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SPECIALTY SECTION

This article was submitted to Conservation and Restoration Ecology, a section of the journal Frontiers in Ecology and Evolution

RECEIVED 17 September 2022 ACCEPTED 10 November 2022 PUBLISHED 29 November 2022

CITATION

McCormick MK, Good KL, Mozdzer TJ and Whigham DF (2022) Shade and drought increase fungal contribution to partially mycoheterotrophic terrestrial orchids *Goodyera pubescens* and *Tipularia discolor*. *Front. Ecol. Evol.* 10:1047267. doi: 10.3389/fevo.2022.1047267

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Shade and drought increase fungal contribution to partially mycoheterotrophic terrestrial orchids *Goodyera pubescens* and *Tipularia discolor*

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Many photosynthetic plants supplement photosynthetic carbon with fungal carbon, but the mechanisms that govern dependence on mycoheterotrophic carbon are poorly understood. We used exclusion shelters to manipulate water and light availability to plants of the terrestrial orchids Goodyera pubescens and Tipularia discolor. We tracked changes in $\delta^{13}C$ from photosynthesis and $\delta^{15}N$ acquired from soil-derived inorganic nitrogen versus mycoheterotrophy, along with direct measures of photosynthesis in T. discolor. We hypothesized that shade would increase dependence on mycoheterotrophy compared to reference plants, while drought would decrease both photosynthesis and the abundance of potential mycorrhizal fungi. Drought and shade enriched ¹³C and ¹⁵N in both *G. pubescens* and T. discolor, compared to control plants, indicating increased fungal contribution to orchid tissues. Physiological measurements of T. discolor leaves showed that dark respiration, water use efficiency, and relative electron transport rate did not vary significantly, but shaded plants had greater quantum efficiency, suggesting they were light-limited. Light saturated photosynthesis of T. discolor leaves was lower in both shaded and droughttreated plants, indicating lower photosynthetic capacity, and likely greater dependence on mycoheterotrophy and corresponding enrichment in ¹³C and ¹⁵N. This study documented changes in orchid dependence on fungal carbon in response to manipulated environmental conditions. Both shade and drought increased the dependence of both orchids on mycoheterotrophically derived carbon and nitrogen.

KEYWORDS

Goodyera pubescens, Tipularia discolor, mycoheterotrophy, orchid, mycorrhizae, stable isotope

10.3389/fevo.2022.1047267

Introduction

Between 85 and 92% of land plants obtain nutrients and water from the soil through mycorrhizal associations (Wang and Qiu, 2006; Brundrett and Tedersoo, 2018). For most plants, this association is a two-way exchange, with the plant providing carbon to the fungus in exchange for other resources. Some nonphotosynthetic plants, termed fully mycoheterotrophic, obtain carbon from their mycorrhizal fungi (Gebauer and Meyer, 2003; Lallemand et al., 2019), while other mycoheterotrophic plants only initially rely on fungal carbon until they produce green leaves (Leake and Cameron, 2010; Těšitel et al., 2018). However, recently many green photosynthetic plants have been shown to supplement photosynthetic carbon with fungal carbon, and are termed partially mycoheterotrophic (Gebauer and Meyer, 2003) or mixotrophic (e.g., Selosse and Roy, 2008; Hynson et al., 2009; Merckx et al., 2010; Selosse and Martos, 2014). The mechanisms that govern the extent to which plants depend on mycoheterotrophically derived carbon are poorly understood but may be important for understanding the evolution of mycorrhizal associations, especially mycoheterotrophy (Selosse and Roy, 2008; Leake and Cameron, 2010; Wang et al., 2021).

All orchids are mycoheterotrophic at the protocorm life history stage and depend entirely on fungi for carbon and other resources that are required for transition to later life history stages. During the later life history stages, the amount of carbon they derive mycoheterotrophically varies (e.g., Leake, 1994; Rasmussen and Rasmussen, 2007). Most orchids photosynthesize at maturity and are not obligate mycoheterotrophs. However, nearly all orchids continue to associate with mycorrhizal fungi, and largely autotrophic orchids can be partially mycoheterotrophic (e.g., Gebauer and Meyer, 2003; Liebel et al., 2010; Yagame et al., 2012; Selosse and Martos, 2014; Hynson, 2016; Schiebold et al., 2018; Schweiger et al., 2018). Studies of albino and variegated variants of green orchids have also been used to demonstrate the importance of resource movement from mycorrhizal fungi to orchids (Selosse et al., 2004; Lallemand et al., 2019; Suetsugu et al., 2019) and to demonstrate a linear relationship between leaf chlorophyll and fungal contributions to plant carbon (Stöckel et al., 2011). Until recently, orchids were solely assumed to be the beneficiaries of a non-mutualistic association, obtaining carbon from fungi but not providing anything in return (Alexander and Hadley, 1985; Smith and Read, 1997). However, recent studies have shown that species within the genus Goodyera provide carbon (C) to mycorrhizal fungi under specific laboratory conditions (Cameron et al., 2006, 2008; Hynson et al., 2009). While the circumstances that dictate the direction of C flow are unclear, it has been speculated that stressors that reduce a plant's photosynthetic ability (e.g., limited light and moisture) may prevent autotrophic carbon acquisition to the extent that orchids will increase the level of resources gained through mycoheterotrophy (Gebauer, 2005; McCormick et al., 2006; Hynson et al., 2009; Preiss et al., 2010). Indeed, Preiss et al. (2010) and Schweiger et al. (2019) demonstrated a correlation between the light quantity and the proportion of carbon that orchids derived from fungi.

