



ALMS1 Regulates TGF- β Signaling and Morphology of Primary Cilia

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In this study, we aimed to evaluate the role of ALMS1 in the morphology of primary cilia and regulation of cellular signaling using a knockdown model of the hTERT-RPE1 cell line. ALMS1 depletion resulted in the formation of longer cilia, which often displayed altered morphology as evidenced by extensive twisting and bending of the axoneme. Transforming growth factor beta/bone morphogenetic protein (TGF- β /BMP) signaling, which is regulated by primary cilia, was similarly affected by ALMS1 depletion as judged by reduced levels of TGF β -1-mediated activation of SMAD2/3. These results provide novel information on the role of ALMS1 in the function of primary cilia and processing of cellular signaling, which when aberrantly regulated may underlie Alström syndrome.

Keywords: ciliopathies, Alström syndrome (AS), ALMS1, primary cilium, TGF- β /BMP signaling, ciliary length, ciliary morphology, hTERT RPE-1 cells

INTRODUCTION

Alström syndrome (ALMS; MIM#203800) is a rare, autosomal recessive disorder included in the group of ciliopathies, which share a common etiology: defects in the structure and function of cilia (widely reviewed in Mitchison and Valente, 2017; Reiter and Leroux, 2017). The clinical spectrum displayed by ALMS patients includes: early-onset retinal dystrophy, obesity with type 2 diabetes mellitus (T2DM), hyperinsulinemia and insulin resistance, sensorineural hearing loss, dilated cardiomyopathy, renal, hepatic and pulmonary injury, and widespread fibrosis (reviewed in Marshall et al., 2011). As far as we know, ALMS represents a particular entity within ciliopathies since, it is a monogenic syndrome caused by mutations in the *ALMS1* gene (HGNC:428). This gene encodes a protein of 4,169 amino acids localized to centrosomes and basal bodies of primary cilia (Collin et al., 2002; Hearn et al., 2002, 2005).

The ALMS1 protein plays a broad range of biological roles, including cilia maintenance and function, endosomal trafficking, control of cell cycle, cellular differentiation, and energy balance homeostasis (reviewed in Girard and Petrovsky, 2011; Álvarez-Satta et al., 2015; Hearn, 2019). While some studies showed that ALMS1 is required for primary cilium formation and centrosomal cohesion (Graser et al., 2007; Li et al., 2007; Knorz et al., 2010), others report no essential role in ciliogenesis (Collin et al., 2005, 2012; Hearn et al., 2005; Chen et al., 2017).

Despite great progress has been made to determine the ciliary and extraciliary roles from ALMS1, the molecular basis underlying ALMS is still largely unknown. Therefore, it seems possible that this protein is involved in other cellular pathways still unexplored. Interestingly, cardiac anomalies and multiorgan fibrosis, common phenotypes related to ALMS, are well-known to be associated with aberrant transforming growth factor beta/bone morphogenetic protein (TGF- β /BMP) signaling (reviewed in Heger et al., 2016; Walton et al., 2017). The TGF- β /BMP pathway

acts as a central regulator of cell proliferation, differentiation, and survival programs, usually triggering anti-inflammatory and cytostatic responses (reviewed in Massagué, 2012; Zhang et al., 2017). This pathway operates in tightly spatiotemporal coordination with many other signaling cascades such as Wnt, Hippo, Notch, Hedgehog (Hh), mitogen-activated protein kinase (MAPK), or phosphoinositide 3-kinase (PI3K)-Akt, representing a central partner of extensive crosstalk that will eventually determine the specific effect in different cell types and conditions (Luo, 2017).

The TGF- β /BMP pathway can activate two types of cascades when stimulated: canonical and non-canonical (Massagué, 2012). The canonical signaling is mediated by specific transcription factors called R-SMAD proteins (SMAD2/3 in TGF- β /activin/nodal signaling and SMAD1/5/8 in BMP signaling), whereas the non-canonical response comprises a plethora of non-R-SMAD pathways that complement SMAD action. They include cascades mediated by Rho GTPases or MAPKs such as the extracellular signal-regulated protein kinases 1 and 2 (ERK1/2), and also the PI3K-Akt-mTOR pathway, among others.

