



Antioxidant Peptides From Protein Hydrolysate of Marine Red Algae *Eucheuma cottonii*: Preparation, Identification, and Cytoprotective Mechanisms on H₂O₂ Oxidative Damaged HUVECs

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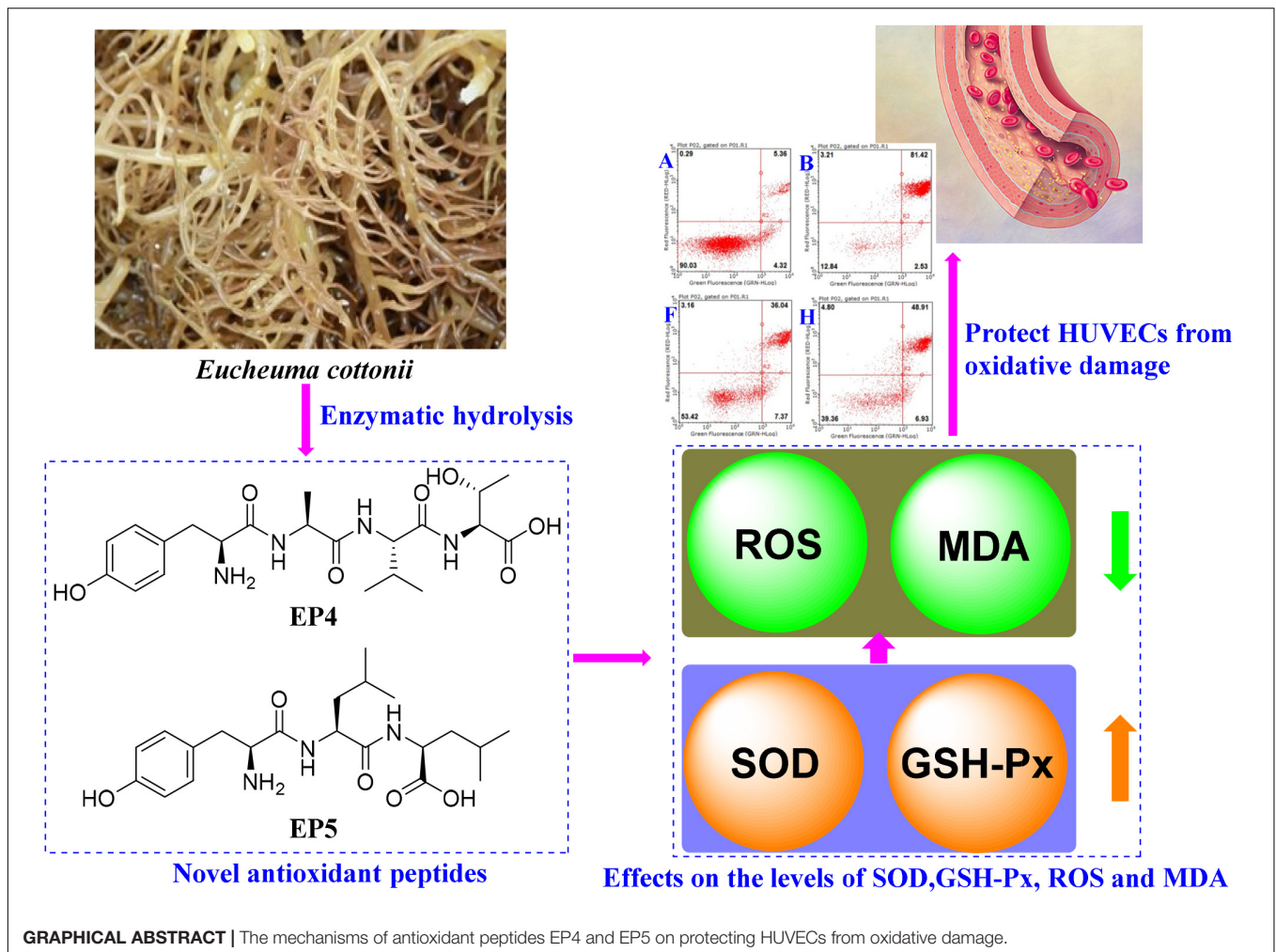
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To screen, prepare, identify, and evaluate the activities of natural antioxidants for treating chronic diseases caused by oxidative stress. Two algal proteins, namely ZD10 and ZD60, precipitated with 10 and 60% (NH₄)₂SO₄ were extracted from red algae *Eucheuma cottonii* (*E. cottonii*) and hydrolyzed using five proteolytic enzymes. The results showed that ZD60 played the most significant role in the enhancement of 2,2-diphenyl-1-picrylhydrazyl radical (DPPH·) scavenging activity (25.91 ± 0.24%) among all protein hydrolysates. Subsequently, six antioxidant peptides (EP1-EP6) were isolated from the papain hydrolysate of ZD60 by ultrafiltration and chromatography methods. Their amino acid sequences were identified as Thr-Ala (EP1), Met-Asn (EP2), Tyr-Ser-Lys-Thr (EP3), Tyr-Ala-Val-Thr (EP4), Tyr-Leu-Leu (EP5), and Phe-Tyr-Lys-Ala (EP6) with molecular weights of 190.21, 263.33, 497.55, 452.51, 407.51, and 527.62 Da, respectively. Of which, EP3, EP4, EP5, and EP6 showed strong scavenging activities on DPPH·, hydroxyl radical (HO·), and superoxide anion radical (O⁻ 2·). Moreover, EP4 and EP5 could significantly protect human umbilical vein endothelial cells (HUVECs) from H₂O₂-induced oxidative damage by increasing the levels of antioxidant enzyme systems including superoxide dismutase (SOD) and glutathione peroxidase (GSH-Px) to reduce the levels of reactive oxygen species (ROS) (60.51 and 51.74% of model group) and malondialdehyde (MDA) (75.36 and 64.45% of model group). In addition, EP4 and EP5 could effectively inhibit H₂O₂-induced apoptosis by preventing HUVECs from early apoptosis to late apoptosis. These results indicated that the antioxidant peptides derived from *E. cottonii*, especially EP4 and EP5, could serve as the natural antioxidants applied in pharmaceutical products to treat chronic cardiovascular diseases caused by oxidative damage, such as coronary heart disease, atherosclerosis, etc.

Keywords: *Eucheuma cottonii*, antioxidant peptide, cytoprotection, antioxidant enzyme, cell apoptosis



INTRODUCTION

Reactive oxygen species are the natural byproducts of oxygen metabolism in cells and are efficiently scavenged by antioxidant defense systems including antioxidant enzymes and antioxidants under normal conditions *in vivo* (Du et al., 2016; Hou et al., 2019; Wong et al., 2020). However, the physiological equilibrium between ROS generation and elimination will be broken when the organism is under pathological conditions (including excessive pressure, smoking, ultraviolet radiation, environmental pollution, etc.) for a long time. Excessive ROS can destroy functional molecules, which further trigger many chronic diseases in the body (Harnedy et al., 2017; Rahman et al., 2018; Chen et al., 2020). Antioxidants can transform ROS into more stable forms or molecular structures to prevent the propagation of the ROS-mediated peroxidizing chain reaction by serving as a proton donor, hydrogen donor, and/or lipid peroxyl radical trap (Zhao et al., 2018; Yang et al., 2019). Furthermore, antioxidants can regulate *in vivo* antioxidant enzyme systems including GSH-Px, catalase (CAT), and SOD to reduce the damage of oxidative stress (Rahman et al., 2018; Zhang et al., 2019a; Cho and Lee, 2020). Till now, synthetic antioxidants, such

as butylated hydroxyanisole (BHA), butylated hydroxytoluene (BHT), ethoxyquin, and n-propyl gallate, have been widely used in the treatment of oxidative damage in biological systems. Unfortunately, the long-term use and high doses of synthetic antioxidants in food are strictly limited due to their potential risks related to health (Botterweck et al., 2000; Peng et al., 2009). Therefore, there is an increasing interest in screening original antioxidants with low toxicity from natural sources for treating those chronic diseases (Migliore and Coppede, 2008; Reuter et al., 2010; Liu et al., 2018).

At present, some peptides with excellent antioxidant activities have been isolated from protein hydrolysates of different marine sources, such as stone fish (*Actinopyga lecanora*) flesh (Bordbar et al., 2018), skate (*Raja porosa*) cartilage (Pan et al., 2016), croceine croaker (*Pseudosciaena crocea*) muscle (Chi et al., 2015a), monkfish (*Lophius litulon*) muscle (Hu et al., 2020), mackerel (*Scomber japonicus*) muscle (Bashir et al., 2020), bluefin leatherjacket (*Navodon septentrionalis*) head (Chi et al., 2015b), cooked eggs (Wang et al., 2018), ark shell (*Scapharca subcrenata*) (Jin et al., 2018), pearl oyster (*Pinctada fucata*) muscle (Wu et al., 2017), and tuna scales (Qiu et al., 2019). Marine algae are the important protein

resources, and the protein contents in brown and red algae are 5–15% and 10–47% on a dry weight basis, respectively (Ibanez and Cifuentes, 2013). Moreover, protein hydrolysates and peptides derived from marine algae showed various biological activities, such as antiatherosclerotic, antihypertensive, anticancer, and immunomodulatory activities (Fan et al., 2014). Enzymatic hydrolysates from a benthic diatom (*Navicula incerta*) exhibited significant radical scavenging effects on 2,2-diphenyl-1-picrylhydrazyl radical (DPPH·), HO·, and O-2· (Kang et al., 2011). Sheih et al. (2009) reported that eleven peptides (VECYGPNRPQF) from pepsin hydrolysate of *Chlorella vulgaris* waste showed potent antioxidant activities against different oxidation systems. Dodeca peptide (LGLDVWEHAYYL) from the catalytic center of the C-terminal SOD domain of *Arthrospira platensis* showed remarkable radical scavenging activity and could significantly reduce the intracellular ROS level in H₂O₂-exposed leucocytes. Moreover, LGLDVWEHAYYL did not exhibit any cytotoxic activity against the leucocytes (Sannasimuthu et al., 2018). In summary, antioxidant peptides from marine alga have shown significant bioactivities and could be applied in functional foods, even developed as biopharmaceutical antioxidant drugs with low toxicity.