Almost all herbaceous species in forests are highly or obligately dependent on mycorrhizal fungi (Brundrett and Kendrick, 1988; Whigham, 2004), and the loss of plantfungal interactions has negative consequences for physiological processes, including nutrient and water uptake (Hale et al., 2011). Plant-fungal interactions can be disrupted, and the quantity and direction of benefits altered. McCormick et al. (2006), for example, found that individuals of Goodyera pubescens lost their mycorrhizal fungi during a drought. Surviving plants subsequently associated with the same or different mycorrhizal fungi, but also suffered higher mortality. The presence of mycorrhizal fungi is also important in nonorchids. Bitterlich et al. (2019) found that mycorrhizal fungi supported increased photosynthesis in tomatoes, but only when there was sufficient light and moisture. In contrast, Zhu et al. (2011) and Cabral et al. (2016) found that mycorrhizal plants maintained higher photosynthetic rates and yield in response to heat stress. These findings suggest that stress responses by a wide range of plants are affected by fungal interactions, but there have been few instances where that hypothesis has been directly tested.

Stable isotope natural abundance analysis is a useful approach to the study of mycoheterotrophic nutrient pathways (e.g., Gebauer and Meyer, 2003; Trudell et al., 2003; Ogura-Tsujita et al., 2009). Heterotrophically derived nutrients reflect the isotopic composition of their source and, because fungal C and sometimes nitrogen (N) are typically enriched in heavy isotopes relative to photosynthetically fixed carbon and soilderived inorganic nitrogen, C and N isotopes can be used to estimate the degree of mycoheterotrophy (e.g., Gebauer and Meyer, 2003; Zimmer et al., 2007; Suetsugu et al., 2019). The carbon and nitrogen isotopic distinctiveness of nutrient contributions from saprotrophic fungi is far less than for fungi that simultaneously form ectomycorrhizal associations. Hydrogen isotopes are now being used to overcome the limited power of C and N isotopes to quantify mycoheterotrophy and have demonstrated greater fungal contribution to plant nutrition than previously suspected (Gebauer et al., 2016), but these methods are still not widely applied, and they were unavailable when the reported study was conducted. If the amount of mycoheterotrophy changes with environmental conditions or stress, then plant isotopic enrichment would be expected to reflect that change. Such changes in the relative contribution of fungi to plant nutrition and isotopic composition could result from increasing fungal contribution, decreasing photosynthetic contribution, or both (Jacquemyn et al., 2021). Additionally, isotopic composition can shift with direct effects of environmental conditions on stomatal conductance and photosynthesis.

We tested the hypothesis that photosynthetic orchids increase reliance on mycorrhizal fungi for C and N acquisition during periods of resource limitation. We used C and N isotope analysis to determine whether two orchids with different life history characteristics, G. pubescens and Tipularia discolor, relied more on mycorrhizal fungi for N and C under conditions of light limitation and decreased water availability. Light availability has been previously shown to influence photosynthesis in Tipularia discolor (Tissue et al., 1995; Hughes et al., 2019) and carbon acquisition in a species of Goodyera (Liebel et al., 2015). Both direct effects of drought on plants and increased fungal contribution to plant carbon would be expected to increase plant δ^{13} C, but only increased fungal contribution would be expected to increase enrichment in ¹⁵N. We hypothesized that increased shade would decrease photosynthesis without directly affecting fungi, resulting in orchid leaves enriched in 13C, reflecting increased fungal contribution to plant carbon. In contrast, we hypothesized that drought would affect photosynthesis through decreased stomatal conductance but would potentially decrease fungal contribution to plant carbon. We expected the two species to differ in mean isotopic enrichment, because they associated with different fungi and were active at different times of the year, but we expected isotopic enrichment to increase or decrease similarly in response to treatment conditions.

Materials and methods

Study species

Goodyera pubescens R.Br is an evergreen orchid occurring in mid and late successional forests throughout eastern United States. Individual plants have a basal rosette of leaves with new leaves produced in the spring. Flowering occurs in mid-summer and the inflorescence emerges from the center of the basal rosette. After flowering, rhizomes may branch, allowing limited asexual reproduction, but clones remain small and did not extend beyond the experimental treatments. Pelotons of mycorrhizal fungi are present year-round in older roots and colonize newly produced roots (Rasmussen and Whigham, 2002). Plants associate exclusively with a single clade of *Tulasnella* spp. (McCormick et al., 2004) that decompose organic matter as their primary form of nutrition, and can switch fungi following drought (McCormick et al., 2006).

