



# A Survey on Robust Modulation Requirements for the Next Generation Personal Satellite Communications

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The unrelenting technological advancement in the generation of wireless networks in recent years has awakened the motion concerning the inclusion of satellites in personal communications. Leveraging their ability to provide wide coverage, uniform services, wide bandwidth, and so forth, Satellite systems will be expected to co-exist with the current state-of-the-art infrastructure of terrestrial networks. Herein, we present a comparative study on the representative digital modulation techniques for use in personal satellite communications. We discuss the advantages and limitations of different modulation techniques, such as phase shift keying, continuous phase modulation, amplitude phase shift keying, and quadrature amplitude modulation. We also perform evaluations based on spectral efficiency, power efficiency, modulation error ratio, error vector magnitude, and peak-to-average power ratio in the presence of high power amplifier nonlinearities and Doppler effects. Comparisons in the form of tables, illustrations, and curves are also presented. In correspondence to the comparisons made basing on the aforementioned metrics, we conclude that continuous phase modulation is the best candidate modulation scheme for personal satellite communications since it outperforms other schemes by compromising the trade-off between power efficiency, bandwidth efficiency, and immunity to errors. We further present open issues that would reinforce personal satellite communications in terms of reliability, throughput and latency, other than power and spectral efficiency, if combined with appropriate modulation schemes.

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## 1 INTRODUCTION

The unrelenting technological advancement in the generation of wireless networks has spawned an exponential increase in the demand for spectrum to support the resulting traffic. One of the reasons for the skyrocketing demand for resources could be arising from the dramatic increase in the manufacturing of complex very large scale integration (VLSI) chips that enable swift data transmission between devices (Insights, 2021). Consequently, these unprecedented challenges by traffic increase could overwhelm the existing terrestrial network (TN) infrastructure in the future. One of the promising solutions could be data traffic offloading (Dimatteo et al., 2011; Lee et al., 2013) supported by different networks, such as wireless local area networks (WLANs) and heterogeneous networks. Nevertheless, performing data offloading to the existing networks has several concerns, such as the implementation cost, complexity, power consumption, security, and privacy, to mention

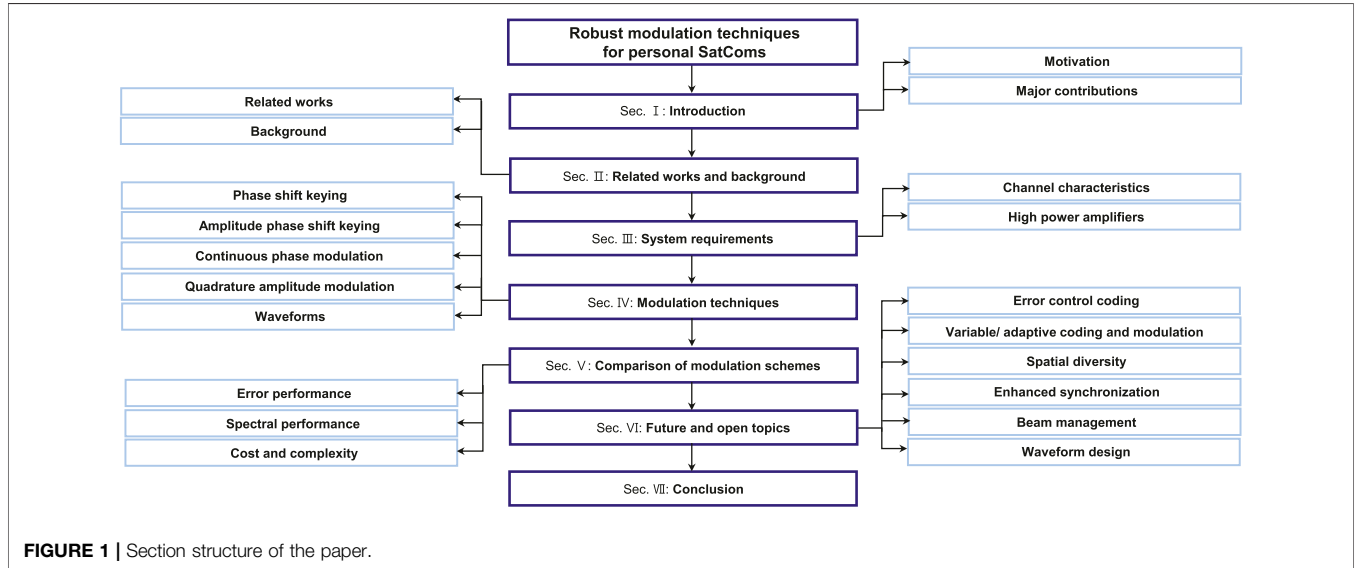
**TABLE 1** | List of abbreviations.

3GPP	3rd generation partnership project
5/6G	fifth/sixth generation
ACI	adjacent channel interference
AM-AM/PM	amplitude modulation-amplitude/phase modulation
ACM	adaptive coding and modulation
APSK	amplitude phase shift keying
BER	bit error rate
BCH	Bose-Chaudhuri-Hocquenghem
BPSK	binary phase shift keying
BSS	broadcasting satellite service
CC	convolutional coding
CCDF	complementary cumulative distribution function
CDPD	cellular digital packet data
CE-SC-FDMA	constant-envelope single-carrier frequency division multiple access
CPFSK	continuous phase frequency shift keying
CPM	continuous phase modulation
DECT	digital enhanced cordless telecommunications
DSL	digital subscriber line
DVB-C/S/T	digital video broadcasting-cable/satellite/terrestrial
DQPSK	differential quadrature phase shift keying
EVM	error vector magnitude
FBMC	filter-bank multi-carrier
FEC	forward error correction
FSS	fixed satellite services
GEO	geostationary orbit
GFDM	generalized frequency division multiplexing
GMSK	Gaussian minimum shift keying
GPS	global positioning system
GSM	global system for mobile communication
HAPS	high altitude platform station
HARQ	hybrid automatic repeat request
HEO	high elliptical orbit
HPA	high power amplifier
HSDPA	high speed downlink packet access
IMUX	input multiplexer
IS-54	international standard-54
ISI	inter-symbol interference
ISL	inter-satellite link
I/Q	in-phase/quadrature
LDPC	low-density parity check
LEO	low elliptical orbit
LTE	long term evolution
MEO	medium earth orbit
MER	modulation error ratio
ModCod	modulation and coding
MSK	minimum shift keying
MSS	mobile satellite services
NTN	non-terrestrial networks
OBP	on-board processing
OFDM	orthogonal frequency division multiplexing
OMUX	output multiplexer
OOB	out-of-band
OQPSK	offset quadrature phase shift keying
PAPR	peak-to-average power ratio
PSD	power spectral density
PSK	Phase shift keying
QAM	quadrature amplitude modulation
QPSK	quadrature phase shift keying
RS	Reed Solomon
RTT	round trip transmission
SAT/SATCOM	satellite/satellite communications
SNR	signal-to-noise ratio
SSPA	solid-state power amplifier
TN/TNT	terrestrial/non-terrestrial networks
TWTA	traveling-wave tube amplifier
UAS	unmanned aircraft system

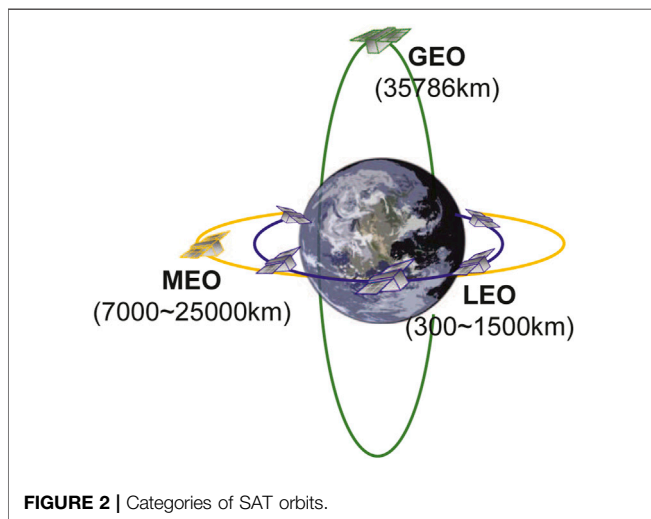
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**TABLE 1 |** (Continued) List of abbreviations.

WLAN	wireless local area network
VCM	variable coding and modulation
VLSI	very large scale integration



**FIGURE 1 |** Section structure of the paper.



**FIGURE 2 |** Categories of SAT orbits.

but a few. Another way to improve spectrum usage could be through modulation. However, it poses a threat to power efficiency of the communications system as discussed in the next sections. More research will be needed to overcome the aforementioned problems to realize optimal network architectures, which are bandwidth- and power-efficient, reliable, and high throughput with low latency.

In the light of such requirements, satellites (SATs) can be considered as a complement to the existing TN to support personal communications, especially during insufficient

coverage, in the presence of terrain constraints, network overloads, and emergency situations.

Moreover, in the next generation of networks, other technologies, such as free space optical and millimeter wave communications could be considered. However, these are constrained by atmospheric channel, transmission distances, and frequencies (Rangan et al., 2014; Kaushal and Kaddoum, 2017). Hence, this makes the application of SATs to personal communications substantial. A personal communication system relates to the liberty possessed by an individual to access reliable communication while on the move. Personal communications may include wireless communications in the form of data, voice, video, and beyond.