Euचेuma cottonii is an edible tropical red macroalga and is widely cultivated throughout Southeast Asia, India, Brazil, China, and Mexico (Abu Bakar et al., 2015). The previous studies reported that the contents of proteins, dietary fibers, and carbohydrates of *E. cottonii* were $9.76 \pm 1.33\%$, $26.49 \pm 3.01\%$, and $25.05 \pm 0.99\%$ on a dry weight basis, respectively (Matanjun et al., 2008). κ -Carrageenan with high yield and purity from *E. cottonii* has been acted as the plasticizer together with sorbitol to produce biodegradable packaging films with good physical properties (Ili Balqis et al., 2017). The alcohol extract of *E. cottonii* could reduce oxidative stress and signaling for mucin synthesis, which was caused by chronic coal dust exposure (Kania et al., 2013). In addition, methanol extract of *E. cottonii* could dose-dependently inhibit tumor development via apoptosis induction and restrain erythrocyte lipid peroxidation by improving antioxidative status in the cancer-induced rats (Namvar et al., 2012). However, as far as we know, there is scarce research on the antioxidant peptides of *E. cottonii*. Therefore, the objectives of the study were to (i) isolate and identify antioxidant peptides from protein hydrolysate of *E. cottonii* and (ii) evaluate the radical scavenging activities and cytoprotective effects of the isolated peptides on H₂O₂-induced human umbilical vein endothelial cells (HUVECs).

MATERIALS AND METHODS

Materials

E. cottonii was purchased from Taiwan Baijiazhenming Biotechnology Co., Ltd. (Taizhong, China). HUVECs were bought from the Chinese Academy of Sciences (Shanghai, China). Pepsin, alcalase, and flavourzyme were purchased from Shanghai Jingchun Biochemical Technology Co., Ltd. (Shanghai, China). Trypsin and papain were bought from Gibco Life Technologies (Waltham, MA, United States). Methyl

thiazolyldiphenyl-tetrazolium bromide (MTT), acetylcysteine (NAC), and DPPH were purchased from Sigma Corporation of America (Ronkonkoma, NY, United States). Sephadex G-25 was purchased from Yuanju Biological Engineering Co., Ltd. (Shanghai, China). SOD, GSH-Px, and MDA assay kits were bought from Nanjing Built Biological Co., Ltd. (Nanjing, China). All other chemicals and reagents were of analytical grade and bought from Sinopharm Chemical Reagent Co., Ltd. (Shanghai, China).

Extraction of *E. cottonii* Proteins

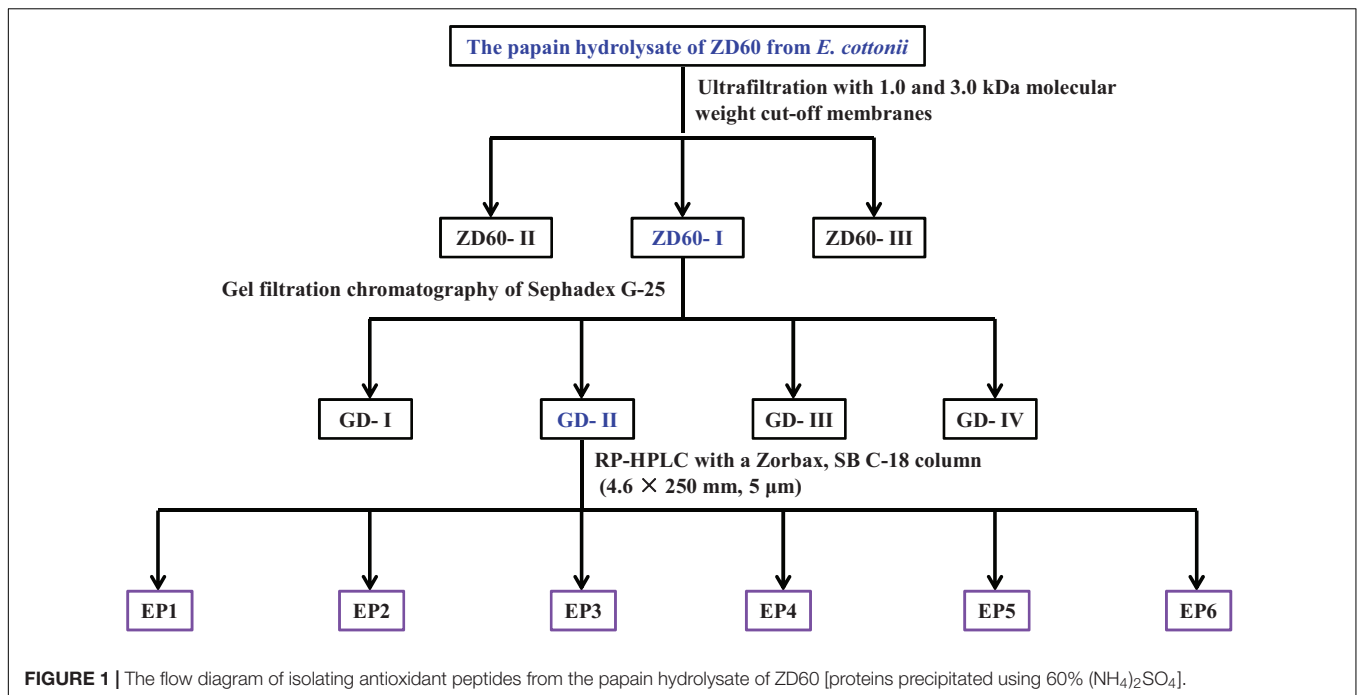
The powder of *E. cottonii* was soaked in deionized water with a ratio of 1: 40 (g/ml) stirred for 12 h at 26°C and subsequently ultrasonically extracted for 30 min at a frequency of 53 kHz and a power of 100 W using an ultrasonic device of KQ100TDE (Shanghai Precision Instruments Co., Ltd., Shanghai, China). The extracted solution was centrifuged at 7,000 g for 15 min, and the supernatant was added into (NH₄)₂SO₄ solution to achieve 10% saturation. After 20 min, the solution was centrifuged at 7,000 g for 15 min at 4°C, and the resulted precipitate (referred to ZD10) was collected. The supernatant was added into (NH₄)₂SO₄ solution to achieve 60% saturation and stirred for 20 min. The solution was kept at 4°C for 24 h and freezing centrifuged at 7,000 g for 10 min. The resulted precipitate (referred to as ZD60) was collected. The precipitates of ZD10 and ZD60 were separately dissolved in an appropriate amount of deionized water, dialyzed, lyophilized, and reserved at -20°C for further experiment. Protein concentration was determined by the Bradford method (Bradford, 1976).

Preparation of Antioxidant Peptides From Protein Hydrolysate of *E. cottonii*

Screening of proteinase species: ZD10 and ZD60 were dissolved (5% w/v) in 0.05 M phosphate-buffered solution (PBS, 0.5 M, pH 7), respectively, and hydrolyzed separately using pepsin (37°C, pH 2), papain (55°C, pH 7), alcalase (50°C, pH 8.5), neutrase (40°C, pH 7.5), and trypsin (40°C, pH 8) with enzyme dose of 1%. After enzymatic hydrolysis of ZD10 and ZD60 for 4 h, the resulted protein hydrolysates were put in boiling water for 15 min and centrifuged at 4,000 g for 10 min, and the supernatants were collected to determine their DPPH· scavenging activities (Wang et al., 2013). The papain hydrolysate of ZD60 showed the highest radical scavenging activity, and the flow diagram of antioxidant peptide separation from the hydrolysate is presented in **Figure 1**.

Ultrafiltration: The papain hydrolysate of ZD60 was fractionated by 1 and 3 kDa molecular weight (MW) cutoff membranes. A number of three fractions termed ZD60-I (MW < 1 kDa), ZD60-II (1–3 kDa), and ZD60-III (> 3 kDa) were prepared and their DPPH· scavenging activities were subsequently measured. Then, ZD60-I with the highest radical scavenging activity was taken for the subsequent experiments.

