



# Point-of-Care Testing for Multiple Cardiac Markers Based on a Snail-Shaped Microfluidic Chip

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Existing methods for detecting cardiac markers are difficult to be applied in point-of-care testing (POCT) due to complex operation, long time consumption, and low sensitivity. Here, we report a snail-shaped microfluidic chip (SMC) for the multiplex detection of cTnI, CK-MB, and Myo with high sensitivity and a short detection time. The SMC consists of a sandwich structure: a channel layer with a mixer and reaction zone, a reaction layer coated with capture antibodies, and a base layer. The opening or closing of the microchannels is realized by controlling the downward movement of the press-type mechanical valve. The chemiluminescence method was used as a signal readout, and the experimental conditions were optimized. SMC could detect cTnI, CK-MB, and Myo at concentrations as low as 1.02, 1.37, and 4.15. The SMC will be a promising platform for a simultaneous determination of multianalytes and shows a potential application in POCT.

**Keywords:** cardiac markers, snail-shaped microfluidic chip, POCT, chemiluminescence, multiplex detection

## 1 INTRODUCTION

Point-of-care testing (POCT) is a significant development direction of medical examination, providing test results nearby and quickly and guiding diagnosis and treatment (Dincer et al., 2017; Yin et al., 2017; Chen et al., 2018; Liu et al., 2019). Especially for acute diseases, early self-screening using the POCT technology in ambulances, communities, and homes is a powerful means of ensuring a long and healthy life. Acute myocardial infarction (AMI) is a common disease that seriously endangers human life. The mortality rate of AMI maintains at a high level due to acute onset and risky processes. Patients often lost their lives within a short period after a heart attack. The golden treatment time is only 3 h, and the mortality rate will increase by 12% if the patient is treated 6 h after onset (McCord et al., 2001). Hence, it is an urgent need for prompt diagnosis and timely intervention of AMI to save the lives of cardiac patients. Existing diagnostic methods are combined with the symptoms and electrocardiogram (ECG) ST-segment elevation (Hofmann et al., 2017). Chest pain is the most common symptom of AMI and may be accompanied by sweating, nausea or vomiting, and fainting. Patients always have individual differences, and this is difficult to quantify the symptoms. According to a report, 15–40 percent of AMI can happen with no typical cardiac symptoms (Davis et al., 2004). It means that the symptoms of the patients are not a definite standard for the diagnosis of AMI. Since ST-segment deviation could occur in other diseases, including acute pericarditis, left ventricular hypertrophy, and left bundle branch block, the ECG auxiliary examination cannot accurately diagnose AMI in some situations. Furthermore, non-ST-segment

elevation myocardial infarction, unstable angina pectoris, and some super early-stage AMI onsets do not display an ECG ST deviation (Thygesen et al., 2012; Ibanez et al., 2018). In addition, an ECG examination has high requirements for equipment, which is challenging to meet the needs of POCT. Therefore, it is of great significance to detect cardiac markers with high sensitivity and specificity for early diagnosis of AMI (Lim et al., 2020).

Common cardiac markers include creatine kinase-MB (CK-MB), myoglobin (Myo), and cardiac troponin I (cTnI). CK-MB is mostly expressed in cardiomyocytes and released 3 h after the onset of AMI, with a peak at about 24 h. The blood level of CK-MB is used to assist in diagnoses of AMI (Holmvang et al., 2002; Landesberg et al., 2003). Once the cardiomyocyte is injured after 1 h of the AMI onset, Myo is released into the blood circulation quickly and peaks after 6 h. Thus, Myo is used as a sensitive indicator for the early diagnosis of AMI (Pu et al., 2017; Ji et al., 2019). cTnI is specifically expressed in myocardium cells and is the gold standard for the diagnosis of myocardium necrosis. The content of cTnI elevated in serum reflects the damage of cardiomyocytes. The occurrence time of cTnI in serum is similar to that of CK-MB, but it can persist for about 1 week (Ohman et al., 1996; Keller et al., 2009). In normal human serum, the content of CK-MB is 0.3–4.0 ng/ml, the content of Myo is 12–75 ng/ml, and the content of cTnI is less than 0.2 ng/ml. Due to the low level of cTnI in serum, it is difficult to be accurately detected. The earliest occurrence time of Myo, the high specificity of cTnI, and the prognostic value of CK-MB can cover the whole process of AMI. Multiplex detection of CK-MB, Myo, and cTnI is helpful for the early and rapid diagnosis of AMI, disease grade assessment, and evaluation of therapeutic effects (Kim et al., 2010). It is particularly important to develop multiplex detecting techniques of cardiac markers suitable for POCT to save the lives of cardiac patients.

Microfluidic chips can be applied to biochemical analysis in a confined microchannel. It possesses many advantages appropriate for POCT (Dong et al., 2019; Hiramoto et al., 2019; Yin et al., 2021), such as rapid reaction, low reagent consumption, a high throughput, low cost, and high automation. Chemiluminescence (CL) is the emission of luminescence resulting from a chemical reaction between labeled enzymes and the substrate. The content of substances is proportional to the intensity of the luminous signal. It can realize sensitive detecting of trace markers in samples and be used as a conventional detector in microfluidic chips (Hu et al., 2017; Soares et al., 2017; Xie et al., 2019). A biochip with  $3 \times 8$  wells array was constructed to simultaneously detect three cardiac markers cTnI, CK-MB, and Myo (Zhao et al., 2019). However, it depends on medical testing equipment and consumes time more than 1 h. The design of patterned chips can avoid complicated pretreatment steps and shorten the immunoassay process. Combining CL means and microfluidic chip platforms can meet the requirement of POCT for multiple cardiac markers (Yang et al., 2020).

Herein, we report a snail-shaped microfluidic chip (SMC) using a CL detector for multiplex detection of CK-MB, Myo, and cTnI. We demonstrate this technique by fabricating a simple

microchip with a sandwich structure. It consists of two polydimethylsiloxane (PDMS) layers with microchannels outside and a silicon film coated with capture antibodies in the middle. With this simple, miniaturized sandwich chip, we can detect CK-MB, Myo, and cTnI simultaneously in serum by scanning the detection zone with a portable CL image analysis system. By analyzing the CL signals, we can determine the concentrations of cardiac markers rapidly and accurately. This approach will be particularly applicable for detecting cardiac markers at the early screening in emergency vehicles, communities, and families where advanced laboratory facilities are not accessible.

