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INTRODUCTION

Iodine, an essential element for humans, is an important component of thyroid hormones. About 15.8% of the world's population suffers from goiter, which is primarily caused by iodine deficiency. Moreover, an additional one-third of the world's population has been estimated as being at risk of iodine deficiency (De Benoist et al., 2004). One approach to addressing this problem is to increase the iodine content of the edible portions of crops. Recently, iodination of the irrigation waters or fertilizers was investigated to produce iodine-enriched crops (Cao et al., 1994; Weng et al., 2008b; Hong et al., 2009). However, growing of plants with high iodine levels in the irrigation waters is problematic as iodine-toxicity symptoms can develop under these conditions. In addition, inasmuch as iodine is not an essential nutrient for higher plants, detailed mechanisms of iodine uptake and its subsequent metabolism in higher plants have yet to be elucidated.

The major chemical form of soluble iodine in soil solutions is I⁻ under flooded conditions (Muramatsu et al., 1989; Yuita, 1992) and IO_3^- under non-flooded conditions (Yuita, 1992). Iodine uptake and metabolism in plants is dependent on the chemical species present in the irrigation solution. Previous reports have indicated that I⁻ is more phytotoxic than IO_3^- (Umaly and Poel, 1971; Mackowiak and Grossl, 1999; Zhu et al., 2003). Plants

Although iodine is not an essential nutrient for higher plants, their roots take up and transport the element. However, the exact mechanisms involved in iodine uptake and metabolism in higher plants have yet to be elucidated. In this study, we compared two cultivars differing in iodine tolerance ("Nipponbare" and "Gohyakumangoku") to increasing levels of I⁻ and IO₃⁻ in the root solutions of water-cultured rice (*Oryza sativa* L.). We found that IO₃⁻ added to the root solutions was converted to I⁻ in the presence of roots. Iodate reduction occurred over the course of several hours. Furthermore, the iodate reduction activity of "Nipponbare" (iodine-sensitive) and "Gohyakumangoku" (iodine-tolerant) roots increased after adding IO₃⁻ or I⁻. The roots of barley and soybean also showed iodate reduction activity and the activity responded to iodine treatment either with IO₃⁻ and I⁻. This study suggests that plant roots biologically reduce iodate to iodide and indicates that the iodate reduction activity of roots responds to external iodine conditions.

Keywords: iodine, reduction, rice, barley, soybean, root

have been hypothesized to reduce IO_3^- to I^- in culture media (Böszörményi and Cseh, 1960; Muramatsu et al., 1983) and subsequently take up I^- from the media (Muramatsu et al., 1983). However, to date, the reduction of IO_3^- and the exact chemical species of iodine taken up by the plant have not been fully established.

In the present study, we investigated any changes in the chemical species of inorganic iodine (I⁻ and IO₃⁻) in buffer solutions caused by rice root to illuminate the detailed mechanism of iodine uptake by higher plants. Furthermore, we examined the role of rice roots in regard to iodine reduction. From these data, we concluded that iodate reduction is a primary physiological response of rice roots to the presence of iodine.

MATERIAL AND METHODS

PLANT MATERIALS

For the test of tolerance to iodine excess, three cultivars of rice were used: *Oryza sativa* L. cv. "Nipponbare," "Koshihikari" and "Gohyakumangoku." Rice seeds were sown to the pots with perlite. Rice plants were cultured with the culture media in a green house under natural light condition. Fourteen days-old rice seedlings were subjected to iodine treatment (1 mmol L⁻¹ of IO_3^-) for 17 days. Composition of the culture media (pH 5.5) was 1.5 mmol L⁻¹ NH₄NO₃, 1.5 mmol L⁻¹ K₂SO₄, 0.25 mmol L⁻¹

Ca(NO₃)₂, 0.5 mmol L⁻¹ NH₄H₂PO₄, 1 mmol L⁻¹ MgSO₄ and adequate levels of micronutrients. The media was renewed three times a week. At the end of the iodine treatment, shoot length was measured. For the measurement of iodine concentration in shoots of soil-cultured rice, rice seedlings were subjected to iodine treatment (IO₃⁻ was mixed with the soil at 1 mmol kg soil⁻¹) in the green house under natural light condition. After the IO₃⁻ treatment, shoots were harvested for the determination of iodine concentration.

For the measurement of iodate reduction activity using rice roots without iodine treatment, rice seedlings (cv. "Koshihikari") were water-cultured for 27 days in a growth chamber $(28/23^{\circ}C, 12/12 \text{ h})$ with culture solution (pH 5.5) mentioned above. The media were renewed once a week.

