Check for updates

OPEN ACCESS

EDITED BY Christian Vergara, Polytechnic University of Milan, Italy

REVIEWED BY

Giulia lannaccone, Catholic University of the Sacred Heart, Italy Ilan Merdler, MedStar Washington Hospital Center, United States Francesco Peruzza, Hospital Santa Maria Del Carmine, Italy

*CORRESPONDENCE Bei Wang 🖾 wangbei1224@126.com Zhaojun Li 🖾 lzj_1975@sina.com

 $^{\dagger} \text{These}$ authors have contributed equally to this work

RECEIVED 18 July 2023 ACCEPTED 27 September 2023 PUBLISHED 16 October 2023

CITATION

Wang YX, Chen JX, Jin L, Wu LH, Zhang MJ, Sun JL, Shen CQ, Du LF, Wang B and Li LJ (2023) Sequence and directivity in cardiac muscle injury of COVID-19 patients: an observational study.

Front. Cardiovasc. Med. 10:1260971. doi: 10.3389/fcvm.2023.1260971

COPYRIGHT

© 2023 Wang, Chen, Jin, Wu, Zhang, Sun, Shen, Du, Wang and Li. This is an open-access article distributed under the terms of the Creative Commons Attribution License (CC BY). The use, distribution or reproduction in other forums is permitted, provided the original author(s) and the copyright owner(s) are credited and that the original publication in this journal is cited, in accordance with accepted academic practice. No use, distribution or reproduction is permitted which does not comply with these terms.

Sequence and directivity in cardiac muscle injury of COVID-19 patients: an observational study

Yixuan Wang^{1†}, Jianxiong Chen^{2,3†}, Lin Jin^{4†}, Lingheng Wu^{2,3}, Mengjiao Zhang², Jiali Sun⁵, Cuiqin Shen⁵, Lianfang Du², Bei Wang^{1*} and Zhaojun Li^{2,5*}

¹Department of Medical Ultrasound, Shandong Medicine and Health Key Laboratory of Abdominal Medical Imaging, The First Affiliated Hospital of Shandong First Medical University & Shandong Provincial Qianfoshan Hospital, Jinan, China, ²Department of Ultrasound, Shanghai General Hospital, Shanghai Jiaotong University School of Medicine, Shanghai, China, ³Department of Ultrasound, Shanghai General Hospital of Nanjing Medical University, Shanghai, China, ⁴Department of Ultrasound, Guanghua Hospital Affiliated to Shanghai University of Traditional Chinese Medicine, Shanghai, China, ⁶Department of Ultrasound, Jiading Branch of Shanghai General Hospital, Shanghai Jiaotong University School of Medicine, Shanghai, China

Objective: To compare cardiac function indicators between mild and moderate to severe COVID-19 patients and to try to identify the sequence and directivity in cardiac muscle injury of COVID-19 patients.

Methods: From December 2022 to January 2023, all patients with laboratoryconfirmed SARS-CoV-2 infection in Shanghai General Hospital Jiading Branch were enrolled. The clinical classification was stratified into mild, moderate, or severe groups. We collected the clinical and laboratory information, transthoracic echocardiographic and speckle-tracking echocardiographic parameters of patients and compared the differences among different groups.

Results: The values of echocardiographic parameters in mild group were lower than that in moderate or severe group (P < 0.05) except LVEF. The values of LVEF of mild and moderate group were higher than severe group (P < 0.05). There were no significant differences between moderate and severe group. Positive correlations were observed between left ventricular global longitudinal strain (LVGLS) and myoglobin (r = 0.72), E/e' and age (r = 0.79), E/e' and BNP (r = 0.67). The multivariate analysis shows that SpO₂ (OR = 0.360, P = 0.02), LVGLS (OR = 3.196, P = 0.003) and E/e' (OR = 1.307, P = 0.036) were the independent risk factors for mild cases progressing to moderate or severe. According to the receiver operating characteristic (ROC) curves, when all the COVID-19 patients was taken as the sample size, the area under the curve (AUC) of the LVGLS was the highest (AUC = 0.861). The AUC of the LVGLS was higher than LVGCS (AUC = 0.565, P < 0.001).

Conclusion: When mild COVID-19 progresses to moderate or severe, both systolic and diastolic functions of the heart are impaired. LVGLS was the independent risk factor for mild cases progressing to moderate or severe cases. Longitudinal changes may manifest earlier than circumferential changes as myocardial disease progresses in COVID-19.