## 2 EXPERIMENTAL SECTION

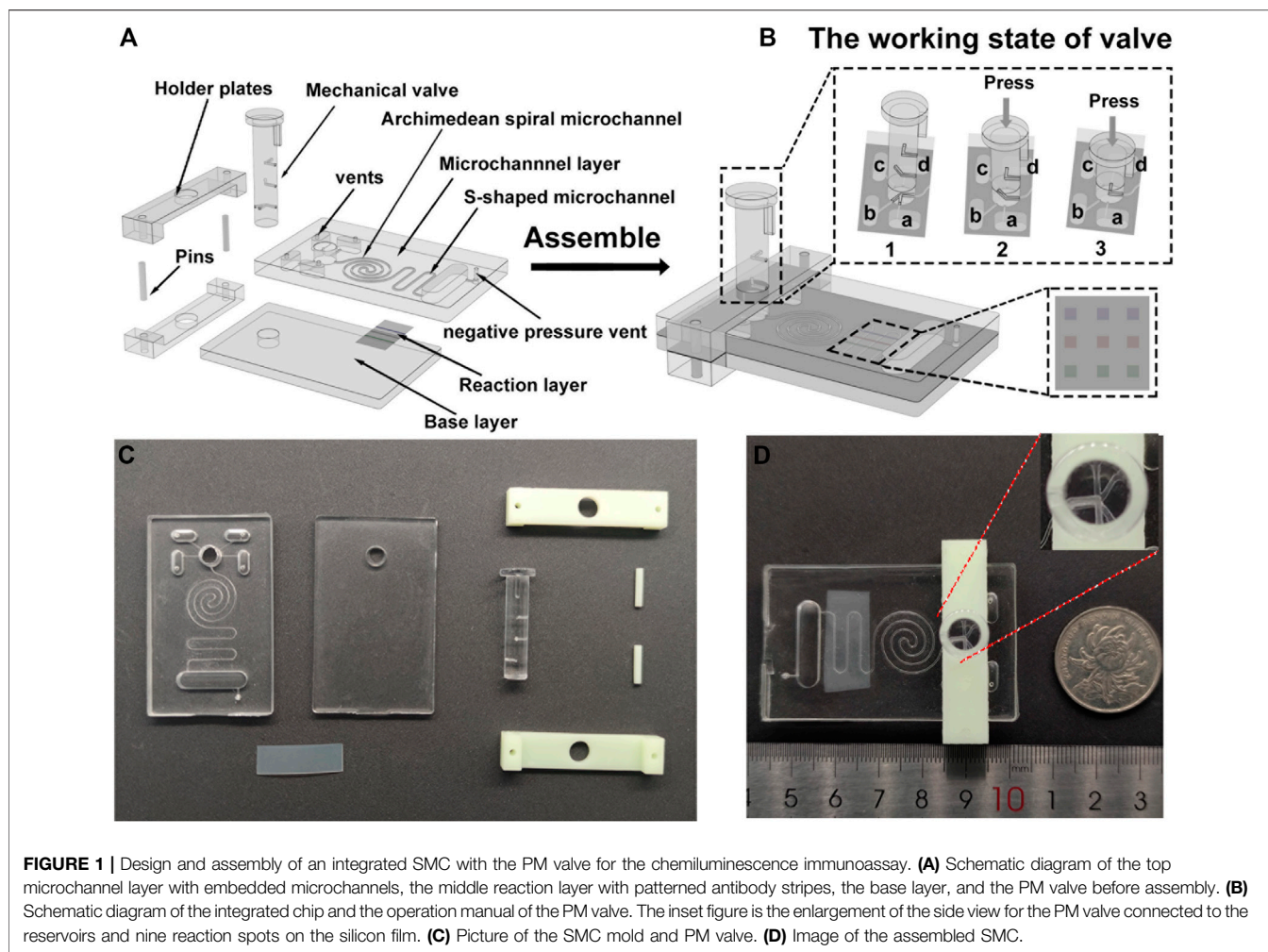
### 2.1 Materials and Instruments

Capture antibodies of CK-MB (CK-MB-Ab<sub>1</sub>), Myo (Myo-Ab<sub>1</sub>), and cTnI (cTnI-Ab<sub>1</sub>) are from Abcam (United Kingdom). The CK-MB protein is from EastCoast Bio (United States). The Myo protein and recombinant human cardiac troponin I protein are from Abcam (United Kingdom). Detection antibodies of CK-MB (CK-MB-Ab<sub>2</sub>), Myo (Myo-Ab<sub>2</sub>), and cTnI (cTnI-Ab<sub>2</sub>) conjugated with HRP are from Abcam (United Kingdom). Supersensitive chemiluminescent substrate reagent kits are from Beijing Labgic Technology Co., Ltd. (Beijing, China). Bovine serum albumin fraction V (BSA) powder is from Tianjin Kangyuan Biotechnology Co., Ltd. (Tianjin, China). Phosphate-buffered saline (PBS) tablets and Tween-20 are from Amresco (United States), which are used to prepare 0.01 mol/L PBS solution (pH 7.4) and 0.5% PBST solution. The capture antibodies and antigens are diluted in PBS solution. The detection antibodies are diluted in 0.05% BSA solution. Polydimethylsiloxane (PDMS) and a curing agent (Sylgard 184) from Dow Corning Inc. (United States) are used to prepare the microfluidic chips. A 500\*500\*0.1 mm silicon film used to coat the capture antibody is from Shanghai Shentong Rubber and Plastic Products Co., Ltd. (Shanghai, China).

The CL image analysis system is purchased from BIO-OI Co., Ltd. (Guangzhou, China). A PT-10s Plasma Cleaner is produced by SANHOPTT Co., Ltd. (Shenzhen, China). A 202-00T electric thermostatic drying oven is purchased from LICHEN-BX Co., Ltd. (Shanghai, China). A DZF-6020A vacuum drying oven is purchased from LICHEN-BX Co., Ltd. (Shanghai, China). An F900 industrialization FDM printer is produced by Stratasys Ltd. (United States). A Lite 600HD 3D printer is produced from SHINING 3D Technology Co., Ltd. (Yangzhou, China). An IMM 3000 metallographic microscopy system is purchased from MEGA Instruments Co., Ltd. (Suzhou, China).

### 2.2 Design of the Snail-Shaped Microfluidic Chip

We designed the three-dimensional model of the SMC using SolidWorks® 2016 software. The SMC (35 mm long, 57 mm wide) for the chemiluminescent reaction consists of three layers: a microchannel layer (4 mm thick) on top, a reaction layer



(silicon film, 0.1 mm thick) in the middle, and a base layer (3 mm thick) at the bottom (**Figure 1A**).

