



Nematodes as Important Source for Omega-3 Long-Chain Fatty Acids in the Soil Food Web and the Impact in Nutrition for Higher Trophic Levels

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PUFA (polyunsaturated fatty acids) content of food sources, in particular ω 3 long-chain PUFA with three or more double bonds, are considered essential for growth, reproduction, and neural development of higher animals. Surprisingly, and in contrast to aquatic ecosystems, ω 3 long-chain PUFA seem not widely available in terrestrial food webs. Far-reaching ideas indeed proclaim aquatic ecosystems as the principal source of these long-chain PUFA in the whole biosphere, including inhabitants of terrestrial ecosystems. Interestingly, *de novo* synthesis of ω 3 long-chain PUFA, which requires the presence of Δ 12 (*fat-2*) and ω 3 (*fat-1*) desaturases absent in vertebrates, has been observed in nematodes, such as *Caenorhabditis elegans*. This raises the question if nematodes or other soil invertebrates present an important trophic link offering substantial supply in these valuable nutritional compounds in terrestrial food webs. This work followed the dietary routing of fatty acids of different *C. elegans* strains, including mutants defective in the PUFA biosynthesis, to two omnivorous Collembola species, *Folsomia candida* and *Protaphorura fimata*. The laboratory approach comprised microcosms offering binary links under various feeding conditions and analyzed growth, fecundity and dietary preference of consumers. Collembola did not prefer individual *C. elegans* strains as food source but they clearly reflected the PUFA-richness or -poorness of their nematode prey in their neutral lipid fraction. Moreover, Collembola did benefit from ω 3 long-chain PUFA rich diet, as shown by significant weight gain and increased number of laid eggs. Interestingly, the comparatively high PUFA-content of Collembola's phospholipid fraction remained unchanged, even in response to almost PUFA-depleted nematode prey, suggesting that these Collembola species also possess the metabolic capability to *de novo* synthesize PUFA, including ω 3 long-chain forms. These findings broaden the basis of long-chain PUFA sources in terrestrial food webs and question the impact of aquatic ecosystems as principal source.

Keywords: omega-3 PUFA, dietary routing, soil food web, nematodes, Collembola, *Caenorhabditis elegans*

INTRODUCTION

The fatty acid composition of any consumer is greatly influenced by its diet because it is more energy efficient to incorporate dietary fatty acids into body tissue without modification, a process termed dietary routing (Pond, 1981; Ruess and Chamberlain, 2010). As part of lipids, fatty acids serve diverse functional roles in cells, particularly as energy storage molecules (i.e., neutral lipids) and structural components of membranes (i.e., phospholipids). For the latter, the occurrence and number of double bonds in fatty acids has profound effects on, e.g., the transition temperature, allowing for regulation of membrane fluidity and permeability (Stukey et al., 1989; Cronan, 2003; Ma et al., 2015). Monounsaturated fatty acids (MUFA) and polyunsaturated fatty acids (PUFA) are categorized according to the C-atom counting from the terminal methyl group (ω end) to the nearest double bond resulting in characteristic “ ω families,” e.g., $\omega 3$ and $\omega 6$. This is biologically meaningful because these molecules (and derived metabolites) are not only metabolically distinct but can have specific physiological functions (Simopoulos, 2000). Surprisingly, metazoans, at least vertebrates, can obtain the parent C18-PUFA linoleic acid (LA; 18:2 $\omega 6$) and α -linolenic acid (ALA; 18:3 $\omega 3$) only from food. The complete *de novo* biosynthesis of long-chain ($\geq C20$) PUFA including arachidonic acid (AA; 20:4 $\omega 6$), eicosapentaenoic acid (EPA; 20:5 $\omega 3$), and docosahexaenoic acid (DHA; 22:6 $\omega 3$) was considered for many years to be mainly limited to aquatic organisms, such as algae, photoautotrophic cyanobacteria, some heterotrophic protists and fungi as well as a minority of bacteria living in the deep-sea (Gladyshev et al., 2013). Two very recent analyses show that the marine oligochaete, white worm, *Enchytraeus albidus* (Fairchild et al., 2017) and probably multiple aquatic invertebrate species (Kabeya et al., 2018) have the ability to produce long-chain $\omega 3$ PUFA *de novo*. Consequently, Kabeya et al. (2018) suggests that these numerous widespread and abundant invertebrates make significant contributions to $\omega 3$ long-chain PUFA production beyond that coming from marine microbes.

In terrestrial food webs, plants are generally the major source of PUFA. $\omega 3$ PUFA dominate in leaves while $\omega 6$ PUFA dominate in seeds, however, the PUFA from plant resources are rarely longer than 18 carbons atoms. Vertebrates can further elongate and desaturate dietary $\omega 6$ LA and $\omega 3$ ALA to form various long-chain PUFA but they are unable to interconvert these two types of PUFA. Moreover, in most omnivorous vertebrates studied so far (including humans), only around 5% of ALA is converted to long-chain $\omega 3$ PUFA (Davis and Kris-Etherton, 2003; Wall et al., 2010). In this respect, the PUFA content of food sources, in particular long-chain PUFA with three or more double bonds is also considered essential for growth, reproduction, and neural development (Brett and Müller-Navarra, 1997; Müller-Navarra et al., 2000; Goedkoop et al., 2007). Of particular interest here is that PUFA abundance and pattern vary between food sources, which in turn can affect consumer physiology in vertebrates (e.g., thermoregulation, exercise performance; Hulbert and Abbott, 2012) and in invertebrates (e.g., precursor

for hormones, membrane structure; Stanley-Samuelson et al., 1988).

Generally, $\omega 3$ long-chain PUFAs seem not widely available in terrestrial food webs (Crawford et al., 1999; Innis, 2011; Abedi and Sahari, 2014), whereas marine systems are rich in long-chain PUFAs, as microalgae at the food web base contain 20–50 % of their dry weight as $\omega 3$ forms (Dwyer et al., 2003). Trophic transfer of these fatty acids from phytoplankton to zooplankton and along the food chain to vertebrates was frequently reported (Müller-Navarra et al., 2000; Budge et al., 2006; Pond et al., 2006; Bell and Tocher, 2009). Far-reaching ideas proclaim aquatic ecosystems in general as the principal source of the $\omega 3$ long-chain PUFAs for many omnivorous and carnivorous animals in the biosphere, including the consumers in terrestrial ecosystems (Gladyshev et al., 2013; Colombo et al., 2016). However, little is known about the specific nutritional requirements of most species, and this is especially true for PUFAs generally essential in vertebrates (Hulbert and Abbott, 2012).