Tipularia discolor (Pursh) Nutt. is a winter-green orchid that produces a single leaf that appears in early autumn, typically September-October, and senesces in the spring, typically May. Flowering occurs at the end of July or beginning of August when leaves are not present. The species occurs primarily in hardwood forests throughout Eastern US. Fungal pelotons are present in roots throughout the year, with two fungi in the genus *Protomerulius* that support seed germination and protocorm growth. After becoming photosynthetic, the species associates with a wide range of fungi that belong to several distantly related *Tulasnella* clades (McCormick et al., 2004).

Study location

The experiments were conducted in six deciduous forest stands, three for each species of orchid, at the Smithsonian Environmental Research Center (SERC) in Edgewater, Maryland, USA. For both orchids, in each site we located 12 mature plants. For G. pubescens, the plants had rosettes that were ≥ 4 cm diameter and \geq five leaves. Tipularia discolor plants, which produce a single leaf per year, had leaves that were ≥ 3 cm wide. The orchids that were selected in each forest stand were separated by 1-2 meters to prevent sampling multiple plants associated with a single fungal organism. McCormick et al. (2006) found that orchids separated by more than 50 cm associated with different fungal individuals. We randomly assigned four individuals of each species to the shade and drought treatments (described below) and controls. We also selected 12 Fagus grandifolia Ehrh. seedlings (10-20 cm tall) associated with each selected orchid to serve as autotrophic reference plants. Fagus grandifolia was the only autotrophic species present across all study sites and <20 cm away from each selected orchid.

Experimental set-ups

Individual orchids subjected to drought or shade treatments were covered by exclosure shelters, each constructed of 1.9 cm diameter PVC pipe to form a 50 cm \times 50 cm canopy with 28 cm legs. Shade structures used black 95% shade cloth as per Gorchov et al. (2011). Drought shelters were covered with UV-permeable rain barrier plastic (2-mil ACLAR 22A, Honeywell Specialty Films, Linden, NJ, USA), and were bordered on their uphill edge by a 50 cm length of landscape edging to divert surface runoff. Shelters for G. pubescens remained in place from June-October 2009 (5 months) and shelters over T. discolor remained in place from October 2009-February 2011 (16 months). Leaves of both species were collected for isotope analysis, described below, at the end of the study. In addition to the two orchids and reference F. grandifolia seedlings, we also collected leaves for isotope analysis from two seedlings of F. grandifolia that were growing beneath two of the T. discolor exclosures, one beneath a shade and the other beneath a drought treatment. While just two F. grandifolia seedlings make for a very small sample size, we had hoped to have far more F. grandifolia individuals, as well as other species, but few other plants grow in the shaded understory locations where the study took place and no other plants survived the treatments.

Environmental data

Soil moisture data associated with each shelter were collected at the beginning and end of each experiment to assess relative differences among sites, and to verify treatment efficacy. Percent soil moisture between 0 and 12 cm depth was measured at eight locations in each site to account for site differences in water availability (HydrosenseTM Moisture Meter, Campbell Scientific Australia Pty. Ltd., Garbutt, QLD, Australia). Photosynthetically active radiation (PAR) was measured using an AccuPAR PAR-80 1 m Sunfleck ceptometer (Decagon Devices, Pullman, WA, USA) at 50 cm above the ground, a height that reflected light levels that plants would have been experiencing prior to manipulation, at each plant location, and at random locations within each forest stand. PAR was highly variable (range 1-46% available PAR) among locations, sites, and beneath the light shelters and was never a significant factor in plant C, N, or isotopic enrichment (all P > 0.6), so it was not included in final analyses. Soil moisture values were compared among treatments (fixed independent variable) and sites (random independent variable) using an ANOVA. Experimental treatment and site effects were analyzed using two-way ANOVAs in Systat v 12.0 with site and treatment as main effects and interactions. Where treatment effects were significant, we conducted a post-hoc comparison among the treatment means using Tukey's honestly significant difference test in Systat (12.0).

Plant growth and ecophysiology

For *G. pubescens*, initial plant size was measured by taking a photograph of each plant with a ruler for scale. Photos were printed, using the ruler to check for scale, and each leaf was cut out and area measured using a LI-3100 area meter (LiCor, Lincoln, NE, USA). At the end of the experiment, plants were again photographed, and area measured as before. Growth of each plant was calculated as the change in area from the beginning of the experiment until the end.

