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Enhancing speech perception in challenging acoustic scenarios for cochlear implant users through automatic signal processing

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Objectives: This clinical study investigated the impact of the Naída M hearing system, a novel cochlear implant sound processor and corresponding hearing aid, featuring automatic scene classification systems which combine directional microphones and noise reduction algorithms, on speech perception in various acoustic scenarios.

Methods: Speech perception was assessed in 20 cochlear implant (CI) recipients, comprising both bilaterally implanted and bimodal listeners. Participants underwent the adaptive matrix sentence test in both quiet and noisy environments. The automatic scene classifier (ASC, AutoSense OS 3.0) involving different microphone settings was evaluated against the omni-directional microphone on the Naída M hearing system. The predecessor hearing system Naída Q served as reference. Furthermore, the automatic focus steering feature (FSF, Speech in 360°) of the Naída M hearing system was compared to the manual FSF of the Naída Q hearing system in a multi-loudspeaker setup.

Results: While both sound processor models yielded comparable outcomes with the omni-directional microphone, the automatic programs demonstrated an enhancement in speech perception: up to 5 dB or 40% in noise for the latest sound processor relative to its predecessor. Subjective feedback further underscored the positive experience with the newer generation system in everyday listening scenarios.

Conclusion: The Naída M hearing system features advanced classification systems combined with superior processing capabilities, significantly enhancing speech perception in noisy environments compared to its predecessor, the Naída Q hearing system.

KEYWORDS

cochlear implant, automatic scene classification, speech perception, Naída M hearing system, directional microphones

Introduction

Cochlear implants (CI) have proven to be a successful treatment for severe to profound sensorineural hearing losses (Wilson and Dorman, 2008; Rak et al., 2017). While for understanding speech in quiet, up to 100% speech intelligibility can be achieved, the audibility of speech in noisy surroundings remains difficult (Nelson et al., 2003). In

such situations, directional microphones can enhance the signal-tonoise ratio (SNR) in scenarios where speech and noise sources are spatially separated, specifically when speech comes from the front and noise originates from behind. This technology is already wellestablished in hearing aids (HA) (Cord et al., 2002), as well as in CIs (Chung et al., 2006) where it has been found to significantly improve speech perception. The Naída CI Q (Quest) sound processor (Advanced Bionics, Valencia, CA) as well as the matching Naída Link Q HA (Phonak, Stäfa, Switzerland) offer a monaural adaptive directional microphone, called UltraZoom (Advanced Bionics, 2015), as well as a binaural fixed directional microphone, called StereoZoom (Advanced Bionics, 2016b). Research has consistently highlighted the advantages of using directional microphones over omni-directional (omni) microphones for enhanced speech perception. These benefits have been noted across various user groups, including those with hearing aids (HAs) only (unilateral or bilateral) (Bentler, 2005), cochlear implant (CI) only users (Buechner et al., 2014; Advanced Bionics, 2015; Geißler et al., 2015; Ernst et al., 2019; Weissgerber et al., 2019), as well as bimodal (CI and HA) users (Devocht et al., 2016; Ernst et al., 2019).

Coupled with advanced microphone technologies, noise reduction or signal enhancement algorithms have proven to further boost speech perception (Buechner et al., 2010), sound quality, and reduce listener effort (Dingemanse et al., 2018). Yet, a significant challenge remains: for individuals with hearing impairments, choosing the most suitable program for a given environment can be difficult. Furthermore, during the fitting process, selecting the optimal combination of microphone type and signal processing algorithm for individual users becomes even more intricate, given that each acoustic situation has its own unique demands and requires specific settings.

To address these challenges, automatic scene classification (ASC) systems were integrated into HAs. Prior clinical studies have identified improvements in both speech perception and ease of use when using these systems (Appleton-Huber, 2015; Wolfe et al., 2017; Rodrigues and Liebe, 2018; Searchfield et al., 2018) and even for CI users (Mauger et al., 2014; Eichenauer et al., 2021). Such research typically contrasted the performance of ASCs with manual program switching in different listening scenarios.

The latest generation sound processor from Advanced Bionics, the Naída CI M (Marvel), alongside its complementary HA from Phonak, the Naída Link M, utilize the same ASC system known as AutoSense OS. While the previous generation's ASC, AutoSound OS (Advanced Bionics, 2015), differentiated mainly between two listening environments—"calm situation" and "speech in noise" the AutoSense OS introduces five more: speech in loud noise, speech in car, comfort in noise, comfort in echo, and music (Advanced Bionics, 2021a). This new system continuously assesses the listening environment and, when detecting a new scenario, seamlessly blends parameters in a gradual transition to the new settings, preventing any abrupt changes that might startle users.

The ASC's seven classes encompass diverse microphone settings such as T-Mic (Frohne-Büchner et al., 2004; Gifford and Revit, 2010; Kolberg et al., 2015; Advanced Bionics, 2021b), realear-sound (RES) (Chen et al., 2015; Advanced Bionics, 2021b), directional microphones (Advanced Bionics, 2015, 2016b) and algorithms targeting wind noise, reverberation (Eichenauer et al., 2021), or transient noise (Dyballa et al., 2015; Stronks et al., 2021). In more specific environments with background noise, where speech originates from non-frontal directions, the focus steering feature (FSF) can optimize the signal-to-noise ratio (SNR) to improve speech perception. While the Naída Q system necessitates manual direction-switching, the Naída M system automates this process. More specifically, the Naída Q system introduced an FSF feature, named "ZoomControl", that enables users of two hearing devices to actively choose their desired auditory direction of focus (Advanced Bionics, 2014). For front or back orientations, both devices employ a fixed cardioid pattern, aligning their attention to the specified direction, a mechanism akin to beamforming. However, for a left or right focus, the audio signals with the favorable SNR from the intended side are relayed to the contralateral hearing device. Concurrently, the microphone signal of the contralateral device is attenuated. This method of transmitting the clear signal from the desired side while diminishing the unintended side's input effectively mitigates the challenges posed by the head shadow, resulting in enhanced speech perception (Advanced Bionics, 2016a; Holtmann et al., 2020).

