



Epigenetic impacts of ascorbate on human metastatic melanoma cells

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In recent years, increasing evidence has emerged demonstrating that high-dose ascorbate bears cytotoxic effects on cancer cells *in vitro* and *in vivo*, making ascorbate a pro-oxidative drug that catalyzes hydrogen peroxide production in tissues instead of acting as a radical scavenger. This anticancer effect of ascorbate is hypoxia-inducible factor-1 α - and O₂-dependent. However, whether the intracellular mechanisms governing this effect are modulated by epigenetic phenomena remains unknown. We treated human melanoma cells with physiological (200 μ M) or pharmacological (8 mM) ascorbate for 1 h to record the impact on DNA methyltransferase (DNMT)-activity, histone deacetylases (HDACs), and microRNA (miRNA) expression after 12 h. The results were analyzed with the MIRUMIR online tool that estimates the power of miRNA to serve as potential biomarkers to predict survival of cancer patients. FACS cell-cycle analyses showed that 8 mM ascorbate shifted BLM melanoma cells toward the sub-G1 fraction starting at 12 h after an initial primary G2/M arrest, indicative for secondary apoptosis induction. In pharmacological doses, ascorbate inhibited the DNMT activity in nuclear extracts of MeWo and BLM melanoma cells, but did not inhibit human HDAC enzymes of classes I, II, and IV. The expression of 151 miRNAs was altered 12 h after ascorbate treatment of BLM cells in physiological or pharmacological doses. Pharmacological doses up-regulated 32 miRNAs (≥ 4 -fold) mainly involved in tumor suppression and drug resistance in our preliminary miRNA screening array. The most prominently up-regulated miRNAs correlated with a significantly increased overall survival of breast cancer or nasopharyngeal carcinoma patients of the MIRUMIR database with high expression of the respective miRNA. Our results suggest a possible epigenetic signature of pharmacological doses of ascorbate in human melanoma cells and support further pre-clinical and possibly even clinical evaluation of ascorbate for melanoma therapy.

Keywords: ascorbate, vitamin C, cancer, melanoma, epigenetics, microRNA, HDAC, DNMT

INTRODUCTION

In recent years, a large number of studies demonstrated that in pharmacological doses, ascorbic acid (ascorbate, vitamin C) in the low micromolar-range exerts cytotoxic effects on cancer cells *in vitro* and *in vivo* (1–3) via pro-oxidative mechanisms (4). This cytotoxicity is conducted by ascorbyl radicals and H₂O₂ being catalyzed by serum components (5). Hypoxic conditions and hypoxia-inducible factor-1 α (HIF-1 α)-signaling, both present in cancer metastases, confer resistance to the cancer cells toward ascorbate-induced cytotoxicity (5), while ascorbate inhibits HIF-1 with mechanisms of iron competition (6). This bears a strong clinical implication, since

increased tumor ascorbate is associated with extended disease-free survival and decreased HIF-1 activation in human colorectal cancer (7). Likewise, low ascorbate levels are associated with increased HIF-1 activity and an aggressive tumor phenotype in endometrial cancer (8). Interestingly, ascorbate has a preferential toxicity toward melanoma cells (9). In B16, melanoma-bearing mice spontaneous lung metastasis is inhibited by sodium ascorbate supplementation in drinking water in mice fed a restricted diet (low in tyrosine and phenylalanine) (10). *In vitro*, the induction of a pro-oxidant state by ascorbate and a subsequent reduction in mitochondrial membrane potential are involved in a caspase-8-independent apoptotic pathway of B16F10 melanoma cells (11). Further, oral ascorbate supplementation modulates B16FO melanoma growth, metastasis, and inflammatory cytokine secretion as well as enhanced encapsulation of tumors in scorbutic (L-gulonogamma lactone oxidase $-/-$) mice (12, 13).

Abbreviations: DNMT, DNA methyltransferase; DNMTi, DNA methyltransferase inhibitor; HDAC, histone deacetylase; HDACi, histone deacetylase inhibitor; i.v., intravenous; miRNA, microRNA; ROS, reactive oxygen species; SAHA, suberoylanilide hydroxamic acid; TSA, trichostatin A.

In this respect, we recently demonstrated that patients afflicted with metastatic melanoma (stage IV) have lower plasma ascorbate levels compared to healthy controls and that polychemotherapy or immunotherapy further decreases plasma ascorbate levels in stage IV melanoma patients (14). However, the ascorbate concentration required for cytotoxicity in cancer cells can only be achieved via intravenous (i.v.) administration (15); up to 49 mM ascorbate blood peak concentrations are thus achievable by administration of 70 g/m² (16). Yet, in recent phase I clinical trials, ascorbate failed to demonstrate a significant anticancer activity (16–19), although it enhanced chemosensitivity of ovarian cancer cells and reduced toxicity of chemotherapy (20). This obvious discrepancy between impressive anticancer efficacy in various pre-clinical models and lack of a reproducible anticancer activity in cancer patients clearly demonstrates that crucial (co-)factors executing the anticancer efficacy and an appropriate clinical treatment regimen remain to be deciphered. Due to the broad concentration range of ascorbate in humans and its numerous biochemical functions and effects, which seem to differ in somatic and malignantly transformed human cells (1), further research is needed for the understanding of the precise cytotoxic molecular impacts of ascorbate in cancer cells.

Many naturally occurring compounds and nutrients exert beneficial anticancer effects (e.g., suppression of tumor growth or induction of apoptosis), some of which are linked to modulation of epigenetic mechanisms (21–23). In general, epigenetic modifications influence gene expression without altering the DNA sequence and are therefore potentially reversible. Several epigenetic changes were distinguished, including histone acetylation and DNA methylation, and are currently investigated as potential targets for anticancer therapy (24). Both of the latter regulate the expression of microRNAs (miRNAs) and at the same time, are in part controlled by miRNAs via a regulatory circuit (25, 26). miRNAs correlate with clinical outcome in cancer patients in clinical studies (27). To test the possible relation between the expression of any given miRNA and the clinical outcome of cancer patients, the free online MIRUMIR tool, which performs survival analyses and draws Kaplan–Meier plots for any miRNA across several available data sets, was recently established (28).

In the present study, we provide novel evidence that in human metastatic melanoma cells only pharmacological doses of ascorbate induce substantial epigenetic changes. For 8 mM ascorbate, we detected a moderate inhibition of cellular histone deacetylase (HDAC) enzymes and a prominent DNA methyltransferase (DNMT) inhibition. Only pharmacological doses of ascorbate seemed to alter the miRNA expression profile by up-regulating 32 miRNAs mainly involved in tumor suppression and drug resistance, as demonstrated by preliminary miRNA chip expression analyses. Together, our results suggest that high doses of ascorbate only achievable in patients by i.v. administration might have epigenetic impacts on melanoma cells that might be beneficial in combination with classical or novel therapeutic anticancer approaches.

MATERIALS AND METHODS

CELL LINES AND CHEMICALS

Metastatic melanoma cell lines [MeWo: derived from a lymph node metastasis of a 78 years Caucasian donor; mutation status:

BRAF wild-type, NRAS wild-type (29), BLM: subline of BRO melanoma cells isolated from lung metastases after subcutaneous inoculation of nude mice with BRO cells; mutation status: BRAF wild-type, NRAS mutated (30)] were cultured in RPMI 1640 medium supplemented with 10% fetal bovine serum (FBS), 1% penicillin and streptomycin, and 1% L-glutamine. All cell culture experiments were performed at 37°C and 5% CO₂. The following chemical was used: injectable vitamin C solution (Pascorbin®, 150 mg ascorbate/1 ml injection solution, pH 7.0; Pascoe pharmazeutische Praeparate GmbH, Giessen, Germany).