For *T. discolor*, we measured the length and width of each leaf (each plant produced a single leaf per year) using a ruler and converted to area using: Leaf Area = 2/3 (length × width). Growth of each leaf was based on area at the beginning and end of the experiment. For this species, we took advantage of the availability of a LiCor instrument that was not available when we conducted the study with *G. pubescens*. We measured the effects of drought and shade on *T. discolor* light saturated rates of photosynthesis (A_{sat}) using a LiCor 6400 (LiCor Biosciences, Lincoln, NE, USA) on a warm (air temperature was 19.5°C) winter day, February 18, 2011. Hughes et al. (2019) found that February was when *T. discolor* had the highest rates of photosynthesis, reflecting a combination of increased light in the forest understory and physiological activity. A_{sat} was measured

with the instrument set to the following conditions: block temperature: 25°C, PAR: 1,000 micromols, as these represent optimum light and temperature conditions for this species (Tissue et al., 1995). After a minimum of 5 min under light saturated condition, we began to log data.

We then changed PAR to 0 to estimate dark respiration (R_d) and waited a minimum of 3 minutes until steady state conditions were achieved prior to logging data. Water use efficiency (WUE) under light saturated conditions was calculated as A_{sat} /transpiration. We also performed rapid light curves using pulse amplitude modulated fluorometry (Mini PAM, Walz, Hamburg, Germany) to estimate quantum efficiency (α) and the maximum relative electron transport rate (rETR). Briefly, leaves were exposed to eight increasing levels of PAR for 10 seconds, followed by a 0.6 saturation pulse of light. Both α and rETR were fit in non-linear models in SAS (v 9.2) (proc nlin) as described by Ralph and Gademann (2005).

Experimental treatment and site effects on A_{sat} , R_d , α , and rETR were analyzed using two-way ANOVAs in Systat v 12.0 with site and treatment as main effects and interactions. Where treatment effects were significant, we conducted a *post-hoc* comparison among the treatment means using Tukey's honestly significant difference test in Systat (12.0).

Stable isotope abundances and nitrogen and carbon concentrations

Goodyera pubescens leaves were collected after 17 weeks of treatment and analyzed for relative isotopic abundance. We collected the youngest full-sized leaf from the center of each rosette. This ensured that we were collecting a leaf that had formed after the treatment was initiated, hence minimizing dilution of treatment effects through averaging over the lifespan of leaves that were already present when treatments began (e.g., Hynson et al., 2012). At the same time, we harvested the youngest full-sized leaves from the nearby *F. grandifolia* seedlings. After each leaf harvest, scissors used to cut each leaf were cleaned with 95% ethanol to prevent cross-contamination. Leaves were placed directly into sterile micro-centrifuge tubes, returned to the laboratory within 3 h, and stored at -20° C until they were prepared for isotope mass spectrometry (below).

Fully expanded leaves of *T. discolor* were collected in February 2011, 16 months after the experiment began. This ensured we were collecting leaves that initiated after treatment onset. The youngest full-sized leaves of the nearby *F. grandifolia* near the *T. discolor* shelters were collected earlier, October 2010. *Fagus grandifolia* leaves were collected at a different time because by the time *T. discolor* leaves were fully developed, the reference plants would not have had leaves. Leaves of the two *F. grandifolia* seedlings growing beneath *T. discolor* shelters (described above) were also sampled in October 2010. Frozen leaf samples from the orchids and *F. grandifolia* were lyophilized, ground, and weighed (3–4 mg of ground foliar tissue) into 5×9 mm tin capsules (Costech Analytical Technologies, Valencia, CA, USA). Stable isotope ratio gas chromatography mass spectrometry (EA-IRMS) analyses were completed at the Smithsonian Museum Conservation Institute Stable Isotope/Mass Spectrometry Lab in Suitland, MD, using an Elemental Analyzer Model 4010 (Costech Analytical Technologies) coupled to a Delta V Advantage Isotopic Ratio Mass Spectrometer with Isodat NT Software (Thermo Fisher Scientific, Waltham, MA, USA).

Measured isotope abundances are presented as δ -values and calculated using the equation: $\delta^{15}N$ or $\delta^{13}C = (R_{sample}/R_{standard} -1) \times 1000 [\%]$ (where R_{sample} and $R_{standard}$ are ratios of heavy:light isotope of each element in the sample or standard) (Gebauer and Meyer, 2003). Because stable isotope composition is affected by local climatic conditions, relative isotope ratios were normalized to site-specific enrichment factors for each species using the equation: $\epsilon = \delta x_S - \delta x_R$, where δx_S is the individual $\delta^{15}N$ or $\delta^{13}C$ value of a sample, and δx_R is the mean $\delta^{15}N$ or $\delta^{13}C$ of the 12 autotrophic reference plants at the site in question (Preiss and Gebauer, 2008). Total %N and %C were measured on all leaf samples with the same instrument used for the isotope analysis.

Percent N and C data were analyzed for correlations with isotopic composition, and to determine whether they varied with sample date or experimental treatment. We compared the isotopic enrichment of drought, shade, and control plants using ANOVAs with ε^{15} N and ε^{13} C as dependent variables. Treatment (control, shade, drought) and species were fixed independent variables, and site (nested within species) was a random variable. After considering the effect of treatment overall, we compared drought and shade treatments in a second set of identical ANOVAs. All calculations were conducted using Systat 12 for Windows (Systat Software Inc., San Jose, CA, USA).

