



From Tropical to Sub-Tropical: Prolonged Reproductive Activity of the Invasive Ascidian *Microcosmus exasperatus* in the Eastern Mediterranean

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Raijman Nagar L and Shenkar N (2016) From Tropical to Sub-Tropical: Prolonged Reproductive Activity of the Invasive Ascidian Microcosmus exasperatus in the Eastern Mediterranean. Front. Ecol. Evol. 4:102. doi: 10.3389/fevo.2016.00102 The solitary ascidian *Microcosmus exasperatus* is globally distributed in tropical and sub-tropical waters. In the Mediterranean it is considered an invasive species introduced through the Suez Canal, with a restricted distribution in the eastern basin. In order to understand the potential of this species to establish sustainable communities at additional sites in the Mediterranean, we studied its reproduction cycle over a 2-year period in relation to seawater temperature and chlorophyll-a data. Although *M. exasperatus* reproduces seasonally, with significantly greater activity in summer and early fall, mature oocytes occur throughout the year, suggesting multiple spawning periods. We found that reproductive effort significantly correlated with seawater temperature, while chlorophyll-a showed a low and insignificant explanatory power. A combined regression model of both parameters yielded the highest explained variance, suggesting a synergic effect of these two factors. Such a prolonged reproductive activity period enables repeated recruitment events. In view of the anticipated rise in seawater temperature, we predict that this species will gradually expand its distribution further across the Mediterranean.

Keywords: tunicates, marine bioinvasions, lessepsian invasion, ascidian reproduction, Mediterranean Sea

INTRODUCTION

Increasing in world shipping trade, as well as of recreational boating, has not only benefited the world's global economy but has also contributed to the ever-increasing rate of transport of invasive species around the world (Ruiz et al., 1997; Cohen and Carlton, 1998; Mack et al., 2000; Hewitt et al., 2004; Zenetos et al., 2012; Seebens et al., 2013). The consequences of bioinvasions are broad, from the fundamental alteration of physical and biotic ecosystem features, to their impact on human health (Mooney and Drake, 1986; Williamson, 1996; Ruiz et al., 1997; Mack et al., 2000; Shine et al., 2000; Çinar et al., 2011). Invasive organisms can cause significant economic losses (U.S Congress OTA, 1993; Galil and Zenetos, 2002; Streftaris and Zenetos, 2006), and are considered a major cause of loss of biodiversity, second only to habitat destruction (Wilcove et al., 1998; Mack et al., 2000; Clavero and García-Berthou, 2005). The Mediterranean Sea is known as a "hot spot" of invasive species (Coll et al., 2010; Zenetos et al., 2010; Seebens et al., 2013; Galil et al., 2014b), with the Suez

Canal playing a major role as a corridor for alien introductions (Galil, 2006, 2012; Coll et al., 2010; Zenetos et al., 2012). Since its opening in 1869, hundreds of invasive species have crossed the Canal and established populations in the Mediterranean, mostly along the Levant Basin (Galil and Goren, 2014). With the recent expansion of the Suez Canal (Galil et al., 2014a) the rate of introduction of invasive species of tropical origin into the Mediterranean is anticipated to increase significantly.