Remarkably, the primary cilium is known to be a key regulator of TGF- β /BMP signaling by clathrin-dependent endocytosis (CDE) at ciliary pocket, an invagination of the plasma membrane at the base of the cilium that represents a major site for exo- and endocytosis (reviewed in Pedersen et al., 2016; Christensen et al., 2017). Thus, TGF- β receptors and other components of the signaling machinery localize to the ciliary pocket of primary cilia (Clement et al., 2013; Vestergaard et al., 2016; Gencer et al., 2017). Besides, SMAD2/3 and ERK1/2 phosphorylation and subsequent activation occur at this ciliary domain (Clement et al., 2013), supporting the idea that primary cilia are important for balancing the output of TGF- β /BMP signaling.

Therefore, it is necessary to further explore the molecular basis of ALMS to decipher the pathophysiological mechanisms underlying ALMS phenotypes and also to better define the involvement of ALMS1 in the ciliary activity. In this study, we aimed to establish an *ALMS1* knockdown model from cultured mammalian cells to analyze the effect of ALMS1 depletion on: (i) primary cilia, assessing ciliary length, and morphology, and (ii) TGF- β /BMP signaling, performing stimulation assays to find a possible molecular link between ALMS and the TGF- β /BMP pathway.

MATERIALS AND METHODS

Cell Culture and Transfection

hTERT RPE-1 (RPE-1) and HeLa cells [laboratory stock, derived from American Type Culture Collection (ATCC) clone CRL-4000] were cultured in Dulbecco's modified Eagle's medium (DMEM, Sigma-Aldrich) supplemented with 10% fetal bovine serum (FBS, PAA laboratories), 1% penicillin-streptomycin (Gibco), and 2 mM L-Glutamine (Lonza) at 37°C and 5% CO₂ atmosphere in a humidified incubator. Cultures were passaged once or twice a week. For *ALMS1* silencing, RPE-1 cells were transiently transfected using a commercial pool of four small interfering RNAs (siRNAs)

[ON-TARGET plus Human ALMS1 (7840) SMARTpool (5 nmol) from Dharmacon]. A negative control siRNA (5'-UAAUGUAUUGGAACGCAUA-3', Eurofins Genomics) was assayed in parallel for each experiment. We followed a reverse transfection protocol using Lipofectamine[®]RNAiMAX (Invitrogen) according to the manufacturer's instructions and maintaining a final concentration of 30 nM siRNA. For that, cells were plated on coverslips or cultured dishes from a 90 to 95% confluent flask to reach 30–50% confluency at 24 h after plating. Then, the culture medium was changed to a serum-free medium, and cells were incubated for additional 48 h before harvesting to promote primary cilia formation.

Quantitative RT-PCR

Total RNA was extracted from cells using Nucleospin[®]RNA (Macherey-Nagel) according to the manufacturer's protocol. A total of 790–850 ng of RNA was reverse transcribed into cDNA using SuperScript[®] IV Reverse Transcriptase (Invitrogen) with an incubation step at 50°C during 50 min as recommended for long transcripts such as *ALMS1*. Relative quantification was carried out in 20 μ L reactions using 2 μ L of diluted cDNA [1:50 for the reference gene beta-actin (*ACTB*) and 1:10 for *ALMS1* gene] and 1 μ L of commercial TaqMan[®] Gene Expression Assays (Hs01060665_g1 and Hs00367316_m1, respectively). All samples were run in triplicate on the StepOne[™] Real-Time PCR System (Applied Biosystems) for 10 min at 95°C, 40 cycles of 15 s at 95°C and 1 min at 60°C. The relative amount of *ALMS1* mRNA normalized to *ACTB* was calculated in each sample using the Pfaffl model (Pfaffl, 2001). Biological replicates were repeated three times per condition (control and siRNA-treated cells).

