



A new approach to the Box–Cox transformation

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We propose a new methodology to estimate λ , the parameter of the Box–Cox transformation, as well as an alternative method to determine plausible values for it. The former is accomplished by defining a grid of values for λ and further perform a normality test on the λ -transformed data. The optimum value of λ , say λ^* , is such that the p -value from the normality test is the highest. The set of plausible values is determined using the inverse probability method after plotting the p -values against the values of λ on the grid. Our methodology is illustrated with two real-world data sets. Furthermore, a simulation study suggests that our method improves the symmetry, kurtosis and, hence, the normality of data, making it a feasible alternative to the traditional Box–Cox transformation.

Keywords: maximum likelihood estimation (MLE), combined p -value, normality test, grid-search

OPEN ACCESS

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Specialty section:

This article was submitted to
Quantitative Psychology and
Measurement,
a section of the journal
Frontiers in Applied Mathematics and
Statistics

Received: 03 August 2015

Accepted: 12 October 2015

Published: 30 October 2015

Citation:

Vélez JI, Correa JC and
Marmolejo-Ramos F (2015) A new
approach to the Box–Cox
transformation.
Front. Appl. Math. Stat. 1:12.
doi: 10.3389/fams.2015.00012

1. INTRODUCTION

Many researchers are faced with data that deviates from normality and that therefore requires treatment such that the assumption is met or approximated. Normalizing data is particularly relevant when parametric tests (e.g., analysis of variance [ANOVA] and linear mixed models) and, even, non-parametric tests are used [1]. One of the methods to enhance data's normality is via transformations. While transformations need to be used cautiously [2], they have the added benefit of not leading to the elimination of observations and also accommodating all observations into a distribution that tends to be less skewed than the original data (see [3], for a comprehensive study of the effects of applying transformations to positively skewed distributions). Also, transformations are especially needed when dealing with repeated measures designs and when measures are taken over a number of learning trials [4]. As a matter of fact, transforming data has been found helpful in revealing statistically significant differences across experiments that would have been otherwise missed if such treatment had not been applied [5]. A family of transformations commonly used in various research fields is known as the Box–Cox transformation [6].

Box and Cox [7] proposed a parametric power transformation technique defined by a single parameter λ , aimed at reducing anomalies in the data [7, 8] and ensuring that the usual assumptions for a linear model hold [9]. This transformation results from modifying the family of power transformations defined by Tukey [10] to account for the discontinuity at $\lambda = 0$ [8].

In regression analysis, the Box–Cox transformation is a fundamental tool [8, 11] and has been extensively studied in the literature. For instance, robust [12–15], Bayesian [16], symmetry-based [17], and quick-choice [18] estimators of λ have been proposed. The estimation [19], prediction [20, 21], diagnostics [22] and potential problems in linear models when the variables are rescaled

[23] have also been discussed. Additionally, some normality tests for transformed data have been presented [17, 24, 25].

Because of the well-known properties of maximum likelihood estimators (MLEs) [26], it is usual to estimate λ by $\hat{\lambda}_{MLE}$. Additionally, any statistical analysis on the transformed data is performed assuming that λ is known [9]. However, for any other value of λ , say λ_0 , the normality assumption does not hold. As a result, a non-regular estimation problem [27] arises since an inappropriate likelihood function is obtained for all values of λ but λ_0 . Hence, the $\hat{\lambda}_{MLE}$ and the inference built upon are not appropriate. Hernandez and Johnson [28] have consequently derived asymptotic results for this case.

In this document, a new methodology for estimating λ and an alternative method of determining plausible values for it are proposed. To accomplish both goals, we use a grid-search approach in combination with a normality test performed on the λ -transformed data to determine λ^* , the optimum value of λ , such that the p -value from the normality test is the highest. We investigate the advantage of the proposed methodology through two real data sets and simulated data, and append the R [29] code to apply the method described herein (see Appendix).

2. THE BOX–COX TRANSFORMATION

Let $y = (y_1, y_2, \dots, y_n)'$ be the data on which the Box–Cox transformation is to be applied. Box and Cox [7] defined their transformation as

$$y_i^{(\lambda)} = \begin{cases} \lambda^{-1}(y_i^\lambda - 1) & \text{if } \lambda \neq 0 \\ \log(y_i) & \text{if } \lambda = 0 \end{cases} \quad (1)$$

such that, for unknown λ ,

$$y^{(\lambda)} = X\beta + \epsilon \quad (2)$$

where $y^{(\lambda)}$ is the λ -transformed data, X is the design matrix (possible covariates of interest), β is the set of parameters associated with the λ -transformed data, and $\epsilon = (\epsilon_1, \epsilon_2, \dots, \epsilon_n)$ is the error term. Since the aim of Equation (1) is that

$$y^{(\lambda)} \sim N(X\beta, \sigma^2 I_n), \quad (3)$$

then $\epsilon \sim N(0, \sigma^2)$. Note that the transformation in Equation (1) is only valid for $y_i > 0, i = 1, 2, \dots, n$, and modifications have to be made when negative observations are present [7–9, 30].