In contrast, the Naída M system features a fully-automatic FSF, termed 'AutoZoomControl', which seamlessly switches to the target direction based on the analysis of speech modulations from all four primary directions (Phonak, 2011).

In this study, speech perception was investigated using the ASC and FSF algorithms compared to the omni microphone settings in both the Naída Q and the Naída M systems. Also, subjective feedback on speech perception, sound quality, and ease of use via questionnaires was gathered.

Materials and methods

Ethics

The study was approved by the local Medical Ethical Committee (Medical University of Hannover) as well as the German competent authority (BfArM) and conducted in accordance with the Declaration of Helsinki as well as the Medizin-Produkte-Gesetz (MPG). All study participants provided written informed consent prior to participation in the study. Study participants received compensation for traveling expenses.

Investigational devices

The new Naída M hearing system (sound processor and hearing aid) was compared to the previous generation Naída Q hearing system. For both hearing systems, the ASC analyses the local acoustic environment of the hearing device user and automatically switches to the most appropriate microphone settings and sound cleaning algorithms. While the Naída Q's ASC switches between the omni-directional and the UltraZoom adaptive directional microphone, depending on whether the listening situation is "calm situation" or "speech in noise", respectively, there are five additional classes included in the Naída M's ASC: "speech in loud noise," "speech in car," "comfort



in noise," "comfort in echo," and "music." Switching between these seven classes is based on an advanced machine learning system. A calm situation, involving a fixed program with an omni-directional microphone setting and a noisy situation involving the ASC setting were investigated for each of the hearing systems.

The FSF focuses toward the speech signal and increases the SNR by amplifying the signal of interest, while attenuating the signal arriving at the opposite side. This works in either front/back or left/right directions. While the Naída Q offers the FSF as a manual switching, where the user has to choose the direction by using either the processor or remote controls, the Naída M steers the focus automatically by analyzing the incoming microphone signals and then switching to the appropriate direction. The conditions omni and FSF on the Naída Q were compared to FSF on the Naída M.

Study design

An uncontrolled open study design with within-subject comparisons was used. The participants were invited to take part in three study appointments with two takehome phases of at least 4 weeks between appointments (Figure 1).

During the first appointment both hearing systems (Naída Q and Naída M) were evaluated through speech perception tests in quiet and in noise. Both the, omni settings as well as the respective ASCs were tested. One group (five bilateral, five bimodal, randomly assigned) started with just the ASC during the first take-home phase, the other group used four manual programs. During the second appointment, speech perception tests in noise were repeated. Participants were allocated the alternative program configuration, manual or automatic, for their second take-home phase. During the third appointment speech perception in noise was administered for only the omni setting of the Naída Q hearing system and for the FSF of both hearing systems.

Within any appointment, the order of measurements and the different settings under investigation were randomized.

Study setup

In a sound-treated room, participants were positioned within an eight-loudspeaker circle having 45° equidistant loudspeaker positions at a 1.1 meter distance from the center of the participant's head. For evaluation of the ASC, the speech material was presented from the front (Figure 2A). For the FSF evaluation, speech was randomly presented from 0°, 90°, 180°, and 270° (Figure 2B). Interfering uncorrelated noise was presented simultaneously from all eight loudspeakers. The test setup is shown in Figure 2 where light and dark gray loudspeaker symbols indicate the target speech and the interfering noise signals, respectively.

Study group

Twenty postlingually deafened CI users (ten bilateral and ten bimodal) participated in this clinical study. One of the study participants dropped out of the study before the last appointment. Two others did not perform the speech perception tests during the last appointment. All participants used an Advanced Bionics' implant system (various generations) and the Naída CI Q-Series sound processor (either the Q70 or Q90) with the HiRes Optima sound coding strategy (Advanced Bionics, 2011). Bimodal listeners used different types of hearing aids. Participants had an average age at enrolment of 62.3 years (range: 18.2–84.4 years) and an average duration of implant use of their first CI of 7.3 years (range: 1.0–24.0 years). Detailed demographical data are shown in Table 1.

The two subgroups, bilateral and bimodal, do not show significant differences in terms of age (p = 0.850), duration of hearing impairment (p = 0.307) or duration of profound hearing loss (p = 0.830), but the duration of first implant use was significant (p = 0.002). Eight participants (three bilateral and five bimodal) reported never switching between programs, one (bimodal) to switching on a monthly basis, four (two bilateral and



Study setup to evaluate the influence of the automatic scene classifiers (A) and the focus steering features (B) on speech perception. Dark gray indicates loudspeakers presenting noise, light gray indicates loudspeakers presenting the target speech signal. In setup (A), the speech signal was presented from the front. In setup (B), the speech signal was randomly presented from 0°, 90°, 180°, and 270°. All eight loudspeakers presented the interfering noise signal

two bimodal) to switching on a weekly and seven (five bilateral and two bimodal) to switching on a daily basis. Before starting the study 15 participants (seven bilateral and eight bimodal) preferred to use an automatic program, three (two bilateral and one bimodal) preferred not to use an automatic program and two (one bilateral and one bimodal) did not have any preference. Group data are shown in Table 2.

