



# Collagen Type I as a Ligand for Receptor-Mediated Signaling

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Collagens form the fibrous component of the extracellular matrix in all multi-cellular animals. Collagen type I is the most abundant collagen present in skin, tendons, vasculature, as well as the organic portion of the calcified tissue of bone and teeth. This review focuses on numerous receptors for which collagen acts as a ligand, including integrins, discoidin domain receptors DDR1 and 2, OSCAR, GPVI, G6b-B, and LAIR-1 of the leukocyte receptor complex (LRC) and mannose family receptor uPARAP/Endo180. We explore the process of collagen production and self-assembly, as well as its degradation by collagenases and gelatinases in order to predict potential temporal and spatial sites of action of different collagen receptors. While the interactions of the mature collagen matrix with integrins and DDR are well-appreciated, potential signals from immature matrix as well as collagen degradation products are possible but not yet described. The role of multiple collagen receptors in physiological processes and their contribution to pathophysiology of diseases affecting collagen homeostasis require further studies.

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### Specialty section:

This article was submitted to

Biomedical Physics,

a section of the journal

Frontiers in Physics

Received: 19 December 2016

Accepted: 25 April 2017

Published: 16 May 2017

### Citation:

Boraschi-Diaz I, Wang J, Mort JS and

Komarova SV (2017) Collagen Type I

as a Ligand for Receptor-Mediated

Signaling. *Front. Phys.* 5:12.

doi: 10.3389/fphy.2017.00012

**Keywords:** bone, cathepsin K, collagen type I, discoidin domain receptors, integrins, leukocyte immunoglobulin-like receptor complex, matrix metalloproteinases, uPARAP/Endo180

## INTRODUCTION

Collagen is the most abundant protein present in mammals, and forms the fibrous component of the extracellular matrix in all multi-cellular animals. In humans, different collagen types are present in connective tissues, including tendons, bones, and dentin, and play critical roles in defining the form and mechanical properties of diverse organs, such as bones, blood vessels, skin, and eyes [1]. In addition to classical fibrillar collagens forming uninterrupted triple helical fibrils, new families of collagen have been characterized as fibril-associated collagens with interrupted triple helices (FACITs), membrane-associated collagens with interrupted triple helices (MACITs), and multiple triple-helix domains and interruptions (MULTIPLEXINs) consisting of triple helical regions interspersed with non-helical domains (for recent in depth reviews of different types of collagen see Shoulders and Raines [2] and Ricard-Blum [3]). The most common fibrillar collagens are collagen types I, II, and III. Collagen type I is present in skin, tendons, vasculature, as well as organs such as lungs, heart and others, and forms the main component in the organic portion of the calcified tissue of bone and teeth [1, 3]. Collagen type II is the primary constituent of cartilage and collagen type III forms reticular fibers, commonly found alongside collagen type I [4]. While many consider fibrillar collagen biology as a textbook topic, it remains an active and exciting field of research. In particular, the recent discovery of numerous receptors for which collagen acts as a ligand indicates a much wider potential role for collagen than just a structural molecule. In this review we focus on collagen type I, and provide an overview of collagen receptors, highlight recent

advances in collagen type I synthesis and degradation, discuss potential cellular signaling that can be induced by collagen, and its role in bone matrix physiology and pathology.

## COLLAGEN RECEPTORS

Extracellular matrix proteins are well-known to interact with cells by directly binding to cell surface receptors [5]. Diverse families of receptors, including integrins, receptor tyrosine kinases, and immunoglobulin-like receptors have now been shown to use collagens as their cognate ligands (**Figure 1**).

### Integrins

Integrins are defined as cell adhesion structures, which are important in development and pathological processes. Integrins play critical roles in signaling, migration and survival of different cells (recently reviewed in depth by Barczyk et al. [5] and Iwamoto and Calderwood [6]). The signaling by these receptors is considered bi-directional, involving outside-in and inside-out signaling [5]. Integrins function as heterodimers, which in humans include one of 18 distinct  $\alpha$  subunits and one of eight distinct  $\beta$  subunits, and are type I transmembrane glycoproteins with large extracellular and short cytoplasmic domains [6]. Four different integrin heterodimers ( $\alpha_1\beta_1$ ,  $\alpha_2\beta_1$ ,  $\alpha_10\beta_1$ , and  $\alpha_{11}\beta_1$ ) have been demonstrated to bind collagen. In particular,  $\alpha_1\beta_1$  and  $\alpha_2\beta_1$  integrins have been most extensively studied. These integrins bind to both collagen types I and IV, however their affinities differ:  $\alpha_1\beta_1$  has a higher affinity for collagen type IV, while  $\alpha_2\beta_1$  preferentially binds to collagen type I [5, 7]. Integrin  $\alpha_2\beta_1$  has been reported to be one of the main collagen binding