3. A p -VALUE-BASED APPROACH FOR λ

As reported above, λ has traditionally been estimated via the MLE method, particularly via profile log-likelihoods. Our method is characterized by pairing the value of λ , used to transform a specific data set, with the associated p -value of a desired normality test performed on the λ -transformed data. A key characteristic of our method is that the selected λ is that paired with the largest p -value given by the desired normality test.

3.1. Procedure

Let $\{\lambda\}_k$ be a sequence of k plausible values of λ (unknown) such that

$$\underbrace{\lambda_L < \lambda_2 < \lambda_3 < \lambda_4 < \dots < \lambda_{k-1} < \lambda_U}_{k\text{-elements}} \quad (4)$$

Here, λ_L and λ_U are, respectively, the lower and upper bounds of that sequence containing a (small) number of λ s. This is justified by the “fix one, or possibly a small number of λ s and go ahead with the detailed estimation” strategy presented in Box and Cox [7].

Using the values of λ in Equation (4), our search strategy involves the following steps:

1. Apply Equation (1) to y with $\lambda = \lambda_j, j = 1, 2, \dots, k$.
2. Perform a normality test on $y^{(\lambda_j)}$, and extract the p -value. Denote this p -value as $p_j, j = 1, 2, \dots, k$.
3. Let $p^{(k)} = \max\{p_1, p_2, \dots, p_k\}$. On the pairs (λ_j, p_j) , determine λ^* as

$$\lambda^* = \{\lambda_j : p_j = p^{(k)}\} \quad (5)$$

4. Report λ^* .

Since λ^* is such that the p -value for the normality test is the highest for all possible values of $\lambda \in (\lambda_L, \lambda_U)$ when a specific normality test is applied, Equation (3) follows. However, it could also be the case that, for the same value of λ^* , other normality tests reject the null hypothesis (see **Figure 2**, for some examples).

3.2. Confidence Interval for λ^*

In addition to the estimation of λ^* , our approach also allows the possibility of calculating a confidence interval (CI) for this parameter using the inverse probability method.

Consider **Figure 1** and let $\alpha \in (0, 1)$ be the type I error probability. The lower and upper limits $100 \times (1 - \alpha)$ CI are given by

$$\lambda^L = \{\lambda_i \in (\lambda_L, \lambda^*) : \min |p_i - \alpha|\} \quad (6)$$

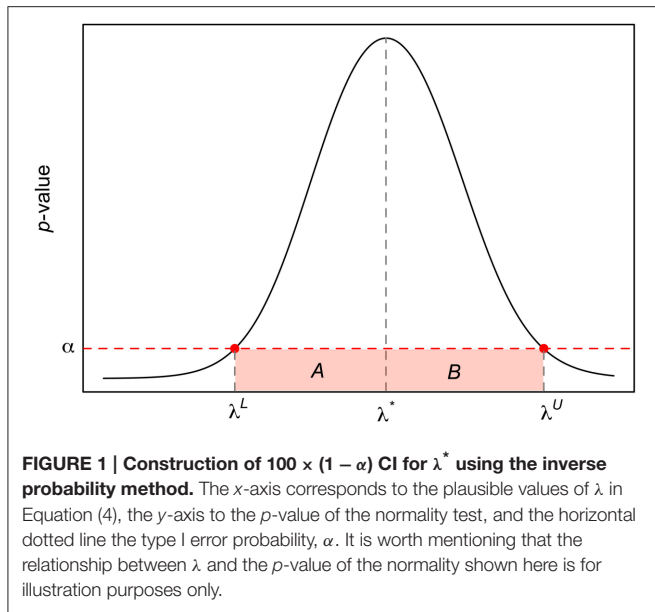
and

$$\lambda^U = \{\lambda_i \in (\lambda^*, \lambda_U) : \min |p_i - \alpha|\}. \quad (7)$$

These two expressions are derived as follows. Initially, we estimate λ^* by finding the j th index such that the p -value of the normality test is the highest, and further partition (Equation 4) as $A \cup B$, with $A = \{\lambda : \lambda \in (\lambda_L, \lambda^*)\}$ and $B = \{\lambda : \lambda \in (\lambda^*, \lambda_U)\}$. Within each of these two sets, we calculate the absolute difference between α and p -values of the normality test (associated with each λ value in the set). Finally, λ^L and λ^U are such that these differences are the minimum.

3.3. Selection of a Normality Test: Combined p -values

Several normality tests could be used in the steps described above, but their power depends on the sample size and the type of distribution the data resembles [31]. An automated approach to



circumvent the job of selecting a normality test would be to fit several potential parent distributions to the λ_j-transformed data, find the distribution that gives the best fit (e.g., the lowest Akaike’s Information Criterion [AIC]), and then choose the normality test with the highest power against that distribution. The drawback of this approach is there are also many candidate distributions that could be fitted to the data and not all of them have been studied in the context of normality tests. In other words, the power of all normality tests against all probability distributions is unknown.