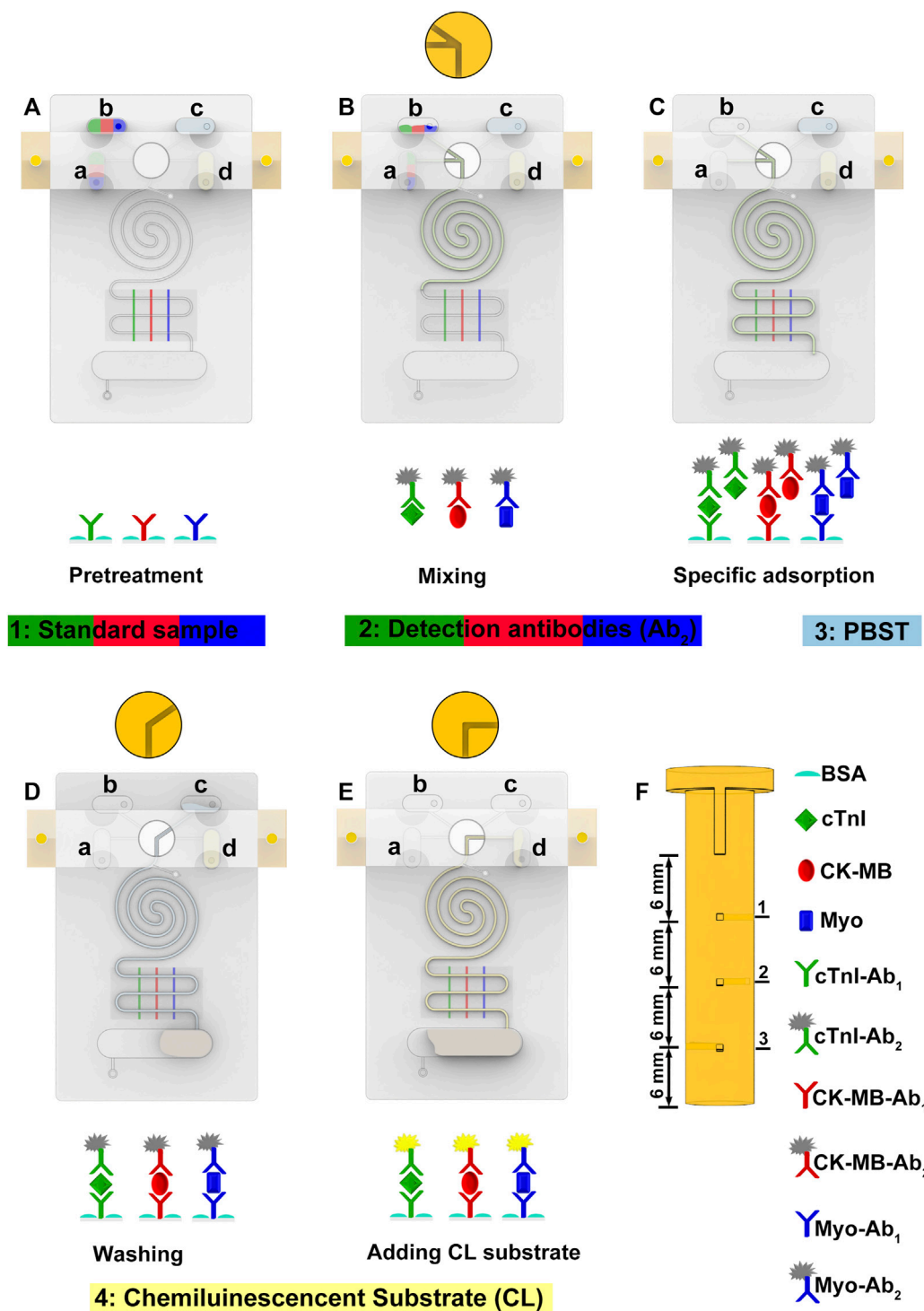
The top microchannel layer comprises four capsule-shaped reservoirs (7 mm long, 3 mm wide, 3 mm deep, and with a capacity of 60  $\mu\text{l}$ ) for depositing samples, detecting antibodies, PBST, and Luminol- $\text{H}_2\text{O}_2$  CL substrates, respectively. To load reagent samples conveniently and maintain the pressure balance of the chip, a vent (1.0 mm in diameter) is drilled by a puncher on the top of the reservoir. To mix samples efficiently, an Archimedean spiral mixer is designed. At downstream of the Archimedean spiral microchannel, an S-shaped channel is devised. The sizes of Archimedean spiral and S-shaped microchannels are both 400  $\mu\text{m}$  wide and 400  $\mu\text{m}$  deep with a total capacity of 30  $\mu\text{l}$ . All reservoirs converge into the Archimedean spiral microchannel and S-shaped microchannel through a press-type mechanical (PM) valve. The end of the S-shaped channel is a waste chamber. A negative pressure vent (a through hole with a diameter of 1.0 mm) in the waste chamber is used to connect a pump for fluid driving. The middle reaction layer is a silicon film patterned with three different capture antibody strips in advance (**Supplementary Figure S1**). After the fluid runs across the S-shaped microchannel on the surface of

the reaction layer, a microarray zone with nine spots for multianalyte detection is formed by CL reaction (**Figure 1B**). The bottom base layer has the same size as the top microchannel layer, and they both contain a hole in the top to insert the PM valve.

The PM valve is used to connect different reservoirs with the Archimedean spiral microchannel. Each reagent in different reservoirs is injected into the microchannel of the chip by pressing the PM valve to a proper height which opens a peristaltic pump. To ensure the stability of the movement of the PM valve, we designed an external holder composed of two holder plates (a thickness of 2 mm) with a hole in the middle for inserting the valve and two pin holes in both ends for inserting pins to immobilize the chip (**Figure 1B**).

