Check for updates

### **OPEN ACCESS**

EDITED BY Dexter Canoy, Newcastle University, United Kingdom

REVIEWED BY Anum Minhas, Johns Hopkins University, United States Salman Zahid, Rochester General Hospital, United States

\*CORRESPONDENCE Robert L. Davis Image: Constant Action of the constant of the

RECEIVED 22 December 2023 ACCEPTED 21 February 2024 PUBLISHED 04 March 2024

### CITATION

Butler L, Gunturkun F, Chinthala L, Karabayir I, Tootooni MS, Bakir-Batu B, Celik T, Akbilgic O and Davis RL (2024) Al-based preeclampsia detection and prediction with electrocardiogram data. Front. Cardiovasc. Med. 11:1360238. doi: 10.3389/fcvm.2024.1360238

#### COPYRIGHT

© 2024 Butler, Gunturkun, Chinthala, Karabayir, Tootooni, Bakir-Batu, Celik, Akbilgic and Davis. This is an open-access article distributed under the terms of the Creative Commons Attribution License (CC BY). The use, distribution or reproduction in other forums is permitted, provided the original author(s) and the copyright owner(s) are credited and that the original publication in this journal is cited, in accordance with accepted academic practice. No use, distribution or reproduction is permitted which does not comply with these terms.

# AI-based preeclampsia detection and prediction with electrocardiogram data

Liam Butler<sup>1</sup>, Fatma Gunturkun<sup>2</sup>, Lokesh Chinthala<sup>3</sup>, Ibrahim Karabayir<sup>1</sup>, Mohammad S. Tootooni<sup>4</sup>, Berna Bakir-Batu<sup>3</sup>, Turgay Celik<sup>1</sup>, Oguz Akbilgic<sup>1</sup> and Robert L. Davis<sup>3\*</sup>

<sup>1</sup>Department of Internal Medicine, Section on Cardiovascular Medicine, Wake Forest University School of Medicine, Winston-Salem, NC, United States, <sup>2</sup>Quantitative Sciences Unit, Stanford School of Medicine, Stanford University, Stanford, CA, United States, <sup>3</sup>Center for Biomedical Informatics, UTHSC, Memphis, TN, United States, <sup>4</sup>Parkinson School of Health Sciences and Public Health, Loyola University Chicago, Chicago, IL, United States

**Introduction:** More than 76,000 women die yearly from preeclampsia and hypertensive disorders of pregnancy. Early diagnosis and management of preeclampsia can improve outcomes for both mother and baby. In this study, we developed artificial intelligence models to detect and predict preeclampsia from electrocardiograms (ECGs) in point-of-care settings.

**Methods:** Ten-second 12-lead ECG data was obtained from two large health care settings: University of Tennessee Health Science Center (UTHSC) and Atrium Health Wake Forest Baptist (AHWFB). UTHSC data was split into 80% training and 20% holdout data. The model used a modified ResNet convolutional neural network, taking one-dimensional raw ECG signals comprising 12 channels as an input, to predict risk of preeclampsia. Sub-analyses were performed to assess the predictive accuracy for preeclampsia prediction within 30, 60, or 90 days before diagnosis.

**Results:** The UTHSC cohort included 904 ECGs from 759 females (78.8% African American) with a mean  $\pm$  sd age of 27.3  $\pm$  5.0 years. The AHWFB cohort included 817 ECGs from 141 females (45.4 African American) with a mean  $\pm$  sd age of 27.4  $\pm$  5.9 years. The cross-validated ECG-AI model yielded an AUC (95% CI) of 0.85 (0.77-0.93) on UTHSC holdout data, and an AUC (95% CI) of 0.81 (0.77-0.84) on AHWFB data. The sub-analysis of different time windows before preeclampsia prediction resulted in AUCs (95% CI) of 0.92 (0.84-1.00), 0.89 (0.81-0.98) and 0.90 (0.81-0.98) when tested on ECGs 30 days, 60 days and 90 days, respectively, before diagnosis. When assessed on early onset preeclampsia (preeclampsia diagnosed at <34 weeks of pregnancy), the model's AUC (95% CI) was 0.98 (0.89-1.00).

**Discussion:** We conclude that preeclampsia can be identified with high accuracy via application of AI models to ECG data.

#### KEYWORDS

preeclampsia, electrocardiogram, ECG-AI, prediction, detection, gestational age, validation, AUC

# 1 Introduction

Preeclampsia and hypertensive disorders of pregnancy are among the leading causes of maternal and infant morbidity and mortality in the world (1-5). More than 76,000 women die each year from preeclampsia and hypertensive disorders of pregnancy (1). Preeclampsia affects 3%-5% of pregnancies in the US. In addition about 16% of

maternal deaths occurring in low- and middle-income countries are related to preeclampsia and eclampsia and are mostly attributed to limited medical care (6). Furthermore, late or delayed diagnosis or management of preeclampsia is associated with worse outcomes for the mother and infant (2, 7). Preeclampsia is characterized by elevated blood pressure during pregnancy, generally starting after 20 weeks of gestation (8). In these cases, elevated blood pressure has a direct effect on cardiovascular, renal and liver dysfunction (8, 9).