A more parsimonious approach would be to use the combined p-value of a selected number of normality tests. Approximately 40 different types of normality tests exist [32] all of which can be coarsely classified in three categories: (i) regression/correlation-, (ii) empirical distribution function-, and (iii) measure of moments-based tests [31]. Thus, choosing an equal number of tests from each category would enable an educated assessment of the normality of a data set whose likely parent distribution is unknown. In this article, we used the Shapiro–Wilk (SW) and Shapiro–Francia (SF) tests from category (i), Kolmogorov–Smirnov (KS) and Anderson–Darling (AD) from category (ii), and Doornik–Hansen (DH) and robust Jarque–Bera (rJB) from category (iii).

Some of the methods proposed for the combination of p-values include Fisher’s, Tippett’s, Liptak’s, Sidak’s, Simes’s, Stouffer’s (see [33], for a review), and Vovk’s [34]. In this article, we chose Stouffer’s method because (i) it is more powerful and precise than others methods for combining p-values [35, 36]; and (ii) its simplicity by Z-transforming a set of p-values obtained from independent tests.

Using the Stouffer’s method, the combined p-value of M independent statistical tests is

$$p_{\text{combined}} = 1 - \Phi^{-1}(Z_S), \tag{8}$$

with

$$Z_S = \frac{\sum_{m=1}^M w_m Z_m}{\sqrt{\sum_{m=1}^M w_m^2}}. \tag{9}$$

In the expressions above, Φ is the cumulative standard normal distribution, w_m is the weight of the mth study, and Z_m is the quantile of the standard normal distribution associated with p-value of the m statistical test, m = 1, 2, . . . , M.

Now, suppose M normality tests are chosen and used such that the pairs (λ_j, p_j)_m are calculated, j = 1, 2, . . . , k, m = 1, 2, . . . , M. In addition, we combine p_{j,1}, p_{j,2}, . . . , p_{j,M} to obtain p_{j,combined}, j = 1, 2, . . . , k. Finally, using Stouffer’s method, λ* is estimated as

$$\lambda_{\text{combined}}^* = \{\lambda_j : p_{j,\text{combined}} = p_{(k),\text{combined}}\} \tag{10}$$

with p_{(k),combined} being the maximum of the combined p-values.

4. EXAMPLES

In this section, we illustrate the usefulness of our method by estimating λ* for two real data sets and compare the power of our method with that of the traditional MLE approach via a statistical simulation. Additionally, we provide an example demonstrating how well our method works in the case of a linear regression model.

4.1. Published Data

4.1.1. Example 1: Gesturing Movement Times

Salowitz et al. [37] measured the movement times of 13 autistic and 14 typically developing children when imitating hand/arm gestures and performing mirror drawing. **Figure 2A** represents the movement times of the autistic children when their task consisted of imitating a variety of gestures performed by a person in a video¹. The authors used a logarithmic transformation (λ = 0, **Figure 2B**) to normalize the movement times. It is clear from **Figure 2B** that such transformation achieves normality for most of the tests under consideration. However, the λ suggested by our method using the combination of p-values (λ* = 0.332, 95%CI = [−0.039, 0.707]) leads to a transformation with increased chances of passing most normality tests (see **Figures 2B,C**).

4.1.2. Example 2: Consonant Classification Times

Marzouki et al. [38] investigated whether information from a prime stimulus can be integrated with a target stimulus despite the two stimuli appearing at different spatial locations. In order to do so, five participants were asked to classify a set of target consonants as being a consonant or a pseudo-consonant (i.e., visual modifications of the target consonant). Target consonants appeared on seven different locations on the computer screen along the horizontal meridian. In one condition, consonants were primed by consonants and in the other consonants were preceded by pseudo-consonants. Participants repeated this task over five sessions during two blocks. **Figure 2D** represents the reaction times when consonants were preceded by consonants and when such pairings were presented on the extreme left area of the

¹See [37], for details of the computation of the movement times.