CELL-CYCLE ANALYSIS

BLM cells were incubated with ascorbate at 8 mM. After 0–24 h (in 2 h intervals) the cells (1 × 10⁶) were harvested, washed with cold PBS, fixed with 75% ethanol, and incubated at 4°C for at least 1 h. Cells were then centrifuged and washed twice in cold PBS. Intracellular DNA was labeled with propidium iodide solution [propidium iodide 40 mg/ml (Sigma) and RNase 100 mg/ml (Thermo Scientific) in PBS] and incubated at 4°C for 30 min in the dark. Cell cycle was analyzed using flow cytometry and FACSDiva software (BD Biosciences, Heidelberg, Germany).

IN SILICO (DOCKING-) ANALYSIS OF HISTONE DEACETYLASE INHIBITION

Ligand preparation

For this study, docking was performed into human HDACs 2, 4, 7, and 8 with trichostatin A (TSA) and the two major resonance structures of ascorbic acid (Figure 1). All ligands were prepared using the molecular operation environment (MOE, version 2007.09, Chemical Computing Group, Inc., Montreal, QC, Canada). 3D representations of the ligands were obtained by energy minimization (Rebuild3D function with preservation of existing chiral centers) using MM94x force field and a Born Solvation model without cutoff constraints. All other parameters were left at default.

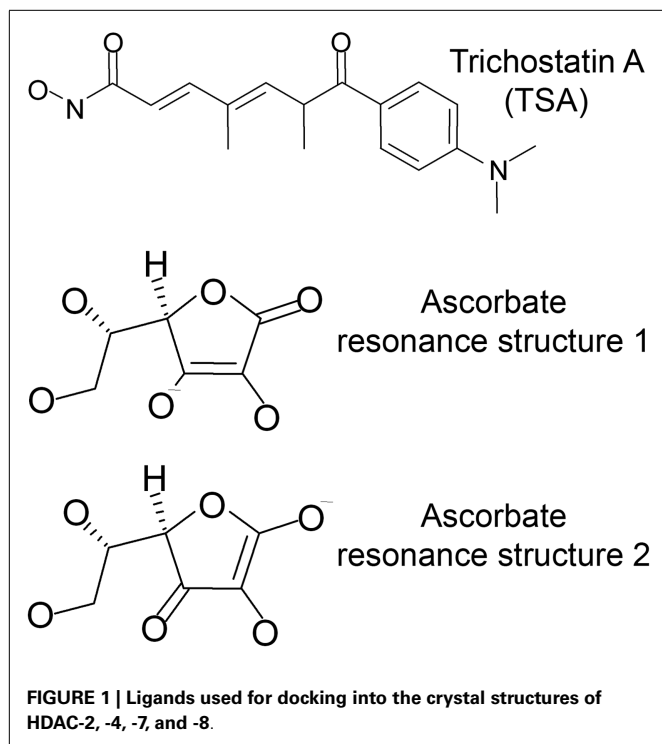
Protein preparation

Crystal structures of HDAC2 (PDB code: 3max), HDAC4 (PDB code: 2vqm), HDAC7 (PDB code: 3c10), and HDAC8 (PDB code: 1t64) were retrieved from the protein data bank¹ (PDB) and loaded into MOE. The Protonate3D functionality was applied to assign the correct ionization state and geometries to the protein atoms and to add hydrogen atoms (31). For the final docking, water molecules were discarded.

Docking

Docking was performed using GOLD (version 4.1.2, The Cambridge Crystallographic Data Centre, Cambridge, UK). No additional protein preparation was applied. Binding sites were defined by all residues within 5 Å distance from the corresponding ligands in the crystal structure. Docking was performed using GoldScore as scoring function. All other parameters were left at default. Docking poses were analyzed in MOE. To optimize the ligand–receptor interactions energy minimizations were applied using MM94x force field and a Born Solvation model without cutoff constraints.

¹<http://www.ebi.ac.uk/pdbe/>



HDAC-INHIBITOR SCREENING ASSAY

Determination of a possible HDAC-inhibitor activity of ascorbate was done by using the HDAC assay kit (Active Motif, Rixensart, Belgium). Ascorbate was diluted in assay buffer to the final concentrations of 5, 10, 20, 50, 100, 200 μM , and 8 mM. Assay was performed according to manufacturer's protocol. Briefly, ascorbate was incubated with HeLa nuclear extract as a source of human HDACs for 2 h at 37°C and the developing time was set to 10 min. Each experiment was performed in triplicates and repeated three times.

HDAC-INHIBITOR PROFILING ASSAY

The HDAC profiling assay was performed on basis of fluorometric measurement by Scottish Biomedical (Scottish Biomedical, Glasgow, UK). The percentage inhibition values of 50 μM and 8 mM ascorbate against human HDAC1, HDAC2, HDAC3, HDAC4, HDAC5, HDAC6, HDAC7, HDAC8, HDAC9, HDAC10, and HDAC11 was determined. Both concentrations of ascorbate were tested in two experiments, each in duplicates. TSA is used as a standard inhibitor by Scottish Biomedical for this assay and was deployed according to the information of the manufacturer in the following concentrations; HDAC1, HDAC2, HDAC3, HDAC6, HDAC10, and HDAC11 were tested at 10 nM TSA, HDAC8 at 100 nM and HDAC4, HDAC5, HDAC7, and HDAC9 were tested at 10 μM TSA.

MEASUREMENT OF DNA METHYLTRANSFERASE ACTIVITY

Nuclear extracts were prepared from BLM and MeWo melanoma cells (in triplicates) 12 h after 1 h treatment with ascorbate (untreated, 200 μM and 8 mM) by using the Nuclear Extract Kit (Active Motif) according to the procedure described by the

manufacturer. DNMT activity was analyzed in the nuclear extracts with the DNMT activity/inhibition assay (Active Motif) according to the procedure described by the manufacturer.

miRNA EXPRESSION ANALYSIS

microRNA was isolated from BLM cells using the miRNeasy kit (Qiagen, Hilden, Germany) according to the procedure described by the manufacturer. miRNA expression analysis was performed on BLM melanoma cells (five groups: untreated; 200 μM , 8 mM ascorbate treated, 4 and 12 h after the 1 h treatment, all in triplicates) using the human miRNA Microarray Release 14.0, 8x15K (Agilent, Waldbronn, Germany) based on Sanger miRBase (release 14.0). Two hundred nanograms of RNA were used per sample. The miRNA expression analysis was kindly performed at the Genomic Core Facility of the European Molecular Biology Laboratory (EMBL, Heidelberg, Germany) according to the supplier's instructions. Evaluation of raw data generated at the Genomic Core Facility of the EMBL was performed as described previously (32).

MIRUMIR miRNA ANALYSIS

Five highly up-regulated miRNA 12 h after 8 mM ascorbate treatment (miR-596, miR-630, miR-490, miR-375, and miR-708) were analyzed using the free online MIRUMIR database (28), which is incorporated into BioProfiling.de, an analytical portal for high-throughput cell biology². The MIRUMIR database draws Kaplan–Meier plots for the submitted miRNAs after an implemented statistical procedure to account for multiple testing; *P*-values are generated automatically.