KEYWORDS

COVID-19 infection, left ventricular global longitudinal strain, echocardiography, speckle-tracking, heart injuries

1. Introduction

Since its emergence in December 2019, COVID-19 has rapidly become a global health concern. While primarily recognized for its respiratory impact, it is increasingly evident that COVID-19 can exert a significant influence on the cardiovascular system. This impact encompasses a spectrum of cardiovascular diseases, including but not limited to myocarditis, acute coronary syndrome, arrhythmias, and heart failure (1). Some studies have proved that patients with COVID-19 related myocardial injury, which was associated with death (2, 3). Understanding the intricate relationship between COVID-19 and these cardiovascular complications is of paramount importance in the field of cardiovascular medicine. However, few studies have been conducted on cardiac function. Cardiac function includes systolic and diastolic functions. Echocardiography is the most commonly used diagnostic tool for evaluating cardiac function. Ultrasonography, including conventional and bedside ultrasound, plays an important role in diagnosing diseases in COVID-19 patients (4, 5). In addition to conventional ultrasound, twodimensional speckle tracking technology has been widely applied in recent years to detect early abnormalities in ventricular function and accurately assess myocardial function (6, 7). Previous studies have reported a decrease in left ventricular global longitudinal strain (LVGLS) in COVID-19 patients (8). However, there was almost none study has compared cardiac function in patients with different degrees of disease severities. Therefore, the purpose of this study was to compare cardiac function indicators in patients with mild and moderate-to-severe COVID-19 and to identify alterations in cardiac function during the progression of COVID-19.

2. Materials and methods

2.1. Study population

This study was an observational study. All patients with laboratory-confirmed SARS-CoV-2 infection at Shanghai General Hospital Jiading Branch from December 2022 to January 2023 were included in this study. The inclusion criteria were: (1) age >18 years and (2) COVID-19 diagnosis by RT-PCR swab test and comprehensive analysis of epidemiological history and clinical presentation. Patients who were <18-years-old and with end-stage renal failure, active malignancy, previous or current autoimmune diseases, coronary atherosclerotic heart disease, or congenital heart disease were excluded. This study got the permission of the Ethics Committee of Shanghai General Hospital (2019KY009-4) and complied with the Declaration of Helsinki. Every patient signed informed consent.

2.2. Definition of mild, moderate, and severe COVID-19 infection

Clinical classification followed the Diagnosis and Treatment Protocol of Novel Coronavirus (Version 10) by the National Health Commission of the People's Republic of China (9), which stratifies patients according to disease severity as mild, moderate, or severe.

Mild: The main symptoms are upper respiratory tract infections, such as dry throat, sore throat, cough, and fever.

Moderate: Persistent high fever for more than 3 days (and/or) coughing, shortness of breath, etc., but respiratory rate (RR) is <30 breaths/min and oxygen saturation is >93% when air is inhaled at rest. The imaging features of COVID-19 pneumonia were observed.

Severe: Adults satisfying any of the following factors that cannot find other reasons other than COVID-19:

- 1. Shortness of breath, RR is \geq 30 breaths/min;
- 2. Oxygen saturation is $\leq 93\%$ when inhaling air at rest;
- Arterial oxygen partial pressure (PaO₂)/oxygen uptake concentration (FiO₂) is ≤300 mmHg (1 mmHg = 0.133 kPa);
- The clinical symptoms gradually worsen, and pulmonary medical imaging results shows significant progression within 24–48 h, with a rate of >50%.

2.3. Data collection

2.3.1. Clinical and laboratory information

The following information was collected: age, sex, height, body mass index (BMI), heart rate, arterial systolic and diastolic blood pressure, and saturation of peripheral oxygen (SpO₂). Medical histories of diabetes, hypertension, and use of antihypertensive medications were recorded. The BMI was calculated as weight/ height² (kg/m²). Laboratory parameters included C-reactive protein (CRP), B-type Natriuretic Peptide (BNP), cardiac troponin I (cTnI), creatine kinase isoenzyme (CKMB), and myoglobin.

2.3.2. Transthoracic echocardiography

A Philips EPIQ7 echocardiograph equipped with an S5-1 probe (frequency 1-5 MHz) and frame rate ≥60 beats/min was used. When performing echocardiography, patients should remain in the left lateral position and maintain calm breathing. A synchronized electrocardiogram was connected to an ultrasound machine. The left ventricular end diastolic diameter (LVDd), left ventricular end systolic diameter (LVDs), interventricular septum diameter (IVSd) and left ventricular posterior wall diameter (LVPWd) were measured in each patient, representing the end-diastolic/systolic anteroposterior diameter of left ventricular, left ventricular enddiastolic septal thickness, and left ventricular end-diastolic posterior wall thickness, respectively. The ratio of E/A and E/e' were used to estimate LV diastolic function, where E and A are early and late transmitral flow velocities, and e' is early diastolic septal tissue velocity. Left ventricular ejection fraction (LVEF) was measured using the modified Simpson biplane method.

2.3.3. Speckle-tracking echocardiographic analysis

Two-dimensional videos of three consecutive cardiac cycles were collected at the end of breathing for post-offline analysis. In addition, the images of apical 4-chamber, 2-chamber, 3-chamber,



and short-axis views were saved at the level of the parasternal papillary muscle. As shown in Figure 1, all the images were processed with Qlab13 (2D AutoStrain, Philips Healthcare). Left ventricular global longitudinal strain (LVGLS) and left ventricular global circumferential strain (LVGCS) were measured and stored. The measurements and calculated formulas for the parameters were conducted according to the recommendations in 2015 (10). In this study, we defined LVGLS imaging and value below –18% was consider as abnormal (11).

2.3.4. Reproducibility test

Two physicians independently assessed LVGLS and LVGCS values for a cohort of 20 randomly selected participants to evaluate the reproducibility of the measurements. The assessment of inter-observer agreements between the two physicians was conducted using Bland–Altman plots.