Immunofluorescence Microscopy Analysis

Cells grown on glass coverslips were washed twice in cold PBS and fixed in a cold 4% (w/v) paraformaldehyde (PFA) solution for 15 min, followed by two washes with PBS and a permeabilization step using PBS/0.2% (v/v) Triton-X100/1% (w/v) bovine serum albumin (BSA) buffer for 12 min. After one PBS wash, cells were subjected to double immunostaining starting with a block step in a PBS/2% (w/v) BSA solution for 30 min at room temperature (RT), then incubation with primary antibodies in blocking solution for 90 min at RT, three washes with PBS for 5 min each, incubation with secondary antibodies and DAPI (1 μ g/mL) in blocking solution for 45 min at RT in the dark, and finally, three washes with PBS for 5 min each. Once finished, coverslips were mounted in Prolong[®] Diamond Antifade Mountant (Molecular Probes) according to manufacturer's instructions and imaged at 100 \times magnification using an Olympus BX-83 upright microscope with a DP71 color camera with DP controller software. Images were processed for publication using Adobe Photoshop (v. CS6) or Fiji/ImageJ software (v.1.51d). Measurement of cilia length was carried out on imaged cells in at least 50 cells per condition across three-independent experiments. The following primary antibodies and dilutions were used: rabbit anti-ALMS1 (Abcam, ab84892, 1:1,000) and mouse anti-acetylated tubulin (Sigma-Aldrich, T6793 clone 6-11b-1, 1:2,000) as a ciliary marker. Secondary antibodies were used at 1:600: Alexa Fluor[®] 488-conjugated goat

anti-rabbit (Thermo Scientific, A-11008) and Alexa Fluor[®] 594-conjugated goat anti-mouse (Thermo Scientific, A-11005). Nuclei were stained with DAPI.

Ligand Stimulation Assays

For TGF- β /BMP stimulation assays, control, and siRNA-treated cells were washed once in commercial DPBS (Sigma-Aldrich) and incubated in fresh DMEM with 2 mM L-Glutamine for 30 min before stimulation. Then, TGF β and BMP signaling were independently stimulated by adding specific ligands for 0, 10, 30, and 90 min: recombinant human TGF β 1 (rhTGF- β 1; R&D Systems, 240-B) at 2 ng/mL (final concentration) and recombinant human/mouse/rat BMP-2 (rh/m/rBMP2; R&D Systems, 355-BM) at 50 ng/mL. After stimulation, cells were washed twice in ice-cold PBS, harvested using a scraper, and centrifuged in a Sigma[®] 1–14 K at 4°C, 7,400 \times g for 10 min. Then, pellets were incubated on ice for 10 min in 40–50 μ L of ice-cold RIPA lysis buffer with 0.1% (v/v) protease inhibitor cocktail (Calbiochem) and 1 mM sodium orthovanadate as phosphatase inhibitor (Sigma-Aldrich). Lysates were centrifuged at 4°C, 14,500 \times g for 25 min, and the supernatant was collected and conserved at –20°C until used. Protein concentration was measured by Bradford assay (Bradford, 1976) with the Bio-Rad protein assay.

For the *ALMS1* TGF- β /BMP stimulation assay, we starved HeLa cells for 24 h, and then added 2/4 ng/mL TGF- β or 50/100 ng/mL BMP. We extracted mRNA before stimulation and 24 h after stimulation.

SDS-PAGE, Western Blotting, and Quantification

Samples for SDS-PAGE were prepared by mixing 20 μ g of each lysate with Laemmli sample buffer (Bio-Rad) and 5% (v/v) β -mercaptoethanol, then boiled at 95°C for 5 min and run on a 12% Mini-PROTEAN[®] TGX[™] precast gel (Bio-Rad) for 40–50 min. Proteins were transferred onto a polyvinylidene fluoride (PVDF) membrane using the Trans-Blot[®] Turbo[™] Transfer System (Bio-Rad) at 25 V for 30 min. Membranes were blocked in 5% (w/v) non-fat dry milk in TBST [TBS/0.1% (v/v) Tween-20] for 1.5 h at RT, then incubated overnight at 4°C with primary antibodies diluted in blocking solution, washed three times for 5 min each with blocking solution, incubated with horseradish peroxidase-conjugated secondary antibodies diluted in blocking solution for 45 min at RT and finally washed three times for 5 min each with TBS.

Blots were revealed using Clarity[™] Western ECL Substrate (Bio-Rad) in a ChemiDoc[™] XRS+ System and Image Lab[™] software (v.3.0, Bio-Rad). Blots were probed for detection of phosphorylated SMAD2 (pSMAD2; approximately 60 kDa), phosphorylated SMAD1/5 (pSMAD1/5; 60 kDa), and phosphorylated ERK1/2 (pERK1/2; 42, 44 kDa). Immunoblots signals were quantified by densitometry analysis using Image Lab[™]: each intensity value was normalized to total protein staining as a loading control (following a standard protocol for Coomassie Brilliant Blue R-250 staining) and then fold-change ratios were calculated using the corresponding normalized intensity value of the control sample stimulated

for 30 min as a reference in each blot. At least three biological replicates from separate experiments were used for protein level calculations. The following primary antibodies and dilutions were used: rabbit anti-phospho-SMAD2 (3101, 1:500), rabbit anti-phospho-Smad1/5 (9516, 1:500), and rabbit anti-phospho-p44/42 MAPK (ERK1/2) (9101, 1:500) from Cell Signaling Technology. Anti-rabbit IgG HRP-linked (Sigma-Aldrich, A0545) was used as secondary antibody with 1:15,000 dilution.

