



An Evaluation of the Phenotypic Antibiotic Susceptibility of Potential Lactic Acid Bacteria Starter Cultures Isolated From Cambodian Fermented Foods

Dalin Ly^{1,2}, Sigrid Mayrhofer^{1*} and Konrad J. Domig¹

¹Department of Food Science and Technology, Institute of Food Science, University of Natural Resources and Life Sciences, Vienna, Austria, ²Department of Food Science and Biotechnology, Faculty of Agro-Industry, RUA—Royal University of Agriculture, Phnom Penh, Cambodia

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*Correspondence:

Sigrid Mayrhofer
sigrid.mayrhofer@boku.ac.at

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The development of indigenous starter cultures for producing fermented foods that meet the expectations of Cambodians is necessary to preserve the country's food supply. In this study, the safety of 46 lactic acid bacteria strains based on the phenotypic antibiotic susceptibility to clinically relevant antibiotics was assessed. The antibiotic susceptibility of 39 lactobacilli and seven pediococci isolated from Cambodian fermented foods to 16 antibiotics was studied according to ISO 10932/IDF 233. The results were interpreted based on the minimal inhibition concentrations obtained, using differently defined breakpoints and concentration distributions as well as data from the scientific literature. Applying only breakpoints, the results demonstrated two *Lactiplantibacillus pentosus*, three *Companilactobacillus futsaii*, three *Levilactobacillus namurensis* and seven *Pediococcus pentosaceus* strains with acquired resistance. However, considering further information, one *Companilactobacillus futsaii*, one *Limosilactobacillus fermentum* and respectively three *Lactiplantibacillus pentosus* and *Levilactobacillus namurensis* strains would possess an acquired resistance. The genetic background for the absence of transmissible antibiotic resistances in lactic acid bacteria strains intended for food application must be confirmed by molecular methods for potential starter cultures.

Keywords: Cambodia, fermented fish, fermented vegetables, starter cultures, lactic acid bacteria, transferable antibiotic resistance, safety assessment, phenotypic susceptibility data

1 INTRODUCTION

In Cambodia, spontaneous fermentation or back-slopping is commonly used to produce fermented foods for preservation and storage as well as maintenance of the food supply (Ly D. et al., 2018). However, the growth of the involved and uncharacterized microbiota, both safe and unsafe microorganisms is completely uncontrolled and unpredictable, resulting in less uniform sensory food characteristics and compositions (Radulović et al., 2011). With rapid urbanization and increasing exports, the demand for fermented foods of good quality is increasing in Cambodia. To make safe, acceptable and consistent products with a long shelf life, controlled and accelerated fermentation processes by the application of starter cultures are needed (Holzapfel, 2002; Ammor

and Mayo, 2007; Corsetti et al., 2012). Research and optimization in the development of starter cultures that produce the unique taste, aroma and texture of Cambodian foods is important to meet consumers' expectations, preserve the variability of fermented foods, and increase competitiveness in local and international markets (Ly et al., 2019). Until now, however, only few studies have been performed on the role of microbiota in Cambodian food fermentation (Ly S. et al., 2018).

Lactic acid bacteria (LAB) produce lactic acid, acetic acid, ethanol, aroma compounds, exopolysaccharides, bacteriocins and enzymes. Resultingly, they improve the texture, increase the shelf-life and microbial safety, and contribute to a pleasant sensory profile of the final products (Leroy et al., 2006). To assure high metabolic performance as well as microbial dominance against possible undesirable microorganisms, starter cultures are added in large quantities to the initial food product (10^6 – 10^7 bacterial cells per gram) (Ramesh, 2007). Some LAB species belong to those mentioned on the qualified presumption of safety (QPS) list of the European Food Safety Authority (EFSA) (Adams, 1995; EFSA, 2018a). Strains of these species that fall within a QPS group do not require a full safety assessment. Regardless of the QPS status, the presence of transferable antibiotic resistance (ABR) must be tested strain by strain (Laulund et al., 2017). The absence of phenotypic ABR in strains intended for use as starters is of course preferred, but strains with phenotypic resistance may still be suitable if the transferability of the observed ABR can be excluded by analyzing the underlying genetic mechanism of the ABR in combination with additional tests (Laulund et al., 2017). Silent, pseudo-, partial or unexpressed genes may cause false positive results, leading to discordance between phenotypic and genotypic susceptibility data. Thus, uninvestigated resistance genes and mutations; novel, unknown or unusual resistance determinants; and non-specific resistance mechanisms such as multidrug resistance transporters or genes associated with oxidative stress can also lead to inconsistencies (Campedelli et al., 2019; El Issaoui et al., 2021; Flórez et al., 2021; Stefańska et al., 2021). Another challenge in resistance determination is the unavailability of standardized cutoff values for most LAB and commonly used antibiotics (ABs) in susceptibility testing (de Castilho et al., 2019; Das et al., 2020). These standardized cutoffs should also account for intrinsic resistance (IR) in cases of inherent structural and functional features (Campedelli et al., 2019; El Issaoui et al., 2021; Stefańska et al., 2021). Since it can affect the decision to consider a bacterium susceptible or resistant, the correct determination of minimal inhibition concentration (MIC) cutoff values is important (de Castilho et al., 2019; Colautti et al., 2022). Due to the great complexity of lactobacilli, comprising most food-fermenting LAB, it has been shown that susceptibility to ABs is species dependent and varies highly among species (Anisimova and Yarullina, 2019; Stefańska et al., 2021). Thus, establishing species-specific cutoffs for lactobacilli is recommended (Ma et al., 2021; Stefańska et al., 2021).

This complexity and extreme heterogeneity of lactobacilli is also the reason for a recent significant change in the taxonomy of this genus, which consisted of 261 species at the time of change (Zheng et al., 2020). Based on a polyphasic approach, Zheng et al.

