



# Spitting Seeds From the Cud: A Review of an Endozoochory Exclusive to Ruminants

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## OPEN ACCESS

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### Specialty section:

This article was submitted to  
Biogeography and Macroecology,  
a section of the journal  
Frontiers in Ecology and Evolution

**Received:** 12 November 2018

**Accepted:** 24 June 2019

**Published:** 17 July 2019

### Citation:

Delibes M, Castañeda I and  
Fedriani JM (2019) Spitting Seeds  
From the Cud: A Review of an  
Endozoochory Exclusive to  
Ruminants. *Front. Ecol. Evol.* 7:265.  
doi: 10.3389/fevo.2019.00265

Given their strong masticatory system and the powerful microbial digestion inside their complex guts, mammalian ruminants have been frequently considered seed predators rather than seed dispersers. A number of studies, however, have observed that ruminants are able to transport many viable seeds long distances, either attached to the hair or hooves (i.e., epizoochory) or inside their body after ingesting them (i.e., endozoochory). However, very few studies have investigated a modality of endozoochory exclusive to ruminants: the spitting of usually large-sized seeds while chewing the cud. A systematic review of the published information about this type of endozoochory shows a marked scarcity of studies. Nonetheless, at least 48 plant species belonging to 21 families are dispersed by ruminants in this manner. Most of these plants are shrubs and trees, have fleshy or dry fruits with large-sized seeds, and are seldom dispersed via defecation. Many cases have been observed in tropical areas, where more frugivorous ruminant species occur, but other records are from temperate and dry areas, covering thus all continents except Antarctica. Twenty-one species of ruminants from 18 genera have been reported as endozoochore spitters. They involve domestic and wild species belonging to the families Tragulidae, Cervidae, and Bovidae. This suggests that almost any ruminant species could potentially eat fruits and regurgitate large hard seeds during rumination. Likely, this seed dispersal mechanism has been neglected due to the difficulty of observing rumination behavior and locating spat seeds. Further research on the potential of wild and domestic ruminant species as long-distance seed dispersers through spitting seeds from the cud appears particularly important given their increasing pervasiveness and abundance worldwide.

**Keywords:** mutualism, plant-animal interactions, rumination, seed regurgitation, seed dispersal

## INTRODUCTION

Reproductive plants frequently benefit from moving their seeds away from their immediate vicinity. Such benefits include the increase of seed and seedling survival, enhanced germination, reduced sibling competition, increased gene flow, and the colonization of vacant habitats. Not surprisingly, plants use myriad mechanisms for seed dispersal, such as the transport outside and inside vertebrates' bodies (Herrera, 2002). To attract vertebrate seed dispersers, many plants have

evolved edible fruits covering seeds, so that these nutritious fruits are ingested by animals that later eject seeds in suitable conditions to germinate (Herrera, 2002). However, fruits are attractive also for some other frugivores that kill seeds during ingestion and/or digestion, acting thus as seed predators. Given their strong masticatory system and the powerful microbial digestion inside their complex guts, mammalian ungulates, and particularly those that are ruminants, have been frequently considered predators of the large-sized seeds characteristic of many woody plant species. Indeed, many authors consider that ungulates maximize nutritional intake from fruits by digesting the entire resource, including seeds (e.g., Bodmer, 1991).

The antagonistic role of ungulates as plant consumers and seed predators has been frequently highlighted. As a result, the environmental risk of overgrazing derived from the recent increase in numbers of some wild ungulate species is receiving increasing research attention (e.g., Côté et al., 2004; Perea et al., 2014; Lecomte et al., 2016). In the same way, global livestock production is an important cause of environmental concern, either for climate change, reactive nitrogen mobilization, or appropriation of plant biomass at planetary scales (Pelletier and Tyedmers, 2010). Nevertheless, the mutualistic role of ungulates as effective seed dispersers (*sensu* Schupp et al., 2010) has been also investigated, especially for grasses and some other plants whose small seeds often escape mastication and pass intact through the gut (i.e., endozoochory; e.g., Janzen, 1984; Myers et al., 2004; Mouissie et al., 2005). Also, ruminants can move many viable seeds at long distances attached to the fur and the hooves (i.e., epizoochory; e.g., Manzano and Malo, 2006). Recent reviews analyzing the main seed traits that facilitate dispersal by ungulates concluded that seeds having hooks or an elongated shape would be likely dispersed by epizoochory, while rounded and small seeds would be dispersed via endozoochory (Albert et al., 2015a,b).

Interestingly, a particular group of ungulates, the ruminants, can disperse large-sized seeds via a “less well-reported form of endozoochory specific to ruminants: large viable seeds are spat out after some time in the rumen” (Feer, 1995). In this case, seeds are released without completing the whole digestion process (i.e., by defecation), but ejected from the regurgitated bolus (the cud) while ruminating. Ruminants using this modality of seed dispersal were named by Forget et al. (2007) “endozoochore spitters” (a type of dispersal similar to the regurgitation of many bird species; Levey, 1987). Here we estimate for the first time the global importance of such a peculiar kind of endozoochory exclusive to ruminants.

Ruminants, i.e., the members of the mammalian Order Artiodactyla that include a rumen, reticulum, omasum (or some part homologous to the omasum) and abomasum in their digestive system, are abundant and frequently large body sized mammals that are able to severely influence ecosystem structure and functioning (e.g., Danell et al., 2006). According to Hackmann and Spain (2010), there are about 200 wild species of ruminants distributed in six families (Tragulidae, Moschidae, Bovidae, Giraffidae, Cervidae, and Antilocapridae), although most of them are Bovidae (140 species) and Cervidae (41). Besides, there are nine species of domestic ruminants (eight

Bovidae and one Cervidae). Their estimated population numbers are impressive: about 75.3 million wild ruminants and 3.6 billion domestic ones (Hackmann and Spain, 2010). Importantly, only 10% of these domestic ruminants are raised as industrial livestock (i.e., detached from the land base of feed supply and waste disposal), with the remaining 90% being raised in mixed and grazing land-based systems ([http://www.fao.org/ag/againfo/themes/en/meat/backgr\\_productions.html](http://www.fao.org/ag/againfo/themes/en/meat/backgr_productions.html)).

As ruminants are abundant and rather large body sized animals (up to 900 kg; median of extant wild species is 45 kg; Hackmann and Spain 2010), their effects on the diversity and dynamics of plant communities are usually very relevant (e.g., McNaughton et al., 1988), either directly affecting plant demography through grazing, browsing and seed dispersal, or indirectly by modifying the plant environment, such as soil, nutrient flows, and water cycle (Hobbs, 1996). Thus, attaining a comprehensive understanding of the patterns, mechanisms, and consequences of plant-ruminant interactions is an important challenge for ecologists, conservationists and managers (Danell et al., 2006; Foster et al., 2014; Bernes et al., 2018).

