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Local arterial stiffness measured by ultrafast ultrasound imaging in childhood cancer survivors treated with anthracyclines

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Background: There is conflicting literature regarding the long-term effect of anthracycline treatment on arterial stiffness. This study assessed local arterial stiffness using ultrafast ultrasound imaging (UUI) in anthracycline treated childhood cancer survivors, at rest and during exercise.

Methods: 20 childhood cancer survivors (mean age 21.02 ± 9.45 years) treated with anthracyclines (mean cumulative dose 200.7 ± 126.80 mg/m²) and 21 healthy controls (mean age 26.00 ± 8.91 years) were included. Participants completed a demographic survey, fasting bloodwork for cardiovascular biomarkers, and performed a submaximal exercise test on a semi-supine bicycle. Pulse wave velocity (PWV) was measured in the left common carotid artery by direct pulse wave imaging using UUI at rest and submaximal exercise. Both PWV at the systolic foot (PWV-SF) and dicrotic notch (PWV-DN) were measured. Central (carotid-femoral) PWV was obtained by applanation tonometry. Carotid measurements were taken by conventional ultrasound. Measures were compared using two-tailed Students *t*-test or Chi-squared test, as appropriate.

Results: There was no statistically significant difference (p > 0.05) between childhood cancer survivors and healthy controls in demographic parameters (age, sex, weight, height, BMI), blood biomarkers (total cholesterol, triglycerides, LDL-c, HDL-c, hs-CRP, fasting glucose, insulin, Hb A1c), cardiovascular parameters (intima media thickness, systolic and diastolic blood pressure, heart rate, carotid diameters, distensibility) or PWV measured by UUI at rest or at exercise. There was also no difference in the cardiovascular adaptation between rest and exercise in the two groups (p > 0.05). Multivariate analysis revealed age (p = 0.024) and LDL-c (p = 0.019) to be significant correlates of PWV-SF in childhood cancer survivors, in line with previously published data.

Conclusion: We did not identify a significant impact of anthracycline treatment in young survivors of childhood cancer on local arterial stiffness in the left common carotid artery as measured by UUI.

KEYWORDS

anthracycline, arterial stiffness, ultrafast ultrasound imaging, cancer survivor, pediatrics

Abbreviations

CCA, common carotid artery; CCS, childhood cancer survivor; DBP, diastolic blood pressure; HbA1c, hemoglobin A1c; HDL-c, high density lipoprotein cholesterol; hs-CRP, high sensitivity c-reactive protein; LDL-c, low density lipoprotein cholesterol; PWV, pulse wave velocity; PWV-DN, pulse wave velocity at dicrotic notch; PWV-SF, pulse wave velocity at systolic foot; SBP, systolic blood pressure; UUI, ultrafast ultrasound imaging.

Introduction

Every year, approximately 1,000 Canadian children are diagnosed with cancer (1). More than 50% of these patients are treated with anthracyclines, which are known cardiotoxic agents (2, 3). While the exact mechanism is unclear, cardiotoxicity is thought to be related to oxidative stress and mechanisms resulting in apoptosis (4). The short- and long-term cardiovascular effects of anthracycline therapy have been a topic of research for many years. Multiple studies have demonstrated increased long-term cardiac risk in childhood cancer survivors (CCS), particularly with higher risks for developing left ventricular dysfunction and congestive heart failure (5-8). Over the last decade, emerging studies have reported vascular changes in young childhood cancer survivors, suggesting early vascular changes may predispose to development of early atherosclerosis (9). The increased incidence of atherosclerosis has been hypothesized to be related to possible direct vascular effects of anthracycline treatment or indirect effects related to inflammation resulting from the cancer and its treatment (10). However, the literature is conflicting, and there is no consensus on the impact and extent of vascular damage.

Arterial stiffness is a biomarker of vascular health and a predictor of cardiovascular events in adults (11). There are different methods that can be used to evaluate arterial stiffness, most often based on tonometry or B-mode based measurements of stiffness, which have significant limitations (12). In the clinical setting, pulse wave velocity (PWV) is used as a non-invasive surrogate for arterial stiffness. Ultrafast ultrasound imaging (UUI) is a newer method to measure local arterial PWVs with high accuracy (13, 14). The very high temporal resolution allows for the detection of small amplitude displacements with direct visualization of the pulse wave propagating along the vessel walls (15). This provides a direct measurement of local PWV which

reflects local arterial stiffness in a specific arterial segment. UUI allows for the visualisation of distinct forward-propagating pulse waves at different times in the cardiac cycle: PWV at the systolic foot (PWV-SF), after aortic valve opening, and PWV at the dicrotic notch (PWV-DN), after aortic valve closure (see **Figure 1**). These parameters estimate different stiffness states of the arterial wall during the cardiac cycle.

