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# Effect of different forms of tobacco on the oral microbiome in healthy adults: a systematic review

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**Objective:** The study aimed to evaluate the impact of tobacco use on the composition and functions of the oral microbiome in healthy adult humans.

**Methods:** We conducted a systematic search on PubMed, Web of Science, and Cinhal databases for literature published until 15 December 2023, to identify studies that have evaluated the oral microbiome with culture-independent next-generation techniques comparing the oral microbiome of tobacco users and non-users. The search followed the PECO format. The outcomes included changes in microbial diversity and abundance of microbial taxa. The quality assessment was performed using the Newcastle–Ottawa Scale (NOS) (PROSPERO ID CRD42022340151).

**Results:** Out of 2,435 articles screened, 36 articles satisfied the eligibility criteria and were selected for full-text review. Despite differences in design, quality, and population characteristics, most studies reported an increase in bacterial diversity and richness in tobacco users. The most notable bacterial taxa enriched in users were *Fusobacteria* and *Actinobacteria* at the phylum level and *Streptococcus*, *Prevotella*, and *Veillonella* at the genus level. At the functional level, more similarities could be noted; *amino acid metabolism* and *xenobiotic biodegradation pathways* were increased in tobacco users compared to non-users. Most of the studies were of good quality on the NOS scale.

**Conclusion:** Tobacco smoking influences oral microbial community harmony, and it shows a definitive shift towards a proinflammatory milieu. Heterogeneities were detected due to sampling and other methodological differences, emphasizing the need for greater quality research using standardized methods and reporting.

**Systematic Review Registration:** CRD42022340151.

## KEYWORDS

microbiome, oral, tobacco, smokers, microbiota, chewers

## 1 Introduction

The human oral cavity harbors a diverse microbial community comprising over 700 species of bacteria or phylotypes that play a commensal role in protecting oral and systemic health (1). These diverse species have been identified by cultivation or the advancing culture in-dependent molecular approaches (1). These species attach and form biofilms on the mouth's soft and hard tissue surfaces in a structurally organized matrix, inducing a dynamic equilibrium with the immune-inflammatory response of the host (2). The human oral cavity serves as one of the major gateways to the respiratory tract, thus giving microorganisms the substantial prospect of invading these sites (3).

Despite the similarities between the core microbial composition within the oral cavities, the type of species may vary depending on diet and nutrition, genetic susceptibility, antibiotic usage, hormonal factors, tobacco and alcohol exposure, and recurrent pathogenic infections of the host (4). This disturbance to the equilibrium results in oral dysbiosis altering oral and systemic health through several pathophysiological processes linked to disease (5). Dysbiosis has reportedly been involved in oral diseases such as periodontitis, gingivitis, and oral cancer (6–8).

The emergence of new genomic technology including next-generation sequencing, has led to the identification of resident bacterial populations in almost all organs and systems of the body, and has sparked an increased interest in the microbiota among researchers. These next generation sequencing helped to reveal the complex nature of the oral microbiome community, which could not be revealed by culture methods and traditional Sanger sequencing methods as less abundant and non-cultivable microbes of the population are often overlooked, which jeopardizes the accuracy of the detailed account of the microbial community (9).

Recent studies show that despite a global decline in tobacco consumption, tobacco use is exponentially rising in parts of the world, leading to a consequential public health concern (10). Tobacco smoke comprises numerous toxicants that come into direct contact with the bacteria in the oral cavity, disrupting the microbial ecology of the mouth. These toxic compounds cause cellular injury and cell death, including N-nitrosamines and polycyclic aromatic hydrocarbons blocking DNA repair and initiating tumorigenesis (11). Smoking has been shown to cause the loss of beneficial oral species, leading to pathogenic alterations by interacting with various host cells and extracellular matrix components, ultimately leading to the risk of disease development (12). This alteration increases the local density of the bacterial pathogens or decreases the prevalence of other bacteria (13, 14). Emerging evidence on the effects of smokeless tobacco on the composition of the oral microbiota in humans suggests it leads to a pro-inflammatory milieu in the oral microenvironment, further leading to diseases (15). To date, the literature on the effects of tobacco use on the oral microbiome in humans has not been systematically evaluated. Therefore, we carried out a systematic review as a first attempt to characterize the impact of tobacco use on the oral microbiome profile in healthy adults and to compare the differences in the oral microbiome profile of tobacco users with non-users. It also aims to highlight the potential effects of smoking on the host's health by analyzing the available data regarding the relationship between the human oral microbiome and tobacco use.

## 2 Material and methods

### 2.1 Search strategy

A systematic review was conducted to answer the question: “Is the oral microbiome profile of tobacco users different from non-users?” The present systematic review was registered in the International Prospective Register of Systematic Reviews (PROSPERO) under CRD42022340151) The systematic literature

search was performed to identify published studies until Dec 2023 examining the oral microbial community in tobacco users in comparison to controls using broad MeSH terms and other related keywords. The search was performed independently by two investigators (NS and CY). The electronic databases used are PubMed, Web of science and CINHALL. The search was carried out using the specific key keywords with the use of Boolean operators “OR” and “AND.” The search strategy and output for each database is provided as [Supplementary Tables S1–S3](#). Following the elimination of duplicates, the titles and abstracts were evaluated in accordance with the preset eligibility criteria as provided below to determine whether or not they should be included for additional full-text reading. Two independent investigators (NS and CY) scanned the titles and corresponding abstracts. If the abstract clearly indicated what was included or excluded, the record was read in its entirety. In the event that the findings of the two investigators disagreed, DG, the third investigator, was consulted. We manually examined the reference lists of the included publications to find any potentially relevant articles that could be included. The systematic review follows in accordance with the PRISMA (Preferred Reporting Items for Systematic Reviews and Meta-Analyses) guidelines (16).

### 2.2 Eligibility criteria

#### Inclusion criteria

Cross-sectional or prospective observational studies that compared the oral microbiome analyzed with culture-independent next-generation techniques from tobacco users, including cigarettes, water pipes, smokeless, and other forms of tobacco in comparison to healthy controls were included. The detailed PECO (Population, Exposure, Control, and Outcome) scheme followed is below:

Population: Human adults using tobacco

Exposure: Use of any form of tobacco

Control: Non-users

Outcome: Changes in microbial diversity and abundance of various microbial taxa

Type of studies: Cross-sectional or prospective observational studies that utilized culture-independent next-generation techniques without date limitation.

#### Exclusion criteria

The studies which did not fit into the inclusion criteria were excluded.

Studies utilizing culture techniques, studies on diseased populations like periodontitis or caries, which can have an impact on the oral microbiome, animal studies, and studies on e-cigarettes were excluded. Further narrative reviews, systematic reviews, conference reports, and letters to the editor were excluded. The literature search was limited to the English Language.

### 2.3 Data Extraction

Data was extracted from the selected articles through a separate full-text review by two reviewers. The following study

characteristics were extracted from each article: author name, year of publication, study design, sample size, age and gender distribution, type of tobacco, exposure assessment, and significant changes in oral microbial diversity and abundances of taxa.

