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Seedling age of *Abies georgei* var. *smithii* reveals functional trait coordination in high-altitude habitats in southeast tibet

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Functional trait-based plant ecology is often used to study plant survival strategies and growth processes. In this work, the variation regularity of functional traits and their correlations were studied in Abies georgei var. smithii seedlings of different seedling ages found along the altitude gradient (3,800-4,400 m) in Sejila Mountain, Southeast Tibet. The following functional traits of seedlings in five age classes were determined: above-ground functional traits~leaf thickness (T), leaf area (LA), specific leaf area (SLA), and leaf dry matter content (LDMC); below-ground functional traits~specific stem length (SSL), specific root length (SRL), specific root surface area (SRA), root tissue density (RTD), and root dry matter content (RDMC). Results showed that (1) except for LDMC, most of the functional traits of the seedlings at different altitudes showed a regular change trend over time. The changes in traits caused by seedling age had significant effects on other traits (p < 0.05). Altitude only had significant effects on T, LA, SLA, SRA, RTD, and RDMC (p < 0.05). (2) The correlation between the above- and below-ground traits was more significant in 5-6-year-old seedlings than in other age classes (p < 0.05). Principal component analysis (PCA) results showed that LA and SLA were the dominant traits of fir seedlings in five age categories Pearson correlation analysis indicated a correlation between RTD and above-ground traits, thus validating the correlation between the aboveand below-ground traits of seedlings of Abies georgei var. smithii of different ages. (3) Available potassium, total potassium, and total organic carbon (TOC) had the greatest influence on the traits of 5-6-year-old seedlings. This study revealed that the functional traits of Abies georgei var. smithii seedlings at different altitudesdynamically change with seedling age. The findings help in understanding the growth strategies of seedlings during early development. Future research on the combination of soil factors and seedling traits will provide a theoretical basis for artificial cultivation and protection of native vegetation.

KEYWORDS

seedlings, functional traits, altitude, Abies georgei var. smithii, seedling age

Introduction

Seedlings are at the most vulnerable growth stage in the plant life cycle and are highly susceptible to environmental stress, such as drought, light and nutrient deficiency (Valladares et al., 2000; Chaves et al., 2003; Leck et al., 2008; Onoda et al., 2008; Poorter et al., 2009). Mortality at the seedling stage is often due to abiotic and biotic factors, such as topographic factors, physical and chemical properties of the soil (Ding et al., 2011; Grossnickle, 2012; Laughlin et al., 2015; Coelho et al., 2018). Functional traits are powerful indicators of the establishment and survival of ecological strategies for plant selection (Wright et al., 2004; Freschet et al., 2010; De la Riva et al., 2016a). Trait-based approaches have been used to elucidate seedling colonization and survival patterns (Larson et al., 2014; Zirbel and Brudvig, 2020). The relative importance of abiotic and biotic factors changes with the plant age, thus leading to modifications in plant growth strategies (Henn and Damschen, 2021). Therefore, some researchers considered the effect of seedling age on the changes in plant survival strategies and studied the alterations in traits with seedling age (Niinemets, 2004, 2005; Boege and Marquis, 2005; Moriuchi and Winn, 2005; Poorter et al., 2012). However, trait-based ecological studies mainly focus on mature plant traits (Pérez-Harguindeguy et al., 2013) and less on seedlings. As a particularly vulnerable life stage of plants, the successful colonization of seedlings is critical for the establishment of future forests (Johnson et al., 2011). Ontogeny reflects an important driver of changes in above- and below-ground traits (Mason et al., 2013; Mitchell and Bakker, 2014; Freschet et al., 2021), which are indicators of ecological strategies for plant selection (Wright et al., 2004; Freschet et al., 2010; De la Riva et al., 2016a). Therefore, understanding the variation of seedling traits with age may be helpful to further understand the ecological strategies of seedling colonization.

Trait-based ecological research has two main purposes: (1) one is to balance plant traits for resource acquisition and improved self-viability (Wright et al., 2004; Chave et al., 2009; Weemstra et al., 2016). Traits from different tissues should be coordinated within species (Reich, 2014; Diaz et al., 2016). Many researchers supported the trait coordination hypothesis. For example, a spectrum of plant economics that combines leaf, stem, and root traits was proposed to explain ecological