As is known, the rumen (or first chamber of the ruminant stomach) delays plant food at the gut for enough time to allow symbiotic microbes to ferment it. The delaying mechanism relies on the orifice between the rumen and the omasum, which limits the size of the food particles that can pass on to successive stomach chambers and intestines (Wenninger and Shipley, 2000). Ruminants ingest many whole fruits with scarce or no mastication. In their forestomach, sized particles are stratified into small and large, and the latter are regurgitated and then remasticated to smaller, easier-to-digest particles (Schwarm et al., 2008). In this way, hard small seeds can pass directly all along the gut and be defecated, relatively soft seeds are crushed or digested, and well-protected large ones must be regurgitated at the cud (one or several times), to be expelled from the mouth or swallowed again and destroyed by rumen microbes (Bodmer, 1991; Sridhara et al., 2016). In addition to the typically large size of regurgitated seeds, this modality of seed dispersal is likely characterized by other parameters, such as retention time, dispersal distance, condition of seed deposition (e.g., level of aggregation), seed survival, and germination success, which must differ from those of seeds dispersed through defecation (Sridhara et al., 2016).

Given the high and increasing pervasiveness and abundance of domestic and wild ruminants worldwide, their capacity to ingest daily a large number of fruits, and the large extent of their movements, their role as potential long-distance seed dispersers deserves particular attention. In this sense, if regurgitating viable seeds while chewing the cud is commonplace, ruminants would be much more important dispersers than previously considered. So far, however, research on this particular kind of endozoochory is largely lacking.

Here we present the results of a review including all available information about, exclusively, dispersal of seeds while chewing the cud (i.e., we do not consider the short-distance dispersal of seeds ejected during fruit mastication) from both wild and domestic ruminant species.

## METHODS

A literature review was carried out to know the state of knowledge about regurgitation and spitting of seeds during rumination, without considering *a priori* if the articles refer specifically to seed dispersal. We consulted reference databases such as Science Citation Index, Science Direct, Scopus, and Google Scholar, among others. Search terms included several combinations of “seeds,” “seed dispersal,” “endozoochory,” “rumination,” “spitting,” “regurgitation,” “ungulates,” “ruminants,” “livestock,” “cattle,” “goat,” “sheep,” “deer,” and “antelope.” We also searched for articles citing Feer (1995) and Prasad et al. (2006) and examined all references contained in each of the previously selected articles mentioning spitting of seeds during rumination. More than 1000 papers were considered, but only 40 (plus two communications *in litt.*) were useful for this review (Table 1). Some of them simply quoted other authors to say that seeds are regurgitated during rumination (e.g., Kresting and Roe, 1949; Corlett, 1998), others alluded to indirect observations of “apparent” seed regurgitation by some species of ruminant (e.g., Jordano, 1987), and finally some others assumed seed spitting, for instance because they found undamaged seeds at the rumen of dead animals but never at the dung (e.g., Slater and du Toit, 2002). Only 25 papers included direct assertions on original observations or experimental evidence of spitting seeds from the cud.

To unify scientific names, we used as reference for plants (Table S1) the Plant List ([www.theplantlist.org](http://www.theplantlist.org)) created by the Royal Botanic Gardens of Kew and the Missouri Botanical Garden, and the list of Mammal Species of the World of (Wilson and Reeder, 2005), third edition ([www.departments.bucknell.edu/biology/resources/msw3/](http://www.departments.bucknell.edu/biology/resources/msw3/)) for mammals. Seed mass was obtained from the original papers on seed dispersal, when available, or from the Seed Information Database of the Royal Botanic Gardens, Kew (<http://data.kew.org/sid/>). For ruminants' body weight and other characteristics we used Bodmer (1990) and the Handbook of the Mammals of the World, vol. 2 (Wilson and Mittermeier, 2011; Table 2).

## RESULTS AND DISCUSSION

### A Brief History of Seed Spitting During Rumination

As a matter of fact, the places where domestic ruminants lay down for rumination do appear frequently covered by spat seeds mixed with dung. Then, likely human herders at least since the Neolithic knew that ruminants were able to spit undamaged seeds while ruminating. In the XVIII century, Antonio Sánchez-Valverde, a priest and lawyer in the Hispaniola Island (current Haiti and Dominican Republic), wrote (in Spanish) about *corozo* palm (*Acrocomia aculeata*) fruits: “Bovine livestock, that swallow these globes very barely chewed, digests the flesh and throw up the remains, i.e., the hard nut” (Sánchez-Valverde, 1785, p. 56). According to our knowledge, the first scientific report on this kind of endozoochory corresponds to Troup (1921) in a treatise on silviculture of Indian trees. He described that piles of stones (of *Spondias mangifera*, today *Spondias pinnata*) “are continually met with in place where deer have lain ruminating and bringing

them up” (p. 247, vol. 1), and also that the seed of *Acacia arabica* (at present, *Acacia nilotica*) “seldom passes completely through sheep and goats, but is ejected by them from the mouth during rumination” (p. 427, vol.2). Besides, he added that “the fermentation and moistening which the seeds undergo before their ejection undoubtedly assists germination”. In his seminal review on seed dispersal, Ridley (1930, p. 372) quoted Troup mentioning briefly that seeds of some fruits consumed by deer in Asia were not defecated, but “disgorged during rumination.” The findings of Troup were also mentioned by Kresting and Roe (1949), but later they would be practically forgotten. Wilson and Clarke (1962) reported this type of endozoochory in captive duikers (*Sylvicapra grimmia*) in Africa and Möhring (1963) in a captive roe deer (*Capreolus capreolus*) in Europe. Later, Janzen (1982, 1985) experimentally investigated the passing of seeds of guanacaste (*Enterolobium cyclocarpus*) through cattle guts and of nuts of *Spondias mombin* through white-tailed deer (*Odocoileus virginianus*) guts. Most seeds of guanacaste were defecated by cattle and very few spat from the cud; contrarily, white-tailed deer “regurgitate the nuts (of *Spondias*) while chewing their cud” and these “nuts never pass into the lower digestive tract.” Since the middle of the 1980s, a few authors described this overlooked behavior in African ruminants (e.g., Gautier-Hion et al., 1985; Feer, 1995), and at the beginning of the XXI century in Australian sheep and goats (e.g., Tiver et al., 2001) and wild Asian ruminants (e.g., Chen et al., 2001; Prasad et al., 2006; Brodie et al., 2009a). More recently, endozoochorous spitters have received attention in Europe and North Africa (e.g., Grünewald et al., 2010; Delibes et al., 2017; Castañeda et al., 2018).

Some recent reviews on frugivory and seed dispersal in tropical areas have considered this type of endozoochory (e.g., Forget et al., 2007), especially in Asia (Corlett, 2011, 2017; Sridhara et al., 2016). However, other reviews refer only to seed regurgitation by birds, primates and fish (e.g., Parolin et al., 2013), mention ungulates mainly as seed predators (e.g., Stoner et al., 2007) or refer exclusively to plant species identified in dung, overlooking spat seeds (e.g., Miceli-Méndez et al., 2008, which introduced the term “bovinochory” to refer to seed dispersal by cattle in the Neotropics).