## 2.4 Quality assessment

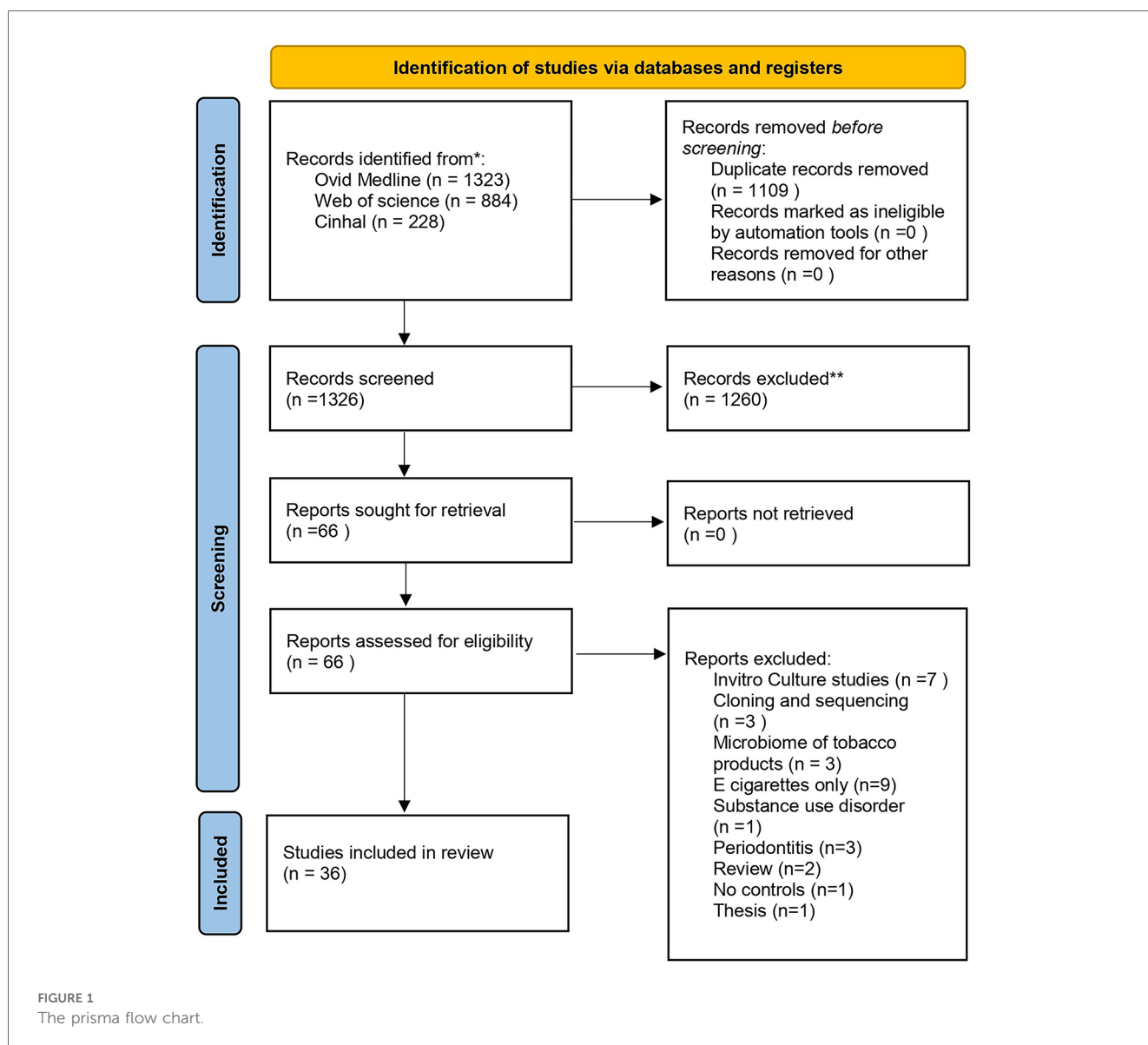
The quality assessment for the included studies was performed independently by two reviewers (NS and CY) using the Newcastle–Ottawa Quality Assessment Scale (17). If there is any discrepancy, then the third author was consulted (DG) and the discrepancy was resolved. This instrument incorporates three separate domains: selection, comparability, and outcomes. The selection domain involves the assessment of four items; comparability has one item, and outcomes include three items. The selected article will receive one star in each item if acceptable, thus obtaining a maximum of four in the selection

domain, one in the comparability domain, and three in the outcome domain.

## 3 Results

### 3.1 General study characteristics

The search yielded 2,435 records from the three databases, of which 1,109 were excluded altogether due to duplicates. Screening of articles by title and abstract and reviewing of full text resulted in 36 eligible articles for full text (Figure 1). Of the 36 articles, nine were from the United States of America (18–26), six were from India (15, 27–31), five were from the United Arab Emirates (32–36), three were from China (37–39), two from Japan (40, 41) and others including Brazil (42), Jordan (43), Hungary (44), Croatia (45), Iran (46), Germany (47), Denmark (48), Italy (49), Sudan (50), Ireland (51) and Korea (52).



The study design followed cross-sectional studies with a sample size ranging from 22 to 1,616. Most studies were conducted on cigarette users, except seven studies that focused on smokeless tobacco products including chewing tobacco (20, 27–30, 34, 50). The 16s rRNA gene sequencing was the most commonly used methodology except for three studies that used shotgun metagenomic gene techniques (28, 33, 44). A common trait seen in most studies was screening for antibiotic usage before sampling and for the presence of chronic or oral illnesses. Further, some studies also included decisive factors that can influence the microbiome, including alcohol consumption, BMI, and diet, into consideration for profiling of the subjects (25, 27, 31, 38). Sample collection types include saliva, oral and buccal swabs, oral rinses, supragingival, subgingival and tongue scrapes, and mouthwashes. The detailed characteristics are provided in Table 1 (42–52). All controls were deemed healthy except for one study that acquired control subjects from cancer cohorts (19).

## 3.2 Diversity and richness analysis

As displayed in Table 2 (42–52), all included studies except five assessed microbial diversity and richness (23, 28, 31, 38, 45). Five studies reported no difference in diversity difference between the smokers and control groups (34, 36, 41, 49, 52). Four studies (21, 26, 40, 42) reported lower diversity and richness in smokers. The rest of the studies concluded that the richness and phylogenetic biodiversity of smokers or tobacco users were significantly different or higher than non-users or former users.

## 3.3 Differences in the abundance of various taxa between smokers and non-smokers

*Firmicutes* were identified as the most abundant phylum across most studies compared to other types of phyla, including *Proteobacteria*, *Bacteroidetes*, and *Fusobacteria*, which varied in abundance among smokers and non-smokers. Four studies reported *Fusobacteria* being depleted in non-smokers and higher in smokers (18, 22, 27, 49). In contrast, *Fusobacteria*, in particular, was lower in smokers and drinkers and more abundant in the control group (42). Studies conducted using an oral rinse and saliva of cigarette and tobacco smokers were enriched with phylum *Actinobacteria* in current users (25, 28, 46, 49). Similarly, an abundance of *Actinobacteria* in water pipe smokers was reported in another study (36). *Bacteroidetes* dominated smoker and chewer samples in two studies (22, 29) compared to another, which reported a lower relative abundance in cigarette smokers compared to e-cigarette users and controls (23). In terms of genera, most studies reported different types of genera in various types of samples from smokers and healthy controls. *Streptococcus* was relatively reported higher in abundance in smokers in several studies. *Prevotella* and *Veillonella*, mostly independently, were also found as predominant genus in tobacco users (21, 24, 31, 34, 37, 38, 42–44, 49, 51), while another data reported a significant

depletion in the saliva and supragingival plaques of smokeless tobacco users (50). *Neisseria* was also observed to be higher among other genera in smokers in two studies conducted in China and Denmark (38, 48). The detailed findings are presented in Table 2.