(2020) reclassified the former genus *Lactobacillus* into 25 genera, including the genus *Paralactobacillus* and 23 new ones. The amended genus *Lactobacillus* itself currently consists of species that have been assigned to the *Lactobacillus delbrueckii* group (Zheng et al., 2020). The updated nomenclature of the genera lactobacilli proposed by Zheng et al. is given in the parentheses, namely *Lb. acidipiscis* (*Ligilactobacillus acidipiscis*), *Lb. fermentum* (*Limosilactobacillus fermentum*), *Lb. pentosus* (*Lactiplantibacillus pentosus*), *Lb. plantarum* (*Lactiplantibacillus plantarum*), *Lb. namurensis* (*Levilactobacillus namurensis*), *Lb. zymae* (*Levilactobacillus zymae*), *Lb. futsaii* (*Companilactobacillus futsaii*). From now on, the updated nomenclature of this study is used in reference to microbiological cutoff values from EFSA guidance.

The autochthonous microbial population of Cambodian fermented foods, a valuable source of starter cultures, was examined for the presence of LAB (Ly et al., 2020). In order to exploit strains as potential starter cultures, the assessment of 46 LAB strains must be performed to guarantee safety and avoid harmful questions. Therefore, the aim of the present study is to critically assess the safety of lactobacilli and pediococci based on the phenotypic antibiotic susceptibility to clinically relevant ABs and those used in agriculture and aquaculture.

2 MATERIALS AND METHODS

2.1 Bacterial Strains and Growth Conditions

A total of 46 strains of lactobacilli and pediococci were isolated and identified in our previous report (Ly et al., 2019). These strains are members of the species *Limosilactobacillus fermentum* ($n = 12$), *Ligilactobacillus acidipiscis* ($n = 12$), *Lactiplantibacillus pentosus* ($n = 6$), *Lactiplantibacillus plantarum* ($n = 3$), *Levilactobacillus namurensis* ($n = 3$), *Companilactobacillus futsaii* ($n = 2$), *Levilactobacillus zymae* ($n = 1$), and *Pd. pentosaceus* ($n = 7$). These strains were isolated from eight fermented fishery products, two fermented vegetables and five fermented mixed products made from fish or shrimp and vegetables (Table 1) and identified at species level by partial 16S rDNA sequencing and matrix-assisted laser desorption/ionization–time of flight mass spectrometry (MALDI-TOF MS) by a Bruker MALDI Biotyper (Bruker Daltonics, Bremen, Germany). Subsequently, they were typed at strain level by (GTG) 5-PCR (Ly et al., 2019). Except for one *Lactobacillus* strain, the results of both identification methods were consistent. Since MALDI-TOF MS with a Bruker Biotyper proved to be superior in identifying *Lactobacillus* species, species names determined by MALDI-TOF MS were applied during further investigation of these strains (Ly et al., 2019). In addition to these strains, the reference strains *Lacticaseibacillus paracasei* ATCC 334 and *Lactiplantibacillus plantarum* ATCC 14917 were included as quality-control strains for antimicrobial susceptibility testing according to the ISO 10932/IDF 233 standard (ISO/IDF, 2010).

Strains were maintained in DeMan Rogosa Sharpe (MRS) broth (Merck, Darmstadt, Germany) containing 20% glycerol at -80°C . The bacteria were resuscitated on MRS agar (Merck,

TABLE 1 | Origin of tested LAB strains and strains with a possible acquired resistance (AR).

Food sample	Number of tested strains/number of strains with a possible AR											Total
	Main ingredients	Market origin	Number of samples/number of strains	<i>Ligilactobacillus acidipiscis</i>	<i>Limosilactobacillus fermentum</i>	<i>Lactiplantibacillus pentosus</i>	<i>Lactiplantibacillus plantarum</i>	<i>Levilactobacillus namurensis</i>	<i>Companilactobacillus futsaii</i>	<i>Levilactobacillus zymae</i>	<i>Pediococcus pentosaceus</i>	
<i>Prahok</i> (Fish paste)	Freshwater fish, salt	Chamkadaung	1/1								1/-	1/-
<i>Kapi</i> (Shrimp paste)	Tiny marine shrimp, salt	Chas	1/1								1/-	1/-
<i>Paork chav</i> (Fermented fish)	Freshwater fish, brown glutinous rice, salt	Oreusey	3/9	9/-								9/-
<i>Mamtrey</i> (Fermented fish)	Freshwater fish, palm sugar, salt	Thmey	1/3	3/-								3/-
<i>Trey proheum</i> (Salted fish)	Freshwater fish, salt	Thmey	2/3								3/-	3/-
<i>Paork kampeus</i> (Fermented tiny fresh-water shrimp)	Tiny freshwater shrimp, salt, roasted rice, slightly green papaya, galangal	Phumreusey Limcheanghak	2/10 1/3		6/- 1/-	1/1* 1/-	2/-		1/- 1/-			13/1*
<i>Mam lahong</i> (Fermented papaya)	Green papaya, tiny fermented fish, roasted rice, salt, galangal	Limcheanghak	2/7			3/1*	1/-	2/2*		1/-		7/3*
<i>Spey chrouk</i> (Fermented mustard)	Chinese mustard, salt	Phumreusey Limcheanghak	1/4 1/5		4/- 1/1†	1/1*			1/1*	2/1‡		9/4*†‡
Total			12/-	12/1†	6/3*	3/-	3/3*	2/1‡	1/-	7/-		46/8*†‡

*Possible acquired clindamycin resistance.

†Possible acquired gentamicin and neomycin resistance.

‡Possible acquired gentamicin, kanamycin, neomycin and streptomycin resistance.

Darmstadt, Germany) and incubated for 48 h at 28°C (*Lactiplantibacillus plantarum*, *Levilactobacillus namurensis* and *Levilactobacillus zymae*) or 37°C (*Limosilactobacillus fermentum*, *Ligilactobacillus acidipiscis*, *Companilactobacillus futsaii* and *Pediococcus pentosaceus*). All incubations were performed in an anaerobic cabinet (80% N₂, 10% CO₂ and 10% H₂; Scholzen, Necker, Sankt Gallen, Switzerland).

2.2 Antimicrobial Susceptibility Testing and Minimal Inhibition Concentration Determination

Minimum inhibitory concentrations ($\mu\text{g ml}^{-1}$) were determined in a LAB-susceptibility test medium [LSM, 90% of Iso-Sensitest (IST) broth (Oxoid, Hampshire, UK) and 10% MRS broth (Merck, Darmstadt, Germany)] according to the ISO 10932/IDF 233 standard (ISO/IDF, 2010).