### Plant Species Dispersed During Rumination

At least 48 plant species belonging to 21 families are likely dispersed from the cud by domestic and wild ruminants (Table 1 and Table S1). These include some plants spontaneously consumed and some others fed to domestic and captive animals in more or less controlled conditions. Curiously, only two of these species (*Crataegus laevigata* and *Prunus avium*), both European, are considered in the meta-analysis carried out by Albert et al. (2015a,b) to compare, at community level, the traits of seeds dispersed and not dispersed by ungulates, and both are cataloged in their study as “never dispersed in endozoochory, fur-epizoochory and hoof-epizoochory studies taken into account in the analysis.” At the same line, Albert et al. (2015a,b) reported the dispersal by ungulates of 278 plant species belonging to 42 families, but only two of these (Fabaceae or *Leguminosae*, and *Rosaceae*) are represented among the 21 families we reported as dispersed through endozoochore spitting. This supports the

**TABLE 1** | Families of plants whose seeds are spat by different genus of ruminants while chewing their cud.

Plant family	Plant lifestyle	Fruit type	Ruminant genus	References
Anacardiaceae	Tree/small tree	Drupe	<i>Hyemoschus</i> , <i>Muntiacus</i> , <i>Axis</i> , <i>Rusa</i> , <i>Odocoileus</i> , <i>Mazama</i> , <i>Philantomba</i> , <i>Cephalophus</i>	3, 4, 6, 7, 8, 13, 14, 15, 16, 21, 24, 39
Annonaceae	Tree	Berry	<i>Muntiacus</i> , <i>Rusa</i>	25
Arecaceae	Palm/dwarf palm	Drupe	<i>Cervus</i> , <i>Bos</i> , <i>Capra</i> , <i>Cephalophus</i>	5, 12, 13, 19, 34, 35, 41
Burseraceae	Tree	Drupe	<i>Tragulus</i> , <i>Muntiacus</i> , <i>Rusa</i> , <i>Philantomba</i> , <i>Cephalophus</i>	7, 13, 15, 23, 42
Calophyllaceae	Tree	Drupe	<i>Cephalophus</i>	13
Combretaceae	Tree	Drupe	<i>Tragulus</i> , <i>Axis</i>	30, 42
Elaeocarpaceae	Tree/small tree	Drupe	<i>Muntiacus</i>	7
Euphorbiaceae	Tree/small tree	Drupe/schizocarp	<i>Moschiola</i> , <i>Muntiacus</i> , <i>Axis</i> , <i>Sylvicapra</i> , <i>Cephalophus</i>	7, 9, 13, 30, 31, 32, 40
Irvingiaceae	Tree	Drupe	<i>Cephalophus</i>	13, 16
Lamiaceae	Shrub/small tree	Drupe	<i>Cephalophus</i>	13
Leguminosae	Tree/small tree	Pod	<i>Cervus</i> , <i>Bos</i> , <i>Capra</i> , <i>Ovis</i> , <i>Sylvicapra</i> , <i>Cephalophus</i> ,	1, 5, 12, 13, 20, 26, 38, 39
Linaceae	Shrub	Drupe	<i>Philantomba</i> , <i>Cephalophus</i> ,	13; 16
Meliaceae	Tree	Drupe	<i>Muntiacus</i>	7
Oleaceae	Tree/small tree	Drupe	<i>Capra</i>	12, 22
Putranjivaceae	–	–	<i>Cephalophus</i>	13
Rhamnaceae	Shrub/small tree	Drupe	<i>Axis</i> , <i>Taurotragus</i> , <i>Aepycerus</i>	30, 31, 36
Rosaceae	Tree/small tree /shrub	Pome/drupe	<i>Cervus</i> , <i>Capreolus</i> , <i>Capra</i> ,	5, 12, 18, 27
Rubiaceae	–	–	<i>Philantomba</i> , <i>Cephalophus</i> ,	13
Sapotaceae	Tree	Berry	<i>Philantomba</i> , <i>Cephalophus</i> , <i>Cervus</i> , <i>Gazella</i> , <i>Capra</i> ,	11, 12, 13, 16
Ulmaceae	Tree	Drupe	<i>Capra</i> ,	12, 22
Vitaceae	Shrub	Berry	<i>Capreolus</i>	27

The plant lifestyle and the type of fruit are also indicated. The specific names of plants and ruminants can be found in **Table 2** and **Table S1**. Numbers of references correspond to: 1. (Biosecurity Queensland, 2016), 2. (Bodmer, 1991), 3. (Brodie et al., 2009a), 4. (Brodie et al., 2009b), 5. (Castañeda et al., 2018), 6. (Chanthorn and Brockelman, 2008), 7. (Chen et al., 2001), 8. (Corlett, 1998), 9. (Corlett, 2011), 10. (Corlett, 2017), 11. Cuzin in litt., 12. (Delibes et al., 2017), 13. (Feer, 1995), 14. (Feer et al., 2001), 15. (Forget et al., 2007), 16. (Gautier-Hion et al., 1985), 17. (Gill and Beardall, 2001), 18. (Grünwald et al., 2010), 19. Hiraldo, in litt., 20. (Janzen, 1982), 21. (Janzen, 1985), 22. (Jordano, 1987), 23. (Kitamura et al., 2006), 24. (Mandujano et al., 1994), 25. (McConkey et al., 2018), 26. (Miller, 1995), 27. (Möhring, 1963), 28. (Myers et al., 2004), 29. (Pile et al., 2015), 30. (Prasad et al., 2004), 31. (Prasad et al., 2006), 32. (Prasad et al., 2010), 33. (Fidley, 1930), 34. (Sánchez-Valverde, 1785), 35. (Scariot, 1998), 36. (Slater and du Toit, 2002), 37. (Sridhara et al., 2016), 38. (Tiver et al., 2001), 39. (Troup, 1921), 40. (Wilson and Clarke, 1962), 41. (Yamashita, 1997), 42. (Yasuda et al., 2005).

idea that plants dispersed by ruminants while chewing their cud are a different set of species than those usually dispersed by conventional endozoochory (i.e., defecated seeds). The contrast is evident when comparing traits of plants whose seeds are dispersed in ungulate dung and those of plants dispersed while ruminating. For instance, through the review of 52 studies, Albert et al. (2015a) concluded that plants dispersed by ungulates are mainly grasses typical of open habitats (93%), while most (but not all) species dispersed from the cud are forest trees (**Figure 1A** and **Table S1**). Also, most (85.2%) of the fruit consumed by wild ruminants in Asia, according to the review carried out by Sridhara et al. (2016), corresponded to trees.

### Fruit and Seed Characteristics of Plants Dispersed While Ruminating

Most plants dispersed by ungulates inside the dung respond to the “foliage is the fruit” hypothesis enunciated by Janzen (1984), i.e., they are grasses with small seeds which are ingested inadvertently while eating the foliage. In the case of plants dispersed by ruminants via regurgitation, the reward is the fruit pulp, as for other vertebrate seed dispersers (e.g., birds,

carnivores). So, fruits must be attractive to ruminants and usually they include nutritious pulp or pod (**Table 1** and **Figure 1B**).