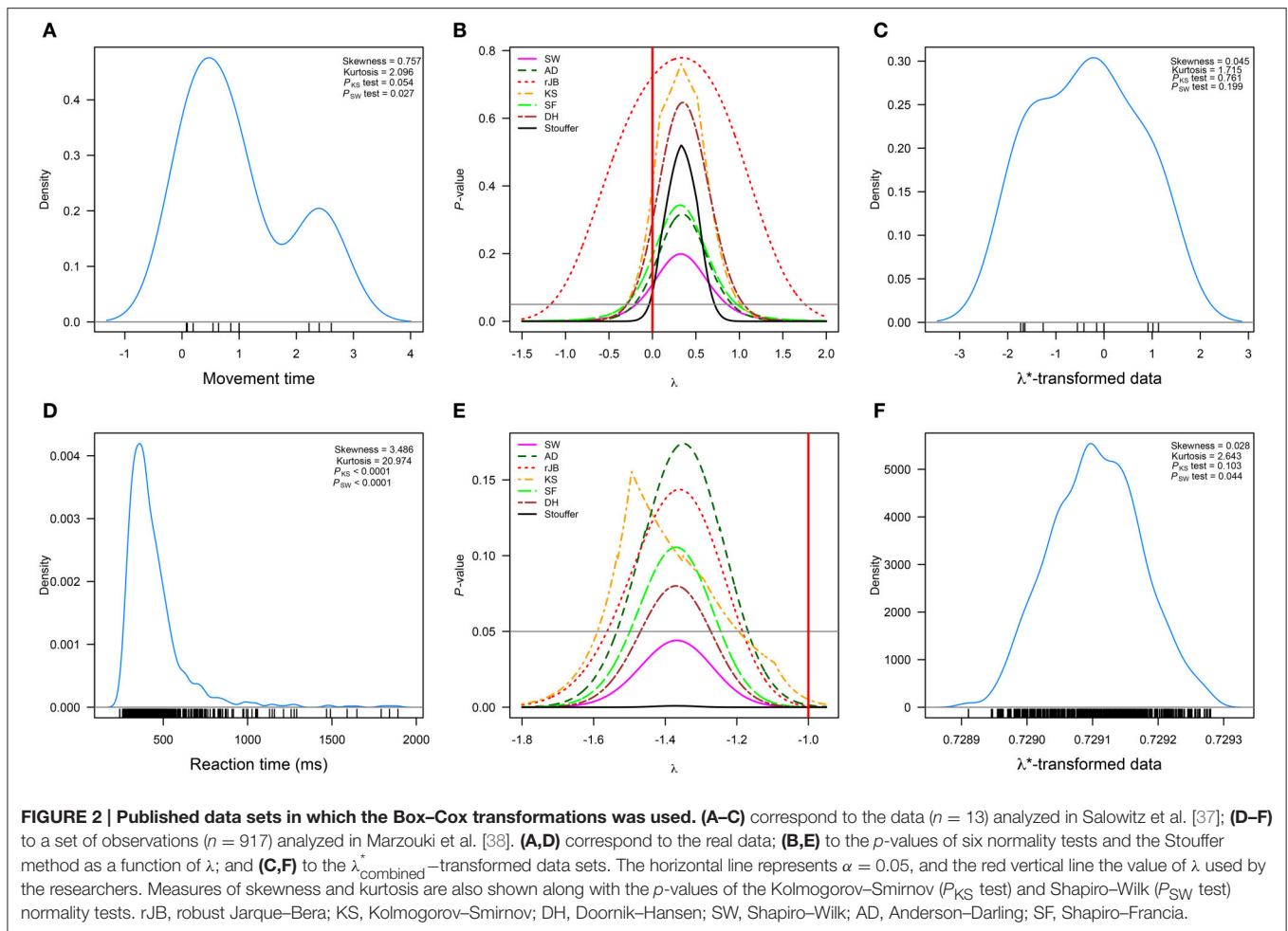


FIGURE 2 | Published data sets in which the Box–Cox transformations was used. (A–C) correspond to the data ($n = 13$) analyzed in Salowitz et al. [37]; (D–F) to a set of observations ($n = 917$) analyzed in Marzouki et al. [38]. (A,D) correspond to the real data; (B,E) to the p -values of six normality tests and the Stouffer method as a function of λ ; and (C,F) to the $\lambda^*_{combined}$ -transformed data sets. The horizontal line represents $\alpha = 0.05$, and the red vertical line the value of λ used by the researchers. Measures of skewness and kurtosis are also shown along with the p -values of the Kolmogorov–Smirnov (P_{KS} test) and Shapiro–Wilk (P_{SW} test) normality tests. rJB, robust Jarque–Bera; KS, Kolmogorov–Smirnov; DH, Doornik–Hansen; SW, Shapiro–Wilk; AD, Anderson–Darling; SF, Shapiro–Francia.

screen. The researchers used $\lambda = -1$ to normalize the results. As shown in **Figure 2E**, this value of λ would not lead to a successful normalization.

A similar result is obtained only when the SW normality test and the combined p -value approach are used with our method. However, the value $\lambda^*_{DH} = -1.3703$ (95%CI = $[-1.469, -1.272]$) transforms the data such that most normality tests, but SW, judge it as normal (**Figure 2F** shows the data transformed with this λ).

These two data sets further show that different normality tests can give different results regarding the normality of a specific data set and this is particularly evident in the difference between p -values given by the KS and SW tests. Specifically, the SW test is much more stringent than the KS test even when the data is assessed as normal by other normality tests (see the p -values in **Figures 2A,F**, as well as the results shown in the second column of that figure). The fact that normality tests give such different results simply reflects their power against different types of distributions and sample sizes [39]. Due to such a discrepancy in results, methods of combining p -values are helpful in gauging a p -value that would represent the normality of a specific data set as evaluated by a set of selected normality tests. Although our method can rely on one normality test alone, we believe using

combined p -values, specifically the Stouffer method, is a sound and safe way to estimate λ .

