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Modelling periodontitis *in vitro*: engineering strategies and biofilm model development

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Periodontitis is a chronic inflammatory disease associated with dysbiosis in subgingival plaque biofilm, characterised by damage to the periodontal tissues, eventually leading to tooth loss. Hence, the pathophysiology of periodontitis and interaction between subgingival plaque and host tissue under various environmental cues are central to the pathogenesis of periodontitis. Therefore, engineering biofilm models that mimic *in vivo* pathophysiology is crucial to obtaining a clear insight into the pathology and developing targeted therapeutic methods. In this review, we provide a comprehensive overview of the engineering strategies employed of modelling oral biofilms focusing on surface attachment, fluid microenvironment, gas environment, shear force, microbial-host interaction and offer insights into the ongoing challenges and future perspectives, which will enable the development of novel physiological relevant models for oral biofilms.

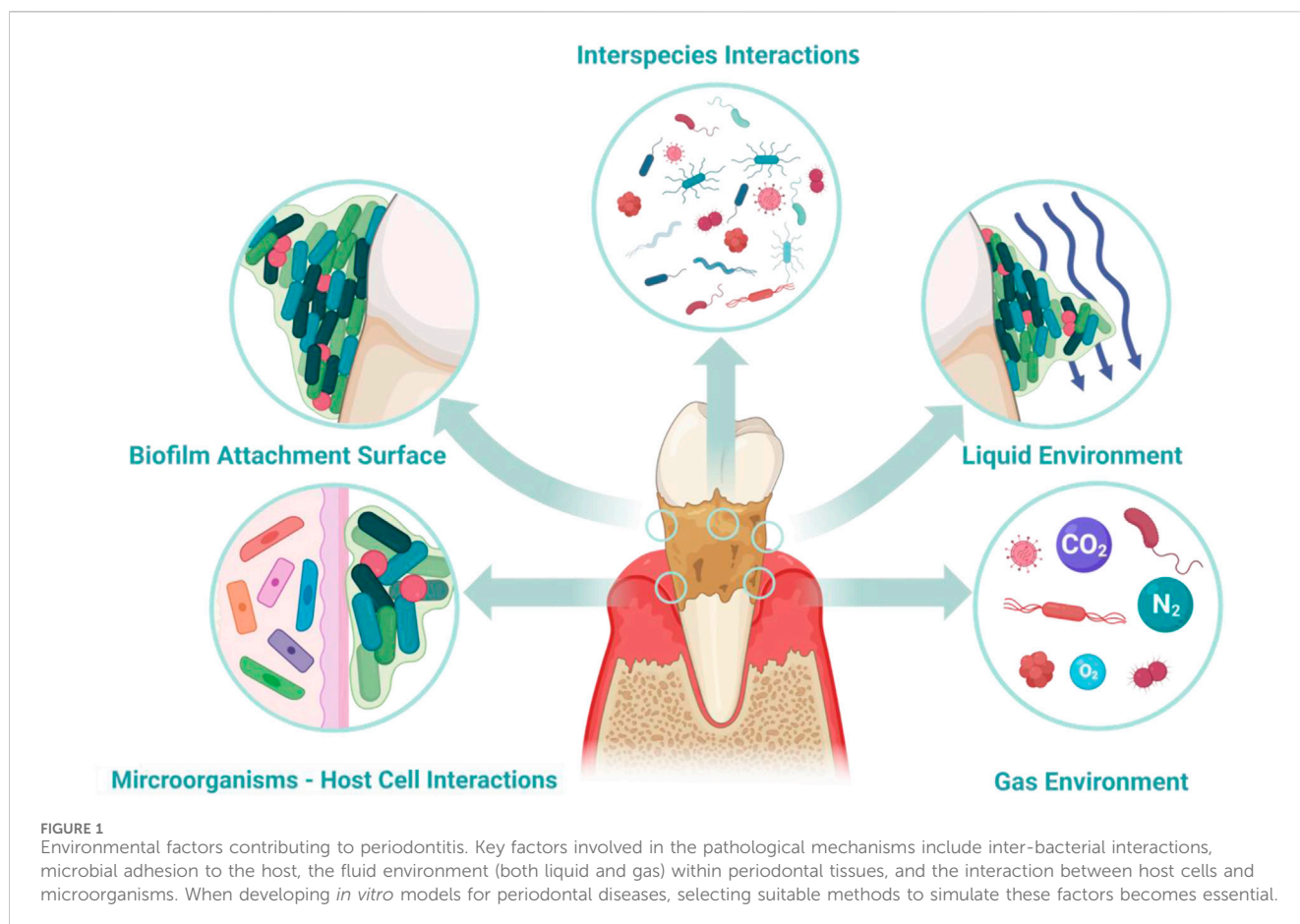
KEYWORDS

periodontitis, dental plaque biofilms, pathophysiology, *in vitro* models, microbiome

1 Introduction

Periodontitis is an inflammatory disease associated with dysbiosis within the plaque that colonises the subgingival area, leading to the destruction of both soft (i.e., gum) and hard tissues (i.e., bone and cementum) (Darveau, 2010). Beyond causing tissue damage in the oral cavity, periodontitis has been linked to several diseases, including cardiovascular, cerebrovascular and respiratory conditions (Wu et al., 2000; Scannapieco and Ho, 2001; Ohyama et al., 2009; Li et al., 2017). These correlations imply a potential systemic connection between the dental plaque and the host's organs. The ability to simulate microbiome dysbiosis within the oral cavity could provide vital mechanistic insights into the progression of periodontitis and systemic association across the host body, thereby aiding in the discovery of novel treatments. However, existing models for periodontitis are constrained by the inherent complexity of the biology and pathophysiology associated with the progression of the disease.

A key engineering challenge in modelling microbial dysbiosis within the oral cavity is the multitude of players involved in the pathophysiology, including the oral biofilm formed by hundreds of oral microorganism species and host cells such as immune cells, bone cells, and epithelial cells. Unlike traditional theories attributing diseases to specific pathogenic



bacteria, the development of periodontitis is linked to shifts in the oral microbial community (Berezow and Darveau, 2011). The subsequent immune responses triggered by this microbial dysbiosis lead to severe destruction of periodontal tissues (Berezow and Darveau, 2011). Consequently, there is a significant need for periodontitis models that can effectively capture the intricate microbial-microbial and host-microbial interactions. Such models are essential not only for unravelling the molecular mechanisms underpinning the disease but also for serving as a foundation for the development of new treatments.

In vivo models have long been the gold standard for periodontitis research. Animal models, including dogs, non-human primates and small rodents such as rats and hamsters, are often used for *in vivo* studies (Tariq et al., 2012). However, these models come with inherent limitations, such as high costs, challenges in standardising individual differences and the complexity of the system. These drawbacks render animal models not suitable for every scenario, particularly in early-stage periodontitis studies. Therefore, researcher's attention has shifted towards the utilisation of *in vitro* models.

