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[Excess pore water pressure](https://www.frontiersin.org/articles/10.3389/feart.2022.1035889/full) [behavior of saturated soft clay](https://www.frontiersin.org/articles/10.3389/feart.2022.1035889/full) [under cyclic con](https://www.frontiersin.org/articles/10.3389/feart.2022.1035889/full)fining pressure [with different frequencies](https://www.frontiersin.org/articles/10.3389/feart.2022.1035889/full)

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The excess pore water pressure is main factor affecting the dynamic response of saturated soft clay under traffic loads. Recognize that, cyclic triaxial tests with and without cyclic confining pressure were carried out to study the development of excess pore water pressure of saturated soft clay. The impacts of factors, such as cyclic stress ratio (CSR), loading frequency, and cyclic confining pressure, were analyzed. Excess pore water pressure increases with increasing cyclic stress ratios, while decreases with increasing loading frequencies. Nevertheless, with increasing cyclic confining pressures, the maximum excess pore water pressure increases, while the minimum excess pore water pressure remains unchanged. Besides that, the greater CSR and cyclic confining pressure deliver an increment of both maximum and minimum excess pore water pressure rate. However, the excess pore water pressure rate time curves coincide under different loading frequencies. Meanwhile, both the normalized maximum and minimum excess pore water pressure rates are linearly proportional with time under different test conditions in logarithmic coordinates. Based on that, both maximum and minimum excess pore water pressure prediction models, relating to the above factors, are proposed, and the predicted results accord well with the measured data.

KEYWORDS

saturated soft clay, cyclic triaxial test, cyclic confining pressure, frequency, excess pore water pressure

1 Introduction

Many traffic infrastructures have been constructed, especially on soft clay subgrade ([Huang et al., 2020;](#page-13-0) [Huang et al., 2020a](#page-13-1); [Huang et al., 2020b\)](#page-13-2). The traffic loading induced excess pore water pressure not only leads to additional deformation but also results in the degradation of soil strength ([Wichtmann et al., 2013](#page-14-0); [Jiang et al., 2018\)](#page-13-3). Therefore, it is necessary to study the development of excess pore water pressure of soft clay to properly design and plan transportation facilities on soft clay subsoils.

pressure (investigations on the development of excess pore water Some researchers have conducted experimental Some researchers have conducted experimental [Hyde and Ward 1985](#page-13-4) *<u>*_.</u> [Hyodo et al., 1992](#page-13-5) ; [Hyde](#page-13-6)

TABLE 1 Physico-mechanical indices of the remolded Ningbo clay.

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Test no.	q^{ampl} /kPa	$\ensuremath{\mathsf{CSR}}$	$\sigma_3^{\text{ampl}}/\text{kPa}$	η	f/Hz	Number of cycles	Drainage conditions
$\mathbf{P}1$	$20\,$	$0.10\,$	$\boldsymbol{0}$	$1/3$	$1.0\,$	10,000	Undrained condition
			13	$1.0\,$			
			$23\,$	$1.5\,$			
P ₂	$30\,$	$0.15\,$	$\boldsymbol{0}$	1/3	$1.0\,$		
			$20\,$	$1.0\,$			
			35	$1.5\,$			
$\mathbf{P3}$			$\boldsymbol{0}$	$1/3$	$0.5\,$		
			27	$1.0\,$			
			$47\,$	$1.5\,$			
$\mathbf{P}4$	$40\,$	$0.20\,$	$\boldsymbol{0}$	$1/3$	$1.0\,$		
			$27\,$	$1.0\,$			
			$47\,$	$1.5\,$			
P5			$\boldsymbol{0}$	$1/3$	$2.0\,$		
			$27\,$	$1.0\,$			
			47	$1.5\,$			
${\rm P6}$	$60\,$	$0.30\,$	$\boldsymbol{0}$	$1/3\,$	$1.0\,$		
			$40\,$	$1.0\,$			
			$70\,$	$1.5\,$			
$\rm P7$	$50\,$	0.25	$\boldsymbol{0}$	$1/3$	$1.0\,$		
			$33\,$	$1.0\,$			
			58	$1.5\,$			

TABLE 2 Summary of cyclic triaxial tests.

