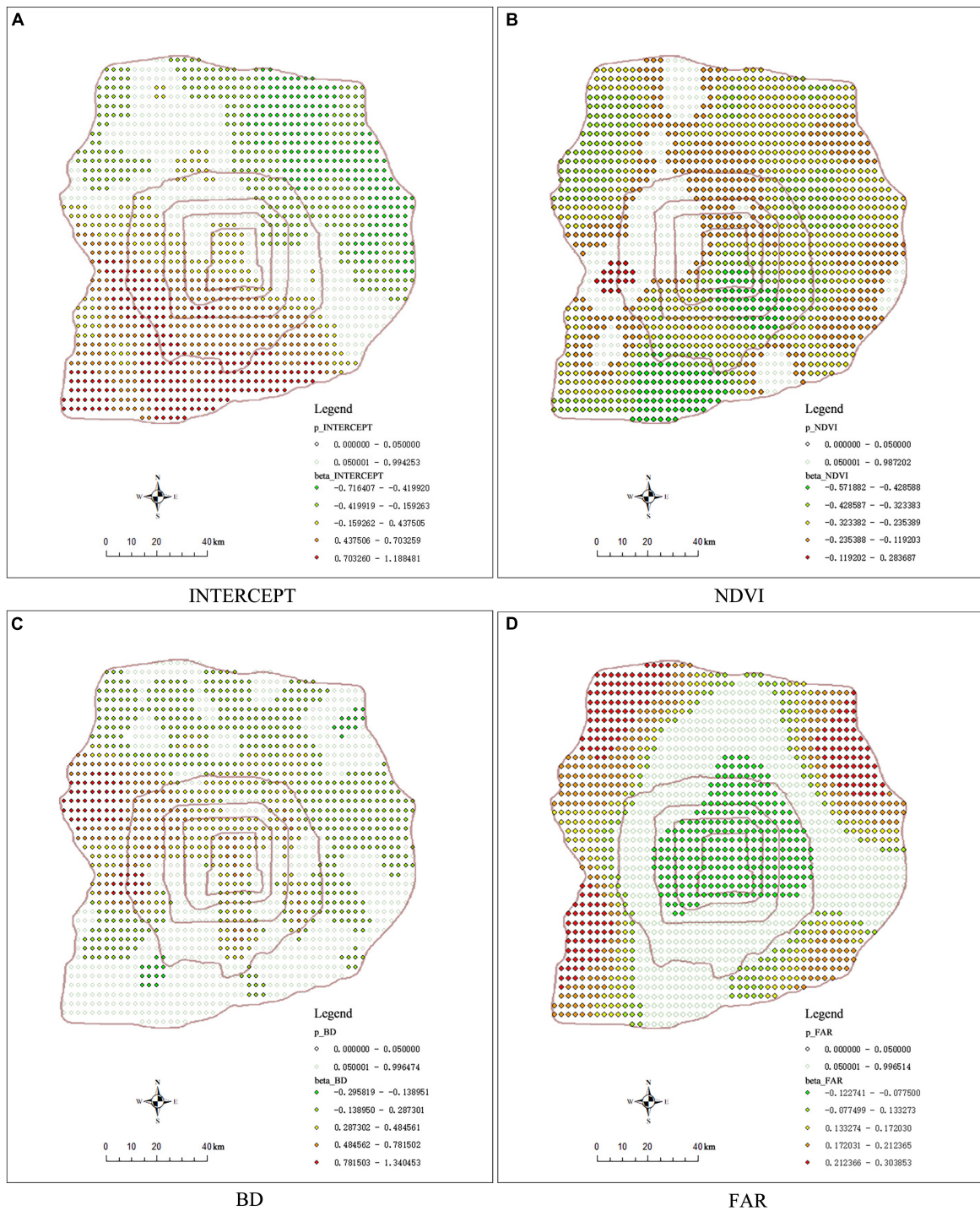
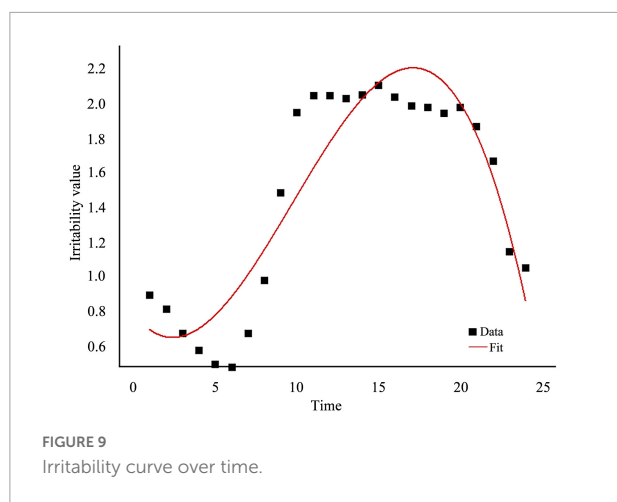