Results

Environmental data

Soil moisture varied among sites and treatments for both species (**Table 1**). The treatment effect was significant (F = 61.3, P < 0.001). Soil moisture differed among the species, which was expected, since the studies were carried out in different years and seasons, and was significantly lower inside the precipitation exclosures for both species, compared to shade or control locations (ANOVA: Species: F = 37.5, P < 0.001; Treatment: F = 61.3, P < 0.001; Species × Treatment: F = 2.05, P = 0.15, Species (Site): F = 15.6, P < 0.001; **Supplementary Figure 1**). Shaded and control soils did not differ significantly (F = 0.700, P = 0.41); Species × Treatment: F = 2.05, P = 0.15, Species (Site): F = 15.6, P < 0.001.

TABLE 1 Percent soil moisture (volumetric \pm se) at each of the three sites and three treatments (control, drought, and shade) for *Goodyera* pubescens and *Tipularia discolor*.

	Site 1	Site 2	Site 3
Goodyera pubes	scens		
Control	23.7 ± 5.4	21.3 ± 1.2	31.5 ± 1.8
Drought	12.2 ± 1.6	11.9 ± 1.1	18.0 ± 1.1
Shade	19.5 ± 1.5	22.3 ± 2.5	29.3 ± 1.8
Tipularia discol	or		
Control	20.6 ± 1.2	19.4 ± 0.5	17.0 ± 0.2
Drought	11.6 ± 0.2	12.0 ± 0.2	11.2 ± 0.2
Shade	20.3 ± 1.2	18.9 ± 0.1	16.4 ± 0.5

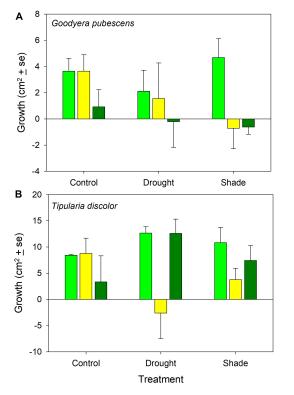


FIGURE 1

Relative leaf area growth (mean \pm 1 SE) for (A) *Goodyera* pubescens and (B) *Tipularia discolor* control and treatment plots at each site. The three bars for the two treatments and controls represent different sites where the experiment was conducted, as described in the section "Materials and methods."

Orchid growth

Relative leaf growth was significantly different between species (**Figures 1A,B**; ANOVA: Species: F = 13.5, P = 0.001) but the treatment and interaction effects were not significant (Treatment: F = 0.038, P = 0.96; Species × Treatment: F = 0.022, P = 0.98, Species (Site): F = 3.41, P = 0.014). Relative leaf growth was positive in all of the controls and the majority of treatments

TABLE 2 Carbon (%C) and nitrogen (%N) concentrations (each
mean \pm se) of G. pubescens and T. discolor across all treatments (top
two rows) and concentrations across treatments (bottom three rows)

	%C	%N
Species		
Goodyera pubescens	44.14 ± 0.20	2.08 ± 0.10
Tipularia discolor	44.46 ± 0.14	2.59 ± 0.09
Treatment		
Control	44.23 ± 0.20	2.37 ± 0.15
Shade	44.59 ± 0.18	2.52 ± 0.10
Drought	44.09 ± 0.23	2.13 ± 0.11

but there were noticeable differences in relative growth between sites within the two treatment sites (Figure 1A). Relative leaf growth was not different from zero, based on the size of the error bars, in one of the drought treatment plots, and negative in two of the shaded plots (Figure 1A).

Stable isotope abundances and nitrogen and carbon concentrations

There were no significant species, treatment, or sites effects for leaf C (Table 2; ANOVA: Species: F = 1.81, P = 0.18;

Treatment: F = 1.57, P = 0.22), and the interactions between Species × Treatment (F = 0.808, P = 0.45) and Species (Site) (F = 0.890, P = 0.48) were not significant. Leaf N concentrations were significantly higher for *T. discolor* (Species: F = 16.0, P < 0.001) and drought-exposed plants had lower %N than control or shaded plants (F = 3.35, P = 0.042). The Species × Treatment (F = 0.011, P = 0.99) and Species (Site) (F = 1.61, P = 0.18) interactions were not significant for %N.

Drought and shade treated plants of both orchids were enriched in both ¹³C and ¹⁵N compared to controls (**Figure 2**), but the species differences were only significant for ε^{13} C (**Table 3**). For both species, there were between plot differences in ε^{13} C and ε^{15} N (**Figure 3**), but the difference between shade and drought treated plants was not significant (both *P* > 0.56). Leaves of both orchids differed from the control *F. grandifolia* leaves (**Figure 2**). As described in the Methods, we were able to sample a single *F. grandifolia* seeding in a shaded and drought *T. discolor* plot. The shaded seedling had ε^{13} C = -0.51 and ε^{15} N = 0.022, and the drought-exposed seedling had ε^{13} C = 0.53 and ε^{15} N = -0.06 (**Figure 2**).