The aim of the current study was to use UUI to measure local PWV in the left carotid artery at rest and during an exercise in childhood cancer survivors treated with anthracyclines and compare the findings to healthy controls. The hypothesis was that local arterial stiffness in CCS would be increased at rest and demonstrate an abnormal response to exercise. This is the first study evaluating arterial stiffness in childhood cancer survivors using UUI.

Methods

Subjects

This study included 20 childhood cancer survivors (CCS) and 21 healthy volunteers (HV). Participants were recruited by the department of echocardiography at the Hospital for Sick Children, Toronto. The study was approved by the research ethics committee (REB #1000060834) and all participants gave informed consent. The CCS group inclusion criteria were: age <18 years at time of cancer diagnosis, currently in remission from cancer, and treated with anthracyclines with the final dose completed at least 3 years before inclusion. No participants had significant congenital heart disease or cardiomyopathy. Healthy volunteers were age-matched and had no history of cardiovascular disease.



PWV-SF and PWV-DN measurement using UUI. 2D space-time graph representing displacement of superficial common carotid artery wall. X-axis represents time in the form of frame number. Y-axis represents position of arterial wall segment in relation to the ultrasound probe. Red represents movement towards probe. Blue represents movement away from the probe. Sloped vertical lines represent pulse waves. Dotted lines represent the slope of pulse wave, thus representing the velocity. Purple line represents ECG tracing, and blue line represents aortic pressure, time matched to space-time graph. Aortic valve opening and closure are represented by black vertical ellipses.

Study protocol

Demographic parameters including age, sex, weight, and height were obtained. Blood pressure (systolic: SBP; diastolic: DBP) measurements, conventional ultrasound acquisitions of the left common carotid artery (CCA), UUI acquisitions of the left CCA, and carotid-femoral PWV measurements by applanation tonometry on the right were taken at baseline (rest, seated position) and at submaximal exertion during an exercise test, at 75 W (see Figure 2). Offline analysis of carotid artery imaging was done to obtain carotid intima-media thickness (IMT), carotid diameter (at SBP/peak systole and DBP/end-diastole), and distensibility, both at rest and submaximal exercise.

Bloodwork

Participants who consented in advance to blood work fasted overnight. Measurements included total cholesterol, triglycerides, low density lipoprotein cholesterol (LDL-c), high density lipoprotein cholesterol (HDL-c), fasting glucose, HbA1c, insulin, and high sensitivity C-Reactive protein (hs-CRP).

Blood pressure assessment

A Dinamap[®] ProCare oscillometric device (GE Healthcare, Tampa, Florida, USA) was used to measure systolic, diastolic,

and mean arterial pressure and simultaneous heart rate in triplicate. Established guidelines for BP measurement were followed with measurements in the right arm using an appropriate cuff size with the arm at heart level after 5 min of rest with the participant seated (16). Oscillometric readings above the 90th percentile for gender, age and height were repeated with an auscultatory technique (17).

Exercise test

A modified Bruce Protocol was used on a semi-supine bicycle ergometer (Ergoline USA), such that patients were sitting and leaning back at about a 120° angle with their neck stable and exposed (depicted in **Figure 2**) (18). Their arms were free and resting on arm rests such that blood pressure measurements could be consistently taken. BP measurements on the right arm were taken at each increase in exercise load following the Bruce protocol. There was a continuous 12-lead electrocardiogram (ECG) including heart rate monitoring.

Conventional ultrasound

Carotid artery imaging was performed using a GE Vivid-E95 Ultrasound system (GE Healthcare, USA) equipped with a 111 linear transducer. Carotid IMT and carotid artery distensibility were assessed (see Figure 2). The acquisition was performed on



Study protocol. Diagram representation of study protocol. Participants underwent an exercise trial on a semi-supine bicycle ergometer such that patients were sitting and leaning back at about a 120° angle with their neck stable and exposed. Their arms were free and resting on arm rests such that blood pressure measurements could be consistently taken. BP measurements on the right arm were taken at each increase in exercise load following the Bruce protocol. There was a continuous 12-lead electrocardiogram (ECG) including heart rate monitoring. PWV measurements (by UUI and tonometry), as well as carotid parameter measurements were taken at rest and submaximal exercise. left CCA. A 2D cine-loop of the common carotid artery including proximal bulb was recorded. An M-mode 1 cm proximal to the bulb was generated. This was assessed by the same skilled ultrasonographer (19). Offline analysis was performed using automated analysis software (Carotid Analyzer, Medical Imaging Applications LLC, USA). Carotid diameter was measured at peak systole (maximum diameter) and at end-diastole (at peak R wave on ECG). Arterial borders were decided by lumen-wall interface. Zooming and increasing sweep speed were used to improve measuring accuracy. Three measurements were recorded and averaged.