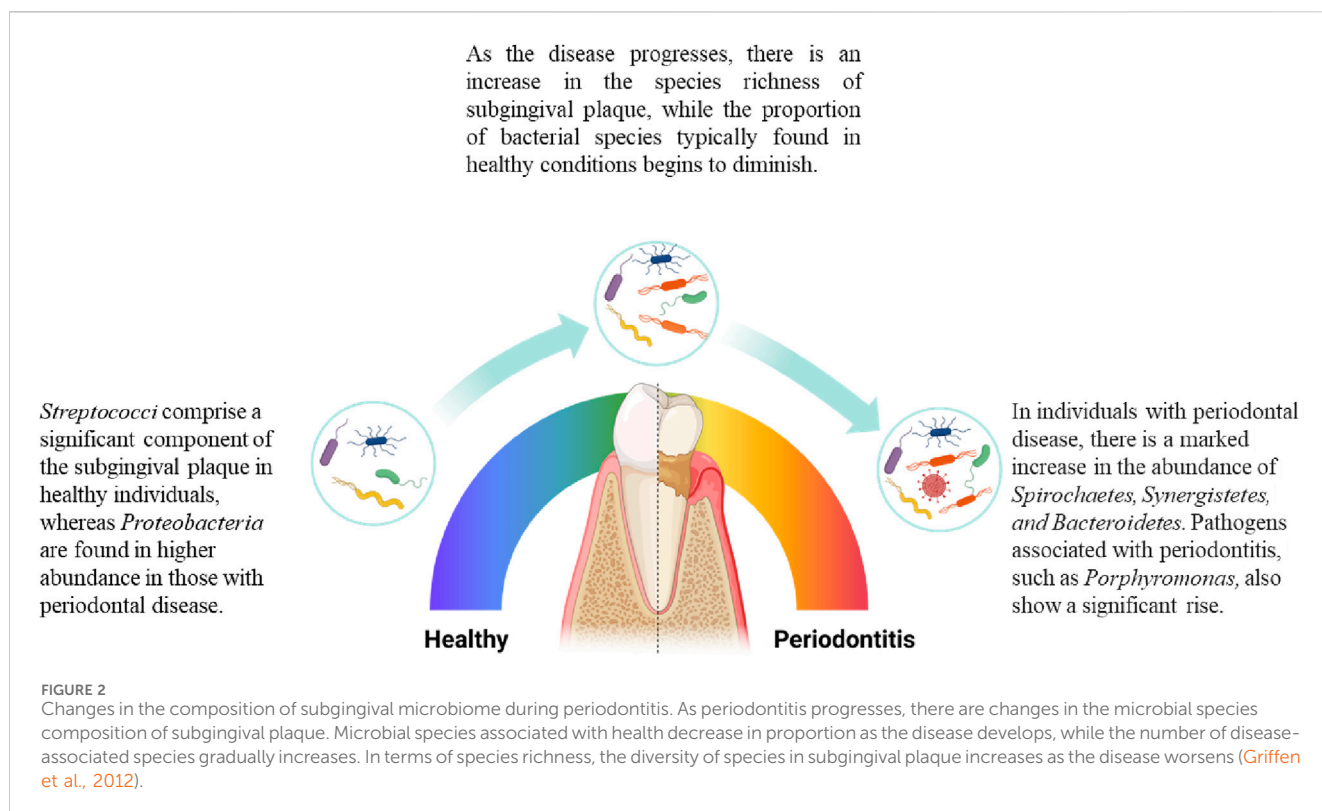
In comparison to animal models, *in vitro* models serve as simplified and more focused platforms that are ideal for isolating and examining specific factors or pathways in a controlled manner. While *in vitro* models may not offer the same comprehensiveness as animal models, they perform better at dissecting underlying mechanisms at a molecular or cellular level, allowing for a precise and clear understanding of specific disease components.

However, constructing *in vitro* models faces significant challenges when dealing with complex scenarios.

To date, various *in vitro* models for oral biofilms have been developed to facilitate pathology studies and drug screenings. While existing reviews by Luo and Pan extensively cover *in vitro* biofilm models (Luo et al., 2022) and the pathophysiology of periodontitis (Pan et al., 2019), there is limited coverage of *in vitro* models that encompass the diverse aspects of periodontitis pathophysiology. This review aims to provide a landscape perspective on current engineering approaches that enable the modelling of various aspects of periodontitis. Additionally, we present additional strategies that could potentially be integrated into the model for biofilm development in the context of periodontitis.

2 Key environmental factors in periodontitis

To thoroughly understand the pathophysiology of periodontitis, it is crucial to clarify the oral microbial dysbiosis and the subsequent response of the host immune system. This clarification includes all factors involved in the development of periodontitis (Figure 1) including microbiome interspecies interaction (Jakubovics, 2015; Marsh and Zaura, 2017), biofilm surface adhesion (Hao et al., 2018; Sterzenbach et al., 2020), local liquid and dissolved gas environment (Pöllänen et al., 2013; Stacy et al., 2016; Mark Welch et al., 2020), and microbiome-host cell interactions (Pan et al., 2019; Lamont et al.,



2023). These aspects have been extensively discussed in multiple reviews; hence, they will only be briefly covered in this review.

2.1 Bacterial interspecies interactions

The oral microbiome, comprising roughly 700 species, plays a crucial role in both health and disease (Zhao et al., 2017). Among them subgingival plaque was found most relevant to periodontitis (Zijng et al., 2012). Initial research identified six microbial complexes within the plaque, correlating their presence with health or disease states, among which red complex species [*Porphyromonas gingivalis* (*P. gingivalis*), *Treponema denticola* (*T. denticola*), *Tannerella forsythia* (*T. forsythia*)] are considered most relevant to periodontitis (Socransky S. et al., 1998; Hajishengallis et al., 2012). However, with the detection of red complex species in healthy individuals, it is evident that attributing disease solely to these species is not a comprehensive theory (Lamont and Jenkinson, 1998; Carrouel et al., 2016). The subsequent Keystone theory suggests that pathogens like *P. gingivalis* do not directly cause inflammation in the body. Instead, they induce a noticeable shift from Gram-positive facultative anaerobic bacteria to Gram-negative anaerobic bacteria in the subgingival microbiome (Balan et al., 2023), causing a microbiome dysbiosis and then triggers complement-dependent inflammation (Hajishengallis et al., 2012). The polymicrobial synergy and dysbiosis (PSD) model, on the other hand, points out that the pathogenicity of red complex species is only manifested within a synergistic microbial community (Hajishengallis and Lamont, 2012). Therefore, in modern theories, the concept of pathogens and commensals is gradually becoming blurred. Researchers tend to focus more on analysing the species

abundance, microbial dynamics, and complex interspecies interactions including nutritional symbiosis and competitive antagonism within the subgingival plaque under different disease states (Christensen et al., 2002; Copenhagen-Glazer et al., 2015; Marsh and Zaura, 2017). These findings shift the focus from individual pathogens to the dynamics of microbial communities, underscores the significance of microbial interactions within the oral ecosystem, highlighting periodontitis as a condition driven by the collective pathogenic potential of microbial communities rather than the presence of a single pathogen. Figure 2 shows the shift in subgingival plaque.

2.2 Surface properties for biofilm formation

Oral microorganisms predominantly form biofilms in the oral cavity, creating complex, three-dimensional structures that enhance their survival. These biofilms begin with the adhesion of bacteria to oral surfaces such as teeth and epithelial cells, facilitated by salivary glycoproteins that attract microbes through electrochemical forces (Weerkamp et al., 1988; Ren et al., 2018), primarily involving Gram-positive facultative anaerobic cocci and rods (Kriebel et al., 2018). Biofilm formation includes not only passive adhesion but also active surface attachment mechanisms, such as the involvement of flagella that allow bacteria to sense and move toward surfaces (Yang et al., 2016). Through cell proliferation and a phenotypic shift towards increased extracellular polymeric substance (EPS) production, biofilm starts to mature, enhancing the structural stability and enabling further microbial aggregation (Flemming et al., 2007; Bowen and Koo, 2011; Laventie et al., 2019). This process is facilitated by high-affinity surface adhesins, which help transition

from reversible to irreversible attachment (Bowen and Koo, 2011; Groeger et al., 2022), and by dispersion mechanisms that allow divided cells to detach and form new biofilms, significantly increasing the biofilms' resistance to external stresses (Stoodley et al., 1999; Tolker-Nielsen et al., 2000).

2.3 Liquid and soluble gas environment

Periodontitis takes place in the gingival pockets, an area characterised by a mix of host tissues, oral biofilms, saliva, and various gases, creating a complex environment crucial for microbial survival and interaction. Saliva, acting as the primary liquid medium, facilitates material exchange, while gingival crevicular fluid (GCF), comprising serum, leukocytes, and other cellular components, maintains an alkaline pH that aids in microbial adhesion (Uitto, 2003; Barros et al., 2016; Carpenter, 2020). Liquid shear forces within this niche play a crucial role in microbial adsorption and the dispersal of bacteria, enabling the formation of new biofilms (Weerkamp et al., 1988; Stoodley et al., 1999; Ren et al., 2018).