Statistical Analysis

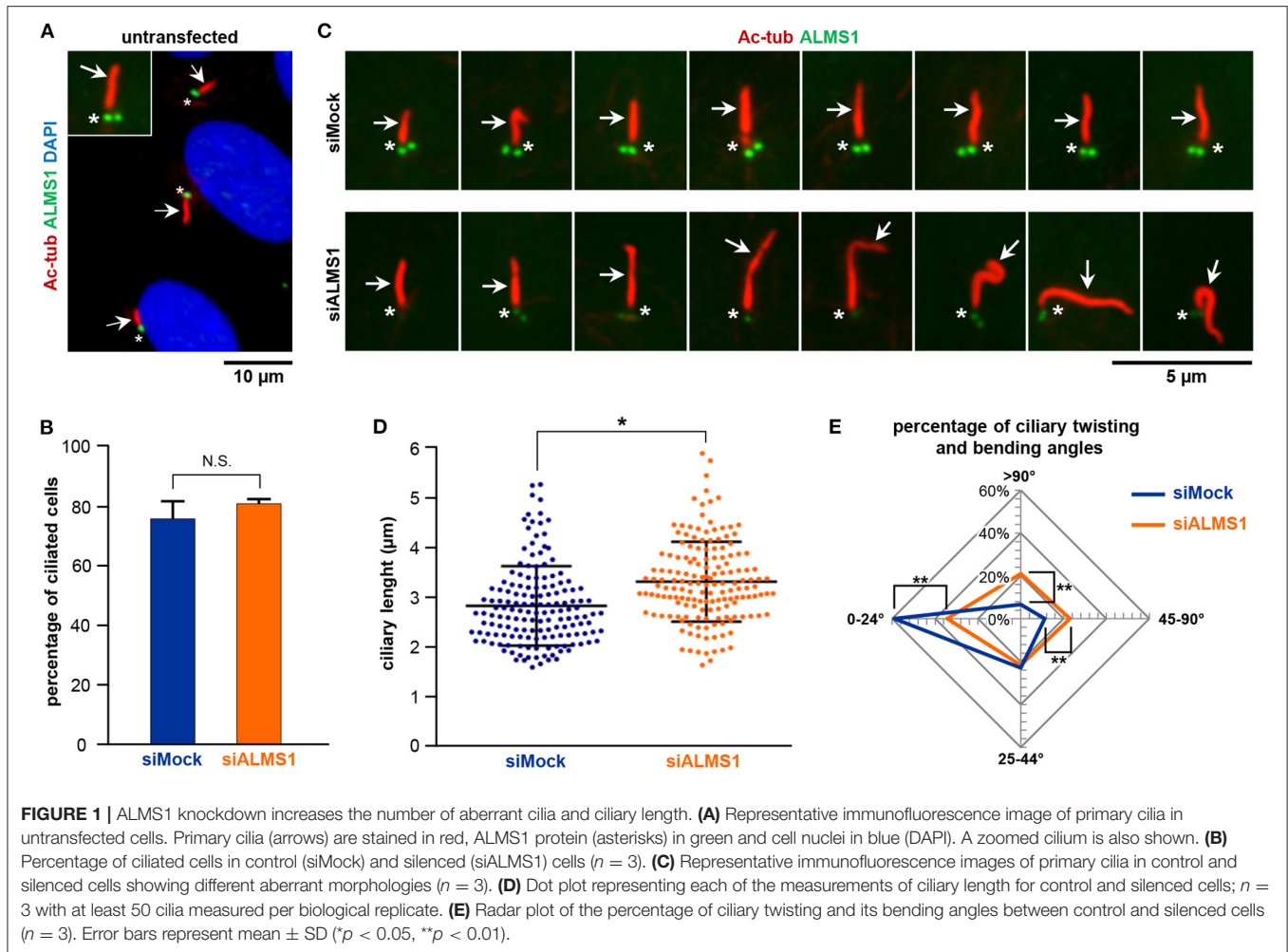
All data are presented as mean \pm standard deviation (SD). Initially, a Shapiro test was carried out to confirm the normality of the data. To compare the calculated means for ciliary length between control and siRNA-treated cells, we used the Student's *t*-test for two independent samples, while for protein levels we used a two-way ANOVA with Sidak *post-hoc* correction. All tests were considered statistically significant if $p \leq 0.05$. Statistical analyses were accomplished with the SPSS software (v.15.0, SPSS Inc.) or GraphPad Prism (version 7.00 for Windows, GraphPad Software).