According to Prasad et al. (2006), fruit traits of species dispersed while ruminating “appear to converge toward being green or brown, drupaceous, with fibrous pulp and strong seed protection.” Sridhara et al. (2016) found more variation in the fruits consumed by wild large ruminants in Asia, 36.7% being yellow and most of them drupes (50.3%) and berries (27.2%). In contrast, seeds dispersed through defecation usually correspond to fruit without pulp (**Figure 1B**).

Besides, dispersal units (i.e., individual seeds or cocci including a small number of them) must be large enough to avoid being passed out of the ruminant forestomach. The contrast between the sizes of the propagules dispersed by ruminants through defecation and those spat from the cud is very evident (**Figure 1C**). In spite of these differences, some plant species can be dispersed through both types of endozoochory by the same or different ruminant species. For example, cattle defecated most seeds of *Enterolobium cyclocarpum*, but spat from the cud a small portion of them (Janzen, 1982). Contrarily, deer spat most *Chamaerops humilis* seeds, but defecated a small percentage (Castañeda et al., 2018). In general, large ruminants defecate

**TABLE 2** | Species of ruminants reported as spitters of seeds while ruminating, and some taxonomic, biological, and ecological information about them (from Bodmer, 1990, complemented with Wilson and Mittermeier, 2011).

Ruminant species	Family	Weight Kg	Habitat	Feeding strategy	Zoogeographical range	References to spitting
<i>Moschiola indica</i>	Tragulidae	3	Forest	Frugivore	Indo-Malayan	32
<i>Tragulus javanicus</i>	Tragulidae	1–2	Forest	Frugivore	Indo-Malayan	23, 42
<i>Hyemoschus aquaticus</i>	Tragulidae	8–13	Forest	Frugivore	Afrotropical	16
<i>Muntiacus muntjak</i>	Cervidae	15	Forest	Frugivore	Indo-Malayan	3, 4, 6, 7, 10, 15, 23, 25, 30
<i>Axis axis</i>	Cervidae	45–85	Forest/grassland	Browser/Grazer	Indo-Malayan	30, 31, 39
<i>Rusa unicolor</i>	Cervidae	130–260	Forest/grassland	Browser/Grazer	Indo-Malayan	3, 4, 6, 15, 23, 25
<i>Cervus elaphus</i>	Cervidae	160–260	Forest/grassland	Browser/Grazer	Palearctic	5, 22
<i>Capreolus capreolus</i>	Cervidae	17–23	Forest	Browser	Palearctic	18, 27
<i>Odocoileus virginianus</i>	Cervidae	30	Forest/grassland	Browser	Nearctic/Neotropical	21, 24, 28, 29
<i>Mazama</i> spp.	Cervidae	15–35	Forest	Frugivore	Neotropical	2, 14, 15
<i>Bos taurus</i>	Bovidae	900	Grassland	Grazer	(domestic)	19, 20, 34, 35, 41
<i>Taurotragus oryx</i>	Bovidae	300–900	Savanna	Browser	Afrotropical	36
<i>Aepycerus melampus</i>	Bovidae	45–80	Savanna	Browser/Grazer	Afrotropical	36
<i>Gazella cuvieri</i>	Bovidae	30–82	Savanna	Browser/Grazer	Palearctic	11
<i>Capra hircus</i>	Bovidae	40–100	Grassland/altiplan	Browser	(domestic)	1, 12, 22, 39
<i>Ovis aries</i>	Bovidae	40–140	Grassland/altiplan	Browser/Grazer	(domestic)	1, 26, 38, 39
<i>Sylvicapra grimmia</i>	Bovidae	10–18	Savanna	Browser/Frugivore	Afrotropical	26, 40
<i>Philantomba monticola</i>	Bovidae	5	Forest	Frugivore	Afrotropical	13
<i>Cephalophus dorsalis</i>	Bovidae	20	Forest	Frugivore	Afrotropical	13
<i>Cephalophus silvicultor</i>	Bovidae	60	Forest	Frugivore	Afrotropical	13
<i>Cephalophus callipygus</i>	Bovidae	20	Forest	Frugivore	Afrotropical	13
<i>Cephalophus</i> spp.	Bovidae	4–60	Forest	Frugivore	Afrotropical	13, 16

Numbers of references are the same as in **Table 1**.

some seeds that are usually spat by small ruminants (e.g., Slater and du Toit, 2002; see below).

Frequently large seeds are held in large fruits, hence the plants dispersed from the cud often have rather large fruits (e.g., 50 mm diameter in *Acrocomia aculeata*). However, as expected, the size of regurgitated seeds tends to increase with the size of the ruminant consumer (Gautier-Hion et al., 1985). That is evident also in our sample (**Figure 2**) and contrasts markedly with the conclusion of the global analysis of Chen and Moles (2015) wherein ungulates showed a negative relationship between body mass and ingested seed size. Indeed, the fact that Chen and Moles (2015) did not include any information on seeds dispersed through regurgitation biased their results.

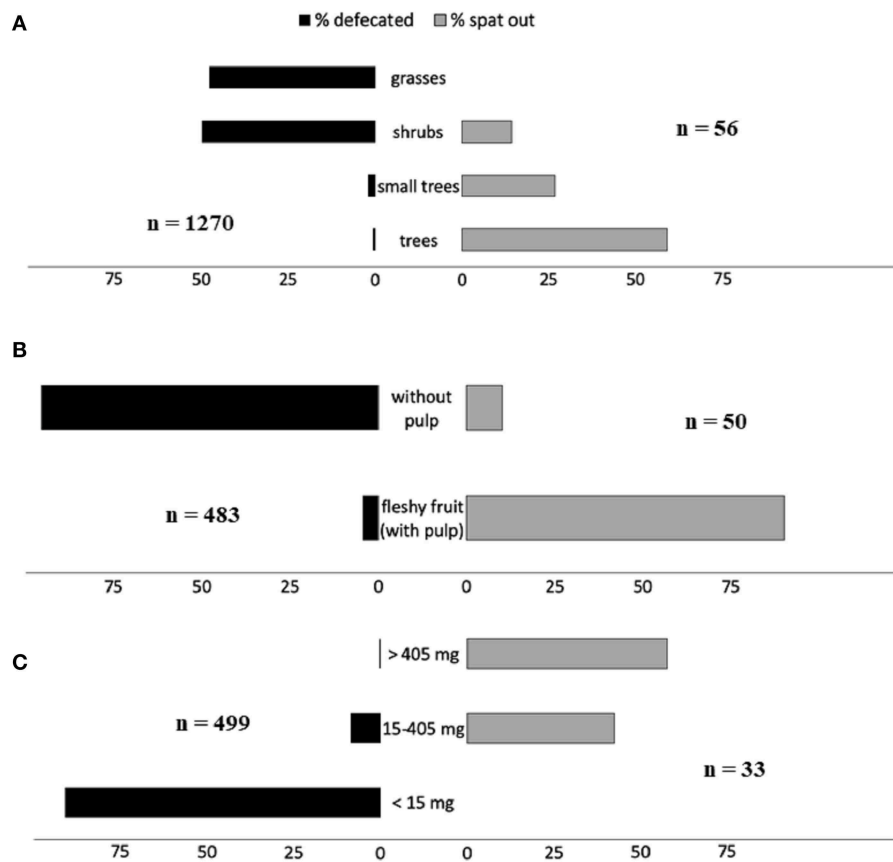
To some extent the relative sizes of seeds and ruminants will determine whether a hard seed is handled without swallowing or swallowed, and in the second case if it is later spat during rumination, defecated, or completely digested. For example, while cattle (900 kg) pass through the gut most *Acacia nilotica* seeds, the smaller sheep (around 50 kg) reject many of them during pod ingestion and mastication, spit some others during rumination, and scarcely 1% are delivered in the dung (Tiver et al., 2001).