STATISTICAL ANALYSIS

Statistical analysis was performed with One-way ANOVA Dunnett's multiple comparison test using GraphPad Prism version 4.00 (GraphPad Software, San Diego, CA, USA). According to One-way ANOVA Dunnett's multiple comparison test, all ascorbate treatment groups were compared vs. vehicle/control. All values of *P* > 0.05 were defined as statistically not significant. The miRNA chip array was analyzed as described previously in detail (32).

RESULTS

PHARMACOLOGICAL ASCORBATE INDUCES APOPTOSIS IN HUMAN METASTATIC BLM MELANOMA CELLS IN A TIME-DEPENDENT MANNER

As shown previously (5), pharmacological doses of ascorbate in the low millimolar-range induce cell death in human cancer cells. However, since in the latter publication we only performed endpoint analyses 24 h after incubation of the cells with ascorbate, for the current project we exposed BLM cells to pharmacological 8 mM ascorbate for 1 h, and the cells were ethanol-fixed every 2 h for 24 h to closely monitor cell-cycle alterations at 2 h intervals over 24 h. The cell cycle was analyzed with FACS after staining of the cells with propidium iodide. We observed that the G2/M fraction of cells initially steadily increased starting at 2 h after ascorbate exposure, while 12 h post-treatment a subsequent increase of the

²<http://www.bioprofiling.de/MIRUMIR>

sub-G1 fraction of DNA fragmented cells was evident (indicative for apoptotic cells). At 20 h post-treatment, the cell cycle was already completely shifted toward the sub-G1 fraction (Figure 2). At 12 h post-ascorbate exposure only a small percentage of the BLM cells were shifted toward the sub-G1 fraction of cells. Therefore, the 12 h time point after ascorbate exposure was chosen for the following experiments.

PHARMACOLOGICAL ASCORBATE MODERATELY INHIBITS HISTONE DEACETYLASES

Epigenetic modifications such as histone acetylation or DNA methylation play an important role in cancer development and progression (24). Whether ascorbate has epigenetic effects on cancer cells has not been investigated yet. However, since reactive oxygen species (ROS) induce hypermethylation of the E-cadherin promoter regions in hepatoma cells (33), we hypothesized that ascorbate, a pro-oxidative radical-inducing drug in pharmacological concentrations (2, 5), might bear similar epigenetic effects on

melanoma cells. To verify our hypothesis, we therefore analyzed two major epigenetic mechanisms, inhibition of DNMTs and HDACs.

First we analyzed, if ascorbate possessed an HDAC-inhibitory activity. To this end, an *in silico* docking analysis was performed. The *in silico* analysis revealed that ascorbate was able to penetrate into the binding pocket of class I and II HDACs and to interact with the zinc ion, two issues that are important for HDAC inhibitors (Figures 3A,B). Calculated GoldScores representing the binding affinity, supported these first data, leading us to the assumption that ascorbate, in a given setup, could be a similar strong binding partner to the binding pockets as the well-known HDAC-inhibitor TSA (Figure 3C) (22). Due to the positive results obtained by the docking experiments, we next performed a cell free HDAC-inhibitor assay. In this assay, nuclear extract of the well-characterized human HeLa cell line was used as HDAC enzyme source. The results showed that in contrast to the *in silico* docking data, *in vitro* only a marginal inhibitory activity of ascorbate on

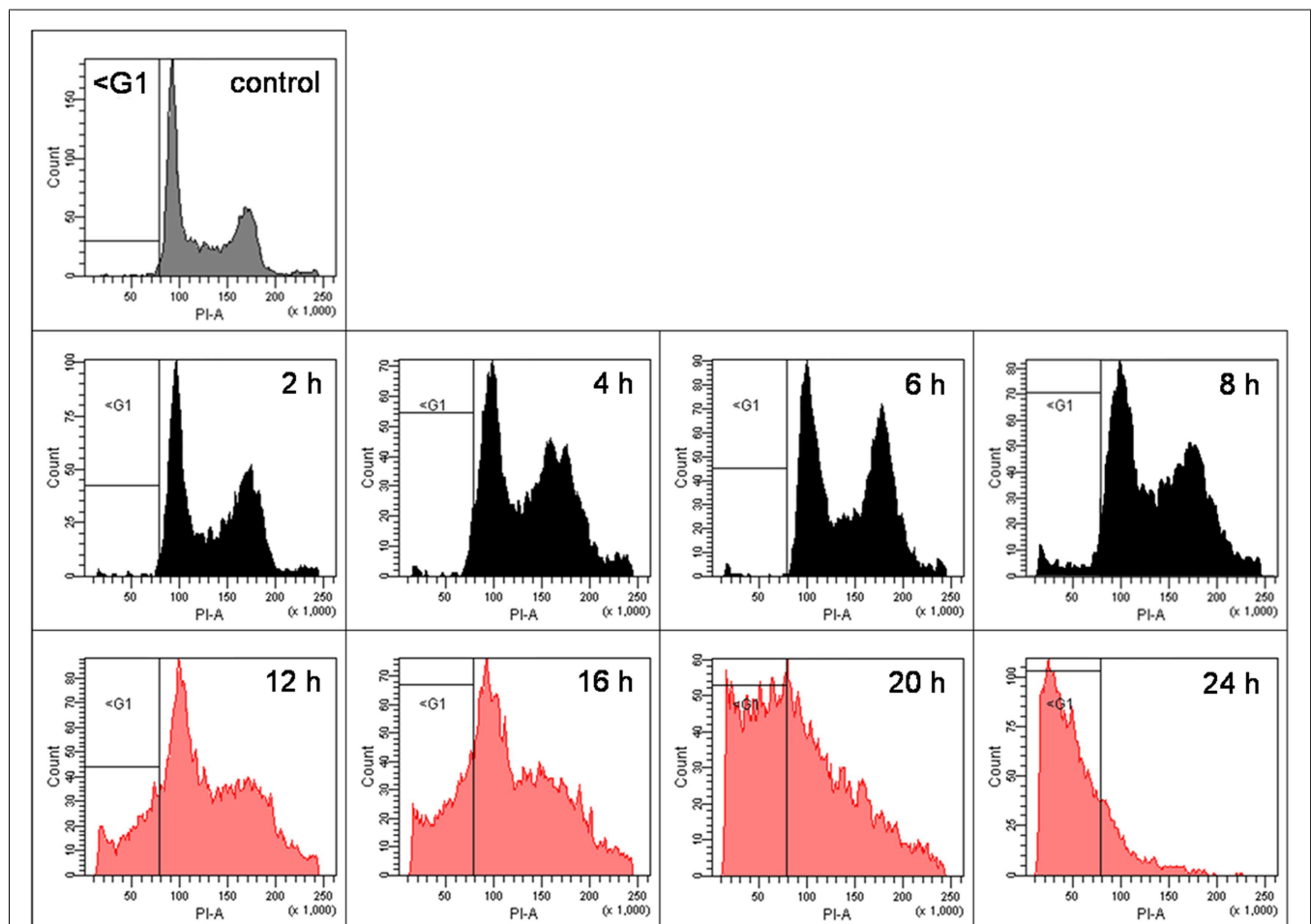


FIGURE 2 | Pharmacological ascorbate induces apoptosis in human metastatic BLM melanoma cells in a time-dependent manner. BLM cells were treated with 8 mM ascorbate for 1 h. Cells were ethanol-fixed every 2 h for 24 h, stained with propidium iodide, and cell cycle was analyzed with FACS. Depicted are the FACS plots for the untreated control cells and for 2, 4, 6, 8, 12, 16, 20, and 24 h after ascorbate exposure. The G2/M fraction of cells

steadily increased from 2 to 8 h, while 12 h post-treatment a prominent increase of the sub-G1 fraction of DNA fragmented cells started (indicative for apoptosis induction). At 20 h post-treatment, the cell cycle was already completely shifted toward the sub-G1 fraction. Gray colored graphs indicate the control cells; black colored graphs (2–8 h) the initial shift into G2/M phase; red colored graphs (12–24 h) the subsequent shift into sub-G1 fraction.