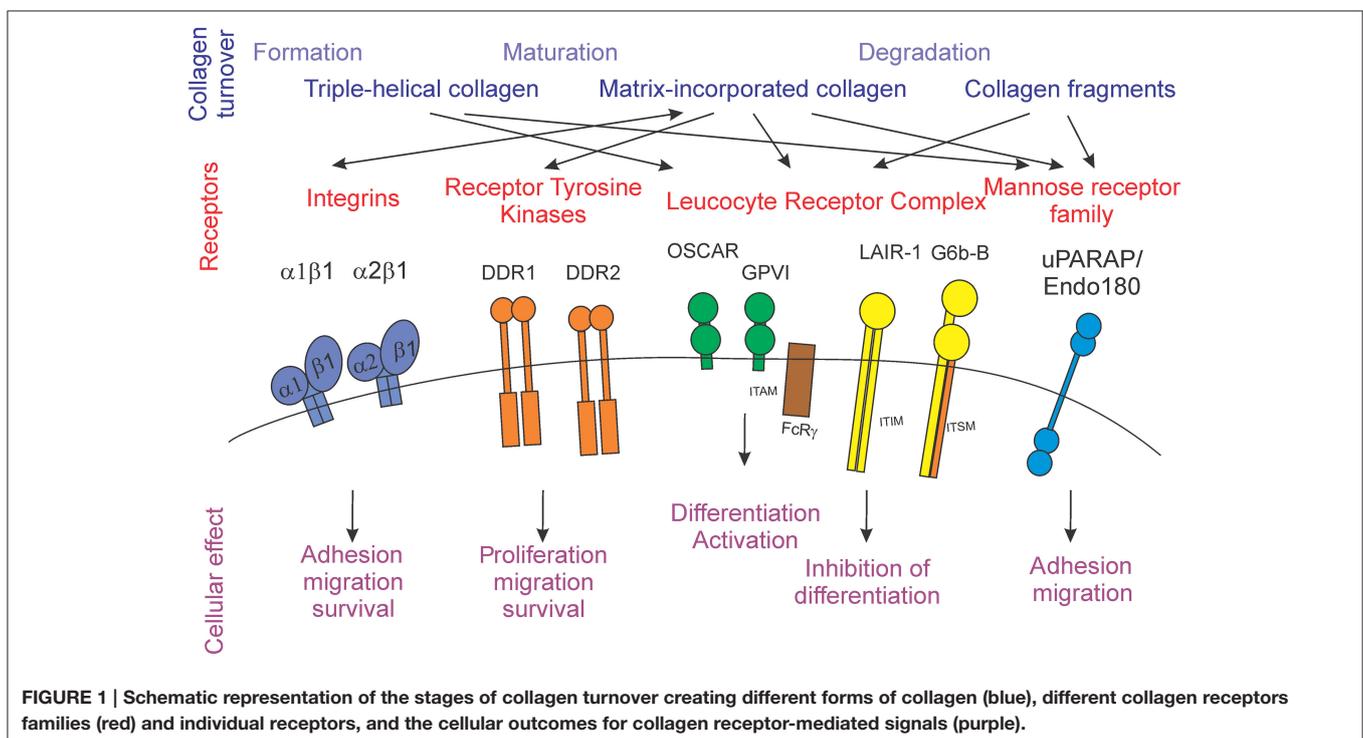
integrins present in bone and is critical for bone resorbing cells, osteoclasts. In these cells,  $\alpha_2\beta_1$  integrins affect the attachment of the cell to the bone surface and help form a sealing zone around the area to be resorbed, allowing formation of the localized highly acidic environment necessary for bone degradation [7–9].

### Receptor Tyrosine Kinases

The two discoidin domain receptors, DDR1 and DDR2 are receptor tyrosine kinases activated specifically by fibrillar collagens I–III and V, but not by individual  $\alpha$ -chains, denatured collagen, de-glycosylated, or degraded collagens [10]. A distinct characteristic of these receptors is their slow and sustained activation upon stimulation. Binding of the discoidin receptors to triple helical collagen leads to tyrosine autophosphorylation with unique activation kinetics, which is followed by receptor internalization [11, 12]. Imbalance or dysregulation of DDR1 has been implicated in the development of diseases such as fibrosis, atherosclerosis, arthritis, and cancer [10]. DDR1-null mice are predisposed to osteoarthritis and temporomandibular joint disorder [13], but are protected from atherosclerosis and smooth muscle mineralization [14]. DDR1 function can be controlled by ADAM10-mediated ectodomain shedding [15]. DDR2 is involved in pathological scarring processes such as wound healing, arthritis, and cancer [16, 17]. DDR2-deficient mice exhibit dwarfism due to reduced proliferation of chondrocytes [18].