This suggests strong context-dependency of these fruit-frugivore interactions, as seed fate (dispersal mechanism/predation) would vary with partner identities (Perea et al., 2014b). Nevertheless, relatively small seed size does not guarantee that seeds will be defecated. For instance,

captive red deer (*Cervus elaphus*) spat from the cud 19% and defecated 25% of the ingested seeds of *Ceratonia siliqua* (seed weight = 0.18 g; Castañeda et al., 2018). Future studies should add information about the relationship between ruminant body size and spat seed size and the extent to which this relationship shapes seed fate.

Some other fruit characteristics of plants dispersed while ruminating seem to be shared with those of plants dispersed via endozoochory by mammalian carnivores (e.g., Herrera, 1989), such as having scented fruits that fall to ground when ripe, “possibly to attract terrestrial dispersers” (Brodie et al., 2009a). In addition, some of the fruits eaten by ruminants are also edible by people and have economic value, such as *Choerospondias axillaris* (Chen et al., 2001) or *Phyllanthus emblica* (Prasad et al., 2004).

Interestingly, some traits of fruits dispersed from the cud by ruminants match those of the so-called megafaunal fruits, i.e., those dispersed during the Pleistocene by now-extinct megafauna (Janzen and Martin, 1982). In particular, “ruminant fruits” resemble the type 1 megafaunal fruits described by Guimarães et al. (2008): usually brown or green large-sized fleshy fruits with either a single or few large and hard seeds. Janzen and Martin (1982) mention 14 plant families of Costa Rica, which include species “probably dispersed by extinct megafauna;” seven of these families (e.g., Anacardiaceae, Arecaeae, Sapotaceae) are quoted in our list of plants dispersed through spitting by ruminants (**Table 1**), and only one (*Leguminosae*) does appear in the list of families dispersed by ungulates in the dung according to



**FIGURE 1** | Distribution of frequencies (percentages) of **(A)** type of plants, **(B)** type of fruits, and **(C)** propagule weights, whose seeds are dispersed by ruminant defecation (black bars; data in Albert et al. 2015b, Appendix 5) and spitting from the cud (gray bars; data in this review). Plants under 0.4 m in Albert et al. (2015b) were associated with grasses, from 0.4 to 2 m to shrubs, from 2 to 5 m to small trees and above 5 m to trees. Some species were included in several categories (e.g., small trees and trees).

Albert et al. (2015a,b). Frequently, studies of current Neotropical communities consider only the tapir (*Tapirus terrestris*) and exotic livestock (including feral pigs) to be capable of dispersing megafaunal fruits by endozoochory (e.g., Donatti et al., 2007), but the potential role of wild ruminants such as *Mazama* spp. and *Odocoileus virginianus* should not be ignored anymore (Janzen, 1985; Mandujano et al., 1994).

### Disperser Ruminants

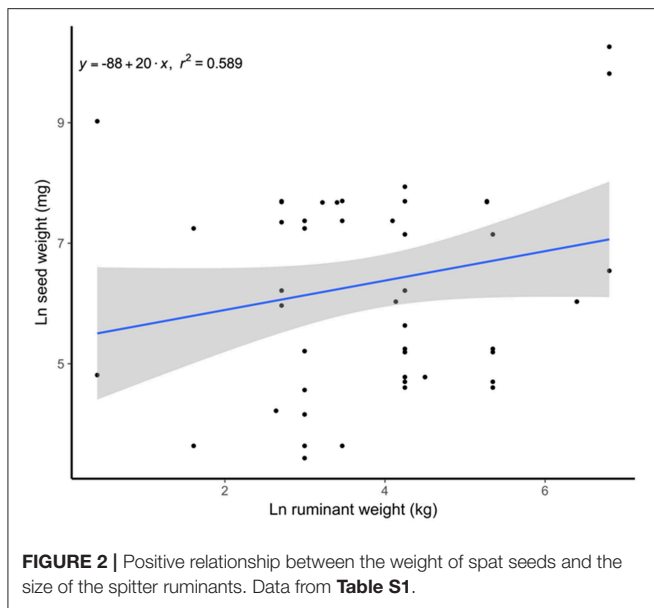
At least 21 species included in 18 genera of ruminants have been reported as endozoochorous spitters (Table 2). They include domestic ( $n = 3$ ) and wild ( $n = 18$ ) species, belonging to the families Tragulidae (three species, but the taxonomy of *Tragulus* is not clear; Wilson and Reeder, 2005), Cervidae ( $n = 7$ ) and Bovidae ( $n = 11$ ). They range in body size from 1 to 2 kg for the small mousedeer (*Tragulus* spp.) of Southeast Asia to near 900 kg for some domestic cows (*Bos taurus*). According to Bodmer (1990), ungulates could be distributed along a linear continuum ranging from fruit feeders to browsers and then grazers, with the ruminants included mainly in the browsers and grazers categories. Assuming the classification proposed by Bodmer (1990), 5–7 of the

genera we identified as spitters of seeds (Table 2) would belong to the frugivores (*Mazama*, *Tragulus*, probably including *Moschiola*, *Muntiacus*, *Hyemoschus*, and *Cephalophus*, including *Philantomba*), one would be browser/frugivore (*Sylvicapra*), four browsers (*Odocoileus*, *Taurotragus*, *Capreolus* and *Capra*), 4–6 browser/grazers (*Cervus*, probably including *Axis* and *Rusa*, *Aepyceros*, *Gazella*, and *Ovis*) and 1 grazer (*Bos*). It seems that almost any ruminant species could consume fruits and eventually regurgitate their seeds during rumination. Thus, future studies should identify ruminant and fruit traits that play a major role in this mutualistic interaction.

It must be emphasized that seed dispersal while chewing the cud does appear in the Tragulidae, the most primitive family of extant ruminants, whose members lack a true omasum and have been considered “living fossils” (Hackmann and Spain, 2010). That means that this particular type of endozoochory is a rather ancestral behavior in the group.