Antibiotics representing the classes of aminoglycosides [gentamicin (GEN; 0.5–256 $\mu\text{g ml}^{-1}$), kanamycin (KAN; 2–1,024 $\mu\text{g ml}^{-1}$), streptomycin (STR; 0.5–256 $\mu\text{g ml}^{-1}$), and neomycin (NEO; 0.5–256 $\mu\text{g ml}^{-1}$), β -lactams [ampicillin (AMP; 0.032–16 $\mu\text{g ml}^{-1}$), macrolides [erythromycin (ERY; 0.016–8 $\mu\text{g ml}^{-1}$), fluoroquinolones [ciprofloxacin (CIP; 0.25–128 $\mu\text{g ml}^{-1}$), lincosamides [clindamycin (CLI; 0.032–16 $\mu\text{g ml}^{-1}$), tetracyclines [tetracycline (TET; 0.125–64 $\mu\text{g ml}^{-1}$), phenicols [chloramphenicol (CHL; 0.125–64 $\mu\text{g ml}^{-1}$), glycopeptides [vancomycin (VAN; 0.25–128 $\mu\text{g ml}^{-1}$), oxazolidinones [linezolid (LNZ; 0.032–16 $\mu\text{g ml}^{-1}$), folate pathway inhibitors [trimethoprim (TMP; 0.125–64 $\mu\text{g ml}^{-1}$), and sulfamethoxazole (SMX; 2–1,024 $\mu\text{g ml}^{-1}$), ansamycins [rifampicin (RIF; 0.125–64 $\mu\text{g ml}^{-1}$), and nitrofurans [nitrofurantoin (NIT; 0.5–256 $\mu\text{g ml}^{-1}$)] were tested. With the exception of LNZ (Pfizer, New York, NY, United States), all ABs originated from Sigma-Aldrich (Saint Louis, MO, United States). For the production of the test plates, AB stock solutions were prepared in 20-fold concentration. GEN, KAN, NEO, STR, CLI, LNZ, TET, AMP, and VAN were dissolved in sterile distilled water. To dissolve CHL, ERY, RIF, CIP, TMP, NIT, and SMX, 95% ethanol (CHL, ERY), 100% methanol (RIF), 0.05 mol L⁻¹ HCl (TMP), 0.1 mol L⁻¹ HCl (CIP), 0.1 mol L⁻¹ sodium phosphate buffer (NIT), or 2.5 mol L⁻¹ NaOH and hot water (SMX) were required in volumes as low as possible. The remaining volume was filled with sterile distilled water. Each AB stock solution was then diluted with sterile distilled water to yield AB solutions at concentrations twice the intended concentration in the final microtiter plate. Likewise, a double-strength LSM medium was used for preparing the inoculum to get a final single-strength medium in the microtiter plate after inoculation. Fifty microliters of the double-strength AB solutions were dispensed in each well of the microtiter plates, and these plates were used immediately or frozen until use.

Inocula of the strains were prepared by suspending colonies from MRS agar plates incubated for 24–48 h into 5 ml of a 0.85% (w/v) NaCl solution to obtain a turbidity of McFarland standard 1, equivalent to an optical density of 0.16–0.2 at 625 nm by spectrophotometer (Tecan, Zürich Switzerland). Subsequently,

adjusted inocula were diluted 1:500 in a double-strength LSM medium, and the microdilution plates were inoculated with 50 μl portions of the diluted inoculum. After incubating the plates under anaerobic conditions at 28°C or at 37°C for 48 h, MIC values were read as the lowest concentration of an AB agent at which visible growth was totally inhibited. For only TMP and SMX, MIC values corresponded to the concentration at which more than 80% of growth was reduced compared to the positive control. For simplification, TMP and SMX MICs were determined using a spectrophotometer (Tecan, Zürich, Switzerland).

All these analyses were performed twice. The accuracy and performance of susceptibility testing for lactobacilli and pediococci were monitored by parallel use of the quality-control strains *Lactiplantibacillus plantarum* ATCC 14917 (28°C) and *Lacticaseibacillus paracasei* ATCC 334 (37°C).

2.3 Susceptibility Interpretation

2.3.1 Description of Minimal Inhibition Concentration Distributions

A first assessment of the obtained MIC profiles for the classification of individual strains into susceptible or resistant categories was conducted by visual inspection (Stock and Wiedemann, 2001). For this purpose, the numbers of strains of a species with the same MIC value were plotted against the respective MIC values obtained for a specific AB, as shown in **Supplementary Table S1** of the supplementary material. The assessment was based on the formation of uni-, bi- or multimodal distributions, whereby a unimodal distribution with one peak describes either a uniformly susceptible or intrinsic-resistant wild-type (WT) population. IR is caused by genetic errors that accumulate in existing genes of bacterial cells during the evolutionary process and are transferred to progeny cells via vertical gene transfer (Founou et al., 2016). A bimodal distribution with two distinct peaks enables the characterization of a population with low MICs, which normally corresponds to the susceptible WT population, and outliers or a small subpopulation with higher MICs, which represent non-wild-type (NWT) strains with acquired resistance (AR). In contrast to IR, AR involves the exchange of new resistance genes within and between bacterial species by horizontal gene transfer (Founou et al., 2016). Several existing AR mechanisms can lead to a multimodal distribution with three or more peaks (Sirota et al., 1996). Based on these MIC distributions, it could be decided whether a strain belongs to the susceptible WT population or not. However, the visual inspection of MIC distributions only works properly if MIC distributions are formed by several (>10) strains under test (Klare et al., 2007), which was the case with the species *Ligilactobacillus acidipiscis* and *Limosilactobacillus fermentum*.