Gel filtration chromatography: A total of 4 ml of ZD60-I solution (60 mg/ml) was injected into the Sephadex G-25 chromatographic column (2 cm × 120 cm) and eluted using ultrapure water with a flow rate of 0.6 ml/min. The eluent was collected every 2 min and monitored at 280 nm. A number



of four subfractions, namely GD-I, GD-II, GD-III, and GD-IV, were collected according to the chromatographic curve at 280 nm. Among them, GD-II showed the highest radical scavenging activity.

Reverse-phase high-performance liquid chromatography (RP-HPLC): The subfraction of GD-II was further separated by Agilent 1200 HPLC System (Agilent Ltd., Santa Clara, CA, United States) on a Zorbax, SB C-18 column (4.6 mm × 25 mm, 5 μm) using a linear gradient of acetonitrile (0–50% in 0–30 min) in 0.05% trifluoroacetic acid at a flow rate of 0.8 ml/min. The elution solution was detected at 214 and 280 nm, and six peptides (EP1–EP6) were collected on their chromatographic peaks and lyophilized.

The identification of amino acid sequences and molecular masses of EP1–EP6: Amino acid sequences and molecular masses of EP1–EP6 were determined according to the previous method described by Chi et al. (2014). In brief, EP1–EP6 were measured through N-terminal amino acid sequencing on an Applied Biosystems 494 protein sequencer (Perkin Elmer/Applied Biosystems Inc., Foster City, CA, United States). The accurate molecular masses of EP1–EP6 were determined using a Q-TOF mass spectrometer (Micromass, Waters, Milford, MA, United States) with an electrospray ionization (ESI) source.

Evaluation of Radical Scavenging Activities

The radical scavenging assays including DPPH·, HO·, and O₂^{·-} were carried out according to the previous methods (Supplementary Material 1; Luo et al., 2013; Zhao et al., 2018). The half elimination ratio (EC₅₀) was identified as the concentration where a peptide reduced half of the initial radical concentration.

Cytoprotection of the Isolated Antioxidant Peptides on H₂O₂-Induced Oxidative Damaged Model of HUVECs Cell Culture and Viability Assay

The cell culture and viability were carried out according to the previous methods (Cai et al., 2019). In brief, HUVECs were cultured in Dulbecco's modified eagle medium containing 10% fetal bovine serum (FBS) and 1% penicillin–streptomycin at 5% CO₂ atmosphere and 37°C for 24 h. Subsequently, HUVECs were further cultured in 200 μm sample solution for 12 h and washed two times with PBS (0.5 M, pH 7). After that, MTT with a final concentration of 0.5 mg/ml was added and incubated for 4 h. Then, the formazan crystals formed by active HUVECs were dissolved in 150 μl of dimethyl sulfoxide. The optical density (OD) value at 570 nm was measured, and the cell viability was calculated based on the following equation:

$$\text{Cellviability} = (\text{OD}_{\text{sample}}/\text{OD}_{\text{control}}) \times 100\%.$$

Establishment of H₂O₂-Induced Oxidative Damaged Model of HUVECs

Human umbilical vein endothelial cells were seeded on a 96-well plate at a density of 5×10^4 cells per well and cultured for 24 h. After that, 20 μl of H₂O₂ (final concentrations were 0, 100, 200, 300, 400, 500, 600, 700, 800, and 900 μm, respectively) was added and cultured for 2, 6, 12, 24, and 48 h, respectively. After that, the cells were incubated with 20 μl of MTT for 4 h, and the OD values at 570 nm were measured. According to the previous literature, the concentration of H₂O₂ induced approximately 50% cell viability was chosen as the condition of oxidative damaged cells (Han et al., 2017).

Determination of the Levels of ROS

The ROS levels in different HUVECs groups were measured according to the previous method (Cai et al., 2019). In brief, HUVECs were preincubated with peptide samples at the concentration of 200 μM for 12 h and then incubated with 300 μM H_2O_2 for 2 h. After that, the HUVECs were washed with PBS (0.5 M, pH 7) and incubated with 10 μM 2',7'-dichlorodihydro fluorescein (DCF) diacetate in a fresh culture medium for 0.5 h. ROS levels were indicated by DCF fluorescence and quantified using excitation and emission filters of 485 ± 25 nm and 525 ± 25 nm, respectively, on a BD FACSCalibur flow cytometer (BD Biosciences, San Diego, CA, United States). The results were expressed as% of the control value.

Effects of EP3-EP6 on SOD, GSH-Px, and MDA in H_2O_2 -Induced Oxidative Damaged Model of HUVECs

Human umbilical vein endothelial cells were cultured in 6-well plates (1×10^6 cells/well). EP3-EP6 with the final concentration of 200 μM were added into the protection groups, respectively, and the model and protection groups were exposed to H_2O_2 . Finally, the cell lysis buffer (500 μl) was added to each well on ice. The mixed samples were lysed for 0.5 h and centrifuged for 10 min with 12,000 g at 4°C. The resulting liquid supernatants were refrigerated at 4°C. The indicators including SOD, GSH-Px, and MDA were measured within 6 h using assay kits according to the manufacturer's protocols, and the bicinchoninic acid (BCA) method was applied to determine the protein concentrations for normalizing their levels.

Determination of Apoptosis by Annexin-V-PI Staining

The apoptosis assay was performed according to the previous method (Han et al., 2017). About 1.6 ml of HUVECs was inserted into a 6-well plate and cultured for 24 h, and then, 200 μl of the isolated antioxidant peptides with final concentrations of 100 and 200 μM was added into the experimental groups, respectively; the model and blank groups were added with 200 μl of serum-free culture medium (SFM). After being cultured for 3 h, 200 μl of SFM containing H_2O_2 with the final concentration of 300 μM was added into the sample and model groups, while 200 μl of SFM fluid without H_2O_2 for the blank group. After culturing for 6 h, HUVECs with a density of $1 \times 10^6/\text{ml}$ were resuspended in 300 μl PBS (0.5 M, pH 7). Then, 100 μl of the cell suspension, 5 μl of annexin V-fluorescein isothiocyanate (AV-FITC), and 5 μl of propidium iodide (PI) (0.05 mg/ml) were added into a 1.5-ml centrifuge tube and reacted for 15 min at 25°C. After that, 400 μl of PBS (0.5 M, pH 7) was added, mixed, and placed in a flow cytometer for detection.

Statistical Analysis

All data were expressed as the mean \pm standard deviation (SD, $n = 3$). The acquired data were analyzed by the one-way ANOVA test using the software of SPSS 19 (SPSS Corporation, Chicago, IL, United States). The differences among the parameter means were analyzed using Duncan's multiple range test, and the level of significance was set as $p < 0.05$, $p < 0.01$, and $p < 0.001$.

RESULTS AND DISCUSSION

Preparation of Antioxidant Peptides of *E. cottonii*

Screening of Proteinase Species

Using single factor experiment, the extraction conditions of crude proteins of *E. cottonii* were optimized and presented in **Supplementary Material 2**. The data indicated that the yield of crude proteins of *E. cottonii* was $10.77 \pm 0.42\%$, which was higher than the protein content ($9.76 \pm 1.33\%$) as reported by Matanjun et al. (2008). The crude proteins of *E. cottonii* were divided into two fractions of ZD10 and ZD60 using 10 and 60% $(\text{NH}_4)_2\text{SO}_4$, respectively. The yield of ZD60 was 52.77 ± 1.42 g/100 g crude proteins, which was significantly higher than that of ZD10 (13.40 ± 0.89 g/100 g).

2,2-diphenyl-1-picrylhydrazyl radical $\text{H}\cdot$ scavenging activity was used as an evaluation indicator to compare the effects of proteinase species on the antioxidant activity of the enzymatic hydrolysates. **Figure 2** revealed that the antioxidant effects of the protein hydrolysates of *E. cottonii* were significantly influenced by the type of protease species at the concentration of 10 mg/ml. DPPH \cdot scavenging rates of hydrolysates from ZD60 were all better than those from ZD10 using the same protease. In addition, the enzymatic hydrolysate of ZD60 prepared by papain showed the highest DPPH \cdot scavenging rate ($25.91 \pm 0.24\%$). Taking into account the protein yield and the radical scavenging activity, the enzymatic hydrolysate prepared using papain with a yield of 36.31 ± 2.53 g/100 g ZD60 was selected for subsequent experiments. At present, bioactive peptides are often prepared from animal or plant proteins using solvent extraction, chemical treatment, enzymatic hydrolysis, and microbial fermentation (Alasalvar et al., 2010), and enzymatic hydrolysis is considered to be the higher priority method in food and industrial production due to its rapidity and convenience, no organic solvent residues,