4.2. Normalizing Residuals in Linear Regression

Suppose an outcome y and a predictor x are measured, and that it is of interest to apply a Box–Cox transformation when fitting the linear model

$$y = \beta_0 + \beta_1 x + \epsilon \tag{11}$$

where ϵ is the error term. For simplicity, we simulate $n = 50$ observations with x uniformly distributed on the interval $(1, 10)$ and ϵ from an exponential distribution with parameter $\mu = 1$. Under this setting, it is clear that the error term does not meet the usual regression assumptions.

We estimate the parameter of the Box–Cox transformation using both MLE and our p -value-based approach using the Stouffer’s method. In the first case, the `boxcox` function in Venables and Ripley [40] was used, whereas for our method a function in R was programmed. For a fixed value of λ , this function applies the Box–Cox transformation on y , fits the regression model, calculates the residuals, applies a normality test

and finally extracts the p -value of such a test. As shown in §3.1, the value of λ^* will be that for which the p -value of the normality test is the highest.

The combined p -value approach was also utilized to find the value of λ MLE and that provided by our p -value-based approach (see §3.3, for more details). In the first case, $\hat{\lambda}_{\text{combined}}^{\text{MLE}} = 0.282$ and $p_{\text{combined}}^{\text{MLE}} = 0.0755$, whereas $\lambda_{\text{combined}}^* = 0.4514$ and $p_{\text{combined}} = 0.7297$ using our approach. Furthermore, a comparison of the symmetry (γ) and kurtosis (β) coefficients for the residuals of model (Equation 11) after transforming y using the values found with each method revealed the residuals produced by our method are more symmetric ($\gamma_{\text{MLE}} = -0.31$ vs. $\gamma_{\text{combined}} = 0.097$) and have a kurtosis closer to that of the normal distribution ($\beta_{\text{MLE}} = 2.791$ vs. $\beta_{\text{combined}} = 3.089$). The values of $\gamma \rightarrow 0$, $\beta \rightarrow 3$, and $p_{\text{combined}} \rightarrow 1$ suggest that our method is efficient at normalizing the residuals of this regression model.

4.3. Simulated Data

Several probability distributions have been proposed in the literature to model positively-skewed data, such as reaction and response time data. Distributions such as the Log-Normal, Weibull, and Wald have been suggested as candidate parent distributions for these types of data. However, the most studied is the Ex-Gaussian (EG) distribution [39].

In order to determine the performance of the MLE of λ and our p -value-based approach, we conducted a simulation study in which data sets from three EG distributions with parameters $\theta_1 = (300, 20, 300)$, $\theta_2 = (400, 20, 200)$, and $\theta_3 = (500, 20, 100)$ were generated (referred to as EG₁, EG₂ and EG₃, respectively). These parameters were chosen because they represent three levels of skewness in the data ranging from high (θ_1) to low (θ_3). The probability densities of these EG distributions can be seen in Marmolejo-Ramos and González-Burgos [39].

We implemented the following algorithm in R:

1. For fixed i and n , draw a random sample of size n from the i th distribution, $i = 1, 2, 3$. Denote this sample as $y = (y_1, y_2, \dots, y_n)$.
2. Let M be the total number of normality tests. Apply Equation (1) on y and estimate $\hat{\lambda}_{\text{MLE}}$. Now, on the λ_{MLE} -transformed data, apply the M normality tests and determine $p_1^{\text{MLE}}, p_2^{\text{MLE}}, \dots, p_M^{\text{MLE}}$, the p -values of the M normality tests. Further, combine these p -values using Equation (8) to obtain $p_{\text{combined}}^{\text{MLE}}$.
3. Determine the pairs (λ_m^*, p_m^*) , $m = 1, 2, \dots, M$. Subsequently, for each value of λ_j in the sequence $\lambda_L, \lambda_2, \dots, \lambda_U$, combine the p -values of the M normality tests to obtain $p_{j,\text{combined}}$, $j = 1, 2, \dots, k$. From these p -values, obtain $\lambda_{\text{combined}}^*$ and p_{combined} .
4. Report n , $\hat{\lambda}_{\text{MLE}}$, $p_1^{\text{MLE}}, p_2^{\text{MLE}}, \dots, p_M^{\text{MLE}}, p_{\text{combined}}^{\text{MLE}}$, the pairs (λ_m^*, p_m^*) , $m = 1, 2, \dots, M$, and $(\lambda_{\text{combined}}^*, p_{\text{combined}})$.
5. Repeat steps 1–4, B times.

For analysis purposes, the rejection rate (RR) of the M normality tests and the combined p -values were calculated for each method

(MLE and p -value-based). The RR was defined as

$$\text{RR} = B^{-1} \sum_{b=1}^B I_{\{p_b < \alpha\}} \quad (12)$$

where p_b is the p -value of the test under evaluation in the b th iteration ($b = 1, 2, \dots, B$), and I is an indicator variable. The proportion of normalization can be thus obtained as $1 - \text{RR}$.