Carotid-to-femoral PWV measurement (tonometry)

Central (aortic) PWV was obtained by applanation tonometry (SphygmoCor, AtCor Medical Pty Ltd, West Ryde, Australia). It was measured as the transit time of the pulse wave between the right carotid and right femoral artery (20). The transit time was measured automatically by the software as the difference between the onsets of the waveforms between simultaneously interrogated sites. The distance between sites were measured to the closest millimeter with a tape measure. PWV was derived using the formula: PWV = transit distance/transit time (m/s). The mean of two measurements was used in all analyses.

PWV assessed by UUI

The left CCA was assessed by UUI using a programmable ultrafast ultrasound system (Vantage 256, Verasonics, Kirkland, WA, USA) equipped with a GE 11l linear transducer (GE Vingmed, Horten, Norway). The probe was placed in a longitudinal orientation with its distal end about 2 cm proximal to the carotid bifurcation of the CCA. The length of the arterial segment was about 40 mm. After the probe was set up and the sequence was initiated, the UUI acquisition was triggered automatically by the peak of the R wave on ECG. Each acquisition lasted 709 ms and covered at least one cardiac cycle. Each measurement was taken at least twice to ensure reproducibility. Raw ultrasound data were beamformed into Inphase/Quadrature datasets (IQ), and processed using MATLAB R2019a (The MathWorks Inc., Natick, MA, USA). Offline analysis of PWV on MATLAB used well verified post-processing methods, as follows. The arterial walls were first localized on the IQ images. The anterior and posterior CCA were manually delineated and approximated by a second order polynomial line. The radial velocity of the wall was then derived by a frame-toframe IQ auto-correlation (Loupas estimator) (15, 21). The velocity of the anterior arterial wall segment over time could then be displayed ass 2D space-time graph, on which the different pulse-waves appear as tilted colored stripes (Figure 1). The slope of these color stripes corresponded to the PWV and was obtained using a local Radon transforms of the space-time graph as in (22). Within a cardiac cycle, two pulse waves can be seen: one from the beginning of systole created by the pressure wave of blood being pumped out (systolic foot, PWV-SF), and one at the end of systole formed by the pressure differential from the aortic valve closing (dicrotic notch, PWV-DN).

Statistical analysis

Results are presented as mean \pm standard deviation (SD). Normality was defined by the Shapiro-Wilk test. Parametric measures were compared using unpaired two-tailed or paired Students *t*-test, or Chi-squared test, as appropriate. Nonparametric measures were compared with the Mann–Whitney *U* test. Correlations were analyzed using Pearson correlation analysis. Multiple regression was performed on independent variables showing a linear correlation to PWV to identify significant determinants of PWV. All statistical analyses were performed using MedCalc (MedCalc Software Ltd, Ostend, Belgium). A *p*-value <0.05 was considered to indicate statistical significance. Bonferroni correction was applied where suitable.

Results

Population characteristics and clinical parameters

This study included 20 CCS treated with anthracyclines, aged 20.9 ± 9.2 years, and 21 HV, aged 26 ± 8.91 years (p = 0.10). Table 1 outlines the study population characteristics, including demographics, clinical parameters in survivors, cancer diagnosis, and blood biomarkers. In the CCS population, the mean age at diagnosis was 7.0 ± 3.6 years, the mean duration since treatment completion was 13.7 ± 7.6 years, and the mean total dose (in doxorubicin anthracycline equivalents) was $200.7 \pm 126.80 \text{ mg/m}^2$. Only six CCS participants (30%) had an anthracycline dose exceeding 250 mg/m². None of the participants had significant known cardiac abnormalities or familial cardiomyopathies, pre-existing cardiovascular conditions, kidney disease, or type 1 diabetes. They were all non-smokers. Five participants (25%) received radiation therapy. No participants were receiving or had previously received cardiac medications, other than one participant who received Dexrazoxane. Table 2 summarizes cardiovascular parameters at rest and exercise, respectively. No significant differences were found between the groups in any of the measured parameters, including blood biomarkers.