Over the recent years, next-generation SAT systems have been conceived as a key reinforcement for future TN, such as 5G and 6G, with the aim of supporting versatile applications (Kodheli et al., 2017; Boero et al., 2018; Gopal and BenAmmar, 2018; Su et al., 2019). Rigorous research is underway by both academia and industry towards this common cause. For example, one of the world’s leading communications standardization bodies known as the 3rd Generation Partnership Project (3GPP)<sup>1</sup> has been pivotal in conducting studies to determine the specifications for the anticipated integrated SAT-TN. In (3GPP TR 38.811 V15.4.0, 2020), 3GPP presents studies on 5G to support non-terrestrial networks (NTN). Therein, discussions related to NTN architecture, channel modeling, and potential impact

<sup>1</sup>[Online]. Available at: [https://en.wikipedia.org/wiki/Kuiper\\_Systems](https://en.wikipedia.org/wiki/Kuiper_Systems).

considerations are provided. The authors in (Su et al., 2019) discuss SAT constellations, interference, and resource management for broadband low earth orbit (LEO) SAT deployment. The authors in (Sadek and Aissa, 2012) present the challenges facing SATCOMs and the state-of-art SATs. They discuss challenges concerning SAT-TN integration with a focus on transparency and interference.

## 1.1 Motivation

Unlike TNs, which are mainly limited by adjacent channel interference (ACI), NTNs are mainly limited by power due to thermal noise and bandwidth due to bandwidth restrictions (Rydbeck et al., 1996). Therefore further studies will be required to address several challenges related to modulation and coding, link margin requirements, frequency planning and orbit choice all together.

This paper contains the study of modulation techniques to find suitable solutions that can optimize efficiencies while minimizing the trade-offs which exist during the design of personal satellite communication (SATCOM) systems. Additionally, the studies seek to explore the drawbacks that are introduced by modulation in the pursuit of long-distance transmission and boosting the signal's immunity to interference.

The motivation of this work is derived from three intriguing aspects, namely the integration of NTN and TN (3GPP TR 38.811 V15.4.0, 2020), the existence of nonlinear distortions during signal amplification (Simon, 2005), and the inevitable Doppler effects in communications (Jakes and Cox, 1994; Ali et al., 1998). From the network perspective, TNs have proved capable of providing low-latency and higher data rates. However, due to uncertain changes in customers' appetite for traffic, and need for wider coverage, TNs are incapacitated, hence drawing attention to the need for integration between NTN and TN. High power amplifier (HPA) nonlinearities, Doppler shift, and propagation delay are some of the most prominent setbacks in SATs, which need immediate solutions. Owing to long-distance transmission in SATs, a high transmit output power is required to guarantee sufficient reception power at the receiver side. Therefore, it would require that the HPAs be operated very close to the saturation point to maximize power efficiency. As a result, HPA nonlinearities are introduced into the transmitted signal. Additionally, the highly mobile nature of SATs and terrestrial users induces variations in carrier frequency and longer propagation delays, which can affect channel estimation. Consequently, frequent handovers, and large signaling overhead are necessary to maintain service continuity (Del Re and Pierucci, 2002a)<sup>2</sup>.

Going forward, the discussion herein seeks to pursue power- and spectral-efficient modulation schemes with the given transmitted power and channel bandwidth requirements. Such principal resources require considerable attention since they are not only vulnerable to channel uncertainty but also other constraints, such as HPA nonlinearities and Doppler effect, which are associated with SATCOMs. The utilization of such

resources results in maximization of the bandwidth efficiency which is attained at the minimum cost of the average signal power. In this paper, it should be noted that the terms "spectral" and "bandwidth" are used interchangeably.

To improve bandwidth efficiency, spectral-efficient modulation schemes could be deployed, albeit at the cost of higher power requirement and degraded bit error rate (BER) performance. On the other hand, error-correction can be used to attain a given BER performance level with reduced power requirement at the expense of decreased bandwidth efficiency and increased complexity. This trade-off between bandwidth and power attracts the quest for not only bandwidth-efficient but power-efficient modulation schemes. It is also important for power budget, HPA, and waveform designs, etc. Another driving point for this study comes from the fact that modulation significantly contributes to latency, reliability, and throughput. For example, higher-order modulation techniques allow faster transmission rates, and hence higher throughput and low latency. On the other hand, deploying low-order modulation schemes can guarantee reliability.

## 1.2 Major Contributions

In this paper, we provide literature reviews on SATs and the influence of HPA nonlinearities and Doppler effect on digital modulation schemes for suitable adoption in personal SATCOMs. We summarize our contributions in this paper as follows.

- We introduce detailed personal SATCOMs aspects and share various design rationales. We discuss the need for transition from the traditional stationary SAT networks to the highly mobile SATs, accompanied with the expected personal SATCOM architecture, on-board processing (OBP) capability, channel characteristics, and HPA requirements. We also present the expected benefits and hurdles related to the integration between NTN and TN.
- We provide holistic treatment of modulation requirements for personal SATCOM. This comprehensive contribution enriches the existing surveys and tutorials, which are mostly limited to the study carried out for traditional stationary SAT networks. We examine the strengths and limitations of phase shift keying (PSK), continuous phase modulation (CPM), amplitude phase shift keying (APSK), and quadrature amplitude modulation (QAM). We also subject representative modulation schemes to HPA nonlinearities and Doppler effects, and conduct evaluations based on spectral efficiency, power efficiency, modulation error ratio (MER), error vector magnitude (EVM), and peak-to-average power ratio (PAPR).
- Finally, we discuss the future directions that would reinforce personal SATCOMs, not only in terms of spectral and power efficiency, but also reliability, throughput and latency if combined with appropriate modulation schemes.

The remainder of this article is organized as follows. In **Section 2**, we present a summary of works related to modulation schemes for TN and NTN. A brief background about SAT orbits, their

<sup>2</sup>[Online]. Available at: <https://oneweb.net>.

features, and corresponding services is also presented in this section. In **Section 3**, we provide a review of the system requirements. In **Section 4**, modulation techniques for personal SATCOM are introduced. A glimpse of performance comparisons for selected modulation techniques is presented in **Section 5**. Finally, future and open topics, and a conclusion are presented in **Section 6** and **Section 7**, respectively. To allow the proper flow of this survey, we also provide a list of abbreviations in **Table 1** and the structure of the paper in **Figure 1**

## 2 RELATED WORKS AND BACKGROUND

### 2.1 Related Works

Several works involving diverse modulation-based approaches to support various applications both in TN and NTN have been proposed. However, it cannot be inferred that these would be long-lasting solutions to the unprecedented changes in traffic demands especially with the inclusion of SATs in personal communications. Hence, further studies will be necessary.

The authors in (Flohberger et al., 2010) proposed a feature-based method for classification of modulation schemes to aid the design of intelligent receivers in SATCOMs. In (Cardarilli et al., 2002), viable strategies for implementing flexible and fully programmable digital modulator architectures for SAT and space applications were proposed. The BER comparison of advanced modulation schemes for LEO SAT downlink communications was discussed in (Belce, 2003). The authors in (Keysight Technologies, 2020) provided an analysis of the impact of phase noise on the quality of signals for modulation techniques applicable to SATCOMs. In (Oetting, 1979), the author summarizes the characteristics of modulation techniques most applicable to digital radios. Therein, the main comparison is centered on BER which is presented in the form of tabled numerical results.

With the acknowledgement of the existing and ongoing works, supplemental attention towards achieving spectral efficiency and power efficiency, such as adopting robust modulation schemes in integrated SAT-TN, is paramount. Moreover, most of the available works focused on either modulation with application to geostationary orbit (GEO) SATs or cellular systems as standalone networks but not as an integrated system. In our studies we consider an integrated system of LEOs and TN with emphasis on the severe HPA nonlinearities and Doppler effects. Furthermore, our performance metrics go beyond BER which is widely considered by most authors<sup>3</sup>.

### 2.2 Background

#### 2.2.1 Different Platforms of NTN

Generally, SATs operate in three main orbits namely, LEO, medium earth orbit (MEO) and GEO (see **Figure 2**). Other NTN platforms constitute unmanned aircraft system (UAS) including high altitude platform station (HAPS) whose altitude

**TABLE 2** | Comparison of state-of-the-art industry SATCOM project (Sadek and Aissa, 2012; Evans, 1997; Minoli, 2015; Sheriff and Hu, 2001; Penttinen, 2015; Del Portillo et al., 2019; Hindin, 2019)<sup>2–11</sup>.

Operator	Project	Orbit	Band	Modulation	Coding Rate
SpaceX	Starlink	LEO	Ku, Ka	16-APSK	2/3, 3/4
OneWeb	OneWeb	LEO	Ku, Ka	16-APSK	3/4
Telesat	Telesat	LEO	Ka	16-APSK	28/45
Amazon	Kuiper	LEO	Ka	—	—

ranges from 8 to 50 km (20 km for HAPS), and high elliptical orbit (HEO) SATs located between 400 and 50,000 km (Su et al., 2019; 3GPP TR 38.811 V15.4.0, 2020).

GEO SATs provide the largest footprint as well as high throughput. However, these experience long round-trip time. Furthermore, servicing a SAT in GEO is quite complex and costly, for instance, replacing faulty components. On the other hand, SATs in MEO and LEO orbits can achieve lower delays compared to GEO but are greatly affected by radiation in the inner Van Allen belt and atmospheric drag (International Telecommunications Union, 2002). Another highly pronounced bottleneck problem in LEO is the Doppler effect (Ali et al., 1998) resulting from high mobility. The aforesaid problems create a trade-off when deciding which orbit to use for a given service.

#### 2.2.2 Category of SAT Services

Incorporating SAT systems into personal communications is potential for global connectivity and enhancing improved service delivery in different economies of the world. Moreover, SATs provide ubiquitous coverage with a possibility of co-existing with TN. Consequently, this co-existence would enable integration of SATs with TN, hence, resulting in higher data rates and high quality of service anywhere anytime. SAT services can be categorized into three (F. R. Group, 2021), namely fixed SAT services (FSS) which provide links between terminals at fixed locations on earth, mobile SAT services (MSS) which provide links from or to mobile terminals and broadcast SAT services (BSS) for broadcasting to multiple receiving stations. **Table 2** summarizes some of the service providers for the current state-of-the-art SATs, while **Table 3** presents several SAT services with corresponding frequency bands.