### Leukocyte Receptor Complex (LRC)

The leukocyte receptor complex (LRC) consists of a large group of cell surface receptors, essential for a diverse number of immune functions, including antiviral immunity, autoimmunity,



**FIGURE 1 |** Schematic representation of the stages of collagen turnover creating different forms of collagen (blue), different collagen receptors families (red) and individual receptors, and the cellular outcomes for collagen receptor-mediated signals (purple).

and response to grafts [19]. A typical characteristic of these receptors is the occurrence of pairs of antipathetic receptors, which bind to the same ligands but generate opposing signaling responses [20]. The majority of LRC receptors are primarily expressed by immune cells and play diverse roles in modulating their activity [19, 20]. The stimulatory receptors have short cytoplasmic tails and generate positive signals through immunoreceptor tyrosine-based activation motifs (ITAM) present on the required adapter proteins, FcR $\gamma$ , DAP10, and DAP12. The inhibitory receptors are characterized by long cytoplasmic tails, which contain immunoreceptor tyrosine-based inhibitory motifs (ITIM) [19, 20]. Of interest, collagen has been recently demonstrated to act as a ligand for a number of stimulatory and inhibitory receptors in this family, including osteoclast associated receptor (OSCAR), GPVI, and LAIR-1 [21–23]. The structural basis for collagen recognition by the immune receptors has been investigated in a number of studies [24–27], however some controversy regarding the alignment of collagen-recognition sites among different receptors exists.

OSCAR and GPVI are stimulatory receptors that are activated by collagen. OSCAR is particularly important for osteoclast differentiation, as it acts as a critical co-stimulatory receptor for osteoclast formation and function [23, 26–28]. GPVI is mainly found in platelets and binds to collagen during the process of blood coagulation [21]. The binding of collagen to OSCAR or GPVI results in the recruitment of ITAM-containing FcR $\gamma$  chains. For OSCAR, the main downstream effect of activation is the initiation of calcium signaling, which is critically important for activation of a key osteoclastogenic transcription factor, nuclear factor of activated T-cells (NFAT) c1. Activation of GPVI leads to the binding of Syk to the FcR- $\gamma$  chain, which causes an activation of Syk proteins and tyrosine phosphorylation. At the same time, phospholipase C  $\gamma$ 2 (PLC $\gamma$ 2) also becomes activated [29, 30].

The inhibitory receptor LAIR-1 was also shown to be activated by collagen [31]. Another inhibitory receptor G6b-B may also act as a collagen-binding receptor, although the existing evidence is weaker [32]. Both LAIR-1 and G6b-B were first identified to be expressed on megakaryocytes and platelets and to negatively regulate their function [22, 33]. LAIR-1 was also found to be present during osteoclastogenesis and to inhibit this process [34]. LAIR-1 is activated by triple helical collagen, specifically when it encounters the triplet (GPO)<sub>10</sub> (glycine-proline-hydroxyproline)<sub>10</sub>, also known as “collagen related peptide” [31]. LAIR-1 contains two ITIMs, which upon phosphorylation recruit SHP-1 and SHP-2 phosphatases. These phosphatases directly dephosphorylate Syk, Zap70, and PLC $\gamma$ , preventing ITAM-mediated stimulation of protein kinases and calcium signaling [22, 31]. G6b-B was suggested to be activated by collagen fragments, such as the collagen-related peptide, likely relevant to the microenvironment of damaged epithelium [32, 33]. G6b-B contains one ITIM as well as a newly described immunoreceptor tyrosine-based switch motif (ITSM) [33, 35]. In contrast to ITIM, which generally signals through activation of phosphatases, ITSM interferes with ITAM-mediated signaling by using adaptor molecules. An important characteristic of this

motif is the ability to switch between stimulatory and inhibitory signals and to bind SHP1, SHP2, SHIP, and p85 [36]. In platelets, G6b-B interferes with positive signaling induced by collagen binding to GPVI [37].

## uPARAP/Endo180

The urokinase plasminogen activator receptor-associated protein (uPARAP/Endo180), a member of the mannose receptor family of type I transmembrane glycoproteins, is a multi-domain transmembrane glycoprotein. Characteristically this family of proteins includes an N-terminal, cysteine-rich/ricin B like domain, a fibronectin type II domain, and a series of 8–10 C-type lectin-like domains. This mesenchymal cell surface receptor has an important function in collagen internalization [38–40]. In addition, uPARAP/Endo180 was shown to aid in the initial adhesion of fibroblasts to collagen and to accelerate the migration of these cells on a fibrillar collagen matrix [38, 39, 41, 42]. In bone, this receptor is highly expressed on osteoblasts and osteocytes at sites of endochondral and intramembranous ossification during development [38].