Ecophysiology

As expected, photosynthesis of *T. discolor* leaves differed between treatments, as demonstrated by significantly different

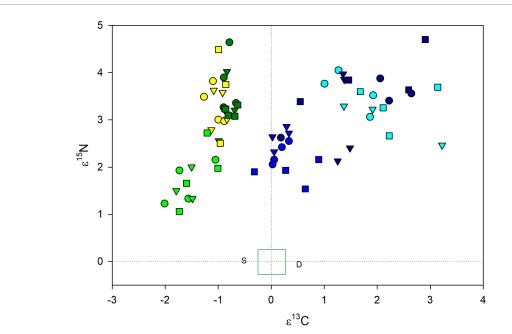


FIGURE 2

Isotopic enrichment factors for ¹³C and ¹⁵N orchids (*G. pubescens*: shades of green/yellow) and (*T. discolor*: shades of blue) exposed to control (medium green or blue), drought (yellow or light blue), and shade (dark green or dark blue) treatments. Within each species, values for orchids from the three sites are presented as different symbols, though overlapping symbol shapes for the two species do not indicate shared sites. The green box around 0,0 indicates the mean (defined as 0) and standard error of enrichment factors for autotrophic reference plants (*Fagus grandifolia*). The isotopic enrichment factors for the single surviving shaded and drought-treated *F. grandifolia* are indicated as S and D, respectively.

TABLE 3 The results of ANOVA tests for differences in carbon			
concentration (%C), nitrogen concentration (%N), and enrichment in			
¹³ C and ¹⁵ N among orchid species, treatments (drought, shade, and			
control), sites within species, and species x treatment interactions.			

	df	F	Р
%C			
Species	1	1.81	0.18
Treatment	2	1.57	0.22
Species(site)	4	0.89	0.48
Species \times Treatment	2	0.808	0.45
%N			
Species	1	16.0	< 0.001
Treatment	2	3.35	0.042
Species(site)	4	1.61	0.18
Species \times Treatment	2	0.011	0.99
$\epsilon^{13}C$			
Species	1	394	< 0.001
Treatment	2	30.1	< 0.001
Species(site)	4	0.872	0.48
Species \times Treatment	2	10.3	< 0.001
$\epsilon^{15}N$			
Species	1	2.13	0.15
Treatment	2	49.2	< 0.001
Species(site)	4	0.379	0.28
Species \times Treatment	2	2.00	0.14
opecies x freuthent	4	2.00	0.1

quantum efficiency, α (F = 4.01, P = 0.04), and marginally significantly different rate of photosynthesis under lightsaturating conditions, A_{sat} (F = 3.48, P = 0.09). Dark respiration (R_d) was highly variable and not statistically different across sites or treatments (**Table 4**). Control plants had higher mean rates of light-saturated photosynthesis (A_{sat}) than shaded or droughttreated plants (F = 8.93, P = 0.015), perhaps reflecting their lower stress level. Shaded plants had higher quantum efficiencies (α) than control and drought-treated plants (F = 7.07, P = 0.015), demonstrating the effects of light limitation. There were also significant differences among sites in rETR (F = 8.37, P = 0.002) and WUE (F = 4.25, P = 0.06) (**Table 4**).

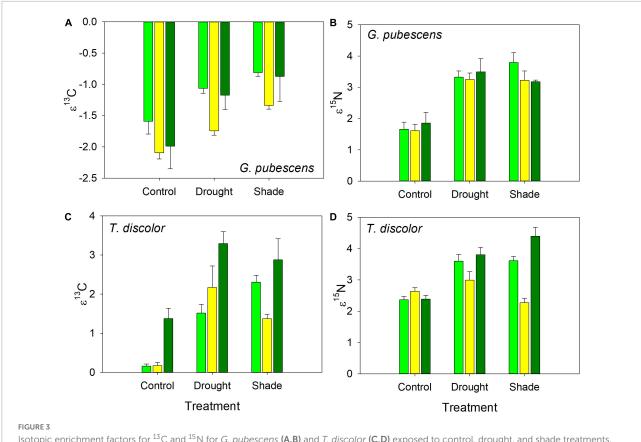
Discussion

This study offers experimental data supporting the hypothesis that light and drought stress can increase orchid dependence on fungal carbon. Selosse and Roy (2008) and Motomura et al. (2010) hypothesized that increasing mycoheterotrophy leads to the evolution of achlorophyllous, totally mycoheterotrophic plants, and that this might be triggered by very low light conditions. Others have shown a correlation between light availability and plant isotopic concentrations, indicative of fungal contribution to plant carbon (e.g., Gebauer, 2005; Liebel et al., 2010; Preiss et al., 2010), and a recent study used multiple isotopes to demonstrate

a previously difficult to discern connection between light levels and partial mycoheterotrophy (Schweiger et al., 2019). In contrast, Těšitel et al. (2018) provided an argument for the retention of photosynthesis in partially mycoheterotrophic plants, as a support for seed set. None of these studies demonstrated the shifting of photosynthetic contributions with a manipulative experiment. We found that drought and shade stresses caused declines in parameters related to photosynthesis and resulted in increased reliance on mycoheterotrophy. We propose that the increased mycoheterotrophic contribution to orchid nutrition facilitated the maintenance of similar growth rates in both species and dark respiration in *T. discolor* despite the stress conditions.