[et al., 1993;](#page-13-7) [Wang et al., 2013;](#page-13-8) [Ren et al., 2018;](#page-13-9) [Du et al., 2022](#page-13-10); [Fu et al., 2022\)](#page-13-11), and many empirical formulas to predict excess pore water pressure have been proposed [\(Nie et al.,](#page-13-12) [2007](#page-13-12); [Paul et al., 2014](#page-13-13); [Cary and Zapata, 2016](#page-13-14)). For example, [Ohara and Matsuda \(1988\)](#page-13-15) proposed a hyperbolic model to

predict the excess pore water pressure, relating to the number of cycles. Reviewing the previous researches, cyclic triaxial tests with constant confining pressure (CCP tests) have been usually employed, in which only cyclic deviator stress was used to simulate the traffic loading. However, it has been widely recognized that the CCP tests are not appropriate for reflecting the real conditions induced by the traffic.

The real traffic-induced stress field acting on the soil elements is composed of a simultaneous cyclic variation of deviator stress, confining pressure, and shear stress [\(Lekarp](#page-13-16) [et al., 2000](#page-13-16)). The traffic loading is often simulated with the simultaneous application of the cyclic confining pressure and cyclic deviator stress in laboratory tests, i.e., cyclic triaxial tests with variable confining pressure (VCP tests) ([Wichtmann et al., 2007;](#page-14-1) [Rondon et al., 2009;](#page-13-17) [Cai et al.,](#page-13-18) [2013](#page-13-18); [Gu et al., 2016](#page-13-19), [2017\)](#page-13-20). For example, [Rondon et al.](#page-13-17) [\(2009\)](#page-13-17) found that the deformation of unbound granular materials (UGMs) under CCP tests was underestimated, compared with that under VCP tests. Additionally, both the development of excess pore water pressures and accumulated axial strains of soft clay were influenced significantly by cyclic confining pressure ([Cai et al., 2013](#page-13-18)). [Gu et al. \(2016\)](#page-13-19) found that the development of permanent volumetric strain and axial strain speeded up with increasing cyclic confining pressure for overconsolidated and normally-

normalized maximum excess pore water pressure rate

Hz. (A) Normalized maximum excess pore water pressure rate and (B) normalized minimum excess pore water pressure rate.

consolidated specimens. All these studies indicated that the effect of cyclic confining pressure cannot be ignored.

Besides, the response frequency of soft clay under train loads changes continuously with the train passing [\(Tang et al., 2008](#page-13-21); [Gu et al., 2012](#page-13-22); [Guo et al., 2013](#page-13-23); [Yang et al., 2018;](#page-14-2) [Zhou et al.,](#page-14-3) [2022\)](#page-14-3). Some experimental investigations, such as those by [Matsui](#page-13-24) [et al. \(1992\)](#page-13-24), and [Guo et al. \(2016\)](#page-13-25), have studied the effect of loading frequency on mechanical behaviors of soils under cyclic loading. However, there are conflicting observations regarding this problem. For example, [Hyde et al. \(1993\)](#page-13-7) conducted CCP tests on Ariake clay and found that the development of excess pore water pressure was independent of frequency. [Guo et al.](#page-13-25)

[\(2016\)](#page-13-25) found that the lower frequency delivered the larger vertical strain. However, the effect of cyclic confining pressure was not taken into consideration in their study. Therefore, the impacts of loading frequency and cyclic confining pressure on the mechanical behaviors of soils under traffic loads need to study indepth.

This study consists of three parts: firstly, both CCP and VCP tests were carried out under undrained conditions, and the development of excess pore water pressure was evaluated and compared under different cyclic confining pressures, CSRs, and loading frequencies; Then, maximum and minimum excess pore water pressure prediction models were proposed and the effects of cyclic confining pressures, CSRs, and loading frequencies on fitting parameters were analyzed in detail. Finally, the verifications of models were made based on other test data.

2 Experimental program

2.1 Test materials

The original clays were sampled about a depth of 28.0–30.0 m beneath the ground surface from Jiangshan Station of Ningbo subway line No. 3 in Ningbo city, China. To eliminate the effect of soil structure and obtain specimens with good homogeneity, the remolded samples were used in this study. [Table 1](#page-1-0) shows the physico-mechanical indices of the tested clay following MWR (2019, [GB/T 50123-2019](#page-13-26)), indicating that the tested soil was classified as CH (i.e., high plasticity) according to the Unified Soil Classification System (USCS) soil classification method of [ASTM \(2017\).](#page-13-27)

2.2 Test procedures

The advanced cyclic triaxle device (i.e., DYNTTS) was employed. The axial deviator stress and confining pressure can vary simultaneously with multiple loading waveforms, such as triangular, sinusoidal, square, and customized wave shapes.