The relationship between hypertension and preeclampsia is complex and multi-directional: chronic hypertension is a risk factor for preeclampsia, and preeclampsia is associated with increased long-term future cardiovascular morbidity (including hypertension) and mortality in the mother (8, 9). Gene variants associated with cardiomyopathy are also associated with preeclampsia, and prolonged QT interval, altered p-wave duration, and LV strain are more common among females with preeclampsia compared to healthy pregnancies (10, 11). Infants with births complicated by preeclampsia are more likely to be premature, have intrauterine growth restriction and have an increased risk of death, resulting in up to 900,000 infant deaths per year (9, 12, 13). Identifying pregnant females at elevated risk for preeclampsia using lowcost tools may facilitate closer monitoring and timely interventions to reduce preeclampsia-related adverse events in both babies and mothers.

Low-cost screening tools and interventions are particularly important for assessment of maternal health during pregnancy globally, with even more benefits when made available in low and middle income countries (LMIC), with the overall aim of reducing maternal and fetal complications from preeclampsia and its cardiac-related comorbidities (1). Multiple clinical guidelines for diagnosis of preeclampsia exist (e.g., Preeclampsia community guidelines, PRECOG; National Institute for Clinical Excellence, NICE), but such guidelines are more tailored towards developed countries and often rely on clinical assessments (1). The World Health Organization (WHO) has highlighted the importance of mobile-based technologies and their advancement as important steps in detection and monitoring of preeclampsia to stratify care and deliver easily-accessible tools for decision making, especially in community areas with expensive, limited or inaccessible healthcare services (2).

Electrocardiograms (ECG) are simple, yet powerful data modalities that are relatively easy and inexpensive to obtain. Artificial intelligence (AI) applied to the raw digital data from 12 lead ECGs has shown ability to detect and predict risk for, cardiovascular conditions including atrial fibrillation, heart failure, and cardiomyopathy (10, 11, 14–16). Given the evidence for early and often severe cardiac involvement in females with preeclampsia, we hypothesized that the application of AI to digital ECG data could aid in the early identification of females with preeclampsia. In addition, such AI methods have the potential for global implementation due to the possibility of incorporation within smart portable devices. To our knowledge, this is the first study to use raw digital ECG data to detect preeclampsia.

# 2 Materials and methods

### 2.1 Study design and data sources

This retrospective matched cohort study was based on multicenter medical records. Patient inclusion criteria included limiting subjects to females 18 years or older at time of delivery, having had at least one ECG during pregnancy and diagnosed with preeclampsia (for cases). Females with ICD-9 and ICD-10 codes for preeclampsia (642.4×, 642.5×, 642.7× and O14.×) were selected as cases. Controls were matched on age at delivery  $\pm$  2 years, self-reported ancestry, and gestational age ( $\pm$  2 weeks).

Digital ECG data and demographic information, including age, race, for both cases and controls between 2014 and 2020 were obtained from the electronic health records of the University of Tennessee Health Science Center/Medical Center in Memphis, Tennessee (UTHSC). This data was used for model building. Additionally, ECG and demographic data from Atrium Health Wake Forest Baptist (AHWFB) of cases and controls from 2001 to 2023 was obtained for external validation. Raw digital time-voltage 12-lead ECG data recorded at ten seconds were originally obtained during the routine provision of patient care during prenatal care visits or hospitalization of pregnant patients. Data for all patients and variables was complete, with no missing values.

This study was approved by the Institutional Review Boards (IRB) of the respective institutions and followed the Transparent Reporting of a Multivariable Prediction Model for Individual Prognosis or Diagnosis (TRIPOD) reporting guideline.

## 2.2 Deep learning model for preeclampsia

Data from UTHSC were split 80%–20% into training and holdout datasets. The training data was used to build a preeclampsia detection model with five-fold cross-validation. This final model was then tested on the 20% hold-out data. A modified ResNet CNN, reported in Akbilgic et al. was used to predict the incidence of preeclampsia (17–19). The CNN algorithm uses one-dimensional (1D) ECG signal with 12 channels (each ECG lead being one channel) as an input. Dropout and regularization values were tuned to reduce risk of overfitting the ECG-AI model. For training, the batch size (the number of data points evaluated at a time to update the model hyperparameters) was set to 64 and training occurred over 100 epochs (the number of complete passes through the full training dataset). All model development and associated analyses were performed using the Python programming language.

In addition to internal validation on the 20% UTHSC hold-out data, the ECG-AI model was also externally validated on ECGs obtained from AHWFB. Evaluation of ECG-AI on both the hold-out and external validation data was done using the area under the receiver operating characteristics (ROC AUC), accuracy, sensitivity, specificity, and precision.

### 2.3 Subgroup analyses

Sub-analyses were performed to include: (i) women with preeclampsia who delivered at less than 37 weeks gestational age; and (ii) women with preeclampsia diagnosed at less than 34 weeks of pregnancy. DeLong's test was used to compare significant differences between AUCs of each subgroup.

### 2.4 Model validation on data from AHWFB

The ECG-AI was developed on data from UTHSC and validated using data obtained from the EHR at AHWFB. The same inclusion and exclusion criteria were applied. The five-fold cross-validated models from ECG-AI were deployed on the validation data and the outcomes were averaged as a final prediction. Evaluation metrics for the best operating models were assessed. The DeLong's test was used to test for any statistically significant difference in AUCs between the predictions from UTHSC data and the AHWFB external validation dataset.