## 3.4 Differences in metabolic pathways between smokers and non-smokers

Among the 36 studies included, only 9 of them explored the differences in metabolic pathways (15, 19, 26, 27, 30, 37, 39, 40, 49). Wu et al. reported that xenobiotic biodegradation, amino acid metabolism pathways, glycan biosynthesis, and metabolism were enriched in smokers. Further pathways related to aerobic metabolism [tricarboxylic acid (TCA) cycle, oxidative phosphorylation and nitrate reduction] were depleted in current smokers (19, 49). Similarly, Sato et al. also reported significant differences in pathways related to the TCA cycle, glyoxylate cycle, and several compound biosynthesis and degradation between smokers and non-smokers (40). Jia et al. reported that acid production, amino acid-related enzymes and amino sugar, and nucleotide sugar metabolism were all enriched in smokers (37). A recent study on cigarette smokers reported depletion of pathways related to membrane transport and lipid metabolism in smokers as well as xenobiotics biodegradation and enrichment of pathways related to the metabolism of amino acids, nucleotides, vitamins, terpenoids, polyketides, and glycans (26). In the case of smokeless tobacco users, Srivastava et al. reported an increase in amino acid metabolism, xenobiotic biodegradation, and cellular process and signaling (27). Another study also reported an increase in pathways related to amino acid metabolism, synthesis, and degradation (15). Moreover, Sawant et al. observed an increase in pathways related to reductive TCA cycle and pyrimidine biosynthesis in chewing tobacco users (30).

## 3.5 Methodological quality of the studies

The quality of the studies can be found in Supplementary Table S1. Five studies were graded as very good; twenty-six articles were of good quality, whereas the rest of them were of satisfactory quality.

## 4 Discussion

This review aimed to evaluate the available evidence on the impact of the use of tobacco in various forms on healthy humans' oral microbiomes. To our knowledge, this is the first systematic and comprehensive review that summarizes the impact of tobacco use on the oral microbiome. Although there were variations in design, quality of the studies, and characteristics, our results highlight that smoking, regardless of the form, altered the normal equilibrium of the oral microbiome.

TABLE 1 Characteristics of the selected studies.

| No | Author, Country, Year                   | Study Design    | Sample Characteristics   | Type of tobacco   | Amount of Exposure—Assessment  | Methodology                                  | Statistical Adjustments   |
|----|---|-----------------|--|---|--|--|---|
| 1  | Thomas et al. (42), Brazil, 2014        | Cross-sectional | N = 22<br>6 active smokers<br>7 smokers and drinkers<br>9 controls   | Cigarette   | Smokers—20 cigarettes/day for past 10 years  | V1 region of 16s rRNA gene sequencing        | Subject with cancer, use of antibiotics within last 3 months, comorbidities, presence of oral lesions were excluded   |
| 2  | Mason et al. (18), USA, 2015            | Cross-sectional | N = 200<br>100 current smokers<br>100 never smokers  | Not specified   | N/A  | 16s rRNA sequencing                          | Diabetes, HIV, pregnancy, immunosuppressants, bisphosphonates, steroids, antibiotics, current orthodontic therapy, or professional dental cleaning within 3 months and pre-treatment using antibiotic were excluded |
| 3  | Wu et al. (19) USA, 2016                | Cross-sectional | N = 1,204<br>112 current smokers<br>471 former smokers<br>521 never smokers  | Cigarette   | Assessed but not specified   | V3 to V4 regions of 16s rRNA gene sequencing | No cancer prior to sampling<br>Age and sex was adjusted   |
| 4  | Hernandez et al. (20) USA, 2017         | Cross-sectional | N = 122<br>64 current chewers<br>37 former chewers<br>21 non chewers   | Chewing tobacco   | Long term chewers: >10 years   | V3 to V5 region of 16s rRNA gene sequencing  | No history of oral cancer   |
| 5  | Yu et al. (21) USA, 2017                | Cross-sectional | N = 43<br>23 current smokers<br>20 never smokers   | Cigarette   | Smokers: >100 cigarettes in a life time  | V3 to V4 regions of 16s rRNA gene sequencing | Age, gender, race, antibiotic usage or professional dental cleaning within the last 3 months or diagnosed with periodontal disease or cancer or losing >1 tooth were excluded                                       |
| 6  | Rodríguez-Rabassa et al. (22) USA, 2018 | Cross-sectional | N = 34<br>15 non-smokers<br>18 current smokers   | Cigarette   | Assessed but not specified   | V3 to V4 regions of 16s rRNA gene sequencing | Age, sex, race, education level (high school/college) was adjusted  |
| 7  | Stewart et al. (23) USA, 2018           | Cross-sectional | N = 30<br>10 e-cigarette users<br>10 tobacco smokers<br>10 controls  | E-cigarette<br>Cigarette                                  | E-cigarette—daily use for at least 6 months<br>Tobacco smokers ≥4 and ≥10 cigarettes per day   | V4 region of 16s rRNA gene sequencing        | Sex, age, diet, height/weight and race adjusted   |
| 8  | Vallès et al. (32) UAE, 2018            | Cross-sectional | N = 330<br>105 smokers<br>225 non-smokers  | Cigarette<br>Dokha<br>Shisha                              | Self-reported  | 16s rRNA gene sequencing                     | Tobacco smoke exposure cut-off concentration of 200 ng/ml   |
| 9  | Beghini et al. (24) USA, 2019           | Cross-sectional | N = 297<br>90 current smokers<br>45 never smokers<br>45 former smokers<br>38 non-smokers with second hand exposure<br>79 alternative smokers | Cigarette<br>E-cigarette<br>Hookah<br>Cigar<br>Cigarrillo | Current smokers: >100 cigarettes.<br>Never smokers: <100 cigarettes, serum cotinine <0.05 ng/ml<br>Former smokers: >100 cigarettes, serum cotinine <0.05 ng/ml<br>Non-smokers: serum cotinine 1–14 ng/ml | V4 region of 16s rRNA gene sequencing        | Subjects who smoked in the last 5 days were excluded  |
| 10 | Lin et al. (26) USA, 2019               | Cross-sectional | N = 60<br>30 smokers<br>30 non-smokers   | Cigarette   | N/A  | 16s rRNA sequencing                          | Subjects not treated for nicotine use, serious medical or psychiatric conditions, use of illicit drugs or on insulin or oral hypoglycaemic medications were excluded. Age and gender adjusted                       |
| 11 | Yang et al. (25) USA, 2019              | Cross-sectional | N = 1,616<br>592 current smokers<br>477 former smokers<br>547 never smokers  | Cigarette   | N/A  | V4 region of 16s rRNA gene sequencing        | Age, sex, race, body mass index, alcohol consumption, total energy intake, oral and disease status adjusted.  |
| 12 | Al Bataineh et al. (33) UAE, 2020       | Cross-sectional | N = 105<br>55 smokers<br>50 non-smokers  | Cigarette   | Cigarette smokers: ≥5 years  | Shotgun metagenomic sequencing               | Antibiotic or prescribed probiotic use in the past three months, and those with pre-existing respiratory illness such as asthma and chronic obstructive pulmonary disease excluded                                  |
| 13 | Al-Zyoud et al. (43) Jordan, 2020       | Cross-sectional | N = 100<br>49 smokers<br>51 non-smokers  | Cigarette   | Smokes at least 1 cigarette per day  | V3 to V4 regions of 16s rRNA gene sequencing | Antibiotic free for the last three months<br>No chronic oral diseases   |
| 14 | Halboub et al. (34) UAE, 2020           | Cross-sectional | N = 52<br>29 smokers<br>23 non-smokers   | Smokeless tobacco (Shammah)                               | Daily for at least 1 year without cessation  | V1 to V3 regions of 16s rRNA gene sequencing | Subjects with moderate to severe gingivitis or periodontitis, history of antibiotic, antifungal or steroids use and periodontal treatment, including prophylaxis in the last 3 months were excluded                 |

(Continued)