According to MWR (2019, [GB/T 50123-2019, 2019](#page-13-26)), cylindrical specimens (i.e., diameter: 38 mm and height: 76 mm) were prepared and mounted in the triaxle cell. Following this, all of the remolded specimens were

TABLE 3 Fitting parameters under different conditions.

η		$u_{\text{max},10000} = e + f \cdot \text{CSR}$		$u_{\min,10000} = m + n \cdot CSR$			
	e		R^2	m	n	R^2	
1/3	-32.673	348.23	0.998	-31.958	302.61	0.995	
1.0	-9.020	321.16	0.989	-3.368	164.05	0.997	
1.5	-13.880	441.93	0.997	-8.618	196.07	0.984	

minimum excess pore water pressure rate

FIGURE 6

Developments of the normalized excess pore water pressure rate versus loading time under different CSRs for $\eta = 1.00$ and $f =$ 1.0 Hz. (A) Maximum excess pore water pressure rate and (B) minimum excess pore water pressure rate.

saturated at a back pressure of 300 kPa with an effective stress of 20 kPa, until all samples were saturated completely (namely, Skempton's B value more than 0.95). After that, the specimens were isotropically consolidated. When the drainage volume was less than 100 mm³ /h, the consolidation was considered completed ([Sun et al., 2015](#page-13-28)). Finally, considering the low permeability of the tested specimens, cyclic loading was applied under undrained conditions.

To simulate traffic loading as reality as possible, cyclic deviator stress and cyclic confining pressures were applied with a phase difference of zero in semi-sine wave [\(Cai et al.,](#page-13-18) [2013\)](#page-13-18). For the sake of analysis, the cyclic stress ratio (CSR) is employed [\(Sakai et al., 2003\)](#page-13-29). CSR is defined as $CSR = q^{ampl}/p'_{o}$, where q^{ampl} is the amplitude of the cyclic deviator stress, and p'_o is initial effective mean principal stress. Moreover, parameter η is selected to depict the slope of stress path ([Cai et al., 2013;](#page-13-18) [Gu et al., 2016,](#page-13-19) [2017\)](#page-13-20) as shown in [Figure 1](#page-1-1), and defined as the ratio of p^{ampl} to q^{ampl} , where p^{ampl} is the amplitude of the cyclic mean principle total stress, and defined as $p^{\text{ampl}} = (\sigma_1^{\text{ampl}} + 2\sigma_3^{\text{ampl}})/3$. σ_1^{ampl} is the amplitude of the cyclic axial total stress, and $\sigma_3^{\rm ampl}$ is the amplitude of the cyclic confining pressure.

Herein, five CSR values of 0.10, 0.15, 0.20, 0.25, and 0.30 are employed. At a certain CSR, the selection of η values depends on the operation situation of the advance advice in the laboratory. The greater η value leads to the more badly wear of sealing rings of the confining pressure controller, directly causing the instability of the loading waveform. Therefore, for a specific CSR, $\eta = 1/3$, 1.0, and 1.5 were employed, in which $\eta =$ 1/3 represented CCP tests and η = 1.0 and 1.5 represented VCP tests. Additionally, it should be noted that the maximum

FIGURE 8 Developments of the normalized excess pore water pressure rate versus loading time under different f values for $\eta = 1.50$ and $CSR = 0.20$. (A) Maximum excess pore water pressure rate and (B) minimum excess pore water pressure rate.

frequency of the device used in the test is 5 Hz, and the frequency of q^{ampl} and σ_3^{ampl} cannot be controlled independently. Therefore, the frequency of q^{ampl} and σ_3^{ampl} was consistent in tests. Following the researches of [Tang](#page-13-21) [et al. \(2008\),](#page-13-21) the response frequency of saturated soft clay around the tunnel are high frequency (i.e., 2.5–2.8 Hz) and low frequency (i.e., 0.4–0.6 Hz) around the subway tunnel. Meanwhile, the greater frequency can cause an unstable waveform of cyclic confining pressure. Therefore, combining

with the laboratory results, three frequencies of 0.5, 1.0, and 2.0 Hz were employed. Besides, the greater number of cycles can also wear the rubber sealing ring of the axial loading system, resulting in leakage from the triaxial cell. Therefore, all specimens were subjected to 10,000 cycles [\(Guo et al., 2013](#page-13-23); [Wang et al., 2020\)](#page-13-30). [Table 2](#page-2-0) presents the details of cyclic triaxial tests. Among them, the tests of P1–P6 were performed to investigate the effects of CSR, cyclic confining pressure, and loading frequency. The test results of P7 were employed to validate the applicability of prediction models.