2.4. Statistical analysis

Enumeration data were expressed as numbers and percentages, measurement data were presented as mean and

standard deviation, or expressed as median (interquartile range) for quantitative variables. Data analysis was performed using SPSS 23.0 (IBM, Armonk, NY, USA). One-way ANOVA and Bonferroni correction were used for intergroup and intragroup comparison of continuous data, respectively. Non-normally distributed data were analyzed by the Wilcoxon signed-rank test, and categorical variables between the two groups were compared by chi-square tests. A linear correlation analysis and Bland–Altman plots were adopted for repeatability evaluation. The correlation between different parameters was analyzed by Spearman's method.

To analyze the risk factors associated with moderate/severe COVID-19, a backward stepwise regression method was employed. The variables included in the analysis were clinical data such as age, sex, HR, SBP, SpO_2 , cTnI, Myoglobin, E/A ratio, E/e' ratio, LVGLS, and LVGCS.

The receiver operating characteristic (ROC) curve best reflected the sensitivity and specificity of the echocardiographic parameters in diagnosing moderate and severe COVID-19 at the upper leftmost value, and the area under the ROC curve (AUC) of each parameter was obtained. The value of P < 0.05 indicated that the difference was statistically significant.

3. Results

3.1. Clinical characteristics

Ultimately, a total of 219 COVID-19 patients were comprehensively enrolled in the study of which 101 (46%) were males and 118 (54%) were females. The demographic details of the COVID-19 patients are shown in **Table 1**. Of the 219 included patients, 130 (59%) had mild disease, 41 (19%) had moderate disease and 48 (22%) had severe disease. Significant differences between the groups were found in sex, age, DBP, HR, SpO2, and medical history and use of medications for diabetes and hypertension. Height, BMI, and SBP did not differ significantly between groups.

3.2. Echocardiographic parameters

Table 1 shows all the echocardiographic parameters in the three groups. There was no significant difference in LVDd between the three groups. Besides, the values of LVDs, IVSd, LVPWd, E, A, E/A ratio, E/e' ratio, and GLS in mild group were lower than those in the moderate and severe groups (P < 0.05). The values of LVEF of mild and moderate group were higher

TABLE 1 Baseline characteristics of participants with COVID-19 (n = 219).

than severe group (P < 0.05). There were no significant differences between the moderate and severe groups. Moderate and severe COVID-19 patients presented with impaired LVGLS compared to mild [mild: -22.27% (2.63) vs. moderate: -18.41% (2.85) vs. severe: -18.81% (2.96), P < 0.001]. Out of 219 patients, 31 (14%) had reduced LVGLS values of $\leq 18\%$.

3.3. Reproducibility analysis

The reproducibility of the LVGLS and LVGCS was assessed in 20 randomly selected participants (patients or controls), and these values were measured independently by two physicians. There was favorable agreement between the quantitative variables measured by them for LVGLS and LVGCS scores. The mean (\pm SD) difference was 0.22 (\pm 0.80) for repeated measurements of LVGLS by the two observers. The mean (\pm SD) difference was 1.34 (\pm 2.43) for repeated measurements of LVGCS by them (Supplementary Material Figure S1).

3.4. Laboratory examination

CRP, BNP, cTnI, CK-MB, and myoglobin levels differed significantly among the different groups (Table 1). The severe