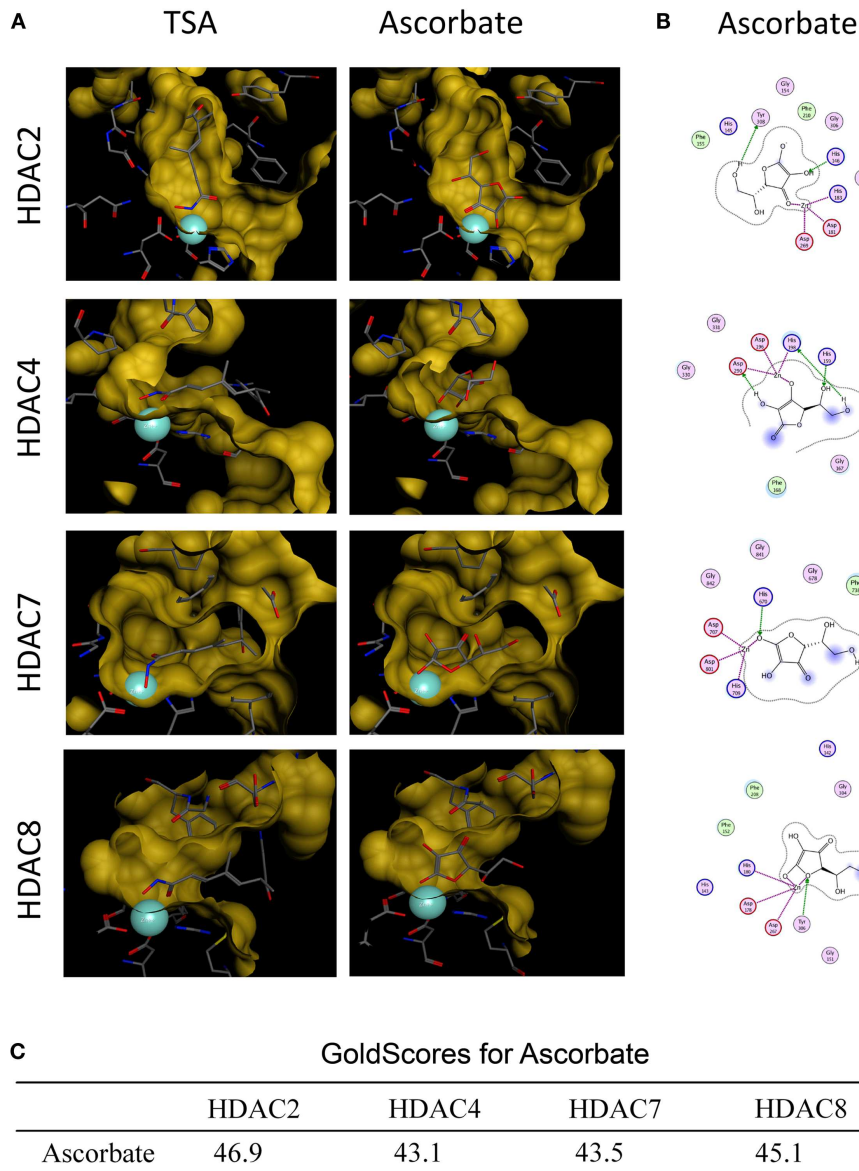


FIGURE 3 | In silico docking analysis of ascorbate and HDACs.

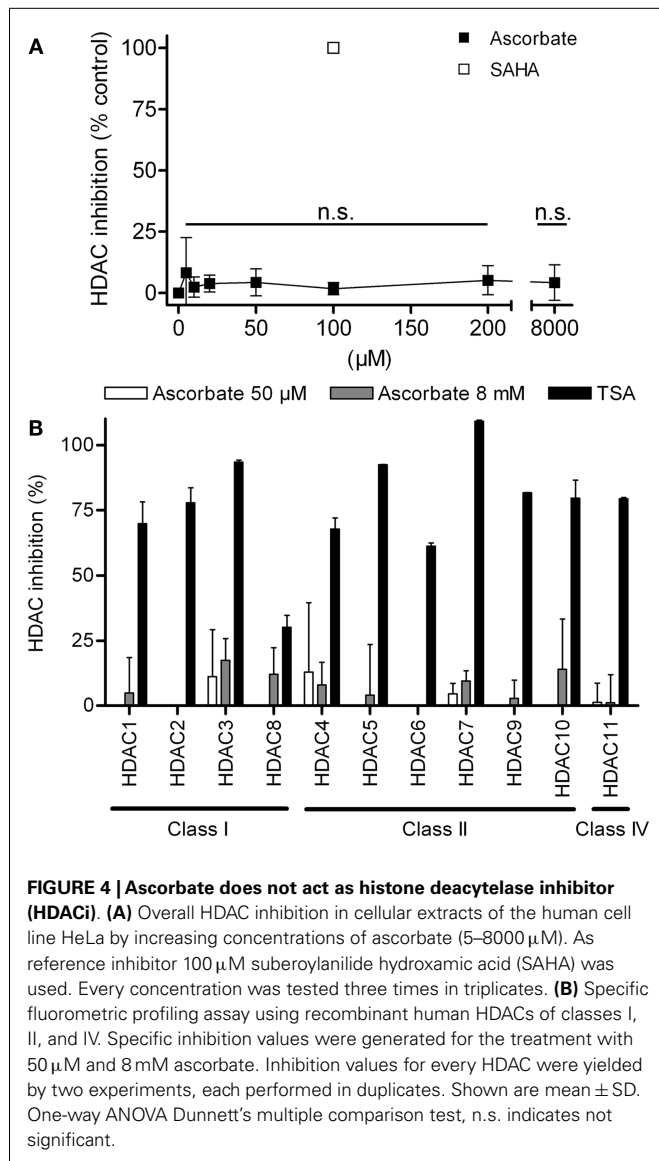
(A) *In silico* docking analyses of ascorbate and HDAC2, HDAC4, HDAC7, and HDAC8. Trichostatin A (TSA) served as positive control. The analysis demonstrates the fitting of ascorbate into each HDAC binding pocket and the ability to interact with the HDAC-derived zinc ion (turquoise sphere) of the catalytic center. (B) 2D depiction of ligand is shown along with interacting amino acids. Green circles represent greasy, purple circles polar, red circles acidic, and blue circles basic amino acids. HDAC

contacts are depicted by a blue half moon around the amino acids. Blue arrows represent backbone acceptors, green ones depict side chain acceptors and side chain donors. Green benzoyl rings with a “+” describe an arene-cation binding, two benzoyl rings an arene-arene binding. Areas with a blue background are exposed to the ligand. The purple dotted lines represent metal contact. (C) Docking analysis of ascorbate in the individual HDAC binding pockets were performed using GOLD software (version 4.1.2) and MOE.