TABLE 1 Continued

| No | Author, Country, Year              | Study Design    | Sample Characteristics  | Type of tobacco                           | Amount of Exposure—Assessment  | Methodology                                  | Statistical Adjustments  |
|----|------------------------------------|-----------------|---|---|--|--|--|
| 15 | Sato et al. (40) Japan, 2020       | Cross-sectional | N = 657<br>364 never smokers<br>129 former smokers<br>144 current smokers               | Cigarette                                 | N/A  | V3 to V4 regions of 16s rRNA gene sequencing | Subjects on oral antimicrobials or steroids, low GFR rate, on anti-hypertensive drugs, hypoglycaemic agents or probiotics were excluded  |
| 16 | Wirth et al. (44) Hungary, 2020    | Cross-sectional | N = 22<br>11 smokers<br>11 non-smokers  | Cigarette                                 | Cigarette smokers: $\geq 20$ cigarettes/pack year  | Shotgun metagenomic sequencing—real time PCR | Chronic illnesses and treatment with antibiotics for at least 6 months prior to sampling were excluded   |
| 17 | Bašić et al. (45) Croatia, 2021    | Cross-sectional | N = 64<br>32 smokers<br>32 non-smokers  | Cigarette                                 | Smokers—1 pack/day   | MALDI-TOF mass spectrometry                  | Presence of periodontitis, systemic diseases, medication, pregnancy, less than 20 teeth, use of antibiotics six months prior and periodontal or orthodontic therapy use was excluded.  |
| 18 | Al Kawas et al. (35) UAE, 2021     | Cross-sectional | N = 40<br>10 controls<br>10 cigarettes smokers<br>10 shisha smokers<br>10 medwakh       | Cigarette<br>Shisha<br>Medwakh            | N/A  | 16s rRNA gene sequencing                     | Patients who were currently receiving orthodontic treatment and those who had any periodontal treatment, antibiotics, or steroid therapy in the last 3 months were excluded  |
| 19 | Jia et al. (37) China, 2021        | Cross-sectional | N = 316   | Cigarette                                 | Current Smokers: one cigarette every 1–3 days for 1 year<br>Former Smokers: no smoking for a year  | 16s rRNA gene sequencing                     | Amplicon sequence variants in fewer than three samples and with abundances less than five were excluded  |
| 20 | Li et al. (38) China, 2021         | Cross-sectional | N = 76<br>16 smokers<br>60 non-smokers  | Cigarette                                 | Not specified  | V4 region of 16s rRNA gene sequencing        | No oesophageal cancer, low-grade dysplasia (LGD), high-grade dysplasia (HGD)<br>Age, gender, BMI adjusted  |
| 21 | Srivastava et al. (27) India, 2021 | Cross-sectional | N = 40<br>20 smokers<br>10 non-smokers  | Smokeless tobacco                         | Smokers— $>5$ years with 25 g of SLT product intake a week   | V3 region of 16s rRNA gene sequencing        | Subjects who were alcoholic and on any medications or antibiotics were excluded  |
| 22 | Wu et al. (46) Iran, 2021          | Cross-sectional | N = 558<br>120 cigarette only users<br>120 never users<br>49 opium only users           | Cigarette                                 | N/A  | 16s rRNA gene sequencing                     | Subjects who had a normal pancreas at the endoscopic ultrasonography exam, aged 40 years or older, no history of liver or renal failure or cancer, no consumption of a special diet, and did not develop pancreatic disease or any cancer within one year of the initial visit |
| 23 | Al-Marzooq et al. (36) UAE, 2022   | Cross-sectional | N = 40<br>10 control<br>10 cigarette smokers<br>10 shisha smokers<br>10 medwakh smokers | Cigarette<br>Shisha<br>Medwakh            | N/A  | 16s rRNA gene sequencing                     | Subjects who smoked more than one type of tobacco and had less than 10 teeth were excluded   |
| 24 | Gopinath et al. (15) India, 2022   | Cross-sectional | N = 44<br>17 smokers<br>14 smokeless tobacco users<br>14 non-smokers                    | Cigarettes/<br>Bidis<br>Smokeless tobacco | Tobacco use—1–12 years   | 16s rRNA gene sequencing                     | Subjects to refrain from smoking, drinking and eating 30 min before sample collection  |
| 25 | Pfeiffer et al. (47) Germany, 2022 | Cross-sectional | N = 58<br>30 smokers<br>6 ex-smokers<br>10 never-smokers                                | Cigarette                                 | Long term Smokers: $\geq 10$ daily cigarettes & $\geq 10$ pack years<br>Short term smokers: $\geq 10$ daily cigarettes & $< 10$ pack years<br>Mild smokers: $< 10$ daily cigarettes & $< 5$ pack years | 16s rRNA gene sequencing                     | N/A  |
| 26 | Poulsen et al. (48) 2022, Denmark  | Cross-sectional | N = 746<br>350 ex-smokers   | N/A                                       | N/A  | 16s rRNA gene sequencing                     | N/A  |
| 27 | Sharma. (28) 2022, India           | Cross-sectional | –   | Chewing tobacco                           | N/A  | Metagenomic sequencing                       | N/A  |
| 28 | Suzuki et al. (41) Japan, 2022     | Cross-sectional | N = 50 (39M, 11F)<br>18 smokers<br>32 non-smokers                                       | Cigarette                                 | Smokers: $\geq 100$ cigarettes after initiation of smoking   | 16s rRNA gene sequencing                     | Subjects who scored more than 0 for bleeding on probing and probing pocket depth were excluded   |

(Continued)



TABLE 1 Continued

| No | Author, Country, Year             | Study Design    | Sample Characteristics  | Type of tobacco             | Amount of Exposure—Assessment  | Methodology                                 | Statistical Adjustments  |
|----|-----------------------------------|-----------------|---|-----------------------------|--|---|--|
| 29 | Antonello et al. (49) Italy, 2023 | Cross-sectional | N = 1601<br>720 current/former smokers<br>881 non-smokers                         | Cigarette                   | Current smokers—reduced daily smoking intensity one month prior  | V4 region of 16s rRNA sequencing            | Sex, age and number of teeth were adjusted<br>Use of antibiotics for last 3 months and missing date on number of teeth were excluded   |
| 30 | Bahuguna et al. (29) India, 2023  | Cross-sectional | N = 22<br>9 chewers<br>9 non-chewers<br>4 occasional/previous chewers             | Chewing tobacco             | Chewers—habitual individuals<br>Occasional/previous chewers—once in a couple of months/<br>previous history of chewing | 16s rRNA sequencing                         | N/A  |
| 31 | Huang et al. (39) China, 2023     | Cross-sectional | N = 587<br>111 smokers<br>467 non-smokers   | Cigarette                   | Pack years but not specified   | 16s rRNA gene sequencing                    | Subject with disease and microbial features of cardio metabolic risk factors were excluded   |
| 32 | Sami et al. (50) Sudan, 2023      | Cross-sectional | N = 78<br>47 smokers<br>32 non smokers  | Smokeless tobacco (toombak) | N/A  | 16s rRNA sequencing                         | Absence of periodontal disease and dental infection, controlled caries mouth, use of antibiotics the past 3 months   |
| 33 | Sawant et al. (30) India, 2023    | Cross-sectional | N = 120<br>40 controls<br>40 long term tobacco chewers<br>40 oral cancer patients | Chewing tobacco             | Chewing tobacco—≥5 years   | 16s rRNA gene sequencing                    | Use of antibiotic treatment for one week prior, previous oncotherapy, medically compromised and edentulous subjects were excluded  |
| 34 | Galvin et al. (51) Ireland, 2023  | Cross-sectional | N = 322<br>148 current smokers  | Cigarette                   | N/A  | V1toV3 region of 16s rRNA gene              | Use of antibiotics or topical steroids intra-orally in the past 3 months, patients with diabetes mellitus, chron's disease, ulcerative colitis, current viral infection and history of gastrointestinal malignancy were excluded |
| 35 | Yadav et al. (31) India, 2023     | Cross-sectional | N = 50  | Cigarette                   | Smokers—past 5 years   | V3 to V4 region of 16s rRNA gene sequencing | Ex-smokers and subjects who both smoked and consumed alcohol were excluded   |
| 36 | Yu et al. (52) Korea, 2024        | Cross-sectional | N = 43  | Not specified               | N/A  | 16s rRNA gene sequencing                    | Use of antibiotics for one month and food or water intake two hours prior sample collection was restricted.  |

This evidence is in accordance with previous results obtained analyzing oral microbiomes in culture methods and animal models (53, 54). Despite the limited number of studies, other less-known forms of smoking also seemed to be associated with changes in the oral microbiome.