RESULTS

ALMS1 Knockdown Affects Ciliary Length and Morphology in hTERT RPE-1 Cells

To initially verify *ALMS1* localization to the base of primary cilia, RPE1 cells were depleted for a serum for 24 h to induce growth arrest followed by immunofluorescence microscopy analysis (IFM). As shown in **Figure 1A**, *ALMS1* predominantly localizes to the ciliary base and often as two puncta, which correspond to the centrioles of the centrosome (Hearn et al., 2005). Our analysis indicated no localization of the protein to extra-ciliary sites, suggesting that *ALMS1* is mostly confined to the ciliary base in growth-arrested RPE1 cells as previously reported (Hearn et al., 2005). Next, to investigate if *ALMS1* plays a role in cilia formation, RPE-1 cells were transfected with a pool of commercially available siRNAs against *ALMS1* gene and 72 h after transfection, which included 24 h of serum starvation, depletion efficiency was assessed by RT-qPCR and IFM analyses. A mean reduction of 67% (mean \pm SD: 66.83 \pm 3.72%; $n = 3$) in *ALMS1* expression was achieved (**Supplementary Figure 1A**), and as judged by IFM the level of *ALMS1* was greatly reduced at the cilia base, confirming knockdown at the protein level (**Supplementary Figure 1B**).

While depletion of *ALMS1* did not affect the ability of cells to form primary cilia (**Figure 1B**), we observed that siRNA-treated cells displayed significantly longer cilia compared to mock-treated cells (mean \pm SD: 3.28 \pm 0.18 μ m in siRNA-treated cells vs. 2.83 \pm 0.06 μ m in controls; $p = 0.041$) (**Figures 1C,D**). Further, we noticed that *ALMS1*-depleted cells in many cases presented cilia with abnormal morphologies, including axonemal segmentation, ciliary bulging, and most prominently extensive ciliary bending and/or twisting, which occasionally presented as zigzag folding along the ciliary axis (**Figure 1C**). The number of cilia with twisted configuration was evaluated by measuring



the angle of ciliary bending along the axoneme: 0–24°, 25–44°, 45–90°, and >90°. As indicated in the radar plot (Figure 1E), ALMS1-depleted cells presented significantly more cells with ciliary bending 45–90° (mean \pm SD: 23.6 \pm 1.2% in siRNA-treated cells vs. 11.2 \pm 1.7% in controls; $p = 0.002$) and >90° (mean \pm SD: 21.0 \pm 3.1% in siRNA-treated cells vs. 6.7 \pm 2.7% in controls; $p = 0.003$). A significantly lower number of cells subjected to ALMS1 knockdown displayed cilia with no or little bending (0–24°) (mean \pm SD: 33.7 \pm 1.3% in siRNA-treated cells vs. 59.1 \pm 6.6% in controls; $p = 0.008$).