For terrestrial inhabitants, complete *de novo* biosynthesis of long-chain PUFAs is reported for individual soil photoautotrophs (algae, cyanobacteria) (Bigogno et al., 2002; Bhagavathy et al., 2011) and heterotrophs (protozoa, fungi) (Zelles, 1999; Hu et al., 2011). Moreover, a growing body of research on PUFA confirmed the ability to *de novo* synthesize the $\omega 6$ PUFA LA for a number of terrestrial invertebrate species, representing different taxonomic classes: Insecta (Borgeson et al., 1990), Gastropoda (Weinert et al., 1993), Arachnida (Aboshi et al., 2013), and Collembola (Malcicka et al., 2017). Corresponding genetic evidence succeeded so far for two sequenced $\Delta 12$ fatty acid desaturase genes of insects (Zhou et al., 2008). Clear biochemical and genetic evidence in respect to *de novo* synthesis of $\omega 3$ long-chain PUFA is, however, still very rare in the animal kingdom and so far limited to nematodes. Rothstein and Götz (1968) were the first in demonstrating unequivocal *de novo* synthesis of $\omega 3$ (and $\omega 6$) long-chain PUFA by a metazoan organism, the vinegar eelworm *Turbatrix aceti*. The first detailed genetic analyses on the complete biosynthetic pathway of PUFA were performed with *Caenorhabditis elegans*. These studies revealed an entire range of elongases and desaturases including $\Delta 12$ (FAT-2) and $\omega 3$ (FAT-1) fatty acid desaturases absent in vertebrates, allowing a complete *de novo* synthesis of long-chain PUFA (Watts and Browse, 2002). Later this genetic trait was also found in the *C. elegans* sister species (Rhabditidae). In addition, *fat-1* orthologs were detected by whole genome sequencing in the free-living nematode genera *Heterorhabditis* (Heterorhabditidae), *Rhabditophanes* (Alloionematidae) and *Steinernema* (Steinernematidae), suggesting a $\omega 3$ FA desaturase activity in these nematodes, too.

Nematodes are well known to function as key players in terrestrial food webs (Moore and Hunt, 1988; Ferris, 2010; Yeates, 2010). They can reach densities of several million individuals per square meter soil and their communities often comprise more than 100 species (Yeates et al., 2000). Nematode structural diversity reflects the variety of ecologic niches they occupy. Many feed on bacteria and thus mobilize nutrients and minerals bound in microbial biomass, thereby co-regulating the rate of nutrient cycling. Other nematodes feed on algae,

fungi, plants or live as omnivores and predators (Yeates et al., 1993). Nematodes are in turn the food of other decomposers, predominantly microarthropods, and provide an important link between microbial and faunal food web. In sum, nematodes form key-biota in the soil bacterial, fungal and root channel, the main fluxes of energy and matter in soil food webs (Moore and Hunt, 1988; Scheu et al., 2005). Recent studies using lipid pattern and stable isotope analyses suggest that a wide range of predators rely on these channels (Crotty et al., 2011; Pollierer et al., 2012) and nematodes represent presumably one of the most important connections between the microbial and faunal food web (Ferlian et al., 2012; Ferlian and Scheu, 2014; Pausch et al., 2016).

These data together with the remarkable physiological capacity of nematodes to produce ω 3 (and ω 6) long-chain PUFA raise the question if nematodes and/or other soil invertebrates present an important trophic link offering substantial supply in these valuable nutritional compounds. We hypothesize that nematodes enhance or even determine the availability of these important nutrients along the soil food chain. Moreover, their biochemical food quality significantly influences not only the flux of energy and matter in soil food webs but also substantially determines consumer's growth and reproduction. To test this hypothesis we designed model food chains ranging over three trophic levels, from *Escherichia coli* as primary decomposer at the food web base over *C. elegans* as bacterial feeder and primary consumer to two nematophagous Collembola species *Folsomia candida* and *Protaphorura fimata* as omnivores at the top. Using *C. elegans fat*-mutant strains in addition to wild type as food sources allowed to offer diets being almost free or very rich in ω 3 and ω 6 long-chain PUFA as well as diets containing either ω 3 or ω 6 long-chain PUFA. All organisms were subject of qualitative and quantitative analyses of fatty acid pattern performed by gas chromatography (GC) and mass spectrometry (MS). Moreover, the reproductive success, biomass growth and food preference of both Collembola species were determined. By doing so we demonstrate that Collembola benefit from the ω 3 (and ω 6) long-chain PUFA supply with their diet, although our studies also found hints that these invertebrates are able to synthesize these important nutritional compounds *de novo*.

MATERIALS AND METHODS

Manipulation of Nematodes as Diet

The *Escherichia coli* Migula, 1895 Castellani and Chalmers 1919 strain OP50 served as food source for all *Caenorhabditis elegans* Maupas, 1896 cultures. Both organisms were maintained on nematode growth medium (NGM) agar plates according to standard procedures (Brenner, 1974; Sulston and Hodgkin, 1988). The *C. elegans* wild type strain used in this study was Bristol N2; the mutant strains were BX24, *fat-1(wa9)* which produces an inactive ω 3 FA desaturase (FAT-1) and BX26, *fat-2(wa17)* which has an inactive Δ 12 FA desaturase (FAT-2) and thereby blocked one step earlier in the PUFA biosynthesis than *fat-1*. All strains were kindly provided by the *Caenorhabditis* Genetics Center (University of Minnesota, Twin Cities, USA). In the case of *fat-2*, an additional supplementation with eicosapentaenoic acid (EPA) was performed to generate

nematodes containing substantial amounts of EPA but being otherwise almost free of PUFA. First, NGM agar was supplemented with 80 μ M EPA sodium salt (Santa Cruz Biotechnology, USA) according to Deline et al. (2013). Second, pure EPA (Cayman Chemical, USA) was mixed with OP50 bacterial suspension and seeded on the supplemented plates at final concentration of 80 μ M in the bacterial lawn (Zhou et al., 2015). Preliminary tests proved that this combined supplementation resulted in the highest EPA uptake of *fat-2* nematodes (data not shown). In sum, this resulted in four different nematode diets offered to Collembola: (i) *C. elegans* WT - wild type (control), (ii) *C. elegans fat-1* - no ω 3 LC-PUFAs, (iii) *C. elegans fat-2* - no LC-PUFAs, and (iv) *C. elegans fat-2* plus EPA - no LC PUFAs except EPA.

Cultivation of Bacteria and Nematodes

Starting with a chunk of a just starved plate, rich in L1 juveniles, cultures of all three strains as well as *fat-2* plus EPA supplementation as fourth condition were maintained for four to five (in case of *fat-2*) days at 20°C. The harvest was achieved by rinsing the well-fed, mainly adult nematodes from NGM plates with ice-cold M9 buffer. Nematodes were allowed to settle down on ice by gravity flow, subsequently they were washed two-times with fresh M9 buffer. After that, a nematodes/M9 buffer suspension (2:1 v/v) was ready to transfer as exclusive food to the Collembola cultures. For lipid extraction of the different *C. elegans* strains, nematodes were separated by filtering through a 10 μ m gauze membrane by using a filter unit type 16510 from Sartorius AG (Germany). The resulting filter cake with mainly adult nematodes was scraped off by using a small spatula, weighed (~50 mg aliquots, $n = 6$), transferred in clean, chloroform rinsed 10 mL glass tubes (equipped with a Teflon coated screw cap) and finally frozen at -20°C.

For comparison reason, also fatty acid pattern of *E. coli* OP50 was determined. For this, bacteria were cultivated in liquid LB media overnight, harvested by centrifugation at 3,000 \times g for 15 min and washed three times with M9 buffer. About 50 mg portions ($n = 6$) of the final pellet were weighed, transferred to 10 mL glass tubes and frozen at -20°C until lipid extraction.