# **3** Results

### 3.1 EKGs during pregnancy

The majority of ECGs were obtained prior to the diagnosis of preeclampsia, with only 12% of the ECGs taken at the time of diagnosis  $\pm$ 7days. The median time between ECG to diagnosis was 33 days. Because obtaining ECGs during prenatal care is not a consistent practice during routine obstetric care, we collected information on the reason for the ECG for the UTHSC cohort and compared the reasons among cases and controls (Supplementary Table S1). The main reasons for obtaining ECGs were chest pain and shortness of breath for both cases and

TABLE 1 Cohort characteristics of the UTHSC and AHWFB patient groups.

controls-symptoms that occur frequently during pregnancy but						
are non-specific. Overall, controls had higher instances of						
syncope and dizziness compared to cases. It is important to note						
that the ECG model presented below was able to distinguish						
between females with and without preeclampsia, even though all						
women (cases and controls) had roughly equal occurrence and						
distribution of these non-specific symptoms.						

### 3.2 Patient characteristics

The patient characteristics from UTHSC and AHWFB are shown in Table 1. The EHR at UTHSC included 54,534 pregnant women with 6,296 women having at least one ECG during pregnancy (a total of 9,895 ECGs). A total of 825 women from UTHSC were further identified, which then reduced to 759 after exclusion of women age <18 and/or ECGs of poor quality. From these, we identified 198 women with preeclampsia (cases) and 561 controls (See flowchart in Figure 1). The average age of cases and controls was  $28.2 \pm 5.8$  and  $27.0 \pm 4.6$  years, respectively. The make-up of the case group was 65.7% African-American and 29.2% white, while in the control group, 83.4% were African-American and 16.0% were white. For cases, the average gestational age at preeclampsia diagnosis and delivery was  $34.8 \pm$ 3.5 weeks and  $36.0 \pm 2.4$  weeks, respectively. The mean gestational age at delivery was  $37.4 \pm 4.0$  weeks for control women.

The EHR at AHWFB included 218,864 pregnant women with 53,681 pregnant women having at least one ECG taken during pregnancy.. Following the same selection protocol used to generate the cohort from UTHSC (including delivery information) resulted in a comparatively smaller sub-cohort from AHWFB. A total of 141 women (42 cases (with 235 ECGs) and 99 controls (with 495 ECGs total) from AHWFB were further selected to be included in the validation cohort The average age for cases and controls was  $30.7 \pm 6.3$  years and  $27.4 \pm 4.4$  years

	UTHSC			AHWFB		
	Total $N_{\text{Females}} = 759$ $N_{\text{ECGs}} = 904$	Cases $N_{\text{Females}} = 198$ $N_{\text{ECGs}} = 249$	Controls N <sub>Females</sub> = 561 N <sub>ECGs</sub> = 655	Total $N_{\text{Females}} = 141$ $N_{\text{ECGs}} = 817$	Cases N <sub>Females</sub> = 42 N <sub>ECGs</sub> = 235	Controls N <sub>Females</sub> = 99 N <sub>ECGs</sub> = 495
Age mean ± sd	$27.3 \pm 5.0$	$28.2 \pm 5.8$	$27.0 \pm 4.6$	27.4 ± 5.9	$30.7 \pm 6.3$	$27.4 \pm 4.4$
Race, N (%)						
African-American White Other/multiple	598 (78.8) 148 (19.5) 13 (17)	130 (65.7) 58 (29.2) 10 (5.1)	468 (83.4) 90 (16.0) 3 (0.5)	64 (45.4) 57 (40.4) 20 (14.2)	16 (38.1) 18 42.9) 8 (19 0)	48 (48.5) 39 (39.4) 12 (12.1)
GA/weeks at PE diagnosis, mean ± sd	-	$34.8 \pm 3.5$	-	-	NA	-
GA/weeks at Delivery, mean ± sd	$36.8 \pm 4.1$	$36.0 \pm 2.4$	$37.4 \pm 4.0$	NA	NA	NA
Co-morbidities and Complications Heart failure (yes) Hypertension (yes) Diabetes (yes) Gestational diabetes (yes) Multiple gestation (yes) Multiparity (yes) Stillbirth (yes) Cesarean delivery (yes)	5 (0.7) 87 (11.5) 58 (7.6) 43 (5.7) 29 (3.8) 5 (0.7) 18 (2.4) 223 (29.4)	$\begin{array}{c} 1 \ (0.0) \\ 42 \ (21.2) \\ 21 \ (10.6) \\ 23 \ (11.6) \\ 15 \ (7.6) \\ 0 \ (0.0) \\ 6 \ (3.0) \\ 88 \ (44.4) \end{array}$	$\begin{array}{c} 4 \ (0.7) \\ 45 \ (8.0) \\ 37 \ (6.6) \\ 20 \ (3.6) \\ 14 \ (2.5) \\ 5 \ (0.9) \\ 12 \ (2.1) \\ 135 \ (24.1) \end{array}$	NA	NA	NA



respectively. The case group was 38.1% African American and 42.9% white, while among controls, 48.5% were African American and 39.4% were white. Gestational information for AHWFB was unavailable.

## 3.3 Step 1: model evaluation, UTHSC

When applied to the 20% UTHSC holdout set, the cross-validation mean AUC (95% CI) was 0.85 (0.77–0.93) with an accuracy of 82%, precision of 63%, sensitivity of 78% and specificity of 84% (Table 2).

# 3.4 Step 2: model evaluation, AHWFB external validation

The ECG-AI models developed on the UTHSC data were next evaluated on data from AHWFB. Validation of the ECG-AI models on AHWFB data resulted in an AUC (95% CI) of 0.81 (0.77–0.84) with accuracy of 78%, precision of 65%, sensitivity of 83% and specificity of 66%. Table 2 summarizes the evaluation metrics from the UTHSC holdout and AHWFB validation data sets.