3 Test results

The development of excess pore water pressure of soft clay in CCP and VCP tests are investigated in this study. Further discussions on the test results considering the several factors are detailed as follows, respectively.

3.1 Influence of cyclic confining pressure

[Figure 2](#page-2-1) presents excess pore water pressure (i.e., u) versus the number of cycles (i.e., N) with different η values. The CSR value is 0.20 and the frequency is 1.0 Hz. The maximum and minimum values of excess pore water pressure per cycle are denoted as u_{max} and u_{min} , respectively. As a whole, both u_{max} and u_{min} generally accumulate at the beginning and then tend to be stable with a gradually decreasing accumulation rate. Generally, at a certain number of cycles, u_{max} is relatively larger under VCP tests comparing with that obtained in CCP tests: the greater amplitude of cyclic confining pressure, the greater maximum excess pore water pressure. For example, when $f = 1.0$ Hz and $CSR = 0.20$, u_{max} at $N = 10,000$ are 59.26 and 75.98 kPa under $\eta =$ 1.0, and 1.5, respectively, while it is 35.34 kPa under CCP test (η = 0.33). However, u_{min} remains unchanged under CCP and VCP tests. When $f = 1.0$ Hz and CSR = 0.20, u_{min} are, 29.95, 30.08, and 27.70 kPa at 10,000 cycles under $\eta = 0.33, 1.00,$ and 1.50, respectively.

Recalling [Figure 2](#page-2-1), the increasing rates of excess pore water pressure are different under different η values. Therefore, the effect of cyclic confining pressure on excess pore water pressure is further analyzed from the perspective of excess pore water pressure rate (i.e., \dot{u}). Among that, the parameter \dot{u} is defined as $\dot{u} = u/T$, where T represents loading time and is denoted as T=N/f. For simplicity, the excess pore water pressure rate is normalized to initial effective mean principal stress, i.e., $\dot{u}/p'_{o} = u/(T \cdot p'_{o}) = u \cdot f/(N \cdot p'_{o})$. Based on that, the maximum and minimum values of the normalized excess pore water pressure rate each load cycle are denoted as $\dot{u} _{\rm max}/p_{o}^{'}$ and \dot{u} min/ p'_o , respectively. [Figure 3](#page-3-0) presents \dot{u} max/ p'_o and \dot{u} min/ p'_c versus T for different η values at $f = 1$ Hz with CSR = 0.20. Herein, both \dot{u} _{max}/ p'_o and \dot{u} _{min}/ p'_o decrease rapidly and then gradually tend to be zero after about $T = 100$ s.

3.2 Influence of cyclic stress ratio

[Figure 4](#page-3-1) presents excess pore water pressure versus the number of cycles with different CSRs under $f = 1.0$ Hz and η = 1.00. Herein, with increasing of CSR, both u_{max} and u_{min} increase under the same number of cycles. For example, in [Figure 4](#page-3-1), at the end of 10,000 cycles, the u_{max} are 21.11, 39.10, 59.26, and 85.32 kPa, and u_{min} are 13.41, 20.31, 30.08, and 45.76 kPa at CSR = 0.10, 0.15, 0.20, and 0.30, respectively.

Relationships between lg $\mu_{\rm max}/p'_o$ versus lgT under different η values for f = 1.0 Hz. (A) CSR = 0.10; (B) CSR = 0.15; (C) CSR = 0.20; (D) CSR = 0.30.

TABLE 4 Fitting parameters of [Eqs 4,](#page-9-0) [5.](#page-9-1)

 $\log(\dot{u}_\text{max}/p'_o)_{T=1}$: normalized maximum excess pore water pressure rate at a unit time;

 $\lg(\dot{u}_{\rm min}/p_{o}^{'})_{T=1}$: normalized minimum excess pore water pressure rate at a unit time;

A, is expressed as the decay rate of normalized maximum excess pore water pressure rate with time in logarithmic coordinates;

 \emph{a} is expressed as the decay rate of normalized minimum excess pore water pressure rate with time in logarithmic coordinates;

 η is the slope of stress path.