Variables	Mild (<i>n</i> = 130)	Moderate ($n = 41$)	Severe (<i>n</i> = 48)	F/H/χ²	P value	
Sex (male %)	46 (35.4)	24 (58.5) ^a	31 (64.6) ^a	15.158	0.001	
Age (years)	44.44 ± 15.65	77.15 ± 9.79^{a}	83.31 ± 9.45^{a}	189.195	< 0.001	
Height (cm)	164.72 ± 7.78	164.93 ± 7.64	166.06 ± 7.61	0.534	0.587	
BMI (kg/m ²)	23.54 ± 3.4	23.13 ± 4.35	23.1 ± 3.69	0.353	0.703	
SBP (mmHg)	124.45 ± 16.3	126.7 ± 20.94	127.95 ± 19.77	0.693	0.501	
DBP (mmHg)	79.76 ± 11.6	75.83 ± 14.2	73.77 ± 14.87^{a}	4.027	0.019	
HR (betas/min)	78.95 ± 12.29	80.6 ± 12.26	$88\pm17.36^{a,b}$	7.229	0.001	
SpO ₂ (%)	98 (97, 99)	96 (94.25, 97.75) ^a	93 (91, 95) ^{a,b}	74.457	< 0.001	
Diabetes (%)	123 (94.6)	33 (80.5) ^a	41 (85.4) ^{a,b}	8.285	0.016	
Anti-hypertension drugs (%)	26 (20.6)	28 (68.3) ^a	31 (64.6) ^a	45.611	<0.001	
LVDd (mm)	44.87 ± 3.7	45.62 ± 4.14	45.68 ± 5.18	0.938	0.393	
LVDs (mm)	27.31 ± 2.77	30.03 ± 3.4^{a}	30.37 ± 3.98^{a}	22.121	< 0.001	
IVSd (mm)	9.37 ± 0.96	9.93 ± 1.26^{a}	10.46 ± 1.42^{a}	17.287	< 0.001	
LVPWd (mm)	8.95 ± 0.89	9.68 ± 1.14^{a}	9.81 ± 0.92^{a}	19.086	< 0.001	
LVEF	70.18 ± 4.55	63.04 ± 5.22^{a}	61.62 ± 6.64^{a}	61.794	< 0.001	
E (cm/s)	78.61 ± 18.12	65.55 ± 19.75^{a}	70.37 ± 29.4	6.848	0.001	
A (cm/s)	66.94 ± 21.01	93.04 ± 26.08^{a}	98.04 ± 21.12^{a}	44.035	< 0.001	
E/A	1.34 ± 0.7	0.75 ± 0.29^{a}	0.74 ± 0.32^{a}	27.263	< 0.001	
E/e'	6.3 ± 2.12	10.21 ± 4.4^{a}	11.38 ± 5.44^{a}	42.826	< 0.001	
LVGLS	-22.27 ± 2.63	-18.41 ± 2.85^{a}	-18.81 ± 2.96^{a}	40.477	< 0.001	
LVGCS	-27.45 ± 3.27	-26.91 ± 3.88	-24.95 ± 5.63^{a}	5.330	0.006	
CRP (mg/L)	0 (0, 0)	4.97 (2.17, 10.01) ^a	17.56 (5.32, 55.61) ^{a,b}	92.774	< 0.001	
BNP (pg/ml)	19.4 (9.05, 35.7)	48.6 (29.65, 142.25) ^a	80.2 (54, 177.9) ^{a,b}	42.290	< 0.001	
cTnI (g/L)	0 (0, 0)	0 (0, 0.02)	0.02 (0, 0.05) ^{a,b}	19.959	< 0.001	
CKMB (ng/ml)	0.8 (0.43, 1.08)	0.86 (0.21, 1.99)	1.35 (0.36, 3.03) ^{a,b}	8.895	0.012	
Myoglobin (µg/L)	22.03 (17.06, 28.42)	50.6 (32.47, 86.49) ^a	66.78 (37.86, 145.53) ^{a,b}	76.995	< 0.001	

Data are shown as mean ± SD or median (interquartile range), number and percent (%) of event outcomes. 1 mmHg = 0.133 kPa.

 $^{a}P < 0.05$, compared with the mild group.

 $^{b}P < 0.05$, compared with the moderate group.

group had significantly higher levels of CRP, BNP, cTnI, CK-MB, and myoglobin than the other groups. The moderate group also had significantly higher levels of these biomarkers than the mild group except cTnI and CKMB.

3.5. Correlations between echocardiographic and clinical characteristics

LVGLS and E/A were correlated with myoglobin and heart rate, respectively, with r values of 0.72 and -0.54 (all *P* < 0.05). E/e' was correlated with age and BNP (*r* = 0.79, 0.67; all *P* < 0.05) (Figure 2).

3.6. Multivariate analysis of risk factors for mild cases developing into moderate or severe cases

Because clinical characteristics, such as age and sex, were significantly different among the three groups, we conducted a multivariate logistic regression analysis of the risk factors for mild cases developing into moderate or severe cases. SpO₂,

TABLE 2	Multivariate logistic regression model analysis of risk factors for	٥r
mild and	moderate/severe COVID-19 (n = 219).	

Item	β	Wald	Р	OR	95% Cl
SpO ₂ (%)	-1.022	9.982	0.002	0.360	0.191-0.678
SBP (mmHg)	-0.044	2.209	0.137	0.957	0.902-1.014
LVGLS	1.162	9.081	0.003	3.196	1.501-6.806
E/e'	0.268	4.399	0.036	1.307	1.018-1.68

OR, odds ratio; CI, confidence interval.

LVGLS, and E/e' were independently associated with the progression from mild to moderate/severe cases, with ORs of 0.360, 3.196, and 1.307, respectively (P = 0.02, 0.003, and 0.036; **Table 2**).

3.7. ROC curve of echocardiographic parameters for predicting moderate/severe diseases

ROC curves were depicted to evaluate the capacity of the echocardiographic parameters to diagnose moderate/severe COVID-19 cases (Figure 3). According to the ROC curves, when all the COVID-19 patients in our study were considered as the



Associations between echocardiographic parameters and clinical characteristics. Positive correlations were observed between left ventricular global longitudinal strain (LVGLS) and myoglobin (r = 0.72), E/e' and age (r = 0.79), E/e' and BNP (r = 0.67). Negative correlation was found between E/A and heart rate (r = -0.54).



FIGURE 3

The ROC curve was used to evaluate the ability of echocardiographic parameters in diagnosing moderate and severe COVID-19 patients. Longitudinal strain parameters show negative values as ventricular myocardium shortens along the longitudinal axis during systolic activity. For easier comparison, values of EF, E/e' and E/A were modified by changing the algebraic sign. In All subjects (A), female group (B) and male group (C).

TABLE 3	The ROC	curve was	used to	evaluate	the ability		echocardio	iranhi	c parameter	sino	diagnosing	moderate	and s	severe	COVID	-19 r	patients
INDLL 9	THE ROC	cuive was	uscu to	cvatuate	the ability	y 01	centocarato	յուսթող	c parameters		alagnosting	moucrace	und s	SCACIC	COVID		Jacicito.