The oxygen gradient within gingival pockets significantly influences the progression of periodontitis (Celik and Kantarci, 2021). Most pathogenic bacteria in subgingival plaque are anaerobes thriving in the low-oxygen conditions exacerbated by inflammation (Socransky S. S. et al., 1998; Celik and Kantarci, 2021). This environment promotes the proliferation of anaerobic pathogens, further fuelling the inflammatory process (Celik and Kantarci, 2021).

Furthermore, cross-species communication within biofilms alters the local environment, supporting biofilm growth (Joshi et al., 2021). For example, a notable "hedgehog" structure observed within oral biofilms illustrates the complex spatial organisation, with *Corynebacterium* at the core surrounded by various bacteria, creating gradients that cater to both aerobic and anaerobic species (Mark Welch et al., 2016). This intricate interaction within biofilms and the surrounding microenvironment underscores the complexity of periodontal inflammation and the challenges in managing periodontal disease (Mark Welch et al., 2016).

2.4 Microbiome-host cell interactions

Subgingival plaque dysbiosis, triggered by factors such as bad dietary habits, alcohol, and smoking, prompts a host immune response to oral biofilms harbouring pathogenic bacteria like *P. gingivalis*, *T. forsythia*, and *T. denticola* (Sedghi et al., 2000). These pathogens activate toll-like receptors (TLR-2 and TLR-4), inducing inflammatory responses and disrupting epithelial barrier proteins through proteases, leading to periodontal tissue damage (Kawai and Akira, 2005; Yilmaz et al., 2006; Yoshioka et al., 2008; Zheng et al., 2021). The immune response includes neutrophil accumulation and altered functions due to bacterial interference, affecting phagocytosis and promoting inflammation through cytokine secretion and macrophage activation (Kudrin and Ray, 2008; Bostanci et al., 2013; Li et al., 2013; Maekawa et al., 2014; Olsen and Hajishengallis, 2016; Abe-Yutori et al., 2017; Papadopoulos et al.,

2017; Pan et al., 2019; Takeuchi et al., 2021a). The ongoing inflammation disrupts alveolar bone homeostasis by tipping the balance between bone-forming osteoblasts and bone-resorbing osteoclasts, mediated by imbalances in RANKL and osteoprotegerin (OPG), resulting in alveolar bone loss (Vernal et al., 2005). The complex interactions between various periodontal bacteria and the host immune system underline the challenges in understanding and treating periodontal disease. Developing models that mimic the periodontal microenvironment could enhance our understanding and lead to better prevention and treatment strategies.

3 *In vitro* biofilm models for periodontitis research

Animal models are a good option for periodontitis study as they may effectively simulate the full spectrum of periodontitis progression, offering valuable insights into the condition (Tariq et al., 2012). For instance, ligature-induced periodontitis models are widely applied in mice as they presented high availability for genetically engineered strains and high-quality immunochemical and cellular reagents (Marchesan et al., 2018). Monkeys have been proven to possess gingival immunological and histological characteristics identical to humans (Weinberg and Bral, 1999). They also exhibit microbiological characteristics of subgingival plaque in various states—healthy, gingivitis, or periodontitis—mirroring those in humans (Weinberg and Bral, 1999). However, animal models have inherent drawbacks. Firstly, there are xenotypical and physiological differences between animal models and human (Schou et al., 1993). Furthermore, the complex nature of animal models introduces challenges in isolating and analysing individual factors to provide a systematic approach to identify the mechanism of the disease. Beyond these limitations, animal experiments are known to involve high costs, lengthy turnaround times, and ethical controversies, prompting researchers to develop *in vitro* models suitable for various scenarios.

As the subgingival plaque plays a crucial role in the development of periodontitis, extensive research has been dedicated to constructing *in vitro* models of pathogenic microbes. These models aim to replicate the morphology of microorganisms in the oral cavity or the interaction between oral microorganisms and host cells. In contrast to animal models, *in vitro* periodontitis models offer a versatile platform that enables better control over the microenvironment, including parameters such as liquid shear stress, surface stiffness and the availability of essential biomolecules crucial for the development and maintenance of the biofilm.

Being simpler, *in vitro* periodontitis models are more focused, stable, and provide strong observability and ease of operation. However, current *in vitro* models cannot comprehensively mimic all the microenvironment factors contributing to the disease progression compared to *in vivo* models. Therefore, microbiologists and tissue engineers need to consider the research question and experiment needs when choosing the appropriate *in vitro* models.

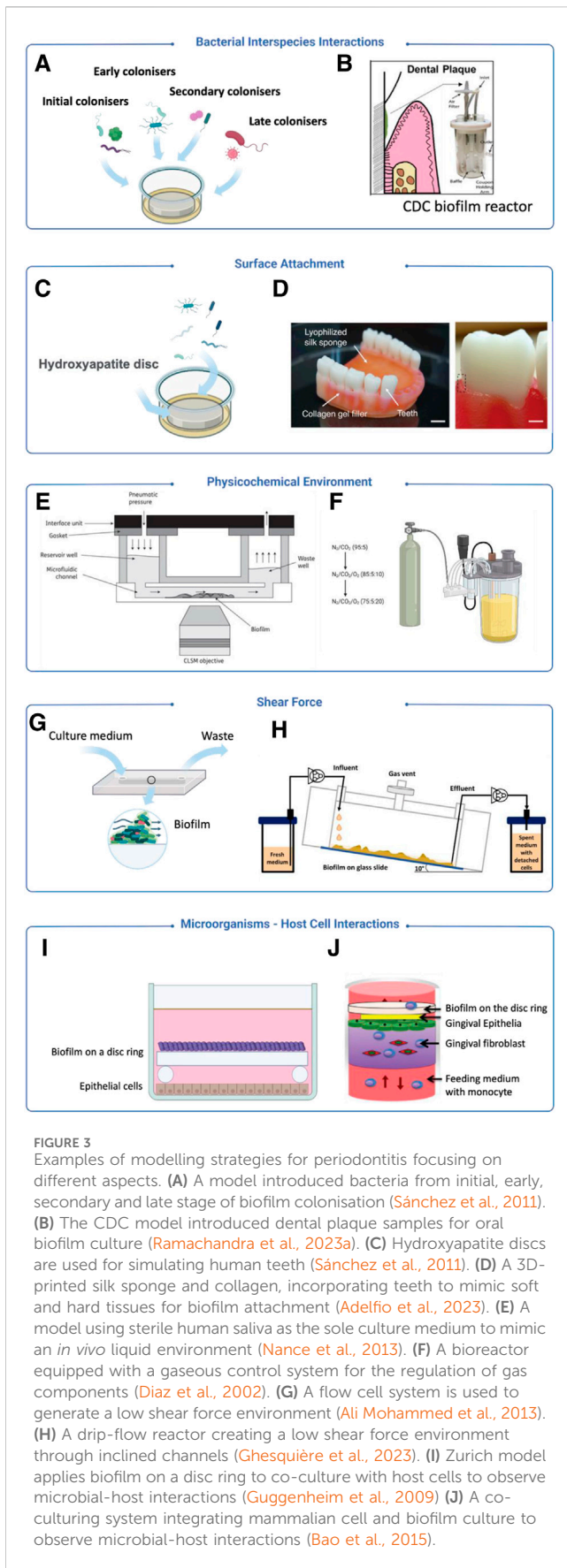
Till today, there are various models have been developed to recapitulate different essential aspects of microenvironments in

TABLE 1 Common biofilm models in periodontal research.