strategies for plant resource acquisition (Freschet et al., 2010; Pérez-Ramos et al., 2012; Reich, 2014; De la Riva et al., 2016b). Studies found that the correlations between traits at the seedling stage may differ from those at the mature stage (Mason et al., 2013; Laughlin et al., 2017; Harrison and LaForgia, 2019). However, previous reports focused only on the traits at the mature stage. Accurately assessing the traits, growth, and development of seedlings appears impossible (Henn and Damschen, 2021). Although many researchers studied the relationship between above- and below-ground traits (Ryser, 1996; Wahl and Ryser, 2000; Craine et al., 2001; Tjoelker et al., 2005), only a few considered seedling age in their analysis. Determining the relationship between ontogeny and functional traits is fundamental to understanding plant ecological strategies (Grime et al., 1997; Garnier et al., 2016). Therefore, understanding how the correlations among traits change with age is crucial in studying the ecological strategies of seedlings. (2) Another purpose of trait-based ecological research is to correlate the performance of plant functional traits in the environment (Violle et al., 2007). Environmental factors act as a filter that determines which individuals with a certain trait will survive in a special habitat (Keddy, 1992; Bu et al., 2019). Soil factors can directly affect plant growth (Baker et al., 2009) and cause plants to develop specific functional traits while growing in a particular site (Gourlet-Fleury et al., 2011). For example, plants in poor soils have low specific leaf area (SLA) and high leaf dry matter content (LDMC) (Ordonez et al., 2009; Jager et al., 2015). On the contrary, plants in fertile soils have high SLA and specific root length (SRL) and other traits associated with low tissue density (Poorter et al., 2008; Martinez-Vilalta et al., 2010; Wright et al., 2010; Mommer et al., 2011; Hajek et al., 2013; Weemstra et al., 2016). Furthermore, shifts in plant life strategies are important in predicting their response to environmental changes. Plants may exhibit different survival strategies at different stages due to specific environmental factors (Yang and Rudolf, 2010). The seedling stage is the most sensitive period for plants to respond to the environment, and the growth at this stage reflects the seedling's viability and adaptability to the environment (Gill and Jackson, 2000). Understanding how seedling traits respond to local environmental factors can help improve breed plant species.

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In the gradient study of plant adaptation to environmental characteristics, altitude gradient gradually replaces latitude gradient as a model template (Rahbek, 2005), and altitude and altitude-related environmental changes (climate, soil factors, etc.) can induce adaptive traits in plants, thereby directly or indirectly controlling local ecosystem processes (Violle et al., 2007; Paillex et al., 2013). Previous studies have shown that the growth of species at high altitudes is limited by climatic severity and resource availability (Lomolino, 2001). Among them, soil nutrients, as an important resource for plant growth and development, vary significantly at different altitudes (Wilcox and Nichols, 2008). Therefore, altitude gradients are a suitable natural platform when exploring the effects of environmental factors on plant traits (Dunne et al., 2004; Malhi et al., 2010).

Abies georgei var. smithii is the dominant population of the natural dark coniferous forest in Sejila Mountains in Southeastern Tibet and typically distributed at an elevation of 3,600-4,390 m. It is a dominant species of alpine timberline with strong tolerance to cold and barren soil, and plays an important role in maintaining biodiversity and sustaining forestry ecosystems in the Plateau (Guo and Zhang, 2015). However, global climate change causes the deterioration of the ecological environment of forest land, limits natural regeneration, shrinks the natural distribution area of fir forests, and decreases the population of this species (Liang et al., 2010; Wang et al., 2014). Hence, artificial cultivation is an inevitable trend in the future. Trait-based ecological approaches are applied to understand the survival mechanisms of successfully established seedlings and may improve our ability to grow a species ex situ. Therefore, this study aimed to: (1) analyze the changing trends of the traits of seedlings of A. georgei var. smithii in five age classes at different altitudes; (2) find evidence for the trade-off between the above- and below-ground functional traits of seedlings adapting to high-altitude habitats; and (3) determine the effect of key soil factors on the growth of A. georgei var. smithii seedlings and link these factors to seedling traits.

Materials and methods

Study area

The study site is located in Sejila Mountain (93° 12'95°– 35'E, 29° 10'–30° 15' N) in Nyingchi City, Tibet Autonomous Region, China (**Figure 1**). Sejila Mountain is close to the branch of the Yarlung Zangbo River (Niyang River Basin), has an altitude of 2,100–5,300 m, and is a part of the Nyenqing Tanggula Mountains (Zhou et al., 2015). This region is characterized by typical warm temperate and temperate mountain climates with distinct dry and wet seasons. The annual temperature ranges from -13.98° C to 9.23° C, and the annual average temperature is -0.73° C (Wang et al., 2019). Rainfall mainly occurs from June to September, and precipitation does not exceed 1,000 mm and accounts for 80% of the total annual precipitation received by the area. The frost less period is as long as 6 months, the total sunshine duration is as long as 1,151 h, and the humidity is between 60 and 80% (Duan et al., 2020). The study area and location of seedling sampling sites are shown in **Figure 1**.