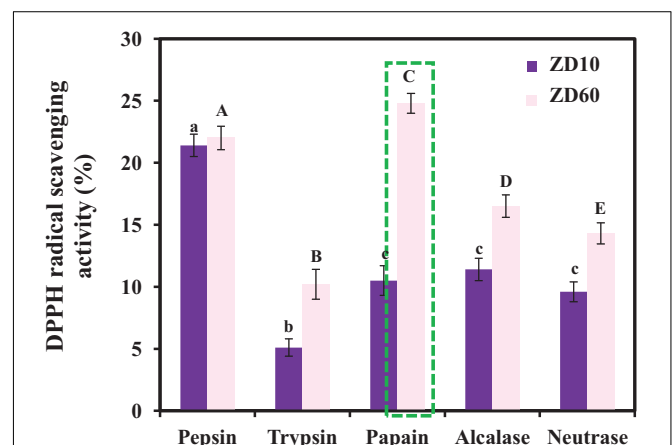
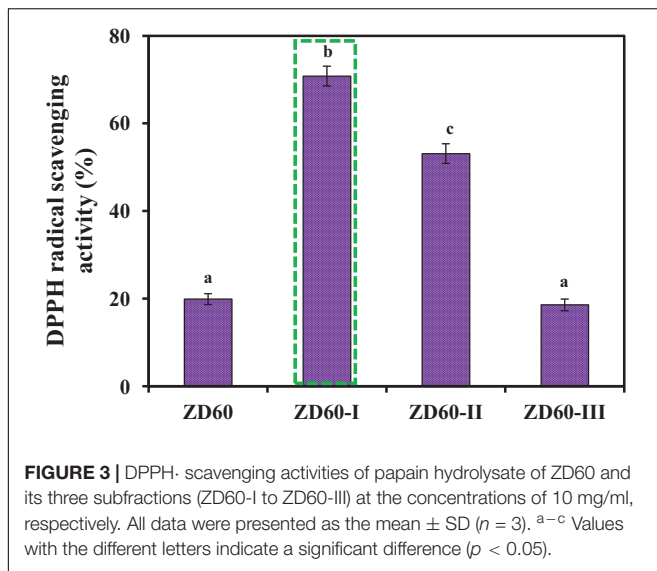


FIGURE 2 | DPPH \cdot scavenging activities of different enzymatic hydrolysates of ZD10 [proteins precipitated using 10% $(\text{NH}_4)_2\text{SO}_4$] and ZD60 [proteins precipitated using 60% $(\text{NH}_4)_2\text{SO}_4$] at the concentration of 10 mg/ml. All data were presented as the mean \pm SD ($n = 3$). a-c or A-E Values with the different letters indicate a significant difference ($p < 0.05$).



and no release of harmful substances (Sila and Bougatef, 2016). In addition, different proteinases may produce hydrolysates from the same protein resources with significantly different biological activities due to their substrate specificity and hydrolysis sites. Our results illustrate that plant-derived papain is the best protease for obtaining peptides with the best DPPH· scavenging activity from *E. cottonii* proteins.

Ultrafiltration Separation of ZD60

The subfractions of ZD60-I (MW < 1 kDa), ZD60-II (1–3 kDa), and ZD60-III (> 3 kDa) were prepared using 1 and 3 kDa MW cutoff membranes. As presented in **Figure 3**, the DPPH· scavenging rate of ZD60-I was $70.80 \pm 1.28\%$ at the concentration of 10 mg/ml, which was significantly higher than those of ZD60 ($19.91 \pm 1.14\%$), ZD60-II ($53.14 \pm 1.35\%$), and ZD60-III ($18.63 \pm 1.44\%$) ($p < 0.05$). These data suggested that the enzymatic peptides of *E. cottonii* with lower MW were more effectively interacted with DPPH· to block the oxidation reaction, which was consistent with the previous reports, and the antioxidant capacities of hydrolysates were negatively correlated with their MW (Li et al., 2013; Sila and Bougatef, 2016; Zhao et al., 2018). Therefore, ZD60-I was selected for subsequent separation.

Gel Filtration Chromatography of ZD60-I

As shown in **Figure 4A**, ZD60-I was subjected to a Sephadex G-25 gel chromatography and divided into four subfractions (referred to as GD-I to GD-IV). At the concentration of 10 mg/ml, the DPPH· scavenging rate of GD-II was $59.39 \pm 2.09\%$, which was significantly higher than those of GD-I ($30.32 \pm 1.89\%$), GD-III ($42.21 \pm 1.49\%$), and GD-IV ($45.21 \pm 1.84\%$) ($p < 0.05$) (**Figure 4B**). Thereby, GD-II was selected for subsequent experiments.

Isolation and Determination of the Antioxidant Peptides From GD-II by RP-HPLC

GD-II was further separated by RP-HPLC on a Zorbax C18 column using a linear gradient of acetonitrile (0.05% TFA). As

shown in **Figure 5**, six peptides with retention times of 3.81 min (EP1), 4.06 min (EP2), 4.52 min (EP3), 4.76 min (EP4), 5.47 min (EP5), and 8.98 min (EP6) were detected and collected at 280 nm (**Figure 5A**) and 214 nm (**Figure 5B**), respectively.

A total of six isolated peptides (EP1–EP6) from the subfraction of GD-II were analyzed by Procise Protein/peptide Sequencer for the N-terminal amino-acid sequence and Q-TOF mass spectrometer for molecular mass, and their amino acid sequences were determined to be Thr-Ala (TA, EP1), Met-Asn (MN, EP2), Tyr-Ser-Lys-Thr (YSKT, EP3), Tyr-Ala-Val-Thr (YAVT, EP4), Tyr-Leu-Leu (YLL, EP5), and Phe-Tyr-Lys-Ala (FYKA, EP6) with MWs of 190.21, 263.33, 497.55, 452.51, 407.51, and 527.62 Da, respectively (**Table 1**). The determined molecular masses were in agreement with their theoretical masses calculated according to their peptidic sequences (**Table 1**). In **Figure 5B**, the peaks with retention time (Rt) around 3 and 8 min have been collected, but the peptide sequences cannot be identified due to serious overlap. In our further research, we will focus on the purification of these parts and the peaks at 10–13 min and conduct a systematic comparison with the activities of EP1–EP6.

Evaluation of Antioxidant Activities Radical Scavenging Activities

The oxidation process in biological systems is very complex, the mechanisms of different types of active ingredients to play their antioxidant effects may be completely different, and there is currently no method that can directly and accurately screen all antioxidant active ingredients. A large number of free radicals will be generated in the process of organism metabolism, and the excessive accumulation of these free radicals will cause the body's peroxidation reaction, which will lead to various diseases. Therefore, free radical scavenging activities such as DPPH·, HO·, and O-2· have been used widely to rapidly screen antioxidant active substances *in vitro*.

The EC₅₀ values of six isolated antioxidant peptides (EP1–EP6) on DPPH·, HO·, and O-2· are presented in **Table 1**. The data showed that the EC₅₀ value of EP5 on DPPH· (0.52 ± 0.092 mm) was significantly lower than those of other five peptides and the positive control of glutathione (GSH) (EC₅₀ 1.37 ± 0.10 mm) ($p < 0.05$), which is also less than those peptides from skipjack tuna (*Katsuwonus pelamis*) roe (AEM: 0.72 ± 0.010 ; YEA: 0.61 ± 0.031 ; AEHNH: 0.55 ± 0.018 ; YVM: 0.70 ± 0.036 mm) (Wang et al., 2022), Antarctic krill (VEK GK: 0.54 ± 0.029 ; IEKT: 0.91 ± 0.082 ; IDSQ: 1.02 ± 0.90 ; IEN: 1.45 ± 0.20 mm) (Wang et al., 2021), skipjack tuna (*K. pelamis*) head (VEE: 1.00 ± 0.43 mm) (Zhang et al., 2019a), and *Euphausia superba* (QYPPMQY: 1.67 ± 0.16 ; SLPY: 2.47 ± 0.075 ; EYEA: 2.69 ± 0.54 ; YMNF: 2.92 ± 0.077 ; NQM: 4.34 ± 0.17 mm) (Zhang et al., 2021).

The EC₅₀ values of EP4 on HO· and O-2· were 1.24 ± 0.10 mm and 0.56 ± 0.16 mm, respectively, which were significantly lower than those of other five peptides (EP1: 5.97 ± 0.25 , 4.91 ± 0.11 ; EP2: 4.35 ± 0.22 , 3.19 ± 0.26 ; EP3: 2.87 ± 0.15 , 1.34 ± 0.11 ; EP5: 2.57 ± 0.20 , 1.61 ± 0.17 ; EP6: 3.54 ± 0.25 , 1.91 ± 0.11 mm, respectively) ($p < 0.05$). At the same time, they were also notably less than those peptides from