Programming of hearing devices

The participants clinical Naída CI Q-Series sound processor program was transferred into the Naída CI Q90 study processor using the SoundWave fitting software. If requested by the participant, minor modifications of the global volume setting were applied. Study programs were then created based on these settings. The omni-directional microphone program was migrated to the Target CI fitting software to create the study programs for the Naída M sound processor. The ClearVoice (Buechner et al., 2010; Ernst et al., 2019) setting (off, low, medium, high) was transferred from the clinical program. SoftVoice (Marcrum et al., 2021) was enabled according to the default parameter settings in the software.

Unaided thresholds were measured via the audiogram direct function using the Naída Link Q90 hearing aid dedicated to this study at the following frequencies: 250 Hz, 500 Hz, 750 Hz, 1 kHz, 1.5 kHz, 2 kHz, 3 kHz, 4 kHz, and 6 kHz for the bimodal study group (Figure 3).

Based on the audiogram, the hearing aids were adjusted using the Adaptive Phonak Digital Bimodal (APDB) fitting formula (Veugen et al., 2016a,b) using the Phonak Target fitting software. The settings were transferred to the Target CI software for the programming of the Naída M Link HA. Table 3 shows the programming of the hearing devices during the appointments for the speech perception measurements and during the takehome phases.

Prior to the start of the study the correct switching behavior of both automatic features into their classes or directions, were confirmed by technical measurements conducted in the actual study test room.

Speech perception

Speech perception in quiet as well as in noise was measured using the Oldenburg sentence test (OLSA) (Wagener et al., 1999). Two OLSA lists (20 sentences each) were used for each processing condition. Results from both OLSA lists were averaged to obtain the overall correct score for each individual test condition. For the ASC evaluation, the adaptive OLSA was used to determine the speech reception threshold (SRT), which represents the speech level required for 50% correct word understanding. For the speech perception measurement in noise a multi-talker babble noise was presented at 70 dB SPL. For the evaluation of the FSF, a fixed individual SNR was used resulting in 40-60% correct word understanding with the omni setting. The speech shaped noise (OLnoise) was presented at 65 dB SPL. An introductory sentence spoken by a female voice and lasting around 20 s was presented at a slightly higher level than the target speech signal to allow for the focus direction setting, manual or automatic, respectively.

Subjective feedback

To evaluate the subjective hearing impression with the ASC vs. the manual programs, the SSQ-12 (Noble et al., 2013), a short version with 12 items of the Speech, Spatial and Qualities of Hearing Scale (Gatehouse and Noble, 2004) was administered. Individual questions are listed in Table 4.

Participants were asked to rate their hearing abilities on an 11-point Likert scale from 0 (very poor/strong/mixed) to 10 (very good/weak/not mixed). Ratings were averaged across the respective

TABLE 1 Demographical data of study participants.

| ID | Gender | Age (yrs) | Implant, sc hea | ound proces pring aid | ssor, | Duration of device use (yrs) | | Duration of hearing impairment (yrs) | | | Duration of profound hearing loss (yrs) | | | |
|--------|--------|--------------|--------------------|--------------------------|----------------------|------------------------------|--------|--------------------------------------|--------|--------|--|--------|--------|-----|
| | | | 1st Cl | 2nd Cl | HA | 1st Cl | 2nd Cl | HA | 1st Cl | 2nd Cl | HA | 1st Cl | 2nd Cl | HA |
| BIL 01 | F | 18.2 | HR90K, Q70 | HR90K, Q70 | | 16.9 | 13.3 | | 18.2 | 18.2 | | 16.4 | 16.9 | |
| BIL 02 | F | 39.2 | CII, Q90 | Ultra, Q90 | | 20.2 | 2.9 | | 39.2 | 39.2 | | | 21.0 | |
| BIL 03 | F | 64.0 | HR90K, Q70 | HR90K, Q70 | | 14.0 | 12.5 | | 57.0 | 57.0 | | 14.0 | 14.0 | |
| BIL 04 | М | 65.2 | Advantage, Q70 | Advantage, Q70 | | 4.7 | 1.0 | | 24.9 | 24.9 | | | | |
| BIL 05 | F | 65.4 | HR90K, Q70 | HR90K, Q70 | | 13.0 | 9.4 | | 58.9 | 58.9 | | | 13.0 | |
| BIL 06 | F | 57.8 | Advantage, Q90 | Ultra 3D, Q90 | | 5.0 | 3.0 | | 10.4 | 8.9 | | 5.0 | 3.0 | |
| BIL 07 | М | 76.6 | Advantage, Q90 | HR90K, Q70 | | 24.0 | 15.1 | | | 64.6 | | 21.1 | 75.9 | |
| BIL 08 | F | 50.9 | HR90K, Q90 | Advantage, Q70 | | 10.8 | 5.1 | | 39.1 | 22.1 | | 5.1 | 22.1 | |
| BIL 09 | М | 84.4 | Ultra 3D, Q90 | Ultra 3D, Q90 | | 1.9 | 1.1 | | 25.8 | 25.8 | | 4.8 | | |
| BIL 10 | М | 75.4 | HR90K, Q90 | HR90K, Q90 | | 7.9 | 1.6 | | 35.0 | 35.0 | | 7.9 | 1.6 | |
| BIM 01 | М | 49.7 | Ultra 3D, Q90 | | Phonak | 1.9 | | 7.1 | 23.1 | | 7.1 | 6.1 | | |
| BIM 02 | F | 54.8 | Advantage, Q90 | | unknown | 5.0 | | 5.4 | 36.2 | | | 9.1 | | 9.1 |
| BIM 03 | М | 72.6 | Ultra, Q90 | | Phonak Naída Link | 3.0 | | 29.1 | 42.9 | | 29.1 | 4.1 | | |
| BIM 04 | М | 70.6 | Advantage, Q90 | | Phonak Audeo | 1.4 | | 12.2 | 13.2 | | 13.2 | 1.4 | | |
| BIM 05 | М | 73.0 | Ultra, Q90 | | Phonak Naída Link | 3.1 | | 48.3 | 67.3 | | 67.3 | | | |
| BIM 06 | М | 67.6 | Advantage, Q70 | | Phonak Naída Link | 5.3 | | 19.2 | 19.2 | | 19.2 | 16.4 | | |
| BIM 07 | F | 62.7 | Ultra 3D, Q90 | | Phonak Naída Link | 2.8 | | | 13.5 | | | | | |
| BIM 08 | М | 77.1 | Ultra, Q90 | | Phonak Naída Link | 1.0 | | 13.9 | 27.9 | | 27.9 | 13.9 | | 3.2 |
| BIM 09 | М | 62.6 | Advantage, Q90 | | unknown | 1.5 | | | 4.7 | | 31.3 | | | |
| BIM 10 | М | 57.7 | Ultra, Q90 | | Phonak Naída Link | 3.2 | | 11.3 | 12.3 | | 12.3 | | | |