	AUC	95% CI	P value	Z value	95% CI	P value				
Overall										
LVGLS	0.861	0.802-0.908	< 0.001	6.3	0.204-0.389	< 0.0001 ^a				
LVGCS	0.565	0.489-0.638	0.947	0.947 / /		/				
LVEF	0.84	0.778-0.890	< 0.001	5.123	0.170-0.381	<0.0001 ^b				
E/A	0.834	0.772-0.885	< 0.001	4.610	0.155-0.384	<0.0001 ^c				
E/e'	0.841	0.780-0.891	< 0.001	4.643	0.160-0.393	< 0.0001 ^d				
Female										
LVGLS	0.85	0.766-0.912	< 0.001	4.730	0.187-0.452	<0.0001 ^a				
LVGCS	0.53	0.429-0.628	0.802	/	1	/				
LVEF	0.807	0.718-0.878	< 0.001	3.474	0.121-0.474	0.0005 ^b				
E/A	0.89	0.813-0.943	< 0.001	4.771	0.212-0.508	<0.0001 ^c				
E/e'	0.843	0.759-0.907	< 0.001	3.615	0.143-0.483	0.0003 ^d				
Male										
LVGLS	0.788	0.675-0.876	< 0.001	3.034	0.093-0.432	0.0024 ^a				
LVGCS	0.525	0.403-0.645	0.588	/	1	/				
LVEF	0.865	0.763-0.935	< 0.001	4.671	0.197-0.482	<0.0001 ^b				
E/A	0.737	0.619-0.835	0.001	2.193	0.0225-0.401	0.0283 ^c				
E/e'	0.829	0.721-0.908	<0.001	3.404	0.129-0.479	0.0007 ^d				

^aThe P value indicated the comparision between ROC of LVGLS and LVGCS.

^bThe *P* value indicated the comparision between ROC of LVEF and LVGCS.

^cThe *P* value indicated the comparision between ROC of E/A and LVGCS.

^dThe *P* value indicated the comparision between ROC of E/e' and LVGCS.

sample size, the AUC of the LVGLS was the highest (AUC = 0.861). The AUC of the LVGLS was higher than that of the LVGCS (**Table 3**; AUC = 0.565, P < 0.001). This indicates that the LVGLS is an excellent diagnostic tool for identifying moderate/severe diseases.

4. Discussion

In this study, we have observed that the progression of mild cases to either moderate or severe manifestations was associated with an impairment in both systolic and diastolic cardiac functions. These changes may be related to myoglobin levels, age, BNP levels, and heart rate. The AUC of the LVGLS was higher than that of the LVGCS, indicating that the systolic function in the long-axis direction was damaged drastically. SpO₂, LVGLS, and E/e['] were the independent risk factors for mild cases progressing to moderate or severe cases. In predicting moderate/ severe disease, LVGLS exhibited a higher AUC compared to LVGCS, implying an earlier onset of systolic dysfunction in the long-axis direction vs. the short-axis direction.

Cardiovascular disease remains the main cause of mortality worldwide (12, 13). Few studies have assessed cardiac function in COVID-19 patients with varying severity and identified the risk factors for mild cases worsening into moderate or severe cases. Many previous studies have shown that patients with COVID-19 can experience myocardial damage, either directly due to viral infiltration, indirectly due to respiratory failure, a systemic inflammatory response, or a combination of all three conditions (14). Patients with acute COVID-19 pneumonia without prior echocardiographic abnormalities can develop echocardiographic abnormalities, most commonly left and/or right ventricular dysfunction (15, 16).

Echocardiography along with LVGLS imaging is a handy and effective tool to ascertain early left ventricular dysfunction which is often seen in myocardial injury. Some studies have shown that left ventricular systolic and diastolic functions are impaired in COVID-19 patients, including increased left ventricular internal dimension diastole, reduced LVEF, increased left atrial volume, increased peak tricuspid regurgitation velocity (Vmax), and changes in mitral E/e' ratio (16–23).

Our study found that the reduction of systolic and diastolic functions has correlation with the severity of the illness. The parameters of left ventricular structure or systolic/diastolic functions in the mild group were lower than those in the moderate or severe groups. One study showed that conventional echocardiographic parameters of the left ventricular structure or systolic/diastolic functions did not differ between the moderate and severe groups (24). The results of the present study is consistent with this finding. For E/A ratio, there was no significantly difference between mild and severe patients (25). However, in our study, E/A ratio and LVEF was lower in moderate and severe patients compared with milder ones. This may be due to the older age of moderate to severe patients compared to mild patients.

Speckle-tracking echocardiography is good at assessing myocardial deformation because it is not affected by angle (26, 27). Longitudinal and circumferential changes diverge as myocardial disease progresses, which may contribute to the ability of strain to predict outcomes. Two-dimensional speckle tracking technology can identify myocardial dysfunction and subclinical myocardial injury (28), and studies have shown the potential value of ventricular strain assessment in COVID-19 patients (29-31). Our study found that SpO₂, E/e' and LVGLS were the independent risk factors for mild patients progressing to moderate/severe group, and LVGLS played the most important part. The classification criteria included oxygen saturation, so SpO₂ could influence the degree of disease. In our study, E/e' ratio was higher in moderate and severe patients compared with milder ones which was similar to previous studies (32, 33). Lupu et al. (34) found that E/e' had the added predictive value which could improve outcome prediction.