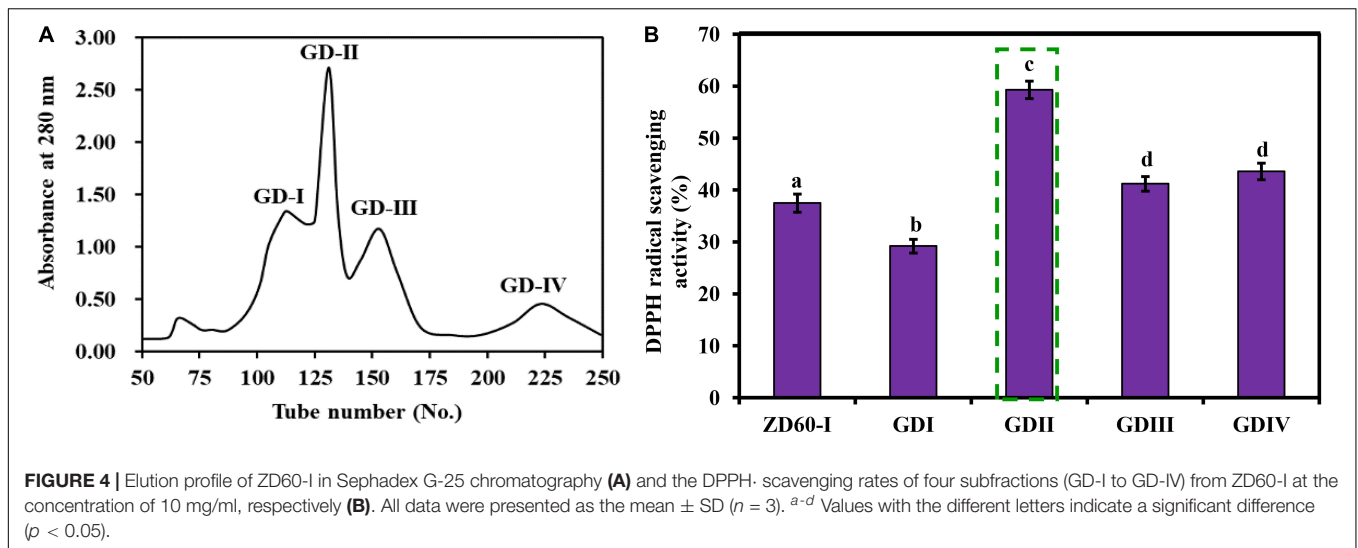


FIGURE 4 | Elution profile of ZD60-I in Sephadex G-25 chromatography (A) and the DPPH· scavenging rates of four subfractions (GD-I to GD-IV) from ZD60-I at the concentration of 10 mg/ml, respectively (B). All data were presented as the mean \pm SD ($n = 3$). ^{a-d} Values with the different letters indicate a significant difference ($p < 0.05$).

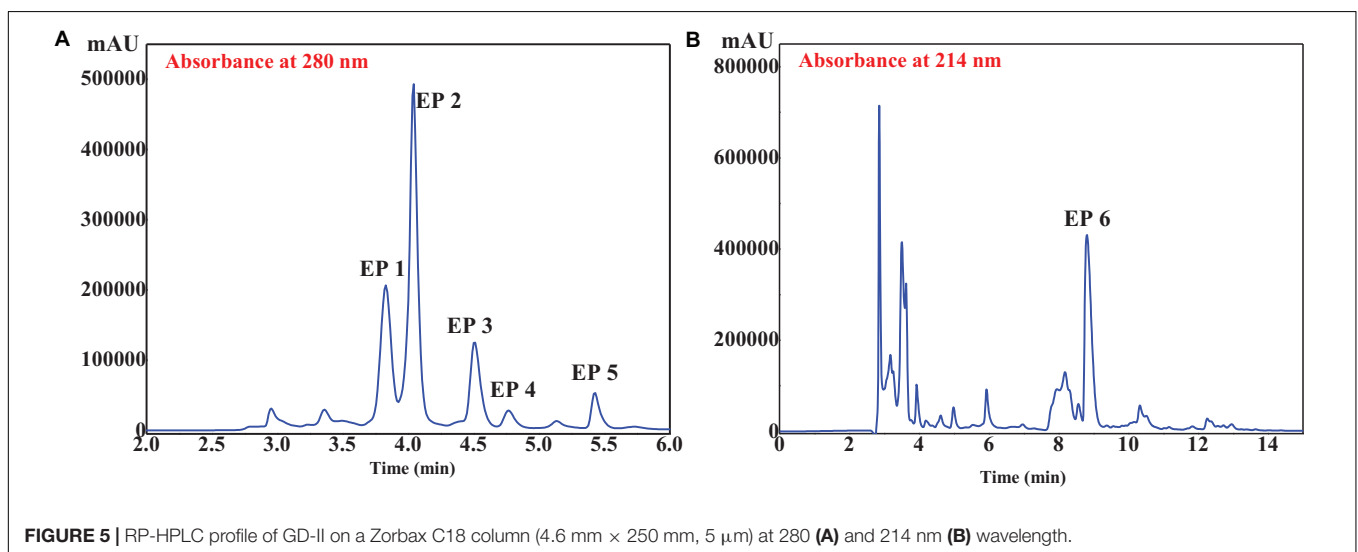


FIGURE 5 | RP-HPLC profile of GD-II on a Zorbax C18 column (4.6 mm \times 250 mm, 5 μ m) at 280 (A) and 214 nm (B) wavelength.

TABLE 1 | Retention time (Rt), amino acid (AA) sequences, molecular masses, and radical scavenging activities of six antioxidant peptides (EP1-EP6) from *E. cottonii*.

	Rt (min)	AA sequence	Theoretical mass/ observed mass (Da)	Half elimination ratio (EC ₅₀ , mM)		
				DPPH·	HO·	O-2·
EP1	3.81	TA	190.20/190.21	8.96 \pm 0.37 ^a	5.97 \pm 0.25 ^a	4.91 \pm 0.11 ^a
EP2	4.06	MN	263.31/263.33	3.57 \pm 0.26 ^b	4.35 \pm 0.22 ^b	3.19 \pm 0.26 ^b
EP3	4.52	YSKT	497.54/497.55	1.71 \pm 0.21 ^d	2.87 \pm 0.15 ^c	1.34 \pm 0.11 ^{d,e}
EP4	4.76	YAVT	452.50/452.51	1.45 \pm 0.20 ^d	1.24 \pm 0.10 ^e	0.56 \pm 0.16 ^f
EP5	5.47	YLL	407.50/407.51	0.52 \pm 0.19 ^e	2.57 \pm 0.20 ^d	1.61 \pm 0.17 ^{c,d}
EP6	8.98	FYKA	527.61/527.62	2.56 \pm 0.24 ^c	3.54 \pm 0.25 ^c	1.91 \pm 0.11 ^c
GSH	–	–	–	1.37 \pm 0.20 ^d	0.72 \pm 0.04 ^f	1.11 \pm 0.12 ^e

The data are presented as the mean \pm SD ($n = 3$).

^{a-f} Values with different letters in each column indicate significant difference ($p < 0.05$).

skipjack tuna (*K. pelamis*) roe (AEM: 1.31 \pm 0.043, 1.00 \pm 0.052; TVM: 2.70 \pm 0.19, 3.06 \pm 0.18; YEA: 1.25 \pm 0.13, 0.80 \pm 0.058; VDTR: 3.11 \pm 0.17, 3.32 \pm 0.25 mm, respectively) (Wang et al., 2022), Antarctic krill (VEK: 4.63 \pm 0.11, 0.86 \pm 0.061; VEKT:

3.22 \pm 0.12, 1.81 \pm 0.67; AEKTR: 2.90 \pm 0.13, 6.60 \pm 0.59; VEK GK: 2.91 \pm 0.023, 2.98 \pm 0.082, LKPGN: 1.36 \pm 0.011, 1.42 \pm 0.045 mm, respectively) (Wang et al., 2021), skipjack tuna (*K. pelamis*) head (DAGPYGPI: 2.17 \pm 0.076, 1.92 \pm 0.014;

VEE: 6.47 ± 0.029 , 4.77 ± 0.029 mm, respectively) (Zhang et al., 2019a), and *E. superba* (AFLWA: 2.35 ± 0.12 , 1.79 ± 0.055 ; SLPY: 1.73 ± 0.056 , 1.65 ± 0.17 ; EYEA: 1.85 ± 0.022 , 1.55 ± 0.11 ; NVPDM: 3.20 ± 0.056 , 5.07 ± 0.27 mm) (Zhang et al., 2021). In addition, the EC₅₀ value of EP4 on O- 2· was significantly lower than the positive control of GSH (1.11 ± 0.12 mm, $p < 0.05$). Compared with the positive control GSH, EP3 and EP6 showed moderate scavenging activities on DPPH·, HO·, and O- 2·, whereas EP1 and EP2 had weak activities. In summary, EP4 and EP5 showed outstanding radical scavenging capacities *in vitro*, among which EP5 had the strongest scavenging ability on DPPH·, and EP4 had the strongest scavenging ability on HO· and O- 2· among six isolated peptides (EP1–EP6). Therefore, peptides EP3–EP6 were selected for further activity studies.

Cytoprotections of EP3–EP6 on H₂O₂-Induced Oxidative Damaged Model of HUVECs

Protective Abilities of EP3–EP6 on H₂O₂-Induced Oxidative Damaged Model of HUVECs

Human umbilical vein endothelial cells are currently considered one of the best target cells in the treatment of cardiovascular diseases and play an important role in a series of physiological and pathological processes such as inflammation, wound repair, angiogenesis, and atherosclerosis. Once the excessive accumulation of free radicals causes the body's oxidative stress response, which leads to the damage of HUVECs, it will lead to the damage of the vascular barrier function, which will lead to the occurrence of atherosclerosis, hypertension, and other cardiovascular diseases.

