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EDITED AND REVIEWED BY
Xin Xu,
Sichuan University, China

*CORRESPONDENCE
Tao Lin
✉ lynntom6@gmail.com

RECEIVED 08 December 2024
ACCEPTED 02 January 2025
PUBLISHED 05 February 2025

CITATION
Lin T (2025) Editorial: New techniques
in microbiome research - volume II:
Host-microbiome interactions using
'meta-omics' techniques.
Front. Cell. Infect. Microbiol. 15:1541881.
doi: 10.3389/fcimb.2025.1541881

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Editorial: New techniques in microbiome research - volume II: Host-microbiome interactions using 'meta-omics' techniques

Tao Lin*

Department of Molecular Virology and Microbiology, Alkek Center for Metagenomics and Microbiome Research, Baylor College of Medicine, Houston, TX, United States

KEYWORDS

microbiome, human health and diseases, new techniques, META-OMICS, metagenomics, metatranscriptomics, metaproteomics, metabolomics

Editorial on the Research Topic

[New techniques in microbiome research - volume II: Host-microbiome interactions using 'meta-omics' techniques](#)

Recent advancements in meta-omics techniques have significantly enhanced our understanding of the microbiome and its association with various human diseases. By integrating data from metagenomics, metatranscriptomics, metaproteomics, metabolomics, and spatial resolution, researchers can comprehensively analyze microbial communities and their interactions with the human host. A central theme of this Research Topic is the role of the microbiome in shaping human health and disease outcomes. Key studies included this Research Topic explore the diversity of microbial species, their functional contributions, and the downstream impacts on human health and diseases.

Key developments of meta-omics tools in unraveling the mechanisms through which microbiota affect human health and diseases

Comprehensive microbiome profiling

High-throughput sequencing technologies have enabled detailed characterization of the human microbiome, revealing its complexity and diversity. For instance, the Human Microbiome Project has cataloged thousands of microbial species, providing a foundational understanding of microbial composition in healthy and diseased states (Turnbaugh et al., 2007).

Integration of multi-omics data

Combining various omics datasets offers a holistic view of microbiome function. Metagenomics provides insights into microbial gene content, metatranscriptomics reveals gene expression patterns, metaproteomics identifies active proteins, and metabolomics quantifies metabolic products. This integrative approach has been pivotal in linking specific microbial functions to human health and disease (Zhang et al., 2019).

Biomarker discovery and their association with human diseases

Meta-omics analyses have identified correlations between microbiome composition and diseases. Metagenomic analyses have shown that specific microbial taxa and their functional capacities are strongly associated with metabolic health. For instance, certain gut bacteria have been associated with the development of type 2 diabetes (Muller et al., 2021), highlighting potential targets for therapeutic interventions (Fan and Pedersen, 2021). The ability to assess microbial genes and their metabolic outputs through metabolomics has provided new insights into how microbial-derived metabolites, such as short-chain fatty acids, influence human metabolic pathways, offering potential avenues for early diagnosis and targeted therapy.

Therapeutic interventions

Understanding microbiome-disease associations has led to the exploration of microbiome-based therapies. Probiotic and prebiotic interventions, as well as fecal microbiota transplantation (FMT), are being investigated for their potential to restore healthy microbiome composition and mitigate disease progression. FMT has gained traction as a treatment for recurrent *Clostridioides difficile* (*C. difficile*) infections and has been explored for its potential role in other conditions such as IBD (Ianiro et al., 2021).

Microbiome and cancer

The impact of the microbiome on cancer has been one of the most intriguing areas of research. Studies suggest that the microbiota can influence cancer progression, immune response, and even the efficacy of cancer therapies. For example, research has shown that microbial species residing in the tumor microenvironment can modulate immune checkpoints and affect the response to immunotherapy. Studies have shown that certain microbial species, such as *Fusobacterium nucleatum*, can exacerbate colorectal cancer by promoting inflammation and genomic instability (Kostic et al., 2013).

Microbiome and neurological disorders

The gut-brain axis has become a focal point of research into neurodegenerative diseases. Meta-omics approaches have shown

that gut dysbiosis can impact neurological health by altering microbial metabolite production, which in turn affects neuroinflammation and brain function (Cryan et al., 2019). This emerging evidence suggests that gut microbiota may play a crucial role in the development of diseases such as Parkinson's and Alzheimer's, offering new opportunities for microbiome-based therapies.