TABLE 5 Fitting parameters of [Eq. 6.](#page-10-0)

To quantify the influence of CSR on excess pore water pressure, both u_{max} and u_{min} at 10,000 cycles (denoted as $u_{\text{max},10000}$, and $u_{\text{min},10000}$, respectively) versus CSRs are plotted

in [Figure 5.](#page-4-0) As it is seen, both u_{max} and u_{min} are linearly increasing with increasing CSRs. Therefore, the relationships between $u_{\text{max},10000}$, $u_{\text{min},10000}$ and CSR can be expressed by two linearly increasing functions, as follows:

$$
u_{\text{max},10000} = e + f \cdot \text{CSR} \tag{1}
$$

$$
u_{\min,10000} = m + n \cdot CSR \tag{2}
$$

where e , f , m , and n are fitting parameters. [Table 3](#page-4-1) summarizes the fitting parameters by using regression analysis and the respective curves are shown as the dotted lines in [Figure 5.](#page-4-0) It is observed that the [Eqs 1, 2](#page-8-0) have a good prediction capability to $u_{\text{max,10000}}$, and $u_{\text{min,10000}}$ with high correlation coefficients for all the cases.

Again, taking the test results of $\eta = 1.0$ and $f = 1$ Hz as an example, the relationships between \dot{u} _{max}/ p'_o , \dot{u} _{min}/ p'_o and T for different CSRs are plotted in [Figure 6.](#page-4-2)

Herein, both \dot{u} max/ p'_o and \dot{u} min/ p'_o decrease rapidly and tend to a steady-state (i.e., 0 value) after a certain number of cycles, implying that most of excess pore water pressure has been accumulated during the beginning few cycles, following that, the surplus pore water pressure rises at significantly slower rates as the test progresses.

3.3 Influence of loading frequency

[Figure 7](#page-5-0) presents the relationship between excess pore water pressure and the number of cycles for different loading frequencies under CSR = 0.20 and η = 1.5. Herein, both u_{max} and u_{min} generally accumulate rapidly at the beginning and then achieve a stable state regardless of the various frequencies. Additionally, as seen in [Figure 7,](#page-5-0) at the end of tests (i.e., $N=10,000$), when $f = 0.5, 1.0,$ and 2.0 Hz, the u_{max} are 79.36, 75.98, and 69.86 kPa, while the u_{min} are 32.20, 27.70, and 28.91 kPa, respectively, indicating that the lower loading frequency can deliver the greater excess pore water pressure. The phenomenon is related to the permeability of soft clay. When a low frequency is applied to the specimen, the excess pore water pressure induced in every single cycle has much more time to develop, while the accumulation time of excess pore water pressure is much smaller under greater loading frequency.

Again, the relationships between \dot{u} $_{\rm max}/p_{o}^{'}$, \dot{u} $_{\rm min}/p_{o}^{'}$ and T for different loading frequencies under the same test conditions (i.e., CSR = 0.20 and η = 1.5) are shown in [Figure 8](#page-5-1). Herein, the trends of all curves are similar and most of the test data are concentrated on the same curve, implying that the effects of loading frequency on the development of \dot{u} _{max}/ p'_o and \dot{u} _{min}/ p'_c against T can be ignored.

3.4 Modified models for excess pore water pressure considering several factors

Based on many previous researches, some empirical formulas to predict excess pore water pressure were obtained. The previous

formulas were established based on the test results of the relationships between several factors and excess pore water pressure, while the researches on excess pore water pressure rate under cyclic loading were few. Besides that, the effect of cyclic confining pressure was hardly incorporated into the previous formulas. Following the research by [Hyde and Ward](#page-13-31) [\(1985\)](#page-13-31), the relationship between \dot{u}/p'_{o} and T in a log-log plot can be obtained as follows:

$$
\lg u / p'_o = \text{Alg} T + \lg \left(\frac{u}{p'_o} \right)_{T=1},\tag{3}
$$

where $(\dot{u}/p_{o}')_{T=1}$ = the normalized excess pore water pressure rate at a unit time; $A =$ the gradient of the lg \dot{u}/p'_{o} - lgT plot.