Yrs, years; HR, HiRes; 1st CI, chronologically first implant; HA, hearing aid; BIL, bilateral; BIM, bimodal; F, female; M, male; Q70/Q90, Naída CI Q70/Q90.

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| | | Valid N | Mean | Median | Min | Max | STD | | | | |
|-----------------------------|---------|---------|------|--------|------|------|------|--|--|--|--|
| (A) All | (A) All | | | | | | | | | | |
| Age (yrs) | | 20 | 62.3 | 64.6 | 18.2 | 84.4 | 15.0 | | | | |
| Device use (yrs) | 1st CI | 20 | 7.3 | 4.8 | 1.0 | 24.0 | 6.8 | | | | |
| | 2nd CI | 10 | 6.5 | 4.1 | 1.0 | 15.1 | 5.5 | | | | |
| | HA | 8 | 18.3 | 13.1 | 5.4 | 48.3 | 15.0 | | | | |
| Hearing impairment (yrs) | 1st CI | 19 | 29.9 | 25.8 | 4.7 | 67.3 | 17.6 | | | | |
| | 2nd CI | 10 | 35.5 | 30.4 | 8.9 | 64.6 | 19.0 | | | | |
| | HA | 8 | 25.9 | 23.6 | 7.1 | 67.3 | 18.9 | | | | |
| Profound hearing loss (yrs) | 1st CI | 13 | 9.6 | 7.9 | 1.4 | 21.1 | 6.1 | | | | |
| | 2nd CI | 8 | 20.9 | 15.5 | 1.6 | 75.9 | 23.4 | | | | |
| | HA | 2 | 6.2 | 6.2 | 3.2 | 9.1 | 4.2 | | | | |
| (B) Bilateral | | | | | | | | | | | |
| Age (yrs) | | 10 | 59.7 | 64.6 | 18.2 | 84.4 | 19.6 | | | | |
| Device use (yrs) | 1st CI | 10 | 11.9 | 11.9 | 1.9 | 24.0 | 7.2 | | | | |
| | 2nd CI | 10 | 6.5 | 4.1 | 1.0 | 15.1 | 5.5 | | | | |
| Hearing impairment (yrs) | 1st CI | 9 | 34.3 | 35.0 | 10.4 | 58.9 | 16.4 | | | | |
| | 2nd CI | 10 | 35.5 | 30.4 | 8.9 | 64.6 | 19.0 | | | | |
| Profound hearing loss (yrs) | 1st CI | 7 | 10.6 | 7.9 | 4.8 | 21.1 | 6.6 | | | | |
| | 2nd CI | 8 | 20.9 | 15.5 | 1.6 | 75.9 | 23.4 | | | | |
| (C) Bimodal | | | | | | | | | | | |
| Age (yrs) | | 10 | 64.8 | 65.2 | 49.7 | 77.1 | 8.9 | | | | |
| Device use (yrs) | 1st CI | 10 | 2.8 | 2.9 | 1.0 | 5.3 | 1.5 | | | | |
| | HA | 8 | 18.3 | 13.1 | 5.4 | 48.3 | 14.2 | | | | |
| Hearing impairment (yrs) | 1st CI | 10 | 26.0 | 21.2 | 4.7 | 67.3 | 18.6 | | | | |
| | HA | 8 | 25.9 | 23.6 | 7.1 | 67.3 | 18.9 | | | | |
| Profound hearing loss (yrs) | 1st CI | 6 | 8.5 | 7.6 | 1.4 | 16.4 | 5.8 | | | | |
| | HA | 2 | 6.2 | 6.2 | 3.2 | 9.1 | 4.2 | | | | |

TABLE 2 Group values of demographical data for the entire study participants group (A) as well as split to the subgroups: bilateral (B) and bimodal (C).

sections: speech (questions 1–5), spatial (questions 6–8) and quality (questions 9–12). Questionnaires were completed during the first appointment for the Naída Q hearing system and during the take-home phase for the Naída M hearing system.

