

UNRAVELING THE ENCHANTING MYSTERY OF FIREFLIES NATURE'S NIGHTLIGHTS

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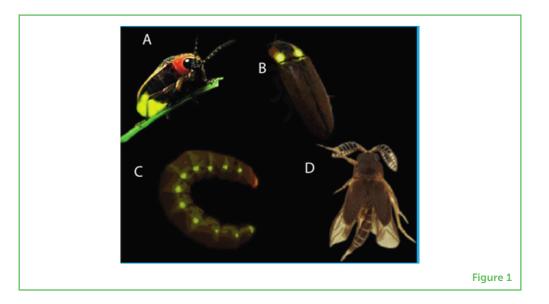
EXPANDING YOUR HORIZONS AGES: 10–14 Fireflies have ignited human interest for ages with their glow. They are like little enchanting lanterns in the dark, creating a beautiful show, lighting up their surroundings with a chemistry trick. But their glow is not just for looks—fireflies use it to talk to each other. Each type of firefly has its own special way of blinking, like a secret code. Their bright lights also help them stay safe, by warning other animals that they taste bad. However, the problem of too much light from cities is making it hard for fireflies to find their friends and family. To protect these amazing creatures we need to be careful with our lights, turning them off when possible during the night. Exploring the world of fireflies helps us see how important it is to take care of nature and all its fascinating organisms, no matter how small they are.

FIREFLIES "MAGIC" IS EXPLAINED BY CHEMISTRY

Imagine you are in a field at night, and suddenly, you see lots of little lights around you. You have just found a gathering of fireflies, and their

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twinkling lights are like a secret language. This nighttime lights show, especially in the forest, has fascinated people for a long time. Fireflies are tiny insects that vary in shape and size and are known by several names (Figure 1).



Did you ever wonder how fireflies make their tails glow? The special power of fireflies to make light is called **bioluminescence**. It happens when two chemicals in their bodies, called **luciferin** and **luciferase**, combine [1] and generate a chemical reaction that produces light. But why do fireflies need to make light in the dark?

MESSAGES IN LIGHTS

Now, imagine you are a firefly looking for someone special in the dark. How would you find Mr. or Ms. Right? Fireflies use their glowing lights to send "hello" messages to each other. Each kind of firefly has its own special pattern of flashes, like a secret code [2]. The male fireflies send out rhythmic signals, and the female fireflies answer back with their own special patterns. They use their lights as an invitation to get to know each other better, so that they can mate and produce the next generation of fireflies (Figure 2) [3].

But fireflies do not just use their lights for conversations. They also use them to stay safe. Imagine you are an adult firefly in the shadows, and a big spider is trying to catch you. What do you do? You turn on your light! Your bright glow is like a sign that tells the spider "I taste disgusting, do not eat me!" (Figure 3) [4].

THE PROBLEM OF TOO MUCH LIGHT

While fireflies' lights are indeed beautiful, these insects face a significant challenge in the modern world: too much light. This excess

Figure 1

There are many types of glowing fireflies. (A) "True" fireflies called Lampyridae; (B) click-beetles, known as Elateridae; (C) railroad worms, which are Phengodidae; and (D) Rhagophthalmidae fireflies.

BIOLUMINESCENCE

A special ability that some animals, like fireflies, have to create their own light through a chemical reaction.

LUCIFERIN

Small cellular compounds that come together to the luciferase and, through a chemical reaction, make fireflies glow in the dark.

LUCIFERASE

Is a special protein help fireflies to create their glow. Think of it as a key that unlocks the light inside the firefly. It works together with something called luciferin, kind of like how peanut butter works with jelly.

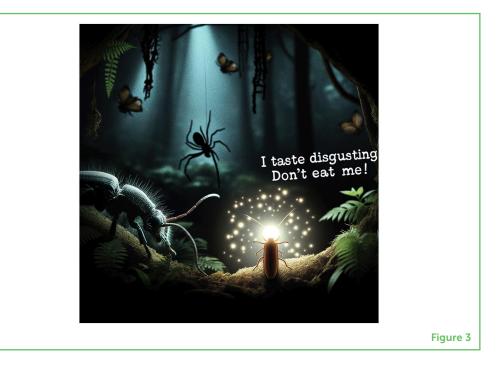
Figure 2

(A) In the nighttime forest, a male firefly sends out a bright light, advertising that he is looking for a girlfriend.
(B) A female firefly sees his glow and replies with her own pattern of flashes. (C) Their lights guide them to each other and they meet, starting a "glowing" friendship that can lead to the next generation of fireflies.

Figure 3

In the quiet forest night, a clever firefly lights up the end of its abdomen, sending a bright warning to a nearby spider: "I taste disgusting, do not eat me!". This glowing message is the firefly's natural defense, cleverly keeping it safe from predators.





of light is called **light pollution**, and it can be as bad for some animals as pollution of our air or water. As cities expand and become more lit up, it becomes challenging for fireflies to communicate using their lights. This is like trying to hold a conversation in a very noisy place—both people have trouble hearing what the other saying. Light pollution can hinder fireflies from locating their friends and family [5]. However, we can help! To protect fireflies and keep their important messages going, we need to be careful with our lights. One simple way is to turn off unnecessary lights, especially during the time when fireflies are out and about. By doing this, we create a darker space for these insects to live and communicate.

NATURE'S AMAZING STORY

This story of fireflies demonstrates how amazing and wonderful the natural world is. The messages of fireflies, with their special

LIGHT POLLUTION

When there is too much or unnecessary light from our buildings and streets, making it hard to see the beautiful dark sky at night. chemistry-powered lights and flashing signals, teaches us that even the tiniest creatures have stories to tell and secrets to share.

The next time you are outside on a dark summer's night, look for those little low-flying stars—the fireflies. Let their beautiful communication remind you to wonder about the world around you and the amazing things that happen in nature. Just like the fireflies, may your curiosity and imagination light up the darkness, showing you the path to discovery and understanding.

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EXPANDING YOUR HORIZONS, AGES: 10-14

Expanding Your Horizons (EYH) has been active in Geneva since 2009 with the goal of encouraging girls in the Geneva region to explore STEM careers, and to continue with mathematics and science in school. The non-profit association runs the bi-annual EYH conference, supported by local organizations.

AUTHORS

DANILO T. AMARAL

I am a passionate bioinformatician and computational biologist, exploring the intersection of science and technology. Enchanted by the wonders of bioluminescence, I unravel nature's luminous secrets. In the adventure of knowledge, I am also captivated by the spines of cacti, symbols of adaptation and resilience. My journey involves deciphering the code of life and the beauty of living systems, blending science and curiosity in a universe brimming with discoveries. *danilo.trabuco@ufabc.edu.br

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My fascination with the biodiversity of our fauna and flora has guided me to university, where I delve into the realms of science and technology, with an emphasis on biology. I am particularly intrigued by bioluminescence and its interactions with ongoing climate changes. As I navigate my path in biology, my biggest aspiration is to be part of a generation committed to preserving Earth's wildlife.

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I am a curious biologist who seeks to understand why there are so many species in the world, why these species possess such distinct characteristics, and why they are distributed where they are. All of this can be elucidated by the theory of species evolution, which constitutes my primary area of study. Through my teaching endeavors, I strive to kindle the flames of curiosity within my students, igniting their own quests to comprehend the intricate history of life on Earth. I hold the aspiration that scientific knowledge can guide us in cherishing and conserving all facets of nature's beauty.