Plot setting

A transect with a width of 100 m was created in the continuous gradient range from 3,800 to 4,400 m above sea level, and six 50 m \times 50 m plots were set at intervals of 100 m along the transect. At each 50 m \times 50 m plots, four 5 m \times 5 m shrub survey quadrats and four 1 m \times 1 m herb survey quadrats were set up. The basic information of each plot (location, elevation, dominant species) were recorded, and the species diversity index was showed in **Supplementary Table 1**.

Seedling collection and functional trait determination

Seedlings were collected using the full excavation method (Williams et al., 2019) and divided into five age classes: 1-2 years old, 3-4 years old, 5-6 years old, 7-8 years old, and 9-10 years old. Seedling age was determined by branch color, flower body, and bud scale markers (Duarte et al., 1999; Deng et al., 2018). Five seedlings of each age class were collected from each plot, and the distance between seedlings of the same age must be at least 3 m. The whole seedling of the A. georgei var. smithii was dug out and then marked. For the digging of old seedlings, tools such as scrapers and brushes were used to gently pluck the roots along the lateral root extension until the root ends were exposed. This method can avoid measurement errors caused by other plant root disturbance and seedling root damage. The seedlings were placed in moist airtight plastic bags and stored in cool boxes to keep the leaves saturated with water until processing. The samples were processed quickly (usually within 4 h) in the laboratory at the research site. The basic characteristics of seedlings collected from different altitudes are shown in Supplementary Table 2.

Three relatively young, healthy, fully expanded leaves were selected from each age group of seedlings (Cornelissen et al., 2003; Shen et al., 2019). Immediately after the leaf surface was cleaned, the leaves were weighed to determine their saturated fresh mass. The leaves were then scanned with a scanner (EPSON V370, China), and the leaf area (LA, cm²) was determined using ImageJ software (version 1.43u, United States). Leaf thickness (T, cm) was measured once on each side of the main vein at the widest part of each leaf while avoiding large secondary veins using a micrometer (Shen et al.,



2019). All the leaves were baked in an oven at 60°C to constant weight (48 h) and then weighed to determine their dry mass. The following formulas were used to determine leaf functional traits: SLA = leaf area/leaf dry mass (cm².g⁻¹), LDMC = leaf dry mass/leaf fresh mass (g.g⁻¹) (Shen et al., 2014). Specific stem length (SSL, cm. g⁻¹) was calculated as the ratio of stem length (from stem base to stem tip) to stem dry weight (excluding leaves and shoots). These leaf and diameter traits are referred to as "above-ground traits."

In brief, 1–3 fine roots (non-woody fine roots, diameter < 2 mm) with intact terminal branches were collected (Kubisch et al., 2015; Liese et al., 2017), washed carefully, spread out in a purified water bath, and scanned (EPSON STD4800, United States) to obtain the sample images. Root average diameter (DIAM, mm), total root length, surface area, and volume were measured (Kubisch et al., 2015; Erktan et al., 2016; Liese et al., 2017; Weemstra et al., 2017). After scanning, the excess water on the roots was blotted with filter paper, and the fresh mass of the roots was measured with a balance. The roots were then placed in an oven at 70°C for at least 72 h until constant weight to determine their dry mass.

The following formulas were used to determine root functional traits: RTD = root dry mass/root volume (g.cm⁻³), SRL = root length/root dry mass (cm.g⁻¹) (Kong et al., 2014), SRA = root surface area/root dry mass (cm².g⁻¹) (Hajek et al., 2013), RDMC = root dry mass/root fresh mass (g.g⁻¹) (Garbowski et al., 2021). These root traits are called "below-ground traits." All abbreviations of functional traits used in this study are described in **Table 1**.

Soil sampling and determination

The soil near the roots of the seedlings was also collected, and three samples at 100–300 g each were collected from each plot. The soil samples were placed in plastic valve bags and sent to the laboratory for processing. Their physical and chemical properties were determined after air drying. After stones and visible plant roots were removed, the soil samples were passed through a 0.25 mm screen. Soil water content (SWC) was measured by the drying method (Chang et al., 2012). Total organic carbon (TOC) was determined by the dry combustion

method at 500°C (Storer, 1984). Total nitrogen (TN) and total phosphorus (TP) were determined by Kjeldahl and NaOH alkali fusion and molybdenum-antimony anti-colorimetric methods (Sparks et al., 1996), respectively. Total potassium (TK) and available potassium (AK) were determined by NaOH meltflame photometry and 1 mol/L ammonium acetate extractionflame photometry (Gammon, 1951), respectively. Available phosphorus (AP) was determined via an offline extraction column (Jakmunee and Junsomboon, 2009). Nitrate nitrogen (NO3⁻-N,Ni-N) was determined by the phenol disulfonic acid colorimetry method (Haby, 1989). Ammonium nitrogen (NH4⁺-N, Am-N) was extracted with 1.2 mol/L KCl via the indophenol blue colorimetric method (Dorich and Nelson, 1983). Particulate organic carbon (POC) was assayed using the method of Garten et al. (1999). Easily oxidized organic carbon (EOC) was assessed using the determination method of Chen et al. (2017). Dissolved organic carbon (DOC) was determined using the method of Fang et al. (2014). The physical and chemical properties of soils at different altitudes are shown in Supplementary Table 3.