HDACs could be detected (Figure 4A). The latter data could be verified by a profiling of all known HDAC enzymes of class I, II, and IV. As before, TSA was used as reference HDAC inhibitor in this experimental setting. In line with the HDAC-inhibitor assay above, neither the physiological 50 μ M nor the pharmacologic 8 mM ascorbate showed a significant inhibition of the 11 conserved human HDACs tested when compared to the potent inhibition mediated by TSA (Figure 4B).

PHARMACOLOGICAL ASCORBATE INHIBITS DNA METHYLTRANSFERASES

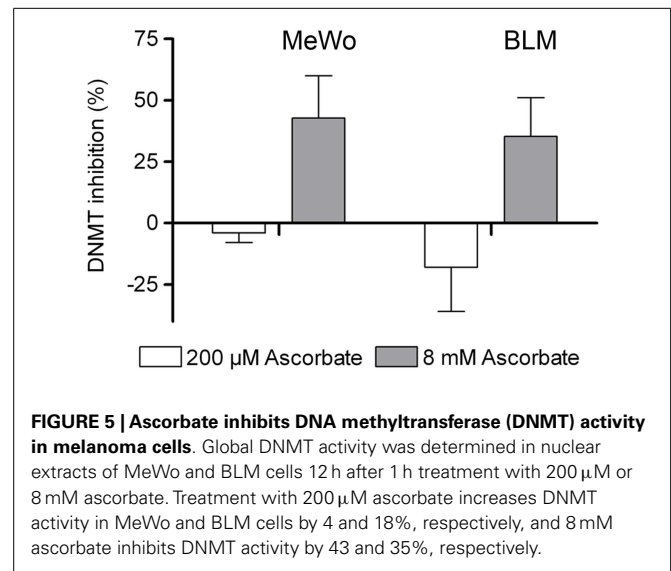
Due to the negative results of the HDAC inhibition assays, we next investigated if ascorbate had a DNMT inhibitory activity in the human metastatic MeWo and BLM melanoma cells. Twelve hours after treatment of the respective melanoma cells with either physiological 200 μ M or pharmacological 8 mM ascorbate for 1 h, a nuclear extract was prepared and the amount of methylated DNA



was measured. The experiments showed that the physiological concentration of ascorbate (200 μ M) increased the DNMT activity in a moderate fashion in both cell lines. Interestingly, the pharmacological concentration of 8 mM ascorbate clearly inhibited DNMTs in both cell lines by up to 40% (Figure 5).

PHARMACOLOGICAL ASCORBATE STRONGLY MODIFIES miRNA EXPRESSION

The novel classification of pharmacological ascorbate as DNMT inhibitor rose the question if the inhibition of DNMTs within the melanoma cells subsequently had an impact on the cellular miRNA expression profile. To answer this question, we performed miRNA expression chip analysis. The investigation revealed that the expression of 151 miRNAs was significantly altered when comparing ascorbate treatment for 1 h at 8 mM with treatment at 200 μ M (Figure 6). The IC_{50} of ascorbate is in the low millimolar range in melanoma cells (5). Since in this



study, we mainly investigated the role of epigenetic mechanisms accompanying ascorbate-induced cytotoxicity, we did not focus on miRNA expression changes induced by physiological ascorbate (200 μ M), which bears no cytotoxic effect on melanoma cells. Comparing the impact of the pharmacological dose of ascorbate (8 mM) with the impact of ascorbate at the maximum physiological plasma condition of 200 μ M, after 12 h a significant up-regulation of 32 miRNAs (4- to 38-fold) could be stated. Interestingly, 14 of these miRNAs (miR-596, miR-630, miR-422a, miR-490-5p, miR-375, miR-708, miR-345, miR-125b-2, miR-516a-3p, miR-135a, miR-1228, miR-1915, miR-134, and miR-663) have established roles in tumor suppression and drug resistance, while 5 miRNAs (miR-630, miR-375, miR-345, miR-1228, and miR-134) are known to inhibit epithelial–mesenchymal transition and invasion in cancer cells. Eleven of the up-regulated miRNAs (miR-887, miR-583, miR-662, miR-1973, miR-718, miR-1268, miR-2117, miR-614, miR-617, miR-1972, and miR-1181) have no reported functions in cancer cells yet. A detailed list of the 32 up-regulated miRNAs, their reported expression profile in cancer, functions and predicted RNA-targets are given in Table 1. To further analyze a possible clinical significance of the up-regulated miRNA upon ascorbate administration, we screened the free MIRUMIR online database (28), which tests any given miRNA as biomarker to predict survival in available clinical data sets that cover more than 800 cancer patients. We were able to find a strong correlation of high expression of miR-596, miR-630, miR-490, miR-375, and miR-708 with overall long-term survival in breast cancer or nasopharyngeal carcinoma patients when compared to low expression of the respective miRNA in the same cohorts of patients. The Kaplan–Meier plots as depicted in Figure 7 were automatically generated by MIUMIR upon submission of the respective miRNAs (miR-596, miR-630, miR-490, miR-375, and miR-708).

DISCUSSION

Cutaneous melanoma is an aggressive malignancy with increasing incidence. Up to now curative therapies for stage IV patients,

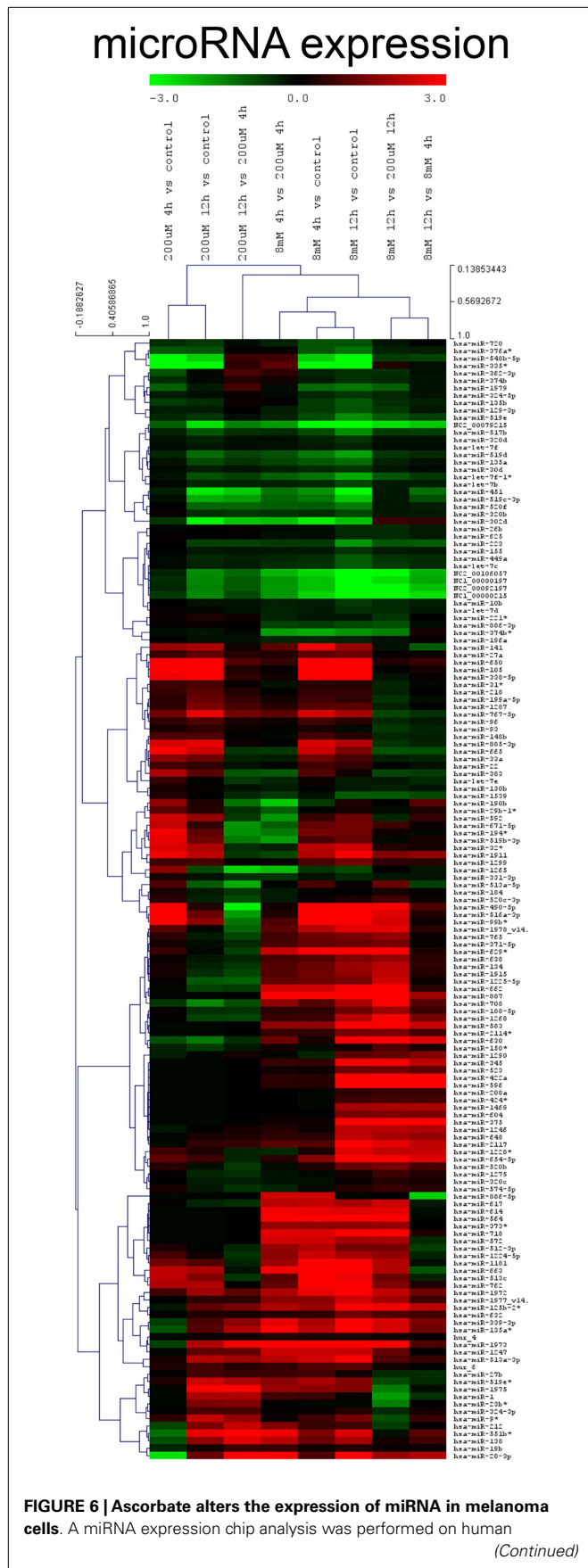


FIGURE 6 | Ascorbate alters the expression of miRNA in melanoma cells. A miRNA expression chip analysis was performed on human (Continued)