Ascidians (Phylum: Chordata, Class: Ascidiacea) are well known for their ability to invade new regions and cause significant damage to the indigenous fauna and aquaculture facilities (Bullard et al., 2007; Bullard and Carman, 2009; Daigle and Herbinger, 2009; Davis and Davis, 2010). As sessile filter-feeding invertebrates, they are a dominant component of fouling communities world-wide (Shenkar and Swalla, 2011). Some of the ascidian species are aggressive competitors, with advantageous life-history characteristics that contribute to their ability to become successful invaders (Lambert, 2005a,b; Shenkar and Loya, 2008; Bullard and Carman, 2009). Invasive ascidians, among many other features, characterized by rapid growth rates, early sexual maturation, and a high reproductive effort manifested in prolonged reproduction seasons (Lambert, 2001, 2002). All of this, combined with their broad environmental tolerance (Naranjo et al., 1997; Lowe, 2002; Lambert, 2005a; Pineda et al., 2012), has enabled invasive ascidians to establish thriving populations worldwide. Out of 33 ascidian species with introduction records in the Mediterranean (Coll et al., 2010), 7 alien ascidians have been reported from the coast of Israel (Shenkar and Loya, 2009), and only few studies have focused on their reproductive biology (Shenkar and Loya, 2008). The solitary ascidian Microcosmus exasperatus Heller 1878 (order: Stolidobranchia, family: Pyuridae, Figure 1A) has a wide global distribution and it very common in tropical and sub-tropical waters (VanName, 1945; Tokioka, 1967; Millar, 1977; Monniot, 1983, 2002; Goodbody, 1984; Kott, 1985; Rocha et al., 2012). Its presence has been reported since the 1960s in different locations from the Mediterranean Sea (Pérès, 1958; Monniot, 1981; Turon, 1987), but a re-examination of the samples given by Turon et al. (2007) has re-classified most of them as the closelyrelated species M. squamiger. Currently, the distribution of M. exasperatus is restricted to the eastern Mediterranean (Turon et al., 2007; Izquierdo-Muñoz et al., 2009; Ramos-Esplá et al., 2013; Gewing et al., 2016). This distribution, in addition to previous reports from the Red Sea (Monniot, 2002), indicates that the most likely introduction route of this species into this area is through the Suez Canal (Por, 1978; Turon et al., 2007). *M. exasperatus* is currently widely distributed along the Israeli coast forming massive aggregations on both natural and artificial substrates (Shenkar and Loya, 2009). Such large populations of invasive ascidians may have severe consequences for the local benthic community, which can lead to modification of the entire habitat structure (Castilla et al., 2004; Blum et al., 2007; Bullard et al., 2007; Dijkstra et al., 2007), and even exert major economic effects (Robinson et al., 2005; Ramsay et al., 2008; Daigle and Herbinger, 2009; Rius et al., 2011). Although M. exasperatus is globally widespread, research on its ecology and biology is scarce, and the available publications are usually related to its geographic distribution and taxonomic morphology (Turon et al., 2007; Ramos-Esplá et al., 2013). The accumulation of knowledge on the biological aspects of this species, such as its reproductive cycle, is a crucial step in the prediction of its potential to spread to new habitats, specifically to the western Mediterranean. Moreover, uncovering these aspects can also contribute to the accumulating but still sparse knowledge on the biological and ecological features of introduced ascidians in general (Whitlatch et al., 1995; Lowe, 2002; Bourque et al., 2007; Rius et al., 2008, 2009; Pineda et al., 2013), and of Lessepsian ascidian introductions specifically (Shenkar and Loya, 2008; Gewing et al., 2014). The aim of the current study was to determine the reproductive cycle of M. exasperatus along the Mediterranean coast of Israel, and to understand its association with seawater temperature and of chlorophyll-a as indicator of primary production and potential





food availability. We hypothesized that, as a widespread tropical and sub-tropical species, *M. exasperatus* would exhibit a high reproductive effort over a wide range of temperatures, potentially contributing to its ability to establish sustainable populations at additional sites in the Mediterranean Sea.

MATERIALS AND METHODS

Study Site and Sampling

The study was conducted on a monthly basis from Oct 2012 to Sep 2014 in 'Akko Bay' ($32^{\circ}55'17.23''$ N, $35^{\circ}04'22.08''$ E), northern Mediterranean coast of Israel. Each month 5–9 individuals (excluding October, November 2012, February, April, May, and July 2013 n = 3-4) were randomly collected from a submerged shipwreck at a depth of 0.5–1.5 m. The samples were immediately narcotized with menthol crystals and transported to the lab within 3 h. In the lab, the samples were fixed in 4% formaldehyde diluted with seawater, following Shenkar and Loya (2008), and stored at room temperature until used for histological and gonad index analyses.

Seawater temperature at the study site was recorded every 4 h using an HOBO[®] data logger (Onset, MA, \pm 0.53°C), located at 1 m depth at the study site. In addition, from November 2013 monthly means of chlorophyll-a concentrations (mg/m³, 1 km resolution) at the study site were generated using MyOcean Products. Initially, attempts were made to investigate the recruitment patterns of *M. exasperatus* population at the study site using settlement plates. However, the high wave exposure at the study site resulted in repeated loss and breakage of the plates.

Gonad Index and Histological Analyses

The Gonad Index (GI, in percentage) was calculated as the ratio between gonad wet weight and whole individual wet weight including the tunic. Epibionts were carefully removed from the specimens before weighing, in order to avoid error. In addition, a cut was performed along the lateral side of the siphons to enable the draining of any water still present in the ascidian body.