Statistical analysis

All variables were first assessed for normality. A standardized major axis regression method (SMA) was used to calculate the regression slope and determination coefficient (R^2) of the regression mode in Soft Standardized Major Axis Tests and Routines (SMATR Version 2.0) to test the relationships between seedling age and functional

traits at different elevations (statistical routines described by Warton et al., 2006). Two-way ANOVA was used to analyze the effects of altitude, age classes, and their interaction on the traits of fir seedlings. Pearson correlation analysis was performed using Bonferroni correction to explore the relationship between above- and below-ground traits. Principal component analysis (PCA) was performed using nine functional traits to obtain a comprehensive view of the functional traits of seedlings of A. georgei var. smithii in different age categories and determine their functional strategies. Significant differences between means were determined by one-way ANOVA with Tukey's test. All statistical values were considered significant at p < 0.05. Statistical analyses were conducted using Excel 2013 and SPSS 26.0. (IBM, United States). All charts depicting variations in parameters were generated using Origin 2021 (OriginLab, Northampton, MA, United States).

The relationship between seedling traits and soil properties was investigated by redundancy analysis (RDA)constrained ranking of experimental data using Canoco 5.0 (Microcomputer Power, Ithaca, NY, United States). RDA analysis has two matrices: species data, which include nine functional traits, and environmental data, which consist of 12 soil properties. All the data of different dimensions were normalized before classification. In the ordination plot, the length of the vector (indicated by the red arrows for each environmental variable) represents the magnitude of the environmental factors relative to the explanatory trait (blue arrows). The angle between the two arrows indicates the relationship between soil properties and seedling traits. An

TABLE 1 The definition, abbreviation, and unit for 9 functional traits of Abies georgei var. smithii seedlings.

	Functional traits	Abbreviation	Definition	Ecological significance	Unit
Above-ground trait	Leaf thickness	Т	Leaf thickness at the widest part of each leaf	Reflects the water retention capacity and drought tolerance of plants	mm
	Leaf area	LA	Leaf surface area	Reflects the effective use area of plant leaves for photosynthesis	mm ²
	Specific leaf area	SLA	Dividing leaf area by dried mass	Indicates plant photosynthetic rate, relative growth rate, nutrient utilization, etc.	$mm^2 \cdot g^{-1}$
	Leaf dry matter content	LDMC	The ratio of leaf dry mass to leaf fresh mass	Represents the ability of plant leaves to acquire resources, affecting their mechanical strength and flammability	$g \cdot g^{-1}$
	Specific stem length	SSL	The ratio of stem length to stem dry weight	Reflects the ability of plants to absorb water and nutrients	$cm \cdot g^{-1}$
Below-ground trait	Specific root length	SRL	The root length divided by its dry mass		$cm \cdot g^{-1}$
	Specific root area	SRA	The root surface area per dry mass		$cm^2 \cdot g^{-1}$
	Root tissue density	RTD	The ratio of root dry mass to its volume	Reflects the accumulation of biomass in plant roots	g·cm ⁻³
	Root dry matter content	RDMC	The ratio of root dry mass to root fresh mass	Reflects the ability of plant fine roots to obtain resources and the investment of plants in the establishment of fine roots	$g \cdot g^{-1}$

angle between 0° and 90° indicates a positive correlation between these two variables, a 90° angle indicates no significant correlation, and an angle between 90° and 180° represents a negative correlation.

Results

Response of seedling traits at different altitudes to seedling age

The functional traits of all A. georgei var. smithii seedlings at different altitude gradients varied with their age classes (Figure 2 and Supplementary Tables 3, 4). For the above-ground functional traits, the SLA and SSL of fir seedlings decreased gradually with the increase in age classes (Figures 2D,E). Meanwhile, T, LA, and LDMC showed the opposite trend (Figures 2A-C). For below-ground functional traits, SRL, SRA, and RDMC all decreased gradually (Figures 2F,G,I), and RTD increased gradually with the increase in age classes (Figure 2H). In addition, SSL ($R^2 = 0.66 \pm 0.084$), SRL ($R^2 = 0.614 \pm 0.136$), and RTD ($R^2 = 0.673 \pm 0.208$) had a good fit with seedling age, and T ($R^2 = 0.181 \pm 0.163$), LDMC ($R^2 = 0.15 \pm 0.062$), and RDMC ($R^2 = 0.207 \pm 0.217$) had a low degree of fit with seedling age (Supplementary Table 5). LDMC had the lowest fitting degree with forest age among the nine functional traits, indicating that it was highly affected by seedling age; this finding was verified by two-way ANOVA (Table 2). Age classes had significant effects on the remaining eight seedling traits (p < 0.05), but altitude only had significant effects on T, LA, SLA, SRA, RTD, and RDMC (p < 0.05). The interaction of T, LA, SLA, SSL, SRA, and RTD showed an extremely significant effect (p < 0.001).