FIGURE 6 | Continued
 metastatic BLM melanoma cells (5 groups: untreated, 200 µM ascorbate, 8 mM ascorbate, both 4 and 12 h after ascorbate exposure; all in triplicates) using the human miRNA Microarray Release 14.0, 8x15K (Agilent Technologies) based on Sanger miRBase (release 14.0). A total of 151 miRNAs were differentially expressed in response to ascorbate. Incubation of BLM cells with 8 mM ascorbate for 1 h up-regulated 32 miRNAs (4- to 38-fold) involved in tumor suppression and drug resistance compared to physiological (200 µM) ascorbate after 12 h.

which have an overall survival of 9–14 months, are lacking (81–83). Therefore, in spite of the recently approved targeted drugs (BRAF- or MEK-inhibitors) or available immunotherapies (anti-CTLA-4- or anti-PD1-antibodies) novel therapeutic strategies are still urgently needed. Numerous alternative treatment approaches are therefore currently investigated in the context of cancer therapy. A highly controversial and also emotionally discussed approach, the application of ascorbate in pharmacological doses, was first proposed and described by Pauling and Cameron in the 1970s (84, 85). Although their original hypothesis concerning the mode of action was incorrect (encapsulation of tumors by collagen induction), in the mean time it became evident that the anticancer effects of ascorbate are principally mediated by induction of radicals (1, 4). Furthermore, the crucial need for i.v. administration instead of oral supplementation to assure a sufficient, cytotoxic drug concentration has widely been acknowledged (86). This partly explains why the clinical observations of Pauling and Cameron could not be reproduced in clinical trials conducted in the 1980s. We recently observed functional effects of ascorbate on survival of melanoma cells (5). In the latter paper, we showed the cytotoxic effect of ascorbate on all 60 cancer cell lines of the NCI60 panel of cancer cells, which includes 9 human melanoma cell lines. The IC₅₀ of ascorbate was 3.1 mM for all melanoma cell lines (0.2–8.5 mM); the overall IC₅₀ of all 60 cancer cell lines was 4.5 mM. 8 mM ascorbate generated a high amount of intracellular peroxide radicals in LOX-IMVI melanoma cells leading to an increased percentage of sub-G1 (apoptotic) cells determined by FACS. In the melanoma cell lines, ascorbate treatment at the individual IC₅₀ concentrations decreased GLUT-1 expression (pro-survival HIF-1α downstream target). In line, in the present paper, we observed a similar time-dependent prominent increase of BLM melanoma cells in the sub-G1 fraction, beginning at 12 h after incubation of the cells with 8 mM ascorbate.

Surprisingly, despite the abundance of scientific reports elucidating the mechanistic background of pharmacological ascorbate-induced cancer cell cytotoxicity, independent of the cellular mutation status, the successful transfer into the clinics has failed so far. The most likely explanations for this discrepancy are (i) the observation of induced ascorbate resistance by exogenous factors such as hypoxia present in metastatic tissue of cancer patients, which clinically has not been taken into consideration yet (5), and (ii) the existence of possible additional endogenous mechanistic features driven by ascorbate. Such additional effects might severely influence its cytotoxic efficacy for the treatment of cancer.

In the last few years, increasing evidence demonstrated that natural products and edibles harbor epigenetic activities, which might be beneficial for cancer therapy (24, 87). Epigenetic alterations that induce multiple changes in gene expression profiles are substantial

Table 1 | miRNA expression profile of BLM melanoma cells after ascorbate treatment.

miRNA	Up-regulation (2 × log ²)	Expression in cancer	Function	Predicted targets (mir SVR score ^a)	Reference
hsa-miR-596	5.26	Urothelial carcinoma	Candidate tumor suppressor gene region	ABCB5 (multidrug resistance exporter, over-expressed in melanoma)	(34)
		174 UC and 33 UC cells	Expression correlates with survival		(35)
		Ependymoma	Expression correlates with survival		(36)
		Hepatocellular carcinoma tissue	Tumor suppressor <i>in vivo</i>		(37)
hsa-miR-887	5.14	N/A		PDK1 (Akt pathway), FN1 (c-MET/HGF-pathway), MAP3K1 (apoptosis)	
hsa-miR-630	4.3	Non-small cell lung cancer A549 cells	Modulates mitochondrial/post-mitochondrial steps of the intrinsic pathway of apoptosis; blocks early manifestations of the DNA damage response	IGF2BP3 (proliferation), CDK1 (interacts with FOXO1a, tumor suppression), FANCI (DNA repair), EP300 (MITF-pathway), Wnt/b-catenin, SLUG	(38)
		Lung cancer	Suppresses SLUG <i>in vivo</i> and thus epithelial mesenchymal transition in an integrin α(1)β(1)/FAK/ERK/SP1 pathway-dependent manner		(39)
		Pancreas cancer cells	Induces apoptosis in pancreatic cancer cells by targeting IGF-1R		(40)
hsa-miR-422a	4.29	Osteosarcoma tissue and cells	Up-regulation predicts tumor sensitivity to ifosfamide	RBX1 (proteasomal degradation)	(41)
hsa-miR-583	3.97	N/A		KIT, RCC1 (oncogenes)	
hsa-miR-490-5p	3.91	Bladder cancer tissue	Down-regulated in bladder cancer	PI3K (mTOR/AKT pathway), NGR1 (invasiveness), IL7 (activates JAK/STAT5), PTPRD (tumor suppression)	(42)
hsa-miR-375	3.65	Pancreatic ductal adeno-carcinoma tissue and cells	Down-regulated in pancreas cancer		(43)
		Gastric cancer tissue and cells	Tumor suppressor regulating gastric cancer cell proliferation		(44, 45)
		Hepatocellular carcinoma tissue	Inhibits proliferation and invasion of HCC cells via suppression of endogenous YAP oncogene protein level		(46)
		Head and neck squamous cell carcinoma tissue and cells	Down-regulated in head and neck squamous cell cancer		(47)
		Esophagus squamous cell and adeno-carcinoma tissues	Down-regulation is associated with worse prognosis		(48)
		Cervical cancer cell lines	Tumor suppressor in cervical carcinogenesis		(49, 50)

(Continued)