TABLE 2 Summary of evaluation metrics for the ECG-AI model tested on UTHSC 20% holdout data and on AHWFB validation data.

Evaluation metric	20% UTHSC holdout	AHWFB
AUC	0.85 (0.77-0.93)	0.81 (0.77-0.84)
Accuracy	82%	78%
Sensitivity	78%	66%
Specificity	84%	83%
Precision	63%	65%

## 3.5 Subgroup analyses

Additional analyses on the UTHSC holdout data (Table 3) were performed for model performance when limited to ECGs obtained within 30, 60, or 90 days before diagnosis, as well as when limited to ECGs obtained at least 30 days before diagnosis (i.e., excluding any ECG obtained within the month before diagnosis). Model evaluation resulted in AUCs (95% CI) of 0.92 (0.84–1.00) at 30 days, 0.89 (0.81–0.98) at 60 days and 0.90 (0.81–0.98) at 90 days before diagnosis. The AUC (95% CI) was 0.79 (0.66–0.92) when the model was tested on ECGs at least 30 days prior to diagnosis.

When we stratified by gestational age at delivery, the model had an AUC (95% CI) of 0.76 (0.58–0.95) among women with preeclampsia delivering at less than 37 weeks, and an AUC of 0.88 (0.77–0.99) for women delivering at 37 weeks or greater (no significant difference in AUCs; DeLong test *p*-value 0.219). When tested on women with preeclampsia diagnosed at less than 34

TABLE 3 Results on the 20% UTHSC holdout data for different time periods from diagnosis of preeclampsia or from delivery.

Sub-analysis on UTHSC 20% holdout	AUC	DeLong test ( <i>p</i> -value)
ECGs taken ±30 days from first PE diagnosis	0.92 (0.84-1.00)	-
ECGs taken ±60 days from first PE diagnosis	0.89 (0.81-0.98)	-
ECGs taken ±90 days from first PE diagnosis	0.90 (0.81-0.98)	-
ECGs taken 30 + days before PE diagnosis <sup>a</sup>	0.79 (0.66-0.92)	-
PE developed when delivery was <37 weeks GA	0.76 (0.58-0.95)	0.219
PE developed when delivery was 37 + weeks GA	0.88 (0.77-0.99)	
PE diagnosed at <34 weeks of pregnancy	0.98 (0.89-1.00)	0.298
PE diagnosed at 34 + weeks of pregnancy	0.89 (0.75-1.00)	

PE, preeclampsia; GA, gestational age.

<sup>a</sup>ECGs taken in the first month before diagnosis were excluded.

weeks gestational age the model AUC was 0.98 (0.89-1.00), and when evaluated on women with preeclampsia diagnosed at 34 weeks or greater gestational age, the AUC was 0.89 (0.75-1.00) (DeLong test *p*-value 0.298).

We also performed subgroup analysis of model performance among African American and white women. The model AUC (95% CI) was 0.83 (0.80–0.87) and 0.82 (0.76–0.88) for African American women from UTHSC and AHWFB, respectively (DeLong *p*-value = 0.724). Similarly, among white women, model AUCs (95% CI) were 0.85 (0.79–0.92) and 0.79 (0.74–0.84) on UTHSC and AHWFB, respectively (DeLong *p*-value = 0.161). There were no significant differences in model performance between African American and white women either at UTHSC or AHWFB (DeLong *p*-values of 0.433 and 0.437, respectively). Subgroup analyses were performed on women with a prior diagnosis of hypertension. When tested on women with a prior diagnosis of hypertension, the model AUC was 0.68 (0.45–0.91). When women with a previous diagnosis of hypertension were excluded from the dataset, the model AUC was 0.90 (0.82–0.98).

## 4 Discussion

In this study we show that ECG data can help identify pregnant women at high risk for preeclampsia. Our CNN model used 250 Hz raw 12-lead ECGs to classify and predict risk of preeclampsia with a cross-validated AUC of 0.85 on UTHSC data followed by an AUC 0.81 from our external validation (AHWFB) site, results comparable to other AI-based methods that utilize more detailed information (including laboratory testing) within machine learning algorithms (9, 20). The ECG-AI model showed good performance in predicting preeclampsia (AUC 0.89–0.92) between 30 and 90 days prior to the diagnosis. These findings open the possibility for ECG-AI use in smartwatches or similar mobile devices, which routinely capture single-lead ECG data, for remote monitoring of women at high risk during pregnancy.

Substantial research has been undertaken to identify females at high risk for preeclampsia, preferably with low-cost tools that can be used widely. Groups that have evaluated the utility of clinical and laboratory biomarkers to assess risk of preeclampsia (21-24) have reported moderate-high results (AUC between 0.80 and 0.90) when using such data within machine learning or neural network algorithms as shown by Jhee et al., Marić et al., Neocleous et al. and Li et al. (8, 9, 20, 25) At the same time, there has been considerable interest and research into the role of PIGF and sFlt-1 in preeclampsia testing (26). Approaches based on models using PIGF alone or the ratio of sFlt-1/PIGF have shown good performance and have been implemented for short term preeclampsia risk prediction and for assisting preeclampsia diagnosis in the second and third trimesters. First trimester screening performance is improved significantly when maternal history is combined with biophysical and biochemical results measured through pregnancy, including uterine artery pulsatility index (PI), mean arterial pressure (MAP), PlGF, and pregnancyassociated plasma protein-A (PAPP-A) (27). While promising, these models fundamentally differ from our approach, as they incorporate data that depend on blood analyses for biomarkers typically at a few points in time and that are not largely in clinical use (25).