### Geographical Area and Habitat

Spitting seeds from the cud seems to be a universal seed dispersal mechanism among ruminants, as we recorded cases in all continents except Antarctica (Table S1). In particular,



we found 10 plant species dispersed in Europe, 12 in Asia, 21 in Africa, nine in America and one in Oceania (some species were dispersed in more than one continent). Many plant species are from tropical forests, where a higher diversity of frugivorous ungulates exist (Bodmer, 1990), suggesting their feeding habits make them prone to regurgitate seeds (**Table 2**). In all, we found 40 dispersed plant species from tropical areas (forests and wooded savannas) and 13 species from non-tropical areas (Mediterranean scrubland, temperate forests, and subdeserts).

Apart from the number of involved plant species, it is very difficult to speculate about the relevance of this modality of endozoochory in different continents or ecosystems. A priori, tropical forests should be favored because of the high number of frugivores living there, but it can be suspected, for instance, that African ungulates could disperse during rumination many seeds of dry and fleshy fruits (e.g., *Leguminosae*, *Arecaceae*). Additionally, it must be considered that a given plant species is often dispersed by contrasting types of seed dispersers. For instance, some seeds regurgitated by ruminants can be dispersed also through defecation by other mammals, such as mammalian carnivores (Order Carnivora). So, in Europe *Chamaerops humilis* can be regurgitated by goats and deer (**Table S1**), but also defecated by foxes (*Vulpes vulpes*) and badgers (*Meles meles*) (Fedriani and Delibes, 2011); also, roe deer does spit out while ruminating viable seeds of *Prunus avium*, while foxes and badgers defecate them (Grünewald et al., 2010). In the same way, frugivores with different dispersal abilities (including several ruminants) can compete for the same fruit. The relative importance of seed dispersal of any plant species by ruminants and other mammals (or large birds) should be analyzed with more attention, emphasizing the context-dependence of fruit-animal interactions affecting seed fate.

## Quantity of Seed Dispersal

Seed dispersal effectiveness has a quantitative (number of seeds dispersed) and a qualitative (probability that a dispersed seed produces a new adult) component (Schupp et al., 2010). For endozoochorous plants, the number of dispersed seeds largely depends of the amount of ingested fruit. Because ruminants cannot take most fruit directly from the trees, they often rely on either primates (or other arboreal vertebrates) or natural falling of the fruit onto the ground to consume them (see Prasad and Sukumar, 2010, for a discussion of the topic). Despite these limitations, they can ingest large quantities of fruit when available (e.g., Johnsingh, 1981; Bodmer, 1991; Brodie et al., 2009a). For instance, two species of ruminants accounted for over 95% of the total *Phyllanthus emblica* fruits removed by frugivores in India (Prasad et al., 2010).

However, in the case of ruminants, ingestion does not guarantee that seeds will be dispersed, because a particular seed can be ejected while foraging, spat from the cud, defecated or digested, as previously said (Castañeda et al., 2018). The fate relies on many factors, not only the relative size of seeds and consumers (Forget et al., 2007), but also on consumer satiation, foraging speed, and availability of alternative foods, among others. In addition, direct observation of seed regurgitation by ruminants is very difficult, even in captivity (Prasad et al., 2006; McConkey et al., 2018). Because of this, data about the individual rate of seed spitting often come from captive or semi-captive individuals (e.g., Möhring, 1963). Consequently, quantitative information about seed dispersal while ruminating is scarce.

The percentages of ingested seeds of different plants that were spat from the cud by several domestic and captive wild ruminants are summarized in **Table 3**. They are quite variable (ranging from 2 to 100%). Even if the per capita percentages of spat seeds are generally low, the high abundance of wild and domestic ruminants and the potential high number of consumed fruits per individual suggest that the quantity of dispersed seeds by this type of endozoochory is important. Thus, when overlooking spitting by ruminants, a relevant fraction (quantitative and qualitative) of seed dispersal by these animals is likely missed by researchers. Besides, several authors (e.g., Möhring, 1963; Janzen, 1985; Prasad et al., 2006) emphasized that the seeds of some species spat from the cud were never detected at the dung (see **Figure 1**).

## Quality of Seed Dispersal

### Rumen Retention Time and Dispersal Distance

Usually, ruminants ingest fruits with limited or no mastication and eject clean seeds some time later while bedding and ruminating. Observations on the distance between the foraging and the ruminating points are logistically very difficult. Then, available direct information on dispersal distance is reduced, but several authors reported that seeds were spat far from the mother plant. Chen et al. (2001) stated that “the whole fruit (of *Choerospondias axillaris*) is eaten (by *Muntiacus muntjak*); then, the stone is regurgitated at a different location.” In a small plot of central Thailand, *Rusa unicolor* and *Muntiacus muntjak* dispersed while ruminating 83–98% (2 years) of the seeds of *Choerospondias axillaris* to distances up to 70 m from the nearest fruiting tree (Chanthorn and Brockelman, 2008), but the authors

**TABLE 3** | Percentages of the ingested seeds of several plant species that were spat from the cud by domestic and wild captive ruminant species.

Ruminant species	Plant species	% Spat seeds	References
<i>Axis axis</i>	<i>Phyllanthus emblica</i>	78	Prasad et al., 2006
<i>Rusa unicolor</i>	<i>Platymitra macrocarpa</i>	>10	McConkey et al., 2018
<i>Cervus elaphus</i>	<i>Chamaerops humilis</i>	7	Castañeda et al., 2018
<i>Cervus elaphus</i>	<i>Crataegus monogyna</i>	2	Castañeda et al., 2018
<i>Cervus elaphus</i>	<i>Celtis australis</i>	5	Castañeda et al., 2018
<i>Cervus elaphus</i>	<i>Ceratonia siliqua</i>	19	Castañeda et al., 2018
<i>Capreolus capreolus</i>	<i>Prunus avium</i>	70–89	Grünwald et al., 2010
<i>Odocoileus virginianus</i>	<i>Spondias mombin</i>	up to 100%	Janzen, 1985
<i>Bos taurus</i>	<i>Enterolobium cyclocarpum</i>	3	Janzen, 1982
<i>Capra hircus</i>	<i>Chamaerops humilis</i>	30–45	Delibes et al., 2017
<i>Capra hircus</i>	<i>Olea europea var. domestica</i>	30–45	Delibes et al., 2017
<i>Capra hircus</i>	<i>Celtis australis</i>	<10	Delibes et al., 2017
<i>Capra hircus</i>	<i>Crataegus monogyna</i>	<10	Delibes et al., 2017
<i>Capra hircus</i>	<i>Ceratonia siliqua</i>	<10	Delibes et al., 2017
<i>Capra hircus</i>	<i>Olea europea var. sylvestris</i>	<10	Delibes et al., 2017
<i>Ovis aries</i>	<i>Acacia nilotica</i>	14	Tiver et al., 2001

considered that “deer are capable of longer distance dispersal than was recorded in this study.” According to Feer (1995), dispersal by duikers (Cephalophinae) in Gabon is characterized by “scattered deposition sites and long distance.” Gautier-Hion et al. (1985) wrote that seed spitting during rumination “always occurs away from the fruit source.” In peninsular Malaysia, hard and large seeds of *Canarium littorale* and *Terminalia citrina* “are likely to be regurgitated (by *Tragulus javanicus*) from the mouth in rumination and dispersed at a distance of the mother tree” (Yasuda et al., 2005). In southern Spain, we have found many clean seeds of *Chamaerops humilis* at sheep and goat pens, very far (i.e., kilometers) from the places where the fruits were likely consumed, suggesting long retention times, and dispersal distances.