For the measurement of iodate reduction activity using rice roots with iodine treatment, water-cultured 21 days-old seedlings (cv. "Nipponbare" and "Gohyakumangoku") were subjected to iodine treatment for 1 week in a temperature-controlled green house ($32/27^{\circ}$ C, 12/12h). I⁻ treatment was performed at 0, 0.025, 0.25, 2.5, 25 μ mol L⁻¹, and IO₃⁻ treatment was at 0, 0.25, 2.5, 25, 50, 100 μ mol L⁻¹. Iodine containing media were renewed twice a week.

For the comparison of iodate reduction activity with barley and soybean roots, water-cultured 10 days-old barley seedlings (*Hordeum vulgare* L. cv. "Mikamogolden") were subjected to iodine treatment in a temperature-controlled (27/22°C, 12/12 h) green house under natural light condition. Water-cultured 15 days-old soybean seedlings (*Glycine max* cv. "Tachinagaha") were subjected to iodine treatment in the temperature-controlled (27/22°C, 12/12 h) green house under natural light condition. Twenty-one days-old rice seedlings (cv. "Gohyakumangoku") were subjected to iodine treatment in the temperature-controlled green house (32/27°C, 12/12 h). I⁻ treatment was performed at 0, 5, 10, 20, 50 µmol L⁻¹, and IO₃⁻ treatment was at 0, 50, 100, 200, 500 µmol L⁻¹. Iodine containing media were renewed twice a week after the start of iodine treatment.

DETERMINATION OF IODATE REDUCTION ACTIVITY

Rice roots were rinsed with ion-exchanged water and cut at the basal parts. For the determination of iodate reduction activity using roots without iodine treatment, excised roots were immersed in Tris-HCl buffer (50 mmol L⁻¹, pH 8.0) containing 0.16 μ mol L⁻¹ (20 μ g L⁻¹ as I) of I⁻ or IO₃⁻. After 24 h of incubation in the dark at 20°C, the buffer solutions were filtered (0.2 μ m) and frozen at -80° C immediately. pH of assay buffer was determined to prevent loss of produced I⁻ by automatical change 2 I⁻ \rightarrow I₂ at lower pH. The concentrations of I⁻ and IO₃⁻ in the buffer solutions were determined by ion chromatography and inductively coupled plasma-mass spectrometry system (IC-ICP-MS) (Yoshida et al., 2007) described as follows.

For the determination of iodate reduction activity using roots subjected to iodine treatment, excised roots were immersed to Tris-HCl (5 mmol L^{-1} , pH 8.0) containing IO_3^- 0.1 mmol L^{-1} , followed by 6 h' incubation at 25°C in the dark. After the incubation, the buffer solution was filtered (0.2 µm) and frozen immediately at -80° C until the measurement. Iodate reduction

activity was evaluated by the amount of I⁻ reduced from IO₃⁻ by 1 g (FW) of excised roots per hour. I⁻ concentration in the buffer was determined by 4,4'-methylenebis(*N*,*N*-dimethylaniline)-chloramine T reaction (Yonehara et al., 1991). To evaluate the net I⁻ concentration reduced from IO₃⁻ by excised roots, the concentration of I⁻ in the IO₃⁻-free buffer incubated with excised roots was also determined as I⁻ derived from excised roots during incubation, and subtracted from I⁻ concentration in the IO₃⁻ buffer incubated with excised roots.

THE SEPARATE DETERMINATION OF CONCENTRATION OF I $^-$ and IO_3^- in the Buffer solutions

The concentrations of I⁻ and IO₃⁻ in the buffer solutions were determined by ion chromatography (IC: IC7000S, Column: EXCELPAK ICS-A23, Yokogawa Analytical Systems Inc.) and inductively coupled plasma-mass spectrometry (7500, Agilent) system (IC-ICP-MS) (Yoshida et al., 2007). The detection limit of the system was 8 nmol L⁻¹ of I⁻ and IO₃⁻.

DETERMINATION OF TOTAL IODINE CONCENTRATION IN PLANT TISSUE

About 0.1 g of plant samples (shoots and roots) dried at 80°C were digested by 25% tetramethyl ammonium hydroxide (TAMAPURE-AA TMAH, Tama Chemicals Co., Ltd.) in a 6 ml PFA vial (Savillex Co.) overnight at 80°C (Tagami et al., 2006). Concentration of 127 I in the solution was determined by ICP-MS (7500, Agilent).