At the end of the study, participants were asked to complete a customized device comparison questionnaire. After gaining experience with the Naída M hearing system, participants should indicate whether the Naída M hearing system is much better, slightly better, similar, slightly worse or much worse than the Naída Q hearing system for the following areas:

- Sound quality
- Speech understanding in quiet
- Speech understanding in noise
- Robustness
- Handling
- Battery runtime
- Wearing comfort

- Reliability
- Design/aesthetics
- Telephone connection
- Overall

Statistical analysis

Data were not normally distributed, and as comparisons were made within subjects over the study's duration, the Wilcoxon signed-rank test for dependent samples was employed. To adjust for multiple comparisons, a Bonferroni *post-hoc* correction was applied. Differences between groups were assessed using the Mann-Whitney-*U* test. The threshold for statistical significance was set at p = 0.05. All analyses were conducted using STATISTICA (data analysis software system), Dell Inc. (2015), version 12.

Due to one participant withdrawing before the third appointment and the presence of two missing data points



within one of the conditions at the same appointment in the bimodal group, the statistical analysis was conducted for the entire group rather than separating it into bilateral and bimodal groups, to have more statistical power.

Results

Automatic scene classifiers

In Figure 4, the results from the listening task in quiet are shown. Outcomes from the speech perception in quiet test showed a significant improvement (p = 0.030), for the Naída M ASC compared to the Naída Q omni condition in bimodal users (Figure 4B). All other comparisons between the four conditions: (i) Naída Q omni, (ii) Naída Q ASC, (iii) Naída M omni, (iv) Naída M ASC showed no significant differences for bilateral (Figure 4A) or bimodal (Figure 4B) participants. Median values for the data shown in Figure 4 are listed in Table 5.

Outcomes for acutely measured speech perception in noise are shown in Figure 5A for the bilateral group and Figure 5B the bimodal group. For the bilateral group, significantly better results were obtained with the ASC conditions compared to their respective omni conditions, the improvements being 4.2 dB for the Naída Q (p = 0.030) and 5.0 dB for the Naída M (p = 0.030). The ASC condition on the Naída M also showed a significant improvement of 5.3 dB over the Naída Q omni condition (p =0.041). The ASC condition on the Naída M omni condition (p = 0.030). For the bimodal group the Naída M ASC condition outperformed all other conditions by: 4.1 dB (Naída Q omni, p = 0.03), 2.8 dB (Naída Q ASC, p = 0.03) and 4.8 dB (Naída M omni, p = 0.03). No significant differences were measured between Naída Q and Naída M in their omni conditions for either group. The absolute SRT values are shown in Table 5.

Outcomes of speech perception in noise, measured after chronic use of the Naída M hearing system, are shown in Figure 6A for the bilateral group and Figure 6B the bimodal group. For the bilateral group, significantly better results were obtained with the ASC conditions compared to the respective omni condition, the differences being 3.1 dB for the Naída Q (p = 0.030) and 4.9 dB for the Naída M (p = 0.030). Additionally, the ASC condition on the Naída M provided a statistically significant 4.8 dB improvement over the Naída Q omni condition (p = 0.030). The ASC condition on the Naída Q provided a statistically significant 3.2 dB improvement over the Naída M omni condition (p = 0.030). For the bimodal group, the Naída M ASC condition outperformed the omni conditions by 3.5 dB (Naída Q omni, p = 0.046) and 4.9 dB (Naída M omni, p = 0.046). No significant differences were measured between Naída Q and Naída M in their omni conditions for either group. Absolute SRT values are shown in Table 5.

During the take-home phase between appointments one and two, participants got used to the hearing impression with the new sound processor. For the Naída M ASC condition, a significant difference of 1.4 dB (p = 0.007) in speech perception was observed between the acute and chronic measurements for the bilateral group.

Focus steering features

Outcomes for speech perception in noise measured at appointment three, after chronic use of the Naída M hearing system, are shown in Figure 7 for the entire group, bilateral (N = 10) and bimodal (N = 7). The Naída M FSF condition provided significantly better results compared to the Naída Q omni condition (target signal 0°: 16%, p = 0.018; target signal 180°: 32%, p = 0.001; target signal 2nd CI: 20%, p = 0.006; average: 23%, p = 0.001), as well as compared to the Naída Q FSF condition (target signal 1st CI: 16%, p = 0.009; target signal 180°: 44%, p = 0.002; target signal 2nd CI: 16%, p = 0.004; average: 26%, p = 0.001). No significant differences were measured between Naída Q omni and FSF conditions for either target signal direction. Absolute percent correct values are shown in Table 6.

Subjective feedback

Median scores obtained via the SSQ-12 questionnaire at the start of the study for the Naída Q and during the take-home phase for the Naída M hearing system for the entire group of 18 participants (Figure 7). Figure 8 showed significantly better scores for the Naída M (6.1) compared to the Naída Q (5.1) for the average of all twelve questions (p = 0.022). There were no significant differences for the three sections at the overall group level.

Examining the scores for individual questions, significantly better ratings were obtained with the Naída M compared to Naída Q for questions 5 (p = 0.011), 7 (p = 0.039), 10 (p = 0.024), and 11 (p = 0.017). The remaining questions did not show significant differences.

TABLE 3 Programming of hearing devices during the appointments and the take-home phases.

| Time | Appointment I | | | Take-home Phase I | | Appointment II | | | |
|-----------------|----------------------|-----------|-------------|-------------------|-----------|------------------|-----------|--|--|
| Device | Naída Q Naída M | | | Naída M | Naí | | Naída M | | |
| Program 1 | T-Mic/RES T-Mic/RES | | | AutoSense | T-Mic/RES | | T-Mic/RES | | |
| Program 2 | AutoSound | AutoSense | | | AutoSound | | AutoSense | | |
| Time | Take-home Phase II | | | Appointment III | | | | | |
| Device | Naída M | | | Naída Q | | Naída M | | | |
| Program 1 | Calm situation | | | Mic/RES | T-Mic/RES | | | | |
| Program 2 | Speech in loud noise | | ZoomControl | | | Auto ZoomControl | | | |
| Program 3 | Comfort in noise | | | | | | | | |
| Program 4 Music | | | | | | | | | |

The order of take-home phases I and II was randomly assigned. T-Mic and RES used on sound processor or hearing aid, respectively, are referred to as omni.