Cultivation of Collembola

The examined Collembola were *Folsomia candida* Willem, 1902, a species living in the litter and top soil, and *Protaphorura fimata* Gisin, 1952 a species inhabiting deeper soil layers. For maintenance, mass cultures of Collembola were reared in soil mesocosms in the laboratory, fed weekly with baker's yeast (*Saccharomyces cerevisiae*). For the experiments, specimens were transferred (use a clean suction tube or a brush) into plastic microcosms (height 4.5 cm, 7 cm diameter) with a 1 cm thick layer of plaster of Paris mixed with activated charcoal and deionized water in a proportion of 9:1:10 (Snider et al., 1969). For a detailed step by step instruction of Collembola cultivation and harvest see Menzel et al. (2018).

Reproduction and Growth Assay

Ten freshly hatched Collembola were placed into each individual microcosms, three to six independent replicates per condition

and species were applied. Collembola were fed with baker's yeast for 10 days at 20°C in the dark before switching to nematodes as diet. Every 3 days food was replaced in amounts that were not consumed by Collembola within that time. After this 10 days pre-culture, yeast were completely removed and washed nematodes were presented in several layers on a piece of fresh M9 agar (~1 cm², 0.5 cm in high) that does not include any other nutritional source but ensures that the nematodes will not dry out. All laid eggs were counted regularly every third day. After each counting, eggs as well as exuviae and fecal pellets were removed, as Collembola feed on them thereby may alter their fatty acid pattern. After 33 and 39 days for *F. candida* and *P. fimata*, respectively, a CO₂ stream was applied for 10 min to safely stun the animals and fresh weight was recorded. After that, Collembola were dried for 48 h at 60°C in a drying chamber and subsequently weighed again to obtain the dry weight.

Collembola Cultivation for Lipid Pattern

Cultivation and harvest of Collembola intended for lipid extraction followed exactly the instruction given in the penultimate paragraph but differed with regards to the following: Instead of 10, we cultivated 25 specimen in each individual microcosm; the incubation temperature was 15°C. Moreover, after determining the fresh weight, each Collembola group (25 specimen) was transferred directly to an individual 10 mL glass tube and frozen in 1 mL methanol at -20°C.

Food Preference Assays

To analyze whether or not Collembola feed preferentially on the different *C. elegans* strains offered, two different experimental approaches were followed. First, direct feeding of Collembola on nematodes was assessed. Once split Petri dishes were poured with M9 agar to a height that the central barrier still separates nematodes to both halves but does not hinder a Collembola (valid for both species) to pass. At the beginning, 15 well-fed adult nematodes of different strains were set without bacteria on each half. Then, one young adult Collembola was transferred on each half, having in total 30 nematodes and two Collembola specimen on each plate ($n = 5$). After 5, 24, and 48 h of incubation at 20°C in the dark the number of eaten versus still alive nematodes was counted. The food strain combinations always saw the *C. elegans* wild type on one side while all four variants, i.e. WT, *fat-1*, *fat-2*, and *fat-2* plus EPA alternately occurred on the other.

Second, feeding on nematodes was indirectly assessed by counting fecal pellets deposited by Collembola around the food source (Scheu and Simmerling, 2004). This experiment was performed in the same microcosms and diet variants as described above. However, instead of one, we offered two oppositely arranged M9 agar pieces carrying the different nematode food and 10 young adult specimen of each Collembola species were placed in. Additionally, a ~5 cm² piece of white wet filter paper was set under each agar block to allow easy pellet counting by using a dissecting microscope, carried out after 5, 24, and 48 h of incubation time. Again, five replicates were set up per Collembola species (2) and food combination (4).

Lipid Extraction and methanolysis

For fatty acid pattern analysis the lipids from Collembola were extracted according to Ruess et al. (2004); described in great detail just recently (Menzel et al., 2018). Most important, after extraction each sample was loaded to a silica acid column (0.5 g silicic acid, mesh size 100–200 μm) to separate neutral lipid fatty acids (NLFA) from the phospholipid fatty acids (PLFA). Finally, saponification and methanolysis of lipids was performed following the procedures given for the Sherlock Microbial Identification System (MIDI Inc., Newark, Del.). Briefly, saponification of lipids was conducted in a sodium hydroxide-methanol solution, followed by acid methanolysis in HCl-methanol, extraction of fatty acid methyl esters (FAMES) into hexane/methyl tertiary butyl ether and a wash step with aqueous NaOH (for details see Ruess et al., 2004). The lipid-containing phase was transferred to GC vials and stored at -20°C until analysis. In the case of the food samples, *E. coli* and *C. elegans*, the NLFA/PLFA separation was omitted; here only FAMES of the total lipid fatty acid (TLFA) have been extracted accordingly.

Quantitative and Qualitative Analysis of Fatty Acids by GC-FID and GC-MS

FAMES were quantified and identified by an Agilent 7890A GC and flame ionization detector (FID), equipped with an HP Ultra 2 capillary column (25 × 0.2 mm i.d., film thickness 0.33 μm). The temperature program started with 191°C and increased by 10°C min⁻¹ to 286°C followed by 60°C min⁻¹ to 310°C (held for 2 min). The injection volume was 2 μL, the temperature 250°C, and the split ratio 1:30. Hydrogen was used as carrier gas. Fatty acids were identified with the Sherlock Pattern Recognition Software (MIDI Inc., USA) by comparison of their retention times to a standard mixture.

Fatty acid identity was further validated by follow-up qualitative analysis via an Agilent series 7890A gas chromatograph coupled to a mass selective detector (Agilent 7000 Triplequadropole). The system was equipped with a polar DP-23 capillary column (60 m × 0.25 mm i.d., film thickness 0.15 μm). The injection volume was 1 μL, the split ratio 1:12.5, and the initial set point 250°C. Helium was used as carrier gas. The oven temperature program started with 130°C and increased by 9°C min⁻¹ to 160°C (hold time 5 min), followed by 29°C min⁻¹ to 170°C (hold time 7 min), and 11°C min⁻¹ to 230°C (hold time 5 min). The transfer line temperature was 280°C and a mass range of 40–400 m/z was monitored in the scan mode.

Statistical Analysis

Data were analyzed using one-way ANOVA. If ANOVA assigned statistical significance, a post hoc test was used and treatments were compared pairwise to each other by Bonferroni's test. All statistical analyses were performed using SigmaStat 3.5 (Systat Software Inc., USA) and are presented with corresponding *F*- and *P*-values.

RESULTS

C. elegans Strains Are Excellent Resources Differing in PUFA Composition

The TLFAs of *E. coli* OP50 which served as base of the model food chain comprised of only 14 predominantly saturated fatty acid (SAFA) mainly 16:0, cyclic fatty acids 17:0 cyclo and 19:0 cyclo and fatty acids shorter than C16 (mainly 14:0, 14:0 3-OH and 12:0) (Figure 1, Supplementary Table 1). PUFA were entirely absent in *E. coli* OP50, whilst only C16 and C18 MUFA were present in lower concentrations (Supplementary Table 1).