RESULTS

TOLERANCE AMONG THREE RICE CULTIVARS TO HIGH SOLUTION LEVELS OF IODINE

To confirm the tolerance levels of our three rice cultivars, "Nipponbare," "Koshihikari" and "Gohyakumangoku" to high iodine concentrations, we treated each cultivar with 1 mmol L⁻¹ IO_3^- . **Figure 1A** shows plants treated with IO_3^- in the pots filled with perlite and culture media. Visible symptoms of iodine toxicity were observed in all three cultivars. The basal part of the stem developed a reddish-brown color. In addition, reddishbrown puncta were observed in the lower leaves. The symptoms were the most visible in "Nipponbare" and the least apparent in "Gohyakumangoku." Chlorosis was also observed in leaves of both "Nipponbare" and "Gohyakumangoku." **Figure 1B** shows the shoot length of the three rice cultivars treated with or without IO_3^- for 17 days. In our IO_3^- treatment, the average shoot lengths of "Nipponbare," "Koshihikari" and "Gohyakumangoku" were 145, 176, and 193 mm, respectively.

Figure 1C illustrates the tolerance of levels among three cultivars grown with IO_3^- -mixed soil under flooded conditions. Growth retardation by iodine treatment was most apparent in "Nipponbare." Iodine concentration in shoots of "Nipponbare" was 1.7 and 1.8 times as much as that of "Koshihikari" and "Gohyakumangoku," respectively (**Figure 1D**). The tolerance levels among the three cultivars to excess iodine in I⁻ treatment were similar to those in IO_3^- treatment (**Figure A1A**). Based on these results, "Nipponbare" was used as our iodine-sensitive cultivar and "Gohyakumangoku" as our iodine-tolerant cultivar in this study.



FIGURE 1 | Tolerance among three rice cultivars, "Nipponbare" (N), "Koshihikari" (K), and "Gohyakumangoku" (G) to iodine excess. (A) Rice plants treated with IO_3^- . Rice plants were cultured in pots filled with perlite and Kasugai's nutrient solution (pH 5.5) containing IO_3^- . (B) Shoot length of rice plants treated with or without IO_3^- . Cont.: rice plants treated without

IODATE REDUCTION BY RICE ROOTS

To investigate any changes in chemical species of iodine caused by rice roots, excised rice roots were immersed in solutions of I⁻ or IO₃⁻. The roots of "Koshihikari" were used because it showed medium-tolerance to iodine excess between "Nipponbare" and "Gohyakumangoku." **Figure 2A** shows the concentrations of I⁻ or IO₃⁻ in the solutions of I⁻ or IO₃⁻ after a 24-h incubation period with or without root tissue. The concentrations of I⁻ or IO₃⁻ were not changed in the solutions of I⁻ or IO₃⁻ without roots after the incubation. The concentration of I⁻ was also unchanged in the I⁻ solution with roots after the incubation. On the other hand, the concentration of I⁻ was increased in the IO₃⁻ solution with roots after the incubation.

A time course of changes in chemical species of iodine was also analyzed in the solutions of IO_3^- with roots (**Figure 2B**). The concentration of IO_3^- in IO_3^- solution was decreased over 24 h. Meanwhile, I⁻ concentrations in IO_3^- solution were increased over the same time period. This result indicated that the chemical form of iodine was changed between I⁻ and IO_3^- and suggested that almost all the IO_3^- in the solution were reduced to I⁻ by rice roots.

EFFECT OF IODINE TREATMENT ON THE GROWTH OF AN IODINE-SENSITIVE AND AN IODINE-TOLERANT CULTIVAR

Figure 3 shows the third leaves of "Nipponbare" and "Gohyakumangoku" 1 week after IO_3^- treatment at increasing iodine concentrations. At the iodine concentration below $25 \,\mu$ mol L⁻¹ IO₃⁻, visible iodine-toxicity symptoms were not observed in the shoots of "Nipponbare." However, mild chlorosis and reddish-brown puncta were observed in the shoot of "Nipponbare" at 50 μ mol L⁻¹ IO₃⁻, and severe symptoms at 100 μ mol L⁻¹ IO₃⁻. Conversely, visible changes were not observed in the shoots of "Gohyakumangoku" at all concentrations of the IO₃⁻ treatment.