TABLE 4 Twelve questions of the SSQ-12 questionnaire and the split to the three sections speech, spatial, and qualities.

| 1 | You are talking with one other person and there is a TV on in the same room. Without turning the TV down, can you follow what the person you're talking to says | Speech | | | | | |
|----|---|-----------|--|--|--|--|--|
| 2 | You are listening to someone talking to you, while at the same time trying to follow the news on TV. Can you follow what both people are saying? | | | | | | |
| 3 | You are in conversation with one person in a room where there are many other people talking. Can you follow what the person you are talking to is saying? | | | | | | |
| 4 | You are in a group of about five people in a busy restaurant. You can see everyone else in the group. Can you follow the conversation? | | | | | | |
| 5 | You are with a group and the conversation switches from one person to another. Can you easily follow the conversation without missing the start of what each new speaker is saying? | | | | | | |
| 6 | You are outside. A dog barks loudly. Can you tell immediately where it is, without having to look? | Spatial | | | | | |
| 7 | Can you tell how far away a bus or a truck is, from the sound? | | | | | | |
| 8 | Can you tell from the sound whether a bus or truck is coming toward you or going away? | | | | | | |
| 9 | When you hear more than one sound at a time, do you have the impression that it seems like a single jumbled sound? | Qualities | | | | | |
| 10 | When you listen to music, can you make out which instruments are playing? | | | | | | |
| 11 | Do every day sounds that you can hear easily seem clear to you (not blurred)? | | | | | | |
| 12 | Do you have to concentrate very much when listening to someone or something? | | | | | | |

Ratings obtained via the custom questionnaire at the end of the study and compiled for the entire CI user group, N = 18 (Figure 9, some answers not applicable), showed that for the "overall" hearing impression, the large majority of participants (88.2%) rated the Naída M hearing system as either "better", or "much better", than the Naída Q hearing system, while only two participants (11.8%) rated it as worse or much worse. For specific aspects of the processor, the Naída M was rated either "better", or "much better" than the Naída Q for "telephone connection" (93.8%), "speech understanding in quiet" (82.4%), "sound quality" (76.5%), "speech understanding in noise" (81.3%), "design/aesthetics" and "battery runtime" (70.6%), "comfort" (52.9%), "reliability" (50.0%), "handling" (41.2%), and "robustness" (35.3%).

Discussion

In this clinical study, we investigated the impact of automatic scene classifiers and focus steering features on hearing in

challenging acoustic scenarios, focusing on both bilateral and bimodal cochlear implant users.

Automatic scene classifiers

The Automatic Scene Classifiers of two hearing systems was compared in this investigation. The target speech signal was presented from the front, with noise emanating from all eight surrounding loudspeakers, a setup adapted from prior research into directional microphones (Geißler et al., 2015). When tested under quiet conditions, the ASC of both systems naturally defaulted to the "calm situation" setting, utilizing their omnidirectional microphones. Under these conditions, both systems' ASCs produced speech perception results that were comparable to when they were manually set to omni-mode. However, the Naída M's ASC outperformed both the ASC and omni settings of the Naída Q. This performance difference might stem from the Naída M's enhanced microphone features and sound-cleaning algorithms, notably the default activation of the SoftVoice feature, which was not commonly used in the Naída Q's clinical programs in this



FIGURE 4

Speech perception in quiet measured acutely for the bilateral (A) and bimodal (B) CI user group. Line, median; box, quartiles 25 and 75%; circle, outlier; whisker, minimum and maximum; *indicate a significant differences with p < 0.05; ASC, automatic scene classifier.

TABLE 5 Speech perception outcomes in quiet and in noise (acute and chronic) with the four conditions Naída Q omni and ASC and Naída M omni and ASC for the bilateral and bimodal CI user groups.

| | | Bilat | teral | | Bimodal | | | | | | |
|--|--|-----------|-------|-----|---------|-----------|------|-----|--|--|--|
| | Median | Min/max | Mean | STD | Median | Min/max | Mean | STD | | | |
| Speech reception threshold (dB) in quiet | | | | | | | | | | | |
| Naída Q omni | 37.7 | 32.0/50.5 | 39.7 | 6.6 | 41.2 | 35.7/45.4 | 40.7 | 3.3 | | | |
| Naída Q ASC | 37.2 | 33.8/49.5 | 39.6 | 5.9 | 40.6 | 34.0/46.1 | 40.4 | 3.3 | | | |
| Naída M omni | 38.1 | 32.5/46.5 | 38.7 | 4.6 | 39.1 | 33.8/43.3 | 38.8 | 2.9 | | | |
| Naída M ASC | 38.1 | 32.6/45.4 | 38.1 | 4.2 | 38.2 | 34.8/41.6 | 38.0 | 2.5 | | | |
| Speech reception threshold (dB SNR) in noise at appointment 1 (acute test) | | | | | | | | | | | |
| Naída Q omni | 4.0 | -2.7/6.8 | 3.1 | 3.3 | 0.9 | -2.2/3.4 | 0.7 | 1.6 | | | |
| Naída Q ASC | -0.2 | -4.4/4.9 | -0.2 | 2.9 | -1.1 | -2.9/4.7 | -0.6 | 2.3 | | | |
| Naída M omni | 3.7 | -1.2/7.0 | 3.2 | 3.1 | 1.4 | -3.0/6.2 | 1.4 | 2.5 | | | |
| Naída M ASC | -1.3 | -5.4/1.5 | -1.6 | 2.5 | -3.8 | -5.6/-0.1 | -3.4 | 1.6 | | | |
| Speech recept | Speech reception threshold (dB SNR) in noise at appointment 2 (chronic test) | | | | | | | | | | |
| Naída Q omni | 2.1 | -0.7/12.5 | 3.9 | 4.6 | 0.2 | -2.6/5.1 | 0.2 | 2.2 | | | |
| Naída Q ASC | -1.0 | -3.9/5.9 | -0.4 | 3.1 | -1.3 | -2.8/0.5 | -1.2 | 1.0 | | | |
| Naída M omni | 2.2 | -0.3/9.0 | 3.1 | 2.8 | 1.6 | -1.4/2.7 | 1.0 | 1.5 | | | |
| Naída M ASC | -2.7 | -6.6/0.9 | -2.7 | 2.5 | -3.3 | -4.8/-2.1 | -3.3 | 0.9 | | | |