Thus, multiple receptor families can bind collagen and induce a variety of cellular effects. Although the repertoire of cellular responses affected by collagen receptors appears to be similar, with adhesion, migration and survival being prominent on the list, it is interesting that the receptors can bind to different forms of collagen, including large triple helical fragments, matrix-incorporated collagen fibrils, and small collagen fragments. Next, we will consider the process of collagen turnover and identify the physiological stages during which different forms of collagen can act as effectors of receptor-mediated signaling.

## POTENTIAL SIGNALING INDUCED DURING COLLAGEN SYNTHESIS BY OSTEOBLASTS

In hard tissues, collagen is produced by highly specialized cells of mesenchymal origin, termed osteoblasts in bone tissue and odontoblasts for dentin. All fibrillar collagen molecules are formed from three polypeptide chains, termed  $\alpha$  chains, which are wound into a right-handed triple helix to form a cord-like structure. The triple helical regions of collagen are characterized by the presence of a glycine residue at every third position (Gly-X-Y)<sub>n</sub>, the other two positions being rich in proline or hydroxyproline. Since glycine residues only have a hydrogen atom as their “side chain,” the polypeptide can pack itself into a super helical structure [1, 43]. The triple helices of collagen type I are formed from two  $\alpha$ <sub>1</sub> chains and one  $\alpha$ <sub>2</sub> chain, which are the products of the different genes, *COL1A1* and *COL1A2*. Osteogenesis imperfecta (OI) is a heritable disease characterized by high bone fragility. The large majority of patients with OI have disease-causing dominant mutations in one of the two genes that code for collagen type I alpha chains, *COL1A1* and *COL1A2* [44]. Interestingly, a number of patients with the clinical presentation of OI were found to have normal collagen type I, but mutations in other proteins with previously unknown function. Investigation of these proteins, which include cartilage-associated

protein (CRTAP), prolyl 3-hydroxylase 1 (P3H1), cyclophilin B (CyPB), pigment epithelium-derived factor (PEDF), heat shock protein 47 (HSP47), and FK506 binding protein 65 (FKBP65), resulted in a greater understanding of the regulation of collagen type I production and assembly [45, 46].

The procollagen type I  $\alpha$  chain genes are transcribed and processed from *COL1A1* and *COL1A2* to mRNAs. Direct translation to the pro- $\alpha_1$  and  $\alpha_2$  chains occurs in the rough endoplasmic reticulum [2]. The procollagen has extensions on each end, termed amino and carboxyl procollagen propeptides. These extensions increase the solubility of the peptide and assist its movement within the cell during the process of post-translational modification. One of these modifications is the hydroxylation of specific proline and lysine residues [47, 48]. The prolyl 3-hydroxylation complex is a post-translational collagen modification system present in the endoplasmic reticulum, and consists of CRTAP, P3H1, and CyPB. The complex modifies a single proline residue (Pro 986) to 3-hydroxyproline on each  $\alpha_1$  chain of type I and II collagen [49, 50]. Mutations in *CRTAP*, *P3H1/LEPRE1*, or *PPIB* (the gene that encodes cyclophilin B) strongly affect post-translational modifications of collagen resulting in a complete absence of proline 3-hydroxylation in the case of mutations in *CRTAP*, *P3H1*, and site-specific alterations in the hydroxylation and glycosylation of collagen, in the case of mutations in *PPIB* [49, 51, 52]. Consequently, collagen folding is delayed [49, 52–54] and a change in fibril assembly, cross-linking, and bone mineralization occurs [51, 52, 54]. The newly formed hydroxylysine residues are glycosylated by the addition of monosaccharides, such as galactose and glucose. This step is carried out by glycosyl transferases and gives the new collagen molecule unique chemical and structural characteristics [55]. The C-terminal region of the procollagen molecules contains cysteine residues that form intermolecular disulfide bonds, facilitating the registration of the three procollagen chains. When the appropriate alignment is reached, the three chains wrap around each other to form a string-like structure [3]. After all the modifications are complete and the triple helix is formed, the molecules of procollagen are transported along microtubules, organized in the Golgi apparatus, and eventually secreted into the extracellular space [56]. In a homozygous patient with *HSP47* missense mutation, it was demonstrated that HSP47, potentially acting in cooperation with immunophilin FKBP65, encoded by *FKBP10*, is important for proper trafficking of type I procollagen to the Golgi [57]. Mutations in *FKBP10* also cause moderately severe osteogenesis imperfecta [58, 59] with decreased collagen cross-linking, resulting in sparsity and disorder of collagen fibril deposition [60].