2.3.2 Classification of Results by Different Breakpoints

Microbiological breakpoints termed as microbiological cutoffs were defined by the Panel on Additives and Products or Substances Used in Animal Feed (FEEDAP) of the EFSA to distinguish between susceptible lactobacilli or pediococci with MICs equal or lower than the established cutoff (susceptible: x

$\mu\text{g ml}^{-1} \leq$ cutoff) and resistant lactobacilli or pediococci with MICs higher than the cutoff (resistant: $x \mu\text{g ml}^{-1} >$ cutoff) (EFSA, 2018b). The EFSA specifies these values for the *Pediococcus* genus; *Lactobacillus acidophilus* group; and species *Lb. casei*/*Lb. paracasei*, *Lb. plantarum*/*Lb. pentosus*, *Lb. reuteri* and *Lb. rhamnosus* (EFSA, 2018b). For other species of the genus *Lactobacillus*, the EFSA refers to the fermentation categories, defining cutoffs for obligate heterofermentative, obligate homofermentative (OHO), and facultative heterofermentative lactobacilli (Campedelli et al., 2019). The last fermentation category includes the homofermentative species *Lb. salivarius* (*Ligilactobacillus salivarius*) (EFSA, 2018b), the type species of the genus *Ligilactobacillus*. Microbiological cutoffs exist for the ABs CHL, ERY, GEN, KAN, STR, CLI, TET, and AMP. VAN cutoffs are only required for the *Lb. acidophilus* group and other OHO lactobacilli such as *Companilactobacillus futsaii*. Except for KAN, equivalent microbiological breakpoints, which are referred to as epidemiological cutoff values (ECOFFs), were set by Klare et al. (2007) for these ABs and additionally for LNZ regarding the species *Limosilactobacillus fermentum*, *Lactiplantibacillus plantarum* and *Pediococcus pentosaceus*. ECOFFs enable differentiation between WT strains lacking AR, thus those susceptible or intrinsic resistant, and NWT strains containing AR. Moreover, Rozman et al. (2020) adopted microbiological cutoff values for lactobacilli and ABs not covered by the EFSA recommendation from the scientific literature.

For some ABs relevant to the treatment of infections caused by gram-positive anaerobes (e.g., AMP, VAN, CLI, and CHL), the European Committee on Antimicrobial Susceptibility Testing (EUCAST; <https://www.eucast.org/>) indicated clinical breakpoints (EUCAST, 2020a). These are best established for clinically important microorganisms and not for lactobacilli, which are rarely associated with a clinical infection (Stefańska et al., 2021). Different information such as the pharmacokinetic and pharmacodynamic of the AB, concentration-dependent toxicity and microbiological breakpoint are used for setting clinical breakpoints (Turnidge and Paterson, 2007). This means that clinical breakpoints and microbiological breakpoints do not always match (e.g., VAN). As a result, there is also a difference in terminology, and susceptible strains describe those for which there is a high likelihood of therapeutic success. Accordingly, a resistant strain is associated with a high likelihood of failure. Nevertheless, clinical breakpoints were used within this study, especially in situations where microbiological breakpoints have not been defined.

The classification into susceptible WT or resistant NWT strains can only be done reliably for AB–species combinations for which such breakpoints have been defined.

2.3.3 Classification Based on Wild-Type Populations on the European Committee on Antimicrobial Susceptibility Testing Website

In the absence of breakpoints for AB–species combinations, the EUCAST MIC distribution website (EUCAST, 2020b) was accessed and the name of the AB entered. If no distributions of the relevant species or genera were found, those of the related

Enterococcus species were chosen, and the specified ECOFFs were used. However, interpretation should be done with caution (EUCAST, 2020c).

2.4 Classification of Strains With Possible AR

Strains from different fermented fishery and vegetable products were classified as resistant or susceptible to NIT, considering the description of MIC distributions and the ECOFFs on the EUCAST MIC distribution website for related *Enterococcus* species. AR to all other ABs was determined based on MIC distributions and available breakpoints.

3 RESULTS

3.1 Antimicrobial Susceptibility Testing and Minimal Inhibition Concentration Determination

MIC results obtained by testing the antimicrobial susceptibility of 46 LAB (39 lactobacilli and seven pediococci) strains to 16 ABs are presented in **Supplementary Table S1** of the supplementary material.

3.2 Susceptibility Interpretation

3.2.1 Description of Minimal Inhibition Concentration Distributions

Depending on the species and AB, the phenotypic susceptibility profiles of the tested LAB strains varied considerably (**Supplementary Table S1**). A unimodal MIC distribution at the low-end concentration range is representative for a susceptible WT population, which was observed for all investigated species and ERY ($0.125\text{--}1 \mu\text{g ml}^{-1}$) as well as RIF ($\leq 0.125\text{--}2 \mu\text{g ml}^{-1}$; **Supplementary Table S1**). This type of distribution was also detected for CHL and CIP but at higher concentration ranges ($2\text{--}8 \mu\text{g ml}^{-1}$ and $2\text{--}64 \mu\text{g ml}^{-1}$).

Similarly, unimodal MIC distributions were found for LNZ ($1\text{--}8 \mu\text{g ml}^{-1}$), TET (lactobacilli: $2\text{--}16 \mu\text{g ml}^{-1}$; pediococci: $32\text{--}64 \mu\text{g ml}^{-1}$) and AMP ($0.125\text{--}4 \mu\text{g ml}^{-1}$), but respectively one species (LNZ: *Ligilactobacillus acidipiscis*, $0.125\text{--}0.25 \mu\text{g ml}^{-1}$, $2 \mu\text{g ml}^{-1}$; TET: *Levilactobacillus namurensis*, $4 \mu\text{g ml}^{-1}$, $16 \mu\text{g ml}^{-1}$; AMP: *Lactiplantibacillus pentosus*, $1 \mu\text{g ml}^{-1}$, $4\text{--}8 \mu\text{g ml}^{-1}$) showed a bimodal distribution. In contrast, unimodal MIC distributions were at the high-end concentration range of VAN ($\geq 128 \mu\text{g ml}^{-1}$). The only species that displayed a bimodal distribution for this AB was *Ligilactobacillus acidipiscis* ($2 \mu\text{g ml}^{-1}$, $\geq 128 \mu\text{g ml}^{-1}$).