### 2.3 Fabrication and Assembly of the Snail-Shaped Microfluidic Chip

First, we select a 3D printer with a resin to produce the mold of the microchannel layer, base layer, PM valve, and external holder (**Figures 1A,C**). The material used for the mold should be easy to process and shape. In addition, it should be resistant to high



**FIGURE 2 |** Validation of the precise microchannel and through hole of the PM valve. **(A)** Longitudinal section of the S-shaped microchannel. The designed width is 400  $\mu\text{m}$ , the actual width is 399.49  $\mu\text{m}$ , and the deviation is 0.13%. **(B)** Longitudinal section of the Archimedean spiral microchannel. The design width is 400  $\mu\text{m}$ , the actual width is 405.10  $\mu\text{m}$ , and the deviation is 1.28%. **(C)** Cross-section of the S-shaped microchannel. The designed height is 400  $\mu\text{m}$ , the actual height is 400.34  $\mu\text{m}$ , and the deviation is 0.09%. **(D)** Cross-section of the PM valve. The designed width is 400  $\mu\text{m}$ ; the actual width is 391.09, 403.01, and 409.04  $\mu\text{m}$ ; and the average deviation is 1.75%.

temperature to avoid deformation in the oven and ensure that the size of the microchannel is uniform. We remove the unformed material from the surface via an ultrasonic machine and remove surface burrs by sanding. Then, the PDMS matrix and curing agent mixture are put into a vacuum drying oven to remove the bubbles. The bubble-free mixture is poured into the mold, and the tiny bubbles on the surface are blown away with airflow. Setting the temperature at 85°C for 30 min in a thermostatic oven, the formed microchannel and base layers are removed from the mold with tweezers. After removing the dust on the surface, a hole with a diameter of 1 mm is punched on the top of the reservoir. Under the condition of a 200 W power and 1.5 L/min oxygen flow, the microchannel and base layers are bombarded with plasma for 60 s. Hence, the hydrophobic surface was changed into a hydrophilic surface for the breakage of the silicon–oxygen bond.

After that, we place the silicon film between the microchannel layer and the base layer. Let the antibody strips of the silicon film intersect the S-channel of the top layer. The bubbles in the double PDMS layers were squeezed out. They were made tightly bonded using a plasma cleaner. Because the holder plates shade the reservoirs (Figure 1D), the detection antibody solution and CL substrate are added into the lower two reservoirs (Figure 1Ba,d) in advance. One holder plate is placed at the bottom of the double PDMS layer, and another one is installed at the top. Two short pins are inserted into pin holes on both ends of the holders to fasten the two holders. Last, the PM valve was loaded into the through hole, and the assembly of the chip is achieved (Figures 1B,D).

## 2.4 Pretreatment of the Snail-Shaped Microfluidic Chip

A PDMS microfluidic chip with three straight channels (500  $\mu\text{m}$  wide and 300  $\mu\text{m}$  deep) arranged in parallel with a spacing of 3 mm is vertically placed on the surface of the silicon film. CK-MB-Ab<sub>1</sub>, Myo-Ab<sub>1</sub>, and cTnI-Ab<sub>1</sub> are injected into the channels. After 1 h, the silicon film is cleaned with PBST buffer three times to remove the uncoated capture antibodies (Supplementary Figure S1). Then, the silicon film is assembled into the SMC. 50  $\mu\text{l}$  of 5% BSA solution is added to any reservoir after SMC is assembled, and the PM valve is pressed down to the corresponding height. A negative pressure peristaltic pump is used to pump 5% BSA solution into the main microchannel until it is filled with 5% BSA solution. 5% BSA solution is incubated for 15 min to block the vacant sites on the silicon film and the microchannel to reduce nonspecific adsorption of proteins.

## 3 RESULTS AND DISCUSSION

### 3.1 Principle and Characterization

Fluid flow in microfluidic chips is a crucial factor for biochemical analysis (Terray et al., 2002). We employ a PM valve to switch reservoirs to the microchannel and a negative pressure system to control fluid flow. The PM valve comprises three group holes in different directions. Each group hole is 6 mm apart in an altitude interval (Figure 2F). When the hole of the PM valve connects to

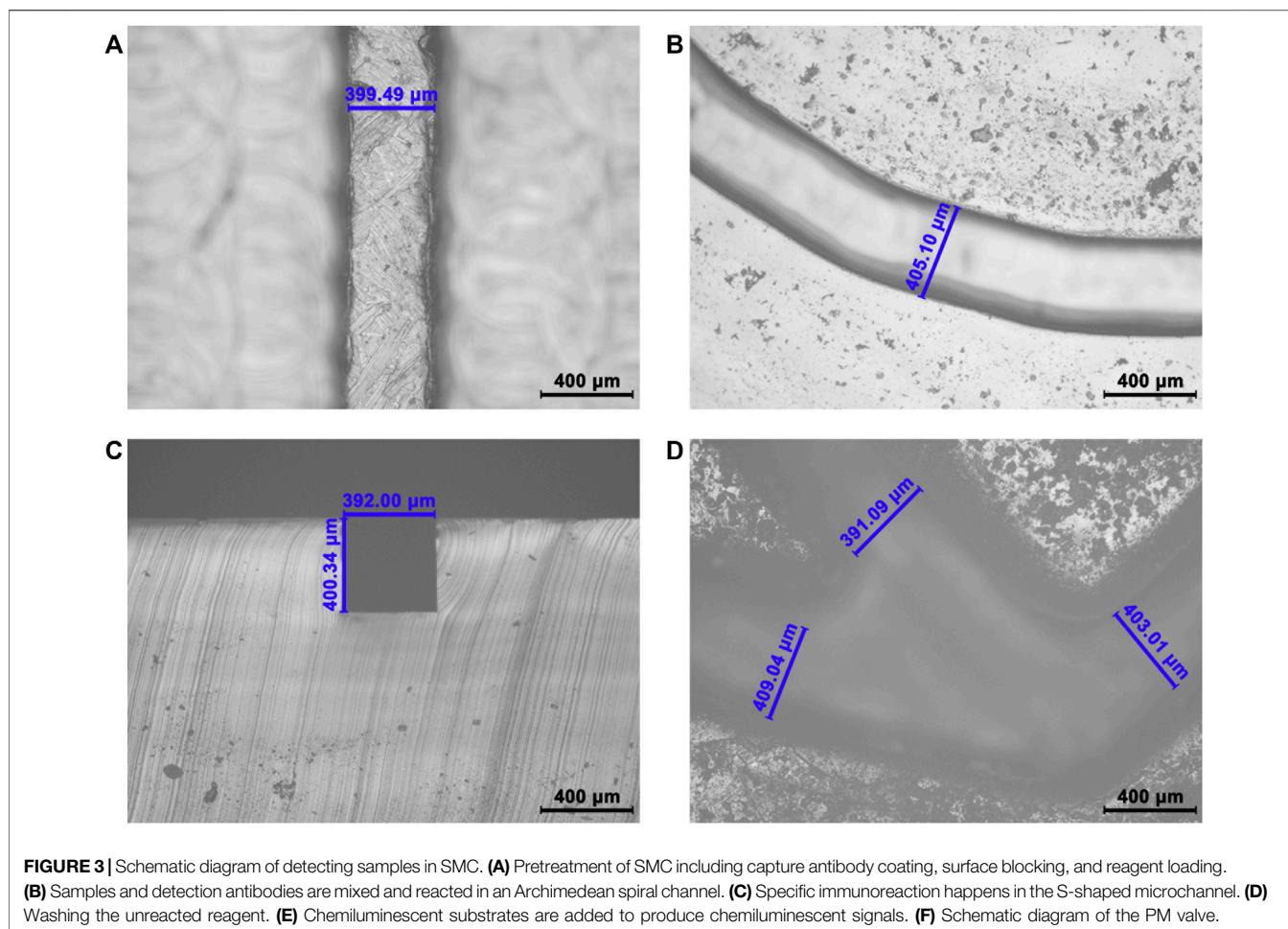
the reservoir, the liquid can be smoothly pumped into the main channel by the negative pressure system. When the nonhole part of the PM valve connects to the reservoir, the liquid is blocked and will not flow into the main channel. To characterize the fluid flow, we use COMSOL software to simulate the flow velocity in the microchannel (Supplementary Figure S2). Under a negative pressure of 3.5 kPa, the flow rate is stabilized.