## 3 SYSTEM REQUIREMENTS

### 3.1 Channel Characteristics

In traditional SATCOMs, the user terminal is connected to non-stationary SAT networks and receives the signal mainly through the gateway (ground station). In contrast, the next generation of personal SATCOMs (see **Figure 3**) will require a direct link between the SAT and user terminal. Similar to the traditional links, the signal quality of the direct link is affected by several environmental factors, such as rain and cloud attenuation, scintillation, and atmospheric absorption with corresponding elevation angle, altitude above sea level, frequency, and water

<sup>3</sup>[Online]. Available at: <https://www.3gpp.org/about-3gpp>.

**TABLE 3 |** Characteristics of spectrum for SATCOM (F. R. Group, 2021; Penttinen, 2015; EMEA Satellite Operators Association, 2021; T. E. S. Agency, 2021).

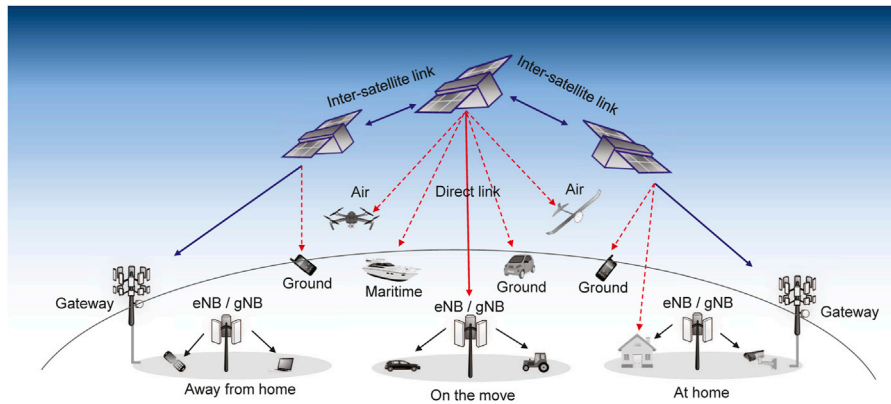
Band	S-DAB	L-band	S-band	C-band	X-band	Ku-band	Ka-band	Q/V-bands
Frequency range	1.467 GHz to 1.497 GHz	1.518 GHz to 1.675 GHz	1.97 GHz to 2.69 GHz	3.4 GHz to 7.025 GHz	7.25 GHz to 8.4 GHz	10.7 GHz to 14.5 GHz	17.3 GHz to 30 GHz	37.5 GHz to 51.4 GHz
Features	—	Less susceptible to rain fading but large antenna size required	Less susceptible to rain fading but large antenna size required	Less susceptible to rain fading but large antenna size required	—	Possible higher data rates but susceptible to rain fading	More bandwidth, smaller antenna size, high data rate and high rain fading	More bandwidth, smaller antenna size, high data rate and higher rain fading
Service	SAT audio broadcasting to fixed and mobile units	Civilian mobile-SAT services (two-way)	SAT television and radio broadcasting and mobile broadband services including in-flight connectivity	Fixed-SAT television and data services (including broadcasting)	Military, SAT imagery and radar	Fixed-SAT television and data services (including broadcasting)	Fixed-SAT television and data services including fixed and mobile two way broadband services	Fixed and mobile high-speed broadband services including in-flight connectivity
Example of providers	—	Inmarsat, Thuraya, Iridium	Sirius XM, Globalstar	Intelsat, Thuraya	XTAR, Paradigm	SpaceX, OneWeb, Intelsat, Eutelsat	SpaceX, OneWeb, Telesat, Amazon	—

**TABLE 4 |** Summary of strengths, limitations, and major applications for selected modulation schemes.

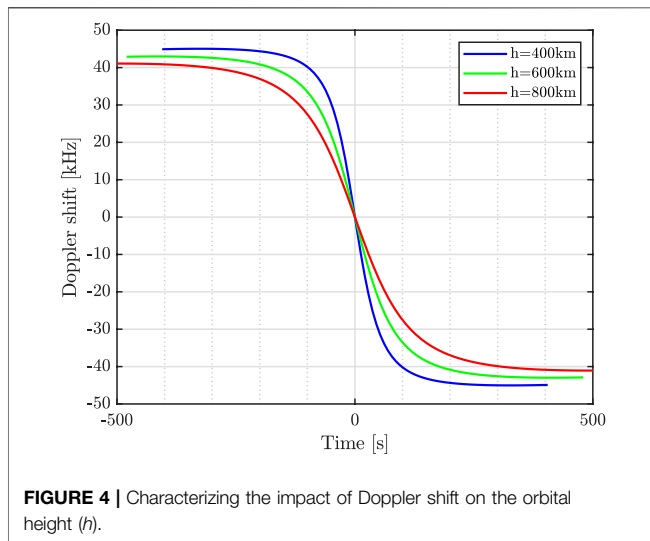
Modulation Scheme	Ref	Strengths	Limitations	Major Applications
M-PSK	(Agilent Technologies, 2000; Ziemer, 2001)	<ul style="list-style-type: none"> <li>• Good BER</li> <li>• Good power efficiency</li> <li>• Robust to HPA distortions</li> </ul>	<ul style="list-style-type: none"> <li>• BER and power efficiency deteriorate with increase in modulation size <math>M</math></li> <li>• Poor spectral efficiency</li> </ul>	<ul style="list-style-type: none"> <li>• Deep space telemetry, cable modems, SAT, aircraft, telemetry, CDMA, DVB-S, HSPA, IS-54, LTE</li> </ul>
APSK	(Morello and Mignone, 2006; Liu et al., 2011)	<ul style="list-style-type: none"> <li>• Good spectral efficiency</li> <li>• Robust to HPA nonlinearities</li> </ul>	<ul style="list-style-type: none"> <li>• Poor BER</li> <li>• Complexity in receiver design</li> <li>• No gray mapping exists for APSK constellations, leading to high independent demapping loss</li> </ul>	<ul style="list-style-type: none"> <li>• SAT, DVB-S2</li> </ul>
QAM	(Agilent Technologies, 2000; Ziemer, 2001)	<ul style="list-style-type: none"> <li>• Good spectral efficiency</li> <li>• Low complexity receiver design</li> </ul>	<ul style="list-style-type: none"> <li>• Poor BER</li> <li>• Prone to distortion by HPA nonlinearities</li> <li>• Poor power efficiency</li> </ul>	<ul style="list-style-type: none"> <li>• DVB-T/C, cable modems, microwave links, digital modems, broadband set top boxes, HSDPA, LTE</li> </ul>
CPM	(Sundberg, 1986; Anderson et al., 2013)	<ul style="list-style-type: none"> <li>• Good BER</li> <li>• Robust to HPA nonlinearities</li> <li>• Good spectral efficiency</li> </ul>	<ul style="list-style-type: none"> <li>• GMSK enhances ISI at higher bit rate transmission</li> <li>• Complexity in transmitter and receiver design</li> </ul>	<ul style="list-style-type: none"> <li>• GSM, CDPD, DECT, telemetry</li> </ul>
OFDM	(Stuber, 1996; Ziemer, 2001)	<ul style="list-style-type: none"> <li>• Good spectral efficiency</li> <li>• Low complexity receiver design</li> <li>• Robustness against multipath propagation</li> </ul>	<ul style="list-style-type: none"> <li>• High PAPR</li> <li>• High OOB</li> <li>• Highly sensitive to frequency and timing offsets</li> </ul>	<ul style="list-style-type: none"> <li>• Wi-Fi, Wimax, LTE, power line communications, digital subscriber line (DSL)</li> </ul>

**TABLE 5 |** Comparison of modulation schemes based on the simulation results and other studies.

Scheme	BER	Power Efficiency	Spectral Efficiency	Robustness to HPA Distortions	Robustness to Doppler Effects	Receiver Complexity
QPSK	Low	High	Low	High	High	High
16-APSK	High	Low	High	Average	Low	High
16-QAM	High	Low	High	Low	Low	Low
16-CPM	Low	High	High	High	High	High



**FIGURE 3** | An illustration of Personal SATCOMs.



**FIGURE 4** | Characterizing the impact of Doppler shift on the orbital height ( $h$ ).

vapor densities (Panagopoulos et al., 2004; Kanatas and Panagopoulos, 2012). Besides, by considering the deployment scenario of personal SATCOMs, Doppler, shadowing, and multipath effects become severe. Especially, the Doppler effect becomes a serious issue for the personal SATCOMs, due to its fast orbital speed (e.g., around 7.8 km/s) and its high operating frequency (10 ~30 GHz) (3GPP TR 38.811 V15.4.0, 2020). **Figure 4** illustrates the variation of Doppler shift with orbital height. It shows that the lower the altitude of the SAT, the more severe the Doppler effect becomes. Since lower orbits are characterized by large gravitational forces, SATs accelerate faster to minimize the effect of gravity while maintaining the orbit. This leads to increased relative motion associated with high velocities between the SAT and user terminal<sup>4</sup>.

Therefore the choice of channel model and the band of operation will be important in designing several parameters of

the overall integrated system, such as estimating fade margins, assessing the efficiency of modulation and coding schemes, to mention but a few. Some of the notable land mobile SAT channel models are described in (Abdi et al., 2003; Corazza and Vatalaro, 1994; Chun Loo, 1985). Over the past years, due to an increase in the number of service providers and change in traffic demand, lower frequency bands, such as L (1.518 GHz ~1.675 GHz), S (1.97 GHz ~2.69 GHz), and C (3.4 GHz ~7.025 GHz), became saturated, which led to the scramble for higher frequency bands, namely Ku (10.7 GHz ~14.5 GHz), Ka (17.3 GHz ~30 GHz), and Q/V (37.5 GHz ~51.4 GHz) (EMEA Satellite Operators Association, 2021). We briefly summarize the available bands for SAT and their features in **Table 3**. It is worth noting that there is a trade-off that exists between the choice of band and performance. For instance, lower frequency bands are characterized by less susceptibility to rain attenuation but only achieve lower data rates and require large antenna sizes, whereas higher frequency bands are more susceptible to rain fading though they allow deployment of smaller antenna sizes and higher data rates can be achieved due to availability of more bandwidth. More research about fade mitigation techniques for personal SATCOMs is required to improve interference control, system capacity, and availability. For example, in (Castanet et al., 2003), the authors discuss interference and fade mitigation techniques for Ka and Q/V band SATCOMs based on power control, adaptive waveforms, and diversity<sup>5</sup>.