Alternatively, seed retention time at the rumen can provide a surrogate of dispersal distance, assuming a positive relationship between elapsed time and distance traveled. Feeding and ruminating rhythm of ungulates (hence, also retention time) were influenced by body size and feeding type, typically grazers having longer lapses than browsers and concentrate selectors (i.e., those with a mixed diet, tending to avoid fiber; Hofmann, 1989). Additionally, retention time can be affected by particle

**TABLE 4** | Elapsed time between fruit ingestion and seed release from the cud (i.e., seed retention time at the rumen) according different authors.

Ruminant species	Plant species	Rumen retention time	References
Tragulidae	Undetermined	Many hours	Corlett, 2017
<i>Muntiacus muntjak</i>	<i>Choerospondias axillaris</i>	Several h	Chen et al., 2001
<i>Axis axis</i>	<i>Phyllanthus emblica</i>	7–27 h	Prasad et al., 2006
<i>Rusa unicolor</i>	<i>Platymitra macrocarpa</i>	6–11 h	McConkey et al., 2018
<i>Cervus elaphus</i>	Undetermined	1–4 days	Castañeda et al., 2018
<i>Cervus elaphus</i>	<i>Chamaerops humilis</i>	up to 8 days	Castañeda et al., 2018
<i>Cervus elaphus</i>	<i>Ceratonia siliqua</i>	up to 9 days	Castañeda et al., 2018
<i>Cervus elaphus</i>	<i>Crataegus monogyna</i>	up to 10 days	Castañeda et al., 2018
<i>Capreolus capreolus</i>	<i>Prunus avium</i>	0.6–1.8 h	Möhring, 1963
<i>Capreolus capreolus</i>	<i>Prunus avium</i>	1–3 h	Grünwald et al., 2010
<i>Capra hircus</i>	Undetermined	hours to days	Delibes et al., 2017

Most ruminants used in the trials were tame or captive individuals.

size, or in this case seed size (e.g., Clauss et al., 2009). However, most of these studies refer to retention time before defecation (e.g., Picard et al., 2015), while references to retention time at the rumen are scarce. Estimations about the time elapsed from fruit ingestion to seed regurgitation from the cud go from scarcely 35 min for a young roe deer eating cherries to ten days for a red deer eating hawthorn pomes, but typically range between 3 h and 2 days (Table 4). This rather long seed retention time has a strong potential to facilitate long-distance seed dispersal. As an indication, with average retention times of several hours, Couvreur et al. (2005) estimated that at least half of the epizoochorous seeds attached to the fur of some horses and cattle were released from 47 to 3,080 m from the source site. For defecated seeds and passage times of 48 h, maximal dispersal distances of 3.5 km by red deer and 2.0 km by roe deer were estimated by Pellerin et al. (2016). Obviously, higher distances should be expected for domestic ruminants driven hundreds of kilometers (transhumance; e.g., Manzano and Malo, 2006) and for migratory wild ruminants (e.g., Berger, 2004).

### Deposition Patterns and Seed Fate

There is very scarce information about the destination microhabitat of spat seeds. Domestic species that forage at day often ruminate at night in pens or farmyards (e.g., Troup, 1921; Yamashita, 1997), where there is little or no probability of seed germination. Brodie et al. (2009a) conclude that sambar deer regurgitated higher numbers of seeds of *Choerospondias axillaris*, but muntjak was the only disperser moving them to open microhabitats, where germination was enhanced. Feer (1995) suggested that nocturnal duikers (Cephalophinae) choose



to ruminate (and to deposit regurgitated seeds) places favorable for plant species needing improvements in light conditions for their establishment.

Typically, regurgitated seeds are clumped. Different authors refer to “small piles” or “loose clusters” of clean seeds (e.g., Corlett, 2011), but others mention dense clusters and “very shiny piles” (Brodie et al., 2009a). Piles of five seeds of *Platymitra macrocarpa* regurgitated by sambar deer were found by McConkey et al. (2018) in Thailand. The same deer species, also in Thailand, deposited seeds of *Choerospondias axillaris* in piles containing “between 14 and 140 seeds, with the exception of one pile which was found to contain 750 seeds;” in the same area muntjak “tended to deposit seeds in smaller piles (of usually <100)” (Chanthorn and Brockelman, 2008). At chital deer bedding sites, clusters of 4–193 (median = 15,  $n = 23$ ) cocci of *Phyllanthus emblica* can be found, along with cocci of other plant species (Prasad et al., 2004). Seeds of *Acrocomia aculeata* fruit consumed by cattle during the day are regurgitated at night in piles of up to 85 seeds (Scariot, 1998). In Morocco, we found at field piles of 15–30 clean seeds of *Chamaerops humilis* where goats were ruminating. White-tailed deer make piles of 15–62 seeds of *Spondias purpurea*, but as a consequence of deer sociality, large numbers of seeds can be concentrated in a few square meters (Mandujano et al., 1994). Similarly, Janzen (1985) reported the following: “A portion of a 2–4-nut-deep layer of *Spondias mombin* nuts on the forest floor beneath a parent tree; this accumulation was produced by fruit drop and regurgitation by white-tailed deer 8 months previously.” These observations introduce a new and often neglected factor to consider in a qualitative assessment of seed dispersal: social species of ruminants (e.g., sheep) and species or individuals using recurrent rumination sites will accumulate dispersed seeds, reducing the quality of dispersal.

As expected, groups of clean seeds can attract different seed-eaters, so post-dispersal predation (and likely secondary dispersal, e.g., by rodents; Vander Wall et al., 2005; Jansen et al., 2012) is usually high among endozoochorous spat plants. Brodie et al. (2009a) found that 30–40% of seeds of *Choerospondias axillaris* were removed from their primary local deposition, but seed pile size did not influence germination or first year seedling survivorship. More than 80% of seeds of *Chrysophyllum beguei* regurgitated by duikers in Gabon were eaten or removed by rodents in the next 60 days (Feer, 1995). Most of the dispersed seeds of *Spondias mombin* in Costa Rica were killed by bruchid beetles (Janzen, 1985). In Thailand, bruchids attack the dispersed seeds of *Platymitra macrocarpa* in 6–22 days (McConkey et al., 2018). In Brazil, >50% of seeds of the palm *Acrocomia aculeata* chewed by cattle were infested by bruchids, and this proportion increased to 99% after 27 days; regurgitated seeds had a significant higher rate of insect predation than seeds of non-chewed fruit (Scariot, 1998). Additionally, piles of seeds of the palms *Acrocomia aculeata*, *Attalea phalerata*, and *Syagrus coronata* regurgitated by cattle were regularly visited by macaws (*Anodorhynchus leari* and *A. hyacinthinus*) to feed on them, cracking the nuts (Yamashita, 1997). This last author hypothesizes that macaws could track the movements of the

extinct Pleistocene megaherbivores in order to collect the large seeds they dispersed.