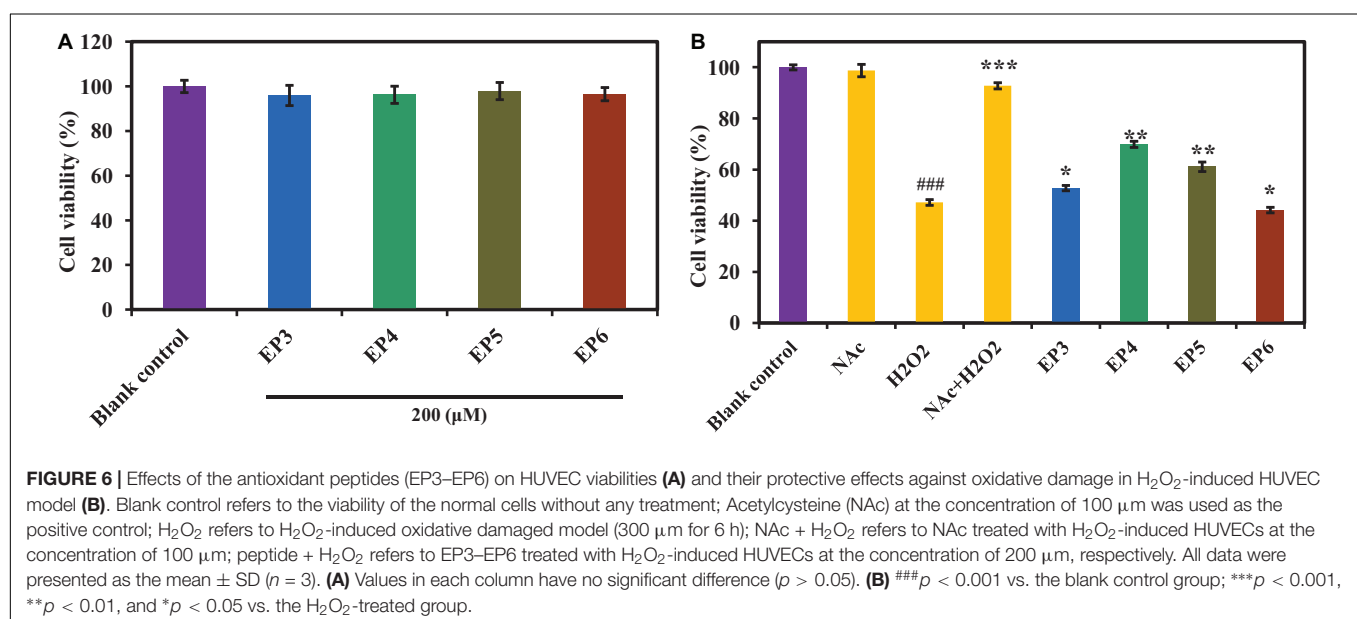
To evaluate the cytoprotections of EP3–EP6 on oxidative damaged HUVECs, the oxidative damage model of HUVECs was established using H₂O₂ at concentrations of 0–900 μm and administrated for 2–48 h, respectively (Supplementary Material 3). Considering the cells and culturing cycle, the treatment of H₂O₂ at a concentration of 300 μm for 6 h was suggested

to establish the oxidative damage model of HUVECs. Through verification tests, the cell viability was $47.22 \pm 1.64\%$ of the blank group ($p < 0.001$) at the selected conditions.

As shown in Figure 6A, the cell viabilities of peptide-treated groups (EP3–EP6) were higher than 95% of the blank control group at the concentration of 200 μm, which indicated that EP3–EP6 have no significant effects on the proliferation of HUVECs. Then, EP3–EP6 (200 μm) were used as the drug-administered groups. Figure 6B indicated that the cell viability of the positive control group (NAC + H₂O₂) has risen to $91.32 \pm 0.86\%$, which was extremely significantly superior ($p < 0.001$) to that of the oxidative damage model group (H₂O₂) $47.23 \pm 1.64\%$. In addition, in the treated groups of EP4 and EP5, the cell viabilities had risen to $69.92 \pm 3.37\%$ and $61.14 \pm 2.73\%$, respectively, which were very significantly higher than that of the model group ($47.23 \pm 1.64\%$) ($p < 0.01$). At the same time, the cell viabilities in EP3 and EP6 were $52.81 \pm 1.47\%$ and $56.12 \pm 1.79\%$, respectively, which were significantly better than that of the model group ($p < 0.05$) (Figure 6B). Therefore, these results indicated that EP4 and EP5 could significantly protect HUVECs from H₂O₂-induced oxidative damage.

Effects of EP3–EP6 on the Levels of ROS in H₂O₂-Induced Oxidative Damaged Model of HUVECs

Figure 7A shows the effects of EP3–EP6 on the ROS levels in H₂O₂ oxidative damaged HUVECs. In the H₂O₂-induced oxidative damaged model group, the ROS level was $267.92 \pm 10.68\%$, which was significantly more than that of the blank control group ($p < 0.001$). The results illustrated that the oxidative damaged model of HUVECs was successfully established. Obviously, the ROS levels were extremely significantly attenuated by EP3–EP6 pretreatment at the concentration of 200 μm ($p < 0.001$) compared with the model group. Among them, EP4 and EP5 showed better scavenging activities on ROS than the other groups, which



induced that the ROS levels increased from 267.92 ± 10.68 to 162.13 ± 9.64 and $138.61 \pm 7.81\%$, respectively. In cells, the ROS are generated as the byproducts of cellular respiration in mitochondria (Homayouni-Tabrizi et al., 2017). Excessive ROS can cause oxidative stress due to their damage to biomolecules including DNA, proteins, and lipids, which was thought of as the pathogenesis of some chronic diseases (Cai et al., 2019). The present data indicated that EP3–EP6, especially EP4 and EP5, could protect HUVECs from oxidative stress by decreasing the ROS levels.

Effects of EP3–EP6 on the Levels of SOD, GSH-Px, and MDA in H_2O_2 -Induced Oxidative Damaged Model of HUVECs

In this part, SOD, GSH-Px, and MDA levels were measured to explain the cytoprotective mechanisms of EP3–EP6 on the H_2O_2 -induced HUVEC model. As shown in **Figures 7B–C**, the levels of SOD (10.03 ± 0.42 U/mg prot) and GSH-Px (9.32 ± 0.87 U/mg prot) were extremely significantly decreased in H_2O_2 -induced HUVECs, compared with normal control (15.92 ± 0.85 U/mg prot and 32.63 ± 0.41 U/mg prot, respectively) ($p < 0.001$). In

comparison, the levels of SOD and GSH-Px were significantly increased (to EP3: 11.93 ± 0.35 U/mg prot, 17.23 ± 0.59 U/mg prot; EP4: 11.41 ± 0.39 U/mg prot, 21.04 ± 1.42 U/mg prot; EP5: 15.71 ± 0.91 U/mg prot, 21.13 ± 1.53 U/mg prot; EP6: 13.24 ± 0.88 U/mg prot, 17.91 ± 0.70 U/mg prot, respectively) than those of the H_2O_2 damaged group when incubated with $200 \mu\text{M}$ of EP3–EP6 ($p < 0.05$). Of which, EP5 showed the highest ability to increase the levels of SOD and GSH-Px among EP3–EP6. Moreover, the SOD level in the group incubated with EP5 was 15.71 ± 0.91 U/mg prot, which has no significant difference from that (15.92 ± 0.85 U/mg prot) of the control group ($p > 0.05$). It means that EP5 can increase the ROS to the normal level in oxidatively damaged cells. On the other hand, the recovery abilities of EP4 and EP5 on intracellular GSH-Px to oxidatively damaged cells are relatively consistent, both better than EP3 and EP6. **Figure 7D** shows that the MDA level of the H_2O_2 -induced group was 2.11 ± 0.14 nM/mg prot, which was extremely significantly higher than that of the control group (1.21 ± 0.11 nM/mg prot) ($p < 0.001$). Pretreated with EP3–EP6 at the concentration of $200 \mu\text{M}$, the MDA levels of peptides