ASC, automatic scene classifier; min., minimum; max., maximum; STD, standard deviation.

group. Notably, when exposed to a noisy environment simulating a restaurant ambiance (background noise at 70 dB SPL), the systems activated their "speech in (loud) noise" modes, utilizing directional microphones to counteract the ambient noise. Previous research has shown speech reception threshold benefits ranging from 1.4 to 6.9 dB when the UltraZoom directional microphone was compared to an omni-directional setting (Buechner et al., 2014; Geißler et al., 2015; Devocht et al., 2016; Mosnier et al., 2017; Ernst et al., 2019).

Another body of research highlighted benefits for the StereoZoom directional microphone, registering variations between 2.6 and 4.7 dB when compared to the omni-directional microphone (Vroegop et al., 2018; Ernst et al., 2019) and between 0.9 and 1.4 dB when juxtaposed with UltraZoom (Ernst et al., 2019). In this context, it's important to note that these studies employed diverse loudspeaker arrangements, impacting the measured benefits of beamforming. For example, Ernst et al. (2019) elucidated the implications of



FIGURE 5

Speech perception in noise measured acutely for the bilateral (A) and bimodal (B) CI user groups. Line, median; box, quartiles 2 and 75%; circle, outlier; whisker, minimum and maximum; *indicate a significant differences with p < 0.05; ASC, automatic scene classifier.



merely adjusting loudspeaker angles presenting background noise, which impacted the performance of the beamformers. Interestingly, they also revealed different group results for bimodal (2 dB for UltraZoom and StereoZoom) and bilateral (2.5 dB for UltraZoom and 1.8 dB for StereoZoom) CI users. Variations in noise type can also lead to different speech perception results, likely due to different masking effects (Devocht et al., 2016).

Findings of this investigation revealed SRT benefits of 1.5 dB for the bimodal group and 3.1 dB for the bilateral group using the Naída Q's ASC (UltraZoom) compared to its omni-directional mode. Meanwhile, the Naída M's ASC (StereoZoom) showed

even more pronounced benefits, with an improvement of 4.9 dB for both groups when compared to its omni-directional setting. Overall, these results align with the outcomes of prior studies.

Focus steering features

The Focus Steering Feature (FSF) was assessed using a unique setup: target speech signals were played from one



of four loudspeakers—front, back, right, and left—with a randomized sequence, while noise was presented from eight evenly placed loudspeakers encircling the participant. This methodology contrasts with previous studies, where the ZoomControl was assessed in bimodal CI users in a right/left configuration. There, a fixed loudspeaker setup delivered the target signal to the hearing aid side, with noise directed to the dominant CI side, culminating in notably improved speech perception.

Holtmann et al. (2020) documented a 3.9 dB advantage in SRT for ZoomControl compared to the omni-directional microphone setting, using the adaptive OLSA sentence test. Additionally, in-house evaluations at Advanced Bionics (2016a) noted a 28% enhancement in speech perception when tested with the AzBio sentence test. However, it's worth noting that these studies primarily anchored the focus direction of ZoomControl to one side. In this investigation, the scope was expanded by incorporating all four directions.

The results were revealing: When participants manually adjusted their focus toward the target signal using the Naída Q system, no discernible FSF advantage was observed over the omni-directional microphone mode. Conversely, the Naída M system's automatic FSF yielded significantly improved speech perception scores. Efficient FSF switching, crucial for optimal performance, demands rapid reactions and adept localization skills—challenges deftly navigated by the Naída M's automated system. Significant differences were noted for all directions, except for the front, between the Naída Q's and Naída M's FSF. This observed anomaly can likely be attributed to users' tendency to default to the front direction in moments of uncertainty during manual selection. However, it is important to note that the relatively small sample size of twenty subjects may limit the generalizability of these findings.

Subjective feedback

Evaluations of both the Naída M and Naída Q hearing systems yielded comparable results in areas such as speech understanding, sound quality, and spatial hearing capacities. Yet, when averaging scores across all rating categories, the Naída M outperformed the Naída Q significantly (p < 0.05). Given that the Naída Q evaluations took place when users were already acclimated to its auditory characteristics and had received fittings tailored during clinical routines, there was no anticipation that the newly launched Naída M would score notably higher. Surprisingly, a substantial majority of participants either favored the Naída M or found it equivalent in all rating domains. Ideally, to eliminate any novelty bias associated with new devices and features, the study would have blinded participants to the system under evaluation. However, this approach was unfeasible due to the distinguishable designs of the two systems.