Myocardial longitudinal strain mainly reflects cardiac contractile function, while myocardial circumferential strain is more closely related to cardiac preload (35). In this study, the systolic function decreased more significantly than the diastolic function. Moreover, LVGLS proved to be a more effective predictor for diagnosing moderate/severe cases of COVID-19 than LVGCS. This superiority in predictive ability may be attributed to its reflection of the function of longitudinally oriented subendocardial muscle fibers, which are adversely affected in the early stages of myocardial injury. A similar situation was observed during COVID-19 infection, with a significant decrease in LVGLS in severe patients (36). A recent meta-analysis of critically ill patients with severe sepsis and septic shock showed that left ventricular GLS is a reliable marker of left ventricular systolic function (37). Another meta-analysis showed that lower LVGLS was independently associated with adverse outcomes of COVID-19. Subgroup analysis showed that for every 1% decrease in LVGLS, the mortality rate increased by 1.3 times (31).

A limitation of our study was that it was a single-center study and recruited a small number of patients. Second, the patients in the mild group were younger than those in the moderate/severe groups. Age differences may also affect cardiac function. However, we conducted logistic regression analysis to identify age as a risk factor for heart disease. Besides, we did not set normal control patients group. In addition, we did not observe the normalization of echocardiographic data after recovery. We intend to continue this research in the future.

5. Conclusion

When mild COVID-19 progresses to moderate or severe, both systolic and diastolic functions of the heart are impaired. LVGLS was the independent risk factor for mild cases progressing to moderate or severe cases. Longitudinal changes may manifest earlier than circumferential changes as myocardial disease progresses in COVID-19.

Data availability statement

The raw data supporting the conclusions of this article will be made available by the authors, without undue reservation.

Ethics statement

The studies involving humans were approved by the Ethics Committee of Shanghai General Hospital. The studies were conducted in accordance with the local legislation and institutional requirements. The participants provided their written informed consent to participate in this study.

Author contributions

YXW: Investigation, Writing – original draft. JXC: Software, Writing – review & editing. LJ: Writing – review & editing. LHW: Project administration, Writing – review & editing. MJZ: Software, Writing – review & editing. JLS: Methodology, Writing – review & editing. CQS: Validation, Writing – review & editing. LFD: Methodology, Writing – review & editing. BW: Resources, Visualization, Writing – review & editing. ZJL: Funding acquisition, Methodology, Writing – review & editing.

Funding

The author(s) declare financial support was received for the research, authorship, and/or publication of this article.

Supported by Natural Science Foundation of Shanghai (21ZR1451400), Shanghai Health and Family Planning Commission Fund (202240235), and Shanghai Jiading District Health and Family Planning Commission Fund (2021-KY-10).

Acknowledgments

The authors would like to thank our team of physicians in this hospital who assisted in the follow-up data collection.

Conflict of interest

The authors declare that the research was conducted in the absence of any commercial or financial relationships that could be construed as a potential conflict of interest.

References

1. Dou Q, Wei X, Zhou K, Yang S, Jia P. Cardiovascular manifestations and mechanisms in patients with COVID-19. *Trends Endocrinol Metab.* (2020) 31 (12):893–904. doi: 10.1016/j.tem.2020.10.001

2. Guo T, Fan Y, Chen M, Wu X, Zhang L, He T, et al. Cardiovascular implications of fatal outcomes of patients with coronavirus disease 2019 (COVID-19). JAMA Cardiol. (2020) 5(7):811-8. doi: 10.1001/jamacardio.2020.1017

3. Huang C, Wang Y, Li X, Ren L, Zhao J, Hu Y, et al. Clinical features of patients infected with 2019 novel coronavirus in Wuhan, China. *Lancet.* (2020) 395 (10223):497–506. doi: 10.1016/S0140-6736(20)30183-5

4. Lv F, Wang J, Yu X, Yang A, Liu J, Qian L, et al. Chinese Expert consensus on critical care ultrasound applications at COVID-19 pandemic. *Adv Ultrasound Diagn Ther.* (2020) 4(2): 27–42. doi: 10.37015/AUDT.2020.200029

5. Wang B, Zhang Li, Zhang D, Yuan H, Wu C, Zhang Y, et al. Bedside ultrasound in assessment of 510 severe and critical patients with COVID-19 pneumonia in Wuhan, China. *Adv Ultrasound Diagn Ther.* (2020) 4(2): 60–6. doi: 10.37015/AUDT.2020.200018

6. Meindl C, Paulus M, Poschenrieder F, Hamer OW, Zeman F, Maier LS, et al. Left atrial strain parameters derived by echocardiography are impaired in patients with acute myocarditis and preserved systolic left ventricular function. *Int J Cardiovasc Imaging.* (2023) 39(6):1157–65. doi: 10.1007/s10554-023-02827-9