As a mixing vessel, the Archimedean spiral microchannel can make samples, and detection antibodies released from different reservoirs mix efficiently and quickly (Viktorov et al., 2016; Lee and Fu, 2018; Raza et al., 2018) and then stimulate an immune response instead of affecting the reaction between the antigen and the capture antibody in the sample (Yin et al., 2016). To assess the blending effect of the Archimedean spiral microchannel in the SMC, we use COMSOL software to simulate the mixing effect of its 3D model under a steady state (Supplementary Figure S3A). The concentration of the two solutions at the inlet is set at 0 and 1 mol/L (Supplementary Figure S3B). The mixing efficiency at the outlet of the Archimedean spiral microchannel is 0.9999 (Supplementary Figure S3C), which can meet the mixing requirements of the next experiment.

Compared with lithography and other methods, 3D printing has a simpler process and a lower cost (Chan et al., 2017). It can solve the problems of a small size, high precision, and a complex shape of microfluidic chip channels. Its greatest advantage lies in the low production threshold; convenient, personalized design; and easy manufacture. In order to verify the reliability of this manufacturing method, we measured the deviation between the actual size and the designed size of the S-shaped microchannel (Figure 3A), the Archimedean spiral microchannel (Figures 3B,C), and the PM valve (Figure 3D). The deviations are all below 2.0%. The feasibility of this method to manufacture the precise product is verified. The uniform shape of the microchannel makes the fluid move smoothly in the microchannel, which is the prerequisite and guarantee of an automatic operation. The precise size is also beneficial to the reproducibility and stability of experimental results. SMC with high manufacturing accuracy lays a foundation for batch production in POCT.

### 3.2 Optimization of Coating Capture Antibodies

To obtain an obvious signal, we optimize the concentration of capture antibodies on the silicon film. Silicon films are coated with different concentrations of capture antibodies (3.125, 6.25, 12.5, 25, 50, and 60  $\mu\text{g}/\text{ml}$  cTnI-Ab<sub>1</sub>; 5, 10, 20, 40, and 60  $\mu\text{g}/\text{ml}$  CK-MB-Ab<sub>1</sub> and Myo-Ab<sub>1</sub>). We found that the CL signal value of the sample increases upward at first and then gradually becomes a plateau with the increase of the concentration of the capture antibody when cTnI, CK-MB, and Myo are more than 25, 20, and 40  $\mu\text{g}/\text{ml}$ , respectively (Supplementary Figure S4). The CL signal values of cTnI, CK-MB, and Myo show a downward trend when their capture antibody concentration is above 50, 40, and 40  $\mu\text{g}/\text{ml}$ , respectively. This phenomenon might be caused by the steric hindrance effect, which decreases the sensitivity. Given both cost and sensitivity, 25  $\mu\text{g}/\text{ml}$  cTnI-Ab<sub>1</sub>, 20  $\mu\text{g}/\text{ml}$  CK-MB-Ab<sub>1</sub>, and



40  $\mu\text{g}/\text{ml}$  Myo-Ab<sub>1</sub> are selected as the concentrations of capture antibodies.