MIC values from the low to medium or even high concentration range were determined for the aminoglycoside ABs GEN ($\leq 0.5\text{--}8 \mu\text{g ml}^{-1}$), KAN ($\leq 2\text{--}256 \mu\text{g ml}^{-1}$), NEO ($\leq 0.5\text{--}16 \mu\text{g ml}^{-1}$) and STR ($\leq 0.5\text{--}64 \mu\text{g ml}^{-1}$). Next to unimodal distributions, also bimodal MIC distributions were verified for GEN and the species *Limosilactobacillus fermentum* ($\leq 0.5\text{--}1 \mu\text{g ml}^{-1}$, $4 \mu\text{g ml}^{-1}$) and *Companilactobacillus futsaii* ($\leq 0.5 \mu\text{g ml}^{-1}$, $4 \mu\text{g ml}^{-1}$), KAN

TABLE 2 | Classification of LAB isolates as resistant to tested antibiotics based on available breakpoints.

Species	Resistance to antibiotics (isolates in %)						
	KAN	STR	CLI	AMP	LNZ	TET	VAN
<i>Companilactobacillus futsaii</i>	2 (100%)	1 (50%)					2 (100%)
<i>Levilactobacillus namurensis</i>			3 (100%)			2 (67%)	
<i>Lactiplantibacillus pentosus</i>			2 (33%)	2 (33%)			
<i>Pediococcus pentosaceus</i>	7 (100%)				7 (100%)	5 (71%)	

and *Ligilactobacillus acidipiscis* ($\leq 2 \mu\text{g ml}^{-1}$, $8\text{--}16 \mu\text{g ml}^{-1}$) and *Companilactobacillus futsaii* ($32 \mu\text{g ml}^{-1}$, $256 \mu\text{g ml}^{-1}$), NEO and *Limosilactobacillus fermentum* ($\leq 0.5\text{--}1 \mu\text{g ml}^{-1}$, $8 \mu\text{g ml}^{-1}$), *Ligilactobacillus acidipiscis* ($\leq 0.5 \mu\text{g ml}^{-1}$, $2\text{--}4 \mu\text{g ml}^{-1}$) and *Companilactobacillus futsaii* ($2 \mu\text{g ml}^{-1}$, $16 \mu\text{g ml}^{-1}$) as well as STR and *Ligilactobacillus acidipiscis* ($\leq 0.5 \mu\text{g ml}^{-1}$, $4\text{--}16 \mu\text{g ml}^{-1}$) and *Companilactobacillus futsaii* ($8 \mu\text{g ml}^{-1}$, $32 \mu\text{g ml}^{-1}$). Bimodal distributions were also observed for CLI and *Lactiplantibacillus plantarum* ($1 \mu\text{g ml}^{-1}$, $4 \mu\text{g ml}^{-1}$), *Lactiplantibacillus pentosus* ($\leq 0.032 \mu\text{g ml}^{-1}$, $4\text{--}8 \mu\text{g ml}^{-1}$) and *Ligilactobacillus acidipiscis* (peaks: $\leq 0.032 \mu\text{g ml}^{-1}$, $0.12 \mu\text{g ml}^{-1}$), while the CLI MIC distributions of all other species were unimodal ($\leq 0.032\text{--}16 \mu\text{g ml}^{-1}$).

Multimodal distributions were described for some species and the ABs NIT, SMX and TMP. Thus, low ($4 \mu\text{g ml}^{-1}$), moderately high ($32 \mu\text{g ml}^{-1}$), and high ($128 \mu\text{g ml}^{-1}$) MICs were obtained for NIT and the species *Lactiplantibacillus pentosus*. In addition, a bimodal distribution was found for the tested *Ligilactobacillus acidipiscis* species ($4 \mu\text{g ml}^{-1}$, $64\text{--}128 \mu\text{g ml}^{-1}$). Generally, the NIT MICs were spread over a wide range ($1\text{--}128 \mu\text{g ml}^{-1}$), while those for SMX were at a higher concentration range or even higher than the highest concentration investigated ($64\text{--}>1,024 \mu\text{g ml}^{-1}$). A multimodal MIC distribution with three peaks at $64 \mu\text{g ml}^{-1}$, $256 \mu\text{g ml}^{-1}$ and $1,024 \mu\text{g ml}^{-1}$ was determined for *Limosilactobacillus fermentum* and TMP. The species *Lactiplantibacillus pentosus* ($64\text{--}128 \mu\text{g ml}^{-1}$, $512 \mu\text{g ml}^{-1}$) and *Lb. acidipiscis* (peaks: $256 \mu\text{g ml}^{-1}$, $1,024 \mu\text{g ml}^{-1}$) displayed bimodal distributions. The TMP MICs were distributed over the entire range tested ($\leq 0.125\text{--}64 \mu\text{g ml}^{-1}$). Multimodal and bimodal distributions were detected for *Ligilactobacillus acidipiscis* ($0.5\text{--}1 \mu\text{g ml}^{-1}$, $4\text{--}8 \mu\text{g ml}^{-1}$, $64 \mu\text{g ml}^{-1}$) and *Companilactobacillus futsaii* (peaks: $0.5 \mu\text{g ml}^{-1}$, $2 \mu\text{g ml}^{-1}$), respectively. For these three ABs, the distributions of all species not mentioned were unimodal (NIT: $1\text{--}64 \mu\text{g ml}^{-1}$; SMX; $128\text{--}>1,024 \mu\text{g ml}^{-1}$; TMP: lactobacilli: $\leq 0.125\text{--}2 \mu\text{g ml}^{-1}$, pediococci: $8\text{--}32 \mu\text{g ml}^{-1}$).

3.2.2 Classification of Results by Different Breakpoints

Microbiological breakpoints and even clinical breakpoints of various organizations were used to distinguish between susceptible WT and resistant NWT lactobacilli and pediococci (Supplementary Table S1). While several of these different breakpoints are available for the same AB–species combinations, others have none, e.g., NIT and SMX. As the breakpoints of these organizations are not always concordant, the highest was used for classification (Table 2).

Using all available breakpoints, no resistances were detected for all strains and the ABs CHL, ERY and GEN, as well as all lactobacilli tested and NEO, CIP, RIF and TMP. No corresponding breakpoints were found for pediococci and the last four ABs. If the same as for lactobacilli are applied, all seven *Pediococcus pentosaceus* strains would also have been susceptible. The affiliation of these seven strains to the WT populations regarding these four ABs is reinforced by the appearance of unimodal MIC distributions.