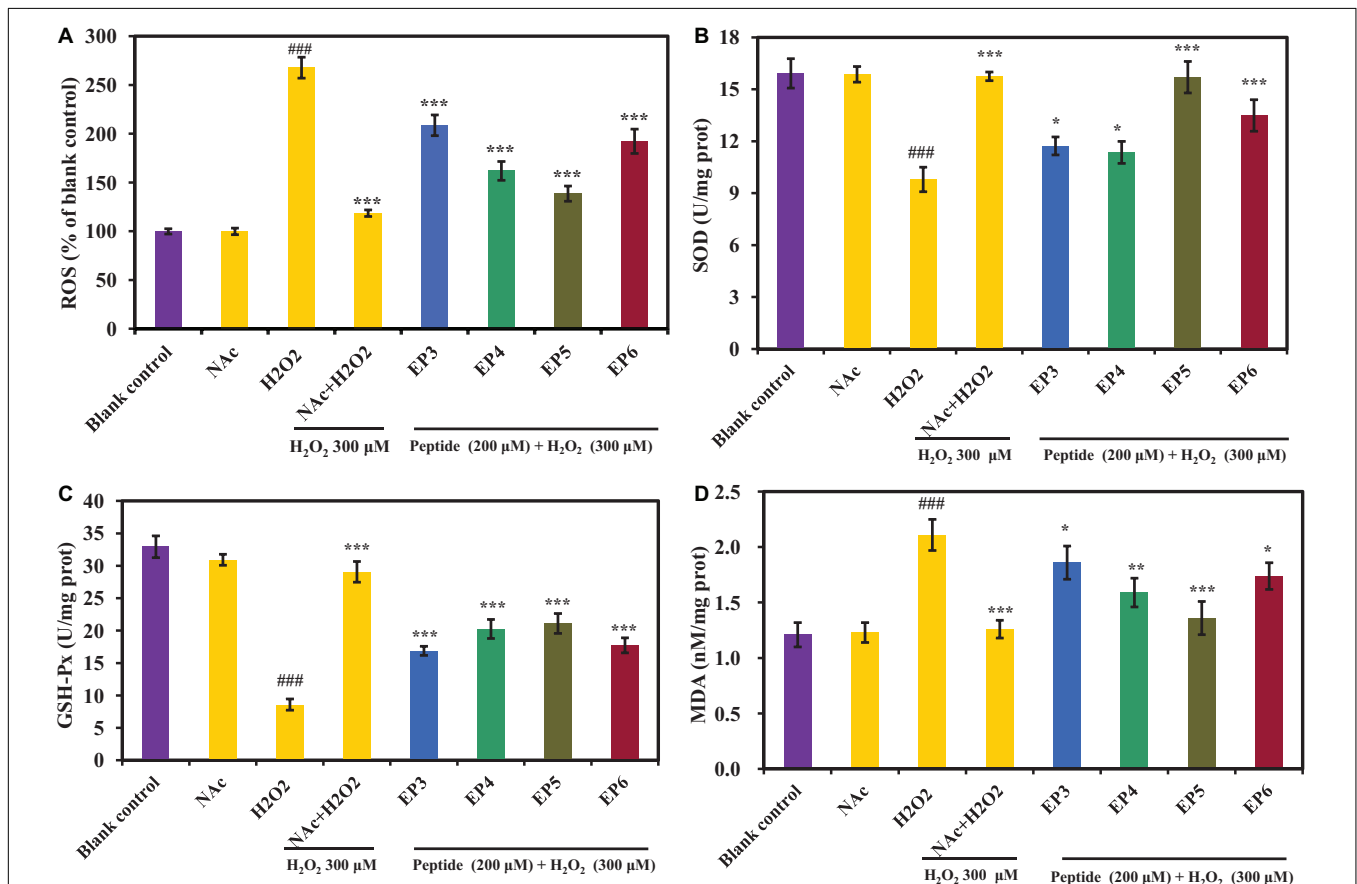


FIGURE 7 | Effects of the antioxidant peptides (EP3–EP6) on the levels of reactive oxygen species (ROS) (A), superoxide dismutase (SOD) (B), glutathione peroxidase (GSH-Px) (C), and malondialdehyde (MDA) (D) in oxidative damage HUVECs at the concentration of $200 \mu\text{M}$. Blank control refers to the levels of ROS, SOD, GSH-Px, and MDA in normal cells; NAc column refers to NAc on normal cells at the concentration of $100 \mu\text{M}$; H_2O_2 column refers to H_2O_2 -induced oxidative damaged model ($300 \mu\text{M}$ for 6 h); NAc + H_2O_2 refers to NAc treated with H_2O_2 -induced HUVEC model cells at the concentration of $100 \mu\text{M}$; peptide + H_2O_2 refers to EP3–EP6 treated with H_2O_2 -induced oxidative damaged model cells at the concentration of $200 \mu\text{M}$, respectively. The data were presented as the mean \pm SD ($n = 3$). ### $p < 0.001$ vs. the blank control group; *** $p < 0.001$, ** $p < 0.001$, and * $p < 0.05$ vs. the H_2O_2 -treated group.

groups significantly decreased from 2.11 ± 0.14 nM/mg prot to 1.86 ± 0.15 nM/mg prot (EP3), 1.59 ± 0.13 nM/mg prot (EP4), 1.36 ± 0.15 nM/mg prot (EP5), and 1.74 ± 0.12 nM/mg prot (EP6), respectively ($p < 0.05$). ROS are continuously generated inevitably under normal physiological conditions and efficiently scavenged by endogenous antioxidant defense systems, including SOD and GSH-Px, which can maintain optimal cellular health through deactivating ROS before they attack cellular components (Chi et al., 2015a; Tao et al., 2018; Cai et al., 2019). In addition, MDA usually serves as an indicator to evaluate the degree of oxidative damage because it is one of the key products of membrane lipid peroxidation (Zhao et al., 2016). The previous literature reported that some protein hydrolysates displayed intracellular antioxidant functions through controlling the levels and gene expression of antioxidant enzymes in cells and organisms, such as antioxidant oligopeptides FPYLRH, FWKVV, and FMPLH, derived from muscle hydrolysate of miiuy croaker, played their protective functions through increasing the levels of antioxidant enzymes including SOD and GSH-Px and decreasing the levels of ROS and MDA in oxidative-damaged HUVECs (Cai et al., 2019; Wang et al., 2021). GPEGPMGLE, EGPFPGPEG, and GFIGPTE, prepared from collagen hydrolysate of redlip croaker (*Pseudosciaena polyactis*) scales, could protect HepG2 cells from H_2O_2 -induced oxidative damage through activating intracellular antioxidant enzymes of SOD, CAT, and GSH-Px and decreasing the levels of ROS and MDA (Wang et al., 2020b); Zhang et al. reported that IYVVDLR and IYVFVR from the hydrolysate of soybean protein could protect Caco-2 cells from H_2O_2 -induced oxidative damage, *via* significantly downregulating intracellular ROS generation and lipid peroxidation, upregulating GSH synthesis, enhancing activities of CAT and GSH-Px, and inhibiting ROS-mediated inflammatory responses (Zhang et al., 2019b). All the data presented in **Figure 7** proved that EP3–EP6 could increase the endogenous antioxidant defense systems including SOD and GSH-Px to protect HUVECs from oxidative damage caused by H_2O_2 .

Effects of EP3–EP6 on HUVEC Apoptosis

As shown in **Figure 8** and **Supplementary Table 2**, the effects of EP3–EP6 on apoptosis of HUVECs were analyzed by annexin V and PI double-staining methods, and four cell subpopulations were distinguished and quantified by flow cytometry (Jia et al., 2018). The apoptosis rate of the H_2O_2 -induced model group was $83.95 \pm 1.67\%$ (**Figure 8B**), which was significantly higher than that of the blank control group ($9.68 \pm 1.21\%$) (**Figure 8A**) ($p < 0.001$). **Figures 8C–J** and **Supplementary Table 2** showed that EP3–EP6 could reduce the apoptosis rate of H_2O_2 -induced HUVECs at different levels. EP4 and EP5 (200 μ m) could significantly reduce the rate of apoptosis to $43.41 \pm 1.08\%$ ($p < 0.01$) and $55.84 \pm 1.45\%$ ($p < 0.001$), respectively (**Figure 8K**).

Figures 8A,B and **Supplementary Table 2** show that the early apoptosis rates of HUVECs in the blank control group and H_2O_2 -induced model group were 4.32 ± 0.24 and $2.53 \pm 0.19\%$, respectively, which indicated that H_2O_2 could promote the progression of early apoptotic cells to late apoptosis. At the concentrations of 100 and 200 μ m, the early apoptosis rates

of HUVECs in EP4 ($6.68 \pm 0.28\%$ and $7.37 \pm 0.31\%$) and EP5 ($5.50 \pm 0.29\%$ and $6.93 \pm 0.32\%$) groups were 2–3 times higher than that ($2.53 \pm 0.19\%$) of HUVECs in the model group (**Figures 8E–H** and **Supplementary Table 2**) ($p < 0.05$). Apoptosis is a fundamental biological phenomenon of cells and plays an essential role in the removal of unwanted or abnormal cells in multicellular organisms, the evolution of organisms, maintaining the stability of the internal environment, and the development of multiple systems. Apoptosis is not only a special type of cell death but also has important biological significance and complex molecular biological mechanisms. The process of apoptosis cannot be reversed, but it can be delayed. The results above clearly indicated that EP4 and EP5 could effectively delay H_2O_2 -induced apoptosis by preventing the progression of cells from early apoptosis to late apoptosis.