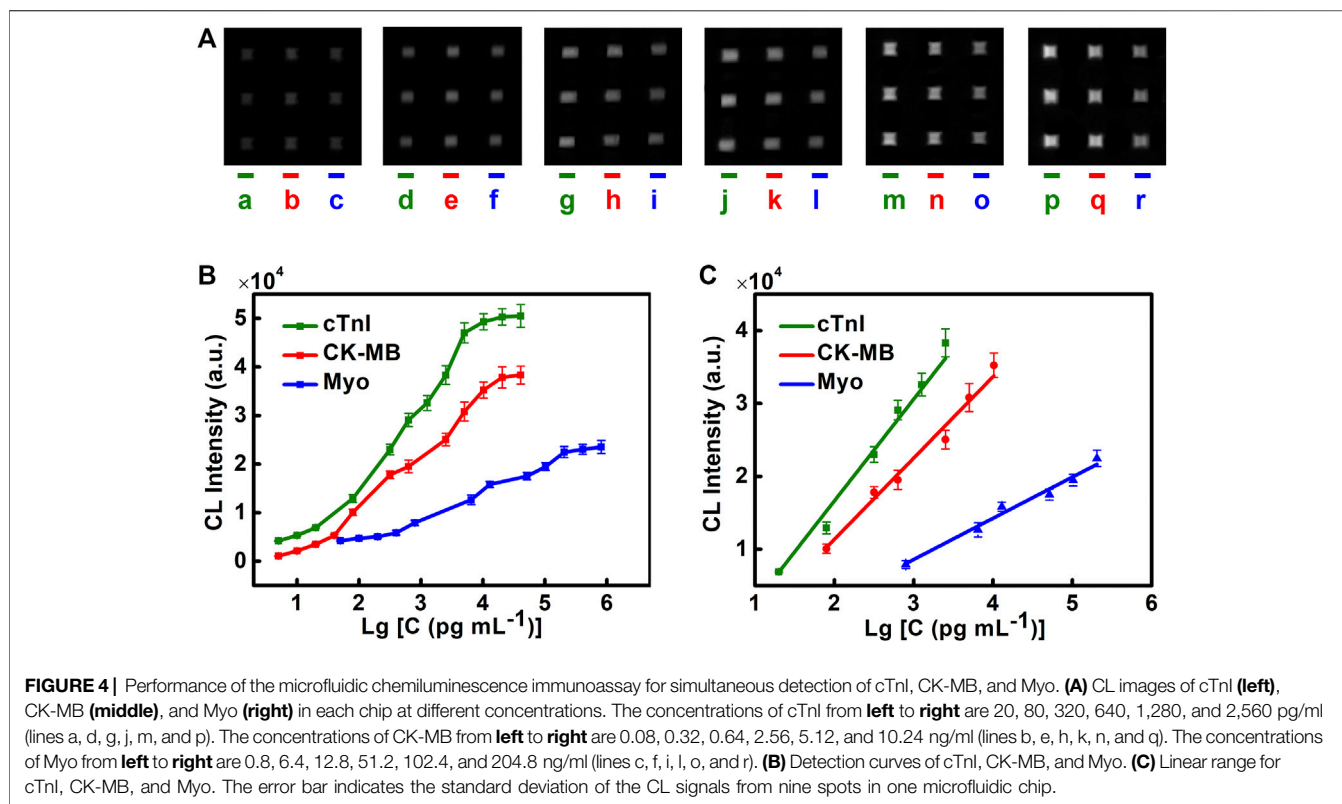
### 3.3 Detecting Process

30  $\mu\text{l}$  of the detection antibody solution (10  $\mu\text{l}$  of 7.2  $\mu\text{g}/\text{ml}$  cTnI-Ab<sub>2</sub>, 10  $\mu\text{l}$  of 6  $\mu\text{g}/\text{ml}$  CK-MB-Ab<sub>2</sub>, and 10  $\mu\text{l}$  of 9  $\mu\text{g}/\text{ml}$  Myo-Ab<sub>2</sub>) and 35  $\mu\text{l}$  of the CL substrate are added into the lower two reservoirs (**Figure 1Ba,d**) before the assembly of the holder plates. After the chip is assembled, 30  $\mu\text{l}$  of the sample (cTnI, CK-MB, and Myo, 10  $\mu\text{l}$  each) and 50  $\mu\text{l}$  of PBST are added into the upper two reservoirs (**Figure 1Bb,c**). The peristaltic pump is connected to the chip interface through a vent. The detecting process can be divided into the following steps: 1) push down the PM valve to the first stage, and let reservoir a (detection antibodies) and reservoir b (sample) connect to the main channel (**Figure 1B**). The peristaltic pump is opened and creates a negative pressure. The sample and detection antibody solution are simultaneously pumped into the Archimedean spiral microchannel and mixed thoroughly. Then, the solution flows into the S-shaped microchannel after the reaction (**Figure 2B**). 2) Turn off the peristaltic pump and incubate for 15 min. Let the mixed sample react with the capture antibodies on the surface of the silicon film sufficiently. Open the peristaltic pump and pump

all the liquid into the waste chamber (**Figure 2C**). 3) Press down the PM valve to the second stage (**Figure 1B**), let PBST (reservoir c) go into the main channel for about 15 s of continuous washing until all PBST are pumped into the waste chamber (**Figure 2D**). 4) Press down the PM valve to the third stage (**Figure 1B**), and let the CL substrate (reservoir d) flow into the S-shaped microchannel, react with the HRP conjugated on the detection antibodies for 5 s, and then flow into the waste chamber (**Figure 2E**). A CL image analysis system is used to record the CL signal. Three S-shaped microchannels intersect with three capture antibody strips on the silicon film, yielding a total of nine (3\*3) detection spots (**Figure 1B**). GEL-PRO Analyzer software is used for image processing to obtain the CL values of each spot. Their average CL value is subtracted from the background value to calculate the sample concentration.

### 3.4 Detecting Performance of cTnI, CK-MB, and Myo

The detecting performance of the chip is evaluated by the linear range and the limit of detection (LOD). Different concentrations of cTnI, CK-MB, and Myo are injected into the microfluidic chip, and the luminescence intensities are recorded. Detection curves,



LOD, and the linear range of different cardiac biomarkers are obtained (Figures 4A–C). We find that cTnI has an ideal linear relationship in the range of 20–2,560 pg/ml ( $Y = -11305.16 + 13968.37X$ ;  $R^2 = 0.98713$ ). CK-MB has an ideal linear relationship in the range of 0.08–10.24 ng/ml ( $Y = -10969.63 + 11160.15X$ ;  $R^2 = 0.98242$ ). Myo has an ideal linear relationship in the range of 0.8–204.8 ng/ml ( $Y = -8378.74 + 5656.95X$ ;  $R^2 = 0.97872$ ) (Figure 4C).

LOD is determined by 3 times the standard deviation of the blank. The LODs of cTnI, CK-MB, and Myo are 1.02, 1.37, and 4.15 pg/ml, respectively. They are far below the clinical diagnostic threshold (CK-MB 0.3–4.0 ng/ml, Myo 12–75 ng/ml, cTnI < 0.2 ng/ml). This method shows high sensitivity in detecting cardiac markers and can meet the needs of clinical diagnosis.

### 3.5 Reproducibility of the Chip Detection and Storage Stability

To evaluate the reproducibility of the chip detection, 10 chips are used to detect cTnI at 320 pg/ml, CK-MB at 640 pg/ml, and Myo at 12.8 ng/ml, which are selected in the linear range (Figures 5A,C,E). It is discovered that the inter-assay RSDs of cTnI, CK-MB, and Myo are 5.88, 5.54, and 6.73%, respectively, and the inter-assay RSDs are all less than 15%. It shows good reproducibility. This is one of the benefits of using a reliable manufacturing technique, where the precise size and stable shape of SMC allow reliable results to be obtained.