FIGURE 8
Spatial patterns of coefficients in the MGWR.

Building density

There is a circle structure similar to the irritability risk map. The value ranges from -0.296 to 1.340, with an average value of 0.241, a standard deviation of 0.231, and a positive ratio of 87.5.

BD has an overall positive effect on irritability, and the area with the most substantial positive impact can increase the irritability value by 1.340 per unit. As shown in **Figure 8C**, the negative influence area is radially distributed between the Fourth and



Fifth Ring Roads, with weak thermal effect; The positive value areas are mainly distributed in the south of Haidian District, north of Fengtai District, Dongcheng District, Xicheng District, and Shijingshan District, with dense building layout, large floor area, and strong thermal effect.

Floor area ratio

Floor area ratio yields a significant influence on irritability in the city and the outskirts, showing a trend of spreading outward from the center. The coefficient value ranges from -0.123 to 0.304 , with an average value of 0.073 . As shown in **Figure 8D**, the negative influence area of FAR is mainly concentrated in the city center, probably because of the large shadow area and low ground heat.

Discussion

First, different from other scholars' researches that focus on exploring the relationship between temperature and the morbidity and mortality of residents' physical or psychological diseases (Petitti et al., 2016; Ebi et al., 2021; Yang et al., 2021), this study focuses on the emotional health of the general population, especially the middle-aged and elderly, in an innovative way. The quantitative relationship between temperature and irritability was established, and based on this, the impact of urban high temperature on irritability was divided into 10 grades. Using the established irritability risk evaluation criteria, this manuscript analyzed the temporal and spatial pattern of irritable emotions in Beijing from 09:00 to 20:00 in summer. Consistent with the inverted "U-shaped" relationship between temperature and mental health (Mullins and White, 2019), there is a similar relationship between irritability and time (**Figure 9**). The difference is that this relationship further reflects the tolerance of the human body to high temperature in the environment and the time law of the emotional regulation mechanism,

which provides an idea for further research on the impact of high temperature and human emotional health in the future. However, the impact of high temperature on human emotional health is the combined result of many factors. This manuscript ignored the influence of the subjects' own mental health level, education level, family status, economic status, race, etc., (Abbasi et al., 2019; Chang and Kajackaite, 2019) on their emotional status, as well as the interference of other environmental factors such as humidity and wind speed, resulting in biases in the validity and accuracy of the data.

Second, this manuscript also used MGWR to analyze the mechanism of high temperature on irritability, which is more conducive to the regulation of surface indicators in local high temperature areas and effectively reduces the risk of emotional health. Although they are not the same as the indicators selected for the thermal environment correlation research in recent years, they have obtained similar research results (Chen and Deng, 2021; Li et al., 2021). Yet, this paper only revealed the differential effect of a single land use type on temperature and irritability, but lacked the analysis of the joint effect of multiple land use types, and the effects of non-land-use type-related indicators such as regional climate, socio-demographics, local plant characteristics, albedo, and other environmental conditions were also ignored. For the analysis results, the increase of NDVI, WSR, and RND can alleviate irritability, but according to Li et al. (2011), the interspacing of urban green into other land use types seems to have a greater effect on mitigating the UHI effect than a large green area itself. Comparably, Dugord et al. (2014) found that forested green areas contribute better to thermal reduction when patches are more complex in shape and more distributed in space. Moreover, urban microclimate has prominent scale characteristics. MNDWI, NDVI, and other indicators would be quickly captured by satellite thermal sensors in a smaller spatial resolution, while the influence of human living, transportation, and commercial activities on the temperature field is difficult to be captured accurately (Huang et al., 2020b). The small sample size used for the MGWR model operation limits the statistical power, so that the analysis on the influence mechanism of thermal environment on irritability is imperfect, and open street maps and points of interest should be included in the future (Chen et al., 2022).