Extracellularly, procollagen is processed by procollagen proteases, which are responsible for removing the extension peptides from both ends of the molecule. The N-terminal is processed by enzymes like a disintegrin and metalloproteinase with thrombospondin motifs (ADAMTS)-2, -3, and -14, while bone matrix protein-1 (BMP-1) is responsible for the C-terminal processing, resulting in the formation of N-telopeptide (NTP) and C-telopeptide (CTP), respectively [61–63]. Mutations in the collagen type I C-propeptide cleavage site disrupt extracellular collagen processing, resulting in osteogenesis imperfecta [64].

Mutations in *BMP1* similarly result in decreased collagen maturation, hyperosteoidosis, and hypermineralization [65]. Interestingly, mutations in *SERPINF1*, the gene that encodes PEDF, lead to osteogenesis imperfecta type VI, which has a phenotype of a disorganized bone matrix, large amount of unmineralized osteoid, and abnormal mineralization pattern, similar to the phenotype observed in OI due to mutations at the collagen type I C-propeptide cleavage site or in *BMP1*, suggesting that PEDF may also play a role in procollagen processing [66–69]. It has been noted that the rate of bone formation positively correlates with CTP levels, which lead to its use as a marker of osteoblastic bone formation [70, 71]. Once the triple helical collagen molecules lacking their extension peptides are formed in the extracellular space, the process of the fiber formation commences [3].

## Receptors Potentially Activated by Triple-Helical Collagen

Two classes of receptors, including those of LRC and of mannose-receptor family, have been shown respond to triple-helical collagen which is not necessarily incorporated in the matrix (Figure 1). In particular, the uPARAP/Endo180 receptor was found on early osteoblast precursors as well as actively matrix-producing osteoblasts [72, 73]. While this receptor has been implicated in osteoblast recruitment to the remodeling sites [73], this function can likely be attributed only to early precursors, but not to mature cells. It is thus possible that additional regulation may be exerted by this receptor present on mature osteoblasts. From the LRC family, OSCAR and LAIR-1 have been shown to be expressed by osteoclasts [28, 34]. It is possible that LAIR-1-mediated inhibition of osteoclastogenesis contributes to the prevention of premature activation of resorption at the sites of freshly laid down osteoid. It is also interesting to speculate that formation of the two fragments, NTP and CTP, during procollagen processing may generate soluble and thus longer-reaching signals for the receptors activated by smaller collagen fragments. Abnormal signaling through collagen receptors can also potentially contribute to the pathophysiology of OI, as it commonly results in abnormal collagen modification and thus would significantly alter receptor-ligand interactions.

## FORMATION OF COLLAGENOUS BONE MATRIX

Individual collagen molecules are first assembled into collagen fibrils, which in turn combine to form fibers, which give the tissue its structural properties. Collagen fibril formation begins with the post-translational modification by the copper-containing enzyme lysyl oxidase, which oxidizes the peptidyl lysine residues to facilitate the formation of covalent intra- and inter-molecular bonds, also known as crosslinks [74]. Lysyl oxidase has been found extracellularly, intracellularly as well as in the nucleus, and was reported to have diverse and important roles in the human body such as developmental regulation, tumor suppression, cell motility, and cellular senescence [74]. After the covalent bonds are formed between the tropocollagen chains, triple helical

molecules line up and collagen fibrils are formed. The triple helical tropocollagen molecule is 300 nm long, 1.5 nm in diameter, and consists of two  $\alpha 1(I)$  chains and one  $\alpha 2(I)$  chain [75, 76]. Another enzyme important for the crosslinking of the collagen fibers is tissue transglutaminase 2, which specifically mediates the reaction between the side chains of glutamine and lysine residues of adjacent fibers resulting in formation of  $\epsilon(\gamma$ -glutamyl) lysine crosslinks, covalent amide bonds that reinforce the three dimensional structure [77, 78]. The collagen fibers are cable-like bundles, 50–200  $\mu\text{m}$  in diameter that are visible under the light microscope [75, 76]. Collagen type I in skin and bone is formed of the same two  $\alpha_1$  and one  $\alpha_2$  chains. However, post-translational modifications and crosslinking differ between bone and skin fibrils, giving tissue-specific properties to the final extracellular matrix [75].

In bone, after collagen maturation is completed, matrix mineralization during which calcium and phosphate precipitate to form crystals of hydroxyapatite [ $\text{Ca}_{10}(\text{PO}_4)_6(\text{OH})_2$ ] within the organic matrix proceeds [79]. The localization and orientation of individual crystals is guided by specific organic moieties on collagen type I and non-collagenous proteins present in bone matrix [80]. Finally, bone tissue is formed as a composite material containing a precise mixture of macromolecules and hydroxyapatite crystals.