PWV measurements by UUI

Figure 3 shows PWV-SF measurements in both groups, at rest and exercise. PWV-SF was significantly different at rest vs. exercise condition in the CCS group (p < 0.001) and HV group (p < 0.01). However, there was no difference in PWV-SF between CCS and HV groups at rest (p = 0.56) or during exercise (p = 0.46).

TABLE 1 Population characteristics.

Parameter	Cancer survivor (<i>n</i> = 20)	Control (<i>n</i> = 21)	р
Demographic parameters			
Age (years)	21.02 ± 9.45	26.00 ± 8.91	0.10
Sex (M/F)	12M/8F	12M/9F	0.85
Weight (kg)	67.8 ± 15.3	70.15 ± 17.97	0.67
Height (cm)	166.7 ± 9.35	170.63 ± 7.48	0.16
BMI (kg/m ²)	24.3 ± 4.6	24.00 ± 4.94	0.86
Clinical parameters in survivors			
Age at diagnosis (years)	6.96 ± 3.56		
Duration since completion of therapy (years)	13.71 ± 7.63		
Cumulative anthracycline dose (mg/m ²)	200.7 ± 126.80		
With dose exceeding 250 mg/m ² (#)	6 (30%)		
Use of Dexrazoxane (#)	1 (5%)		
Use of radiation therapy (#)	5 (25%)		
Thoracic (mantle, lung, paraaortic) (#)	3 (15%)		
Abdominal (whole, spleen, liver) (#)	3 (15%)		
Cranial (#)	1 (5%)		
Pelvic (#)	1 (5%)		
Diagnosis			
Acute Lymphocytic Leukemia (ALL) (#)	5 (25%)		
Ewing's Sarcoma (#)	3 (15%)		
Hodgkin's Lymphoma (#)	3 (15%)		
Non-Hodgkin's Lymphoma (#)	3 (15%)		
Acute Myeloid Leukemia (AML) (#)	2 (10%)		
Osteosarcoma (#)	1 (5%)		
Rhabdomyosarcoma (#)	1 (5%)		
Wilms Tumor (#)	1 (5%)		
Blood biomarkers			
Total cholesterol	4.45 ± 0.92	4.53 ± 0.84	0.78
Triglycerides	1.00 ± 0.45	0.82 ± 0.33	0.19
LDLc	2.38 ± 0.83	2.56 ± 0.81	0.52
HDLc	1.61 ± 0.38	1.60 ± 0.32	0.91
hs-CRP	2.95 ± 5.81	0.94 ± 1.23	0.19
Fasting glucose	4.88 ± 0.91	5.08 ± 0.49	0.44
Insulin	61.82 ± 25.61	60.61 ± 31.90	0.90
Hb A1c	5.00 ± 0.27	4.99 ± 0.24	0.95
Vascular parameters			
IMT (cm)	0.05 ± 0.006	0.04 ± 0.03	0.59

Values reported as average +/- standard deviation, or number of participants (#).

Figure 4 shows PWV-DN measurements in both groups, at rest and exercise. PWV-DN was significantly different at rest vs. during exercise in the CCS group (p = 0.02), but not in the HV group (p = 0.07). There was no difference in PWV-DN between CCS and HV groups at rest (p = 0.50) or during exercise (p = 0.76).

PWV correlations with other parameters at rest

Table 3 outlines the correlations between PWV and other clinical and cardiovascular parameters at rest in CCS and HV. There was a significant positive correlation between PWV-SF and age in both groups. In the CCS group, PWV-SF also correlated with total cholesterol and LDLc. In the HV group, PWV-SF also correlated with weight (p = 0.007), BMI (p = 0.017), BP (p =

0.005 for DBP, p = 0.014 for SBP), IMT (p = 0.039), and systolic and diastolic carotid diameter (p < 0.001 for both).

PWV-DN in the CCS group had no significant correlations. In the HV group, PWV-DN correlated to minimum (diastolic) carotid diameter (p = 0.020) and B-index (p = 0.020).

Multiple regression was conducted for the correlated factors described above at rest. In the CCS group, age (p = 0.024) and LDL-c (p = 0.019) remained significantly correlated to PWV-SF. In the HV group, age (p = 0.048), SBP and DBP carotid diameter (p = 0.045 and p = 0.010, respectively) remained significantly correlated to PWV-SF.

Adaptation to cardiovascular stress

Table 4 outlines correlations between PWV and other clinical and cardiovascular parameters during exercise in HV and CCS.

TABLE 2 Cardiovascular measurements during rest and exercise.