3.2.3 Classification Based on Wild-Type Populations of the European Committee on Antimicrobial Susceptibility Testing Website

Fairly high ECOFFs were set for NIT and the specified *Enterococcus* spp. on the EUCAST website (e.g., $32 \mu\text{g ml}^{-1}$: *E. faecalis*; $256 \mu\text{g ml}^{-1}$: *E. faecium*). With an ECOFF of $32 \mu\text{g ml}^{-1}$ for lactobacilli and pediococci, all strains would be susceptible to NIT except one *Lactiplantibacillus pentosus* (16.7%) and 10 *Ligilactobacillus acidipiscis* (83.3%) strains, whereas all strains tested would be susceptible when applying an ECOFF of $256 \mu\text{g ml}^{-1}$ (EUCAST, 2020d). No suitable ECOFF was found for SMX. However, since all strains had MICs between 64 and $\geq 1,024 \mu\text{g ml}^{-1}$, it could be assumed that all lactobacilli and pediococci tested are intrinsically resistant to SMX (Supplementary Table S1).

3.3 Identification of Strains With Possible AR

Taking the MIC distributions and breakpoints into account, one *Companilactobacillus futsaii* strain appears to possess an AR against all aminoglycoside ABs examined in this study, while one *Limosilactobacillus fermentum* strain may be resistant to GEN and NEO. Three *Levilactobacillus namurensis* and three *Lactiplantibacillus pentosus* strains could be resistant to CLI.

Respectively, one strain of each of these species (32a, 32b, 32c, 32e) was isolated from the same sample. This was a *spey chrouk* (fermented mustard) sample made from Chinese mustard purchased at the Limcheanghak market (Table 1). One *Levilactobacillus namurensis* (36d) and one *Lactiplantibacillus pentosus* (36f) strain were also isolated from the same sample, which was a *mam lahong* (fermented green papaya) bought at the same market. In addition, another CLI-resistant *Levilactobacillus namurensis* (37b) strain was isolated from *mam lahong* from the Limcheanghak market. The ingredients of *mam lahong* are green papaya, tiny slightly fermented fish, salt, roasted rice and

galangal. Another possibly CLI-resistant *Lactiplantibacillus pentosus* strain (45e) was detected in *paork kampeus* (fermented tiny freshwater shrimp), which contains shrimp, roasted rice, mostly ripe papaya, galangal and salt. This sample, however, comes from another market, Phumreusey (Table 1).

4 DISCUSSION

Lactobacilli are usually susceptible to cell-wall-targeting β -lactams (AMP) and inhibitors of protein synthesis like phenicols (CHL), macrolides (ERY), lincosamides (CLI), and tetracyclines (TET) (Anisimova and Yarullina, 2019). Except for CLI, mainly unimodal distributions of MICs below the corresponding breakpoint were found for these ABs. Therefore, most lactobacilli in this study were also susceptible to AMP, CHL, ERY and TET. The sole bimodal MIC distributions in the case of the AB-species combinations AMP-*Lactiplantibacillus pentosus* and TET-*Levilactobacillus namurensis* resulted from rare strains possessing MICs outside the unimodal MIC distribution. This could be due to the small number of strains tested per species, which should be at least 10 in order to obtain acceptable MIC ranges for the definition of WT populations (Klare et al., 2007). According to Klare et al. (2007), such “outsiders” can be ignored if their MICs are \pm one dilution step away from the values of the other strains, as this is the normal standard deviation for MIC determinations. This was the case for both AB-species combinations. It is therefore questionable whether the two TET-resistant *Levilactobacillus namurensis* or two AMP-resistant *Lactiplantibacillus pentosus* strains are indeed resistant. The MICs of these strains were only one dilution step higher than the respective breakpoint. Furthermore, the WT distribution of the AMP-*Lactiplantibacillus pentosus* combination is split by the breakpoint, which shouldn't be (EUCAST, 2019). However, a splitting of WT populations through breakpoints cannot be completely avoided. Due to differences in the applied susceptibility testing method as well as intra- and inter-laboratory variations when using the same method, there will never be a perfect correlation between phenotypic data and breakpoints (Turnidge, 2016). For example, although there is a standard for non-enterococcal LAB for determining MICs to ABs that uses the widely applied microdilution broth method and the specially defined LSM medium (ISO/IDF, 2010), the MRS medium is still used (Colautti et al., 2022), leading to inconsistent MIC determination in LAB (Álvarez-Cisneros and Ponce-Alquicira, 2018). Bimodal MIC distributions were also observed for CLI and *Lactiplantibacillus plantarum*, *Lactiplantibacillus pentosus* and *Ligilactobacillus acidipiscis*. In the case of *Lactiplantibacillus plantarum* and *Ligilactobacillus acidipiscis*, nearby outsiders may in turn be responsible for the observed profile. However, several dilution steps lie between the respective three *Lactiplantibacillus pentosus* strains with low and higher MICs. In addition to all three *Levilactobacillus namurensis* strains, two of the three

Lactiplantibacillus pentosus strains with higher MICs were also CLI resistant according to the corresponding breakpoint. This suggests an AR.