When the *C. elegans* wild type N2 feed on *E. coli* OP50, the nematode's TLFA pattern reflects the composition of the food bacteria. However, the worms *de novo* synthesize a large number of additional fatty acids such as branched-chain FA (15:0 iso and 17:0 iso) and particularly MUFA (18:1 ω 7) and PUFA (LA, DGLA - 20:3 ω 6, AA and EPA) (Figure 1, Supplementary Table 1), resulting in proportions of $28.0 \pm 3.3\%$ MUFA and $27.5 \pm 3.4\%$ PUFA of the total FA content (all data are means \pm SD, $n = 6$). EPA corresponding to $12.6 \pm 2.5\%$ of the TLFA formed almost half of the PUFA. This picture changed in the *fat-1* mutant strain. The EPA content was close to zero whilst the AA content increased almost tenfold and the DGLA content approximately doubled (Figure 1, Supplementary Table 1). The *fat-2* mutant strain showed a PUFA depleted TLFA pattern with all C18 and C20 PUFA close to zero or below detection level. In contrast, the MUFA oleic acid (18:1 ω 9) was greatly enriched (Figure 1, Supplementary Table 1). In sum, the different strains provided the intended PUFA source spectra to consumers with: (i) WT - both ω 6 PUFA and ω 3 EPA, (ii) *fat-1* - only ω 6 PUFA, and (iii) *fat-2* - almost no PUFA. To complete this spectra by a fourth condition, (iv) *fat-2* + EPA - only EPA as ω 3 PUFA, we supplemented *fat-2* nematodes for several days with EPA. The EPA content in these nematodes increased to $4.0 \pm 0.5\%$, about a third of the portion in the wild type (Figure 1, Supplementary Table 1). Interestingly, even though the PUFA and MUFA contents in the *C. elegans* strains are different, the total content of fatty acids remained unchanged as assigned by the amount in nmol fatty acid per mg dry weight (Table 1).

The NLFA of the Collembola Reflect the PUFA Content of the Food Source

In the next step, the fatty acid patterns of the two nematophagous Collembola, *F. candida* and *P. fimata*, were determined. Although slight differences exist, the common fatty acid content of NLFA and PLFA for both species did not significantly vary between the different food conditions (Table 1).

Figure 1 presents an overview of both NLFA and PLFA contents of *F. candida* (left) and *P. fimata* (right), respectively, and allows the comparison with the TLFA pattern of the corresponding prey nematodes shown in the center of the figure. It is apparent that NLFA patterns mainly resembled the TLFA pattern of consumed food nematodes, even if the proportion of cyclo-FA decreased whilst that of MUFA increased in the Collembola. Collembola's PUFA content of NLFA were closely related to the pattern of consumed food: evidently PUFA in case of *fat-1* nematode food there was more ω 6 than ω 3, while in the

case of *fat-2* food an approximate halved PUFA content and, in comparison to the latter a compensatory effect when EPA was supplemented. It is striking, however, that the PUFA did not absolutely disappear in the absence of a dietary source, i.e., when Collembola were fed with *fat-2* nematodes.

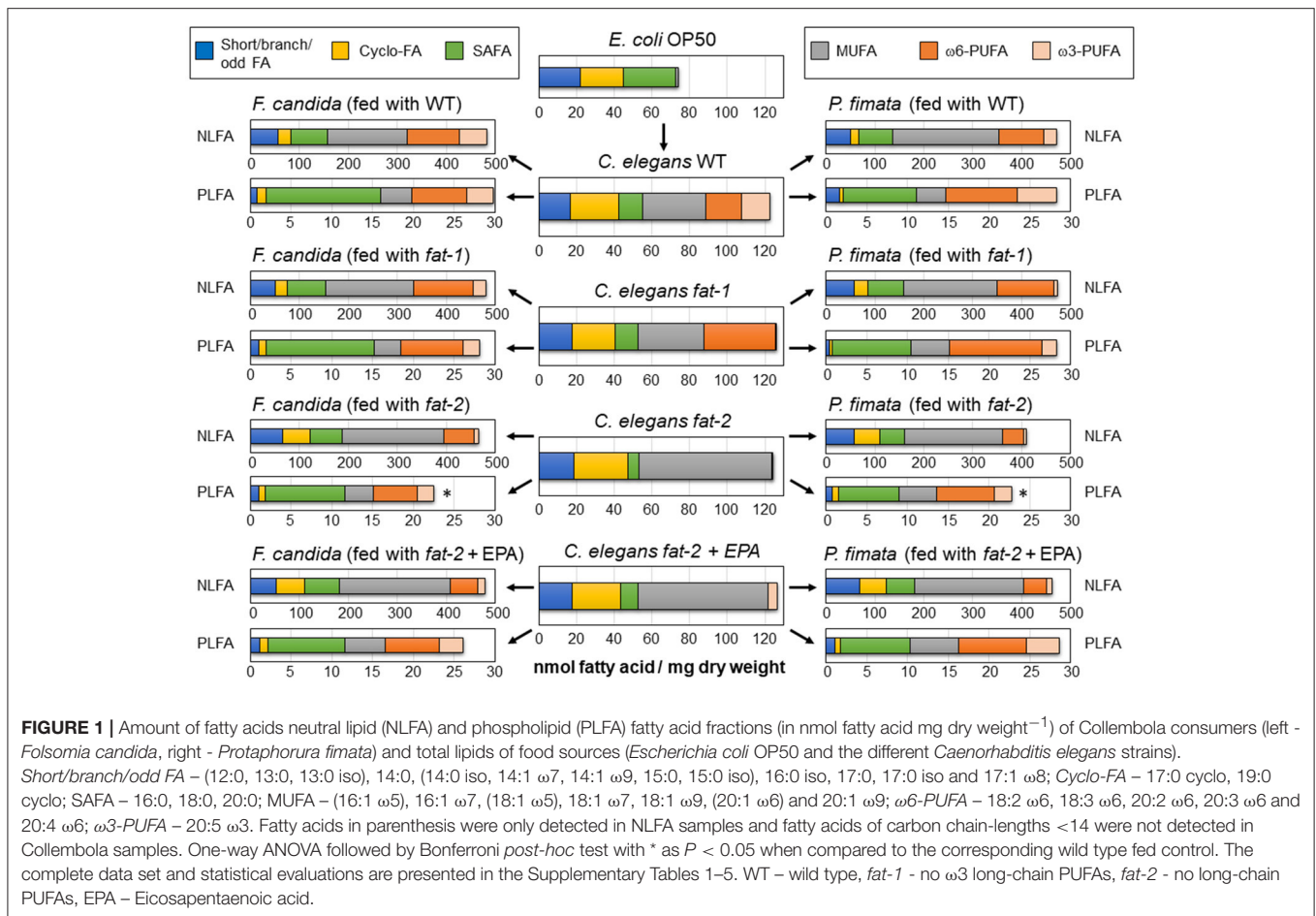
Focusing on the relative portions of all detected PUFA in the NLFA (NLPUFA; Figures 2A,B) shows that their portion in both Collembola species was much lower when they fed on *fat-2* nematodes as compared to wild type or *fat-1* [for *F. c.* $F_{(3, 20)} = 156.28$, $P < 0.001$; for *P. f.* $F_{(3, 8)} = 124.03$, $P < 0.001$]. The rescue effect when fed EPA supplemented *fat-2* worms was limited to the EPA content, which was significantly higher compared to feeding on *fat-2* worms in both *F. candida* and in *P. fimata*. However, these did not reach the higher values as in the wild type fed Collembola. Interestingly, *F. candida* consuming wild type or *fat-1* worms possessed a significantly higher EPA portion in the neutral lipids than *P. fimata* specimen did with the same diet. Obviously, species-specific differences allow *F. candida* a higher enrichment of NLFA with EPA; the same applies to AA.