As part of our work, we assessed model performance for ECGs obtained 30, 60 and 90 days before preeclampsia diagnosis. As would be expected, the highest AUCs were obtained closer to the diagnosis (AUC of 0.92 within 30 days of diagnosis) and remained high up to 90 days before diagnosis (AUC of 0.90). There was a decrease in AUC (0.79) when ECGs in the month prior to diagnosis were excluded. While this could mean that markers of preeclampsia manifest more within the 30 days closer to the diagnosis (12, 20), our model still operates well up to 90 days prior to diagnosis, at earlier stages of pregnancy, with increased potential for patient monitoring and clinical follow-ups (12, 16, 28).

We also assessed the model performance for subgroups of particular interest. For example, pregnant females of African-American ancestry are at higher risk of preeclampsia (29, 30). Our model performed equally among African-Americans and whites, with AUCs of 0.82 and 0.83, respectively. In addition, our model performed well [AUC of 0.98 (0.89–1.00)] in the detection of early-onset PE (diagnosed before 34 weeks).

We explored differences in women correctly identified as cases (true positives) vs. those misidentified as controls (false negatives). In the UTHSC holdout dataset, nine of the women with preeclampsia were misidentified as controls and of these, the majority had an ECG due to reported chest pain. Women correctly identified as having preeclampsia had an ECG due to history of hypertension or symptoms such as shortness of breath. While chest pain is associated with preeclampsia, as others have noted in some cases it might have inadvertently misled the clinicians and ultimately been associated with missed detection of preeclampsia (31, 32). Additionally, those correctly identified as cases (true positives) had more severe preeclampsia (with complications of childbirth) while women with missed preeclampsia diagnosis (false negatives) were more likely to have had preeclampsia diagnosed in the third trimester with no complications.

Five out of nine women with a previous history of hypertension who were misclassified as controls, (i.e., false negative) also underwent a cesarean delivery. This could mean that these women might have either undiagnosed or did not develop preeclampsia due to cesarean delivery, which might have been performed to reduce the risk of developing preeclampsia since these women were already at high risk (33, 34).

Early risk prediction for preeclampsia can allow for lifestyle intervention strategies, such as diet or physical activity (35, 36). Other interventions for high risk women include the use of pharmacological therapy, including the prescription of low dose Aspirin (37, 38). Our models perform better when the ECG was obtained within 90 days of diagnosis, which still allows time for either lifestyle or pharmaceutical interventions to reduce the risk for adverse maternal or infant outcomes. However, further model development, especially with larger and multi-institute datasets, is needed to identify the optimal performance windows.

Prior research with ECGs included signal processing methods to extract ECG features for use within machine methods Such include learning methods. wavelet transformation and probabilistic symbolic pattern recognition and can also be used not only for signal processing and feature extraction but also to reduce noise or artifacts (39-45). Our team had previously developed a similar method to diagnose preeclampsia, which used and compared signal processing methods for ECGs. Our preliminary results showed a slight, yet non-significant, increase in accuracy when using signal processing methods, in combination with extracted ECG features within machine learning algorithms (e.g., extreme gradient boosting). However, this method required additional processing steps, which reduces usability within clinical workflows. Therefore, the trade-off for simplicity using raw ECGs, with virtually no additional processing, within CNNs was preferred to increase simplicity. The current CNN structure increase usability, can application and implementation within the clinical workflow without relying on additional processing methods that can be time consuming and/or computationally expensive to implement.

Our results have implications for the use of ECG-based AI models, which are simple and cheap-to-execute and can also be embedded within point-of-care technologies (46). Portable 12lead ECG monitors can be used this purpose, the data from which can be remotely collected and transferred to and from smart devices (47-49). There is also potential in developing single-lead ECG-based models for remote monitoring using smart wearables for pregnancies, especially among high risk women. We have previously shown that single-lead models perform well for the prediction and detection of heart failure (19, 46) and fatal coronary heart disease (50) using solely Lead I of a 12-Lead ECG, which is mimicked by smart watches and other smart devices with ECG monitoring capabilities. A similar approach can be taken for preeclampsia risk assessment. Since the models in this research use 12-Lead ECGs, our goal is to eventually develop and validate a single-lead ECG model (using Lead I of the ECG) that can be easily used in resource poor settings, and therefore focus on developing a model that requires no user input. However, future improvements to the model will consider including demographic characteristics such as age, height and weight.

This study has some limitations. The ECG-AI models were developed and tested on a dataset with mostly African-American and White patients and requires further development and testing on a more racially diverse cohort. While the models developed in this research were externally validated with similar results to the holdout-data, the models may not have leveraged the full potential of ECG in preeclampsia detection and risk prediction due to the limited sample size and relative lack of diversity beyond African-American and white women. A larger, racially diverse cohort could increase our models' predictive power and improve its generalizability to the general population and represents a future direction for research. In addition, while most clinical workflows are advancing to include AI to help with decision making, there are still issues that are to be considered, with most are related to standardizing its utility within clinical systems as well as their explainability (51).