The histological slides were prepared from the right gonad only, as the left gonad in *M. exasperatus* is wrapped around the gut and its separation is more complicated and may cause damage or loss of oocytes. The left gonad was therefore preserved in 70% ethanol for future use. The gonads for the histology examination were dehydrated, embedded in paraffin, sectioned using a microtome (Shandon MIR by S.C.I.L.) to 7 μ m thickness, and stained in hematoxylin-eosin. Three sections were prepared from each gonad, with the gap between sections being at least 40 μ m.

The histological slides were examined and photographed using a Nikon eclipse 90i light microscope equipped with Nikon Digital Sight DS-L. For each gonad, diameter of 100 oocytes was measured in oocytes sectioned through the nucleolus (Bingham, 1997). Diameter measurements were performed using NIS Elements D 3.2 software (Nikon, NY), synchronized with the light microscope and camera.

The oocytes were classified into 50 μm size classes according to the developmental stage (Becerro and Turon, 1992; Pineda

et al., 2013): $<50 \,\mu$ m (pre-vitellogenic), 50–100 μ m and 100–150 μ m (vitellogenic), and $>150 \,\mu$ m (mature).

Maturity of the testis was also examined and classified according to three (subjective) developmental stages: I-Immature (only spermatogonia), II-Mature (spermatozoa), III-Mature and spawned. We defined the third stage as mature and spawned because spawned sperm follicles were always observed together with mature sperm follicles (although the opposite did not always occur, **Figure 3E**).

Statistics

All statistical analyses were performed using R software for statistical computing (R Core Team, 2013). As the data violated the assumptions of normal distribution, non-parametric or permutation analyses were carried out. ImPerm (Wheeler, 2010) and coin (Zeileis et al., 2008) packages were used to perform permutation tests (perm = "Exact") for data analyses.

Permutation nested design ANOVA (oocyte diameter nested within individuals that were nested within the study months), followed by non-parametric multi-comparison (Kruskalmc) *post-hoc* test, were carried out to examine differences in oocyte diameters among the study months.

Non-parametric Kruskal-Wallis test was performed to detect differences in gonad index between the study months, followed by non-parametric multi-comparison (Kruskalmc) *post-hoc* test using Pgirmess packages (Giraudoux, 2012).

In addition, non-parametric ANCOVA, with gonad weight as the response variable and total body weight as the covariate, was used to ascertain the statistical validity of the differences in gonad index ratios between months (Grant and Tyler, 1983). These additional analyses of gonad indices were important in order to prevent erroneous conclusions deriving from applying variance tests on ratios (Packard and Boardman, 1988). Multiple non-parametric regression model was applied to estimate the relationship between chlorophyll-a and seawater temperature (independent variables) on the gonad index (dependent variable, separately).

RESULTS

Histological Development of the Gonad

Microcosmus exasperatus is typically characterized by two gonads, one on either side of the body. The gonads are elongated and consist of 3–4 lobes (**Figure 1B**). Histological cross-sections revealed that the female follicles and oocytes are located in the core of the gonad, grouped around the ciliated oviduct (**Figure 2A**), while the male follicles, when present, are situated in the periphery of the gonad surrounding them (**Figure 2B**).

Examination of gonad histology revealed an annual pattern (in regard to oocyte development), with spawning events occurring in the autumn months (September-December, Figure 3F), followed by a new reproductive cycle beginning in the winter months (January-February, Figure 3B). Development of the oocytes was continuous throughout the year, with the smallest ovaries in January and February, containing mainly previtellogenic oocytes. Mature ovaries (Figure 3D), which were larger in size and filled with vitellogenic and mature oocytes,



appeared from March to December, but were most abundant between June and August. Between September and December the majority of individuals presented ovaries in spent condition (after spawning, **Figure 3F**), which also appeared in June and August 2013 and in June 2014.

Immature, mature, and spawned sperm follicles (Figures 3A,C,E) were present year round. However, as there was considerable variability in the sperm maturation within months and even within a single individual, we were unable to determine a clear annual pattern synchronized with oocyte maturation or with seawater temperature. Testis developmental stages throughout the study are given in Figure 4B.