Table 1 | Continued

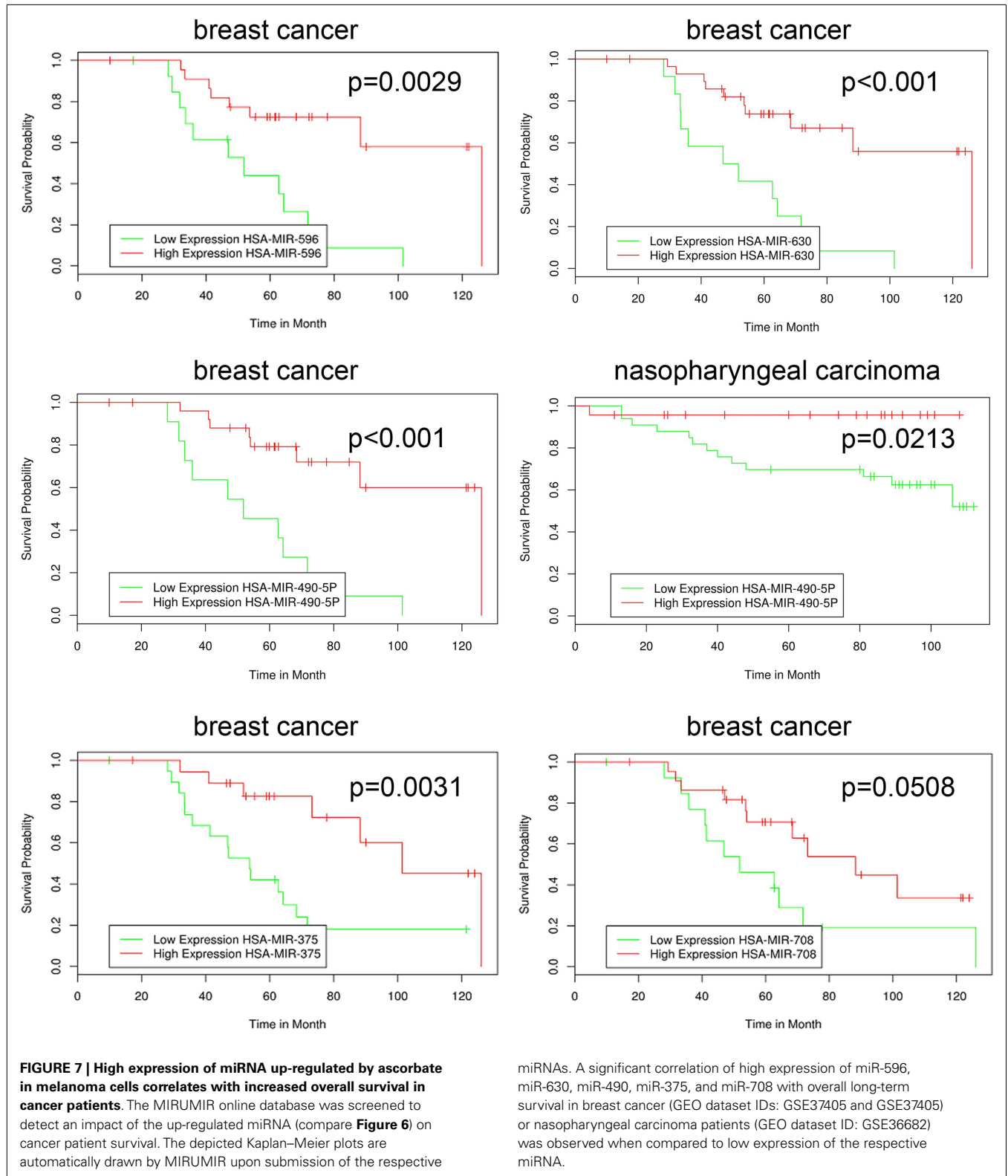
miRNA	Up-regulation (2 × log ²)	Expression in cancer	Function	Predicted targets (mir SVR score ^a)	Reference
hsa-miR-662	3.59	N/A			
hsa-miR-708	3.48	Colon carcinoma tissue and cells	Expressed in colon carcinoma, regulates oncogenetic (MAPK, PI3K) pathways	IKBKB (NFκB activation), SPARC (invasiveness, EMT induction), ANXA1 (migration)	(51)
		Renal cell carcinoma	Tumor suppressor in renal cell carcinoma <i>in vivo</i>		(52)
		Prostate cancer	Decreases tumorigenicity of CD44(+) prostate cancer-initiating cells <i>in vitro</i> and <i>in vivo</i>		(53)
		Glioblastoma	Tumor suppressor in human glioblastoma cells		(54)
hsa-miR-654-5p	3.39	Prostate cancer cells	Regulates expression of androgen receptor	AKT (proliferation), notch-1 (oncogene in melanoma)	(55)
hsa-miR-629	3.38	Breast, colon, liver, lung, lymphoma, ovary, prostate, testis cancer tissue	Up-regulated in various cancers	ZBTB16 (melanoma progression), PPARG (apoptosis induction)	(56, 57)
hsa-miR-564	3.28	Chronic myeloid leukemia cells	Down-regulated in chronic myeloid leukemia cells		(58)
hsa-miR-1973	3.08	N/A		SHC4 (RAS activation)	
hsa-miR-718	2.97	N/A			
hsa-miR-1268	2.84	N/A			
hsa-miR-345	2.82	Breast adeno-carcinoma MCF-7 cells	Targets the human multidrug resistance-associated protein 1		(59)
		Colon cancer cells	Suppresses colon cancer cell proliferation and invasiveness	BCL2-associated athanogene 3 (BAG3)	(60)
hsa-miR-125b-2	2.8	Large cell lung carcinoma Calu-6 cells	Putative tumor suppressor residing in the commonly deleted 21q21 region	TNF (proinflammatory cytokine)	(61)
hsa-miR-2117	2.65	N/A		SPP1 (invasiveness, EMT, over-expressed in melanoma)	
hsa-miR-614	2.61	N/A			
hsa-miR-516a-3p	2.56	Ovarian cancer cells	Decreases cell proliferation via decrease of kallikrein-related peptidases (KLKs)	ABCB5 (multidrug resistance exporter, over-expressed in melanoma)	(62)
hsa-miR-339-3p	2.47	B-cell precursor acute lymphoblastic leukemia cells	Over-expressed in pre-B-ALL patients		(63)

(Continued)

Table 1 | Continued

miRNA	Up-regulation (2 × log ²)	Expression in cancer	Function	Predicted targets (mir SVR score ^a)	Reference
hsa-miR-135a	2.45	Non-small lung carcinoma cells	Involved in paclitaxel resistance	MS4A1 (B-cell activation), MCL1	(64)
			Sensitizes A549 lung cancer cells for cisplatin-induced apoptosis		(65)
hsa-miR-99b	2.44	Primary melanoma tissues	Increased expression in melanomas of older patients		(66)
		Esophageal cancer	Up-regulated in esophageal cancer		(67)
hsa-miR-1225-5p	2.38	Prostate cancer cells	Androgen-regulated in prostate cancer cells		(68)
hsa-miR-617	2.33	N/A			
hsa-miR-1228	2.24	Malignant mesothelioma tissue	Up-regulated in malignant mesothelioma	CK2A2	(69)
		Gastric cancer	Suppressed gastric cancer formation <i>in vivo</i> , suppresses epithelial mesenchymal transition		(70)
hsa-miR-1915	2.22	Human embryonal stem cells	Inhibits notch-1 <i>in silico</i>	BCL2	(71)
		Colon carcinoma cells	Sensitizes HCT116 colon cancer cells to anticancer drugs		(72)
hsa-miR-1972	2.22	N/A			
hsa-miR-134	2.15	Small cell lung cancer NCI-H69 and NCI-H69AR cells	Reduces sensitivity to cisplatin, etoposide and doxorubicin by induction of G1 arrest	FOXM1, Nanog, KRAS	(73)
		Non-small cell lung cancer cells	Inhibits epithelial mesenchymal transition		(74)
		Glioblastoma	Down-regulated in glioblastoma		(75)
		Hepatocellular carcinoma	Suppresses HCC <i>in vivo</i> by down-regulation of KRAS		(76)
hsa-miR-1246	2.13	Malignant mammary epithelial cells	Released into blood, milk, and ductal fluids, possible biomarker		(77)
hsa-miR-1181	2.06	N/A			
hsa-miR-663	2.05	Colon cancer SW480 cells	Resveratrol-induced tumor suppressor targeting TGFb1 transcripts		(78)
		Gastric cancer BGC823 and SNU5 cells	Tumor suppressor in gastric cancer cells		(79)
		Melanoma tissue samples	Up-regulated in melanoma		(80)