7. Al Saikhan L, Park C, Hardy R, Hughes A. Prognostic implications of left ventricular strain by speckle-tracking echocardiography in the general population: a meta-analysis. *Vasc Health Risk Manag.* (2019) 15:229–51. doi: 10.2147/VHRM. S206747

8. Croft LB, Krishnamoorthy P, Ro R, Anastasius M, Zhao W, Buckley S, et al. Abnormal left ventricular global longitudinal strain by speckle tracking echocardiography in COVID-19 patients. *Future Cardiol.* (2021) 17(4):655–61. doi: 10.2217/fca-2020-0121

9. Diagnosis and treatment protocol of novel coronavirus (version 10) [EB/OL]. Available at: http://www.nhc.gov.cn/xcs/zhengcwj/202301/bdc1ff75feb94934ae1dade 176d30936.shtml

10. Lang RM, Badano LP, Mor-Avi V, Afilalo J, Armstrong A, Ernande L, et al. Recommendations for cardiac chamber quantification by echocardiography in adults: an update from the American society of echocardiography and the European association of cardiovascular imaging. *J Am Soc Echocardiogr.* (2015) 28 (1):1–39.e14. doi: 10.1016/j.echo.2014.10.003

11. Marwick TH, Leano RL, Brown J, Sun JP, Hoffmann R, Lysyansky P, et al. Myocardial strain measurement with 2-dimensional speckle-tracking echocardiography: definition of normal range. *JACC Cardiovasc Imaging*. (2009) 2(1):80–4. doi: 10.1016/j. jcmg.2007.12.007

Publisher's note

All claims expressed in this article are solely those of the authors and do not necessarily represent those of their affiliated organizations, or those of the publisher, the editors and the reviewers. Any product that may be evaluated in this article, or claim that may be made by its manufacturer, is not guaranteed or endorsed by the publisher.

Supplementary material

The Supplementary Material for this article can be found online at: https://www.frontiersin.org/articles/10.3389/fcvm.2023. 1260971/full#supplementary-material

SUPPLEMENTARY FIGURE 1

The repeatability evaluation adopted a linear correlation analysis and Bland-Altman plots. (A) The mean (\pm SD) difference was 0.22 (\pm 0.80) for repeated measurements of GLS taken by two independent observers. (B) The linear correlation of GLS between 2 observers showed that $R^2 = 0.87$. (C) The mean (\pm SD) difference was 1.34 (\pm 2.43) for repeated measurements of GCS taken by two independent observers. (D) The linear correlation of GCS between 2 observers showed that $R^2 = 0.65$.

12. Jin L, Chen J, Zhang M, Sha L, Cao M, Tong L, et al. Relationship of arterial stiffness and central hemodynamics with cardiovascular risk in hypertension. *Am J Hypertens.* (2023) 36(4):201–8. doi: 10.1093/ajh/hpad005

13. Jin L, Tong L, Shen C, Du L, Mao J, Liu L, et al. Association of arterial stiffness indices with Framingham cardiovascular disease risk score. *Rev Cardiovasc Med.* (2022) 23(8):287. doi: 10.31083/j.rcm2308287

14. Akhmerov A, Marbán E. COVID-19 and the heart. Circ Res. (2020) 126 (10):1443–55. doi: 10.1161/CIRCRESAHA.120.317055

15. Dweck MR, Bularga A, Hahn RT, Bing R, Lee KK, Chapman AR, et al. Global evaluation of echocardiography in patients with COVID-19. *Eur Heart J Cardiovasc Imaging*. (2020) 21(9):949–58. doi: 10.1093/ehjci/jeaa178

16. Szekely Y, Lichter Y, Taieb P, Banai A, Hochstadt A, Merdler I, et al. Spectrum of cardiac manifestations in COVID-19: a systematic echocardiographic study. *Circulation*. (2020) 142(4):342–53. doi: 10.1161/CIRCULATIONAHA.120.047971

17. Carrizales-Sepúlveda EF, Vera-Pineda R, Flores-Ramírez R, Hernández-Guajardo DA, Pérez-Contreras E, Lozano-Ibarra MM, et al. Echocardiographic manifestations in COVID-19: a review. *Heart Lung Circ.* (2021) 30(8):1117–29. doi: 10.1016/j.hlc.2021.02.004

18. Yau O, Gin K, Luong C, Jue J, Abolmaesumi P, Tsang M, et al. Point-of-care ultrasound in the COVID-19 era: a scoping review. *Echocardiography.* (2021) 38 (2):329–42. doi: 10.1111/echo.14951

19. Pishgahi M, Karimi Toudeshki K, Safari S, Yousefifard M. Echocardiographic abnormalities as independent prognostic factors of in-hospital mortality among COVID-19 patients. *Arch Acad Emerg Med.* (2021) 9(1):e21. doi: 10.22037/aaem. v9i1.1155

20. Bieber S, Kraechan A, Hellmuth JC, Muenchhoff M, Scherer C, Schroeder I, et al. Left and right ventricular dysfunction in patients with COVID-19-associated myocardial injury. *Infection*. (2021) 49(3):491–500. doi: 10.1007/s15010-020-01572-8