In the simulation set up, we used $n = \{10, 30, 50, 100, 500\}$ as sample sizes and considered the Shapiro–Wilk (`shapiro.test` in R), Anderson–Darling (`ad.test` in Gross and Ligges [41]), robust Jarque–Bera (`rjb.test` in Gastwirth et al. [42]), Shapiro–Francia (`sf.test` in Gross and Ligges [41]), Kolmogorov–Smirnov (`lillie.test` in Gross and Ligges [41]), and Doornik–Hansen (`normality.test1` in Wickham [43]) normality tests. The Box–Cox transformation parameter was estimated with the `powerTransform` function in the `car` package [44]. As suggested by Robey and Barcikowski [45], a total of $B = 1000$ iterations were used.

4.3.1. Results

Figures 3, 4 show the main results. For each of the normality tests when λ_{MLE} and the combined p -value approaches were used, no obvious differences in the proportion of normalization were shown. However, as shown in Figure 3C, combining the p -values given by the normality tests for both the MLE and our method showed a slightly better performance of our method over the MLE, particularly when $n < 100$ across the three distributions. Figures 3A,B further suggests that our method does a better job than the MLE at normalizing less skewed distributions (like EG₃).

In order to formally determine differences between the methods tested, we compared the probability densities of the combined p -values obtained in the simulation. The results corroborated that our method performed better than the MLE method at normalizing non-normal distributions with low skewness across the sample sizes tested (see the third column in Figure 4). Additionally, this analysis showed that our method outperformed the MLE when distributions had mild (like EG₂) to high (like EG₁) levels of skewness and very small sample sizes (e.g., $n = 10$).

5. DISCUSSION AND CONCLUSIONS

The combined p -value approximation provides a better way of finding the appropriate λ for achieving normality since it considers the degree of agreement between the λ -transformed data and the normal distribution. If the p -value is sufficiently larger for more than one value of λ , we conclude that there is no way to guarantee normality with a single value of λ using our methodology; however this scenario seems unlikely. Although in our current implementation (see Appendix) of the proposed method it is not possible to select an optimal grid to search, we suggest exploring intervals and elements within these intervals to obtain a more precise value of λ^* . Further implementations should include adaptive- and/or random-based search methods [46, 47]. Despite this, we believe that our methodology provides