### 3.2 High Power Amplifiers

With the help of a chain of components (transponder), the SAT is able to process uplink signals and retransmit them towards the earth station receiver *via* the downlink. **Figure 5** shows the block diagram of a regenerative SAT transponder whose basic function is to recover, amplify and frequency shift the input signal. The input multiplexer (IMUX) splits the received wide band signals into narrow band channels. Processes, such as signal predistortion, demodulation and remodulation, are done by

<sup>4</sup>[Online]. Available at: <https://www.eutelsat.org>.

<sup>5</sup>[Online]. Available at: <https://www.globalstar.com>.

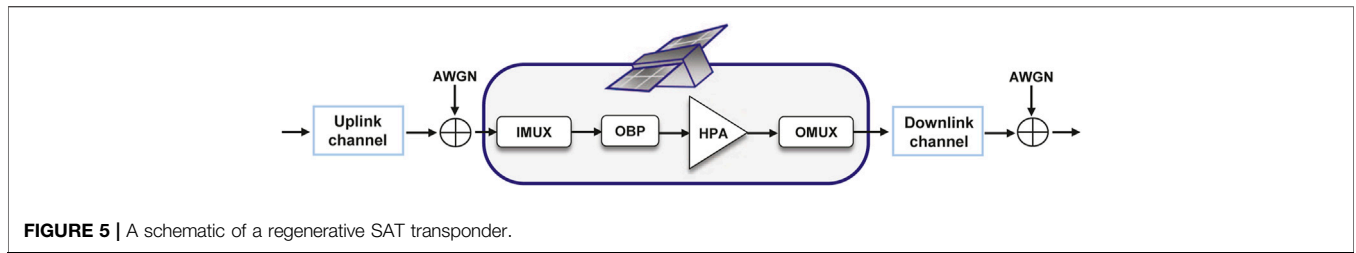


FIGURE 5 | A schematic of a regenerative SAT transponder.

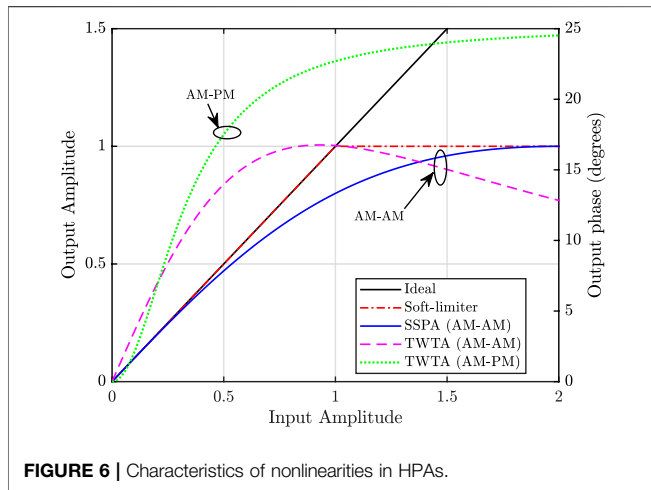


FIGURE 6 | Characteristics of nonlinearities in HPAs.

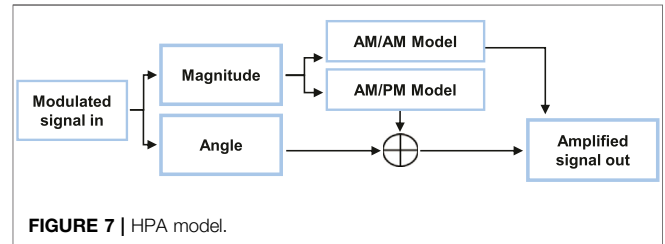


FIGURE 7 | HPA model.

OBP (3GPP TR 38.811 V15.4.0, 2020; Perez-Neira et al., 2019). Output signals from the HPA are combined by the output multiplexer (OMUX) and redirected towards the earth station receiver. Therefore, modulation techniques customized for personal SATCOMs will be required to support the OBP requirements. To this end, HPA serves as one of the most important stages of the SATCOM system. The HPA performance may be evaluated basing on output power, efficiency, and sideband regrowth (Gard et al., 1999).

Regardless of the transmission distance, the existence of path-loss and atmospheric-induced fading requires digital communications systems to sustain adequate reception power at the receiver side. Moreover, HPAs consume about 65% (Gruber et al., 2009) and 80–90% (Lohmeyer et al., 2016) of the available power in TN and SATCOMs, respectively. It is therefore of great necessity to deploy a device capable of generating sufficient transmitter output power based on fixed-but-limited available power. Some of the examples of such devices include solid-state power amplifiers (SSPAs) and traveling-wave tube amplifiers (TWTAs). Generally, the frequency band of operation and the type of application are the key constraints when selecting an amplifier for deployment. For example, for a typical HPA output power range (10–300 W), TWTAs provide more output power at higher frequency bands while SSPAs achieve greater power output at lower frequency bands (Lohmeyer et al., 2016)<sup>6</sup>.

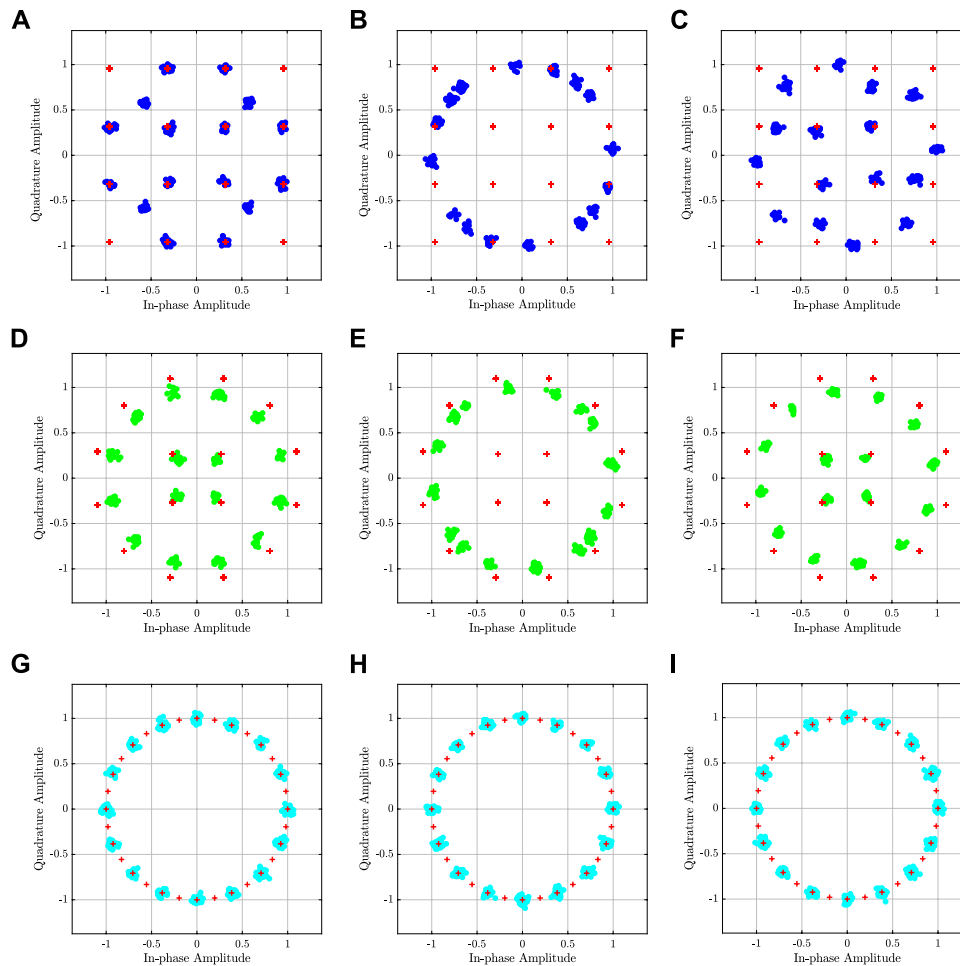
By operating these HPAs in the linear region with a large input back-off, spectral regrowth in the transmitted signal can be mitigated. Otherwise, spectral regrowth can lead to build up of out-of-band (OOB) side lobes which might result in severe ACI. However, it is costly to deploy linear HPAs with a large dynamic range. Therefore, to maximize power efficiency, it would require that the HPAs be operated very close to the saturation point (Mulinde et al., 2013). As a consequence, undesirable amplitude modulation-amplitude modulation (AM-AM) and amplitude modulation-phase modulation (AM-PM) conversions (distortions) are introduced into the transmitted signal (see Figure 6). AM-AM is due to the change in output voltage, while AM-PM results from change in phase angle of the output voltage for several input signal levels. The desired levels of AM-AM and AM-PM conversions are 1dB/dB and 0°/dB, respectively (Lohmeyer et al., 2016).

On the other hand, operating in a nonlinear mode at or near saturation incurs spectral spreading which results from the nonlinearity caused by band-limiting the modulation prior to amplification. A replica of distortion terms for the TWTAs and SSPAs can be characterized using models, such as Saleh, Rapp, and Gorbani (Saleh, 1981; Ghorbani and Sheikhan, 1991; Rapp, 1991). It should be noted that the TWTA model is mostly used to characterize HPA nonlinearities in this paper as illustrated by Figure 7.

Figure 8A, Figure 8D, and Figure 8G illustrate the deformation on the constellations due to AM-AM distortions for 16-QAM, 16-APSK, and 16-CPM, respectively. They show the occurrence of the warping effect whereby the amplified signal’s constellation points get compressed inwards, and they no longer lie on the original lattice points. 16-QAM is the most affected whereas 16-APSK and 16-CPM maintain their shapes. Figure 8B, Figure 8E, and Figure 8H display the deformation on the constellations due to AM-PM distortions for 16-QAM, 16-APSK, and 16-CPM, respectively. They show the clustering effect as the amplified signal constellation points are spread out in small clusters resulting from nonlinear inter-symbol

<sup>6</sup>[Online]. Available at: <https://www.inmarsat.org>.