Clinical relevance of automatic features

Several studies have demonstrated the enhancements in speech perception brought about by features such as directional microphones and sound cleaning algorithms. While utilizing programs that combine these features can assist in certain everyday listening scenarios, many hearing device users remain reluctant to switch programs. This hesitation stems from uncertainties about the most effective choice or time constraints, as noted by Gifford and Revit (2010). Furthermore, the preference for a manual program can differ among individuals in specific listening situations, as highlighted by Searchfield et al. (2018).

A solution to these uncertainties lies in a classification system trained to discern a range of typical listening scenarios. Automatic

| | Bilateral and bimodal ($N = 17$) | | | | | | | | | |
|--|------------------------------------|--------------|-------|------|------|--|--|--|--|--|
| | Median | Min | Max | Mean | STD | | | | | |
| Speech perception for target signal 0° (%) | | | | | | | | | | |
| Naída Q omni | 44.0 | 20.0 | 68.0 | 45.6 | 12.9 | | | | | |
| Naída Q FSF | 56.0 | 24.0 | 100.0 | 59.8 | 21.1 | | | | | |
| Naída M FSF | 60.0 | 36.0 | 88.0 | 61.4 | 16.6 | | | | | |
| Speech perception for target signal 90 $^{\circ}$ (1st) Cl (%) | | | | | | | | | | |
| Naída Q omni | 60.0 | 24.0 | 96.0 | 58.8 | 20.9 | | | | | |
| Naída Q FSF | 56.0 | 12.0 | 80.0 | 50.1 | 20.2 | | | | | |
| Naída M FSF | 72.0 | 44.0 | 92.0 | 72.5 | 14.2 | | | | | |
| Speech perception for target signal 180 $^{\circ}$ (%) | | | | | | | | | | |
| Naída Q omni | 48.0 | 8.0 | 88.0 | 44.5 | 22.4 | | | | | |
| Naída Q FSF | 36.0 | 0.0 | 100.0 | 38.6 | 26.8 | | | | | |
| Naída M FSF | 80.0 | 52.0 | 88.0 | 76.2 | 10.2 | | | | | |
| Speech perception f | or target signal 90 $^{\circ}$ (2n | d) CI/HA (%) | | | | | | | | |
| Naída Q omni | 56.0 | 28.0 | 88.0 | 57.6 | 16.0 | | | | | |
| Naída Q FSF | 60.0 | 12.0 | 80.0 | 53.2 | 16.9 | | | | | |
| Naída M FSF | 76.0 | 48.0 | 92.0 | 73.9 | 11.1 | | | | | |
| Speech perception for target signal average (%) | | | | | | | | | | |
| Naída Q omni | 50.0 | 31.0 | 76.0 | 51.6 | 11.7 | | | | | |
| Naída Q FSF | 47.0 | 34.0 | 98.0 | 50.4 | 13.1 | | | | | |
| Naída M FSF | 73.0 | 53.0 | 84.0 | 71.0 | 8.7 | | | | | |

TABLE 6 Speech perception outcomes for the four target signal directions (0°, ±90°, 180°) as well as the average for the three conditions (Naída Q omni, Naída Q FSF and Naída M FSF), for the entire group (N = 17).

FSF, focus steering feature; min., minimum; max., maximum; STD, standard deviation.



FIGURE 8

switching, executed within a suitable time frame after the situation is detected, has shown better speech reception thresholds than manual switching, as evidenced by both Searchfield et al. (2018) and Eichenauer et al. (2021). However, due to the varied outcomes among individuals, Potts et al. (2021) emphasizes the necessity

for a personalized fitting of device parameters to maximize their efficacy.

The automatic features examined in this study provide a broad default setting, suitable for the majority of participants across most situations. At the same time, these features allow for



adjustments, such as the directional microphone or sound cleaning algorithms, tailored to individual requirements. This dual approach not only enables users to gain from automatic switching—even if they have a preference for a custom set of features—but also streamlines the process for health care professionals. Beginning with the automatic feature fitting can mitigate the need for manually programming each feature, thereby reducing overall fitting effort.

Conclusion

The latest Naída M hearing system incorporates an enhanced classifier capable of distinguishing various sound scenarios. This advancement, combined with superior processing capabilities, increases cochlear implant user's speech perception in noise ability when using the Naída M as compared to its predecessor, the Naída Q hearing system. By autonomously adapting to diverse challenging auditory scenarios or altering directionality based on the target speech, the system spares users the often difficult choice of selecting the optimal program. This innovation not only simplifies usability but also elevates real-world speech comprehension with the Naída M system.

Data availability statement

The original contributions presented in the study are included in the article/supplementary material, further inquiries can be directed to the corresponding authors.

Ethics statement

The studies involving humans were approved by Ethics Committee of the Medizinische Hochschule Hannover. The studies were conducted in accordance with the local legislation and institutional requirements. The participants provided their written informed consent to participate in this study.

Author contributions

AB: Writing – review & editing, Conceptualization, Formal analysis, Funding acquisition, Investigation, Methodology, Project administration, Supervision, Writing – original draft. MBa: Project administration, Writing – review & editing, Data curation, Investigation. SK: Data curation, Investigation, Project administration, Writing – review & editing. TL: Funding acquisition, Supervision, Writing – review & editing. MBr: Conceptualization, Formal analysis, Methodology, Project administration, Supervision, Writing – original draft, Writing – review & editing.

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Conflict of interest

MBr was employed by the manufacturer (Advanced Bionics GmbH) of the devices under investigation.

The remaining authors declare that the research was conducted in the absence of any commercial or financial relationships that could be construed as a potential conflict of interest.

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