Mimicked physiological aspect	<i>In vitro</i> platforms	Operating principles	Pros (+)	References
			Cons (-)	
Biofilm Attachment, Development, and Maturation	• Microplate	Utilising treated substrate, providing surface for bacteria to attachment and form	+ Straightforward in design and user-friendly	Kumbar et al. (2021), Guggenheim et al. (2009), Ramachandra et al. (2023a)
	• CDC bioreactor		- Incompatible for long term co-culture due to the need to culture the mammalian cells requiring normoxic environment while periodontitis-associated bacteria need anaerobic environment	
			- Limited to 24-hour culture period when co-culturing with mammalian cells to prevent bacterial overgrowth	
Liquid Shear Stress	• Modified Robbins device	Leverage on liquid pumps to push liquids within the bioreactors	+ Introduce liquid shear force into the microenvironment	Maezono et al. (2011), Ramachandra et al. (2023a), Zainal-Abidin et al. (2012), Lam et al. (2016), Pratten and WillsBarnettWilson (1998)
	• CDC bioreactor		- Setup can be costly and technically challenging	
	• Flow cell culture			
	• Microfluidic devices			
	• Constant depth film fermenter			
Physicochemical Microenvironment	• Chemostat	Incorporating additional flow chambers and flow systems to flow pH and dissolved gas	+ Introduce a precisely controllable homogenous liquid environment	Zilm and Rogers (2007), Lam et al. (2016)
	• Microfluidic devices		- Setup can be costly and technically challenging	
Interbacterial Species Interactions	• Microplate	Culturing of mixed population of bacteria	+ Straightforward in design and user-friendly	Kumbar et al. (2021), Guggenheim et al. (2009), Ramachandra et al. (2023a)
	• CDC bioreactors		+ Scalable platform	
			- Limited capability to study and track dynamic bacterial population changes for investigating disease mechanism	
	• Flow cell culture	Compartmentalisation of bacteria linked by liquid flow network	+ Enables systemic investigation of bacterial interactions	Zainal-Abidin et al. (2012), Lam et al. (2016)
	• Microfluidic devices		- Does not always reflect the true spatial organisation of periodontal bacteria	
		- Difficult to setup		
Microbial-Host Interactions	• Microplate	Suspending bacteria-laden surface into mammalian cell culture platform	- Due to rapid bacterial overgrowth, co-culture with bacteria and mammalian cells are limited to 24 h	Guggenheim et al. (2009), Bao et al. (2015)
	• Perfusion bioreactor system			
	• Microfluidic devices	Compartmentalisation of bacteria and mammalian cells linked by liquid flow network	+ Enables systemic investigation of host cell interactions with bacteria	Makkar et al. (2023)
		+ Uses liquid shear stresses to prevent bacterial overgrowth		
		- Difficult to setup		

periodontitis. McBain conducted a comprehensive review of biofilm models developed across various domains (McBain, 2009), including simple agar plate models (Verhamme et al., 2009; Chai et al., 2011), well plate-based models (Friedman and Kolter, 2004; Sánchez et al., 2011; Sánchez et al., 2014), flow cell models (Aspiras et al., 2000), constant-depth film fermenter models (McBain et al.,

2005), and drip-flow biofilm reactor models (McBain et al., 2005), among others. However, not all models are equally suitable for modelling periodontitis-associated biofilms. A concise overview of common models for *in vitro* modelling of oral biofilms, their operating principles and their respective advantages and disadvantages, is presented in Table 1.



As periodontitis entails dynamic interactions among multiple bacterial species and host cells in a heterogeneous environment, *in vitro* models capable of mimicking the native physiology of periodontitis will be ideal to facilitate a systematic understanding of the disease pathophysiology. This review primarily explores the methodologies used to simulate various aspects of periodontal diseases. Figure 3 provides a concise overview of some typical methodologies. The integration of new techniques has expanded the possibilities for creating biofilm models and addressing pertinent factors.

3.1 Bacterial interspecies interactions

When modelling the dynamics within subgingival plaque, it is essential to first identify the key bacterial species and understand their potential interactions within the microbial community. In the context of microbiome and biofilm modelling, it is important to consider the role of early colonisers, which establish the initial biofilm matrix, and the subsequent cross-feeding of metabolites. These interactions are critical for the development and maturation of biofilms. For instance, Mishra et al. (2010) co-cultured *fimA*-, *fimB*- and *srtC2*-deficient *Actinomyces oris* (*A. oris*) with *streptococci* demonstrating the role of *A. oris* in synthesising fimbriae, essential for the adhesion of the *streptococci* during biofilm formation. Apart from the synergistic relationship of the bacteria, the potential antagonistic effect between the bacterial species is important to help researchers identify strategies to treat and halt periodontitis. Duran-Pinedo et al. (2014) co-cultured *Streptococcus mitis* (*S. mitis*), a member of the yellow complex commonly found in healthy gingival biofilms, along with members of the red complex, *P. gingivalis* and *T. forsythia*. At high populations, *P. gingivalis* and *T. forsythia* induce an inflammatory response in host cells that leads to the death of *S. mitis*. This facilitates the colonisation of *P. gingivalis* and *T. forsythia* and contributes to the development of periodontitis. These studies underscore the importance of modelling interactions between bacterial species to advance our understanding of disease progression and to identify potential treatment strategies.

The simplest strategy to model the interaction between bacterial species is to mix a defined ratio of microbial species into a culture broth. Due to their consistency, ease of analysis, and the scalability of microplates, this platform has been routinely applied to screen for drug treatments that require multiple dose-response studies. For instance, Li and Kumbar observed the inhibitory effect of curcumin on the biofilm formation of *S. mutans* and *P. gingivalis* (Li et al., 2018; Kumbar et al., 2021) while Izui et al. (2016) constructed a *P. gingivalis*-*S. gordonii* (*Streptococcus gordonii*) interbacterial biofilm model in microtiter plates using a similar approach. This verification demonstrated that curcumin also inhibits the ability of *P. gingivalis* to form biofilms based on early colonisers such as *S. gordonii* in complex biofilms (Izui et al., 2016). These models are often used to observe specific interactions between a limited number of species, typically involving only two or three microbial species. To better capture all interactions of microbial species in periodontitis, it is suggested that the criteria for selection can be based on the prevalence of these species in periodontal disease sites and their

ability to be cultivated and quantified. Guggenheim and colleagues developed the Zurich model, selecting five bacterial species and *Candida albicans* to represent supragingival plaque (Shapiro et al., 2002). The Zurich model's key principle involves selecting a broad range of microbial species in a controlled and quantifiable way to create a biofilm that is complex yet precisely composed. The species selected to represent the subgingival microbiome were *Campylobacter rectus* (*C. rectus*), *Fusobacterium nucleatum* (*F. nucleatum*), *P. gingivalis*, *Prevotella intermedia* (*P. intermedia*), *T. forsythia*, *Veillonella dispar* (*V. dispar*), *Actinomyces naeslundii* (*A. naeslundii*), *Staphylococcus intermedius* (*S. intermedius*), and *Streptococcus oralis* (*S. oralis*) (Guggenheim et al., 2009). Sanchez and team adopted a similar approach but expanded the oral biofilm species to include different stages of colonisation: initial (*S. oralis* and *A. naeslundii*), early (*V. parvula*), secondary (*F. nucleatum*), and late (*P. gingivalis* and *A. actinomycetemcomitans*) stages (Sánchez et al., 2011). The aim was to encompass the diversity of the subgingival plaque and the stages of the biofilm formation and development over time, enabling researchers to replicate and study this process in a temporal context.

The Zurich model is commonly set up by dipping hydroxyapatite discs into the mixture of bacterial suspension containing a defined ratio of each species of bacteria. To facilitate bacterial adhesion on the surface, an incubation period of 16 h–24 h is typically required before their subsequent culture and use for experimentation. However, these models might have limitations in accurately simulating the intricate nature of an oral biofilm in a laboratory setting. To address this, researchers have experimented with using patient samples to create more representative *in vitro* models of undefined multispecies biofilms. For instance, Ramachandra et al. (2023a) introduced subgingival plaque from patient sources into a CDC bioreactor, a widely recognised device for biofilm research. This approach more effectively mirrors the complexity of natural biofilms compared to traditional defined models. One challenge with this approach is adjusting the culture broth to support all included bacterial species (Ammann et al., 2012), supplements like human saliva and blood are commonly used to facilitate co-culture (Love, 2010). However, while viable, this strategy introduces batch-to-batch variation due to the variability in human samples. Additionally, this co-culture strategy does not readily allow for the spatial-temporal tracking of bacterial dynamics or individual metabolite release because all species share the same liquid environment. These limitations can pose significant challenges in studying the mechanisms underlying interbacterial relationships in periodontitis.

It is important to note that using this strategy while viable introduces batch-to-batch variation that results from the human samples during the culture. Additionally, this co-culture strategy of the bacterial mixture does not easily allow researchers to spatio-temporally track the dynamics of all bacterial species during the culture as well as the metabolite release of individual species due to sharing a single liquid environment. This can pose challenges to studying the mechanism of the interbacterial relationship in periodontitis.