**FIGURE 8** | Effect of amplification on the constellation structures of 16-QAM, 16-APSK and 16-CPM, modeled using TWTA (Saleh model). Here, **(A,D,G)** represent AM/AM distortions, **(B,E,H)** represent AM/PM distortions, while combined AM/AM and AM/PM distortions are illustrated in **(C,F,I)**.

interference (ISI). The impact is most pronounced in 16-QAM. **Figure 8C**, **Figure 8F**, and **Figure 8I** portray the resultant constellation structures after subjecting the 16-QAM, 16-APSK, and 16-CPM signals to a combination of AM-AM and AM-PM distortions. It is shown that 16-CPM is the least sensitive to HPA nonlinearities compared to APSK and QAM.

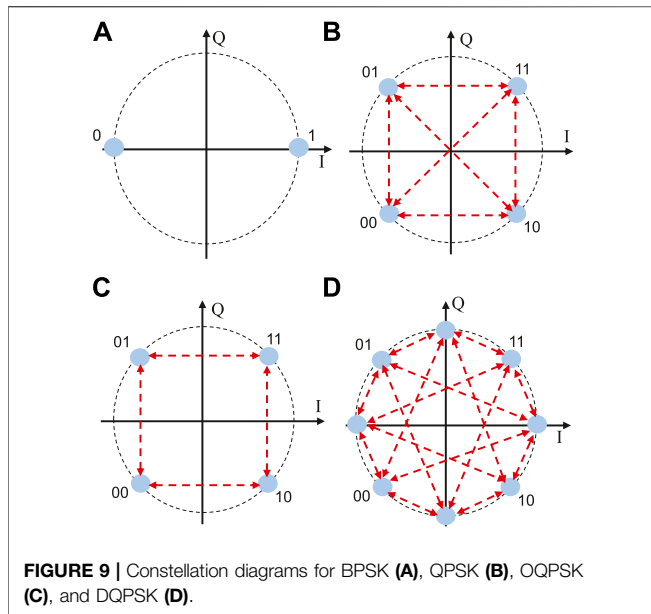
Several techniques have been proposed to combat the effect of nonlinear distortions at the transmitter side in the form of pre-distortion and post-distortion at the receiver side through nonlinear equalization (Ding et al., 2004; Beidas, 2011; Beidas et al., 2015; Joung et al., 2015). Authors in (Joung et al., 2015) provide a summary of HPA centric techniques with an emphasis on the design of HPAs, signals, and networks to improve HPA linearity and efficiency. It should be noted that the extent to which nonlinearity affects the communications system is mainly dependant on the power requirement and modulation scheme in use (Corazza, 2007). Leveraging the ramifications of HPA nonlinearities due to modulation and hardware drawbacks, we are motivated to examine the various modulation schemes for suitability in personal SATCOMs.

It should be noted that besides HPA nonlinearities, other impairments (Horlin and Bourdoux, 2008) on the NTN-TN channel which are not discussed in this paper such as phase noise, carrier frequency offset and I/Q imbalance, are important and therefore equally require research to ensure a joint boost in system performance<sup>7</sup>.

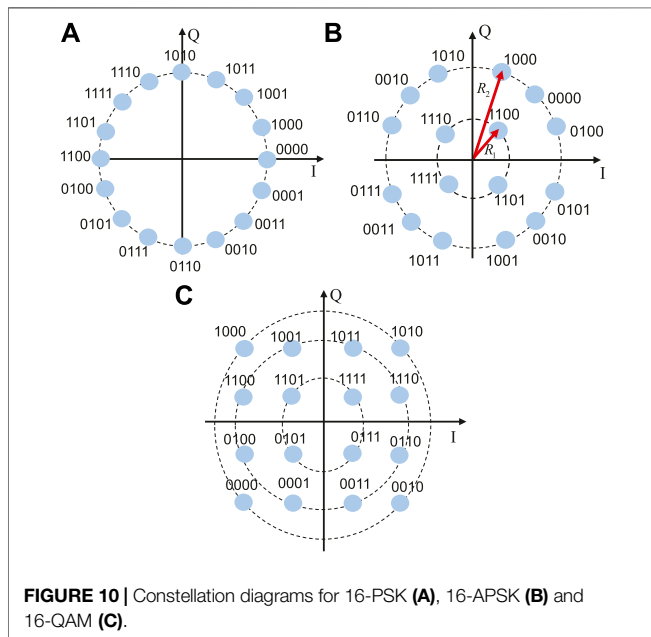
## 4 MODULATION TECHNIQUES

Modulation involves pre-conditioning the signal into a suitable form for transmission over the communication channel. Other than analog, this work focuses more on digital modulation schemes since the latter have exhibited better features, such as more resilience to distortion, reliable and flexible circuitry, cost effectiveness, to mention but a few. Through digital modulation, it is possible to symmetrically split and combine signal

<sup>7</sup>[Online]. Available at: <https://www.intelsat.com>.



**FIGURE 9 |** Constellation diagrams for BPSK (A), QPSK (B), OQPSK (C), and DQPSK (D).



**FIGURE 10 |** Constellation diagrams for 16-PSK (A), 16-APSK (B) and 16-QAM (C).

components at transmission and reception stages, i.e., in-phase and quadrature components. Modulation has several benefits, such as boosting the signal’s immunity to interference, supporting long-distance transmissions, and multiplexing of different signals. Modulation also makes it possible to reduce antenna sizes.

Generally, the criterion of choosing modulation techniques depends on factors, such as power efficiency, robustness to channel impairments, bandwidth efficiency, and system

complexity (Agilent Technologies, 2000). Power efficiency ensures reliable transmission of data with minimal power requirements. A modulation technique that is robust to channel impairments achieves a low BER in the presence of Doppler effects, path-loss, and other severe channel conditions. Low complexity in system design can guarantee affordability. A bandwidth-efficient modulation technique ensures minimum power radiation into adjacent bands hence reducing the effect of ACI (Stuber, 1996). From a practical network perspective, bandwidth is a scarce resource that can only guarantee seamless service if used effectively. In that regard, the transmitted signal is filtered to reduce radiation into adjacent bands. Proper filtering can alleviate the occurrence of ISI, resulting in a drastic boost in spectral efficiency. Contrastingly, the rise and fall times of the filter may also introduce ISI, which could further degrade the performance. Filter design and implementation is also quite complicated especially at higher frequencies. Furthermore, if the filtering is done before amplification, HPA nonlinearities can revert the effect of the filter. To this end, some advanced modulators with integrated predistortion functionalities will be necessary for the next generation of personal SATCOM networks.

In this paper, the discussed modulation schemes are grouped into near constant or constant envelope modulations including PSK and CPM, and nonconstant phase envelope modulations, such as APSK and QAM (Stuber, 1996; Agilent Technologies, 2000; Proakis, 2000; Ziemer, 2001; Anderson et al., 2013). The term constant envelope is derived from the fact that all points on the constellations have a fixed distance from the center. In other words, no signal is modulated on the amplitude (Lee, 1998). It should be noted that in some literature, for instance, the authors in (Xiong, 2006) describe APSK as a constant envelope modulation scheme, however, based on the APSK constellation design and definition of a constant envelope modulation scheme from (Lee, 1998), we consider APSK as a nonconstant envelope modulation scheme. **Table 4** presents a summary of strengths, limitations, and major applications for the selected modulation schemes.

### 4.1 PSK

PSK waveforms may include, binary phase shift keying (BPSK), quadrature phase shift keying (QPSK), and  $M$ -ary phase shift keying ( $M$ -PSK). PSK schemes, such as BPSK and QPSK are known for their good BER and good power efficiency, hence are suitable for poor channel conditions. However, the performance of PSK schemes is limited by some constraints. For example, for the case of BPSK, coherent detection requires carrier phase recovery, hence making receiver design quite complex (Lee, 1998; Goldsmith, 2005), whereas QPSK incurs rapid phase variations between symbols which results in poor spectral efficiency<sup>8</sup>.

In SATCOMs, the variants of QPSK, namely offset quadrature phase shift keying (OQPSK) (Gronemeyer and McBride, 1976) and differential quadrature phase shift keying ( $\pi/4$ -DQPSK) (Lee, 1998), can be deployed to achieve better spectral efficiency since

<sup>8</sup>[Online]. Available at: <https://www.iridium.com>.

they prevent the problem of zero crossings in conventional QPSK. These schemes can support the use of less linear but power-efficient amplifiers in SATCOMs. **Figure 9** portrays the constellation diagrams of BPSK, QPSK, and the variants of QPSK. Spectral efficiency as well as higher data rates can further be achieved by increasing the size of modulation size ( $M$ ), i.e., deploying higher order  $M$ -PSK schemes (Haykin, 2008; Rice, 2009). However, this is achieved at the cost of BER performance since the constellation points draw closer to each other as the phase difference between carrier states decreases, thereby rendering the system more sensitive to channel impairments.

## 4.2 APSK

APSK (Liu et al., 2011; Thomas et al., 1974) seeks to solve the problem of increased risk of errors resulting from the increment of the modulation size of PSK by distributing the same number of constellation points across different concentric circles. The APSK constellation makes it easy to implement the predistortion of HPA nonlinearities through varying the space between rings. Moreover, compared to schemes like QAM, APSK systems have a lower number of amplitude levels (see **Figure 10**), thus exhibit a lower PAPR. Consequently, having a low PAPR can promote good spectral efficiency and robustness to HPA nonlinearities in SATCOMs. Due to the aforementioned features, an optimized version of APSK was adopted in digital video broadcasting SAT-second generation (DVB-S2) (ETSI, 2006). Unfortunately, it is yet to find its application in cellular networks since it is computationally complex and no Gray mapping exists for APSK constellations, which results in a high independent demapping loss (Liu et al., 2011; Xie et al., 2012). However, efforts to further optimize APSK for extended application in communications have been going on over the past years (De Gaudenzi et al., 2006; Morello and Mignone, 2006; Kayhan and Montorsi, 2012).