The increased reliance on mycoheterotrophy was interpreted from increased enrichment in ¹³C and ¹⁵N, but isotopic composition can also be affected by other factors. Both drought and shade resulted in enrichment in ¹³C. However, both stressors can also have direct effects on ¹³C composition. In the absence of a changed fungal contribution to carbon, we would have expected that a direct effect of shade on plant carbon cycling would led to depleted ¹³C, as shown for a wide range of non-orchid autotrophs (Preiss et al., 2010; Liebel et al., 2015; Lallemand et al., 2018). This also appears to be borne out by the single shaded F. grandifolia seedling, which had a lower $\epsilon^{13}C$ than the untreated autotrophic reference plants. Importantly, we found that the actual difference was in the opposite direction, demonstrating that the orchids were more enriched in ¹³C, not less. The results suggest that our measurements may have underestimated the true increases in mycoheterotrophy that occurred as a result of shading.

In contrast to the shade treatment, we hypothesized that drought-treated orchids would be unable to increase the fungal contribution to C. However, we measured enrichment in ¹³C in drought-treated orchids that was almost the same as for shade. Although we do not know the extent to which OMF are able to translocate water, a possible reason for not seeing the expected decrease in $\epsilon^{13}C$ could be that the drought imposed by the shelters was too localized to affect the fungi, which might have been able to translocate water from outside the shelters. For example, Ruth et al. (2011) found that arbuscular mycorrhizal fungi were able to translocate water from one chamber to an associated plant in another chamber. Another possible explanation for the increase in $\epsilon^{13}C$ could be the direct effects of drought. The $\delta^{13}C$ of plants experiencing drought has been found to increase 1-2‰ as a result of stomatal closure to minimize water loss and increased internal recycling of CO₂ (e.g., Pollastrini et al., 2010). However, the single F. grandifolia seedling that was exposed to drought was only slightly enriched in ¹³C compared to untreated autotrophic control plants, suggesting that while our isotopic measurements might have led to an overestimate of increases in mycoheterotrophy in response to drought, they do not seem to negate them.



Isotopic enrichment factors for 13 C and 15 N for *G. pubescens* (A,B) and *T. discolor* (C,D) exposed to control, drought, and shade treatments. Mean enrichment factor \pm se is shown. Different colored bars indicate different sites.

Site	Treatment	rETR	α	WUE	A _{sat}	R _d
1	Control	77.14 ± 5.87	0.28 ± 0.03	9.89 ± 0.98	6.78 ± 0.47	-0.71 ± 0.13
2	Control	58.55 ± 6.87	0.28 ± 0.02	34.73	5.87	-0.29
3	Control	92.23 ± 7.63	0.28 ± 0.01	14.6 ± 4	6.44 ± 1.75	-0.81 ± 0.08
1	Drought	71.72 ± 8.24	0.27 ± 0.01	9.22 ± 0.39	4.85 ± 0.29	-0.49 ± 0.08
2	Drought	47.31 ± 7.65	0.26 ± 0.02	22.69 ± 10.54	3.79 ± 0.3	-0.54 ± 0.05
3	Drought	103.20	0.23	11.36 ± 3.08	4.9 ± 1.59	-0.63 ± 0.11
1	Shade	83.03 ± 7.73	0.32 ± 0.01	9.00	3.32	-0.45
2	Shade	70.27 ± 6.83	0.3 ± 0.02	17.69 ± 0.56	3.68 ± 1.21	-0.87 ± 0.08
3	Shade	66.5 ± 10.62	0.31 ± 0.02	8.35 ± 0.21	4.51 ± 1.07	-0.54 ± 0.08

rETR, maximum relative electron transport rate; α , quantum efficiency; WUE, water use efficiency; A_{sat}, light saturated photosynthesis; R_d, dark respiration. For some plots, only one plant was available to measure, so the values for that plant are given with no standard error reported.

Another possible cause for the observed enrichment of 13 C is that drought could disrupt the orchid-fungus relationship and cause orchids to associate with different, perhaps more drought-resistant, fungi. McCormick et al. (2006) found that *G. pubescens* in locations near the present study sites switched to associate with different fungal genets following a drought. If such a switch happened in this experiment, the new fungi could have had different isotopic compositions than the original

fungi, leading to shifts in orchid isotopic composition without corresponding changes in quantitative contributions to plant carbon. This is only a realistic possibility for *T. discolor* because it associates with diverse fungi that can include fungi that are ectomycorrhizal with surrounding trees, and so potentially isotopically very different (e.g., Gebauer and Meyer, 2003). However, in many *T. discolor* individuals sampled over the course of 10 years, we have not found any that were

sufficiently enriched in ¹⁵N to suggest a considerable input from ectomycorrhizal fungi. In *G. pubescens*, fungal associates belong to a very narrow clade that we would expect to be isotopically very similar.