Collembola Keep Their PLFA Composition Constant

In both species, PLFA were characterized by a higher content of SAFA and lower MUFA, when compared to their occurrence in NLFA (Figure 1). Moreover, the PLFA content in *fat-2* fed Collembola was significantly reduced (Figure 1). Most strikingly was the finding that the overall composition of PLFA in both species did not vary much between the different feeding conditions. The only exception was the AA-rich/EPA-free *fat-1* food, inducing a significant shift of the EPA/AA ratio toward AA in both species (Figures 2C,D). Interestingly, the *fat-2* PUFA depleted food did not affect the PUFA composition, both EPA and AA remained an unabated part of the PLFA. In *P. fimata* the PUFA-content in the PLFA was significantly higher than in the NLFA (Figure 2D). This also applied to *F. candida* animals fed *fat-2* (Figure 2C). The preference to serve PLFA before the NLFA with PUFA, even under the condition of PUFA-free diet (*fat-2*) was evident in the significant decrease of the NL-PUFA/PL-PUFA ratio, whereas the NLFA/PLFA ratio was unaltered by the different feeding conditions (Table 1). The effect even increased if EPA was supplemented, as lowest NL-PUFA/PL-PUFA ratios were reached when both species were fed on *fat-2* + EPA (Table 1). Summarizing, Collembola species are obviously able to keep their PLFA composition constant, whereas NLFA pattern mainly reflected the dietary routing of consumed fatty acids.

Collembola's Benefit From PUFA-rich Diet

Collembola's fitness, as assessed by reproductive output and weight gain, was affected by the different food sources. Both species laid first eggs a few days after settling in microcosms offering the different nematode strains as exclusive diet, *F. candida* laid ~ 3 –4 times more eggs than *P. fimata* (Figures 3A,B, take into account the different Y-axis scaling). From the start of egg laying until the end of the experiment, *fat-2* fed Collembola laid fewer eggs than the animals kept under different conditions (Figures 3A,B). EPA supplemented *fat-2* nematodes as diet significantly compensated for this impairment



allowing Collembola to achieve a reproductive output at a similar level as that of *fat-1* fed animals (Figures 3A,B). This level, however, did not reach the reproduction of wild type fed Collembola for both *F. candida* and *P. fimata* (Figures 3A,B).

When we determined the dry weight of Collembola after finishing the cultivation, we found that *fat-2* fed animals were significantly lighter than *fat-1* or wild type fed animals (Figures 3C,D). The intended rescue by EPA supplementation succeeded significantly for *F. candida* (Figure 3C). Also in case of *P. fimata* specimen showed on average a higher weight, but the values did not reach a significant difference (Figure 3D). Summarizing, Collembola benefit from especially EPA-rich food, they laid more eggs and gained more weight.

Collembola Do Not Prefer a PUFA-rich *C. elegans* strain Over a PUFA-poor Strain as Diet

Finally, it was determined whether or not the both Collembola species prefer a PUFA-rich (wild type) nematode diet to an almost PUFA-free (*fat-2*) or an AA-rich/EPA-free (*fat-1*) nematode diet. Our first approach focused on the *per capita* consumption of Collembola as predators, given the choice between the wild type

and another nematode strain. No significant differences were detected after 5, 24, or 48 h when almost all of the offered 2×15 nematodes had been consumed (Figures 4A,B). The only two exceptions from this were *F. candida* specimen, initially preferring *fat-1* nematode to wild type once and *P. fimata* specimen which have preferred wild type to *fat-2* nematodes at 5 h incubation (Figure 4B). In a second approach the Collembola residence time at the prey was assessed. In this assay the number of fecal pellets, deposited near the food source (offering a huge amount of nematodes) were counted. After 5, 24, or 48 h also the count of fecal pellets showed no significant differences between the different food sources (Figures 4C,D). In sum, irrespective of the fact that these *C. elegans* strains have a different food quality both analyzed Collembola species are unable to distinguish between *C. elegans* wild type and *fat-1* or *fat-2* mutant strains when selecting their prey.

DISCUSSION

Our study demonstrates that Collembola can benefit from a particularly ω3 long-chain PUFA rich diet, namely EPA, although they are additionally able to *de novo* synthesize this important PUFA. This key message suggests that the biosynthesis of ω3 (and

TABLE 1 | Total fatty acid content and NLFA/PLFA ratios.

Organism and parameter	Condition			
	WT Mean ± SD	<i>fat-1</i> Mean ± SD	<i>fat-2</i> Mean ± SD	<i>fat-2</i> + EPA Mean ± SD
<i>C. elegans</i> , TLFA (nmol/mg dry weight), <i>n</i> = 6	121.38 ± 27.63	121.25 ± 25.93	127.04 ± 22.40	125.37 ± 26.80
<i>F. candida</i> , NL + PLFA (nmol/mg dry weight), <i>n</i> = 6	512.47 ± 23.58	508.94 ± 49.01	472.35 ± 48.47	505.22 ± 65.56
<i>P. fimata</i> , NL + PLFA (nmol/mg dry weight), <i>n</i> = 3	498.94 ± 51.78	501.52 ± 50.30	430.33 ± 48.42	490.01 ± 33.24
<i>F. candida</i> , NLFA/PLFA ratio, <i>n</i> = 6	16.74 ± 2.46	17.67 ± 2.90	19.24 ± 2.79	18.78 ± 2.76
<i>P. fimata</i> , NLFA/PLFA ratio, <i>n</i> = 3	16.48 ± 1.86	16.25 ± 1.22	17.87 ± 1.33	16.16 ± 1.21
<i>F. candida</i> , NL-PUFA/PL-PUFA ratio	16.47 ± 1.86	15.34 ± 0.82	9.47 ± 0.64	7.52 ± 1.08
* $F_{(3,20)} = 90.23$ ($P < 0.001$), <i>n</i> = 6	a	a	b	c
<i>P. fimata</i> , NL-PUFA/PL-PUFA ratio	8.63 ± 0.94	9.35 ± 1.18	5.36 ± 0.32	4.62 ± 0.20
* $F_{(3,8)} = 27.31$ ($P < 0.001$), <i>n</i> = 3	a	a	b	b

*Results of one-way ANOVA followed by Bonferroni's post-hoc comparisons test. Letters below the mean values indicate significant differences. TLFA, Total lipid fatty acids; NLFA, Neutral lipid fatty acids; PLFA, Phospholipid fatty acids; NL-PUFA, Neutral lipid polyunsaturated fatty acids; PL-PUFA, Phospholipid polyunsaturated fatty acids; EPA, Eicosapentaenoic acid; SD, Standard deviation.

also $\omega 6$) long-chain PUFA is costly and cannot be executed in unlimited extent by the observed Collembola species.