## Receptors Potentially Activated by Matrix-Incorporated Collagen

The majority of the collagen receptors are assumed to be activated by collagen present in mature matrix. The evidence for a physiological significance of such interactions is strongest for members of the integrin receptor family, which are well-known for their substrate-recognition roles [81]. Positive responses, such as support of cell adhesion, survival, migration, and proliferation result from collagen interacting with integrin receptors  $\alpha 1\beta 1$  and  $\alpha 2\beta 1$  [5], receptor tyrosine kinases DDR1 and DDR2 [12], LRC member OSCAR [23], and mannose family receptor uPARAP [38]. Inhibitory cellular effects have been observed upon stimulation of LAIR-1 with collagen [22, 32]. It is particularly interesting, that osteoclasts express both the stimulatory collagen receptor OSCAR [28] and an inhibitory receptor LAIR-1 [34]. However, if we assume that OSCAR and LAIR-1 are expressed at different stages of osteoclastogenesis, we can attempt to reconcile how contradictory collagen signals can be perceived by these cells. We can speculate that LAIR-1 is present on early precursors, and that its role is to prohibit osteoclast differentiation on immature matrix, while OSCAR is expressed later during osteoclastogenesis and is engaged by the matrix-incorporated collagen to support osteoclast formation on the correct substrate. While extensive studies on the role of OSCAR during osteoclast formation have been performed [23, 26, 28], much less is known about the temporal and spatial aspects of regulation of osteoclastogenesis by LAIR-1. In diseases associated with abnormal collagen synthesis, such as OI, as well as abnormal mineralization, for example osteomalacia due to calcium and phosphate deficiency, the structure of the mature tissue matrix is altered, which may

potentially result in changes in receptor-ligand binding for collagen receptors, contributing to the pathophysiology of these disorders.

## POTENTIAL SIGNALING INDUCED BY COLLAGEN DEGRADATION

Bone mineral together with the organic matrix is physiologically removed by osteoclasts. Similarly, during tooth eruption, odontoclasts resorb the deciduous tooth roots in order to provide space for the eruption of permanent teeth [82]. By tightly attaching to the bone matrix, osteoclasts form a sealed phagolysosomal compartment underneath the cell, where vacuolar type  $\text{H}^+$ -ATPase in the plasma membrane of ruffled borders releases protons to lower the extracellular pH and dissolve hydroxyapatite mineral. Concomitantly, proteolytic enzymes are released to digest the organic matrix [83, 84]. Proteases (also termed peptidases or proteinases) hydrolyze the peptide bonds that link amino acids together in the polypeptide chains forming proteins. Due to the closely packed nature of the mature triple helix, collagens are resistant to attack by most proteases, however, specialized proteases termed collagenases are able to hydrolyze these molecules [76]. The most important collagenases are the papain-like cysteine protease cathepsin K and matrix metalloproteinases (MMP) [85, 86]. Within the MMP family, MMP-1, MMP-8, MMP-13, and MMP-14 are specifically capable of degrading triple-helical fibrillar collagens, while MMP-2 and MMP-9 act after the triple helix is unwound and are termed gelatinases. MMP-13 and MMP-9 are particularly important for bone resorption (Table 1).

## Cathepsin K

Cathepsin K, a member of the C1 peptidase family, is expressed by osteoclasts at the cell surface adjacent to the bone and was shown to be critical for matrix breakdown in the resorption

TABLE 1 | Collagen-degrading enzymes.

Enzyme	Other designations	Properties
<b>CYSTEINE PROTEASES</b>		
Cathepsin K	Cathepsin O, O2, X (obsolete designations)	As a complex with glycosaminoglycans cleaves triple helix, very effective gelatinase
<b>Zn<sup>2+</sup> METALLOPROTEASES</b>		
MMP-1	Interstitial collagenase Collagenase-1	Cleaves triple helix, preference for collagen types I and III
MMP-2	Gelatinase A Type IV collagenase	Degrades gelatin
MMP-8	Neutrophil collagenase Collagenase-2	Cleaves triple helix, preference for collagen type I
MMP-9	Gelatinase B	Degrades gelatin
MMP-13	Collagenase-3	Cleaves triple helix, preference for collagen type II
MMP-14	MT1-MMP	Cleaves triple helix, membrane-anchored