All tested lactobacilli were susceptible to LNZ and RIF, which corresponds to the literature (Sirichoat et al., 2020). Even the MIC values obtained for LNZ and RIF in this study fall within the range of the four or five most frequently received LNZ ($1-8 \mu\text{g ml}^{-1}$) or RIF ($0.12-2 \mu\text{g ml}^{-1}$) MICs of Campedelli et al. (2019). This may be due to the use of the same method for antimicrobial susceptibility testing with the microdilution broth method, LSM medium, ISO 10932/IDF 233, and 48 h incubation, which may largely avoid variations (Turnidge, 2016). The applied LSM medium supports the growth of some *Lactobacillus* spp. only weakly or not at all (Mayrhofer et al., 2014; Campedelli et al., 2019). As the MICs of weakly growing strains might be falsely low, the outcomes of these strains are even more confusing than those of strains that fail to grow (Mayrhofer et al., 2014). The bi- and multimodal MIC distributions of the *Ligilactobacillus acidipiscis* species for more than half of the ABs tested (KAN, NEO, STR, CLI, LNZ, VAN, NIT, SMX, TMP) could be attributed to the poor growth of this species. The subpopulations of this species with higher MIC values, which are mostly in the same concentration ranges as those of other *Lactobacillus* strains classified as susceptible, could be formed by better growing *Ligilactobacillus acidipiscis* strains. In particular, the VAN-resistant population with three susceptible outsiders is confusing because the type-species of *Ligilactobacillus* genus is *Ligilactobacillus salivarius*, which is normally intrinsically resistant to VAN (Zhang et al., 2018). In addition to its weak growth, incorrect species identification could be another reason for the bi- and multimodal MIC distributions of the *Ligilactobacillus acidipiscis* species. Proper species identification is a prerequisite for appropriate data evaluation (Laulund et al., 2017). Only representatives of the *Lb. acidophilus* group, which belong to the OHO lactobacilli, are described as susceptible to VAN (Hamilton and Shah, 1998; Adimpong et al., 2012; Abriouel et al., 2015). However, the three allegedly VAN-susceptible strains were assigned to the species *Ligilactobacillus acidipiscis* by both methods applied with a high level of reliability (Ly et al., 2019). This supports the assumption of bi- and multimodal distributions due to weakly growing strains. Since the two *Companilactobacillus futsaii* strains are OHO lactobacilli, it is assumed that they are also VAN susceptible (EFSA, 2018b). However, both strains had MICs $> 128 \mu\text{g ml}^{-1}$, greatly exceeding the microbiological VAN cutoff value of EFSA for OHO *Lactobacillus* ($2 \mu\text{g ml}^{-1}$) (EFSA, 2018b). Relevant susceptibility data for other OHO species of the phylogenetic *Lb. alimentarius* group (*Companilactobacillus* genus), which contains the *Companilactobacillus futsaii* species (Pot et al., 2014), are rare, but the related species *Lb. crustorum* (*Companilactobacillus crustorum*) and *Lb. farciminis* (*Companilactobacillus farciminis*) were also described as VAN resistant (Scheirlinck et al., 2007; Sandes et al., 2017). Moreover, Zhang et al. (2018) predicted VAN resistance for the *Lb. alimentarius* group (*Companilactobacillus* genus) members by investigating the sequences of the active site of the D-alanyl-D-alanine dipeptide ligase, which determines VAN resistance or susceptibility.

Resistance to aminoglycoside ABs is also considered to be intrinsic in *Lactobacillus*. The reduced susceptibility of lactobacilli to aminoglycosides originates from membrane impermeability due to the lack of cytochrome-mediated drug transport (Elkins and Mullis, 2004; Woluheck et al., 2017). Campedelli et al. (2019) determined a higher resistance toward KAN and STR than to GEN and NEO. Within this study, the MIC values of GEN and NEO also tended towards the low end of the concentration range examined, while those of STR and KAN were distributed almost over the entire concentration range. The higher susceptibility to GEN is most likely linked to the superior ability of this AB to cross the membrane (Campedelli et al., 2019). Most bimodal distributions for these ABs may again be explained by the small number of strains tested per species and the poor growth of *Ligilactobacillus acidipiscis* strains. Interestingly, one *Limosilactobacillus fermentum* strain had higher MIC values for GEN and NEO than the other strains of the same species. Nevertheless, this strain was not classified as resistant because its MICs were lower than the corresponding breakpoints. In contrast, both *Companilactobacillus futsaii* strains should be KAN resistant based on the breakpoint. However, only the second *Companilactobacillus futsaii* strain could in fact possess AR because it had a higher KAN MIC in addition to GEN and NEO and was also resistant to STR. AR to aminoglycosides is explained by impaired uptake, efflux, target modification or enzymatic inactivation. Of these, enzymatic inactivation is generally associated with gram-positive bacteria, especially LAB (Aslangul et al., 2006; Jaimee and Halami, 2016).

Unimodal MIC distributions in the concentration range of 2–32 $\mu\text{g ml}^{-1}$ were determined for CIP. The higher MICs of lactobacilli for quinolones such as CIP are considered to arise from IR due to cell-wall impermeability or efflux mechanisms (Anisimova and Yarullina, 2019). Broad bimodal or multimodal profiles were observed for NIT. The basic action mechanism of nitrofurans such as NIT is unclear (Vardanyan and Hruby, 2016). Multiple mechanisms like the inhibition of many microbial enzyme systems or damage to DNA, RNA and proteins are described (Blass, 2015; Vardanyan and Hruby, 2016). These diverse mechanisms could explain the obtained profiles, since accumulations of different numbers of adequate resistance mechanisms could lead to a broad MIC distribution (Phillips, 1998). Therefore, further studies are required to generally elucidate the mechanisms of this AB and the associated resistances. Next to NIT, MIC profiles that were difficult to evaluate were also observed for TMP and SMX. This may be due to the presence of antagonists (TMP: thymidine; SMX: p-aminobenzoic acid) in the LSM medium (Klare et al., 2007) and reading the MIC at a concentration with a growth inhibition $\geq 80\%$ (ISO/IDF, 2010). Both ABs act by targeting successive steps in the folic-acid metabolism necessary for DNA synthesis (Minato et al., 2018). Lactobacilli have been described to be intrinsically resistant to both ABs (Rojo-Bezares et al., 2006; Danielsen et al., 2007; Abriouel et al., 2015). TMP resistance is supposed to be due to the presence of a TMP-insensitive target enzyme or the lack of a metabolic pathway of folic-acid synthesis (Guo et al., 2017; Woluheck et al., 2017; Rozos et al., 2018). Because of a wide MIC range (0.125–64 $\mu\text{g ml}^{-1}$), which was also obtained by Guo et al. (2017) (0.25–64 $\mu\text{g ml}^{-1}$), resistance to TMP was not easy to recognize.

Contrarily, all SMX MIC values were at the higher concentration range (64–>1,024 $\mu\text{g ml}^{-1}$). Resistance to this AB is probably due to the cell-wall structure and membrane impermeability, sometimes complemented by efflux mechanisms (Rojo-Bezares et al., 2006).