However, according to the above test results, several factors, such as CSR, cyclic confining pressure, and loading frequency have different influences on the u_{max} and u_{min} . Thus, based on

the [Eq. 3,](#page-9-2) the predicted formulas for u_{max} and u_{min} can be obtained as follows:

$$
lg\dot{u}_{\text{max}}/p'_{o} = AlgT + lg(\dot{u}_{\text{max}}/p'_{o})_{T=1},
$$
 (4)

$$
\lg \dot{u}_{\min} / p_o' = a \lg T + \lg \left(\dot{u}_{\min} / p_o' \right)_{T=1},\tag{5}
$$

where $\lg(\dot{u}_{\text{max}}/p'_o)_{T=1}$, $\lg(\dot{u}_{\text{min}}/p'_o)_{T=1}$ = the normalized maximum and minimum excess pore water pressure rate at a unit time; A, and a are expressed as the decay rate of normalized maximum and minimum excess pore water pressure rate with time in logarithmic coordinates.

However, [Eqs 4, 5](#page-9-1) cannot reflect explicitly the effects of cyclic confining pressure and CSR on excess pore water pressure rate. Therefore, it is necessary to modify the parameters of the [Eqs 4, 5](#page-9-1) (i.e., A, a, $\lg(\dot{u}_{\text{max}}/p'_o)_{T=1}$, and $\lg(\dot{u}_{\text{min}}/p'_o)_{T=1}$) considering the impacts of cyclic confining pressure, cyclic stress ratio, and loading frequency.

3.4.1 Influence of frequency on fitting parameters

[Figure 9](#page-6-0) shows $\lg\!\dot{u}_{\rm max}/p_{o}^{'}$ and $\lg\!\dot{u}_{\rm min}/p_{o}^{'}$ versus $\lg\!T$ for different loading frequencies based on the results of [Figure 8.](#page-5-1) As seen, most of the test data are concentrated on the same curve, implying the fitting parameters are independent of loading frequency. The [Eqs 4, 5](#page-9-1) are taken to fit the test data in [Figures 9A,B.](#page-6-0) Then, the fitting parameters of [Eqs 4, 5](#page-9-1) are obtained and the fitting curves are shown as red solid lines in [Figure 9.](#page-6-0) It is seen that [Eqs 4, 5](#page-9-1) have a good prediction capability for maximum and minimum excess pore water pressure with high correlation coefficients. Additionally, the fitting parameters of $\lg(\mu_{\text{max}}/p'_0)_{T=1}$ $\int_{Q}^{'} p_{\text{min}}(p) p'_{\text{min}}(p) p'_{\text{min}}(p)$ and a are −0.335, −1.195, −0.943, and −0.815 under different loading frequencies.

3.4.2 Influences of cyclic stress ratio and cyclic confining pressure on fitting parameters

[Figure 10](#page-7-0) plots the relationships between lg \dot{u} $_{\rm max}/p^{'}_{o}$ and lgT with varying η values, in which [Figures 10A](#page-7-0)–[D](#page-7-0) are the results for CSR = 0.10, 0.15, 0.20, and 0.30, respectively. As seen, the lg \dot{u} $_{\rm max}/\dot{p_o'}$ - lg T lines with different η values have identical inclinations. [Table 4](#page-7-1) summarizes the fitting parameters of [Eq.](#page-9-0) [4](#page-9-0) by regression analysis. As seen, although there are some variations in the fitting coefficient A [\(Eq. 4\)](#page-9-0) for different test conditions, these variations are not related to the CSR and η values for the reason that the standard deviation of A is so small (i.e., 0.0341). Therefore, the fitting parameter A can be represented with the mean value of all A values (i.e., $\bar{A} = -0.916$). Recalling [Table 4](#page-7-1), the parameter $\log (u_{\text{max}}/p_o')_{T=1}$ is further studied with CSR and η values. In [Figure 11A](#page-8-1), the parameter $\lg(\dot{u}_{\text{max}}/p'_o)_{T=1}$ is plotted versus η

values. As presented, $\lg(\dot{u}_{\text{max}}/p'_o)_{T=1}$ increases linearly with η for the different CSRs and can be expressed as

$$
\lg(\dot{u}_{\text{max}}/p_o')_{T=1} = \alpha \cdot \eta + \beta \left(\eta \ge \frac{1}{3}\right),\tag{6}
$$

where α and β are fitting parameters. [Table 5](#page-8-2) summarizes the values of parameters $α$ and $β$ under different CSR values. Likely, the standard deviation of α is 0.066, implying that the parameter α can be regarded as a constant with a mean value, i.e., $\alpha = 0.498$. Additionally, [Figure 11B](#page-8-1) presents the variations of β with CSRs, which can be proposed with a linear function, as follows:

TABLE 6 Fitting parameters of [Eqs 4, 5](#page-9-1) based on the test results from [Gu \(2012\).](#page-13-32)

 $\log(\dot{u}_\text{max}/p'_o)_{T=1}$: normalized maximum excess pore water pressure rate at a unit time;

 $\lg(\dot{u}_{\rm min}/p_{o}^{'})_{T=1}$: normalized minimum excess pore water pressure rate at a unit time;

A, is expressed as the decay rate of normalized maximum excess pore water pressure rate with time in logarithmic coordinates;

a is expressed as the decay rate of normalized minimum excess pore water pressure rate with time in logarithmic coordinates;

 η is the slope of stress path.

$$
\beta = \lambda \cdot \text{CSR} + \kappa,\tag{7}
$$

where λ and κ are fitting parameters. The parameters in [Eq. 7](#page-10-1) are obtained as $\lambda = 3.89$, and $\kappa = -1.91$, respectively.

By incorporating [Eqs 6,](#page-10-0) [7](#page-10-1) into [Eq. 4](#page-9-0), the expression for \dot{u} max can be proposed:

$$
lg\dot{u}_{\text{max}}/p_o' = \bar{A}lgT + \alpha\eta + \lambda CSR + \kappa. \tag{8}
$$

[Figure 12](#page-9-3) plots the relationships between $\lg\!\dot\iota_{\rm min}/p_o^{'}$ and $\lg\!T$ with varying η values, in which [Figures 12A](#page-9-3)–[D](#page-9-3) are the results for $CSR = 0.10, 0.15, 0.20, and 0.30, respectively. At the same $CSR$$ value, most of the test data are concentrated on the same curves, implying that the effect of cyclic confining pressure on the lg \dot{u} min/ p'_o - lgT curve can be ignored. [Table 4](#page-7-1) also summarizes the fitting parameters of [Eq. 5.](#page-9-1) The fitting curves are also shown as the solid lines in [Figure 12.](#page-9-3) The calculation results match well with the test data for high correlation coefficients. Recalling [Table 4,](#page-7-1) the standard deviation of a is 0.0106, meaning that the variations of parameter a of [Eq. 5](#page-9-1) can be ignored. Therefore, the parameter a can be represented as the mean value of parameter a, i.e., $\bar{a} = -0.769$. Besides that, recalling [Figure 12](#page-9-3) and [Table 4](#page-7-1), the parameter $\lg(\dot{u}_{\text{min}}/p'_o)_{T=1}$ remains unchanged for different η values with the same CSR, implying that the influence of η on the $\lg(\dot{u}_{\text{min}}/p'_o)_{T=1}$ can be ignored. [Figure 13](#page-10-2) depicts the variations of $\lg(\dot{u}_{\text{min}}/p'_o)_{T=1}$ with CSRs. Herein, the lg $(\dot{u}_{\rm min}/p_{o}^{'})_{T=1}$ linearly increase with CSR, and can be written as

$$
\lg(\dot{u}_{\min}/p_o')_{T=1} = b \cdot \text{CSR} + d,\tag{9}
$$

where b and d are fitting parameters. Using the curve-fitting method, the parameter c and d are obtained as $b = 4.00$, and $d = -2.23$, respectively.

Then, setting the [Eq. 9](#page-11-0) into the [Eq. 5](#page-9-1) delivers:

$$
lg\dot{u}_{\min} / p'_{o} = \bar{a}lgT + bCSR + d. \qquad (10)
$$

3.4.3 Validation of modified models

To validate the accuracy of the proposed excess pore water pressure models (i.e., [Eqs 4, 5,](#page-9-1) the test data for the test conditions, i.e., CSR = 0.25, η = 0.33, 1.00, and 1.50 are employed. [Figure 14](#page-10-3) plots the variations in normalized excess pore water pressure rate with loading time. Herein, [Figures 14A,B](#page-10-3) depict the development characteristics of maximum and minimum excess pore water pressure rate, respectively. Herein, the predicted values are also displayed as black solid lines by using [Eqs 4, 5](#page-9-1). As seen, the proposed empirical formula can well reproduce the test data, indicating that the proposed models have a better performance to depict the development of both maximum and minimum excess pore water pressure of soft clay under cyclic loading with cyclic confining pressure.