compartment during bone remodeling [86, 87]. The protease works optimally at low pH and has been shown to degrade type I collagen [85]. Both the  $\alpha_1$  and  $\alpha_2$  collagen type I chains are cleaved by cathepsin K [88]. The protein cleavage site of papain-like cysteine proteases, including cathepsin K, is determined by the amino acids occupying the two positions before (N-terminal to) the cleavage site and one or two positions after the cleavage site. Generally, a hydrophobic side chain such as valine, leucine, or proline is found in the second residue before the cleavage site, whereas the amino acid directly before the cleavage site is usually glutamic acid, alanine, or glycine. Finally, in the position after the cleavage site, the most common amino acids are glycine, glutamic acid, and/or isoleucine [87, 89]. Overall, it has been found that cathepsin K performs a cleavage after helical cross-linking residues, which in collagen type I is most likely to occur after glycine due to high prevalence of GXY repeats [90]. Cathepsin K was shown to cleave substrates with proline in the second amino acid position after the cleavage site [91], which is critical for its ability to target collagen [87, 92].

Since cathepsin K is the only papain-like cysteine protease capable of cleaving triple helical collagen, it is of significant interest as a pharmaceutical target [90, 93]. Structural analysis revealed that for cathepsin K to demonstrate its collagenase activity, a dimer has to form an oligomeric complex with a glycosaminoglycan and dock onto a collagen molecule with its central groove [92, 94, 95]. The presence of glycosaminoglycans allows access to the triple helix, leading to the cutting of the fibril into smaller sub-fibrils and a simultaneous release of glycosaminoglycans. This process eventually results in a progressive unfolding of the fibrils, making them less stable and therefore accessible for further degradation [96]. Cathepsins that do not exhibit collagenase activity, such as cathepsins L, V, S, and B have only a limited effect on the fibril structures [96]. In addition to bone, cathepsin K is also expressed in hematopoietic, epithelial, and fibroblast cells, and was shown to play a role in arthritis, obesity, schizophrenia, bone metastases, and various other pathological conditions [89].

In humans, mutations in the cathepsin K gene were shown to underlie the skeletal disorder pycnodysostosis, which is characterized by osteopetrosis, bone fragility, short stature, acrosteolysis of the distal phalanges, delayed cranial suture closure, clavicular dysplasia, and dental abnormalities [97, 98]. In animal models, cathepsin K deficiency results in an osteopetrotic bone phenotype [99–101] and has been shown to predispose mice to lung fibrosis [102], abnormal airway morphologies [103] and deficiencies in learning and memory aptitudes [104]. Even though the osteoclast numbers were not changed in cathepsin K deficient mice, large areas of demineralized bone matrix underlying the ruffled borders of osteoclasts were frequently found, suggesting that only the degradation of organic bone matrix is impaired in these animals [99, 100]. Once cathepsin K cleaves the triple helix, it unwinds and becomes available for degradation by any protease with gelatinolytic activity. Interestingly in cathepsin K knockout mice, osteoclastic resorption, though severely impaired, was still present [99] due

to involvement of other proteases with collagenase activity, such as the matrix metalloproteinases [101].

## Matrix Metalloproteinases

The matrix metalloproteinases (MMP), peptidase family M10, is composed of zinc-dependent endopeptidases, also known as the metzincin superfamily. The main task of MMPs is to degrade extracellular matrix proteins, as well as a number of bioactive molecules [87, 105, 106]. Within the MMP family of endopeptidases, MMP-1, MMP-8, MMP-13, and MMP-14 exhibit collagenase activity and are specifically capable of degrading triple-helical fibrillar collagens [106, 107]. MMP-1 and MMP-13 are produced by osteoclasts and play important roles in bone matrix degradation. After the triple helix is separated, MMP-2 and MMP-9 can further cleave collagen chains working as gelatinases. The MMP family members with collagenase activity require at least three structural components to successfully achieve their function: (i) a hemopexin-like C-terminal domain, (ii) a linker or hinge region between the catalytic and hemopexin domain, and (iii) a specific peptide loop in the catalytic domain [108, 109]. Collagen type I is cleaved by MMP-1, -8, and -13 at a characteristic site located between Gly<sub>775</sub>/Ile<sub>776</sub>, three quarters of the distance from the N-terminus, leading to the formation of two fragments—a larger fragment of  $\frac{3}{4}$  and a smaller  $\frac{1}{4}$  fragment [107, 110, 111].

MMP-1, also known as interstitial collagenase or fibroblast collagenase, is involved in the breakdown of extracellular matrix in normal physiological processes, such as embryonic development, reproduction, and tissue remodeling, as well as in disease processes, such as arthritis and cancer metastasis [106, 112, 113]. Osteoblasts have been demonstrated to produce MMP-1, which may affect their differentiation [114]. In addition, MMP-1 was shown to be upregulated in response to mechanical loading [115]. However, it is not clear if MMP-1 activity toward collagen type I is important for osteoblasts. While MMP-1 is not generally found to be expressed by osteoclasts, there is evidence that it may be involved in bone resorption in pathological conditions [113, 116, 117].