The current review of data from clinical studies emphasizes that cigarette smoking is found to cause alteration in the oral bacterial profiles. *Streptococcus* was notably a predominant genus in most studies. In healthy populations, streptococci are common members of the subgingival and supragingival habitats and are early commensal invaders of these environments. However, these commensals have been shown to inhibit the proinflammatory response, which is how they predominantly modulate the immune system and aid in biofilm development (55). Notably, the majority of the other bacteria that were significantly increased in smokers were anaerobes, including *Prevotella* and *Veillonella*. This could be related to the deprivation of oral oxygen due to cigarette smoking. Smoking may create a depletion of an oxygen environment in the mouth. It would reflect on the oxygen availability of microbes in the oral cavity, leading to the oral microbial ecology alteration.

These were also reported to increase smokers' gut microbiome (47, 56). *Veillonella* and *Actinomyces* were the anaerobic bacteria found to be higher in smokers, and these could promote the development of biofilms in the oral cavity (37). Interestingly, *Actinomyces* have also been enriched in several cancers, including liver, esophagus, colorectal cancer, etc. (57–60). *Actinomyces* has been shown to the production of various immunological and microbial-related genes, such as TLR2, TLR4, and NF- $\kappa$ B, which support the growth of colorectal cancer by controlling inflammation by activating the downstream TLR4/NF- $\kappa$ B pathway (60). *Actinomyces* also has been shown to modulate the presence of several other gram-negative bacteria (60). It also reduces antitumor immunity by preventing CD8+ T cell invasion in colorectal cancer (60). Furthermore, nitrate in vegetables is often converted to oral nitrate, which has the potential to make the oral cavity more acidic, and anaerobic bacteria, especially *Actinomyces* and *Veillonella*, promote this conversion (61, 62). This acidic environment has been shown to encourage the growth of biofilms and is linked to oral cavity diseases (63). Decreased local oxygen tension and acidic environment are also likely to promote periodontal anaerobes

TABLE 2 Characteristics of oral microbiome from the selected studies.

| No | Author, Country, Year                   | Sample Type                                   | Age (Range/ Mean/ Median)  | Other clinical features studied  | Results: Diversity and Richness   | Bacterial taxa associated with   |
|----|---|---|--|--|---|--|
| 1  | Thomas et al. (42) Brazil, 2014         | Oral swab                                     | Overall—>40 years<br>Smokers—56.67 ± 2.49<br>Smokers/drinkers—59.86 ± 3.39<br>Control—58.11 ± 8.28 | Effects of chronic alcohol use on the oral micro biome   | Decrease in species richness in smokers   | Smokers had significant increases in <i>Prevotella</i> and <i>Capnocytophaga</i> and reductions in <i>Granulicatella</i> , <i>Staphylococcus</i> , <i>Peptostreptococcus</i> and <i>Gemella</i> . Smokers/drinkers had lower abundances of <i>Fusobacteria</i>   |
| 2  | Mason et al. (18) USA, 2015             | Subgingival plaques                           | Overall—21–40 years<br>Never smokers—27.0 ± 5.3<br>Current smokers—28.25 ± 3.5                     | Not assessed   | Higher diversity in smokers   | The subgingival microbiome of smokers was enriched with <i>Fusobacterium nucleatum</i> , <i>S.mutans</i> and <i>Lactobacillus salivarius</i> and lower levels of <i>Streptococcus sanguinis</i> , <i>S.oralis</i> and <i>Hemophilus parainfluenzae</i>   |
| 3  | Wu et al. (19) USA, 2016                | Oral rinse                                    | Current Smokers—68.82<br>Former Smokers—70.71<br>Never smokers—70.53                               | Prospective development of head and neck cancer and pancreatic cancer  | Current smokers had an increased diversity  | Current smokers had decreased abundance of phylum <i>Proteobacteria</i><br>Genera <i>Peptostreptococcus</i> , <i>Capnocytophaga</i> , and <i>Leptotrichia</i> were depleted. In contrast, <i>Atopobium</i> and <i>Streptococcus</i> were enriched in current smokers compared with never smokers   |
| 4  | Hernandez et al. (20) USA, 2017         | Oral swab<br>Saliva                           | Overall—18–60+ years   | Body mass index  | Alpha diversity lower in current chewers  | Current chewers had elevated levels of <i>Streptococcus infantis</i> and lower levels <i>Actinomyces</i> and <i>Streptococcus genera</i> . Long-term chewers had reduced levels of <i>Parascardovia</i> and <i>Streptococcus</i> . Chewers with oral lesions had elevated levels of <i>Oribacterium</i> , <i>Actinomyces</i> , and <i>Streptococcus</i>                                |
| 5  | Yu et al. (21) USA, 2017                | Subgingival plaque scrapes, saliva, oral swab | Assessed but not specified   | N/A  | Alpha diversity was lower in smokers than in non-smokers in the buccal mucosa                         | <i>Streptococcus</i> was the most abundant across all types of oral samples followed by <i>Veillonella</i>   |
| 6  | Rodriguez-Rabassa et al. (22) USA, 2018 | Saliva  | Smokers—54<br>Non-smokers—34   | Cytokine levels and symptoms of depression   | Beta diversity between smokers and non-smokers were $p < 0.05$  | <i>Proteobacteria</i> , <i>Firmicutes</i> , <i>Bacteroidetes</i> , <i>Fusobacteria</i> and <i>Actinobacteria</i> dominated in smoker samples   |
| 7  | Stewart et al. (23) USA, 2018           | Saliva<br>Buccal swab                         | Control—31 (28–36)<br>E-cigarette—29 (24–37)<br>Tobacco smoker—35 (30–45)                          | N/A  | N/A   | Cigarette users were associated with significantly lower abundance of <i>Bacteroides</i> and <i>Prevotella</i> compared to EC users and non-smokers  |
| 8  | Vallès et al. (32) UAE, 2018            | Mouthwash                                     | Smokers—32.4<br>Non-smokers—33.1<br>Cigarette—36.4<br>Dokha—30.8<br>Shisha—35.7                    | N/A  | Tobacco users had higher diversity  | <i>Cyanobacteria</i> , <i>SRI</i> , <i>Cyanobacteria</i> ) and <i>BD1–5</i> ( <i>GN02</i> ) were all depleted in smokers<br><i>Actinobacillus</i> depletion was consistently observed across all four types of tobacco   |
| 9  | Beghini et al. (24) USA, 2019           | Oral rinse                                    | Overall—>18 years  | N/A  | Difference in beta diversity between current smokers and never smokers. No alpha diversity difference | <i>Streptococcus</i> and <i>Prevotella</i> was the predominant genera, while <i>proteobacteria</i> was less abundant in smokers<br>Phyla <i>Actinobacteria</i> , <i>Firmicutes</i> and <i>Proteobacteria</i> were more abundant in alternative smokers.<br>In hookah users, <i>Porphyromonas</i> , <i>Leptotrichia</i> , <i>Streptobacillus</i> and <i>Fusobacterium</i> were depleted |
| 10 | Lin et al. (26) USA, 2019               | Saliva  | Overall—37.2 ± 10.65 (21–56 years)   | Brain functional connectivity and neurological signalling in smokers, alcohol use identification and marijuana smoking | Decrease of beta diversity in smokers   | <i>Bacteroides</i> , <i>Treponema</i> , <i>Mycoplasma</i> , <i>TG5</i> , <i>Actinomyces</i> spp was abundant in smokers. Depletion of <i>Lautropia</i> and <i>Neisseria</i> were also seen in smokers  |
| 11 | Yang et al. (25) USA, 2019              | Oral rinse                                    | Current Smokers—53.18 ± 7.90<br>Former Smokers—59.18 ± 8.49<br>Never Smokers—55.78 ± 8.88          | Body Mass Index  | Current smokers had increased diversity   | Phylum <i>Actinobacteria</i> , <i>Bifidobacterium</i> and <i>Lactobacillus</i> , were enriched among current-smokers<br>Phylum <i>Proteobacteria</i> was depleted in current smokers   |