Trade-off relationship between the above- and below-ground traits of seedlings in different age classes

Although the load of some functional traits along the principal component axis varied at different time points, qualitative PCA interpretations suggested that similar trade-offs existed between traits across the ontogeny stages. To discuss the PCA results, we chose to keep the first two axes because they explained > 50% of the total variance value of the trait across all time points. We discussed traits with eigenvalues > | 0.7 | on the PC axis. As shown in the PCA ordination axis (**Figure 3** and **Supplementary Table 6**), PC 1 explained 36.2, 31.9, 52.8, 35.8, and 36.3% of the data variance in the five age classes of seedling development. The traits that highly contributed to PC 1 were mainly LA and SLA. Meanwhile, PC 2 explained 24.5, 25.6, 13.2, 20.5, and 20.1% of the data variation of seedling development in the five age classes. SRA highly contributed to PC 2 in the

first two seedling stages, and T highly contributed to PC 2 in the last three stages.

Some above-ground traits were correlated with belowground traits at various ontogeny stages (Figure 4 and Supplementary Table 7). The correlation between the aboveand below-ground traits of 1-4-year-old seedlings was low, and only the RTD of the 1-2-year-old seedlings was significantly negative correlated with LA (r = -0.551, p < 0.05), SLA (r = -0.471, p < 0.05), SSL (r = -0.477, p < 0.05). However, a turning point occurred at the third stage of seedling development (5-6 years old), and the correlation between above- and belowground traits became highly significant. Except for T, the above-ground traits and below-ground traits showed different degrees of correlation. LA and SSL were significantly positively correlated with SRL (r = 0.693, p < 0.05; r = 0.835, p < 0.05) and SRA (r = 0.649, p < 0.05; r = 0.782, p < 0.05). RTD was negatively correlated with LA (r = -0.478, p < 0.01) but significantly negatively correlated with SSL (r = -0.669, p < 0.05). LDMC was significantly negatively correlated with SRL (r = -0.743, p < 0.05) and SRA (r = -0.514, p < 0.05) but significantly positively correlated with RDMC (r = 0.606, p < 0.05). The correlation between the above- and belowground traits in the 7-10-year-old seedlings was reduced. In particular, only SLA (7-8 years old) was significantly positively correlated with SRL (r = 0.471, p < 0.05) and SRA (r = 0.584, p < 0.05), RTD (7-8 years old) was significantly negatively correlated with LA (r = -0.512, p < 0.05) and SLA (r = -0.570, p < 0.05). The RTD of 9-10-year-old seedlings was significantly positively correlated with LA (r = 0.532, p < 0.05) and SLA (r = 0.536, p < 0.05). In conclusion, except for the 3-4-year-old seedlings (Figure 4 and Supplementary Table 7), strong correlations between RTD and above-ground functional traits (LA and SLA) were found in the remaining seedlings. These correlations may be an ecological strategy for the trade-off between above- and below-ground traits adopted by A. georgei var. smithii seedlings to adapt to their highaltitude habitats.

Effects of soil properties on the functional traits of 5-6-year-old seedlings

The most significant correlations between above-ground and below-ground traits were found in the 5-6-year-old seedlings. To identify the main environmental factors affecting the functional traits of 5-6-year-old seedlings, we used RDA to explore the response laws of these functional traits to different soil factors. Prior to RDA, we performed detrended correspondence analysis on the seedling trait data. The results showed that the four ranking axes of the seedling trait data were all less than 3.0; therefore, the RDA method could be applied. The cumulative contribution rate of soil factors to



Variation trends of 9 functional traits over time. Lines represent linear models of seedling traits at each elevation, with colors corresponding to different elevations. (A) Leaf thickness (T); (B) leaf area (LA); (C) leaf dry matter content (LDMC); (D) specific leaf area (SLA); (E) specific stem length (SSL); (F) specific root length (SRL); (G) specific root area (SRA); (H) root tissue density (RTD); (I) root dry matter content (RDMC).

TABLE 2 Effects of altitude, seedling age and the interaction between altitude and seedling age on the functional traits of *Abies georgei* var. *smithii* seedlings.