ALMS1 Depletion Leads to Downregulation of TGF- β Signaling

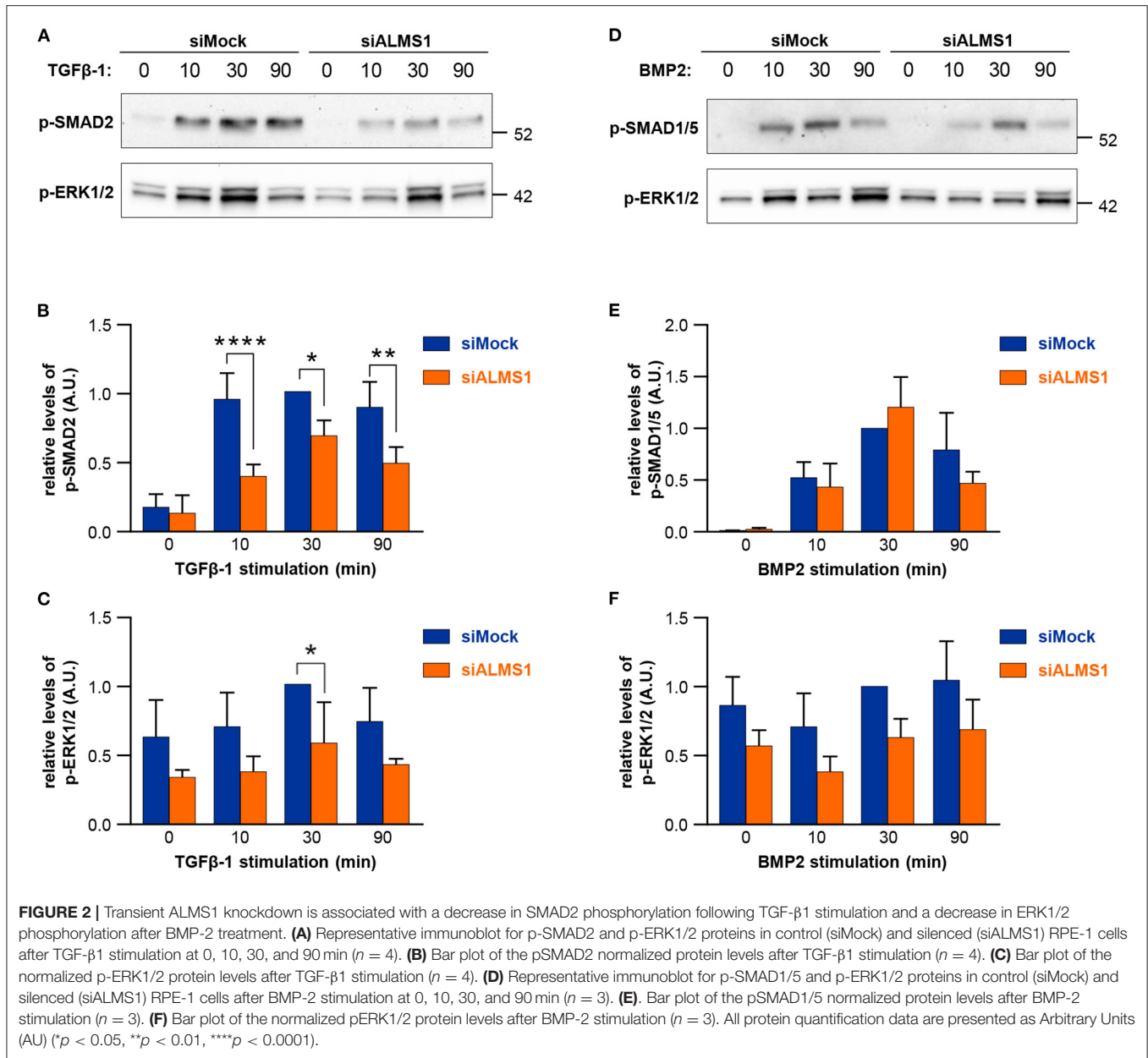
In TGF β -1 stimulated cells, we observed a significant reduction in activation of SMAD2/3 at all time-points of stimulation in ALMS1-depleted cells (10 min: $p < 0.0001$, 30 min: $p = 0.0149$ and 90 min: $p = 0.0028$) and ERK1/2 at 30 min ($p = 0.027$) (Figures 2A–C). In contrast, BMP-2-mediated activation of SMAD1/5 and ERK1/2 was largely unaffected in ALMS1-depleted cells (Figures 2D–F).

ALMS1 mRNA Levels Increase After TGF β -1 and BMP2 Stimulation

We extracted mRNA after ligand stimulation to assess the effect of the predicted SMAD-binding sites within ALMS1 promoter (Supplementary Table 1). Our qPCR results showed that ALMS1 levels increase after the stimulation of both TGF β -1 (2 ng/ml, $p = 0.0073$, $n = 2$) and BMP2 (100 ng/ml, $p = 0.02$, $n = 2$) (Figure 3).