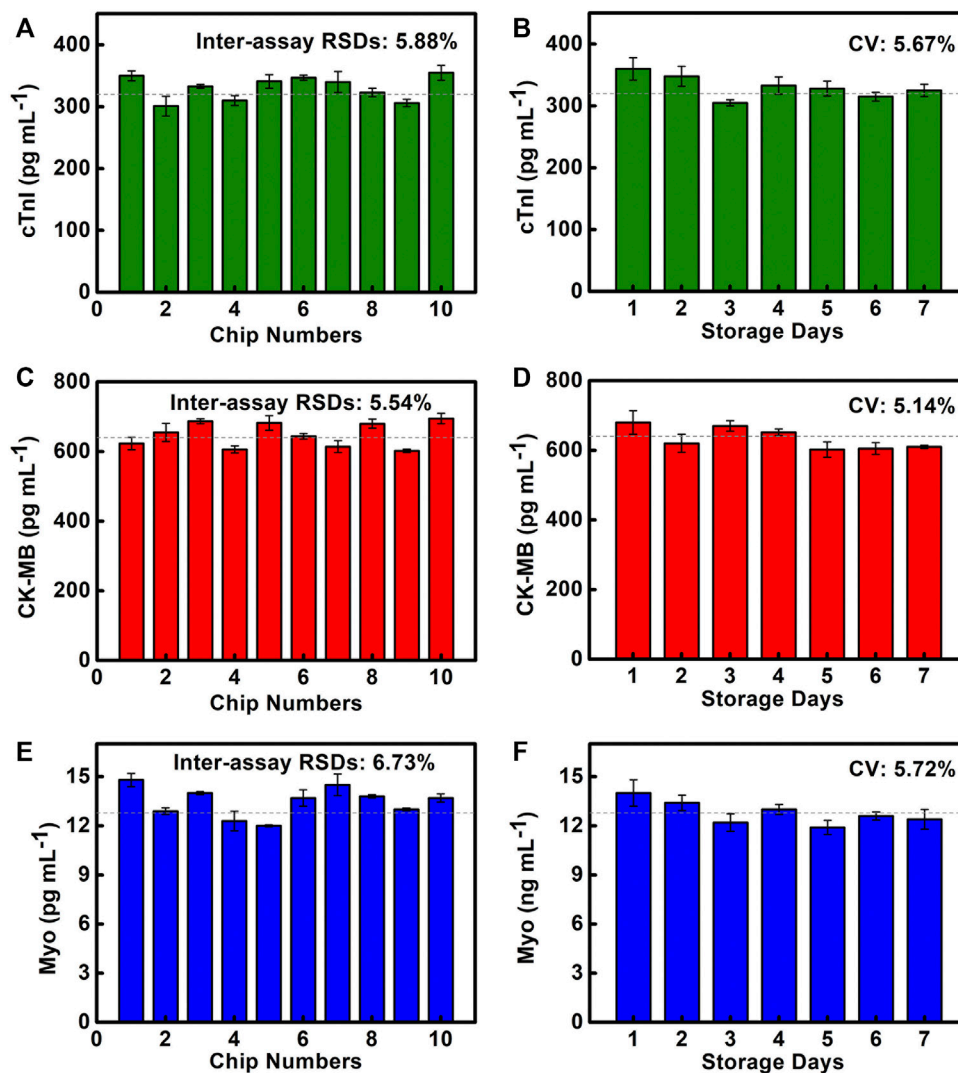
The storage stability of the chip at room temperature (25°C, 1 atm) will directly affect the chip's performance. We test cTnI of

320 pg/ml, CK-MB of 640 pg/ml, and Myo of 12.8 ng/ml to evaluate the storage stability of SMC, which are stored for 1–7 days (Figures 5B,D,F). The results show that the coefficient of variation (CV) of cTnI, CK-MB, and Myo are 5.67, 5.14, and 5.72%, respectively, indicating that the coated capture antibodies and the preloaded reagents all maintain good activity. The chip has good storage stability, which provides a powerful guarantee for POCT applications.

### 3.6 Clinical Sample Testing

In order to verify the reliability of SMC for triple detection of cardiac markers, we use SMC to detect 13 clinical serum samples at a dilution of 500 times and compare them with the results of the ELISA kit used in the hospital (Figures 6A,C,E). The results indicate that the SMC method was consistent with the ELISA method routinely used in hospitals, and four healthy samples (Nos. 1, 3, 7, and 11) and nine patient samples (Nos. 2, 4, 5, 6, 8, 9, 10, 12, and 13) are accurately detected and show a good correlation (cTnI,  $R^2 = 0.98729$ ; CK-MB,  $R^2 = 0.98859$ ; Myo,  $R^2 = 0.98243$ ) (Figures 6B,D,F). It is noted that there is no significant difference in results between the two methods.

In normal human serum, the contents of cTnI, CK-MB, and Myo are below 200 pg/ml, 0.3–4.0, and 12–75 ng/ml, respectively. It is worth noting that the contents of CK-MB and Myo in serum are in the normal range for AMI positive sample 5. The SMC-CL method acquires a content of 2.79 ng/ml CK-MB and 42.6 ng/ml Myo, whereas ELISA obtains a content of 2.8 ng/ml CK-MB and 44.6 ng/ml Myo. In contrast, the result of cTnI shows a positive result for both SMC-CL and ELISA methods, which acquires a



**FIGURE 5** | Reproducibility and storage stability of SMC. (A–C) Quantitative results of cTnl, CK-MB, and Myo are detected on 10 SMCs. (D–F) Quantitative results of cTnl, CK-MB, and Myo are detected on SMC stored for 1–7 days.