(Continued)



TABLE 2 Continued

| No | Author, Country, Year              | Sample Type         | Age (Range/ Mean/ Median)  | Other clinical features studied                         | Results: Diversity and Richness  | Bacterial taxa associated with   |
|----|------------------------------------|---------------------|--|---|--|--|
| 12 | Al Bataineh et al. (33) UAE, 2020  | Buccal swab         | Smokers—30.40<br>Non-smokers—30.30   | Nicotine dependence                                     | Heavy smokers had an increase in diversity                                     | Smokers had significant abundance of <i>Veillonella dispar</i> , <i>Prevotella pleuritidis</i> and <i>Leptotrichia spp</i> when compared to non-smokers  |
| 13 | Al-Zyoude et al. (43) Jordan, 2020 | Saliva              | 23.9 ± 6.20<br>27.1 ± 7.57   | N/A   | Higher richness in smokers vs. non-smokers.                                    | <i>Streptococcus</i> , <i>Prevotella</i> , and <i>Veillonella</i> showed significantly elevated levels among smokers and <i>Neisseria</i> in non-smokers   |
| 14 | Halboub et al. (34) UAE, 2020      | Tongue scrapes      | Overall—20–40 years<br>Smokers—27.34 ± 6.9 years<br>Non-smokes—27.7 ± 7.19 years                               | N/A   | No significant difference in richness or alpha diversity between study groups. | <i>Firmicutes</i> , <i>Actinobacteria</i> , <i>Proteobacteria</i> , <i>Fusobacterium</i> , and <i>Bacteroidetes</i> were abundant in all samples<br><i>Rothia mucilaginosa</i> , <i>Streptococcus sp. oral taxon 66</i> , <i>Actinomyces meyeri</i> , <i>Streptococcus vestibularis</i> , <i>Streptococcus sanguinis</i> and <i>Veillonella</i> was abundant in smokers  |
| 15 | Sato et al. (40) Japan, 2020       | Tongue coating      | Never smokers—49.78<br>Former smokers—48.03<br>Current smokers—43.99   | N/A   | The alpha diversity was lower in current smokers than in never smokers         | <i>Neisseria</i> and <i>Capnocytophaga</i> were less abundant and <i>Streptococcus</i> and <i>Megasphaera</i> were more abundant in current smokers  |
| 16 | Wirth et al. (44) Hungary, 2020    | Saliva              | Non-smokers—40<br>Smokers—41.5   | Level of exhaled carbon monoxide and periodontal status | Increase in diversity in the smokers group                                     | <i>Streptococcus</i> along with <i>Prevotella</i> and <i>Veillonella</i> were abundant in both groups<br><i>Prevotella</i> and <i>Megasphaera</i> was higher in saliva of current smokers whereas <i>Neisseria</i> , <i>Oribacterium</i> , <i>Capnocytophaga</i> and <i>Porphyromonas</i> were reduced   |
| 17 | Bašić et al. (45) Croatia, 2021    | Subgingival plaques | Overall—25–35 years old  | N/A   | N/A  | Prevalence of <i>Actinomyces odontolyticus</i> was higher in smokers, while <i>Streptococcus sanguinis</i> was lower compared to non-smokers   |
| 18 | Al Kwas et al. (35) UAE, 2021      | Subgingival plaques | Cigarettes—31.9 ± 10.43<br>Shisha—29.1 ± 12.05<br>Medwakh—24.1 ± 4.33<br>Non-smokers—38.5 ± 13.6               | Periodontitis   | Diversity was equal in all four groups   | <i>Prevotella denticola</i> and <i>Treponema sp. OMZ 838</i> increased abundance in medwakh smokers<br><i>Streptococcus sanguinis</i> and <i>Tannerella forsythia</i> in shisha smokers<br><i>Streptococcus mutans</i> and <i>Veillonella</i> in cigarette smokers<br><i>Firmicutes</i> was the most abundant phylum across all groups   |
| 19 | Jia et al. (37) China, 2021        | Saliva              | 46.98 ± 11.47<br>46.74 ± 11.16<br>46.17 ± 11.48  | N/A   | Difference in alpha diversity between smokers and never smokers                | At the genus level, <i>Actinomyces</i> , <i>Oribacterium</i> , <i>Atopobium</i> , <i>Prevotella</i> , <i>Veillonella</i> and <i>Campylobacter</i> were increased in smokers.<br><i>Haemophilus</i> , <i>Kingella</i> , <i>Neisseria</i> , <i>Cardiobacterium</i> , <i>Aggregatibacter</i> , <i>Lautropia</i> , <i>Eikenella</i> and <i>Moraxella</i> were significantly depleted in smokers<br>At the species level, <i>Rothia dentocariosa</i> , <i>Prevotella melaninogenica</i> , <i>Prevotella pallens</i> , <i>Bulleidia moorei</i> and <i>Veillonella dispar</i> were increased in smokers. <i>Rothia aeria</i> , <i>Neisseria oralis</i> , <i>Nesseria subflava</i> , <i>Haemophilus parainfluenzae</i> and <i>Actinobacillus parahaemolyticus</i> were depleted in smokers |
| 20 | Li et al. (38) China, 2021         | Saliva              | Overall—50–70 years  | Effect of drinking                                      | N/A for saliva samples   | Increase of <i>Neisseria</i> , <i>Prevotella</i> , <i>Porphyromonas</i> , <i>Fusobacterium</i> , and <i>Rothia</i> and a decrease of <i>Streptococcus</i> , <i>Actinobacillus</i> , and <i>Haemophilus</i> in subjects who smoked  |
| 21 | Srivastava et al. (27) India, 2021 | Oral rinse          | Overall—24–58 years  | Health Status—diabetic status, systolic BP, BMI         | SLT users showed higher richness diversity higher diversity                    | SLT users had increase abundance of <i>Fusobacterium</i> , <i>Porphyromonas</i> , <i>Enterococcus</i> , <i>Parvimonas</i> and <i>Desulfobulbus</i>   |
| 22 | Wu et al. (46) Iran, 2021          | Saliva              | Cigarette smokers—(82.13 ± 38.55)<br>Cigarette and opium users—(77.80 ± 42.83)<br>Never users—(95.10 ± 44.03). | Use of opium  | Lower alpha diversity in cigarette users                                       | <i>Enterobacteriaceae</i> was prevalent in cigarette smokers only<br>Abundance of phyla <i>Actinobacteria</i> , <i>Proteobacteria</i> , <i>Bacteroidetes</i> , and <i>Firmicutes</i> were noted in smokers and opium users   |

(Continued)