Functional traits	Altitude (AL)	Seedling age (SA)	AL × SA	Residuals
Т	20.662***	30.968***	4.201***	10.731
LA	2.939*	137.164***	7.585***	24.657
SLA	2.367*	96.912***	6.232***	18.073
LDMC	1.589	2.305	1.189	1.412
SSL	1.902	93.145***	5.213***	16.771
SRL	1.593	47.067***	1.136	7.550
SRA	9.204***	25.471***	4.872***	8.460
RTD	13.686***	72.571***	4.434***	15.427
RDMC	2.630*	3.622*	0.841	1.533

p < 0.05; p < 0.001.

the first two axes of seedling functional traits was 84.82%. Therefore, the first two ranking axes can be used for RDA to reflect the correlation between soil factors and seedling traits (Figure 5). In general, the traits of 5- 6-year-old seedlings were affected by soil factors at different degrees (Figure 5 and Table 3). The soil factors that highly contributed to



FIGURE 3

Principal component analysis of functional traits of *Abies georgei* var. *smithii* seedlings in different age classes. (A) 1–2 years old, (B) 3–4 years old, (C) 5–6 years old, (D) 7–8 years old, (E) 9–10 years old.



seedling traits were AK (24.9%), TK (15.4%), and TOC (13.5%); among which, AK had a significant effect on seedling traits (p < 0.05). According to the angle of the vectors in **Figure 5**, LDMC, RDMC, and RTD were positively correlated with AK, TOC, and TK. Meanwhile, SSL, SRL, and SRA were negatively correlated with AK, TOC, and TK. SLA and LA were positively correlated with TOC, AK, TOC, and TK. T was positively correlated with TOC and AK but negatively correlated with TK.

Discussion

Objective 1: Variation of the functional traits of *A. georgei* var. *smithii* seedlings with seedling age and elevation

The functional traits of *A. georgei* var. *smithii* seedlings varied over time in their own way but in the same direction at



FIGURE 5

Redundancy analysis of the association of soil factors with 9 functional traits. These two axes illustrate the two principal components of the multiple linear regression residuals from x to y. Red arrows indicate environmental factors and blue arrows indicate functional traits. The intersection angle between the vector lines represents the correlation between the corresponding variables, where an acute angle indicates a positive correlation, and obtuse angle indicates a negative correlation, and a right angle indicates no correlation. SWC, Soil water content; TOC, Total organic carbon; TN, Total nitrogen; TP, Total phosphorus; TK, Total potassium; AK, available potassium; AP, Available phosphorus; Ni-N, NO₃⁻ – N, Nitrate nitrogen; Am-N, NH₄⁺ – N, Ammonium nitrogen; POC, Particulate organic carbon; EOC, Easily oxidized organic carbon; DOC, Dissolved organic carbon.

different elevations. We divided all functional traits into aboveand below-ground traits to further explore their correlations.

Among the above-ground traits, SLA and SSL had the same change trend and gradually decreased with the increase of seedling age (Figures 2D,E). This finding may be related to the growth strategy of plants of choosing to increase their stem and leaf input. Old plants need to increasingly invest in their stem to allow their leaves to get sunlight (Poorter et al., 2012). Similarly, the gradual decrease in SLA with the increasing age classes was due to the increased input for leaves and was also consistent with the gradual increase in LDMC with the increasing age classes (Figure 2C). The decrease in SLA and increase in LDMC with increasing of seedling age is a shift in leaf strategy in old plants (Wright et al., 2004; Reich, 2014). Plants are inclined to increase inputs to structural defense sites as their age increasing (Barton and Koricheva, 2010), and this change is highly pronounced in seedlings to achieve an increased viability of resource acquisition (Dayrell et al., 2018). As above-ground traits of seedlings, T and LA may not be considered in some studies. We found that T and LA gradually increased with the seedling age. Large T and LA indicate a high photosynthesis rate (Juárez-López et al., 2008). This finding showed that the photosynthesis of A. georgei var.

Soil factors	PC1	PC2	Contribution %	F	Р
ТР	-0.217	0.118	2	0.6	0.492
ТК	-0.468	-0.582	15.4	3.1	0.088
TN	-0.456	0.179	6.8	1.4	0.262
AP	0.146	0.391	6.1	1.3	0.276
AK	-0.517	-0.182	24.9	4.4	0.044
Am-N	-0.339	0.214	7.9	1.7	0.206
Ni-N	-0.174	-0.229	3.8	0.8	0.392
TOC	-0.233	0.334	13.5	4.3	0.052
EOC	-0.320	0.073	3.2	1	0.354
DOC	-0.150	0.168	9.3	2.2	0.142
POC	-0.434	-0.007	1.1	0.3	0.634
SWC	-0.367	0.001	6.1	2.1	0.160

TABLE 3 The vector value, contribution rate, F value and *P*-value of soil factors on the RDA ranking axis.