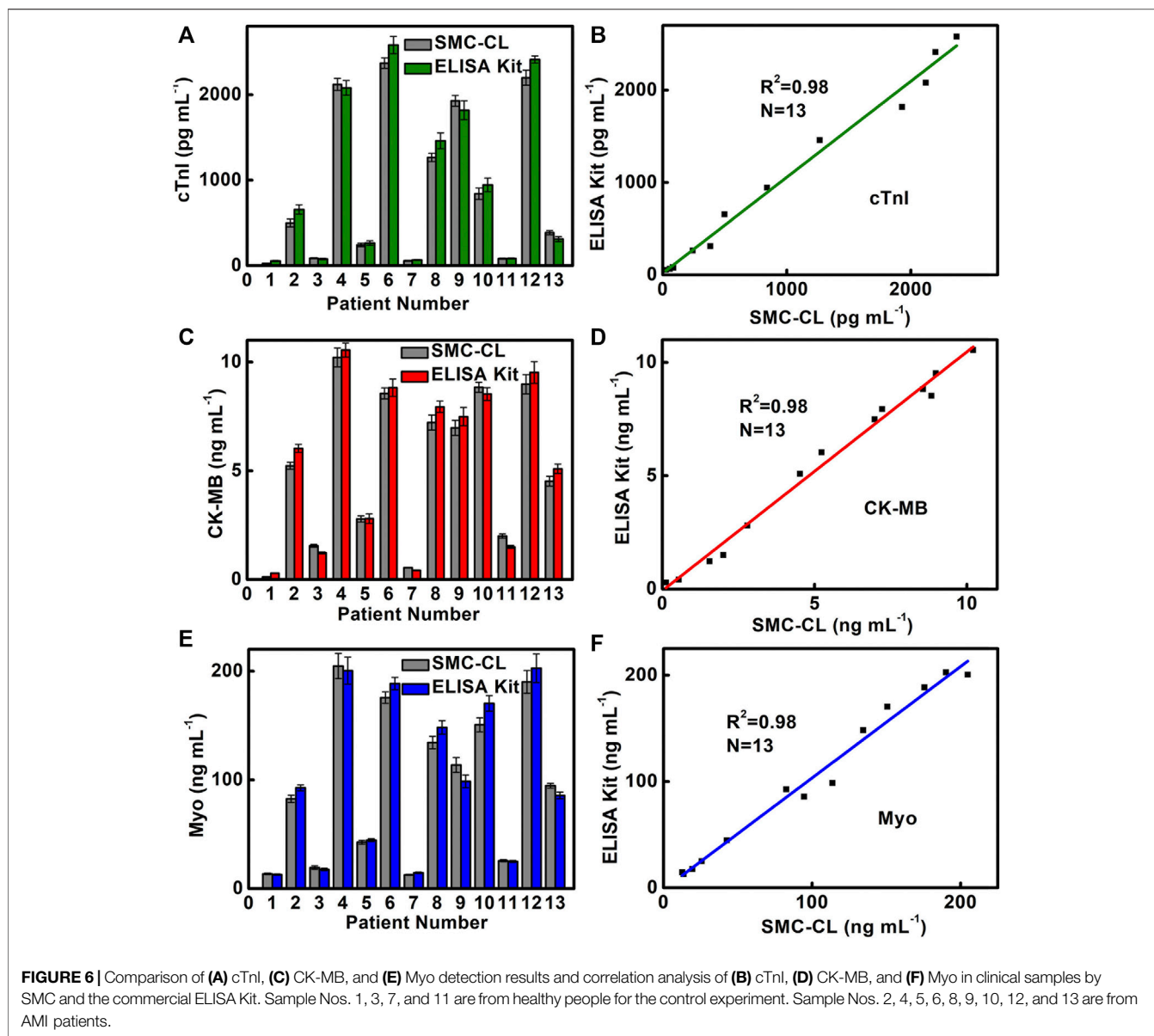
content of 242 pg/ml for the SMC-CL method and 264 pg/ml for the ELISA method. It means that the indicator of cTnl is more accurate than that of CK-MB and Myo for sample 5. There are two reasons accounted for this phenomenon. First, as an early indicator of AMI with the characteristics of early rise and fast disappearance, Myo is released into the blood after 1 h of the AMI onset and will decline at 12–24 h. When we do blood sampling after 12 h of AMI onset, Myo levels might have dropped below the diagnostic threshold. Second, when micromyocardial infarction occurs, there is not much damage in the area of the myocardial cell. The contents of CK-MB and Myo are increased above the normal level but do not exceed the diagnostic threshold. Fortunately, AMI can be confirmed by the elevation of cTnl and other clinical symptoms. Since a single indicator detecting cardiac biomarkers by the conventional method (ELISA KIT)

cannot give an accurate and prompt diagnosis for AMI, multiplex detecting cardiac markers becomes crucial and essential. The SMC method we developed can detect three cardiac biomarkers simultaneously in 17 min, which meets the need of the clinical application for POCT.

### 3.7 Comparison of Detection Capabilities

To verify the advantages of SMC, we compare the colorimetric method, immunofluorescence analysis method, and surface-enhanced Raman scattering (SERS) method in terms of the number of markers, LOD value, and detection time (Table 1). It shows that SMC has higher sensitivity, a lower operating technology threshold, more portable detection equipment, and, most importantly, a significant advantage in detection time under the premise of simultaneous detection of multiple markers.





**TABLE 1 |** Comparison of SMC detection capabilities.

Detection method	CL	CL	Colorimetric	Fluorescence	SERS
Multiplex testing	Y	Y	N	Y	Y
Detection time	17 min	>1 h	1.5 h	>4.5 h	30 min
Performance of operations	Simple	Complicated	Complicated	Complicated	Simple
LOD of cTnI	1.02 pg/ml	6 pg/ml	4.4 pg/ml	2 ng/ml	0.44 pg/ml
CK-MB	1.37 pg/ml	67 pg/ml	300 pg/ml	3 ng/ml	0.55 pg/ml
Myo	4.15 pg/ml	100 pg/ml	270 pg/ml	5 ng/ml	3.2 pg/ml
References	This Work	Zhao et al. (2019)	ELISA KIT	Caulum et al. (2007)	Zhang et al. (2018)

## 4 CONCLUSION

In conclusion, we developed an SMC for the multiplex detection of the cardiac markers cTnI, CK-MB, and Myo

to carry out early and rapid screening of AMI. Manufacturing with 3D printing has the advantages of good reliability, a low production threshold, and diverse individualized design. The time consumption is significantly reduced because antigens

and detection antibodies are premixed in the chip. Compared with other methods, it has the advantages of simultaneously detecting multianalytes with higher sensitivity and a faster speed. We believe that the SMC has a great clinical application value in the combined detection of cardiac markers and other biomarkers and the potential in POCT such as emergency vehicles, communities, and families.

## DATA AVAILABILITY STATEMENT

The original contributions presented in the study are included in the article/**Supplementary Material**; further inquiries can be directed to the corresponding authors.

## ETHICS STATEMENT

The studies involving human participants were reviewed and approved by the Ethics Committee of Yangzhou University Medical College. Written informed consent for participation was not required for this study in accordance with the national legislation and the institutional requirements.

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## AUTHOR CONTRIBUTIONS

BY designed the study, verified the experimental data, and provided funding. XW analyzed the experimental data and drafted the manuscript. CQ and AS edited graphs and performed the experiments. TZ ran simulations and provided funding. SW proofread the manuscript and the method. All authors read and approved the final manuscript. All authors agree to be accountable for the content of the work.

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## SUPPLEMENTARY MATERIAL

The Supplementary Material for this article can be found online at: <https://www.frontiersin.org/articles/10.3389/fchem.2021.741058/full#supplementary-material>

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