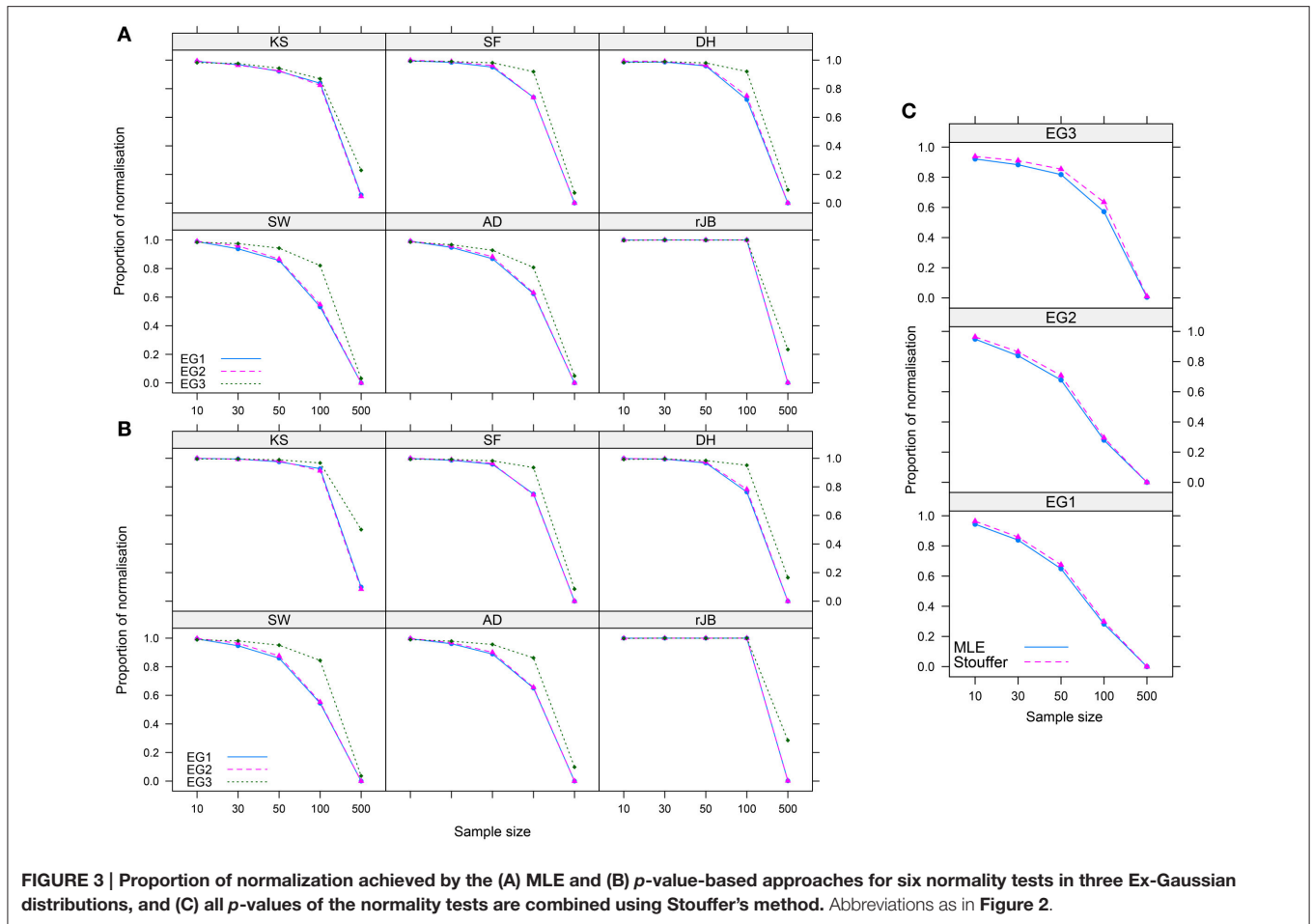


FIGURE 3 | Proportion of normalization achieved by the (A) MLE and (B) p -value-based approaches for six normality tests in three Ex-Gaussian distributions, and (C) all p -values of the normality tests are combined using Stouffer's method. Abbreviations as in Figure 2.

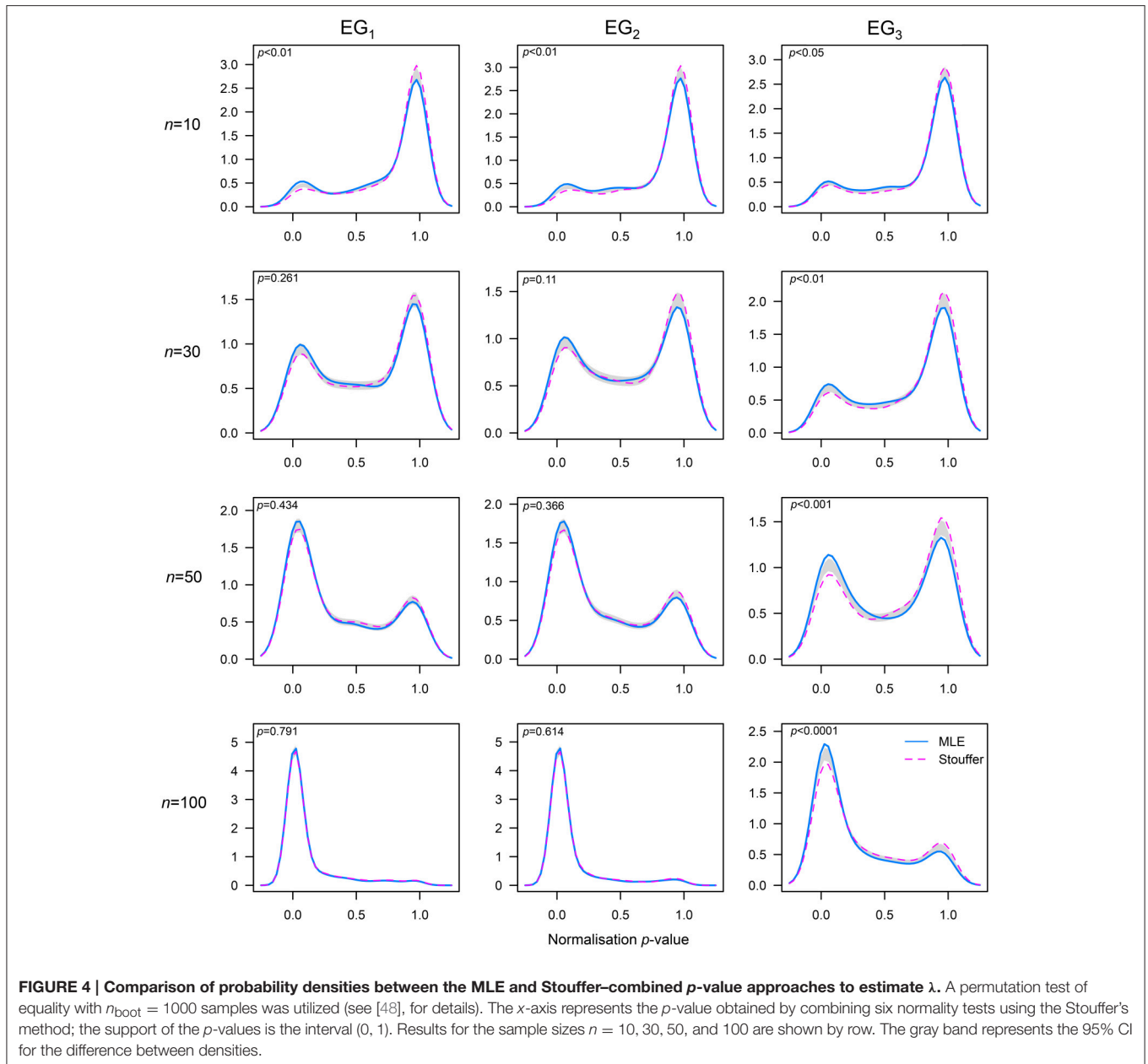
a new, easy-to-use and robust tool to help the data analyst decide which value of λ needs to be used in order to transform any data set so that its normality is guaranteed.