Most species of *Pediococcus* are described to be intrinsically resistant to aminoglycoside ABs (GEN, KAN, STR, NEO), VAN, TET, CIP and SMX with or without TMP (Rojo-Bezares et al., 2006; Danielsen et al., 2007; Hummel et al., 2007; Franz et al., 2014; Singla et al., 2018; Zommiti et al., 2018). In contrast, pediococci are mainly found to be susceptible to AMP, CHL and ERY (Singla et al., 2018). Compared to lactobacilli, however, susceptibility data are rare, meaning fewer breakpoints have been defined. Frequently, these are only given at genus level and may even be unsuitable (Ludin et al., 2018), leading to a lack of correlation between phenotypic and genotypic analyses of ABR in pediococci (Akpınar Kankaya and Tuncer, 2020). According to these breakpoints, all seven *Pediococcus* strains would have AR to KAN and five strains to TET, regardless of their supposed IR. As with the AMP–*Lactiplantibacillus pentosus* combination, the MIC distribution of the seven *Pd. pentosaceus* strains tested, which was revealed as unimodal, mostly over two dilutions, was split by the indicated TET breakpoint. Based on the LNZ breakpoint, all strains would also possess AR to this AB. Although another medium and incubation time were used, comparable MIC ranges (4–8 $\mu\text{g ml}^{-1}$) were obtained by Danielsen et al. (2007) (2–4 $\mu\text{g ml}^{-1}$) and Klare et al. (2007) (0.5–2 $\mu\text{g ml}^{-1}$) for this AB. It is therefore questionable whether all these strains have indeed AR to KAN, LNZ and TET. All seven *Pediococcus pentosaceus* strains seem to be susceptible to CHL, ERY, CLI and AMP as well as IR to GEN, STR and VAN. For ABs for which no categorization of these strains was possible due to missing breakpoints (NEO, CIP, RIF, SMX, TMP), susceptibilities similar to those of the tested lactobacilli and those mentioned in the literature were found. As with the tested lactobacilli, it was not possible to classify the *Pediococcus pentosaceus* strains for NIT.

Already Laulund et al. (2017) reported a lack of knowledge about normal ABR levels for individual species, which can make a proper assessment of these species difficult. Furthermore, according to EFSA, the microbiological cutoff values, which were last updated in 2018, are only a pragmatic response, that is, reviewed regularly and adjusted if necessary (EFSA, 2012). Thus, many of the species examined in the studies of Campedelli et al. (2019) and Ma et al. (2021) had MICs above the EFSA-recommended cutoffs, suggesting that these should be reviewed with consideration for the genetic basis of resistance (Campedelli et al., 2019) to better distinguish between susceptible strains and those with AR (Ma et al., 2021). The current study also indicates that with the exception of the *Lb. acidophilus* group, a re-evaluation would be needed for the microbiological VAN cutoffs of OHO lactobacilli as well as for the microbiological KAN, LNZ and TET cutoffs of pediococci. Compared to VAN resistance in lactobacilli, however, further investigations are necessary to determine the underlying genetic mechanism of KAN and TET resistance in *Pediococcus pentosaceus* as well as exclude AR for LNZ in this species.

Although the LAB investigated in this study were isolated from eight fermented fish products, two fermented vegetables and five

fermented mixed products made from fish or shrimp and vegetables (Table 1), all possibly resistant lactobacilli originated from fermented vegetables or mixed products. Interestingly, the aminoglycoside AB STR is one of the primary ABs used in vegetable farming. GEN is also used in crops but is not as common (Williams-Nguyen et al., 2016). Environmental pollution could also be the reason for the emergence of lactobacilli with AR (Founou et al., 2016). Since no guidelines address animal waste disposal and irrigation, untreated or insufficiently treated AB-rich wastewater is common in developing countries (Nadimpalli et al., 2018). The susceptibility of LAB strains isolated from fermented fishery products can be explained by the use of freshwater fish or shrimp as ingredients. Captured freshwater fish make up the largest part of Cambodia's fish supply (Baran and Gallego, 2015). Compared to aquaculture, which is in its infant stage in this country (Lang, 2015), the AB selection pressure in freshwater would be much lower. However, it is difficult to verify these possible explanations for AR in lactobacilli based on general information, as surveillance of AB use and ABR in non-humans has been relatively neglected in Cambodia and relevant data are lacking (Om and McLaws, 2016; Zellweger et al., 2017; Reed et al., 2019).

5 CONCLUSION

The results demonstrate that two *Lactiplantibacillus pentosus*, three *Companilactobacillus futsaii*, three *Levilactobacillus namurensis* and seven *Pediococcus pentosaceus* strains possess AR characteristics when applying only breakpoint assessment. Other results were found with one *Companilactobacillus futsaii*, one *Limosilactobacillus fermentum*, three *Lactiplantibacillus pentosus* and three *Levilactobacillus namurensis* strains that would possess AR characteristics if taking into account further available scientific knowledge. In particular, it must be considered that microbiological cutoff values published by EFSA are only a pragmatic response. They are under review regularly and modified when necessary. Since phenotypic MIC testing alone is only useful as a preliminary screening, a subsequent molecular analysis is usually required to identify the possible presence and nature of genes associated with phenotypic resistance and to differentiate between IR and AR. Therefore, detailed analysis by whole-genome sequencing is the next step in

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determining the suitability of these LAB strains as potential autochthonous starter cultures for the production of fermented foods that meet the dietary habits of Cambodians.

DATA AVAILABILITY STATEMENT

The original contributions presented in the study are included in the article/**Supplementary Material**, further inquiries can be directed to the corresponding author.

AUTHOR CONTRIBUTIONS

Conceptualization, DL, KD, and SM; Investigation, DL; Resources, DL and KD; Writing—Original Draft Preparation, DL and SM; Writing—Review and Editing, DL, SM, and KD; Supervision, KD and SM. All authors agree to be accountable for the content of the work.

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SUPPLEMENTARY MATERIAL

The Supplementary Material for this article can be found online at: <https://www.frontiersin.org/articles/10.3389/frfst.2022.892319/full#supplementary-material>

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