On the other hand, test results from [Gu \(2012\)](#page-13-32) were taken as an example to validate the applicability of [Eqs 4, 5.](#page-9-1) Among that, the employed CSRs were 0.157, 0.208, and 0.261. For a specific CSR, η values were 1/3, 1.0, and 1.5, respectively. The loading frequency was 0.1 Hz. Taking [Eqs 4, 5](#page-9-1) to fit the test data, the fitting parameters of [Eqs 4, 5](#page-9-1) were obtained in [Table 6](#page-11-1). [Figure 15](#page-12-0) plots the relationships between normalized excess pore water pressure rate with loading time under CSR = 0.261 and $f = 0.1$ Hz, in which [Figures 15A,B](#page-12-0) depict the development characteristics of maximum and minimum excess pore water pressure rate, respectively. Herein, the predicted results agree well with the test data under different test conditions for high correlation coefficient. From [Table 6](#page-11-1), the standard deviations of parameters A and a are small, implying that the effects of CSR and cyclic confining pressure can be ignored. The mean values of parameter A and a can be employed in [Eqs 4, 5.](#page-9-1) Additionally, the variations in $\lg(\dot{u}_{\text{max}}/p'_o)_{T=1}$ with η for the different CSRs are similar to [Figure 11](#page-8-1), and the relationships between the

 $\lg (\dot{u}_{\rm min}/p_{o}^{'})_{T=1}$ and CSRs are similar to [Figure 13.](#page-10-2) It means that the effects of cyclic confining pressure, CSR, and loading frequency on fitting parameters can also be depicted by Eqs 6 and 7 (8), (9), and (10). In conclusion, [Eqs 4, 5](#page-9-1) can be used to predict the \dot{u} _{max}/ p'_o and \dot{u} min/ $p_{o}^{'}$ under CCP and VCP tests.

4 Conclusion

CCP and VCP tests were conducted on saturated soft clay to investigate the development of excess pore water pressure. The effects of CSR, cyclic confining pressure, and loading frequency were studied. The main conclusions can be drawn as follows:

- (1) These factors, i.e., cyclic confining pressure, CSR, and loading frequency have different effects on the development of excess pore water pressure. With increasing η , u_{max} increases, while u_{min} remains unchanged. Additionally, the larger CSR can deliver greater both u_{max} and u_{min} . Furthermore, the increase of the u_{max} and u_{min} with decreasing loading frequency is more significant.
- (2) Both normalized maximum and minimum excess pore water pressure rates increase with increasing CSR and η at the beginning of tests, and coincide after a certain time. However, the curves of the normalized excess pore water pressure rate - time coincide under different loading frequencies.
- (3) The relationships between the normalized excess pore water pressure rate and the loading time are linear under CCP and VCP tests in logarithmic coordinates. Both maximum and minimum excess pore water pressure prediction models are proposed. Nevertheless, the effects of the above factors on fitting parameters A and a can be ignored. $\lg(\mu_{\text{max}}/p'_o)_{T=1}$ increases linearly with increasing CSR and cyclic confining pressure, while $\lg (\dot{u}_{\text{min}}/p'_o)_{T=1}$ only increases linearly with increasing CSR.

Limited the performance of the test equipment (namely, the applied maximum frequency is 5.0 Hz), only the effect of lower frequency (less than 2.0 Hz) on the development of excess pore water pressure is discussed. Therefore, the applicability of the proposed models needs further study under higher loading frequency conditions and other soils.

Data availability statement

The original contributions presented in the study are included in the article/Supplementary Material, further inquiries can be directed to the corresponding author.

Author contributions

JeH and JnH were involved in the final development of the project and manuscript preparation. HW and JC wrote the manuscript draft. JC and SL analyzed the data. All authors: corrections, modifications, and final acceptation.

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Conflict of interest

Author HW was employed by the China Railway Eryuan Engineering Group Co., Ltd., China.

The remaining authors declare that the research was conducted in the absence of any commercial or financial relationships that could be construed as a potential conflict of interest.

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