DISCUSSION

The study of ALMS has generated much interest in the last years since it represents a monogenic model of obesity and metabolic syndrome. Nevertheless, the molecular basis of ALMS has not yet been elucidated. ALMS1 protein plays a wide range of biological roles, encompassing both ciliary and extraciliary functions, what has raised some controversy about ALMS should be considered a ciliopathy caused by cilia dysfunction or if, however, it is associated with a loss of ALMS1 functions unrelated to primary cilia (Chen et al., 2017; Hearn, 2019). Several hallmark features of ALMS such as cardiomyopathy, widespread fibrosis, and severe obesity with metabolic syndrome are known to be related to

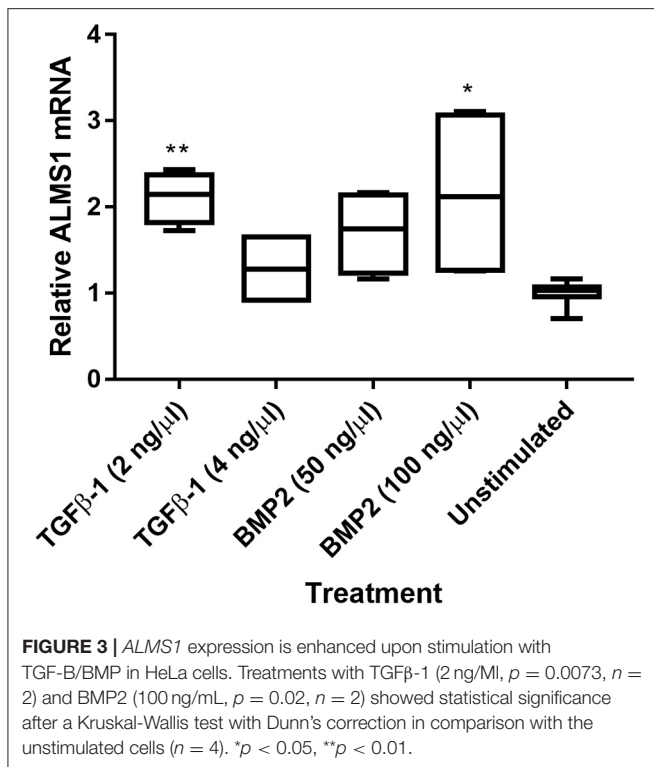


deregulation of TGF- β /BMP signaling (Zamani and Brown, 2011; Grgurevic et al., 2016; Heger et al., 2016; Walton et al., 2017); however, the possible connection between this pathway and the ALMS1 protein has not been extensively studied.

Here we report a role for *ALMS1* gene in primary cilia assembly, affecting both ciliary length and morphology, in an RPE-1 model. Upon loss of *ALMS1* expression, we observed that depleted cells assembled longer cilia with a higher proportion of aberrant morphologies. Interestingly, a similar trend can be inferred from measurements in fibroblasts from several ALMS patients, who assembled slightly longer cilia (Chen et al., 2017). The formation of longer cilia has also been associated with ciliary proteins such as BBS4 and MKS1-3 in cultured cells from *Bbs4*^{-/-} model mice (Mokrzan et al., 2007) and Meckel patients

(Tammachote et al., 2009). Thus, an abnormal ciliary length may affect both cargo transport and position along the cilium, which could disturb the normal activity of signaling cascades regulated by primary cilia (Mokrzan et al., 2007; Tammachote et al., 2009). In addition, longer cilia would have a direct impact on cell-cycle progression, tightly related to ciliary assembly and disassembly (reviewed in Ishikawa and Marshall, 2011). This is consistent with longer cell cycles reported in fibroblasts from ALMS patients (Zulato et al., 2011), which suggests a role for ALMS1 in the regulation of cell-cycle duration.

The functional link between ciliogenesis, actin dynamics, and endocytic recycling has been well defined in previous works on BBS4, BBS6, and other cilia-related proteins (Kim et al., 2010; Hernandez-Hernandez et al., 2013). Since the interaction



of *ALMS1* with α -actinin, a cytoskeletal actin binding-protein, and other components of the endosome recycling pathway has already been reported (Collin et al., 2012; Favaretto et al., 2014), it seems reasonable that *ALMS1* might be a key regulator of the ciliary assembly *via* actin remodeling control. On the other hand, the aberrant morphologies reported here suggest that *ALMS1* loss is accompanied by disruption of the normal axoneme architecture.