MMP-13 is involved in the degradation of extracellular matrix for tumor invasion and metastasis [84] and is a critical collagenase MMP for osteoclastic bone resorption [86]. Mutations in MMP-13 cause metaphyseal anadysplasia 1, which includes the Missouri type of spondyloepimetaphyseal dysplasia, a spectrum of diseases characterized by defective growth and severe skeletal changes that resolve spontaneously with age [118, 119]. This protease is more aggressive to collagen type II than to type I, therefore the effects are more prominent in the joints [120, 121]. In animal models, overexpression of MMP-13 produces arthritis with cartilage erosion [122]. Knockout of MMP-13 shows temporary anomalies in cartilage resorption in long bone growth and fracture healing. While these animals have a normal lifespan and sufficient fertility, microscopic analyses of the skeletal system verified profound defects in the growth plate cartilage with a clear intensification in the hypertrophic chondrocyte zone and a delay in primary ossification [121, 123].

## Gelatinases

The main gelatinase expressed and released by osteoclasts is MMP-9 [124]. MMP-9 participates in dissolution of bone collagens working inside the sealing zone located underneath the osteoclast, in concert with collagenases MMP-13 and cathepsin K [125]. MMP-9-deficient animals exhibit a skeletal development phenotype, and chondrocyte apoptosis [126]. In addition, vascularization and ossification of cartilage is significantly delayed [126]. The role of MMP-9 in bone resorption is not clear, however it was demonstrated that in the absence of MMP-9 osteoclastic recruitment is delayed and that MMP-9 is required for osteoclast invasion into the discontinuously mineralized hypertrophic cartilage [127]. Mutations in MMP-9 result in metaphyseal anadysplasia 2, which is phenotypically indistinguishable from metaphyseal anadysplasia 1 due to mutations in MMP-13 [119]. A dominant, more severe phenotype of metaphyseal anadysplasia was found to be associated with deactivation of both MMP-13 and MMP-9 [119].

## Receptors Potentially Activated by Degraded Collagen

Physiological degradation of collagen can result in production of shorter triple-helical proteins, along with single strand fragments of different molecular weight [86, 128]. Such fragments can potentially activate the receptors of LRC, GPVI, LAIR-1, and G6b-B, as well as uPARAP/Endo180. Since LAIR-1 is expressed by osteoclasts [34] and uPARAP/Endo180 by osteoblasts [129], it is possible that such signals mediate temporal and spatial coordination of collagen matrix formation and degradation. In addition, formation of circulating fragments, such as those used as biomarkers of bone resorption [130], raises a possibility of long-distance signals generated during collagen degradation. In pycnodysostosis and metaphyseal anadysplasia, mutations in cathepsin K and MMP-9 and MMP-13 result in altered collagen degradation, thus producing different collagen fragments, potentially interfering with collagen receptor signaling.

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## CONCLUSIONS

Collagen is the main component in many tissues in the human body, particularly in bone tissue where this protein forms 90–95% of the organic matrix. Even though collagen is one of the best studied molecules, many questions remain regarding its physiology as highlighted by a high number of poorly understood disorders associated with collagen production and degradation, including genetic diseases such as osteogenesis imperfecta and metaphyseal anadysplasia, and inflammatory disorders such as arthritis and periodontitis. From the perspective of its temporally and spatially controlled self-assembly, collagen is a fascinating molecule that undergoes many precise, yet not fully understood transitions from its initial translation product to the final mature fiber. Moreover, bone tissue is remodeled continuously, which brings into focus the importance of a regulated degradation of collagen, as well as other components of the extracellular matrix. The collagen substrate structural signals mediated by integrins have been well-appreciated since the 1980s. The discovery of numerous novel receptors for collagen highlights the possibility of previously unknown aspects of collagen biology. The role of these receptors in physiological processes and their contribution to pathophysiology of diseases affecting collagen homeostasis require further studies.

## AUTHOR CONTRIBUTIONS

IB, JM, and SK contributed to the conceptual planning; IB and JW designed and performed literature analysis, IB wrote the first draft of the manuscript. All authors critically revised the manuscript.

## FUNDING

This work was supported by the Canadian Institutes of Health Research (grant MOP-137091 to SK). IB is supported by the Faculty of Dentistry, McGill University, and by Réseau de Recherche en Santé Buccodentaire et Osseuse.

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**Conflict of Interest Statement:** The authors declare that the research was conducted in the absence of any commercial or financial relationships that could be construed as a potential conflict of interest.

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