Description of Reproductive Cycle by Quantity Measurements

The results of the quantity measurements confirmed the reproductive annual pattern obtained from the histological examinations. Both mean oocyte diameter and GI showed a seasonal pattern, with peak values in the summer followed by a large reduction when the spawning period began in the autumn (**Figures 4A,B**). However, findings from the first 3 months of the study (Oct-Dec of 2012) deviated from the reproductive pattern presented above, with the variance in those months also being considerably high, possibly due to the low sampling number of individuals collected during this period (n = 3-4).

The results of mean oocyte diameter, GI, and oocyte monthly size frequency distribution are given in **Figure 4**, together with sea surface temperature.

Mean oocyte diameter significantly differed over the 2 years of the study (permutation nested ANOVA, p < 0.01), with the lowest values (40.69–55.29 µm) in the winter months (January-February), increasing from March, and reaching the highest values (79.35–102.64 µm) in the summer months (June-August). In September the mean oocyte diameter decreased, reaching

minimum values again in the winter. With the exception of interannual differences, the general pattern of mean oocyte diameter cycle was similar in the 2 consecutive years of the study. *Post-hoc* test (multiple comparison test after Kruskal-Wallis) revealed a significant difference (p < 0.05) between the winter months and the other months of the year. However, the winter months did not significantly differ from each other. GI values were also the lowest in the winter months and differed significantly from those in the summer (Kruskal–Wallis test, $\chi^2 = 53.59$, followed by *post-hoc* multiple comparison, p < 0.05), in which the values were the highest. Permutation ANCOVA (p < 0.001) confirmed that the differences in GI values throughout the year derived from the variance between the study months, taking into consideration the variance in the individual's body weight.

The multiple regression model, in which the GI was defined as the dependent variable and seawater temperature and chlorophyll-a as the independent variables, revealed high explanatory power (permutation linear regression, $r_{adj}^2 = 0.8979$, p < 0.001). Chlorophyll-a showed a low and insignificant explanatory power ($r_{adj}^2 = 0.250$, p > 0.05), while seawater temperature was found to act as a good predictor of GI values ($r_{adj}^2 = 0.7646$, p < 0.005).

The oocyte size frequencies showed that the highest proportion of mature oocytes (>150 μ m) appeared in August (2013 and 2014), followed by a large decrease from September to the winter months, while in the winter of 2014 no mature oocytes were present at all. Immature oocytes (<50 μ m) were present year round, but were especially abundant in January-February of both 2013 and 2014.

The measured decline in oocyte quantity after the summer months indicates that a main spawning event, lasting from September to December, is followed by the beginning of a new gametogenesis cycle in the winter months, with the appearance of immature oocytes. Nonetheless, additional reductions in quantity throughout the year, such as between April and June of 2013 or



April and May of 2014, suggest that an additional gamete release occurs during the year.

DISCUSSION

The reproduction cycle of the invasive ascidian *Microcosmus exasperatus* along the Israeli Mediterranean coast is distinctly seasonal, but relatively prolonged in comparison to other invasive ascidians of tropical origin (Shenkar and Loya, 2008). All quantitative measurements indicate that the main reproduction period takes place at the end of the summer and during the autumn months (September to December). Immature

oocytes were present year round, with a peak in the winter months. Histological observations confirmed that all individuals sampled during those months presented a spent or early gonad development condition, indicating that a spawning event had taken place prior to the winter months and that a new oogenesis cycle had begun. These results are consistent with the change in population density of *M. exasperatus* along the Israeli coast, as reported in Nagar and Shenkar (2016). The highest densities were recorded during the summer months (21.5 individuals/m²), implying a high reproductive effort, while during the winter months, the population density was the lowest (4.09 individuals/m²).



FIGURE 4 | **Reproductive cycle of** *Microcosmus exasperatus.* (A) Monthly mean values of Gonad Index (percentages). (B) Mean oocyte diameter and sea surface temperature (1 m) as measured at the study site. Male follicle stages are indicated in the bar above. (C) Monthly relative percentages of each oocyte size-class: pre-vitellogenic $<50 \mu$ m; $50-100 \mu$ m; vitellogenic $100-150 \mu$ m; mature $>150 \mu$ m; (n = 3-9, +SEs).