Parameter	Cancer survivor Avg ± SD	Control Avg ± SD	р
Rest SBP (mmHg)	118.5 ± 11.0	118.52 ± 10.27	0.99
Rest DBP (mmHg)	68.1 ± 6.8	71.86 ± 8.32	0.27
Rest HR (bpm)	71.4 ± 8.7	67.00 ± 12.06	0.17
Rest max diameter (cm)	0.61 ± 0.05	0.62 ± 0.07	0.60
Rest min diameter (cm)	0.53 ± 0.05	0.54 ± 0.06	0.51
Rest distensibility by US	0.14 ± 0.03	0.14 ± 0.03	0.77
Rest tonometry PWV (m/s)	6.45 ± 0.97	7.02 ± 1.01	0.08
Rest UUI PWV-SF (m/s)	6.65 ± 0.94	6.87 ± 1.16	0.56
Rest UUI PWV-DN (m/s)	8.26 ± 1.52	8.63 ± 1.39	0.50
Exercise SBP (mmHg)	143.53 ± 20.15	144.05 ± 15.44	0.56
Exercise DBP (mmHg)	80.47 ± 13.06	79 ± 8.92	0.42
Exercise HR (bpm)	120.42 ± 15.40	114.70 ± 17.38	0.30
Exercise max diameter (cm)	0.64 ± 0.07	0.65 ± 0.09	0.56
Exercise min diameter (cm)	0.53 ± 0.05	0.55 ± 0.07	0.42
Exercise distensibility by US	0.17 ± 0.05	0.16 ± 0.03	0.66
Exercise tonometry PWV (m/s)	7.22 ± 1.28	8.13 ± 1.41	0.04
Exercise UUI PWV-SF (m/s)	7.95 ± 0.93	8.31 ± 1.57	0.46
Exercise UUI PWV-DN (m/s)	9.50 ± 1.19	9.66 ± 1.29	0.76

During exercise, PWV-SF correlates significantly with age, and max (systolic) carotid diameter in both groups. In the HV group, PWV-SF was correlated with weight (p = 0.016), height (p = 0.025), IMT (p = 0.001), and min (diastolic) carotid diameter (p = 0.015). PWV-SF in the CCS group additionally correlated with B-index (p = 0.031), and LDLc (p = 0.031).

During exercise, PWV-DN correlated with max (systolic) carotid diameter in both groups. PWV-DN in the HV group additionally correlated with weight (p = 0.010), height (p = 0.010) and diastolic carotid diameter (p = 0.015).

Table 5 outlines the change in SBP, DBP, pulse pressure (PP), heart rate (HR), PWV-SF and PWV-DN between rest and exercise in both groups. There was a significant difference between the change in heart rate in CCS and HV (p < 0.01), but not in other parameters.

Intra- and inter-observer variability

Regarding the intra-observer variability, 15 pulse waves (8 PWV-SF, 7 PWV-DN) obtained by UUI were re-analyzed and are depicted in Figure 5 as a Bland-Altman plot. No significant bias was observed, with a mean difference of 0.28 m/s, and limits of agreement between 1.37 and -0.81 m/s.

Regarding the inter-observer variability, 34 pulse waves were re-analyzed (12 systolic foot, 12 dicrotic notch), and are depicted in Figure 5 as a Bland-Altman plot. No significant bias was observed, with a mean difference of 0.19 m/s, and limits of agreement between 2.01 and -1.63 m/s.

Discussion

In this study, UUI measurement of local left carotid PWV was used to assess arterial stiffness in CCS treated with anthracyclines both at rest and at the end of submaximal exercise study. Overall, we observed no significant differences in PWV



considered significant, and represented in bold.



FIGURE 4

PWV-DN comparisons. Measurements of pulse wave velocity at the dicrotic notch, as measured with UUI, represented on a box and whisker plot. X-axis defines group (oncology or control) and condition (rest or exercise). Y-axis represents PWV (m/s). Mean PWV +/– SD listed under each box. p < 0.05 considered significant, and represented in bold.

TABLE 3 Correlations between PWVs and other parameters at rest.