Microbiome and infection

The microbiome profoundly impacts human susceptibility to infections and immune defense. Dysbiosis in human body such as the gut, vaginal, and skin microbiomes is associated with an increased risk of infections (Elkafas et al., 2022). Similarly, dysbiosis in the gut microbiome compromises immune function, leading to a greater risk of gastrointestinal infections, including *C. difficile* infection (Acevedo-Román et al., 2024). Research also highlights the gut-lung axis, showing that gut microbial imbalances can impact respiratory infections, suggesting a systemic role of the microbiome in maintaining immune homeostasis (Acevedo-Román et al., 2024). Moreover, sputum microbiota is associated with an severe and critically ill influenza patients (Gu et al., 2023). In addition, evidence indicates that the gut microbiota can alter SARS-CoV-2 virus load and COVID-19 severity (Zuo et al., 2020).

Microbiome and women health

The microbiome plays a critical role in women's health, particularly in the context of the vaginal and gut microbiomes. The vaginal microbiome, which is typically dominated by *Lactobacillus* species, is essential in maintaining a healthy environment by producing lactic acid and maintaining an acidic pH. Disruptions in this balance can result in bacterial vaginosis, yeast infections, and increased susceptibility to sexually transmitted infections (STIs) (Cocomazzi et al., 2023). In cases of bacterial vaginosis and other vaginal dysbiosis, an increase in pathogens like *Gardnerella vaginalis* and *Prevotella* has been linked to adverse reproductive outcomes, such as infertility and miscarriage (Cocomazzi et al., 2023) (Gu et al., 2022).

In addition, oral microbiome changes are associated with the menstrual cycle. Different microbiome profiles were observed during the follicular phase, the early and late luteal phases. Alpha diversity and beta diversity analyses revealed distinct microbial profiles across the four menstrual phases. Probiotic lactobacilli were used in the treatment of vaginal infections (Cohen et al., 2020). The urinary microbiota signatures are associated with different types of urinary diversion.

Furthermore, the gut microbiome also has significant implications for hormonal regulation and immune responses, which can impact conditions like polycystic ovary syndrome (PCOS) and pregnancy outcomes. Studies have shown that alterations in the gut and vaginal microbiota are associated with insulin resistance, hormonal imbalances, and inflammation in

Microbiome and respiratory infection

Sputum microbiota characteristics and severe and critically ill influenza patients

Bacteroidetes showed significant depletion in the critically ill cohort. The sputum microbiomes in the severe influenza group were marked by an overrepresentation of *Neisseria*, *Porphyromonas*, *Actinobacillus*, *Alloprevotella*, *Nanosynbacter lyticus* TM7x, and *Clostridia* UCG-014. Notably, *Alloprevotella* exhibited an inverse correlation with influenza cycle threshold (Ct) values. Additionally, C-reactive protein (CRP) levels demonstrated a positive correlation with the presence of *Haemophilus* and *Porphyromonas* (Gu et al.).

Microbiome and *Clostridioides difficile* infection and split-dose bowel preparations

The gut microbiome and *Clostridioides difficile* infection

Distinct microbiome patterns were identified among healthy individuals, colonized patients, those with *Clostridioides difficile* infection (CDI), recurrent *Clostridioides difficile* infection (R-CDI), and patients with non-*Clostridioides difficile* infection (NOCDI) diarrhea. Potential microbiome biomarkers were discovered that may be valuable in distinguishing true CDI infections from other conditions, improving diagnostic accuracy and guiding treatment strategies (Vázquez-Cuesta et al.).

Gut microbiota in children with split-dose bowel preparations

In pediatric patients undergoing split-dose PEG bowel preparation and colonoscopy, gut microbiota showed significant alterations at the genus, species, and functional pathway levels. However, no significant changes were observed at the phylum level (Zou et al.).

Microbiome in fatty liver disease, gallstones, and cholesterol metabolism

Correlations between specific oral and gut fungal species with clinical parameters were identified from patients with Metabolic

Dysfunction-Associated Fatty Liver Disease (MAFLD) patients (Niu et al.). One study reveals significant differences in microbial profiles between cholesterol and pigment gallstone patients (Zhang et al.).

Disinfectants for pathogenic fungi

A combination of NaClO and H₂O₂ has shown potential as a more effective disinfectant, particularly against fungal pathogens, offering an alternative solution for more efficient microbial control (Li et al.).

Conclusion

In conclusion, the integration of meta-omics techniques has revolutionized our ability to explore the microbiome's contributions to human diseases, providing a more detailed understanding of microbial functions and their impact on human health and diseases. As these techniques continue to evolve, they hold immense promise for identifying novel diagnostic biomarkers and therapeutic targets across a wide range of diseases.

Author contributions

TL: Writing – original draft.

Conflict of interest

The author declares that the research was conducted in the absence of any commercial or financial relationships that could be construed as a potential conflict of interest.

The author(s) declared that they were an editorial board member of Frontiers, at the time of submission. This had no impact on the peer review process and the final decision.

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