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The presence of mature oocytes year round (excluding January and February of 2014) suggests that smaller spawning events may occur in the course of subsequent months following the main gamete release period. Moreover, the significant variance in oocyte diameter among individuals implies that different developmental stages can be found concomitantly in the same month: e.g., while some individuals were at a mature stage, others were redeveloping gonads. Multiple developmental stages of the gonads were also reported in populations of the invasive ascidian Styela clava in Ireland (Parker et al., 1999), New Zealand (Wong et al., 2011), and Canada (Davidson et al., 2005). Considering the tendency of M. exasperatus to form large aggregations (Shenkar and Loya, 2009; Nagar and Shenkar, 2016), it is possible that the asynchronous development of the gonads provides a mechanism for avoiding self-fertilization of the population, as suggested by Wong et al. (2011) for a Styela clava population in New Zealand.

As emphasized previously (Becerro and Turon, 1992; Bingham, 1997; Wong et al., 2011), the GI alone is not a sufficiently accurate parameter by which to evaluate reproduction activity. GI changes can also derive from the accumulation or reduction of nutritive tissues in the gonads. In M. exasperatus, the GI followed the same trend as that of the oocyte diameter variations (Figure 4), and as reflected in the histological observations. The compatibility of the GI with other reproduction parameters has also been reported from other species in the genus Microcosmus, such as in M. sabatieri (Becerro and Turon, 1992) and M. squamiger (Rius et al., 2009). Nonetheless, minor anomalies were found between the GI values and the mean oocyte diameter values, such as between March and April of 2013. In this case, the mean oocyte diameter increased, while the GI values decreased (Figures 4A,B). Such variation can be explained by the distinct distribution of oocyte size-classes within those months (Figure 4C), which indicates on the timing of spawning events. The percentage of the largest oocyte size-class (>150 µm) decreased between March to April (4.094%, n = 6 and 1.405%, n = 4, respectively), possibly due to a spawning event. Release of the largest oocytes may result in a decrease in GI values. Between March and April the total percentage of oocytes measuring above 100 µm increased (39.52 and 44.02%, respectively), which was also reflected in an increase in mean oocyte diameter but not in the total gonad weight, which affects the gonad index. However, both parameters showed the lowest values in the winter months, which then increased in the course of the spring, reaching their highest values in the summer.

In contrast to the prolonged reproductive cycle of *M. exasperatus* in the eastern Mediterranean, in the South China Sea the breeding season of this species lasts only 2 months, from February to April (Cole and Vorontsova, 1998). This is not surprising, given that ascidians are known to differ in their life-history traits among subpopulations in different seas (Millar, 1952; Davis, 1989; Rocha et al., 1999; Shenkar and Loya, 2008), or even among subpopulations existing in the same area (Rinkevich et al., 1993; Durante and Sebens, 1994). For example, *Herdmania momus*, a Lessepsian invader in the Levant basin, reproduces in its native range (Red Sea) continuously throughout the year; while in the Mediterranean it has a markedly short seasonal reproduction,

taking place twice a year, when the sea temperature matches that of its native range (Shenkar and Loya, 2008). Furthermore, subpopulations of *M. sabatieri* demonstrate a different time lag in their reproduction periods in the Mediterranean. While *M. sabatieri* populations from the eastern basin reproduce mainly in the winter months (Vafidis et al., 2008), those from the western basin reproduce in the autumn (Becerro and Turon, 1992).

Numerous studies have suggested that seawater temperature is the main factor (among many other factors) controlling sexual reproduction in ascidians (Millar, 1971; Berrill, 1975; Turon, 1988). Indeed, the results of this study have revealed that seawater temperature acts as a good predictor of GI values ($r_{adj}^2 = 0.7646$, p < 0.005) and, therefore, that seawater temperature may play a main role in controlling the reproduction cycle also in the case of *M. exasperatus*.