## 4.3 CPM

Linear modulation techniques, such as PSK and QAM exhibit phase discontinuity, a complication which can lead to the widening of the frequency spectrum. Fortunately, by deploying CPM (Aulin et al., 1981; AulinSundberg and Sundberg, 1981; Anderson et al., 2013), phase discontinuity can be eliminated, resulting in improved spectral efficiency and noise immunity of SATCOMs. CPM also induces a coding gain resulting from the inherent memory introduced by the phase-shaping filter (Rimoldi, 1988). However, BER analysis of CPM signals, such as continuous phase frequency shift keying (CPFSK) is quite complex (Aulin and Sundberg, 1984; Goldsmith, 2005). In practical scenarios, more correlators would be required.

Besides CPFSK, other notable examples of CPM waveforms, distinguished by frequency pulse responses, include minimum shift keying (MSK) (Pasupathy, 1979), Gaussian minimum shift keying (GMSK) (Murota and Hirade, 1981), to mention but a few. CPM has been adopted in SATCOMs (ETSI, 2012), deep space (Simon, 2005), optical communications (Ho, 2005), and so on.

## 4.4 QAM

Compared to other modulation schemes, the rings of QAM (Proakis, 2000) constellation are usually greater in number (see **Figure 10**). This yields higher amplitude levels and hence poor PAPR. Additionally, the uneven spacing of the rings with some closer to others makes it harder to mitigate HPA nonlinearities (Stuber, 1996; Keysight Technologies, 2020). Although QAM exhibits a high BER and poor power efficiency compared to constant and low-order modulation schemes, such as BPSK and QPSK, it boasts of high bandwidth efficiency since it conveys more information *via* both the amplitude and phase (Ziemer, 2001). Therefore, it can be used when the channel conditions are good to achieve higher data rates while maintaining tolerable spectral efficiency in personal SATCOMs. QAM is widely used in mobile communications, cable TV, Wi-Fi, and others (Agilent Technologies, 2000).

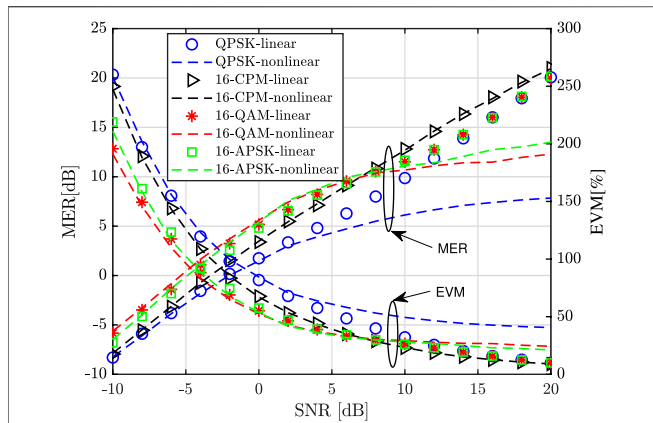
## 4.5 Waveforms

Over the recent years, multitone modulation techniques, such as OFDM have exhibited good performance in TN and therefore attract attention for their applicability in the next generation of SAT systems. OFDM (Bingham, 1990; Stuber, 1996) is widely used in mobile and power-line communications. In SATCOMs, OFDM scheme has been adopted in DVB-SH (ITU-R S.2173-1, 2014). OFDM is a successor waveform to the prominent CDMA (Pickholtz et al., 1982; Cook and Marsh, 1983) which is widely used in both TN and SATCOMs because of its good capacity and robustness to ACI. However, compared to SATCOMs, due to topography and terrestrial environment, the problem of ISI in TN resulting from extreme multipath conditions makes it complex to perform equalization. Hence, giving OFDM the edge over CDMA in terms of maximizing data rate and the aforementioned interference problems (Chang, 1966; Saltzberg, 1967)<sup>9, 10</sup>.

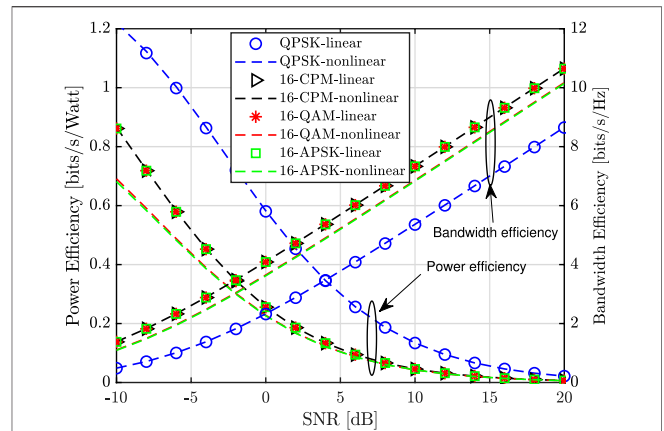
OFDM is famous for its simplicity to implement the equalizer, which results from its ability to convert a frequency-selective channel into several parallel independent frequency-flat subchannels (Saltzberg, 1967; Weinstein and Ebert, 1971; Bingham, 1990). In this way, OFDM achieves a double performance gain from modulation and multiplexing. OFDM has several advantages, such as high spectral efficiency, low complexity receiver design, and robustness against multi-path propagation (Bingham, 1990; Dahlman et al., 2013; Rohde and Schwarz, 2021). Nevertheless, OFDM harbors imperfections, such as a high PAPR (Yiyan Wu and Wu, 2008), sensitivity to frequency and timing offsets (Rohde and Schwarz, 2021), and OOB emission (Van De Beek and Berggren, 2008; Michailow et al., 2012). Since OFDM has a high PAPR, to prevent compression at a high output power level, a large back-off is required (Keysight Technologies, 2020). Hence more research is required to attain a waveform that is both spectral- and power-efficient with considerable sensitivity to frequency and timing offsets. For instance, the authors in (Tan and Stuber, 2002;

<sup>9</sup>[Online]. Available at: <https://www.starlink.com>.

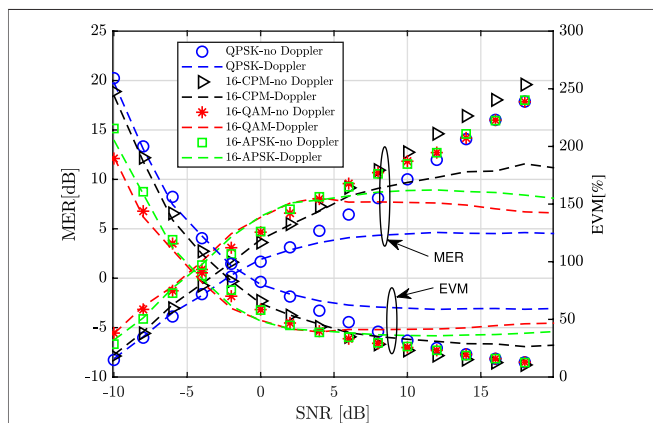
<sup>10</sup>[Online]. Available at: <https://www.telesat.com>.



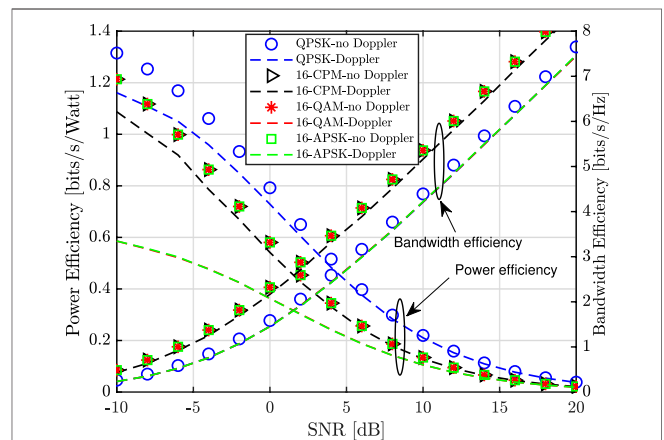
**FIGURE 11** | MER and EVM performance for QPSK, 16-CPM, 16-QAM, and 16-APSK in the presence of nonlinearities modeled using TWTA (Saleh model).



**FIGURE 13** | Power and bandwidth efficiency for QPSK, 16-CPM, 16-QAM, and 16-APSK in the presence of nonlinearities modeled using TWTA (Saleh model).



**FIGURE 12** | MER and EVM performance for QPSK, 16-CPM, 16-QAM, and 16-APSK in the presence of Doppler effects with the velocity of the terminal, 500 km/h, carrier frequency, 20 GHz, SAT at a height of 600 km, maximum elevation angle, 60°, and the inclination angle of the SAT orbit, 52°.



**FIGURE 14** | Power and bandwidth efficiency for QPSK, 16-CPM, 16-QAM, and 16-APSK in the presence of Doppler effects with the velocity of the terminal, 500 km/h, carrier frequency, 20 GHz, SAT at a height of 600 km, maximum elevation angle, 60°, and the inclination angle of the SAT orbit, 52°.

Thompson et al., 2008; Mulinde et al., 2013; Rahman et al., 2018; Rohde and Schwarz, 2021) discuss generalized frequency shift keying (GFDM), filter-bank multi-carrier (FBMC), constant-envelope single-carrier frequency division multiple access (CE-SC-FDMA), and others, as alternative waveforms for OFDM due to their property of low PAPR.