TP, Total phosphorus; TK, Total potassium; TN, Total nitrogen; AP, Available phosphorus; AK, available potassium; Am-N, NH₄⁺–N, Ammonium nitrogen; Ni-N, NO₃⁻–N, Nitrate nitrogen; TOC, Total organic carbon; EOC, Easily oxidized organic carbon; DOC, Dissolved organic carbon; POC, Particulate organic carbon; SWC, Soil water content.

smithii seedlings increases with age class, which is considered as their way of adjusting their growth strategies.

Compared with the above-ground traits, the below-ground traits of seedlings are more critical because they are the basis for seedling colonization and resource acquisition (Padilla and Pugnaire, 2007; Harrison and LaForgia, 2019). We observed that only the RTD increased gradually with the increasing of seedling age (Figure 2H). RTD is associated with plant selection for growth strategies that conserve resource utilization (Pérez-Ramos et al., 2012; Kramer-Walter et al., 2016; Roumet et al., 2016) and with tolerance to low resource conditions (Kramer-Walter et al., 2016; Bristiel et al., 2019). A. georgei var. smithii seedlings choose the growth strategy of conservative resource utilization so that they can survive in the low-resource environment of high cold and high altitude. For the gradually decrease in the SRL, SRA, and RDMC of A. georgei var. smithii seedlings with the increasing of seedling age (Figures 2F,G,I), we speculated that this phenomenon was related to the root biomass. SRL and SRA reflect the absorptive capacity of roots under unit biomass input (Eissenstat et al., 2000; Alvarez-Uria and Körner, 2011). Seedlings increase the input to the root system in the early stage and improved the ability of the root system to absorb water and nutrients to obtain the resources needed for growth and development (Krasowski and Caputa, 2005). However, this ability may gradually decrease with the increase in age class mainly because the resource input of seedlings is inclined to the shoot (Mensah et al., 2016). As an intrinsic manifestation of biomass accumulation, RDMC is associated with the arid growth environment of plants (Zwicke et al., 2015; De la Riva et al., 2017). In a water-free environment, RDMC gradually decreases with the increasing plant age mainly because plants chose a growth strategy of conservative resource utilization (Garbowski et al., 2021). In the present study, the area where A. georgei var. smithii seedlings grow has the

characteristics of mountain warm temperate and temperate climates and an annual precipitation exceeding 1,000 mm (Zhou et al., 2015); hence, moisture is not the main factor affecting the growth of *A. georgei* var. *smithii* seedlings. The reason why RDMC gradually decreased with the increase in age class may be consistent with the reason that RTD gradually increased with the increasing of seedling age, that is, *A. georgei* var. *smithii* seedlings choose the growth strategy of conservative resource utilization.

We found that seedling age had significant effects on most functional traits (Table 2), indicating that ontogeny affects seedling functional traits. According to studies evaluating the effect of ontogeny on seedling traits, most traits change in species-specific manner over time, and age affects intraspecific variation in seedling traits (Garbowski et al., 2021; Henn and Damschen, 2021) which were consistent with our findings in Tibet. In the present study, altitude had an extremely significant effect on T, SRA, and RTD (Table 2). Altitude variation has a gradient effect on multiple environmental factors (temperature and water), and this effect has practical significance for understanding the response of plants to climate change at the seedling stage (Hu et al., 2016). Rather than a direct phenological response to some environmental variables, the remarkably effect of altitude on leaf thickness may be the result of natural selection (Hovenden and Schoor, 2003). Altitude had a significant effect on root surface area because plants improve their resource utilization to assess and adapt to severe environmental changes caused by altitude changes (Xiang et al., 2021). In addition, the change in temperature caused by the altitude prompts the plant to change its input strategy to the root system, and the root biomass change affects the root tissue density; these phenomena may explain why altitude has an extremely significant effect on root tissue density (Eissenstat et al., 2000; Craine et al., 2001).

Objective 2: Evidence for trade-offs between the above- and below-ground functional traits of fir seedling adapting to high-altitude habitats