Food availability too is known to have an important influence in regulating reproduction cycles in ascidians (Yamaguchi, 1975; Bingham, 1997; Wong et al., 2011), and low concentrations of food availability can even lead to gamete absorption and restrict reproductive activity (Goodbody, 1961; Berrill, 1975). Nonetheless, it was found in Potter Cove, Antarctica, that the solitary ascidian Cnemidocarpa verrucosa reproduces in the winter months, which are considered as the months with the lowest energy availability of the year (Sahade et al., 2004). In the case of *M. exasperatus*, chlorophyll-a alone (as an estimate of primary production, and food availability) had low and insignificant explanatory power when considering GI values $(r_{adi}^2 = 0.250, p > 0.05, against GI values)$. Combining the two predictors together, temperature and chlorophyll-a, produced the best regression model with the highest explained variance (permutation multiple regression $r_{adj}^2 = 0.8979$, p < 0.001). This indicates that chlorophyll-a alone is not a good predictor of the reproductive activity of *M. exasperatus*, but that it may have a synergic effect on the reproductive activity if temperature is also taken into account. As Sahade et al. (2004) noted, it is possible that high chlorophyll-a levels reflect favorable production conditions, which may increase the biomass of filter-feeding organisms, such as M. exasperatus. Current results show that the reproduction cycle of *M. exasperatus* is almost continuous throughout the year, excluding the winter months (Figure 4). Thus, this observed interruption of breeding could be a result of the combined low values of temperature and chlorophyll-a during this season. However, climate change, one of the most serious global environmental threats (Walther et al., 2002), may in the future alter the current reproduction pattern of the invasive ascidian M. exasperatus in the eastern Mediterranean. Sea surface temperature in this area is predicted to rise by about 3°C over the next century (Somot et al., 2006), favoring a continuous reproduction of this species and increasing its potential to spread into new areas in the Mediterranean. The consequences of global warming on the establishment of invasive species, and of invasive ascidians in particular, has been examined previously (Dukes and Mooney, 1999; Hobbs, 2000; Stachowicz et al., 2002; Occhipinti-Ambrogi, 2007), and has indicated that ocean warming is favoring the invasive species over the local fauna, and will facilitate the establishment and distribution of the former, especially those originating from warmer seas.

In the Mediterranean, benthic invertebrates such as sponges, mollusks, and cnidarians usually present a seasonal reproductive cycle. This is also true regarding colonial and solitary ascidians (Coma et al., 2000). Intensive reproduction pulses against a background of continuous gamete release has been reported also in other populations of ascidians from temperate seas, such as *Ascidia mentula* along the Swedish west coast (Svane and Lundälv, 1981) and *Metandrocarpa taylori* in California (Haven, 1971). In the Mediterranean, a seasonal reproductive pattern was described in *Styela plicata* (Pineda et al., 2013), *M. squamiger* (Rius et al., 2009) from the western basin and in *M. savignyi* from the eastern basin (Panagiotou et al., 2008).

A prolonged reproduction cycle, particularly in the summer months, constitutes a significant advantage to invasive species when invading new habitats. The relatively low food availability (Coma et al., 2000) and the high densities of algae competing for substrate on which to settle (Ballesteros, 1989), make the summer season unfavorable for most sessile invertebrates to reproduce in temperate seas. As it is generally assumed that tropical ascidians reproduce year-round (Goodbody, 1961; Shenkar and Loya, 2008), it seems that invasive populations of *M. exasperatus* exhibit great plasticity and adaptability in reproduction patterns. Such an ability to change reproductive period is known from other Lesspesian invaders such as fish (Golani, 1990), mollusks (Atad, 2005), and polychaetes (Arias et al., 2013).

The prolonged reproduction pattern that *M. exasperatus* exhibits in the eastern Mediterranean can provide this invasive species with a competitive advantage over the native species. In addition, continuous reproduction may allow invasive species to exploit temporal windows of unfavorable conditions (Pineda

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et al., 2013), either for settlement or for the spread of larvae. The high densities that M. exasperatus has established along the Israeli coast on artificial as well as on natural substrates (Shenkar and Loya, 2009; Nagar and Shenkar, 2016), together with its high reproductive abilities, suggest that it may have severe effects on the local fauna and possibly act as an ecosystem engineer (Castilla et al., 2004). The increasing rate of Lessepsian introductions of ascidians (Shenkar and Loya, 2008; Izquierdo-Muñoz et al., 2009; Çinar et al., 2011), as well as the accumulating evidence of the negative impact of invasive ascidians on the local fauna (Cohen et al., 2005), emphasizes the need to acquire greater knowledge on the biology and reproductive traits of these organisms, in order to better understand the potential of these invasive species to spread to new locations, like the western Mediterranean, especially in light of the anticipated rise in seawater temperature and increased anthropogenic activity, and thus also to develop the necessary and efficient management tools.

AUTHOR CONTRIBUTIONS

Both authors, NS and LR, designed, performed, and analyzed the research. LR wrote the manuscript under the supervision of NS.

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