TABLE 2 Continued

| No | Author, Country, Year              | Sample Type   | Age (Range/ Mean/ Median)  | Other clinical features studied   | Results: Diversity and Richness                                   | Bacterial taxa associated with  |
|----|------------------------------------|---|--|---|---|---|
| 23 | Al-Marzooq et al. (36) UAE, 2022   | Supragingival plaque scrapes                                | 18–62 years  | Dental carries  | No difference   | <i>Firmicutes</i> was the most abundant phylum in the supragingival plaque samples of all types of tobacco smoking<br><i>Proteobacteria</i> and <i>Actinobacteria</i> were significantly abundant in shisha smokers and other types of smokers<br>Overall <i>Streptococcus</i> was the most abundant genus                      |
| 24 | Gopinath et al. (15) India, 2022   | Buccal swab   | Smokers—33.05<br>Chewers—32.92<br>Controls—33.69                                 | Levels of carbon monoxide exhaled   | Increase in diversity with the use of tobacco                     | Levels of <i>Fusobacterium spp.</i> and <i>Saccharibacterium spp.</i> were increased in smokers in comparison to controls. The relative abundance of <i>Fusobacterium spp.</i> , <i>Catonella</i> , and <i>Fretibacterium spp.</i> were significantly higher in smokeless tobacco users   |
| 25 | Pfeiffer et al. (47) Germany, 2022 | Nasal swabs<br>Oropharyngeal swab<br>Bronchoalveolar lavage | N/A  | Levels of nicotine and metabolite cotinine  | Increase diversity with smoking                                   | <i>Firmicutes</i> was relatively higher in abundance in smokers compared to never-smokers<br><i>Actinobacteria</i> was significantly higher in smokers and ex-smokers comparative with never smokers and <i>Betaproteobacteria</i> was lower in smokers and ex-smokers in oropharyngeal samples                                 |
| 26 | Poulsen et al. (48) 2022, Denmark  | Saliva  | Overall—68 years   | Effect of other lifestyle factors on salivary microbiota                          | Difference in diversity between smokers and other variables       | Genera <i>Veillonella</i> , <i>Streptococcus</i> and <i>Rothia</i> was higher and <i>Neisseria</i> , <i>Haemophilus</i> , <i>Pophyromonas</i> and <i>Actinomyces</i> in smokers compared to ex-smokers and never smokers  |
| 27 | Sharma (28) 2022, India            | Saliva  | N/A  | Oral microbiome in oral cancer  | N/A   | Phylum <i>Bacteroidetes</i> , <i>Firmicutes</i> , <i>Proteobacteria</i> , <i>Actinobacteria</i> were abundant in tobacco users  |
| 28 | Suzuki et al. (41) Japan, 2022     | Saliva<br>Tongue samples                                    | Overall—25.6 ± 2.1 (21–31 years)<br>Smokers—26.8 ± 2.4<br>Non-smokers—25.0 ± 1.6 | N/A   | No difference   | Smoker's saliva was enriched with <i>Treponema</i> and <i>Selenomonas</i> . The tongue microbiota from smokers were higher in <i>Dialister</i> and <i>Atopobium</i>   |
| 29 | Antonello et al. (49) Italy, 2023  | Saliva  | Overall—45 years (18–91 years)   | N/A   | No changes in alpha diversity                                     | <i>Firmicutes</i> were the most abundant, followed by <i>Bacteroidetes</i> , <i>Proteobacteria</i> , <i>Actinobacteria</i> and <i>Fusobacteria</i><br>Increased abundance of <i>Atopobium</i> , <i>Megasphaera</i> , <i>Fretibacterium</i> , and <i>Veillonella</i> when compared to never smokers                              |
| 30 | Bahuguna et al. (29) India, 2023   | Oral swab   | N/A  | N/A   | Increased alpha diversity in chewers                              | <i>S. pneumoniae</i> , <i>S. salivarius</i> , and <i>S. Mutans</i> were increased in occasional chewers whereas <i>Streptococcus</i> genus was decreased in current chewers. <i>Prevotella</i> and <i>bacteriodes</i> was increased in chewers  |
| 31 | Huang et al. (39) China, 2023      | Saliva  | Smokers—53 years<br>Non-smokers—49 years   | Cardiometabolic risk factors  | Alpha diversity was higher in smokers                             | Higher abundance of phyla <i>Firmicutes</i> and <i>Actinobacteriota</i><br><i>Megasphaera</i> , <i>Anaeroglobus</i> , <i>Dialister</i> , <i>Rothia</i> , <i>Atopobium</i> , <i>Actinomyces</i> , <i>Howardella</i> , and <i>Romboutsia</i> and lower relative abundance of the genus <i>Johnsonella</i> in smokers was observed |
| 32 | Sami (50) Sudan, 2023              | Saliva<br>Mucosal and supragingival plaques                 | Overall—20–70 years  | Oral cancer microbiome composition  | Alpha diversity was significantly varied between groups           | <i>Staphylococcaceae</i> and <i>Corynebacterium_1</i> and <i>Cardiobacterium</i> was more abundant in smokers<br><i>Prevotella</i> , <i>Lactobacillus</i> and <i>Bifidobacterium</i> were prominent in non-smokers  |
| 33 | Sawant et al. (30) India, 2023     | Oral rinse  | >18 years  | N/A   | Higher alpha diversity in tobacco chewers and control populations | <i>Leptotrichia</i> , <i>Treponema</i> , <i>Lautropia</i> , <i>spirochaetes</i> and <i>Cardiobacterium</i> was abundant in tobacco chewers  |
| 34 | Galvin et al. (51) Ireland, 2023   | Oral swab   | Overall—≤40 and ≥60 years  | Effect of tooth loss, plaque levels and oral hygiene on oral mucosal colonization | No significant changes in alpha diversity                         | Reduced abundance of <i>Neisseria</i> , <i>H. parainfluenza</i> , <i>L. mirabilis</i> , <i>R. aeria</i> , <i>S. australis</i> and <i>S. sanguinis</i> and Increased abundance of <i>S.</i>  |

(Continued)

TABLE 2 Continued

| No | Author, Country, Year         | Sample Type | Age (Range/ Mean/ Median) | Other clinical features studied      | Results: Diversity and Richness                  | Bacterial taxa associated with   |
|----|-------------------------------|-------------|---------------------------|--------------------------------------|--|--|
|    |                               |             |                           |                                      |  | <i>parasanguinis</i> seen in smokers<br>Genera <i>Aggregatibacter</i> , <i>Bergeyella</i> , <i>Capnocytophaga</i> , <i>Selenomonas</i> , <i>Prevotella</i> , <i>Porphyromonas</i> , <i>Tannerella</i> , <i>Parvimonas</i> , <i>Filifactor</i> , <i>Bacteroidales</i> [G2] and <i>Peptostreptococcaceae</i> was noted in smokers                    |
| 35 | Yadav et al. (31) India, 2023 | Saliva      | N/A                       | Alcoholic consumption and vegan diet | N/A  | Smokers had higher concentrations of <i>Streptococcus</i> , <i>Prevotella</i> , <i>Veillonella</i> and <i>Tannerella</i> and lower concentrations of <i>Fusobacterium</i> , <i>Selenomonas</i> and <i>Neisseria</i> when compared with non-Smokers<br><i>Clostridium</i> , <i>Filifactor</i> and <i>Corynebacterium</i> were only found in smokers |
| 36 | Yu et al. (52) Korea, 2024    | Saliva      | Overall—20's to 50's      | Coffee consumption and Drinking      | No difference in alpha diversity between smokers | Abundance of <i>Oribacterium</i> , <i>Atopobium</i> , and 21 <i>Megasphaera</i> , <i>Eubacterium_nodatatum_group</i> , <i>Butyrivibrio</i> were higher in smokers  |

*Fusobacterium*, *Treponema*, and *P. gingivalis*, which are implicated in the development of periodontitis (64).

The oral cavity is often the first contact with smoke and hence may play an essential role in the degradation of toxic compounds. The depletion of several biodegradation pathways in current smokers suggests potential downstream consequences. A key observation in smokers was the enriched degradation of polycyclic aromatic hydrocarbons and other constituents in cigarette smokers (19). Amino acid-related enzymes and amino sugar and nucleotide sugar metabolism were notably abundant in smokers compared to non-smokers (37). Alternatively, these toxic compounds may saturate the enzymes responsible for their degradation, thus killing the bacteria possessing these enzymes (19). The toxic components in cigarette smoke have been shown to alter the oral immune response, and it has been implicated in the pathogenesis of several oral diseases, including periodontitis and oral cancer (8, 64).