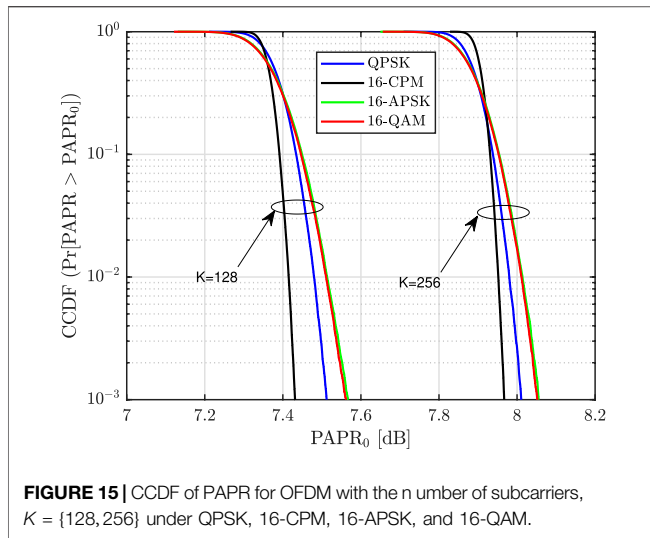
## 5 COMPARISON OF MODULATION SCHEMES

This section presents a comparative study of the representative modulation techniques subject to HPA nonlinearities and Doppler effects as a backup for the discussions given in the earlier sections. **Table 5** provides a summarized comparative analysis for the selected modulation schemes. It is worth noting

that all the results provided in this paper are obtained through simulations in Matlab. The channel model considered in this paper is adopted from (Lin et al., 2016). Doppler shift computation is done using the approach in (3GPP TR 38.811 V15.4.0, 2020). The theoretical equations in (E. TR101290, 2001) are used to compute MER and EVM. To simulate power and bandwidth efficiency, we adopt the theoretical approach in (Akhtman and Hanzo, 2009). We carryout PAPR computations using the formulation in (Cho et al., 2010).

### 5.1 Error Performance

Besides BER, MER and EVM can be used to measure the accuracy of the modulation technique by comparing the demodulated signal with the reference signal. MER reflects the ratio between the transmitted signal power and the power of error



**FIGURE 15** | CCDF of PAPR for OFDM with the number of subcarriers,  $K = \{128, 256\}$  under QPSK, 16-CPM, 16-APSK, and 16-QAM.

vectors, while EVM represents the magnitude of the difference vector between the I/Q reference signal vector to the I/Q measured signal vector. We exploit MER and EVM as metrics to evaluate error performance of selected modulation schemes. Compared to higher-order modulation schemes, low-level modulation schemes exhibit lower BER performance, and are hence highly recommended for low signal-to-noise ratio (SNR) channel conditions. However, the reverse is true when it comes to MER and EVM regardless of the channel conditions, as depicted in **Figure 11** and **Figure 12**.

**Figure 11** shows the trade-off between MER and EVM for representative modulation schemes in the presence of HPA nonlinearities. It shows that for low SNR (for example, at -10 dB), QPSK has the lowest MER (-8.3 dB) and highest EVM (258%) while QAM has the highest MER (-5.62 dB) and the lowest EVM (190%) under the influence of HPA nonlinearities. QAM has a larger distance between the constellation points which helps maintain lower EVM. Unlike CPM, the MER and EVM of QPSK, APSK, and QAM deteriorate due to nonlinear distortions. CPM is able to maintain its performance since it has a constant envelope and reduced phase discontinuity, i.e., at -10 dB SNR, MER = -7.86 dB and EVM = 250% while at 20 dB SNR, MER = 22 dB and EVM = 10%.

**Figure 12** portrays the trade-off between MER and EVM for representative modulation schemes in the presence of Doppler shift. It shows that despite all modulation schemes being affected by the Doppler phenomenon, CPM is the most robust scheme followed by APSK, QAM, and QPSK in that order. Having a constant envelope gives CPM an advantage over the rest of the selected modulation schemes. For instance at 20 dB SNR, the MER = 4.6 dB, 11.4 dB, 6.6 dB, and 8 dB and EVM = 58.8%, 26.4%, 46.2%, and 38% for QPSK, CPM, QAM and APSK, respectively<sup>11</sup>.

From the above results, it can be noted that a high MER and a low EVM would be desirable for a stable communication system. All modulations are affected by HPA nonlinearities and Doppler shift; however, CPM strikes a balance between MER and EVM, hence, proving suitable for applicability to personal SATCOMs.

## 5.2 Spectral Performance

We consider bandwidth efficiency, power efficiency, and PAPR as metrics to evaluate the spectral performance of our selected modulation schemes. In conventional communication systems, low-level modulation schemes are preferred for worst case channel conditions due to their low power requirement which is attained by sacrificing the bandwidth as displayed in **Figure 13** and **Figure 14**.

**Figure 13** illustrates the trade-off between power and bandwidth efficiency for representative modulation schemes in the presence of HPA nonlinearities. It shows that QPSK has the greatest power efficiency but lowest bandwidth efficiency compared to CPM, QAM, and APSK. For example, in the presence of HPA nonlinearities, the power efficiency at -10dB SNR is about 1.2 and 0.68 bits per second per Watt (bps/W), for QPSK and APSK, respectively. The corresponding bandwidth efficiency at 20dB SNR is about 8.65 and 10.14 bits per second per hertz (bps/Hz) for QPSK and APSK, respectively. It should be noted that CPM has the highest bandwidth efficiency (10.64 bps/Hz) and ranks second in power efficiency (0.86 bps/W). Besides CPM, QPSK is also robust to nonlinear distortions but preference would be given to CPM which has better spectral efficiency due to carrying more data.

**Figure 14** displays the trade-off between power and bandwidth efficiency for representative modulation schemes in the presence of Doppler effects. Generally, all modulation schemes are affected by Doppler shift. Nonetheless, CPM appears the most robust to Doppler effects with considerable performance in terms of power efficiency and bandwidth efficiency, i.e., the degradation in power efficiency is compensated for with a relatively low degradation in bandwidth efficiency. It also shows that nonconstant envelope modulation schemes are the most prone to degradation by Doppler. Hence more power would be required to sustain good signal quality. For example, at -10dB SNR, the power efficiency is 1.6 bps/W, 1.09 bps/W, and 0.59 bps/W, for QPSK, CPM, and QAM, respectively. The bandwidth efficiency at 18 dB SNR is 7 bps/Hz, 8 bps/Hz, and 6.82 bps/Hz, for QPSK, CPM, and QAM, respectively. In both **Figure 13** and **Figure 14**, APSK and QAM exhibit similar performances since both carry information in both the amplitude and phase given the same modulation level.

**Figure 15** compares the complementary cumulative distribution function (CCDF) of PAPR for OFDM when subjected to selected modulation techniques. It shows a general degradation in performance as the number of subcarriers increases. Due to the absence of phase discontinuities, CPM exhibits the best performance compared to QPSK, APSK, and QAM. For instance, when  $K = 128$ , at the CCDF of  $10^{-3}$ , the corresponding PAPR is 7.43, 7.512, and 7.562 for CPM, QPSK, APSK, and QAM, respectively. Therefore, CPM

<sup>11</sup>[Online]. Available at: <https://www.thuraya.com>.

does not require a highly linear HPA since it ensures that a low PAPR is maintained. It also shows that the APSK and QAM exhibit a similar performance, of which APSK performance is greatly attributed to the ring ratio. In this case, we used a ring ratio of 2. Depending on the application, system designers vary several parameters such as the spacing between the rings, the number of rings, and the number of symbols on a ring, to achieve the desired performance. It is also worth noting that current state-of-the-art DVB-SAT deploy coded-APSK, which is optimized specifically for SAT applications.

Several PAPR reduction techniques have been exploited in literature, such as those with distortion constituting clipping and filtering and amplitude clipping (Yiyan Wu and Wu, 2008; Sandoval et al., 2017). However, the reduction in PAPR is achieved at a cost. For example, it can lead to increased BER, higher computational complexity, and loss in data rate. A low PAPR results in improved spectral efficiency since it allows the use of a low back-off during signal amplification.

Due to the power limitation of HPAs described in **Subsection 3.2**, modulation schemes, such as QAM, which convey information *via* multi-level amplitudes require a linear amplifying feature, i.e., amplification requires a wider linear range of operation which leads to reduced power efficiency. This makes them unsuitable for use on channels operated beyond maximum transmitted power efficiency condition. Therefore constant envelope modulation schemes are preferable since they attain bandwidth efficiency through packing all the data in a single-level amplitude while maintaining considerable power efficiency.

### 5.3 Cost and Complexity

Cost-effective and easy-to-implement aspects are also essential criteria for designing modulation schemes. Several aspects, such as the modulation level, detection techniques, and the choice of application, contribute greatly to the complexity and resulting cost of a particular modulation technique. For example, based on our findings and evaluations, APSK and CPM perform better than QAM but designing their receivers is quite complex and possesses synchronization difficulties.

## 6 FUTURE AND OPEN TOPICS

In addition to modulation, other complementary avenues can be exploited to achieve higher joint system performance in terms of throughput, reliability, latency, and efficiency through applying other techniques, such as waveform design, error-control coding, variable/adaptive coding and modulation (VCM/ACM), spatial diversity schemes, enhanced synchronization, and beam management altogether.

### 6.1 Error Control Coding

In communications systems, engineers deploy error correction and detection (Costello et al., 1998; Clark et al., 2013) schemes to improve the reliability. Such techniques may include forward error control (FEC), automatic repeat request (ARQ), and hybrid automatic repeat request (HARQ). Examples of common error

codes used in FEC may include Reed-Solomon (RS), convolutional (CC), Bose-Chaudhuri-Hocquenghem (BCH) codes, low-density parity check (LDPC), polar, and turbo codes (Hagenauer and Lutz, 1987; Costello et al., 1998; Del Re and Pierucci, 2002b; CCSDS, 2011; Clark et al., 2013). Rather than single codes, a concatenated system of codes could be deployed to further boost performance (Forney, 1966). Concatenation brings about a double coding gain by regulating random and burst errors introduced by the channel. By employing error-correction, system BER performance could be improved; however, several trade-off scenarios exist between power, bandwidth, latency, reliability, complexity altogether. For instance, less power could be required to transmit signals but at the expense of decreased bandwidth. Additional processing, such as long interleaving and coding overhead introduced by error correction could lead to an increase in latency, especially for long code lengths (Shirvanimoghaddam et al., 2019). Moreover, whether to do HARQ at either the TN or NTN level or both has to be considered since HARQ is crucial at long round trip transmissions (RTT). This could be done by enhancing the existing HARQ operation, limiting HARQ capabilities, and disabling HARQ for long RTT delays (Kodheli et al., 2017; 3GPP TR 38.811 V15.4.0, 2020; RP-180664, 2018). Furthermore, decoding algorithms could make the system more complex and costly. Developing efficient and less complex FEC and HARQ techniques is an area that requires more research.