Parameters	PWV-SF				PWV-DN			
	Cancer survivor Control		ntrol	Cancer survivor		Control		
		p		р		р		р
Age	0.522	0.044	0.600	0.014	0.139	0.569	0.551	0.051
Weight	0.166	0.485	0.667	0.007	0.121	0.622	0.343	0.275
Height	0.298	0.201	0.457	0.457	0.098	0.690	0.406	0.169
BMI	0.045	0.85	0.606	0.017	0.092	0.708	0.186	0.563
IMT	-0.453	0.103	0.536	0.039	-0.152	0.619	0.127	0.678
Tonometry PWV	0.679	<0.005	0.752	0.001	0.291	0.242	0.692	0.009
UUI PWV-SF	-	-	-	-	0.673	0.002	0.796	0.001
UUI PWV-DN	0.673	<0.005	0.796	0.001				
DBP	0.297	0.203	0.661	0.005	-0.191	0.435	0.524	0.066
SBP	-0.202	0.393	0.599	0.014	-0.388	0.101	0.336	0.262
HR	-0.167	0.480	0.441	0.087	-0.002	0.994	0.095	0.757
Max carotid diameter	-0.361	0.117	0.769	<0.001	0.025	0.919	0.452	0.121
Min carotid diameter	-0.213	0.367	0.826	<0.001	0.097	0.692	0.634	0.020
β-index	0.093	0.696	0.400	0.124	0.171	0.483	0.632	0.020
Age at diagnosis	0.249	0.304	NA	NA	0.148	0.557	NA	NA
Duration since therapy completion	0.394	0.095	NA	NA	0.089	0.727	NA	NA
Cumulative anthracycline dose	-0.175	0.473	NA	NA	-0.185	0.463	NA	NA
Cumulative dose of Radiation	-0.944	0.056	NA	NA	-0.796	0.204	NA	NA
Total cholesterol	0.571	0.021	0.160	0.601	0.429	0.111	-0.046	0.892
Triglycerides	-0.269	0.313	0.442	0.130	-0.008	0.979	-0.013	0.970
LDLc	0.651	0.006	0.112	0.716	0.514	0.051	-0.171	0.615
HDLc	0.108	0.691	-0.114	0.710	-0.097	0.730	0.268	0.426
hs-CRP	0.195	0.469	0.564	0.045	0.330	0.230	0.116	0.734
Fasting glucose	0.374	0.154	0.488	0.091	0.275	0.321	0.521	0.100
Insulin	-0.223	0.407	0.217	0.476	-0.299	0.279	-0.028	0.936
Hb A1c	0.243	0.364	-0.324	0.281	0.216	0.439	0.091	0.789

Parameters		PW	V-SF		PWV-DN			
	Cancer s	survivor	Con	trol	Cancer survivor		Control	
		р		р		р		р
Age	0.652	0.016	0.513	0.042	0.127	0.695	0.464	0.110
Weight	-0.169	0.582	0.611	0.016	-0.190	0.554	0.708	0.010
Height	0.235	0.440	0.556	0.025	-0.320	0.310	0.685	0.010
BMI	-0.358	0.230	0.492	0.063	-0.068	0.833	0.488	0.108
IMT	-0.644	0.847	0.647	0.006	-0.090	0.847	0.263	0.385
Tonometry PWV	0.652	0.016	0.748	0.001	0.224	0.483	0.793	0.001
UUI PWV-SF	-	_	-	-	0.561	0.048	0.767	0.002
UUI PWV-DN	0.561	0.058	0.767	0.002	-	-	-	-
DBP	-0.039	0.230	0.460	0.073	-0.258	0.418	0.305	0.311
SBP	-0.064	0.835	0.190	0.482	-0.323	0.306	0.271	0.371
HR	-0.316	0.293	-0.094	0.730	-0.313	0.322	-0.386	0.193
Max carotid diameter	-0.719	0.008	0.580	0.018	-0.621	0.041	0.629	0.021
Min carotid diameter	-0.427	0.167	0.595	0.015	-0.451	0.164	0.655	0.015
β-index	0.622	0.031	0.098	0.729	0.437	0.178	0.252	0.406
Age at diagnosis	0.049	0.881	NA	NA	0.044	0.897	NA	NA
Duration since therapy completion	0.544	0.064	NA	NA	0.073	0.831	NA	NA
Cumulative anthracycline dose	-0.167	0.603	NA	NA	-0.113	0.740	NA	NA
Cumulative dose of Radiation	-	-	NA	NA	-	-	NA	NA
Total cholesterol	0.524	0.080	-0.017	0.956	-0.045	0.897	-0.344	0.230
Triglycerides	-0.431	0.162	0.330	0.271	-0.423	0.194	-0.214	0.528
LDLc	0.621	0.031	0.005	0.987	0.126	0.711	-0.483	0.132
HDLc	0.210	0.511	-0.207	0.497	-0.205	0.545	0.404	0.218
hs-CRP	-0.128	0.691	0.520	0.069	0.009	0.978	0.280	0.405
Fasting glucose	0.051	0.874	0.362	0.224	-0.175	0.606	0.354	0.285
Insulin	-0.396	0.203	0.150	0.626	-0.235	0.487	-0.069	0.841
Hb A1c	0.143	0.657	-0.402	0.174	0.230	0.496	-0.347	0.299