^a<http://www.microrna.org/microrna/home.do>List of differentially expressed miRNAs 12 h after exposure of BLM cells to 8 mM ascorbate for 1 vs. 12 h after exposure to 200 μM ascorbate for 1 h, up-regulation > 2 × log².



features of cancer (88–90). Several epigenetic mechanisms have been described so far and the investigation of this complex molecular machinery is ongoing. Two principal mechanisms that cause

a silencing of control genes and mediate tumor formation as well as tumor progression are the modulation of HDACs and the regulation of DNMTs. Therefore, in the present study, we investigated

possible epigenetic impacts of ascorbate on melanoma cells to gain a more profound understanding of this alternative therapeutic approach widely used in complimentary medicine (91).

In particular, our *in silico* findings showed that ascorbate fits into the catalytic pocket of human HDACs and interacts with the zinc ion as well as other residues of the active site making it an interesting candidate that could act as a histone deacetylase inhibitor (HDACi). The obtained GoldScore values even assigned ascorbate to be a similar potent inhibitor as the well-known HDACi TSA. To verify these results, different HDAC inhibition assays were performed. However, neither the inhibition experiments with nuclear extracts nor the extensive profiling study could prove that ascorbate substantially inhibits classical human HDACs *in vitro*. Our second attempt was to test, if ascorbate can inhibit DNMTs within melanoma cells. Indeed, we could show that physiological levels of ascorbate in the micromolar range have no or a slightly activating activity on DNMTs, whereas pharmacological levels of ascorbate in the millimolar-range (achievable in patients via i.v.-administration) inhibit cellular DNMTs in melanoma cell lines. Based on these results, we conclude that ascorbate bears a novel DNMT inhibitory activity in high concentrations, but no HDAC-inhibitory potential.

Due to the newfound epigenetic activity of pharmacological ascorbate on DNMTs we next analyzed its impact on expression of miRNAs. The results of the chip analysis highlighted that upon stimulation of melanoma cells with either physiological or pharmacological ascorbate, a total of 151 miRNAs were differentially regulated in comparison to the untreated cells. Most interestingly, by comparing the melanoma cells incubated with the maximum physiological dose of 200 μ M to cells pre-conditioned with pharmacological 8 mM to specifically analyze the impact of cytotoxicity-inducing drug concentrations, it became obvious that the majority of the up-regulated miRNAs are known to be involved in tumor suppression, cancer cell drug resistance, or inhibition of migration and invasion through inhibition of epithelial mesenchymal transition. The last-mentioned is a typical morphogenetic feature in the developing embryo untimely reappearing in cancer cells in general and in melanoma cells, in particular, due to their neural crest origin (92–94). Since the miRNAs found to be up-regulated upon ascorbate stimulation in the chip analysis were not validated by additional real-time PCR analyses, definite conclusions or a clear clinical significance cannot be drawn of the rather preliminary results yet. However, the up-regulated expression of miRNA due to ascorbate in melanoma cells correlated with an increased overall survival of breast cancer or nasopharyngeal carcinoma patients of the MIRUMIR database (28) with high expression of the respective miRNAs, therefore, suggesting a possible beneficial clinical relevance of the specific miRNA up-regulation by ascorbate. At this point, our results therefore allow us to generate the hypothesis that pharmacological ascorbate might modify the miRNA signature of melanoma cells, which subsequently might be beneficial for overall survival of melanoma patients in analogy to the endogenous miRNA expression profiles of breast cancer and nasopharyngeal carcinoma patients with either short- or long-term survival.

Considering the observed preliminary up-regulation of specific miRNAs by ascorbate (possibly via its novel DNMT inhibitory

activity) governing a broad spectrum of tumor-suppressive effects including apoptosis induction, antiproliferative activity, and decrease of cancer cell invasion, this novel epigenetic signature of ascorbate might open the door for the exploration of ascorbate in combination with other classical or even epigenetically active molecules for cancer therapy (90) and therefore warrants further pre-clinical and clinical investigation.

AUTHOR CONTRIBUTIONS

Tobias W. Sinnberg, Alexander Berger, and Seema Noor: acquisition, analysis, and interpretation of data for the work; revising of the work critically for important intellectual content; final approval of the version to be published; agreement to be accountable for all aspects of the work. Mitchell Paul Levesque, Alexander Böcker, Heike Niessner, Ulrich M. Lauer, Michael Bitzer, and Claus Garbe: acquisition and analysis of data; revising of the work critically for important intellectual content; final approval of the version to be published; agreement to be accountable for all aspects of the work. Sascha Venturelli and Christian Busch: design of the work; analysis and interpretation of data; drafting of the manuscript; final approval of the version to be published; agreement to be accountable for all aspects of the work.

ACKNOWLEDGMENTS

We thank Eve Holtorf for technical assistance. This work was supported by grants from the DFG SFB 773: “understanding and overcoming drug resistance of solid tumors” to Claus Garbe, Ulrich M. Lauer, Michael Bitzer, and Christian Busch. Sascha Venturelli was supported in part by the DFG (VE671/2-1) and Innovation Grant of the University Tuebingen. Tobias W. Sinnberg and Alexander Berger were supported by the fortune program of the University Clinic Tuebingen (2198-0-0 and 1966-0-0). Christian Busch and Sascha Venturelli received a research grant from the Wissenschaftsfoerderung der Deutschen Brauwirtschaft e.V. (B103). We further acknowledge support by DFG and Open Access Publishing Fund of Tuebingen University. The sponsors had no involvement in the study design, in the collection, analysis, and interpretation of data, in the writing of the manuscript, and in the decision to submit the manuscript for publication.

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Conflict of Interest Statement: The authors declare that the research was conducted in the absence of any commercial or financial relationships that could be construed as a potential conflict of interest.

Received: 06 June 2014; accepted: 06 August 2014; published online: 25 August 2014.
Citation: Venturelli S, Sinnberg TW, Berger A, Noor S, Levesque MP, Böcker A, Niessner H, Lauer UM, Bitzer M, Garbe C and Busch C (2014) Epigenetic impacts of ascorbate on human metastatic melanoma cells. *Front. Oncol.* **4**:227. doi: 10.3389/fonc.2014.00227

This article was submitted to *Cancer Molecular Targets and Therapeutics*, a section of the journal *Frontiers in Oncology*.

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