In this respect, it is of particular interest that PUFA content of free-living nematodes was suggested to be controlled by biosynthesis rather than diet and that these regularly contain $\omega 3$ long-chain PUFA (Krusberg, 1972; Hutzell and Krusberg, 1982). Collembola specimen, however, fed differing diets including a common soil fungus (*Cladosporium cladosporioides*), a bacterial feeding nematode (*Panagrellus redivivus*), mays (*Zea maize*), or alder (*Alnus glutinosa*), showed the highest content of $\omega 3$ long-chain PUFA on the nematode diet (Chamberlain et al., 2005). This last finding notably coincided with a strong increases in egg-laying rate and dry weight gain of the same Collembola species (*F. candida* and *Proisotoma minuta*) re-analyzed in a follow-up study (Chamberlain et al., 2006). Even in a freshwater systems, *P. redivivus* has been recommended as a suitable food source for first-feeding fish since carp larvae grown on nematodes showed a higher survival rate than the control group fed traditionally with zooplankton (Schlechtriem et al., 2004). Thus, a limited amount of $\omega 3$ long-chain PUFA is likely to be as crucial for terrestrial consumers as it is for aquatic consumers (Twining et al., 2016). Nematodes could represent an alternative to primary producer-derived $\omega 3$ long-chain PUFA that had previously received less attention but which may be essential for larger omnivores and carnivores. It is important to add that such observations (and considerations) may not exclusively restricted to $\omega 3$ long-chain PUFA. The jewel wasp *Nasonia vitripennis* which demonstrably possesses intrinsic $\Delta 12$ desaturase activity to *de novo* synthesize the $\omega 6$ PUFA LA prefers (female) LA-rich hosts for oviposition and produces (male) significantly more sex pheromone when hosts were additionally supplied with LA (Blaul and Ruther, 2011; Brandstetter and Ruther, 2016).

The relatively high amount of long-chain PUFA in free-living nematodes (and entomopathogenic as well) was suggested as an adaptation to survive periods of environmental stress (Selvan et al., 1993a,b). However, such conditions apply to many soil animals and may have resulted in comparable anabolic

pathways for synthesizing long-chain $\omega 3$ (and $\omega 6$) PUFA. Indeed, biochemical analyses revealed unusually high proportions of long-chain $\omega 3$ PUFA in earthworms (Petersen and Holmstrup, 2000) and Collembola (Chamberlain and Black, 2005). For *Lumbricus terrestris*, Sampedro et al. (2006) proposed the existence of a microbial community in the gut that provides fatty acids to the earthworm, including high amounts of AA and EPA. A characterization of the nature of this microbiome did not occur so far. To the best of our knowledge soil bacteria can ruled out as a source of long-chain PUFA. Although Fungi's and protozoa's most abundant fatty acids tend to be of carbon chain-lengths 16 and 18 with varying degrees of unsaturation (Losel, 1988), they can possess a wide range of long-chain fatty acids (Certik and Shimizu, 1999). Most interestingly, also nematodes were detected to make a contribution to the nutrition of a tropical earthworm (Dash et al., 1980); a scenario that could be possible in the case of *Lumbricus terrestris*, too.

Even though Collembola's gut can also serve as vector and habitat for microorganisms, mainly bacteria but also fungi, Thimm et al. (1998) as well as Chamberlain and Black (2005) were sure that the high proportions of $\omega 3$ (and $\omega 6$) long-chain PUFA determined in various Collembola species exclusively fed on *S. cerevisiae* for generation in the laboratory must be present through *de novo* biosynthesis. Our data support this finding. *S. cerevisiae* does not naturally contain long-chain PUFA, *C. elegans fat-2* contains only traces of EPA whereas AA was not detectable at all. Chamberlain and Black (2005) observed 24.6–48 mol % long-chain PUFA in the PLFA and 4.4–9.2 mol % in the NLFA fraction. In this work, 23.5–24.8 mol % of the PLFA and 3.4–7.2 mol % of the NLFA were determined as long-chain PUFA when the offered food was PUFA-depleted. These data strongly supports the idea that Collembola, at least the observed species, can ensure a specific minimum share of long-chain PUFA in the PLFA and NLFA, respectively. The methylene-interrupted cis-dienoic structure of PUFA seems to be important for the structural integrity and functionality of biological membranes of eukaryotes (Sargent et al., 1995) explaining the higher PUFA

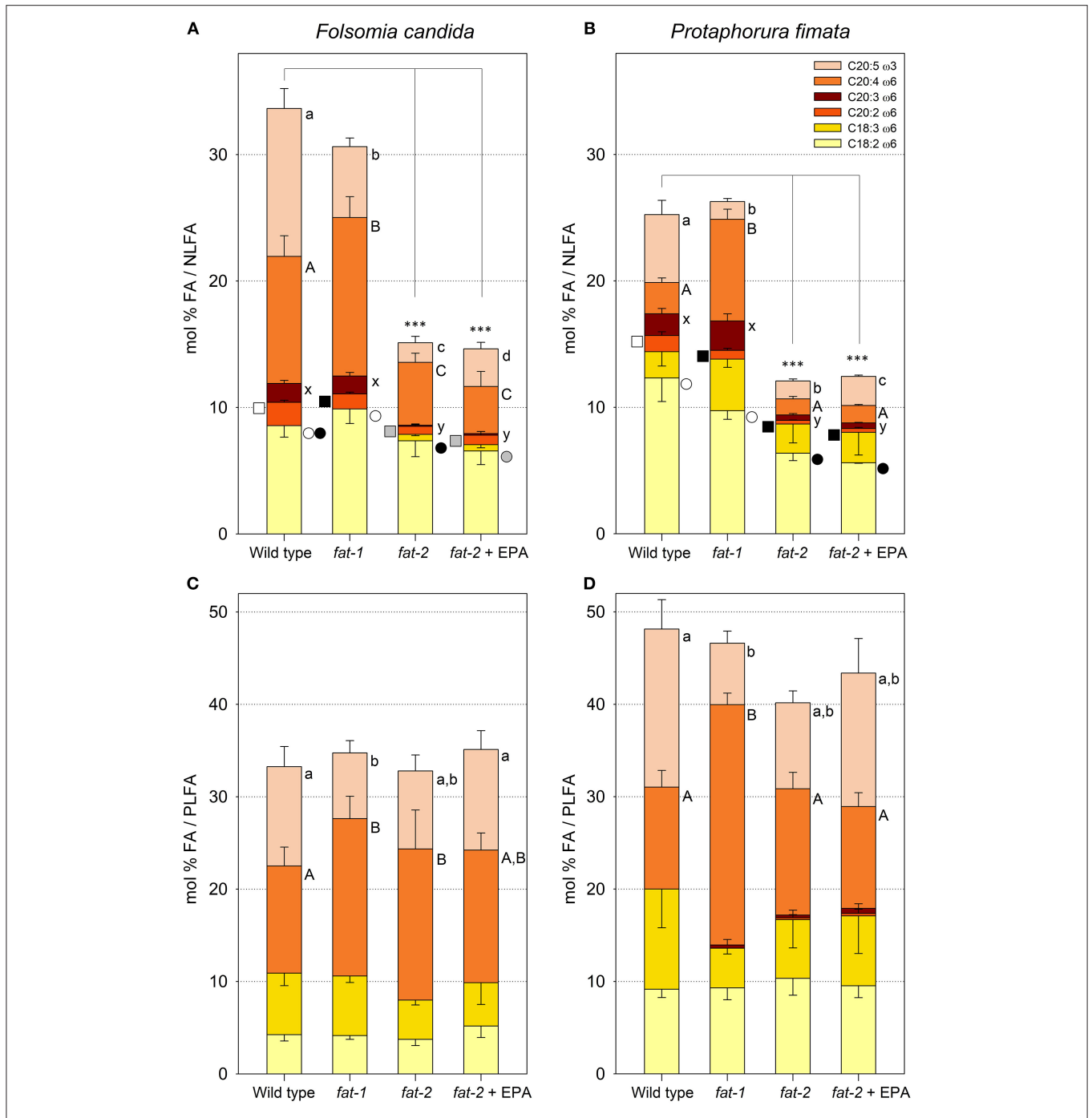


FIGURE 2 | Profiles of polyunsaturated fatty acids (PUFA) in the Collembola species *Folsomia candida* and *Protaphorura fimata*, as mol % relative to the total fatty acid content of the neutral lipid (NLFA) and phospholipid (PLFA) fatty acid fractions. **(A)** NLFA of *F. candida*, **(B)** NLFA of *P. fimata*, **(C)** PLFA of *F. candida*, and **(D)** PLFA of *P. fimata*. Statistical differences were tested for each PUFA within each experimental set and Bonferroni *post-hoc* test results are represented by letters and full or empty symbols. Matching (or missing) letters and symbols indicate no statistical difference. Stars indicate a significantly lower proportion of total PUFA on the NLFA, when compared to the corresponding wild type sample. All corresponding *F*- and *P*-values are given in Supplementary Table 6, together with means and standard deviations.