TABLE 4 Correlations between PWV and other parameters during exercise.

measurements between CCS and healthy controls either at rest or after exercise. However, the correlation between PWV and certain factors did differ between the two groups. Importantly, PWV-SF in CCS was not correlated with BMI, IMT, BP, and carotid diameter, all of which have been shown to be correlated to the PWV of healthy individuals in previous studies (23–27). This may indicate that, while there was overall no difference between the two matched cohorts at large, that different factors are involved in the mechanism of arterial stiffening. Multiple regression showed that age and LDL-c were independent and significant contributors to PWV-SF in CCS. These factors are not directly attributable to cancer treatment and are not novel findings; age is a known primary contributor to arterial stiffness, as well as high LDL-c and atherosclerosis (28–30). Multiple

TABLE	5	Exercise	adaptation.
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Parameter	Cancer survivor <i>n</i> = 20	Control <i>n</i> = 21	р
ΔSBP (mmHg)	24.26 ± 17.8	25.35 ± 14.97	0.84
ΔDBP (mmHg)	10.58 ± 13.60	6.85 ± 8.66	0.33
ΔPP (mmHg)	13.68 ± 17.78	18.50 ± 9.64	0.32
ΔHR (bpm)	49.16 ± 10.59	35.70 ± 14.98	<0.01
ΔPWV -SF (m/s)	1.25 ± 0.33	1.45 ± 0.59	0.30
$\Delta PWV-DN (m/s)$	1.42 ± 0.99	1.03 ± 0.79	0.31

Change in parameters between rest and submaximal exercise. Values reported as mean $\underline{\pm}$ SD.

regression for HV showed that age and carotid diameter are independent and significant contributors to PWV-SF in the control group. Carotid diameter is a parameter commonly used to assess local arterial stiffness, such as in the Bramwell-Hill equation (31). This data may suggest that, while there is not an overall difference in the net arterial stiffness between CCS and healthy volunteers, there may be different physiological contributors to arterial stiffness between the two groups.

Global vs. local stiffness

We estimated both global (by tonometry) and local (by UUI) PWV. We observed no significant difference between local PWV-SF measurements of the left common carotid artery and global carotid-femoral tonometry measurements in either group. Based on the hypothesized mechanism of vascular injury by anthracyclines leading to endothelial dysfunction, there is no evidence that any particular arteries will be targeted, but it is reasonable to hypothesize that arteries with high dependence on endothelial control may show more dysfunction (4). In fact, there is little research about the local PWV of different arteries throughout the body, and UUI has, to date, primarily been published with use on the carotid artery (14, 25, 32–40). Therefore, the significance of absence of difference between global and left carotid artery estimates is unclear. It is also



unclear whether results would vary with the analysis of different arteries, specifically peripheral arteries. Chow et al. showed increased brachial artery stiffness (estimated by B-stiffness or tonometry related calculations) in a CCS group treated with anthracyclines (41). This should be one area of investigation in future UUI studies.

Acute vs. chronic anthracycline effects

This study analyzed the vascular effects of anthracyclines exclusively in the chronic setting, with an average of 13.71 ± 7.63 years since therapy completion. Cardiotoxicity due to anthracyclines is typically classified as acute/early (effects during treatment), subacute (within a year of treatment), or chronic (over a year after exposure) (42). Significant increases in vascular stiffness have been shown in the acute phase, which was not studied in our population (43). Existing literature regarding vascular stiffness has studied patients after an average of 2 years, 7 years, and 10 years after anthracycline treatment (44-46). Among these, the 2 and 10-year follow up studies both showed a difference between anthracycline treated and healthy control groups, but the 7-year follow up did not. This discrepancy points to a future area of study. In particular, the more chronic effects after multiple decades have not yet been studied in the context of vascular changes. In the context of cardiac toxicity, large cross sectional studies following some patients over 30 years after treatment has shown increased subclinical and clinical cardiac toxicity (6).