One engineering approach to enable the study of interbacterial cross-feeding relationships is through the use of a flow cell system. In the flow cell system, differently cultured biofilms are linked together by a fluid conduit. The culture broth is then flowed through from

1 cell to another. In Zainal-Abidin's study, *T. denticola*, *P. gingivalis* and *T. forsythia*, classified as red complexes, were inoculated in a single-channel flow cells system that allowed continuous cultivation for up to 90 h, enabling visual observation of the biofilm (Zainal-Abidin et al., 2012). By pairing up the *P. gingivalis* in series with *T. denticola*, and *T. forsythia*, it was observed that the upregulation of glycine catabolism in *P. gingivalis* resulted in a change in the structure of flagella in *T. denticola*. This work showcased a critical benefit in providing mechanical insights between interacting bacterial species that are otherwise challenging to be implemented in microplate platforms.

3.2 Surface attachment

Surface adhesion plays an essential role in biofilm development, marking a key difference from planktonic microbes (Ammann et al., 2012). In periodontitis, the adhesion of early colonisers plays a significant role in the formation and maturation of biofilm by altering the immediate microenvironment and generating additional adhesion sites for other bacterial species (Love, 2010). There's extensive research on how microbes attach at the molecular biology level which was covered by existing reviews (Kuboniwa and Lamont, 2000). For the oral microbial and periodontitis model, a common substrate that enables biofilm adhesion is hydroxyapatite (Pratten and WillsBarnettWilson, 1998; Shapiro et al., 2002; Guggenheim et al., 2009) for its similarity in chemical structure to tooth enamel. In periodontitis, *P. gingivalis* is known to adhere to hydroxyapatite through fimbriae (Lee et al., 1992) which can be altered by the *hag* genes (Connolly et al., 2017). Jaffar et al. (2016) created dense and porous HA discs to replicate enamel and dentin at the microscopic structural level respectively, and cultured biofilms of *Aggregatibacter actinomycetemcomitans* (*A. actinomycetemcomitans*) and *P. gingivalis* on the discs. The advantage of using commercial HA products was easier standardisation, making them ideal for studying the effects of surface roughness on biofilm adhesion. Additionally, HA can be constructed in various form factors, allowing biofilm adhesion and culture in many culture configurations including microplates (Kumbar et al., 2021), flow cells (Zainal-Abidin et al., 2012) and CDC bioreactors (Ramachandra et al., 2023a). Beyond HA, biofilm adhesion on other material surfaces such as titanium and zirconium are important in studying biofilm development on dental implants. Although massive literature suggests titanium and zirconium provide antimicrobial properties (Siddiqi et al., 2016), exposed rough surfaces of titanium and zirconium are found to enable *P. gingivalis* to form biofilm (Kniha et al., 2021).

Apart from hydroxyapatite, common laboratory materials like glass and polypropylene are frequently used for their availability and simplicity (Hamada and Torii, 1978; Saito et al., 2008). However, they do not closely mimic the hard tissues of the periodontium. Hägi et al. (2015) processed human teeth into dentin slices and exposed them to a bacterial culture with various strains (Pratten and WillsBarnettWilson, 1998). Using human dentin slices, this material provides an excellent model for dentists to investigate the impact of biofilm removal techniques including hand cures, ultrasonication, and subgingival air-polishing, on the dentin structure (Hägi et al., 2015). However, the limitations of

relying on human dentin including limited and variable sources would impart significant issues for standardised assay development and scalability.

While hydroxyapatite and dentin have demonstrated good utilities for researchers to model biofilm on tooth surfaces, they do not reflect the development of biofilm along the gingival margin which can result in the formation of periodontal pockets (Haffajee et al., 2009). *In vitro* models to capture this phenomenon would require researchers to use softer substrate that can mimic the gum tissue stiffness. Recent progress in 3D printing and bioprinting has proven to be an effective tool to fabricate adhesive surfaces with tuneable surface stiffness. Ramachandra et al. (2023b) demonstrated this feasibility by constructing 3D printed polycaprolactone (PCL) scaffolds, enabling saliva biofilm development. In addition to selecting the 3D printing material, the surface properties of the scaffold can also be tuned by mixing biological-derived material such as collagen, gelatine or alginate. A notable study used silk proteins and type I collagen, combined with 3D printing techniques, to replicate the gingival tissue stiffness *in vitro* (Adelfio et al., 2023).

3.3 Fluid microenvironment

The oral cavity is a complex ecosystem, where elements like gingival crevices, tooth surfaces, oral epithelium, saliva flow, diet, and individual habits result in a unique and intricate microenvironment for each individual. This environment is crucial for the attachment and survival of oral biofilms. In periodontitis, disruptions to this microenvironment, often caused by unhealthy lifestyle choices such as smoking and poor oral hygiene, play a key role in disturbing the balance of the subgingival microbiome (Genco, 1996; Janakiram and Dye, 2020). These disturbances manifest as alterations in fluid composition, shifts in the partial pressures of different gases, and changes in the shear forces acting on the oral biofilm. Accordingly, accurately replicating these chemical and physical aspects of the oral microenvironment is vital when developing *in vitro* models for studying oral biofilms.

3.3.1 Liquid components

Saliva is a key component in the oral fluid environment, providing essential nutrients, unique fluid dynamics, and a specific chemical and electrochemical milieu for oral biofilms (Kolenbrander, 2011). One early study used saliva as the sole nutritional source for culturing randomly isolated oral bacteria (De Jong and Van der Hoeven, 1987). In this setup, subgingival microbial strains were enriched and then cultured in sterile saliva, requiring daily replenishment of 25 mL for static growth (De Jong and Van der Hoeven, 1987). The study highlighted the critical interactions between the oral microbiome and saliva, particularly in the binding and degradation of salivary glycoproteins, underscoring saliva's indispensable role in the survival of oral microbiome (De Jong and Van der Hoeven, 1987). A more common technique involves using sterile saliva to mimic the oral environment for bacterial adhesion on surfaces like HA discs, before moving them to culture media for growth (Guggenheim et al., 2001; Guggenheim et al., 2009; Sánchez et al., 2011). However, natural saliva's variability and unknown components limit experiment

reproducibility. To overcome this, artificial saliva has been developed, replicating natural saliva's viscosity and buffering properties using ingredients like inorganic salts (e.g., potassium chloride, ammonium chloride, calcium chloride, and magnesium chloride), cellular metabolites (e.g., creatinine and choline), amino acids, microorganisms, and significant amount of glycoproteins as the source of saliva viscosity and electrochemical properties and primary nutritional source for oral bacteria (Shellis, 1978). This has subsequently been used in the cultivation of many *in vitro* oral biofilm models and has been continuously improved to meet various requirements (Weyell et al., 2019). For instance, Blanc used hog gastric mucin to mimic salivary glycoproteins due to their similar oligosaccharide structures (Blanc et al., 2014). In Wong's study, two artificial saliva bacterial culture media, defined medium mucin (DMM) and designed basal medium mucin (BMM), were compared in subgingival biofilm cultivation (Wong and Sissions, 2001). BMM, which has long been widely used for oral biofilm cultivation, is composed of yeast extract, protease (meat hydrolysate), and trypticase, containing much of unknown components (Wong and Sissions, 2001). In the two liquid environments, the inoculated subgingival plaque showed similar growth rates, but there were subtle differences in specific metabolism. The biofilm grown in BMM, as opposed to DMM, had four more enzymes detected, which may be attributed to the abundant unknown peptides from yeast extract and protease in BMM (Wong and Sissions, 2001).

Microfluidic platforms partially resolve the limitation of human saliva, leveraging on the microlitre scale culture chambers requiring significantly low volume of saliva for biofilm cultures. For instance, Nance et al. used the BioFlux microfluidic system, inoculating human saliva and then culturing biofilms in sterilised saliva, to assess antibacterial effects (Nance et al., 2013). This system's small dimensions (48 wells, each 70 µm deep and 370 µm wide) reduce the saliva volume needed, though it introduces challenges like high equipment costs and complexity (Nance et al., 2013).