In addition to its role in ciliary assembly, our work provides the first evidence of the implication of *ALMS1* in the TGF- β /BMP pathway. Our results suggest that *ALMS1* depletion downregulates the TGF- β signaling, (probably) disturbing the signaling through canonical and non-canonical pathways. *ALMS1* may therefore be a key regulator of TGF- β signaling, which could explain some of the most severe features developed by ALMS patients. Fibrosis, one of the major causes of morbidity and mortality in ALMS, is primarily driven by TGF- β ligands, especially activators of the SMAD2/3 axis, which is upregulated in many human fibrotic conditions (Walton et al., 2017). Our result is consistent with previous observations that SMAD2 depletion promotes fibrosis through the specific activation of SMAD3, well characterized as a key mediator of pro-fibrotic responses (Meng et al., 2010). In addition, some evidence from Zulato et al. (2011) support our results: (i) fibrosis in ALMS is a primarily defect due to *ALMS1* mutations and (ii) ALMS fibroblasts show greater responsiveness to TGF- β stimulation, which produces an excessive deposition of extracellular matrix components. Therefore, we propose that *ALMS1* silencing leads to the

inhibition of SMAD2 phosphorylation, which may prevent the protector effect against fibrosis associated with this protein and also trigger the systemic fibrosis displayed by ALMS patients. On the other hand, downregulation of TGF- β signaling could also explain other hallmark features related to ALMS such as dilated cardiomyopathy. Thus, several patients with *ALMS1* mutations show mitogenic cardiomyopathy, a rare form of dilated cardiomyopathy defined by an uncontrolled proliferation of cardiomyocytes (Louw et al., 2014; Shenje et al., 2014). Considering that both TGF- β /BMP signalings usually keep a balance between anti-proliferative and proliferative responses, *ALMS1* could be a key regulator of this pathway. A persistent mitotic activity could be triggered if this balance is disturbed as a consequence of *ALMS1* depletion. The essential role of *ALMS1* in terminal cardiomyocyte cell cycle arrest for the maturation of the mammalian heart supports this possibility (Shenje et al., 2014). We thereby propose that alteration of TGF- β /BMP balance would be a new potential pathophysiological mechanism underlying ALMS.

Although *ALMS1* seems to regulate both canonical and non-canonical cascades in response to TGF- β stimulation, the presence of binding sites for SMAD3/4 in *ALMS1* promoter (Supplementary Table 1) may point out that *ALMS1* specifically acts on R-SMADs. We confirmed that upon stimulation of TGF- β /BMP, *ALMS1* expression is enhanced (Figure 3). In addition, the *ALMS1* sequence harbors nuclear localization signals (Collin et al., 2002) that might anticipate a potential role in regulating the nuclear translocation of active SMAD complexes to activate TGF- β /BMP target genes. Another possibility is that *ALMS1* could modulate the levels of available TGF- β /BMP receptors given its role in endocytosis and trafficking-related processes (Collin et al., 2012; Favaretto et al., 2014), which are essential mechanisms for modulating the activation of TGF- β /BMP signaling (reviewed in Balogh et al., 2013; Ehrlich, 2016; Pedersen et al., 2016).

In conclusion, we report a role for *ALMS1* in ciliary assembly and also in the inhibition of TGF- β signaling in cultured human cells, which may represent novel pathophysiological mechanisms underlying ALMS that could explain some of the most severe phenotypes related to this syndrome, such as fibrosis or cardiomyopathy. Despite our results are based on an *in vitro* system of cultured cells, the finding of TGF- β alterations related to *ALMS1* might open new therapeutic options that should be explored for ALMS patients.

DATA AVAILABILITY STATEMENT

The raw data supporting the conclusions of this article will be made available by the authors, without undue reservation.

AUTHOR CONTRIBUTIONS

MÁ-S and DV designed the study. MÁ-S, ML-D, and BB-M performed the experiments. MÁ-S, ML-D, BB-M, CS, SC-S, and DV analyzed the data. MÁ-S, ML-D, BB-M, SC-S, and DV written and revised the manuscript. STC designed the study, analyzed

the data and written, and revised the manuscript. All authors contributed to the article and approved the submitted version.

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SUPPLEMENTARY MATERIAL

The Supplementary Material for this article can be found online at: <https://www.frontiersin.org/articles/10.3389/fcell.2021.623829/full#supplementary-material>

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Conflict of Interest: The authors declare that the research was conducted in the absence of any commercial or financial relationships that could be construed as a potential conflict of interest.

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