## 5 Conclusion

In conclusion, our research shows that ECG-based models can detect women at high risk for preeclampsia with high accuracy. The simplicity of these models allows for integration within clinical workflows to help guide clinicians and/or patients to obtain further evaluation. By validating our models on an independent dataset from a different healthcare organization, this research shows the applicability of the ECG-based models across multiple healthcare institutions and its potential for remote monitoring.

### Data availability statement

The data analyzed in this study is subject to the following licenses/restrictions: Data from University of Tennessee Health Science Center EHR and data from Atrium Health Wake Forest Baptist was used. Due to the nature of EHR, regulations apply. Requests to access these datasets should be directed to UTHSC: lchintha@uthsc.edu and AHWFB: CTSIdata@wakehealth.edu.

## Ethics statement

The studies involving humans were approved by Wake Forest University Institutional Review Board and University of Tennessee Health Science Center Institutional Review Board. The studies were conducted in accordance with the local legislation and institutional requirements. Written informed consent for participation was not required from the participants or the participants' legal guardians/next of kin in accordance with the national legislation and institutional requirements.

## Author contributions

LB: Writing – review & editing, Writing – original draft, Visualization, Validation, Methodology, Investigation, Formal Analysis, Data curation, Conceptualization. FG: Writing – review & editing, Methodology, Conceptualization. LC: Writing – review & editing, Investigation, Data curation. IK: Writing – review & editing, Methodology. MT: Writing – review & editing, Data curation. BB-B: Writing – review & editing, Conceptualization. TC: Writing – review & editing, Conceptualization. TC: Writing – review & editing, OA: Writing – review & editing, Supervision, Resources, Conceptualization. RD: Writing – review & editing, Supervision, Resources, Project administration, Investigation, Funding acquisition, Conceptualization.

# Funding

The author(s) declare that no financial support was received for the research, authorship, and/or publication of this article.

# Acknowledgments

We would like to thank the AHWFB and UTHSC teams for their work on data acquisition.

# Conflict of interest

RD and OA are co-founders of 9+1AI, LLC.

The remaining authors declare that the research was conducted in the absence of any commercial or financial

# References

1. Salam RA, Das JK, Ali A, Bhaumik S, Lassi ZS. Diagnosis and management of preeclampsia in community settings in low and middle-income countries. *J Family Med Prim Care.* (2015) 4(4):501. doi: 10.4103/2249-4863.174265

2. von Dadelszen P, Firoz T, Donnay F, Gordon R, Hofmeyr GJ, Lalani S, et al. Preeclampsia in low and middle income countries—health services lessons learned from the PRE-EMPT (PRE-eclampsia–eclampsia monitoring, prevention & treatment) project. J Obstet Gynaecol Can. (2012) 34(10):917–26. doi: 10.1016/ S1701-2163(16)35405-6

3. Hauspurg A, Jeyabalan A. Postpartum preeclampsia or eclampsia: defining its place and management among the hypertensive disorders of pregnancy. *Am J Obstet Gynecol.* (2022) 226(2):S1211–S21. doi: 10.1016/j.ajog.2020.10.027

4. Myatt L. The prediction of preeclampsia: the way forward. Am J Obstet Gynecol. (2021) 226:S1102–S1107. e8. doi: 10.1016/j.ajog.2020.10.047

5. Kucukgoz Gulec U, Ozgunen FT, Buyukkurt S, Guzel AB, Urunsak IF, Demir SC, et al. Comparison of clinical and laboratory findings in early-and late-onset preeclampsia. J Matern Fetal Neonatal Med. (2013) 26(12):1228–33. doi: 10.3109/14767058.2013.776533

6. Mayrink J, Reis ZSN. Pre-eclampsia in low and middle-income settings: what are the barriers to improving perinatal outcomes and evidence-based recommendations? *Int J Gynaecol Obstet*. (2024) 164(1):33–9. doi: 10.1002/ijgo.14913

7. Payne B, Magee LA, von Dadelszen P. Assessment, surveillance and prognosis in pre-eclampsia. *Best Pract Res Clin Obstetr Gynaecol.* (2011) 25(4):449–62. doi: 10. 1016/j.bpobgyn.2011.02.003

8. Li S, Wang Z, Vieira LA, Zheutlin AB, Ru B, Schadt E, et al. Improving preeclampsia risk prediction by modeling pregnancy trajectories from routinely collected electronic medical record data. *NPJ Digit Med.* (2022) 5(1):68. doi: 10. 1038/s41746-022-00612-x

9. Jhee JH, Lee S, Park Y, Lee SE, Kim YA, Kang S-W, et al. Prediction model development of late-onset preeclampsia using machine learning-based methods. *PLoS One.* (2019) 14(8):e0221202. doi: 10.1371/journal.pone.0221202

10. deMartelly VA, Dreixler J, Tung A, Mueller A, Heimberger S, Fazal AA, et al. Long-term postpartum cardiac function and its association with preeclampsia. *J Am Heart Assoc.* (2021) 10(5):e018526. doi: 10.1161/JAHA.120.018526

11. Behrens I, Basit S, Lykke JA, Ranthe MF, Wohlfahrt J, Bundgaard H, et al. Association between hypertensive disorders of pregnancy and later risk of cardiomyopathy. *JAMA*. (2016) 315(10):1026–33. doi: 10.1001/jama.2016.1869

12. Marin I, Pavaloiu B-I, Marian C-V, Racovita V, Goga N, editors. Early detection of preeclampsia based on a machine learning approach. 2019 E-Health and Bioengineering Conference (EHB); IEEE (2019).