Table 1 shows the length and fresh weight of both the shoots and roots of "Nipponbare" and "Gohyakumangoku" after $IO_3^$ treatment. The shoot length of "Nipponbare" was decreased in our IO_3^- treatment in a concentration-dependent manner. The

 IO_3^- , IO_3^- treat.: rice plants treated with IO_3^- . Data are mean \pm standard error (n = 6). (C) Shoots of soil-cultured rice cultivars after the iodine treatment. Rice seedlings were grown in 1/5000a Wagner pots with soil mixed with IO_3^- . (D) Concentration of iodine in the shoots of soil-cultured rice (C) after the IO_3^- treatment. Data are mean \pm standard error (n = 4).



FIGURE 2 | (A) Changes in concentration of I^- or IO_3^- after the 24 h' incubation with or without rice roots. I^- treatment: incubation using the buffer containing I^- , IO_3^- treatment: incubation using the buffer containing IO_3^- , +: incubation with roots, -: incubation without roots. (**B**) Time course analysis of I^- and IO_3^- concentration in IO_3^- solution with excised rice roots. Excised rice roots were immersed to the incubation buffer containing IO_3^- for 1, 6, and 24 h. Data are mean \pm standard error (n = 3).

shoot length of "Nipponbare" at 100 μ mol L⁻¹ IO₃⁻ was 85% that of the control. Significant changes were not observed in shoot fresh weight, root length, or root fresh weight of "Nipponbare" by IO₃⁻ treatment. The length and fresh weight of the shoot and root



of "Gohyakumangoku" were not significantly affected by IO_3^- treatment.

The third leaves of "Nipponbare" and "Gohyakumangoku" plants subjected to varying I⁻ concentrations for 7 days are shown in **Figure 4**. In the leaves of "Nipponbare," mild and severe iodine-toxicity symptoms appeared in our 2.5 and 25 μ mol L⁻¹ I⁻ treatments, respectively. When subjected to 25 μ mol L⁻¹ of I⁻ treatment, the leaves of "Gohyakumangoku" plants also exhibited visible iodine-toxicity symptoms.

The growth of "Nipponbare" shoots decreased in the plants grown under I⁻ treatment. This decrease was also in a concentration-dependent manner (**Table 2A**). In our 2.5 and 25 μ mol L⁻¹ treatments, we measured a 20% and 26% decrease, respectively, in shoot length compared to the controls. The shoot fresh weight was only 70% and 58% that of the controls at 2.5 and 25 μ mol L⁻¹ I⁻, respectively. In the case of "Nipponbare" root growth, the fresh weight of the roots under 2.5 and 25 μ mol L⁻¹ I⁻ treatment decreased to 68 and 58%, respectively, of the control value. Meanwhile, root length did not appear to be significantly affected by I⁻ treatment. With respect to our tolerant cultivar, we found no significant effects on

Table 1 | Effect of the IO_3^- treatment on length and fresh weight of shoots and roots of A "Nipponbare" and B "Gohyakumangoku."

lO ₃ treatment (μmol L ^{−1})	Length (mm)		Fresh weight (g)	
	Shoot	Root	Shoot	Root
(A)				
0	$292\pm5^{\text{a,b}}$	$116\pm8^{\rm a}$	$1.00\pm0.06^{\text{a,b}}$	$0.28\pm0.02^{\text{a}}$
0.25	$290\pm12^{\mathrm{a,b}}$	112 ± 4^{a}	$1.06\pm0.07^{\text{a,b}}$	$0.29\pm0.03^{\text{a}}$
2.5	$301\pm3^{\rm a}$	$106\pm5^{\rm a}$	$1.09\pm0.06^{\text{a}}$	$0.29\pm0.02^{\text{a}}$
25	$287\pm7^{\text{a,b}}$	$114\pm2^{\rm a}$	$1.04\pm0.02^{\text{a,b}}$	$0.30\pm0.01^{\rm a}$
50	$260\pm11^{b,c}$	$120\pm4^{\rm a}$	$0.84\pm0.04^{\text{b}}$	$0.25\pm0.01^{\text{a}}$
100	$249\pm4^{\rm c}$	$122\pm2^{\text{a}}$	$0.92\pm0.05^{\text{a,b}}$	$0.25\pm0.01^{\text{a}}$
(B)				
0	$297\pm8^{\rm a}$	$142\pm5^{\rm a}$	$1.27\pm0.07^{\text{a}}$	$0.37\pm0.02^{\text{a}}$
0.25	$297\pm3^{\rm a}$	$131\pm2^{\rm a}$	$1.21\pm0.07^{\text{a}}$	$0.32\pm0.02^{\text{a}}$
2.5	$318\pm16^{\rm a}$	$132\pm5^{\rm a}$	$1.23\pm0.03^{\text{a}}$	$0.37\pm0.01^{\rm a}$
25	$308\pm2^{\text{a}}$	$138\pm4^{\rm a}$	$1.18\pm0.04^{\text{a}}$	$0.34\pm0.01^{\text{a}}$
50	$305\pm2^{\text{a}}$	$133\pm5^{\rm a}$	$1.27\pm0.07^{\text{a}}$	$0.41\pm0.03^{\text{a}}$
100	$302\pm3^{\text{a}}$	$144\pm4^{\mathrm{a}}$	$1.19\pm0.03^{\text{a}}$	$0.37\pm0.02^{\text{a}}$