### Germinability of Seeds Spat From the Cud

Different studies have stated that seeds were intact and in a great proportion alive after being regurgitated from the rumen (e.g., Delibes et al., 2017). Some others indicated that spat seeds germinated under field conditions (e.g., Feer, 1995; Castañeda et al., 2018; McConkey et al., 2018). In his pioneer description of seed dispersal while chewing the cud, Troup (1921) indicated that retention at the rumen improved germination of *Acacia nilotica* from 7 to 35%, concluding: “The superiority of seed collected from goat and sheep pens is generally recognized and seed so collected is extensively used for artificial sowing.” Also, it was said that treatment by goats was necessary for the germination of *Argania spinosa* seeds (Morton and Voss, 1987). Seeds of *Spondias purpurea* spat by deer germinated better than those defecated by the iguana *Ctenosaura pectinata* (Mandujano et al., 1994). In other cases, treatment seemed to be unimportant, as it occurs with the seeds of *Choerospondias axillaris* that “germinate equally well whether they are defecated by gibbons, regurgitated by deer, or the fruits are uneaten” (Brodie et al., 2009a). Finally, other authors found that rumen retention influences negatively the germination; unconsumed seeds of *Phyllanthus emblica* germinated more (72%) than pulp-removed seeds (58%) and deer-regurgitated seeds (22%); latency period, however, was shorter for deer-regurgitated and depulped seeds than for those of unconsumed fruit (Prasad et al., 2006).

We can speculate that retention time at the rumen will affect the germination of spat seeds, either improving (by scarification) or decreasing (by damaging the embryos) it. Thus, future studies should quantify these effects.

## CONCLUSIONS

Many species of ruminants are potential dispersers of numerous species and families of plants by spitting their seeds while chewing the cud (Tables 1, 2 and Table S1). Until now, this behavior had been described mainly in tropical habitats, but it has also been found in other ecosystems in all continents except Antarctica. Given the abundance of wild and free-living domestic ruminants and their high rate of food consumption, it can be suspected they are able to mobilize great numbers of seeds during rumination. Recent reviews on frugivory and seed dispersal by vertebrates in tropical Asia have recognized the importance of this type of endozoochory (Sridhara et al., 2016; e.g., Corlett, 2017), but in general it has been overlooked in many other reviews, even devoted to tropical areas (e.g., Parolin et al., 2013) or specifically to ungulates (e.g., Miceli-Méndez et al., 2008; Albert et al., 2015a). The difficulty in monitoring rumination, a process that usually occurs in sheltered and quiet places, may explain why this modality of endozoochory has been overlooked so far. In fact, a significant part of the data that we reviewed came from captive animals (Table S1). Besides, methods to study seed rain or deposition patterns are biased toward avian or arboreal dispersers (e.g., seed traps) or rely on fecal surveys, being unable to capture seeds spat from the cud by ruminants.

By neglecting the seeds spat from the cud, the quantity and quality of seed dispersal by ruminants could have been severely underestimated until the present. The dispersal of some plant species can persist undetected because they are exclusively spat while ruminating. In other cases, underestimation may result in considering only seeds contained in feces, ignoring that some others of the same species are being spat from the cud. For instance, Miller (1996) investigated the dispersal of seeds of *Acacia tortilis* and *A. nilotica* in the dung of South African ungulates: at least five species of ruminants consumed *Acacia* pods in her study parcel, but we can speculate that probably some of them will spit seeds during rumination, as sheep and goats in Australia do (Tiver et al., 2001). In the same way, by overlooking endozoochorous spitting, the dispersal by ruminants of large-sized seeds of fleshy-fruited plants, frequently shrub and trees, will be missed. This is the case of many comprehensive reviews and meta-analysis of seed dispersal by ungulates that consider exclusively seeds released inside the dung (e.g., Mouissie et al., 2005; Albert et al., 2015a,b) and conclude that tiny seeds of grasses are favored. As reported decades ago by Janzen (1985), some large seeds are solely ejected during rumination, never passing “into the lower digestive tract,” and are thus absent in the feces. As previously said, by ignoring the seeds dispersed from the cud, some studies about the size of seeds dispersed by ungulates arrive at wrong conclusions (e.g., Chen and Moles, 2015).

Another potential bias resulting from ignoring the spitting of seeds from the cud appear when ruminants in experimental cages are fed with different fruits, and the manure collected to investigate the proportion of released seeds and their potential germination (e.g., Grande et al., 2013). Already, Troup (1921) signaled that “the seeds are, it is true, found among their droppings (from sheep and goats), but this is because of the fact that rumination ordinarily takes place where the animals are herded.” This means that the manure of captive ruminants usually includes spat and defecated seeds, which should be considered in a different way in any analysis.

Indeed, the ability of ruminants to disperse large-sized seeds of fleshy and dry fruits must be kept in mind in multi-species mutualistic studies (e.g., Bascompte and Jordano, 2007), instead of treating them exclusively as plant antagonists. However, our review shows that the interaction of ruminants with seeds is very complex. On the one hand, seeds of the same species can be dispersed at short distance while eating, dispersed at

long distance while ruminating, dispersed at long distance via defecation, or totally digested (i.e., predated). The proportions of seeds in each of these categories will depend on the relative sizes of both seeds and consumers (Gautier-Hion et al., 1985), but also on other plant- and animal-related factors, such as plant chemical and physical defenses, rate of ingestion, satiation and physical condition. On the other hand, the access of particular ruminants to fruits will be severely influenced by the spatiotemporal context (e.g., plant aggregation, crop size, alternative food availability, numbers of competitors, and predators; Prasad and Sukumar, 2010; Perea et al., 2014b).

Finally, high levels of post-dispersal predation on clumped spat seeds could reverse the sign of the plant-ruminant interaction from mutualistic to antagonistic. Thus, future studies should address the complexities of this fascinating type of plant-animal interaction and quantify the variable fate of seeds ingested by ruminants in different ecosystems.

## AUTHOR CONTRIBUTIONS

MD conceived the original idea and wrote the first draft. MD and IC did the literature review. MD, IC, and JF reviewed and edited the manuscript several times.

## FUNDING

JF was funded by the Portuguese FCT (grant IF/00728/2013).

## ACKNOWLEDGMENTS

Many herders in Morocco and Spain helped us to obtain information from their animals. F. Cuzin and F. Hiraldo offered us unpublished data on gazelles and cattle spitting seeds from the cud. G. Calvo and M. Jácome helped us in fieldwork and S. Conradi in the laboratory work. S. Sridhara and C. Baltzinger significantly improved a previous version of the manuscript.

## SUPPLEMENTARY MATERIAL

The Supplementary Material for this article can be found online at: <https://www.frontiersin.org/articles/10.3389/fevo.2019.00265/full#supplementary-material>

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