portion in the PLFA. The rather constant composition of PLFA is ensured by regulation at the cellular level (Stanley-Samuelson et al., 1988) but requires *de novo* biosynthesis and/or dietary

intake of the PUFA. The NLFA, in contrast, do better reflect changes in the diet than the PLFA; our data confirm in this respect previous findings (Chen et al., 2001; Haubert et al., 2004).

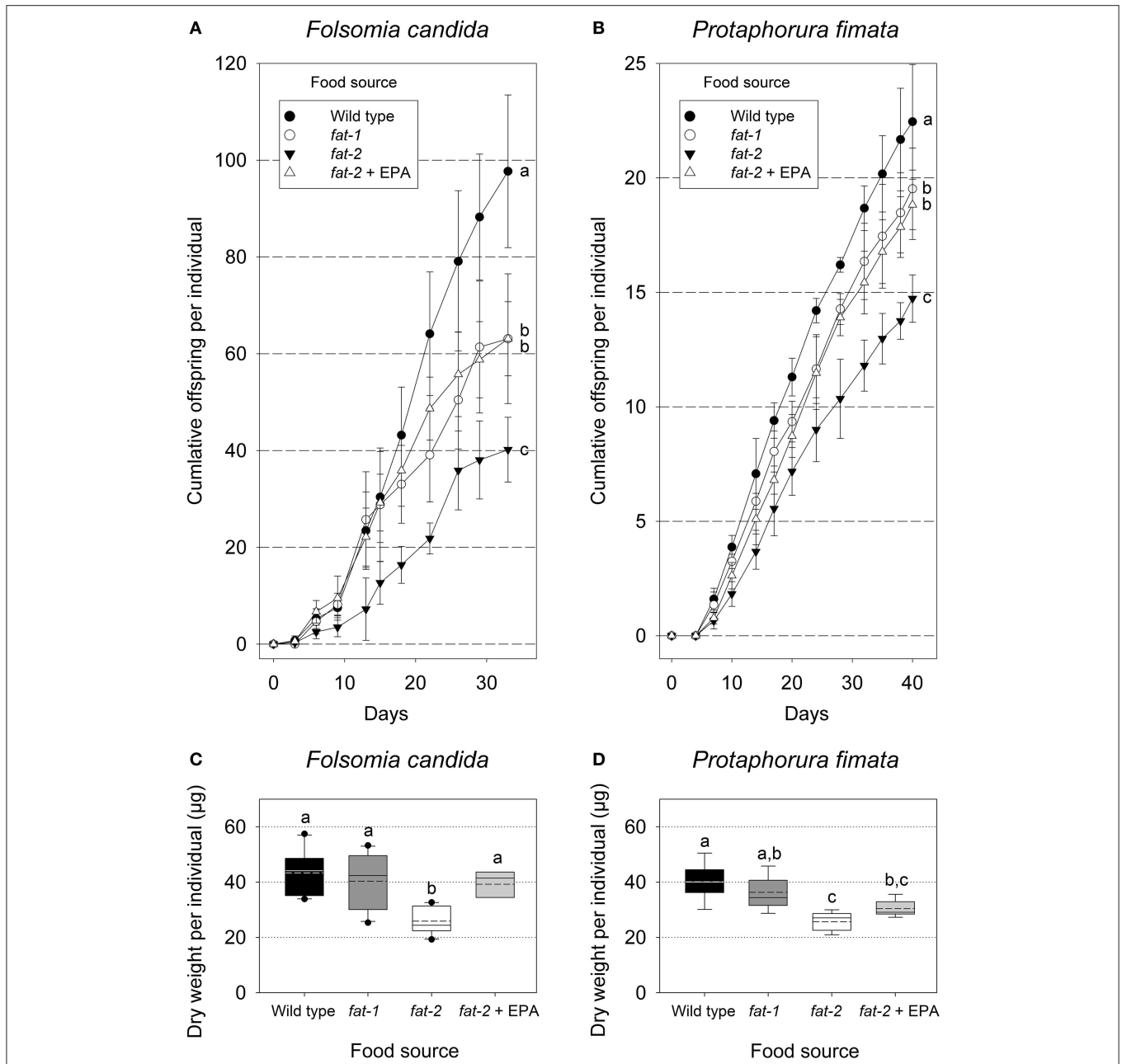
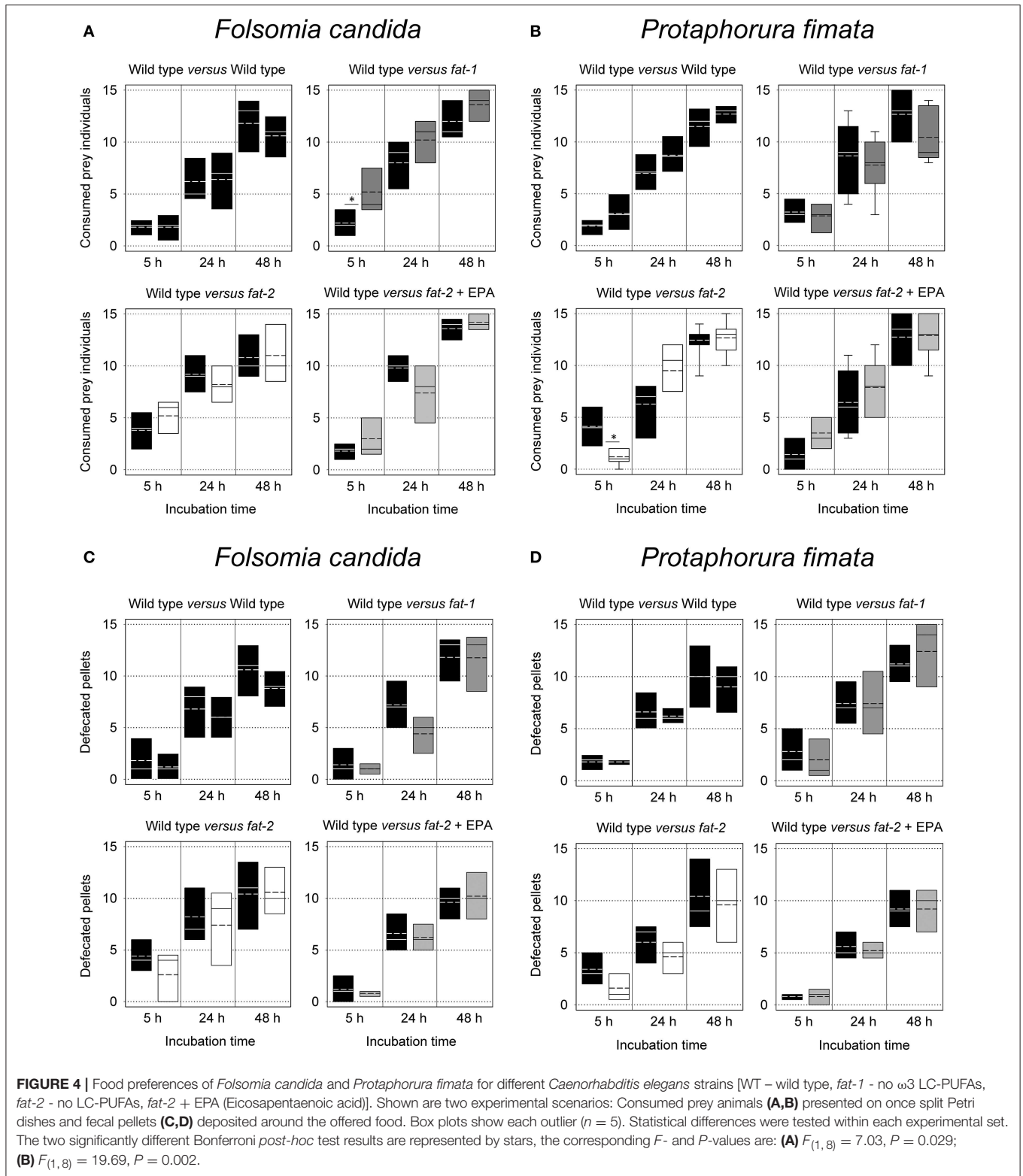