Data in the columns are mean \pm standard error (n = 5). Values in each column followed by the same letter are not significantly different (Tukey's multiple range test, P < 0.05).

length and fresh weight by I^- treatment in both shoot and roots (**Table 2B**).

EFFECT OF IODINE TREATMENTS ON IODATE REDUCTION ACTIVITY IN ROOT TISSUE

To investigate the effect of iodine in rhizosphere on iodate reduction activity in root tissue, iodate reduction activity was measured after treatment with two kinds of species of iodine, IO_3^- and I^- , at varying concentrations.

Figure 5A shows the iodate reduction activity of roots of "Nipponbare" and "Gohyakumangoku" treated with IO_3^- for 7 days at increasing concentrations. Iodate reduction by the roots was higher in "Nipponbare" than in "Gohyakumangoku" at all concentrations tested. Iodate reduction increased in "Nipponbare" treated with IO_3^- . Iodate reduction increased in a concentration-dependent manner, even at concentrations resulting in the appearance of symptoms indicating iodine toxicity. Iodate reduction activity increased up to 2.8-fold at 100 µmol L^{-1} IO_3^- . On the other hand, root iodate reduction activity did not increase at concentrations higher than 2.5 µmol L^{-1} IO_3^- , reduction activity increased 1.6-fold.

Iodine concentrations in both the shoots and roots of "Nipponbare" and "Gohyakumangoku" after IO_3^- treatment are shown in **Figures 5B**, **C**, respectively. The concentrations of iodine in the shoots and roots of both cultivars increased with IO_3^- treatment in a concentration-dependent manner. The difference in the shoot iodine concentrations between the two cultivars was magnified at the highest iodine treatment. The shoot iodine concentrations were higher in the shoots of "Gohyakumangoku."



Unexpectedly, we found no significant difference in iodine concentration in the roots of our two cultivars.

Root iodate reduction activities of rice treated with I^- are shown in **Figure 6A**. Root iodate reduction was higher in "Nipponbare" at all concentrations tested. Even at concentrations resulting in iodine-toxicity symptoms, we found that root iodate reduction increased twofold in "Nipponbare." Our tolerant cultivar, "Gohyakumangoku" also demonstrated an increase in reduction activity due to I^- treatment in a concentration-dependent manner. However, reduction activity decreased at treatment levels resulting in toxicity symptoms.

Figures 6B, **C** shows the total iodine concentrations in both the shoot and roots of rice plants after 7 days of I⁻ treatment. The concentrations of iodine in shoots and roots of both cultivars increased in a concentration-dependent manner with I⁻ treatment. Also, we found that the iodine levels were higher in the shoots and lower in the roots of "Gohyakumangoku" than those of "Nipponbare." The difference in the concentration levels in these tissues between the two cultivars increased in a concentration-dependent manner with I⁻ treatment. At 25 µmol L⁻¹ I⁻, the iodine concentrations in the Table 2 | Effect of the I⁻ treatment on length and fresh weight of shoots and roots of A "Nipponbare" and B " Gohyakumangoku."