DISCUSSION

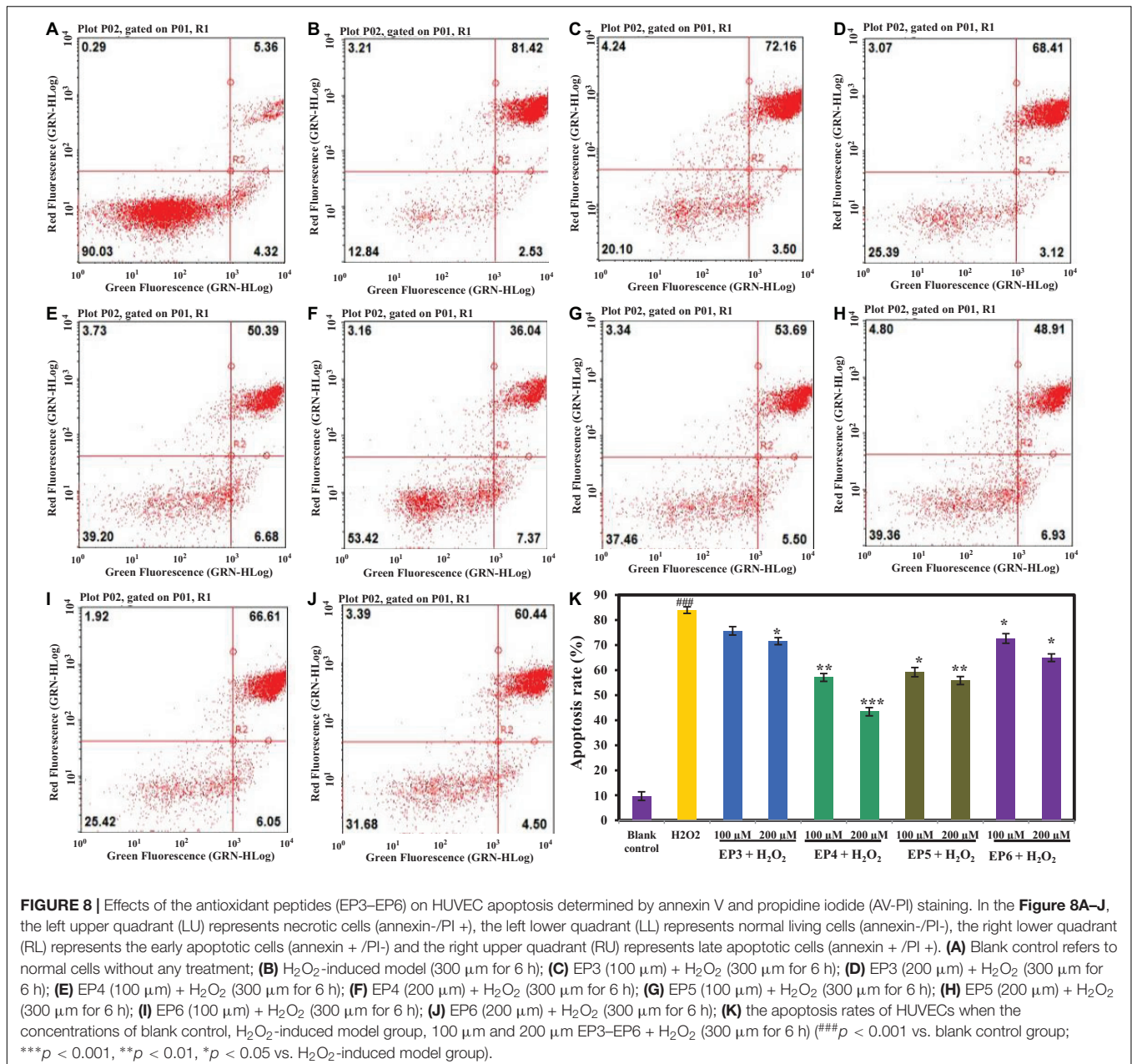
At present, many bioactive peptides with excellent antioxidant capacities have been screened and identified from different hydrolysates of marine protein resources, such as LNGDVW derived from protein hydrolysate of *C. ellipsoidea* (Ko et al., 2012), EDIVCW, MEPVW, and YWDAW from Monkfish (*L. litulon*) muscle (Chi et al., 2014), SY identified from the gonad of *Rhopilema esculentum* (Zhang et al., 2018), WEGPK, GPP, and GVPLT prepared from head and skin of *N. septentrionalis* (Chi et al., 2015b,c), and LKPNM and LKP originating from fish protein (Iwaniak et al., 2014). Generally, the antioxidant functions of bioactive peptides are mainly affected by molecular structural properties, such as molecular size, amino acid hydrophobicity, and peptide sequences (Sila and Bougatef, 2016; He et al., 2019; Mirzaei et al., 2020).

Molecular weight is one of the crucial elements impacting the biological and physiological functional characteristics of peptides (Luo et al., 2013; Sila and Bougatef, 2016). Feng et al. (2018) and Zhao et al. (2018) reported that shorter peptides with amino acid residues ranging from 2 to 10 usually displayed higher abilities on inhibition of lipid peroxidation and ROS scavenging than their parent native proteins. A number of six isolated peptides (EP1–EP6) were dipeptides to tetrapeptides and their MWs ranged from 190.20 to 527.61 Da, which was in agreement with those previous reports that peptides with smaller molecular sizes were more convenient to combine with target molecules (Sila and Bougatef, 2016; Zhao et al., 2018; He et al., 2019). Amino acid composition and position play vital roles in the functions of peptides (Zou et al., 2016; Chai et al., 2017). Hydrophobic amino acid residues, such as Pro, Met, Leu, Tyr, Phe, and Val, can improve the accessibility of antioxidant peptides to hydrophobic radicals by enhancing the density of water–lipid interfaces (Farvin et al., 2016; Feng et al., 2018). The aromatic groups of aromatic amino acid residues (Trp, Phe, and Tyr) can directly transfer electrons or protons to stabilize the active oxygen of radicals (Chi et al., 2015c; Sila and Bougatef, 2016). In addition, polar amino acid residues, such as Lys, Glu, and Asp, can be conducive to the activities of metal-chelating and HO· scavenging (Sila and Bougatef, 2016;

Zhao et al., 2018). Therefore, Tyr and Lys residues in the sequence of EP3, Tyr, Ala, and Val residues in the sequence of EP4, Tyr, and two Leu residues in the sequence of EP5, and Phe, Tyr, Lys, and Ala residues in the sequence of EP6 were important for their radical scavenging activities and cytoprotection.

The results in **Figures 6, 8** indicated that EP4 and EP5 showed better inhibitory effects on H₂O₂-induced oxidative damaged HUVECs. On the analysis of structure–activity relationship of EP4 and EP5, their antioxidant activities are majorly dependent on the composition of amino acid sequence and the length of the peptides. Small molecular size helps them more efficient and easier accessibility to the oxidant or antioxidant system,

and hydrophobic amino acids increase their solubility at the water–lipid interface and thereby facilitate better interaction with ROS. Finally, antioxidant amino acids change free radicals into a more stable structure or system to inhibit the propagation of the radical-mediated peroxidizing chain reaction by serving as a hydrogen donor, proton donor, and lipid peroxyl radical trap. In addition, EP5 showed a high protective effect on HUVECs against H₂O₂-induced oxidative damage by increasing the levels of the antioxidant enzyme system (SOD and GSH-Px) and reducing the level of ROS and MDA. However, EP4 showed a higher ability to decrease the apoptosis rate of H₂O₂ oxidative damaged HUVECs than EP5 did. The previous reports indicated that the antioxidant-related parameters were regulated



by the Keap1-Nrf2 signaling pathway *in vivo* (Li et al., 2019; Zhang et al., 2020). In addition, Wang et al. (2020a) reported that resveratrol could inhibit oxidative stress-mediated podocyte apoptosis by activating the AMPK signaling pathway in diabetic nephropathy. Choi found that schisandrin A could block C2C12 cells apoptosis induced by H₂O₂ through inhibiting poly (ADP-ribose) polymerase degradation by the inactivation of caspase-3 (Choi, 2018). Therefore, the intracellular antioxidant mechanism of EP4 and EP5 is through the activation of the Keap1-Nrf2 pathway or other mechanisms of action, such as activation of the NF- κ B, TNF- α , and MAPK pathways, which will be the focus of our future research.

CONCLUSION

Papain hydrolysate of ZD60 with high DPPH· scavenging activity was prepared from *E. cottonii*, from which six antioxidant peptides (EP1–EP6) were purified using series separation methods, such as ultrafiltration and chromatography. Their amino acid sequences were determined as Thr-Ala (EP1), Met-Asn (EP2), Tyr-Ser-Lys-Thr (EP3), Tyr-Ala-Val-Thr (EP4), Tyr-Leu-Leu (EP5), and Phe-Tyr-Lys-Ala (EP6). Among them, EP4 and EP5 showed the best radical scavenging activity and good cytoprotection on H₂O₂-induced HUVECs through increasing the levels of antioxidant enzyme system including SOD and GSH-Px to decrease the contents of ROS and MDA. Moreover, EP4 and EP5 could effectively inhibit H₂O₂-induced apoptosis by preventing the progression of cells from early apoptosis to late apoptosis. The current results indicated that proteolytic antioxidant peptides of *E. cottonii* should have potential applications in pharmaceutical industries. Our future research will focus on the molecular mechanisms of EP4 and EP5 on cell apoptosis and activation of the Keap1-Nrf2 signaling pathway for elucidating their differences in antioxidant activity.

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DATA AVAILABILITY STATEMENT

The datasets presented in this study can be found in online repositories. The names of the repository/repositories and accession number(s) can be found in the article/**Supplementary Material**.

AUTHOR CONTRIBUTIONS

K-LS prepared the manuscript. MG revised the manuscript, responded to the reviewers' comments, and checked and revised the final version to be published. Y-ZW and X-RL performed the experiment. PW helped to deal with the sample for the experiment and provided the experimental environment and opinions for the experiment. BW conducted the experimental design and revised the manuscript carefully. All authors contributed to the article and approved the submitted version.

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SUPPLEMENTARY MATERIAL

The Supplementary Material for this article can be found online at: <https://www.frontiersin.org/articles/10.3389/fmicb.2022.791248/full#supplementary-material>

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