Oral epithelial cells actively participate in oral immune response by expressing specific receptors, including toll-like receptors (TLRs). TLRs are receptors in immune response expressed by cell surfaces and internal vesicles and their stimulation lead to activation multiple intracellular signaling cascades (65) One of the main downstream signaling cascades is the NF-KB, a critical transcription factor that encourages the expression of chemokines, cytokines, and co-stimulatory and adhesion molecules (66). Cigarette smoke has been shown to increase the expression of and alter the functional activation of these receptors, including TLR-2, TLR-4, and others (67, 68). Interestingly, the taxa reported to be enriched in smokers including *Fusobacteria*, *Veillonella*, *Prevotella*, and *Actinomyces*, as well as other microorganisms, also bind to TLR-2 and TLR-4 using their peptidoglycan and lipopolysaccharide cell walls, and these TLR-2 or TLR-4 mediated signaling leads to up-regulation of several proinflammatory pathways (69–74). TLRs and their signaling machinery have been subsequently implicated in a wide range of human diseases, including several cancers, especially oral cancers (75–77).

Tobacco components have also been shown to increase the virulence of specific periodontal pathogens, particularly for

*P. gingivalis*, which has multiple virulence factors (64, 78, 79). Oxidative stress-related proteins in *P. gingivalis* are up-regulated in the presence of nicotine and other products, which helps in adaptability and survival ability in a low-oxygen environment and biofilms (78, 80). *P. gingivalis* biofilms have reduced proinflammatory properties, which can help enhance sustainability (80, 81). However, it was interesting to note that the upregulation of *P. gingivalis* was reported by two published studies only. *P. gingivalis* is also known to facilitate many microbial colonizers, including *S. oralis*, *Streptococcus gordonii*, *Actinomyces viscosus*, *Fusobacterium* spp & *Prevotella intermedia* (79, 82–84), which has been reported to be upregulated by multitude of studies included in the review.

Interestingly, one of the studies reported that the overall oral microbiome composition of former smokers did not differ in comparison to never smokers; this indicates that changes in the oral microbiome influenced by smoking are permanent (19). Such findings are encouraging and can lay the foundation for microbiome-targeted approaches for smoking cessation and disease prevention.

In our review, we noticed that only very few studies have explored the impact of use of shisha or waterpipe on the oral microbiome. It is now known that waterpipe smoke constitutes many of the same toxicants and is associated with the risk of disease (36). Relative to water pipe smoking, out of the four studies included, *Streptococcus sanguinis* was found to be higher in smokers (35). Overall, phyla *Firmicutes* was the most abundant phylum in those combined with other forms of tobacco smoking such as medwakh and cigarettes (35, 36). Few of these bacterial species are known to be a common cause of human respiratory diseases and infections, notably where tobacco consumption is a significant risk factor (85, 86). It is pretty unclear as to what specific bacteria taxa are associated with water pipes due to the scarcity of resources available; however, this could be mainly influenced by the habits of the subjects and other exposures as well.

Smokeless tobacco can also impact oral microbiota, increasing the risk for oral disease pathologies. Due to the nicotine

concentration in smokeless tobacco, the growth of *S.mutans* places the user at an increased risk for dental caries (87). Hung et al. suggested that these tobacco products can increase caries development by fostering *S.mutans* formation on tooth surfaces (88). Further, streptococci species are known to produce acetaldehyde. Acetaldehyde, a carcinogenic compound, production has been proposed as a mechanism by which bacteria can contribute to oral carcinogenesis (34). This is supported by abundant levels of *Streptococcus* genera that indicated alterations in smokeless tobacco users compared to controls (15, 27). Furthermore, *Fusobacteria* abundant in smokeless tobacco users is an opportunistic pathogen and has been known to be capable of growth in acidic conditions (15). *Fusobacteria* has reportedly been noted in human colorectal carcinoma, suggesting it may have originated from the oral cavity. They promote tumor development by inducing inflammation and the immune response of the host to produce inflammatory factors (89). In addition, these species have reportedly been found to be abundant in head and neck cancer samples (90).

This review noted that sample collection sites in the oral cavity subsequently differed within the studies. This site variation could produce significant bias as the sites may vary in microbial composition. For instance, salivary samples may reflect the bacteria shed from the total oral cavity, whereas tissue sampling would be a deeper representation of the microbiome concerning the host (91). Hence, it wouldn't be rational to assume the impacts of smoking caused by components of tobacco smoke are similar across all microenvironments (44). Further studies are recommended to elucidate the different ecology of these environments, as interpreting the data of a mixture of sample types may obscure meaningful associations and patterns.

The current review highlights that the studies reported until now relied on genetic characterization of the microbiome using 16S sequencing methodology without adequate examination of this functionality. Only three studies employed shotgun sequencing (28, 33, 44). Given that shotgun metagenomic sequencing provides better strain level resolution and functional insights, the field should focus more on this sophisticated methodology, in combination with metabolomics and metaproteomic, in decoding host-microbiome interactions. Microbiome architecture can be highly varied among humans, with inter-individual variation presenting a substantial challenge, necessitating the development of sophisticated machine learning processes that predict the impact of microbiome and metabolites on physiological and pathological situations. Despite these constraints, understanding the ubiquitous activities of microbially regulated metabolites can open up a new avenue for enhancing oral health. One of the potential clinical implications of deciphering host-microbial interactions would be management strategies for tobacco-related illnesses, including smoking cessation strategies by altering the microbiota with probiotics, prebiotics, and other related methods. There is currently insufficient data despite the possibility that several preventive and therapeutic applications might be effective in theory. These are primarily related to the possibility of eubiosis being restored upon smoking cessation. As a matter of fact, we have uncovered a dearth of research on this aspect considering the

abundance of studies on tobacco use and oral microbiota and needs to be explored further.

One of the limitations of the current review is the heterogeneity in the methods and the outcome reporting in the included studies, which hindered comparability and quantitative analysis. However, this is a common limitation reported by most of the reviews on microbiome, because of the inherent heterogeneity in the methodology. Further, we have included articles published only in the English language.

## 5 Conclusion

In this review, it is majorly observed that smoking and smokeless tobacco influence the oral microbial community composition, and there is a definitive shift in the abundance of oral taxa favoring an anaerobic environment, thus promoting a proinflammatory milieu. It is suggested that smoking may perturb the balance of the oral microbiome by affecting the relationships between bacteria and altering their metabolic pathways. However, smokeless and smoking tobacco are a mixture of multiple toxicants, and their direct impact on the oral microbiome is yet unclear. The effect of tobacco on microbial metabolism needs to be elucidated and is critical to our understanding of the etiology of oral and systemic diseases, as oral microbial dysbiosis are associated with several systemic conditions.

## Data availability statement

The original contributions presented in the study are included in the article/[Supplementary Material](#), further inquiries can be directed to the corresponding author.

## Author contributions

NSe: Data curation, Formal Analysis, Investigation, Methodology, Writing – original draft. NSh: Data curation, Methodology, Validation, Writing – review & editing. DG: Conceptualization, Investigation, Methodology, Project administration, Resources, Software, Supervision, Validation, Visualization, Writing – original draft, Writing – review & editing. CY: Data curation, Formal Analysis, Investigation, Methodology, Writing – original draft.

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## Conflict of interest

The authors declare that the research was conducted in the absence of any commercial or financial relationships that could be construed as a potential conflict of interest.

The author(s) declared that they were an editorial board member of Frontiers, at the time of submission. This had no impact on the peer review process and the final decision.

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## Supplementary material

The Supplementary Material for this article can be found online at: <https://www.frontiersin.org/articles/10.3389/froh.2024.1310334/full#supplementary-material>

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