13. Hackelöer M, Schmidt L, Verlohren S. New advances in prediction and surveillance of preeclampsia: role of machine learning approaches and remote monitoring. *Arch Gynecol Obstet.* (2022) 308:1–15. doi: 10.1007/s00404-022-06864-y

relationships that could be construed as a potential conflict of interest.

### Publisher's note

All claims expressed in this article are solely those of the authors and do not necessarily represent those of their affiliated organizations, or those of the publisher, the editors and the reviewers. Any product that may be evaluated in this article, or claim that may be made by its manufacturer, is not guaranteed or endorsed by the publisher.

## Supplementary material

The Supplementary Material for this article can be found online at: https://www.frontiersin.org/articles/10.3389/fcvm.2024. 1360238/full#supplementary-material

14. Adedinsewo DA, Johnson PW, Douglass EJ, Attia IZ, Phillips SD, Goswami RM, et al. Detecting cardiomyopathies in pregnancy and the postpartum period with an electrocardiogram-based deep learning model. *Eur Heart J Digit Health*. (2021) 2 (4):586–96. doi: 10.1093/ehjdh/ztab078

15. Güntürkün F, Akbilgic O, Davis RL, Armstrong GT, Howell RM, Jefferies JL, et al. Artificial intelligence–assisted prediction of late-onset cardiomyopathy among childhood cancer survivors. *JCO Clin Cancer Inform.* (2021) 5:459–68. doi: 10.1200/CCI.20.0017

16. Vakhtangadze T, Gakhokidze N, Khutsishvili M, Mosidze S. The link between hypertension and preeclampsia/eclampsia-life-long cardiovascular risk for women. *Vessel Plus.* (2019) 3:19. doi: 10.20517/2574-1209.2019.07

17. He K, Zhang X, Ren S, Sun J. Deep residual learning for image recognition. Proceedings of the IEEE Conference on Computer Vision and Pattern Recognition (2016).

18. Akbilgic O, Butler L, Karabayir I, Chang PP, Kitzman DW, Alonso A, et al. ECG-AI: electrocardiographic artificial intelligence model for prediction of heart failure. *Eur Heart J Digit Health.* (2021) 2(4):626–34. doi: 10.1093/ehjdh/ztab080

19. Butler L, Karabayir I, Kitzman DW, Alonso A, Tison GH, Chen LY, et al. A generalizable ECG-based artificial intelligence model for 10-year heart failure risk prediction. *Cardiovasc Digit Health J.* (2023) 4:183–90. doi: 10.1016/j.cvdhj.2023.11. 003

20. Marić I, Tsur A, Aghaeepour N, Montanari A, Stevenson DK, Shaw GM, et al. Early prediction of preeclampsia via machine learning. *Am J Obstetr Gynecol MFM*. (2020) 2(2):100100. doi: 10.1016/j.ajogmf.2020.100100

21. Allen RE, Rogozinska E, Cleverly K, Aquilina J, Thangaratinam S. Abnormal blood biomarkers in early pregnancy are associated with preeclampsia: a metaanalysis. *Eur J Obstetr Gynecol Reprod Biol.* (2014) 182:194–201. doi: 10.1016/j. ejogrb.2014.09.027

22. Bergman L, Zetterberg H, Kaihola H, Hagberg H, Blennow K, Åkerud H. Blood-based cerebral biomarkers in preeclampsia: plasma concentrations of NfL, tau, S100B and NSE during pregnancy in women who later develop preeclampsia-a nested case control study. *PLoS One.* (2018) 13(5):e0196025. doi: 10.1371/journal. pone.0196025

23. Staff AC. Circulating predictive biomarkers in preeclampsia. *Pregnancy Hypertens*. (2011) 1(1):28–42. doi: 10.1016/j.preghy.2010.10.012

24. MacDonald TM, Walker SP, Hannan NJ, Tong S, Tu'uhevaha J. Clinical tools and biomarkers to predict preeclampsia. *EBioMedicine*. (2022) 75:103780. doi: 10. 1016/j.ebiom.2021.103780

25. Cui M, Zhang DY. Artificial intelligence and computational pathology. Lab Invest. (2021) 101(4):412-22. doi: 10.1038/s41374-020-00514-0

26. Miller JJ, Higgins V, Ren A, Logan S, Yip PM, Fu L. Advances in preeclampsia testing. Adv Clin Chem. (2023) 117:103–61. doi: 10.1016/bs.acc.2023.08.004

27. Wright D, Akolekar R, Syngelaki A, Poon LC, Nicolaides KH. A competing risks model in early screening for preeclampsia. *Fetal Diagn Ther.* (2012) 32(3):171–8. doi: 10.1159/000338470

28. Aksu E, Cuglan B, Tok A, Celik E, Doganer A, Sokmen A, et al. Cardiac electrical and structural alterations in preeclampsia. *J Matern Fetal Neonatal Med.* (2022) 35 (1):1–10. doi: 10.1080/14767058.2021.1895742

29. Bigelow CA, Pereira GA, Warmsley A, Cohen J, Getrajdman C, Moshier E, et al. Risk factors for new-onset late postpartum preeclampsia in women without a history of preeclampsia. *Am J Obstet Gynecol.* (2014) 210(4):338.e1–e8. doi: 10.1016/j.ajog. 2013.11.004

30. Lamminpää R, Vehviläinen-Julkunen K, Gissler M, Heinonen S. Preeclampsia complicated by advanced maternal age: a registry-based study on primiparous women in Finland 1997–2008. *BMC Pregnancy Childbirth*. (2012) 12:1–5. doi: 10. 1186/1471-2393-12-47