### 6.2 VCM/ACM

ACM can be regarded as a form of resource allocation by which the most appropriate modulation and coding (ModCod) scheme is selected depending on the channel condition. For instance, under favorable channel conditions, a high order modulation technique with low coding redundancy is deployed in order to increase the transmission data rate. Conversely, during a signal fade, the system selects a more robust modulation scheme and a higher coding rate to sustain link availability, and connection quality without increasing the signal power. Variations in the channel could result from weather conditions, propagation distance, mobility, signal obstruction by multiple reflectors, and so forth. ACM is widely used in wireless communications, such as cellular (3GPP TR 25.848 V4.0.0, 2001) and SATs (ETSI, 2006). Although several researchers have investigated and proposed different ACM approaches (Goldsmith and Chua, 1998; Xiaoxin Qiu and Chawla, 1999; Downey et al., 2016; Mota et al., 2019), more research will be necessary to design optimal ACM techniques for unified application in personal SATCOMs to guarantee improved throughput and error rate performance. Besides the channel condition, other factors may be considered when designing ACM techniques, such as the mode of transmission (single or multi-carrier), operation band, HPA nonlinearities, spatial diversity, delay requirements, system complexity, and others. In addition to ACM, VCM (Toptsidis et al., 2012) is another technique for link adaptation that takes advantage of the variability in the SAT slant path geometry resulting from the relative movement

between the SAT and the ground terminal. This means that the ModCods are selected based on the angle of elevation of the link.

### 6.3 Spatial Diversity

The application of multi-antenna systems in SATs (Arapoglou et al., 2011; Kyröläinen et al., 2014; Petropoulou et al., 2014) has been triggered by the shift from lower frequency bands to higher frequency bands such as Ku and Ka, which allow the use of smaller antennas (Kodheli et al., 2021). Additionally, adopting a shorter wavelength enables the design of compact phased array antennas that achieve isotropic gain, and hence offsetting the propagation loss at higher frequencies (Varrall, 2018). Boosting of its benefits, including reliability, throughput, and spectral efficiency, resulting from spatial diversity, interference reduction, spatial multiplexing, and beamforming gain, multiple-input multiple-output (MIMO) technology has been widely used in TNs over the past years (Paulraj et al., 2004; Boccardi et al., 2012). However, the applicability of MIMO in SATCOMs, especially spatial multiplexing, is not yet fully exploited. The main hindrance being, the absence of scatterers in the domain in which SATs operate. The scattering environment makes the fading paths between multi-antenna transmitter and receiver independent, hence, allowing to leverage the benefits of MIMO. Moreover, the MIMO channel matrix becomes rank deficient, leading to performance deterioration (Arapoglou et al., 2011). From the wireless network perspective, spatial diversity (diggavi et al., 2004; Sendonaris et al., 2003) can be exploited to enhance performance improvement in SATCOMs in terms of higher reliability and data rates. Therefore, it is of great necessity to conduct further research concerning the application of multi-antenna systems in a personal SATCOM scenario at the SAT, user terminal, and earth station level. For example, the antenna size, the number of antennas required, interference mitigation, the use of codes, resource allocation, optimal beamforming architectural design, to mention but a few (Yingda et al., 2006; Alegre-Godoy and Vazquez-Castro, 2013; Mysore et al., 2021).

### 6.4 Enhanced Synchronization

Following the paradigm shift in network generations, there is an expected substantial increase in speed requirements; hence synchronization will be a key streamliner to the seamless delivery of extended services (Lin, 2018). In a radio network, radio clocks that are not well synchronized are prone to time shifts and are less accurate, resulting in interference between cells. From the network perspective, exacerbated problems of Doppler effects could be faced in out-of-sync integrated SATs and TNs. Moreover, OBP functionality is vulnerable to synchronization failures. Hence further research related to synchronization requirements for personal SATCOMs is required. Unlike legacy network generations, such as 3G and 4G whose synchronization was mainly through frequency, next network generations, including 5G and beyond will require the enhancement of phase and time synchronization as well (Li et al., 2017; Mahmood et al., 2019; Ericsson, 2021). Further studies (RP-180664, 2018; R1-1802064, 2018; R1-1904245,

2019) need to be conducted to harmonize transmission and reception procedures taking place in both TN and SATCOM. Synchronization techniques should allow the use of minimum overhead while maintaining bandwidth efficiency.

### 6.5 Beam Management

The size of footprint of a particular SAT is based on the beam illuminated in the direction of the receiver. Additionally, the deployment of LEOs and the adoption of higher frequency bands have enabled the use of smaller antennas, which support the transition from a single fixed but wide beam to multiple flexible but smaller beams. Consequently, the use of several spot beams allows frequency re-use, which could be catastrophic in terms of ACI if not regulated. Therefore, beam management in personal SATCOMs will be essential for several purposes not limited to interference cancellation. Due to the unpredictable nature of traffic patterns in personal communications, the SAT payloads should be designed with the flexibility to varying traffic, power, cost, and delivery time. The authors in (Jacomb-Hood and Lier, 2000) present the benefits of beam-shape flexibility and design multibeam active phase arrays for SATCOMs. In (R1-1802551, 2018), beam modeling for handheld devices in NTN is presented based on antenna array assumption at lower and higher frequency bands. The beamforming gain is deemed necessary for link budget analysis and estimation of achievable data rate. Therefore, optimal beamforming architectures are desirable for seamless service delivery. Other promising technologies for beam management may include multi-spot beamforming (Del Re and Pierucci, 2002b; Letzepis and Grant, 2008; Su et al., 2019), hybrid beamforming (Molisch et al., 2017), beam hopping (Freedman et al., 2015; Freedman et al., 2017; Nader et al., 2020), precoding (Vazquez et al., 2016), altogether.

### 6.6 Waveform Design

Besides the detrimental effects of HPA nonlinearities, other channel impairments, such as Doppler shift, and multipath effects are significant in determining the performance of personal SATCOMs. These greatly contribute to ISI and ACI during transmission. Hence waveform design is very important. Whereas transmission in present-day TN is dominated by multi-carrier transmissions (ITU-R S.2173-1, 2014), more research is still required to reinforce the implementation of multi-carrier transmissions in SATCOMs. In the light of such differences in transmission, a joint or similar mode of transmission could be of great necessity to ensure efficiency in the performance of integrated SAT and TN air-interfaces. For instance, OFDM can be adopted for transmission in personal SATCOMs due to simplicity of the receiver design in multipath channels. However, OFDM has a higher PAPR compared to single-carrier waveforms. Moreover, in SAT channels, due to absence of scatterers, the effect of multipath channels is negligible, which makes single-carrier waveforms desirable. Therefore single-carrier waveforms such as, SC-FDMA, can be adopted in the uplink (Papathanassiou et al., 2001; Dalakas et al., 2012). Alternatively, advanced OFDM-like single-carrier and multi-carrier waveforms can be deployed (Tan and Stuber, 2002; Thompson et al., 2008; Mulinde et al., 2013; Farhang-Boroujeny and Moradi, 2016; Guidotti et al., 2016;

Rahman et al., 2018). For that matter, the limitations of multi-carrier transmissions discussed in 4.5 should not be neglected.

## 7 CONCLUSION

In this paper, the literature review on the performance of the representative digital modulation techniques was presented for implementation in SATs to support personal communications. Power efficiency, spectral efficiency, pros and cons of different schemes alongside several SAT system requirements have been discussed. We have carried out performance comparisons backed up by simulations and to support our findings. Among the representative modulation techniques, CPM has the best performance subject to the different evaluation metrics. Simply put, CPM presents the best compromise between power efficiency, bandwidth efficiency, and error performance. Moreover, by replacing APSK with CPM, system performance can be improved by 20 ~ 40% in terms of power and bandwidth efficiency.

By combining our studies and results, we have shown that several trade-offs exist when determining the choice of a modulation technique to use. For instance, to attain high data rates and spectral efficiency, higher-order modulation schemes could be adopted. However, such modulation schemes are prone to nonlinear signal distortions and have a high BER performance. Nonconstant envelope modulation schemes are bandwidth-efficient, nevertheless, power inefficient. On the other hand, constant envelope modulation schemes are not only power-efficient but also spectrally efficient. For the case of nonconstant envelope modulation schemes, linear amplification is required. Additionally, advanced predistortion techniques may be deployed in the uplink station to minimize the nonlinearity effect. High efficiency saturated HPAs can be deployed to improve performance in constant envelope modulation schemes. By deploying a modulation scheme that is of less power efficiency but simple to modulate in the uplink, and a more power-efficient scheme in the downlink would result

in power saving at SAT transceiver sides but at the expense of performance loss in the uplink. This may be compensated for through increasing power or the antenna gain of the ground station. We have also shown that all the representative modulation schemes are affected by Doppler; hence, advanced Doppler mitigation techniques are required. To counteract the problem of HPA nonlinearity and Doppler effects, it would be beneficial to deploy modulation techniques that are cost-effective, easy-to-implement, and adaptive to channel conditions with associated HPA limitations in order to achieve quality of service in personal SATCOMs. To this end, we therefore hope this work will be a valuable guide to both academia and industry for the development of the next generation networks but not limited to personal SATCOMs.

## DATA AVAILABILITY STATEMENT

The original contributions presented in the study are included in the article/Supplementary Material, further inquiries can be directed to the corresponding author.

## AUTHOR CONTRIBUTIONS

JS has worked on writing the original draft and surveyed the various modulation schemes used for the satellite communications. BL and J-HL has worked on reviewing and editing the draft. Y-CK set up the conceptualization and did the supervision.

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