Biochemical contents introduced through external factors such as diet, smoking and oral hygiene habits are known to influence microbial behaviour contributing to periodontitis. Huang et al. (2014) explored the connection between smoking and oral biofilms by cultivating *S. gordonii*, an early coloniser of dental biofilms (commonly found in subgingival and supragingival biofilms), in a nicotine-infused culture medium. This study revealed that *S. gordonii* enhanced biofilm growth and formation in the presence of nicotine, suggesting a direct link between smoking and increased oral biofilm accumulation (Huang et al., 2014). Zilm and Rogers (2007) used a more sophisticated chemostat-based biofilm culture system with a pH controller to study *F. nucleatum*, a significant pathogen in oral biofilms mimicking dietary induced pH changes on the biofilm. By maintaining the culture medium's pH between 7.8 and 8.2 through the gradual addition of potassium hydroxide (KOH), the biofilm production of *F. nucleatum* in different pH conditions could be observed (Zilm and Rogers, 2007). The study found that an increase in pH led to changes in cell morphology and intracellular polyglucose levels, with bacterial flocculation and biofilm growth peaking at pH 8.2. This aligns with the alkaline environment reported in the gingival sulcus (Marsh and Martin, 1992), thus demonstrating the influence of pH on *F. nucleatum* biofilm production (Zilm and Rogers, 2007).

Dynamic cultivation systems that continuously control the liquid environment during biofilm growth offer a more realistic simulation. Bradshaw et al. (1996a) developed an oral biofilm model using a chemostat, where a community of up to ten oral microorganisms formed biofilms on HA discs. In this system, the medium, supplied continuously by a 75 mL chemostat for several days, included glucose pulsing and pH control to study their effects on the biofilm (Bradshaw et al., 1996a). The use of a chemostat not only introduced liquid shear forces, mimicking saliva flow, but also provided a stable and adjustable liquid composition for more precise control over the biofilm growth environment.

3.3.2 Gas environment

A diverse range of anaerobic bacterial species exists in the subgingival plaque. In conditions where inflammatory responses intensify and periodontal pockets deepen, a low-oxygen environment emerges, ideal for the growth of anaerobic bacteria linked to periodontal diseases like *P. gingivalis*, *T. forsythia*, and *T. denticola* (Celik and Kantarci, 2021). This necessitates the creation of suitable anaerobic conditions for *in vitro* simulation of biofilms associated with periodontitis. Commonly, subgingival microbiome studies use anaerobic cultivation settings, placing culture plates or flow cells in an anaerobic chamber with a typical gas mix (10% H₂, 10% CO₂, and balanced N₂) (Sánchez et al., 2011; Blanc et al., 2014; Sánchez et al., 2019). However, these chambers offer a uniform gas environment, which may not always suffice for multi-species bacteria co-culture and host-bacteria co-culture when differential oxygen environments are necessary to support the co-cultures.

The culture of obligate anaerobes will necessitate the use of anaerobic chambers which are not always accessible to all research groups. To resolve this limitation, many groups have employed the use of physically purging oxygen from the culture broth with nitrogen (N₂). This setup depends on constant gas and liquid flow to ensure purging of the oxygen from the broth effectively before delivery to the cultivation setup. In Bradshaw's study, the team linked two chemostats with the first chamber exposed to anaerobic media (aerated with CO₂ and N₂) and the second chamber received the oxygen-rich air supplementation to investigate the impact of oxygen on oral microbes like *Neisseria subflava* (*N. subflava*) and *streptococci* (Bradshaw et al., 1996b). Even after transferring the culture of ten mixed microorganisms from the first to the second chemostat, anaerobic species continued to grow, suggesting some degree of oxygen tolerance among these bacteria (Bradshaw et al., 1996b). In another study, chemostat was used for the co-culture of *P. gingivalis* and *F. nucleatum* (Diaz et al., 2002). The chemostat provided a controlled medium and gaseous environment over an extended period. This experiment exposed *P. gingivalis* and *F. nucleatum* to increasing oxygen levels (from 0% to 10%–20%), observing the oxygen tolerance of *P. gingivalis* in the presence of *F. nucleatum* (Diaz et al., 2002). It was noted that while *P. gingivalis* has lower oxygen tolerance in a single-species culture, its survival is supported by *F. nucleatum* in oxygen-rich environments (Diaz et al., 2002). The chemostat serves as the basis for this dynamic culture model, providing longer sustained biofilm growth as well as stable and controllable gas environmental control.

Microfluidic platforms have demonstrated the potential to facilitate the spatial distribution of oxygen through their

microchannel networks (Whitesides, 2006). Many microfluidic devices also demonstrate their high-throughput bacteria culture with multiple microscale chambers while enabling sophisticated control of the bacterial microenvironment. An artificial device containing up to 128 incubation chambers based on a microfluidic device has been developed for biofilm culture and enables the control of various microenvironmental parameters such as culture solution composition and growth factors (Lam et al., 2016). Equipped with liquid flow channels and gas flow channels, 128 individual chambers with a diameter of 1 mm and a height of 210 μm were set up to achieve independent nutrient and gas supply to each chamber. The dissolved oxygen concentration in the chambers was regulated through the microvalves (Lam et al., 2016). This setup has been used to study both single-species and multi-species oral biofilms, including *F. nucleatum*, *Streptococci*, and samples of undefined oral plaque, under dynamically controlled oxygen conditions (Lam et al., 2016). This system replicates the impact of daily fluctuations in oxygen levels within the oral environment (aerobic during the day and microaerobic to anaerobic during the night) on oral biofilm growth and composition (Lam et al., 2016). It is important to note however, that due to the small footprint of the microfluidic device, the assembly of microfluidic devices with functioning valves and tubing assembly is technically demanding, making their adoption among microbiologists challenging.

3.4 Shear force

Due to dietary activity, the movement of saliva within the oral cavity imparts liquid shear forces that can influence the biofilm development, including spatial structuring, nutrient uptake, and surface area expansion. Evidence of the importance of mimicking liquid shear stress in oral biofilm has been demonstrated by Maezono's team where it was observed that under liquid shear stress, *P. gingivalis* biofilms showed resistance to erythromycin compared to the non-shear stress counterpart (Maezono et al., 2011). Given that modelling liquid shear stress requires the setup to integrate external pumps, well plate cultures are usually not suitable (Christensen et al., 1985). Maezono's team achieved a controlled shear stress model using a Modified Robbin's Device (MRD) connected to an external peristaltic pump (Maezono et al., 2011).

There are also existing platforms where an impeller is integrated within the bioreactor to generate liquid flow and their shear stress (Song et al., 2017; Ramachandra et al., 2023a). Zilm's group has showcased the use of a chemostat-based model for *F. nucleatum* biofilms, with a precise flow rate of 27.5 mL/h⁻¹, tailored to the growth and generation rate of dental plaque (Zilm and Rogers, 2007). Song et al. (2017), demonstrated the use of CDC bioreactors to control the liquid shear stress exposed to biofilms of *P. gingivalis* and *F. nucleatum* grown on HA discs. In these models, the shear stress of the liquid is tuned by controlling the rotation rate of the impeller rotating within the bioreactors. While these models provide good liquid shear stress, the position of the impellers and the size of the bioreactor should be taken into consideration as improper setup tend to generate local dead volumes with low shear stress.