31. Narkhede AM, Karnad DR. Preeclampsia and related problems. *Indian J Crit Care Med.* (2021) 25(Suppl 3):S261. doi: 10.5005/jp-journals-10071-24032

32. Dennis AT. Transthoracic echocardiography in women with preeclampsia. *Curr Opin Anaesthesiol.* (2015) 28(3):254–60. doi: 10.1097/ACO.00000000000182

33. Amorim MM, Souza ASR, Katz L. Planned caesarean section versus planned vaginal birth for severe pre-eclampsia. *Cochrane Database Syst Rev.* (2017) 10(10): Cd009430. doi: 10.1002/14651858.CD009430.pub2

34. Xu X, Yan J-Y, Chen L-C. Risk factors and maternal-fetal outcomes of pregnancies complicated by pre-eclampsia, following cesarean section after a trial vaginal birth. *Chin Med J.* (2021) 134(18):2249–51. doi: 10.1097/CM9. 000000000001452

35. Rasouli M, Pourheidari M, Gardesh ZH. Effect of self-care before and during pregnancy to prevention and control preeclampsia in high-risk women. *Int J Prev Med.* (2019) 10:1–9. doi: 10.4103/ijpvm.JJPVM\_300\_17

36. Allen R, Rogozinska E, Sivarajasingam P, Khan KS, Thangaratinam S. Effect of diet-and lifestyle-based metabolic risk-modifying interventions on preeclampsia: a meta-analysis. *Acta Obstet Gynecol Scand.* (2014) 93(10):973–85. doi: 10.1111/aogs. 12467

37. Henderson JT, Vesco KK, Senger CA, Thomas RG, Redmond N. Aspirin use to prevent preeclampsia and related morbidity and mortality: updated evidence report and systematic review for the US preventive services task force. *JAMA*. (2021) 326 (12):1192–206. doi: 10.1001/jama.2021.8551

38. Ma'ayeh M, Rood KM, Kniss D, Costantine MM. Novel interventions for the prevention of preeclampsia. *Curr Hypertens Rep.* (2020) 22:1–8. doi: 10.1007/s11906-019-1005-0

39. Banerjee S, Mitra M. Application of cross wavelet transform for ECG pattern analysis and classification. *IEEE Trans Instrum Meas.* (2013) 63(2):326–33. doi: 10. 1109/TIM.2013.2279001

40. Seena V, Yomas J, editors. A review on feature extraction and denoising of ECG signal using wavelet transform. 2014 2nd International Conference on Devices, Circuits and Systems (ICDCS); IEEE (2014).

41. Kumar A, Tomar H, Mehla VK, Komaragiri R, Kumar M. Stationary wavelet transform based ECG signal denoising method. *ISA Trans.* (2021) 114:251–62. doi: 10.1016/j.isatra.2020.12.029

42. Mahajan R, Viangteeravat T, Akbilgic O. Improved detection of congestive heart failure via probabilistic symbolic pattern recognition and heart rate variability metrics. *Int J Med Inf.* (2017) 108:55–63. doi: 10.1016/j.ijmedinf.2017.09.006

43. Akbilgic O, Howe JA. Symbolic pattern recognition for sequential data. *Seq Anal.* (2017) 36(4):528–40. doi: 10.1080/07474946.2017.1394719

44. Li D, Zhang J, Zhang Q, Wei X, editors. *Classification of ECG signals based on* 1D convolution neural network. 2017 IEEE 19th International Conference on E-Health Networking, Applications and Services (healthcom); IEEE (2017).

45. Zhao Y, Cheng J, Zhang P, Peng X. ECG Classification using deep CNN improved by wavelet transform. *Comput Mater Contin.* (2020) 64:1615–28. doi: 10. 32604/cmc.2020.09938

46. McCraw CA, Karabayir I, Akbilgic O. ECG-air: an AI platform for remote smartwatch ECG-based cardiovascular disease detection and prediction. *Cardiovasc Digit Health J.* (2022) 3(4):S7. doi: 10.1016/j.cvdhj.2022.07.018

47. Fouassier D, Roy X, Blanchard A, Hulot JS. Assessment of signal quality measured with a smart 12-lead ECG acquisition T-shirt. *Ann Noninvasive Electrocardiol.* (2020) 25(1):e12682. doi: 10.1111/anec.12682

48. Guzik P, Malik M. ECG By mobile technologies. J Electrocardiol. (2016) 49 (6):894-901. doi: 10.1016/j.jelectrocard.2016.07.030

49. Choudhari V, Dandge V, Choudhary N, Sutar RG, editors. A portable and lowcost 12-lead ECG device for sustainable remote healthcare. 2018 International Conference on Communication Information and Computing Technology (ICCICT); IEEE (2018).

50. Butler L, Celik T, Karabayir I, Chinthala L, Tootooni MS, McManus DD, et al. Feasibility of remote monitoring for fatal coronary heart disease from single lead ECG. *Cardiovasc Digit Health J.* (2023) 4(5):S1. doi: 10.1016/j.cvdhj.2023.08.002

51. Sarno L, Neola D, Carbone L, Saccone G, Carlea A, Miceli M, et al. Use of artificial intelligence in obstetrics: not quite ready for prime time. Am J Obstet Gynecol MFM. (2022) 100792:100792. doi: 10.1016/j.ajogmf.2022.100792