21. Hadzibegovic S, Lena A, Churchill TW, Ho JE, Potthoff S, Denecke C, et al. Heart failure with preserved ejection fraction according to the HFA-PEFF score in COVID-19 patients: clinical correlates and echocardiographic findings. *Eur J Heart Fail.* (2021) 23(11):1891–902. doi: 10.1002/ejhf.2210

22. Lala A, Johnson KW, Januzzi JL, Russak AJ, Paranjpe I, Richter F, et al. Prevalence and impact of myocardial injury in patients hospitalized with COVID-19 infection. J Am Coll Cardiol. (2020) 76(5):533–46. doi: 10.1016/j.jacc.2020.06.007

23. Joy G, Artico J, Kurdi H, Seraphim A, Lau C, Thornton GD, et al. Prospective case-control study of cardiovascular abnormalities 6 months following mild COVID-19 in healthcare workers. *JACC Cardiovasc Imaging*. (2021) 14(11):2155–66. doi: 10. 1016/j.jcmg.2021.04.011

24. Çalışkan M, Baycan ÖF, Çelik FB, Güvenç TS, Atıcı A, Çağ Y, et al. Coronary microvascular dysfunction is common in patients hospitalized with COVID-19 infection. *Microcirculation*. (2022) 29(4–5):e12757. doi: 10.1111/micc.12757

25. Barssoum K, Victor V, Salem A, Kumar A, Mubasher M, Hassib M, et al. Echocardiography, lung ultrasound, and cardiac magnetic resonance findings in COVID-19: a systematic review. *Echocardiography.* (2021) 38(8):1365–404. doi: 10. 1111/echo.15152

26. Ancona R, Comenale Pinto S, Caso P, D'andrea A, Di Salvo G, Arenga F, et al. Left atrium by echocardiography in clinical practice: from conventional methods to new echocardiographic techniques. *Sci World J.* (2014) 2014:451042. doi: 10.1155/2014/451042

27. Kalam K, Otahal P, Marwick TH. Prognostic implications of global LV dysfunction: a systematic review and meta-analysis of global longitudinal strain and ejection fraction. *Heart.* (2014) 100(21):1673–80. doi: 10.1136/heartjnl-2014-305538

28. Blessberger H, Binder T. NON-invasive imaging: two dimensional speckle tracking echocardiography: basic principles. *Heart.* (2010) 96(9):716–22. doi: 10. 1136/hrt.2007.141002

29. Bhatti H, Cordova Sanchez A, Dhungana R, Carvounis C, Singh A. Left ventricular global longitudinal strain in patients with COVID-19 infection. *Cureus*. (2022) 14(4):e23986. doi: 10.7759/cureus.23986

30. Gherbesi E, Bergamaschi L, Cusmano I, Tien TT, Paolisso P, Foà A, et al. The usefulness of speckle tracking echocardiography in identifying subclinical myocardial dysfunction in young adults recovered from mild COVID-19. *Echocardiography*. (2022) 39(9):1190–7. doi: 10.1111/echo.15431

31. Wibowo A, Pranata R, Astuti A, Tiksnadi BB, Martanto E, Martha JW, et al. Left and right ventricular longitudinal strains are associated with poor outcome in COVID-19: a systematic review and meta-analysis. *J Intensive Care.* (2021) 9(1):9. doi: 10.1186/s40560-020-00519-3

32. Churchill TW, Bertrand PB, Bernard S, Namasivayam M, Churchill J, Crousillat D, et al. Echocardiographic features of COVID-19 illness and association with cardiac biomarkers. J Am Soc Echocardiogr. (2020) 33(8):1053–4. doi: 10.1016/j.echo.2020.05.028

33. Zhang Y, Sun W, Wu C, Zhang Y, Cui L, Xie Y, et al. Prognostic value of right ventricular ejection fraction assessed by 3D echocardiography in COVID-19 patients. *Front Cardiovasc Med.* (2021) 8:641088. doi: 10.3389/fcvm.2021.641088

34. Lupu L, Banai A, Szekely Y, Lichter Y, Hochstadt A, Taieb P, et al. The added predictive role of echocardiography in patients with mild or moderate coronavirus disease 2019. *Int J Cardiol.* (2023) 371:492–9. doi: 10.1016/j.ijcard.2022.09.079

35. Zhang K, Sheu R, Zimmerman NM, Alfirevic A, Sale S, Gillinov AM, et al. A comparison of global longitudinal, circumferential, and radial strain to predict outcomes after cardiac surgery. *J Cardiothorac Vasc Anesth.* (2019) 33(5):1315–22. doi: 10.1053/j.jyca.2018.10.031

36. Baycan OF, Barman HA, Atici A, Tatlisu A, Bolen F, Ergen P, et al. Evaluation of biventricular function in patients with COVID-19 using speckle tracking echocardiography. *Int J Cardiovasc Imaging*. (2021) 37(1):135–44. doi: 10.1007/s10554-020-01968-5

37. Sanfilippo F, Corredor C, Fletcher N, Tritapepe L, Lorini FL, Arcadipane A, et al. Left ventricular systolic function evaluated by strain echocardiography and relationship with mortality in patients with severe sepsis or septic shock: a systematic review and meta-analysis. *Crit Care.* (2018) 22(1):183. doi: 10.1186/s13054-018-2113-y