Conclusion

Based on the summer high-temperature measurement and emotional health survey in Beijing, ArcGIS, MATLAB, GraphPad and other platforms were used for data processing to construct a relationship model between temperature and

irritability, and to evaluate the time-space relationship between hourly temperature in summer and residents' irritability; the differential action scale and spatial action characteristics of high temperature driving factors on irritability risk were analyzed through the MGWR model. The conclusions are as follows:

1. During 09:00–20:00 in summer, irritability level increased then decreased. From 09:00 to 15:00, irritability value rocketed; From 15:00 to 20:00, irritability value declined slowly. Irritability reached the peak of Level 8 at 15:00. The influence pattern of high temperature on irritability showed a trend of “aggregation-fragmentation-aggregation”.
2. Irritability is very sensitive to intercept and BD, with high spatial heterogeneity, close to the street scale. VC and RND are global variables without spatial heterogeneity. Other variables all have spatial heterogeneity (sorted by scale: NDVI < WSR < FAR < MNDWI).
3. The risk pattern of irritability in Beijing in 2015 had an obvious circle structure, which was expressed as follows: the center was high, the periphery was low, the southwest was high, and the northeast was low. The high-risk areas were mainly located in the city center, the West Fourth Ring Road, and along the expressway. NDVI, WSR, and RND have a negative impact on irritability, while intercept, MNDWI, VC, FAR, and BD have a positive effect on irritability. The degree of influence on irritability is WSR > NDVI > BD > MNDWI > RND > intercept > VC > FAR.
4. Compared with GWR, MGWR can avoid the noise and error caused by single-scale research methods, and can get more precise regression results with fewer parameters. It can be used for spatial analysis on a refined scale, serving as an excellent fitting model to study urban thermal environment, and providing a method for studying the spatial variation characteristics of other driving forces.
5. In future construction, green space and water bodies should be planned and laid out in areas with more land use types and more complex patches; building density and floor area ratio in high-risk areas of irritability should be controlled to maintain the cooling capacity of the water body, and at the same time, the density of the road network should be appropriately added to maximize the reduction of heat, to reduce the risk of emotional health.

Current research suggests that high temperatures in the context of global heating pose significant risks to the emotional health of the general population, and the magnitude of future risks will depend largely on planning and mitigation measures. Existing mental health resources

are mostly concentrated on people with mental illnesses. For the general population and vulnerable groups with multiple physical comorbidities, it is suggested to identify areas where temperature-related emotional health risks are particularly increased, and clinically improve physical health may relieve heat stress. In the future, we will combine the regional changes of negative emotional risk in different years and the degree and scale of the effects of more high temperature drivers on emotional health risk to conduct regional emotional health risk assessment, providing reference for formulating regional planning and design strategies to reduce emotional health risk. Furthermore, temperature in different urban functional areas differs greatly—the average temperature difference between the center and the surrounding areas of Beijing can reach 268.6°C (Zhang et al., 2002). The complexity of the internal structure of human settlements should also be considered. To be specific, the local climate zone (LCZ) divides a city into built environment and natural environment, thus generating a classification system suitable for studying the thermal field changes in human settlements (Stewart and Oke, 2012; Yang et al., 2020). Therefore, this study will combine LCZ, crowd characteristics, and emotional health in the future, to make clear of how different climate layouts influence emotional health.

Data availability statement

The datasets for this study can be found the official website of NASA's landsat satellite (<https://landsat.gsfc.nasa.gov/>).

Author contributions

HH: conceptualization, methodology, data curation, formal analysis, writing—original draft preparation, review and editing, investigation, and visualization. XL: methodology, data curation, formal analysis, writing—original draft preparation, review and editing, investigation, and visualization. LR: conceptualization. All authors contributed critically to the manuscript and agreed to publication.

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Conflict of interest

The authors declare that the research was conducted in the absence of any commercial or financial relationships

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