l [–] treatment (μmol L ^{–1})	Length (mm)		Fresh weight (g)	
	Shoot	Root	Shoot	Root
(A)				
0	$261 \pm 12^{\text{a}}$	$137\pm8^{\mathrm{a}}$	$0.89\pm0.04^{\text{a}}$	$0.40\pm0.02^{\text{a}}$
0.025	$255\pm7^{\rm a}$	$145\pm14^{\mathrm{a}}$	$0.87\pm0.03^{\rm a}$	$0.37\pm0.01^{\text{a,b}}$
0.25	$235\pm4^{\text{a,b}}$	$135\pm11^{\mathrm{a}}$	$0.83\pm0.05^{\text{a}}$	$0.33\pm0.01^{\rm b}$
2.5	$\rm 209\pm3^{b,c}$	$112\pm6^{\rm a}$	$0.62\pm0.02^{\text{b}}$	$0.27\pm0.01^{\rm c}$
25	193 ± 3^c	$131\pm7^{\mathrm{a}}$	$0.52\pm0.03^{\text{b}}$	$0.23\pm0.01^{\rm c}$
(B)				
0	$219\pm5^{\rm a}$	$110\pm2^{a,b}$	$0.70\pm0.02^{\text{a-c}}$	$0.32\pm0.01^{\text{a}}$
0.025	$223\pm4^{\rm a}$	$111\pm3^{\mathrm{a,b}}$	$0.72\pm0.02^{\text{a,b}}$	$0.31\pm0.00^{\text{a}}$
0.25	$239\pm9^{\rm a}$	$108\pm3^{\mathrm{a,b}}$	$0.76\pm0.02^{\rm a}$	$0.33\pm0.01^{\rm a}$
2.5	$230\pm6^{\text{a}}$	$124\pm6^{\mathrm{a}}$	$0.66\pm0.02^{\text{b,c}}$	$0.30\pm0.00^{\text{a}}$
25	$237\pm5^{\rm a}$	105 ± 3^{b}	$0.62\pm0.03^{\rm c}$	$0.30\pm0.01^{\text{a}}$

Data in the columns are mean \pm standard error (n = 6). Values in each column followed by the same letter are not significantly different (Tukey's multiple range test, P < 0.05).

shoots of "Gohyakumangoku" was 1.8 times greater than that of "Nipponbare."

Figure 7 shows the iodate reduction activity of roots of "Nipponbare" and "Gohyakumangoku" treated with 0 and $100 \,\mu$ mol L⁻¹ of IO₃⁻ for 7 days. Iodate reduction activity of roots was increased with age, and induced apparently by 7 days' IO₃⁻ treatment.

IODATE REDUCTION ACTIVITY IN ROOT TISSUE OF BARLEY AND SOYBEAN

To compare these phenomena of rice with those of upland crops, iodate reduction activity of roots was investigated in barley and soybean. Barley and soybean showed also iodate reduction activity (**Figures 8A**, **9A**). In IO_3^- treatment, iodate reduction activity was the highest in rice among these three plant species (**Figure 8A**). Iodine concentrations in the shoots and roots of rice were higher than those of barley and soybean (**Figure 8B**). In I⁻ treatment, the iodate reduction activity and iodine concentrations in the shoots and roots were the highest in barley, and the lowest in soybean (**Figure 9**).

DISCUSSION

Rice plants often display iodine-toxicity symptoms, known as *reclamation Akagare disease* or Akagare type III, when grown in upland fields that have been converted to lowland fields in some volcanic ash soils (Baba et al., 1964; Tensho, 1970; Watanabe and Tensho, 1970). In soil solutions, the major chemical species of soluble iodine are generally thought to be I⁻ under flooded conditions (Muramatsu et al., 1989; Yuita, 1992) and IO₃⁻ under non-flooded conditions (Yuita, 1992). At similar concentrations, I⁻ appears to be more phytotoxic than IO₃⁻ (Umaly and Poel, 1971; Mackowiak and Grossl, 1999; Zhu et al., 2003; Weng et al.,



error (n = 3). Bars with the same letter are not significantly different among each iodine treatments in each cultivar (Tukey's multiple range test, P < 0.05). (**B**, **C**) Concentration of total iodine in (**B**) shoots and (**C**) roots of "Nipponbare" and "Gohyakumangoku" after the IO₃ treatment. Data are mean \pm standard error (n = 3). *P < 0.05; **P < 0.01, t-test.

2008a). Böszörményi and Cseh (1960) suggested that IO_3^- is reduced to I⁻ electrochemically before uptake by wheat roots. Muramatsu et al. (1983) reported that the Komatsuna plant, *Brassica rapa* var. *pervidis*, can accelerate the conversion of $IO_3^$ to I⁻ in culture solution. Together, these reports indicate that in culture media, plants can reduce IO_3^- to I⁻ and would take up I⁻. Recently, Yamada et al. (2005) further proposed that rice roots might even take up I₂ oxidized from I⁻.