Apart from integrating impellers to generate flow, other platforms rely on external pumps or flow system to enable liquid flow on the biofilm culture. Flow cell bioreactors which offer a distinct advantage over larger bioreactors by facilitating controlled liquid flow through small-volume chambers, more stable and precise fluid dynamics. Zainal-Abidin utilised a flow cell setup in their study on the synergistic effects of the red complex bacteria, employing cylindrical growth tubes with a flow rate of 3 mL/h. This design was intended to more accurately mimic saliva flow and allow for clear observation of biofilm development on the walls of glass tubes (Zainal-Abidin et al., 2012). Unlike an impeller-based bioreactors, flow cells enable sequential feeding of the culture broth from one unit to another. This setup provides a clear-cut method for researchers to investigate the dynamics of biofilm development. Foster's team linked two flow cells with different inoculated bacterial biofilms [*S. gordonii*, *A. naeslundii*, *Veillonella atypica* (*V. atypica*), and *F. nucleatum*] to identify the primary and late colonisers by tracking the population changes at the biofilm downstream of the first bioreactors (Foster and Kolenbrander, 2004). In this study, the flow rate was set at 200 μ L per minute (Foster and Kolenbrander, 2004), determined based on previous calculations of saliva flow rates in various parts of the oral cavity (Dawes et al., 1989). Similarly, Ali Mohammed et al. (2013) constructed flow chambers measuring 1 \times 4 \times 40 mm and cultivated biofilms of *F. nucleatum* and *P. gingivalis* within. A peristaltic pump was employed to deliver a stable cultivation medium at a rate of 3.3 mL/h through the system (Ali Mohammed et al., 2013). Modified flow cell reactors such as the drip-flow reactors offer a low-shear setting more representative of the oral environment (Ghesquière et al., 2023). Here, biofilms of key periodontitis-associated bacterial species are formed under a gentle, continuous flow in inclined channels (Ghesquière et al., 2023) enabling the spatial-temporal formation of biofilms along the direction of liquid flow.

The small and uniform structure of the flow cell ensures precise control over the liquid medium's flow over the biofilm surface, minimising flow disturbances. This level of control is a significant advantage, often difficult to attain with other models like MRD or chemostat devices.

Using the same strategy of mounting bioreactors to fluid pumps, microfluidics have also been recently used to investigate *in vitro* biofilm models. Compared to the flow cells, microfluidic platforms typically consist of microscale chamber arrays (<500 μ m in size), enabling the simultaneous cultivation of large numbers of biofilms under precise control (Eun and Weibel, 2009; Janakiraman et al., 2009). Leveraging on the flexible assembly and customisation of these platforms, microfluidics devices can be modified to mimic multiple aspects of biofilm microenvironments. Makkar et al. (2023) leveraged microfluidic techniques to accurately mimic the fluid dynamics of the human gingival crevice, including specific parameters like liquid pressure and flow velocity. In their experiment, gingival fibroblasts encapsulated in a human fibrin-based 3D matrix, along with *S. oralis* biofilms, were placed in a microfluidic channel designed to simulate the gingival sulcus. These channels were 400 μ m wide and 100 μ m high, facilitating the study of dental plaque adherence to gingival tissues (Makkar et al., 2023). The flow of simulated gingival crevicular fluid (s-GCF) through these channels was then meticulously adjusted. Under conditions of high flow rates and shear forces, the researchers observed that

biofilm clearance was facilitated, growth was constrained, and a stable co-culture of host tissue and symbiotic microorganisms was sustained (Makkar et al., 2023). This study highlights the utility of microfluidics in replicating complex oral environments for the study of the dynamics between oral tissues and microbial communities.

Beyond modelling liquid shear stress, the ability of modelling physical shear stress can be important to allow researchers to study biofilm retention and removal from various physical activities. The constant depth film fermentor (CDFF) incorporates a scraping mechanism to maintain a consistent biofilm thickness, simulating the mechanical disturbances experienced in the oral cavity from actions like brushing or tongue movement (Pratten and WillsBarnettWilson, 1998).

3.5 Microbiome-host cell interaction

The abundance of microorganisms colonising the oral environment poses a long-term risk of microbial invasion to host oral tissues, underscoring the importance of maintaining host-microbe homeostasis for overall host health (Cai et al., 2023). Disruption of the homeostasis between the host and microorganisms is a key factor in the development of periodontitis. Therefore, the interplay between subgingival biofilms and host cells, the two most important participants in periodontitis, is the key to the pathological study of periodontal disease. The most convenient and common practice is to simultaneously culture target bacteria in cell culture media. One study conducted co-culturing wild-type *P. gingivalis* with its fimbriae-deficient mutant and a monolayer of gingival epithelial cells (GECs) to obtain *P. gingivalis*-infected cells (Yilmaz et al., 2003). GECs were cultured as a monolayer, and the *P. gingivalis* strain was added to culture media to observe *P. gingivalis*' invasion capability on GECs (Yilmaz et al., 2003). This simple and easy-to-operate model has therefore widely adopted (Takeuchi et al., 2021b; Zhang et al., 2022).

However, this experimental setup inadequately capture the *in vivo* survival patterns at both the microbial and host cell levels. Firstly, host cells do not grow as monolayers physiologically but exist within the complex 3D structure of periodontal tissues. To address this, a series of experiments have attempted to improve this method. For example, the introduction of 3D culture with materials like collagen allows cells to be in a spatial environment more similar to physiological conditions. One such study layered multiple strata of oral epithelial cells over rat-tail type I collagen-embedded fibroblasts to create a 3D soft tissue model (Pinnock et al., 2014). This was compared with a traditional 2D monolayer cell culture. In both models, *P. gingivalis* was introduced into the same culture media and incubated for specific durations to observe bacterial invasion into mammalian cells (Pinnock et al., 2014). The outcomes, including staining and chemokine array analysis, revealed notable differences between the 3D and 2D cultures. The 3D model more closely resembled *in vivo* conditions in aspects like bacterial invasion, intracellular viability, bacterial release, and cytokine production (Pinnock et al., 2014). Similar methods involving 3D culturing with collagen or collagen-like materials are widely used to simulate environments such as oral mucosa or periodontal soft tissues, providing cells with a 3D spatial structure similar to these tissues (Bao et al., 2015; Adelfio et al., 2023).

Microorganisms do not simply float in liquid; instead, they attach to the surfaces of periodontal tissues in the form of biofilms, a characteristic not accurately depicted in previous models. To tackle this issue, a common approach involves introducing biofilms into the co-culture system by first cultivating mature biofilms on surfaces such as HA discs or coverslips, before co-culturing them with cells. Guggenheim et al. (2009) developed such a coculture model using a ten-strain biofilm cultured on HA discs. Mature biofilms on HA discs were introduced into a well plate containing human gingival epithelial cells, positioned closely but not in direct contact, to simulate subgingival conditions. This setup enabled the study of biofilm-induced apoptosis and the enhanced expression of virulence factors by the microorganisms in a biofilm state compared to planktonic forms (Guggenheim et al., 2009). This result also confirms the limitations of previous models, highlighting that planktonic bacterium, due to their phenotypic differences, cannot effectively replicate the virulence characteristics of biofilms *in vitro*. Therefore, this method has subsequently been adopted in various pathological investigations (Thurnheer et al., 2014) and expanded to diverse fields, including drug screening research (Millhouse et al., 2014). In a similar manner, Lang et al. (2022) developed a periodontal pocket model by dipping and culturing 12-strain bacterial biofilm on dentin discs and epithelial cells on glass slides in pockets with cell culture media, assessing the therapeutic efficacy of ultrasonics and hand instruments on root surface treatment. In addition to more accurately reproducing bacterial survival patterns and phenotypes, another advantage of introducing mature biofilms into the culture system is the ability to better quantify and visualise the microorganisms before and after the experiment. For instance, Millhouse et al. set up a co-culture model with a composite biofilm including *P. gingivalis*, *F. nucleatum*, *A. actinomycetemcomitans*, and *S. mitis* on coverslips, alongside immortalised human oral keratinocyte cell lines, to test the antimicrobial and anti-inflammatory effects of naturally derived polyphenol resveratrol and chlorhexidine (Millhouse et al., 2014). The untreated and drug-treated biofilms, as well as host cells, were quantified not only for biomass and cell viability using the AlamarBlue assay and absorbance measurements, but also visualised through SEM imaging, which revealed morphological differences and aggregation patterns between different bacterial species at the microscopic level (Millhouse et al., 2014).