The results of the simulation study suggest that our method seems to be an improvement in the search of a λ in order to achieve normality, and posit topics for future investigation. The value of λ^* can be affected by (i) the number and type of normality tests employed and (ii) the way the combined p -value is computed. It is important to recall that all available methods of combining p -values need the p -values given by independent tests, in our case normality tests. Although six normality tests from three different categories were used, it is tenable that if more tests are included in the estimation of the combined p -values, the results might be somewhat different. Indeed, results can be dramatically different if tests from only one or two categories are included in the computations. On the other hand, the estimation of the combined p -values is another aspect that plays a key role. We used the Stouffer's method based on its neat properties. However, the statistical properties of λ^* and the power of other methods which combine p -values remain to be elucidated.

An issue in relation to the strength of our method is related to the parent distribution representing the data. It is clear that as the sample size increases, the normalization of the data becomes

more challenging (see Figure 3), but also the type of distribution can add an extra challenge to the success of the transformation. Although we employed the Ex-Gaussian distribution, a type of untruncated continuous distribution, our method needs to be tested with other classes of non-normal distributions such as those used to model count and Likert-type data (be it truncated discrete or continuous) in the context of transformations (see [49] for count data, and [50–52] for Likert-type data). These ideas also apply to linear regression. That is, further testing is needed to evaluate the ability of our method to normalize residuals coming from regression models in which other non-normal distributions are used to represent the error term and outcome in the model, and when high leverage points or heteroskedasticity are present. It is also important to recall that the Yeo-Johnson transformation [30] should be used instead of the Box–Cox transformation when negative values are present in the data.

Finally, it is important to quantify how our p -value-based approach (to estimate λ) is affected by outliers. Although it is well-known that the traditional Box–Cox transformation is affected by outliers [7, 8], it remains to be elucidated if this is the case when our p -value-based approach is used. One way of addressing this issue would be to carry out a simulation study in which the underlying distribution of both the data and outlier



generating process are known, and a fixed number of outliers are introduced to the uncontaminated data. Subsequently, an outlier detection method could be applied to the combined data (i.e., uncontaminated data + outlier observations) and the number of outliers detected would be further compared with that initially introduced. In fact, we have recently found that an outlier detection procedure known as the Ueda's method [53] is more likely to detect outliers when the data's distribution becomes more skewed and asymmetric [54]. Using the Ueda's method for the quantification of outliers affecting distributions transformed via the approach proposed herein is a topic for future investigation.

The application of our method in situations when the researcher has more than one vector of EG data to be transformed

is important. This is the case, for instance, of reaction times measured on the same group of participants over x number of experimental conditions, and it is of interest to use a One-Way repeated measures ANOVA. By using our method and calculating the 95%CI around λ^* , we argue that the user has a range of λ s to select from in order to achieve, or approximate, the normality of those vectors obtained in each experimental condition. Further, it is possible that these CIs overlap with each other, and that a common λ^* can successfully transform all vectors. This same idea would apply to a hypothetical case in which different participants are allocated to different experimental conditions and a One-Way independent measures ANOVA is to be used to analyse the data. Hence, we believe that the method proposed here is an improvement on the estimation of λ in the Box–Cox

transformation and can be used by any researcher dealing with data that needs to meet the normality assumption.

ACKNOWLEDGMENTS

The authors are particular grateful to Drs. Yousri Marzouki and Nicole Salowitz for sharing their data sets and answering

questions on specific analytical aspects we needed to clarify. We also thank Nathan de Heer, Rosie Gronthos and La Patulya for proofreading the document. JV was supported by the Eccles Scholarship in Medical Sciences, the Fenner Merit Scholarship and the Australian National University (ANU) High Degree Research Scholarship. The first author is thankful to Dr. Mauricio Arcos-Burgos from ANU for his unconditional support.

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Conflict of Interest Statement: The authors declare that the research was conducted in the absence of any commercial or financial relationships that could be construed as a potential conflict of interest.

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APPENDIX

A Implementation in R

```
## load the necessary functions and packages
if(!require(devtools)) install.packages("devtools")
devtools::source_url("http://bit.ly/1eY6ZP2")

# simulated data
set.seed(7)
y <- rexp(50, 1/100)

# find lambda* between -1 and 2 using the combined p-values (Stouffer's method)
# and plotALL = TRUE the results
res0 <- lambda_star(y, lambdas = seq(-0.2, 1, length = 500),
                    method = "combined", plotALL = TRUE)
res0
```