To date, however, whether plant roots physiologically function to change the chemical species of iodine in the rhizosphere remains unclear. To address this question, we performed a set of experiments aimed at investigating the role, if any, of rice roots in changing the chemical species of iodine. Additionally, we examined any changes occurring in the iodate reduction activity of roots by the presence of external iodine.



FIGURE 7 | Effect of the IO⁻₃ **treatment time on iodate reduction activity of excised rice roots.** Rice seedlings (cv. "Nipponbare" and "Gohyakumangoku") were subjected to 0 and 100 µmol L⁻¹ of IO⁻₃ for 0, 1, 3, 5, and 7 days. After the IO⁻₃ treatment, iodate reduction activity was measured. Data are mean \pm range (n = 2) Control: iodate reduction activity of rice roots treated without IO⁻₃, IO⁻₃ treatment: iodate reduction activity of rice roots treated with IO⁻₃.

DIFFERENCES IN IODINE TOLERANCE IN RICE

To confirm iodine tolerance among rice cultivars, we selected three rice cultivars and cultured them under the excess condition of two forms of iodine, i.e., iodide (I⁻) and iodate (IO₃⁻). Our results clearly demonstrate the degree of tolerance to excess iodine (I⁻ and IO₃⁻) among these cultivars: "Nipponbare" < "Koshihikari" < "Gohyakumangoku" (**Figures 1, A1**). These results are in agreement with those reported by Yamada et al. (2006). However, it was considered that the tolerance levels among three rice cultivars to excess iodine had no obvious relation to iodine concentration in shoots as described below.

IODATE REDUCTION BY ROOT TISSUE

To elucidate whether rice roots convert IO_3^- or I^- to some other chemical species of iodine, concentrations of IO_3^- or $I^$ were determined in iodine solutions incubated with the excised roots of "Koshihikari." Almost all of IO_3^- added to the buffer was reduced to I^- by the excised roots during a 24-h incubation period. However, the concentration of I^- was unchanged in the I^- solution with roots after the incubation (**Figure 2A**). In addition, our time-course analysis indicated that iodate reduction occurred over the course of several hours (**Figure 2B**). Collectively, these results indicate that rice roots have the ability





significantly different among each iodine treatments (Tukey's multiple range test, P < 0.05). (B) Concentration of total iodine in shoots and roots of rice, barley and soybean after the IO_3^- treatment. Data are mean \pm standard error (n = 3).



FIGURE 9 | (A) Effect of the I^- treatment on iodate reduction activity of excised roots in rice, barley and soybean. After the I^- treatment at 0, 5, 10, 20, and 50 µmol L⁻¹, iodate reduction activity was measured. Data are mean ± standard error (rice and soybean; n = 3, barley; n = 6). Bars with the

same letter are not significantly different among each iodine treatments (Tukey's multiple range test, P < 0.05). **(B)** Concentration of total iodine in shoots and roots of rice, barley and soybean after the I⁻ treatment. Data are mean \pm standard error (n = 3).



to reduce IO_3^- to I⁻. Earlier, a report stated that when grown at similar iodine levels, I⁻-treated plants had a higher iodine content than IO_3^- -treated plants (Muramatsu et al., 1983; Mackowiak and Grossl, 1999; Zhu et al., 2003; Weng et al., 2008a; Voogt et al., 2010). Our results suggest that plants would take up I⁻ reduced from IO_3^- .

EFFECT OF IODINE EXCESS ON RICE SHOOTS AND ROOTS

From our observations, the concentration of iodine in our I⁻ treatment that caused adverse effects on growth of both the sensitive and tolerant cultivars was much lower than that of our IO_3^- treatment (**Tables 1, 2**). This result is consistent with previous reports in the literature (Umaly and Poel, 1971; Mackowiak and Grossl, 1999; Zhu et al., 2003; Weng et al., 2008a). Plant height decreased with high iodine treatment in both the soil culture and water culture (Figures 1A-C, A1A, Tables 1, 2). On the other hand, root length was not significantly affected, although root fresh weight decreased under the high iodine treatment, especially I⁻ excess. This may in part have been due to the age of the treated plants. Also, the emergence of new roots appeared to be suppressed at high iodine levels in the growth solutions. Decrease in root fresh weight is related to the inhibition of elongation of new roots. High iodine levels would also inhibit the elongation of roots as with any other excessive nutrient condition.