It can be envisioned that in attempting to simulate the spatial distribution of host cells and the microbial colonisation in biofilm, these efforts are being integrated to obtain a faithful reflection of the microbial-host cell crosstalk. Integrating collagen-based 3D cell culture with oral biofilms adhered to hard surfaces in the same culture system is a straightforward approach. Bao et al. (2015) further enhanced this model by incorporating 3D cell culture techniques, combining biofilm-host cell coculture with a 3D periodontal pocket tissue model to better mimic the spatial organisation of cells. A bioreactor system, composed of gingival fibroblast cells supported by 3D collagen sponge scaffolds, along with gingival epithelial cells on the scaffold surface and monocytes flowing through, simulated the tissue structure of the periodontal pocket. Subsequently, biofilms composed of 11 oral microbial species grown on HA discs were introduced to mimic conditions of periodontal inflammation (Bao et al., 2015). In addition to

biofilm, this periodontal pocket model also incorporates the 3D structure of periodontal soft tissues and immune cells interacting with the external environment through GCF flow. At the level of both microorganism and host tissue, it further accurately reproduces the participants of periodontitis and their spatial distribution within the periodontal pocket.

One could argue that the current approach to constructing co-culture models entails the continual refinement of basic host cell-microbe models in standard well plates. This effort aims to align the survival patterns of both host cells and microorganisms more closely with those observed in the physiological environment. However, some challenges persist in such models. For example, these co-cultures can only provide a uniform oxygen environment for both host cells and microorganisms, while in reality, pathogenic microorganisms thrive in gingival pockets where oxygen concentration gradually decreases due to the unique anatomical structure. Previous studies have reported that oxygen-sensitive microorganisms such as *P. gingivalis* and *T. forsythia* struggle to maintain stable colonisation in normoxic environments (Guggenheim et al., 2009). The emergence of 3D printing technology enables not only the replication of cell spatial distribution, but also the construction of macroscopic anatomical structures of the periodontium for *in vitro* models (Adelfio et al., 2023). Adelfio et al. (2023) utilised 3D printing technology and silk biopolymer material to create a replica mold of the adult human mandibular gingiva, providing a spatial environment consistent with physiological conditions for host cells and microorganisms cultured within it. This allows for precise replication of gas diffusion and nutrient distribution in the oral environment. Built on high-fidelity anatomical molds, this model addresses challenges encountered in previous studies, such as reproducing oxygen gradients generated with increased depth of gingival pockets.

4 Challenges and perspectives

Until today, simulating periodontal biofilm formation and its interactions with host tissues perfectly from various aspects *in vitro* still faces many unresolved challenges.

The ability of *in vitro* models to mimic a microenvironment similar to human physiology is important for accurately understanding the progression of periodontitis, posing an ongoing engineering challenge. Apart from mimicking the microenvironment of the oral cavity, the engineering of *in vitro* biofilm models should also consider the potential scale-up of the platforms to enable parallel experiments and enhance repeatability. This wishlist has driven various engineering developments of *in vitro* models to enable periodontal biofilm cultures (Table 2).

4.1 Challenge 1—Tuning the biochemical environment for multiple bacteria and/or mammalian cell culture in co-cultures

Modelling of the inter-bacterial and bacterial-host tissue interactions in many cases requires a culture setup where the spatial distribution of culture nutrients is required. This is particular the case in bacteria-host tissue co-cultures where the

TABLE 2 Characteristics of an ideal *in vitro* model for periodontitis. It is widely acknowledged that achieving the “perfect” *in vitro* biofilm model is challenging, as it is fundamentally an emulation of the *physiological* environment rather than a replica.

Engineering features for biofilm models	Application
<i>Controllable microenvironment: such as shear stress, mechanical stress, surface stiffness, biochemical content, physicochemical microenvironment</i>	Enable the recreation of microenvironment specific to different stages of periodontal biofilm developments
	Enable a mechanistic understanding of how microenvironment factors impact on the development and disruption of the biofilm model
<i>Multispecies bacteria culture</i>	Enable the culture of bacteria, such as <i>P.gingivalis</i> , which is sustained by <i>F.nucleatum</i> through cross-feeding and is vital for the development of periodontal biofilms
	Enable replication of the bacteria community dynamics during the development of periodontal biofilms
<i>Co-culture with mammalian host cells</i>	Enable the modelling of host responses to alternations in the subgingival plaque
	Enable the assessment of host tissue reactions during periodontitis
<i>Long term culture</i>	Enable the capture of various stages of periodontitis pathogenesis within the culture model
<i>High throughput</i>	Enable parallel experiments and increase the models’ repeatability

culture media composition can vary significantly (Mountcastle et al., 2020). While mixing culture media at various ratio has been the common strategies implemented by many groups, this approach can be particularly challenging for co-culture of more than 2 types of bacteria and/or cells. Furthermore, co-cultures that leverage on mixing of culture media limit mechanistically investigation that involves cross-feeding of bacteria due to the metabolite generation diffused to the bulk liquid.

4.2 Challenge 2–Tuning for the physicochemical environment

As the periodontitis-associated biofilm develops, there is a significant change to the local pH and oxygen concentration which enables further maturation of the biofilm. While hypoxic chambers are effective platforms for obligate anaerobes *in vitro*, the uniform low oxygen level throughout the culture volume can be limited to model for early stages of periodontitis requiring aerobic colonisers, as well as the modelling for host tissue interaction due to the lack of oxygen supporting cell growth and metabolism.

4.3 Challenge 3–Competitive inhibition on mammalian cells growth by microorganisms

The growth rate of the bacteria cultures is significantly higher than mammalian culture resulting in the short-term co-cultures of bacteria and mammalian cells due to the accumulation of endotoxins released by the bacteria. The swift increase in microbial biomass *in vitro* can induce a level of cell toxicity that surpasses what is typically observed from oral microbiomes in conditions of chronic inflammation, such as periodontitis. To manage bacterial population levels, manual interventions such as physical removal or the application of fluid flow are often used. However, these methods considerably heighten the technical complexity involved in managing the experimental setups.

4.4 Challenge 4–Complex setup for integrating different culture modalities

In the context of complex periodontal disease models, different microbial species and mammalian cells require distinct mimicking strategies and culture modalities. The integration of these diverse culture modalities is essential to meet the demands of multi-species co-cultures in periodontal disease models. While microfluidic platforms can be a suitable alternative platform to emulate multispecies culture interactions, the reliance of auxiliary equipment, tubing connections and sensitivity to microscale bubbles are among the well-known technical barriers limiting their adoption among the microbiologist to adopt this platform.

4.5 Challenge 5–Patterning of multiple species of bacteria

For the cultivation of multispecies bacteria, accurately replicating complex and diverse microenvironments is vital to cater to the survival needs of various microorganisms. Microbial patterning emerges as a key technique in establishing distinct microenvironments within a model, with 3D bioprinting presenting substantial promise for such applications. At present, there are only a few examples conducted the bioprinting of multiple periodontitis-related bacterial colonies that effectively illustrate cross-feeding interactions and biofilm development.

Challenges in regulating biochemical and physicochemical microenvironments is leading researchers to the use of new materials and technologies for improved microenvironment control, including managing biomacromolecule distribution, regulating liquids and gases gradients and even shear force control. These advancements will not only solve existing problems but also expand the models’ capabilities, such as supporting diverse culture modes for different microbial or mammalian cells.

As research progresses, periodontitis biofilm models will surely become more complex and integrated, incorporating and innovating

technologies to simulate a broader range of *physiological* conditions and variables. This includes introducing diverse nutritional environments and using 3D printing for precise spatial arrangements, enhancing the understanding of periodontitis from multiple angles. Such comprehensive systems are increasingly crucial in periodontitis research, highlighting the significance of such technologies in enhancing our grasp of the disease and its underlying mechanisms.

Meanwhile, the applications of periodontal disease models can also be expanded. There have been reports regarding the potential of treating periodontitis through the transplantation of oral microbiome (Nath et al., 2021). It can be seen that the use of *in vitro* microbial models in new areas such as pathological examinations and even disease treatments hold great promise in the near future.

Author contributions

CW: Conceptualization, Visualization, Writing—original draft, Writing—review and editing. TX: Writing—original draft. JS: Funding acquisition, Supervision, Writing—review and editing. LO: Conceptualization, Data curation, Formal Analysis, Methodology, Project administration, Software, Supervision, Visualization, Writing—review and editing. YZ: Supervision, Writing—review and editing.

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Conflict of interest

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