Patterns for ¹⁵N enrichment mirrored those for ¹³C, suggesting that both nitrogen and carbon were taken up from fungi, and that the uptake was affected by drought and shade stress. The strongest differences in ¹⁵N enrichment that reflect the extent of mycoheterotrophy have been seen in plants associating with ectomycorrhizal fungi, which are typically enriched in ¹⁵N relative to N obtained from inorganic nutrients in the soil (e.g., Hynson et al., 2013). Saprotrophic fungi often have less enriched ¹⁵N abundance, depending on what they decompose to obtain nutrients, and so the nitrogen "signal" for fungal contribution to plant nutrition is weaker (Bidartondo et al., 2004; Martos et al., 2009; Schweiger et al., 2019). Indeed, the observed increase in $\epsilon^{15}N$ was far less than what has been observed for orchids associated with fungi that are simultaneously ectomycorrhizal with other plants, but it was still a detectable increase (e.g., Schiebold et al., 2018). This is particularly important for interpreting the direct effects of drought and shade on plant photosynthesis, and thus ε^{13} C, because ε^{15} N is expected to be unaffected by direct effects of drought (Peuke et al., 2006) and shade, yet we saw a similar increase in $\delta^{15}N$ in drought-exposed and shaded plants. Accordingly, the two surviving F. grandifolia plants in the drought and shade treatments both had $\epsilon^{15}N$ of nearly 0. However, drought-treated orchids also had lower overall nitrogen concentration, suggesting that less total nitrogen was taken up by the plants and that perhaps the fungal contribution to drought-treated plants, while a proportional increase compared to unstressed control orchids, nevertheless could have been less than for shaded plants.

The differences in photosynthetic parameters for T. discolor shed some light on how drought and shade affected plant physiology and complemented isotopic results. In particular, we found lower light saturated photosynthesis (Asat) in shade and drought stressed orchids; suggesting that photosynthetic rates were lower in stressed plants. Shaded plants were able to photosynthesize more efficiently (greater α), a common adaptation to low light levels, but this was likely not enough to make up for the greatly decreased light availability in this treatment. Other physiological parameters, WUE, and R_d, were unchanged, suggesting that T. discolor was able to maintain many aspects of their physiology, despite decreased photosynthetic ability. Both orchid species were also able to maintain similar growth rates despite shade and drought stress, perhaps pointing to the importance of increased mycoheterotrophy for surviving stressful conditions.

Our results suggest that increased mycoheterotrophy may be triggered by stresses that limit photosynthetic ability and not just by limited light. The effects of experimental treatments on plant $\epsilon^{13}C$ and $\epsilon^{15}N$ indicated that the orchids

can increase reliance on carbon derived from fungi when photosynthetic capability was encumbered. Although it has previously been postulated that limited light availability could determine reliance on fungi for carbon (Gebauer, 2005; Hynson et al., 2009; Liebel et al., 2010; Preiss et al., 2010), this study provides experimental evidence that reduced light availability and drought can both increase mycorrhizal dependence in a partially mycoheterotrophic orchid. These results, combined with the evidence that photosynthesis contributes primarily to above-ground parts of partially mycoheterotrophic plants (Těšitel et al., 2018), provide the framework on which to build a more detailed understanding of the evolution of mycorrhizal associations. Further, with investigation of other green orchids and partially mycoheterotrophic plants, this promises to advance understanding of the dynamics of mycoheterotrophy in forest understories, and may help to explain why nearly all forest understory herbs are mycorrhizal (Whigham, 2004), despite very low light availability, which would be expected to limit the availability of photosynthetic carbon to contribute to a bidirectional mycorrhizal association.

Data availability statement

The raw data supporting the conclusions of this article will be made available by the authors, without undue reservation.

Author contributions

MM and KG conceived the bulk of the study with additions by DW and TM. KG (2009–2011), MM (2009–2022), and TM (2011–2022) carried out the study. MM analyzed the data. MM and KG wrote the manuscript. DW and TM edited the manuscript. All authors contributed to the article and approved the submitted version.

Funding

KG was funded by the Environmental Leadership Center at Warren Wilson College. MM was funded in part by the US National Park Service (PMIS 120082).

Acknowledgments

We thank Amy Boyd, Lou Weber, and Phil Jamison for their advice on study design and analysis and Jay O'Neill, Anne Chamberlain, Christine France, and Gary Peresta for their advice and technical support during the experiment. Isotopic samples were analyzed at the Smithsonian's Museum Conservation Institute.

Conflict of interest

The authors declare that the research was conducted in the absence of any commercial or financial relationships that could be construed as a potential conflict of interest.

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Supplementary material

The Supplementary Material for this article can be found online at: https://www.frontiersin.org/articles/10.3389/ fevo.2022.1047267/full#supplementary-material

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