IODINE CONCENTRATION IN PLANT BODY AND TOLERANCE TO IODINE EXCESS

Under the water-cultured condition, iodine concentration in the shoots of "Gohyakumangoku" (tolerant) was higher than that of "Nipponbare" (sensitive) in both the IO_3^- and $I^$ treatments (Figures 5B, 6B, A1B). On the other hand, under the soil-cultured condition, iodine concentration in the shoots of "Gohyakumangoku" (tolerant) was lower than that of "Nipponbare" (sensitive) in the IO_3^- treatments (Figure 1D). However, "Gohyakumangoku" showed higher tolerance to excess iodine than "Nipponbare" regardless of iodine concentration in shoots under both conditions. Yamada et al. (2006) also reported that iodine concentration in shoots of "Gohyakumangoku" was much lower than that of "Nipponbare" under soil culture. The discrepancy between these results was considered due to the different culture condition employed, namely soil-cultured (Figure 1D) or water-cultured (Figure 5B). Therefore, it is considered that the tolerance levels among three rice cultivars to excess iodine had no obvious relation to iodine concentration in shoots. In our study, higher iodine concentration in "Gohyakumangoku" (tolerant) shoots suggests that the form or localization of iodine within the plant body is more important than the total concentration of iodine. The higher tolerance of "Gohyakumangoku" to iodine stress might correlate with the species of iodine transported or stored within the plant body (e.g., vacuole and intercellular space).

INDUCTION OF IODATE REDUCTION ACTIVITY IN RESPONSE TO EXTERNAL IODINE

Iodate reduction activity displayed by "Nipponbare" and "Gohyakumangoku" roots increased with either IO_3^- or I^-

treatment. In "Gohyakumangoku," iodate reduction activity decreased at concentrations of iodine that resulted in visible iodine-toxicity symptoms (**Figures 5A**, **6A**).

The induction of iodate reduction by I⁻ treatment was an unexpected phenomenon since our original hypothesis predicted that plants would take up I⁻ reduced from IO₃⁻. The mechanism of this induction is still unclear. Unidentified oxidation of I⁻ might be related to this induction since the oxidation activity of roots detected by ∂ -naphtylamine was also increased by iodine treatment (data not shown).

The decrease in iodate reduction under high iodine conditions seems to correlate with iodine tolerance. Because lower iodate reduction activity will be helpful under excess iodine condition since high iodate reduction activity can contribute to uptake of I^- , more toxic form of iodine. Lower concentration of iodine in roots of "Gohyakumangoku" might be related to lower iodate reduction activity in I^- treatment. Further detailed studies are needed to fully clarify these responses.

However, our results suggest that iodate reduction in rice roots is related, at least in part, to external iodine conditions. The induction of iodate reduction activity in IO_3^- treatment was suppressed by removing iodine from culture media (data not shown). We also demonstrated that barley and soybean roots converted IO_3^- to I^- , and that iodate reduction activity of barley and soybean roots increased with both IO_3^- and I^- treatment (**Figures 8, 9**).

THE MECHANISM OF UPTAKE AND TRANSPORT OF IODINE IN PLANTS

This is the first report demonstrating that plant roots have an ability to reduce IO_3^- to I^- and that iodate reduction activity in roots could respond to external iodine. We show our hypothesis of uptake of iodine by roots in Figure 10. Conversion of IO_3^- to I⁻ by the excised roots suggests the existence of iodate reductase in roots. Iodate would be reduced by iodate reduction compounds released from the roots treated with iodine (data not shown). Under excess iodine condition, it is considered that I⁻ is mainly absorbed by roots due to high iodate reduction activity of iodate reductase. The existence of iodate reductase induced by iodine would be suggested by the induction of iodate reduction activity of crude proteins extracted from rice roots treated with iodine (data not shown). Iodide oxidase might also exist and be related to the iodate reduction in I⁻ treatment. The uptake of iodine could be regulated by transporters in plasma membrane. Transport of iodine from roots to shoots could be also regulated by transporters. In barley treated with higher I⁻, iodine concentration in shoots reversed that of roots. In IO₃⁻ treatment, iodine concentration in shoots was higher than that of roots only in barley. These results suggest the existence of iodine transporters. The major chemical form of soluble iodine in soil solutions is I⁻ under flooded conditions (Muramatsu et al., 1989; Yuita, 1992) and IO_3^- under non-flooded conditions (Yuita, 1992). Soybean and barley showed the difference in the iodate reduction activity and iodine concentrations in plant body between in I- and IO_3^- treatment. This might suggest the difference in the mechanism of uptake and transport of iodine between paddy-rice and upland crops.

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APPENDIX