FIGURE 3 | Cumulative numbers of eggs (**A,B**) and final dry weight per *Collembola* individual (**C,D**) of two experimental scenarios: *Folsomia candida* (**A + C**) and *Protaphorura fimata* (**B + D**), both fed on the four different *Caenorhabditis elegans* food sources [WT – wild type, *fat-1* - no ω 3 LC-PUFAs, *fat-2* - no LC-PUFAs, *fat-2* + EPA (Eicosapentaenoic acid)]. Bars (**A + B**) represent standard deviations, box plots (**C + D**) show each outlier. Statistical differences were tested within each experimental set. Significantly different Bonferroni *post-hoc* test results ($P < 0.001$) are represented by letters, the corresponding F -values are: (**A**) $F_{(3, 16)} = 21.15$ ($n = 5$), (**B**) $F_{(3, 16)} = 28.48$ ($n = 5$), (**C**) $F_{(3, 32)} = 10.06$ ($n = 9$) (**D**) $F_{(3, 32)} = 16.66$ ($n = 9$). Matching letters indicate no statistical difference.

In addition to individual analysis, we also analyzed the NLFA/PLFA ratio to measure the physiological status of *Collembola* according to Bååth (2003), with a higher ratio indicating an increase in fat storage due to an excess of energy in the resource consumed. When *Collembola* were fed with different bacteria, NLFA/PLFA ratios ranged from 13 to 23 for *F. candida* and from 5 to 33 for *P. fimata* (Haubert et al., 2006).

The ratios dropped when Baker’s yeast was used as exclusive food source: 7–10 for *F. candida* and about 4 for two *Protaphorura* sister species i.e., *P. armata* and *P. minuta* (Chamberlain and Black, 2005). In this study, ratios for both *Collembola* species ranged from about 16 to 19 indicating that *C. elegans* represents an average food quality for both *F. candida* and *P. fimata*. That these ratios did not change in response to the different *C. elegans*



food strains reflects their over-all equivalence as food sources, varying only in the PUFA compositions but not in the total fatty acid content. However, this lack in specific PUFA in the

nematode diet led to a reduction of the PLFA and NLFA content of both analyzed Collembola species, though the latter was not significant. This suggests that the biosynthesis of ω 3 (and also

ω 6 long-chain PUFA is costly. Probably it cannot be executed in unlimited extent resulting in a supply gap when exclusively feeding on PUFA depleted *C. elegans* nematodes as food source. This PUFA supply gap then causes directly or more indirectly a reduction of weight gain and egg laying whereby both ω 3 and ω 6 long-chain PUFA seems to be of vital importance. In some way, Collembola reflected with this the phenotypic impairments of their (*fat-2*) food animals, such as a reduced brood size, slow growth and a small shaped body (Watts and Browse, 2002; Horikawa et al., 2008).

The attraction of Collembola to chemical compounds (of food or non-food sources) is well established (Nilsson and Bengtsson, 2004; Gutiérrez-López et al., 2011; Buse and Filser, 2014) and documented also by assays used in this work (Scheu and Simmerling, 2004). This may suggest that also a preference of PUFA-rich food by *F. candida* and *P. fimata* exist; comparable to e.g., *N. vitripennis* females which recognize (and prefer) LA-rich hosts for oviposition (Brandstetter and Ruther, 2016). Generally, PUFA serve also in invertebrates as important precursors for a range of signaling molecules, such as eicosanoids (Stanley, 2006; Kulas et al., 2008; Vrablik and Watts, 2013) and sex or aggregation pheromones (Tillman et al., 1999; Koutroumpa and Jacquín-Joly, 2014). In the sense of a comprehensive analysis, we have consciously chosen two tests analyzing not only choice but also consumption rates. Nevertheless, for both Collembola species no differences between PUFA-rich (like wild type) and almost PUFA-free (like *fat-2*) *C. elegans* nematodes were observed. The only two significant indication, e.g., *P. fimata* preferred wild type instead of *fat-2* after 5 h incubation; found no further confirmation at all other time points and assays. Obviously, the specific fatty acid composition of the offered *C. elegans* strains and their difference in nutritional valuable ω 3 long-chain PUFA was not detectable for Collembola.

In conclusion, it can be stated that the source for ω 3 (and especially ω 6) long-chain PUFA in the soil is formed by a significantly larger basis of biota than previously assumed. The present study showed that besides primary producers

(cyanobacteria, algae) and basal decomposers (protozoa, fungi) also higher trophic levels such as nematodes and Collembola represent a considerable source for these biomolecules in belowground food chains. This raises evidence that also further invertebrate species, e.g., as representatives of Clitellata, have the ability to synthesize *de novo* PUFA. Thus, it seems unlikely that long-chain PUFA synthesized in aquatic food webs, although clearly important, are the essential resource for soil food webs.

AUTHOR CONTRIBUTIONS

DG, AS, and DS cultivated the organisms and performed the bioassays with Collembola, AS performed exclusively the preference assays. Together with RM, both DG, AS, and DS performed the lipid extractions. Both RM and LR evaluated the GC/MS data. RM wrote the paper, LR revised it. RM and LR developed the idea and hypothesis of this work.

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SUPPLEMENTARY MATERIAL

The Supplementary Material for this article can be found online at: <https://www.frontiersin.org/articles/10.3389/fevo.2018.00096/full#supplementary-material>

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Conflict of Interest Statement: The authors declare that the research was conducted in the absence of any commercial or financial relationships that could be construed as a potential conflict of interest.

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