Above-ground traits are good predictors of below-ground traits, and these two types of traits are highly correlated with each other (Shen et al., 2019). According to PCA and Pearson correlation analysis (**Figures 3**, **4**), no strong dynamic trade-off occurred between above- and below-ground traits in seedlings of all five age classes, and the relationship between above- and below-ground traits was highly pronounced in 5-6-year-old seedlings (**Figure 4** and **Supplementary Table 7**). Ontogeny leads to changes in functional traits (Quero et al., 2008; Spasojevic et al., 2014; Lasky et al., 2015), we speculated that the functional traits of *A. georgei* var. *smithii* seedlings change with the increasing of seedling age. When the seedling age reaches a certain critical point, the frequency of significant correlation

between above- and below-ground traits reaches the peak value. Furthermore, plant growth strategies are fairly consistent throughout early development (Henn and Damschen, 2021). Similar PCA results were observed at all five age groups: the traits affecting the PC 1 axis were mainly LA and SLA, and the traits affecting the PC 2 axis were mainly SRA and T (Supplementary Table 3). We also observed some pairwise inter-trait relationships at each age class. Strong correlations were observed between RTD and multiple above-ground traits, which may be valid evidence for the correlations between aboveand below-ground traits in A. georgei var. smithii seedlings. We found that RTD was significantly associated with SLA across multiple age groups (Supplementary Table 5). According to a previous study, the traits of different plant organs (roots, diameters, and leaves) should be coordinated (Reich, 2014). RTD and SLA have a certain degree of coordination, thus reflecting the plant economics spectrum related to different organs and ontogeny (Reich, 2014; Kramer-Walter et al., 2016).

Objective 3: Determinants of functional trait of *A. georgei* var. *smithii* seedlings

Environmental factors are the main drivers of plant functional traits (Loreau and Naeem, 2001; Kichenin et al., 2013; Hu et al., 2014), and some key environmental variables can be used to explain plant trait changes at local scales (Grime, 2006). In the genealogy theory of plant economics, Reich predicts that the traits of different plant organs should be consistent with resource gradients (Reich, 2014), that is, when environmental factors change, the plant traits change accordingly. Therefore, we speculated that when key environmental factors vary, the traits of different organs are also altered. On the basis of the results of PCA and Pearson correlation analysis (Supplementary Tables 6, 7), the soil conditions of the habitat of 5-6-year-old seedlings should be paid more attention to protect seedling renewal and colonization. Therefore, we propose a third objective to identify key soil factors affecting the growth of 5-6-year-old A. georgei var. smithii seedlings.

Crucial soil nutrients (N, P, and K) are major ecological factors driving plant functional trait responses (Lu et al., 2010; Pérez-Ramos et al., 2012; Santiago et al., 2012; Record et al., 2016). We found that K and TOC were the main limiting soil factors for the growth of 5–6-year-old *A. georgei* var. *smithii* seedlings (Table 3). Most of the traits in the present study were related to biomass. K increases the photosynthetic rate of seedlings (Pasquini and Santiago, 2012); when the photosynthetic rate of a plant is enhanced, its biomass increases rapidly (Perrin and Mitchell, 2013). Therefore, we can infer that the values of the traits positively correlated with biomass increase with K and vice versa. AK and TK were positively

correlated with LDMC, RDMC, and RTD but negatively correlated with SSL, SRL, SRA, SLA, and LA. The reason may be that potassium increases the photosynthetic rate of seedlings and affects the biomass of different organs of seedlings. A significant relationship has been observed between plant biomass and soil carbon content (Smith et al., 2014; Purcell, 2016; Bu et al., 2019). Different from K, TOC was positively correlated with SLA and LA (**Figure 5**). Soil organic carbon content affects leaf traits mainly because the latter determine the energy and nutrient sources of soil biota (Wardle et al., 2004); this relationship explains why TOC is positively correlated with SLA and LA.

Conclusion

Although some traits of A. georgei var. smithii seedlings did not change significantly among elevations, most of them showed a regular trend with the increasing of seedling age. The significant correlation between RTD and above-ground traits (SLA and LA) is evidence for the trade-off between the above- and below-ground functional traits of A. georgei var. smithii seedlings to adapt to high-altitude habitats. Measuring adult plant traits is suitable for comparing mature species; however, these same traits are not necessarily representative of seedling traits (Henn and Damschen, 2021). Therefore, our study on A. georgei var. smithii seedlings complements the previous works on A. georgei var. smithii in the seedling stage. This field of research is important for understanding its complete survival strategy. In addition, soil factors accounted for 84.82% of the variation in the functional traits of 5-6-yearold seedlings. This finding indicated that soil properties are important factors affecting the growth of 5-6-year-old A. georgei var. smithii seedlings. Therefore, the role of soil factors should be carefully considered when taking artificial cultivation and actual protection measures.

Data availability statement

The original contributions presented in this study are included in the article/Supplementary material, further inquiries can be directed to the corresponding author.

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Author contributions

XZ: software, methodology, and writing – original draft. NZ: writing – original draft. CZ: methodology and conceptualization. JL and XW: conceptualization. All authors contributed to the article and approved the submitted version.

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Conflict of interest

The authors declare that the research was conducted in the absence of any commercial or financial relationships that could be construed as a potential conflict of interest.

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Supplementary material

The Supplementary Material for this article can be found online at: https://www.frontiersin.org/articles/10.3389/ fevo.2022.955663/full#supplementary-material

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