Vascular vs. cardiac anthracycline toxicity

The cardiac toxicity of anthracyclines is much better studied and understood compared to vascular toxicity. While the exact mechanism continues to be studied, it is thought that the

mechanism of cardiac toxicity involves the activation of cell death pathways and inhibition of mitochondrial biogenesis (4). Specifically, left ventricular dysfunction long-term after anthracycline treatment is well documented (47-49). It is to note that left ventricular function is important hemodynamically dependant on the systemic arterial system. This is represented in the form of afterload (50, 51). Studies of breast cancer patients treated with anthracyclines have shown that an increase in arterial elastance leads to abnormal ventricular-arterial coupling, which is a predictor of cardiac dysfunction related to anthracyclines (52). UUI has emerging use as a tool for measuring myocardial stiffness (13). Measurement of both myocardial and arterial stiffness by UUI in future studies would be useful to further elucidate this mechanism and interpret our current results. Additionally, it is well known that a cumulative anthracycline dose >250 mg/m² is related to a significantly increased risk of cardiac disease (6). The average cumulative anthracycline dose in our CCS population was $200.7 \pm 126.80 \text{ mg/m}^2$, with only 6 CCS participants (30%) having a cumulative dose exceeding 250 mg/m². As such, it is possible that the threshold for high risk of cardiotoxicity is translated to vascular toxicity.

Cardiovascular stress by exercise

This study included an exercise component to induce cardiovascular stress. Previous studies have suggested that vascular toxicity may be attributable to endothelial dysfunction (53). Endothelial dysfunction is an impairment of the inner lining of all blood vessels that controls vasodilation and vasoconstriction. Since exercise is a cardiovascular stress, vasodilation and vasoconstriction of arteries around the body are induced (54). Exercise induced stress has previously been shown to increase PWV in individuals with coronary artery disease (55). Additionally, PWV should increase with exercise along with BP

through the pressure dependence of arterial stiffness (56). This has been shown in healthy populations (31). Li et al. observed vascular stiffness post-anthracycline treatment at rest and exercise (57). However, as opposed to this current study, stiffness was estimated by applanation tonometry and radial augmentation index. Additionally, their CCS study population was older at 25.0 ± 5.9 years and had a longer duration since the completion of anthracycline therapy at 15.4 ± 5.9 years. Cumulative anthracycline doses were also higher at $258 \pm 110 \text{ mg/m}^2$. Cifra et al. demonstrated dynamic myocardial response to exercise in a similar CCS population, and demonstrated a similar response in HR and BP (i.e., no difference between CCS and HV) as in this current study (58). As such, the potential impact of anthracyclines on cardiovascular adaptation to stress should continue to be explored in future studies, especially due to its relationship with left ventricular dysfunction as explained above.

Limitations

There are several limitations to this study. Primarily, the small population size of 41 participants limits the statistical power. This was due to the relatively new and involved method of measuring arterial stiffness with UUI, which is not yet clinically available. The small sample size meant that we were not able to statistically analyze categorical data, including radiation data, which can be an important contributor to cardiovascular toxicity. Similarly, multivariate analysis was limited due to the small sample size. Additionally, there were limitations in the exercise trial. To ensure images were captured before the participant stopped exercising, ultrafast acquisitions (and the other coinciding measurements) were taken during stage 3 of the Bruce protocol (75 Watts) for all patients. This stage was at different levels of personal exertion for each participant. Finally, this was a crosssectional study which evaluated participants at a single point in time. As mentioned in the discussion, longer-term effects of anthracyclines and long-term follow up are not known for vascular toxicity. Ideally, participants could have been tracked multiple times over several years to determine the trajectory of vascular toxicity.

Conclusion

Overall, there were no significant differences found between left common carotid stiffness measured by UUI in HV and CCS populations in our study. This continued to be true under cardiovascular stress, induced by an exercise trial. While there is a documented risk of cardiotoxicity with anthracycline treatment, this study does not provide evidence that anthracyclines alter vascular properties in a CCS population treated with an average dose <250 mg/m². The use of UUI for studying the impact of anthracyclines in arterial stiffness is an interesting and emerging

field of research. As such, additional studies with large cohorts are needed to confirm our observations.

Data availability statement

The raw data supporting the conclusions of this article will be made available by the authors, without undue reservation.

Ethics statement

The studies involving human participants were reviewed and approved by SickKids REB #1000060834. Written informed consent to participate in this study was provided by the participants' legal guardian/next of kin.

Author contributions

RR made substantial contributions to the conception and design of the work, drafted the work, and substantively revised it. JB, CS, WH, MV, MBN, MH, PN, and LM substantively revised it. OV made substantial contributions to the conception and design of the work, has drafted the work, and substantively revised it. All authors contributed to the article and approved the submitted version.

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Conflict of interest

The authors declare that the research was conducted in the absence of any commercial or financial relationships that could be construed as a potential conflict of interest.

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