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Expression profiling identifies key genes and biological functions associated with eosinophilic esophagitis in human patients

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Introduction: Eosinophilic Esophagitis (EoE) is a chronic allergic disease characterized by progressive inflammation of the esophageal mucosa. This chronic inflammatory disorder affects up to 50 per 100,000 individuals in the United States and Europe yet is limited in treatment options. While the transcriptome of EoE has been reported, few studies have examined the genetics among a cohort including both adult and pediatric EoE populations. To identify potentially overlooked biomarkers in EoE esophageal biopsies that may be promising targets for diagnostic and therapeutic development.

Methods: We used microarray analysis to interrogate gene expression using esophageal biopsies from EoE and Control subjects with a wide age distribution. Analysis of differential gene expression (DEGs) and prediction of impaired pathways was compared using conventional transcriptome analysis (TAC) and artificial intelligence-based (ADVAITA) programs. Principal Components Analysis revealed samples cluster by disease status (EoE and Control) irrespective of clinical features like sex, age, and disease severity.

Results: Global transcriptomic analysis revealed differential expression of several genes previously reported in EoE (*CCL26*, *CPA3*, *POSTN*, *CTSC*, *ANO1*, *CRISP3*, *SPINK7*). In addition, we identified differential expression of several genes from the *MUC* and *SPRR* families, which have been limited in previous reports.

Discussion: Our findings suggest that there is epithelial dysregulation demonstrated by DEGs that may contribute to impaired barrier integrity and loss of epidermal cell differentiation in EoE patients. These findings present two new gene families, *SPRR* and *MUC*, that are differentially expressed in both adult and pediatric EoE patients, which presents an opportunity for a future therapeutic target that would be useful in a large demographic of patients.

KEYWORDS

human esophageal biopsy, mucin, keratinization, epidermal differentiation complex, epithelial barrier

Introduction

Eosinophilic Esophagitis (EoE) is a chronic allergic disease that is characterized by progressive inflammation of the esophageal mucosa, which in severe cases may lead to food impaction and esophageal stricture (1, 2). This eosinophil-associated gastrointestinal disorder (EGID) affects up to 50 per 100,000 individuals in the United States and Europe and can lead to significant impairment in quality of life if untreated, demonstrating the need for effective and targeted treatments (3). Epidemiologic data suggests that the incidence of EoE is exponentially increasing, with some studies reporting up to a 100-fold increase in recent years (4). Risk factors ranging from geographical location and heritable traits to early antibiotic exposure have been implicated in the pathogenesis of EoE (5). EoE affects both adult and pediatric populations, although several differences between the character of the disease in these groups have been reported (6, 7). Children tend to display more acute manifestations of inflammation-like exudates and furrows, whereas adults tend to have more fibrostenotic signs of disease, such as strictures (8). Identifying biologic factors that are shared in both the pediatric and adult EoE populations would pave the way for novel diagnostic and treatment targets for the wide spectrum of this disease.

EoE is diagnosed by presence of symptoms of esophageal dysfunction (dysphagia, food impaction, heartburn, chest pain), histologic confirmation by H&E stain of ≥ 15 eosinophils per high power field (eos/hpf), and the exclusion of other causes of esophageal eosinophilia (4). The treatment goal is symptomatic management and prevention of esophageal remodeling. First-line treatment for EoE is pharmacologic intervention proton pump inhibitors/corticosteroids or empiric elimination diets (9). Recently, several clinical trials repurposing biologics used for other indications in the treatment of EoE have been evaluated with variable success (10). Dupilumab (IL-4R α antagonist) completed its Phase III trial in May 2022 and is currently FDA approved (11). Although originally promising, Mepolizumab (IL-5 antibody) did not meet its primary endpoint in a Phase III study for EoE (12). Monoclonal antibodies targeting IL-13, anti-TNF, and anti-TSLP are still ongoing (10). Limited success therefore offers an opportunity for identifying new EoE-specific markers for potential targeted therapies specific to a disease process.

Seminal work by Rothenberg described the “EoE transcriptome”, including 574 transcripts associated with pathogenesis, including overexpression of the eosinophil-specific chemoattractant eotaxin-3 (*CCL26*) (13). Subsequent work delineated the molecular pattern of epithelial barrier dysfunction in EoE with downregulated filaggrin (*FLG*) and desmoglein (*DSGI*) (14, 15). The *SPINK* family is also dysregulated in EoE patients, likely contributing to the permeability of the epithelium (16). Disruption of the epithelial barrier promotes the T_H2 response in the esophagus by directly releasing TSLP, IL-33, and IL-25, and enabling relevant antigens to penetrate the esophageal mucosa.

Consistently described as an allergic disease, the presence of T_H2 cells and cytokines have been identified in EoE patients.

T_H2 associated cytokines IL-4, IL-5, and IL-13, were induced in patients with active EoE by milk, supporting the allergic etiology of EoE (17). This is corroborated by genetic associations that describe *TSLP* as a promoter of the T_H2 response in EoE subjects (14). This overactive T_H2 response, particularly IL-13 production, further induces an epithelial response and diminishes barrier function as EoE patients have overall decreased *DSGI* and decreased expression of genes related to epithelial structural genes, including *FLG*, *IVL*, and the *SPRR* gene family (18). These genes also comprise the epidermal differentiation complex (EDC) and include the expression of the cytokeratins *KRT4* and *KRT13* in the suprabasal zone, which contain more differentiated cells. Likewise, E-cadherin is expressed in both the basal and suprabasal layers by epithelial cells (18). Therefore, the transcriptome of EoE patients is characterized by a unique esophageal gene expression signature that is indicative of altered esophageal tissue differentiation, impaired barrier function, and overzealous allergic responses.

Regulators of local epithelial barrier dysfunction and the T_H2 response have been well described by molecular studies. In this manuscript, we confirm commonly identified transcriptomic patterns in the pathogenesis of EoE. Further, we extend these results by highlighting the *MUC* and *SPRR* families, which were highly represented among the most differentially expressed gene families in our dataset. These findings may underscore pathways that have yet to be investigated in the development of EoE and represent a potential target for future therapeutic studies.

Materials & methods

Subject recruitment

A total of 24 (12 EoE, 12 Control) subjects were enrolled into this study with informed consent from all participants and/or guardians. All studies were conducted under the approval of the Institutional Review Board. EoE subjects were individuals with suspected EoE scheduled for esophagogastroduodenoscopy (EGD) for diagnostic confirmation. Control subjects were individuals undergoing EGD for investigative purposes or other non-inflammatory etiologies. All patients selected were undergoing an initial EGD and not yet prescribed therapeutics for EoE. All relevant data, including health information, laboratory results, pathology results, endoscopy scores, treatment, and questionnaire responses were recorded.

Sample collection

Tissue samples were obtained during clinically indicated EGD procedures with clinical assessment of Eosinophilic Esophagitis Endoscopic Reference Score (EREFS). Biopsies collected from endoscopically visible areas of active inflammation and healthy mucosa in subjects and controls, respectively. Definitive diagnosis of EoE was made using clinical, endoscopic, and histologic metrics per current guidelines (4), including symptoms of

esophageal dysfunction, presence of ≥ 15 eos/hpf, and exclusion of other potential causes of esophageal eosinophilia. Controls were defined as patients who underwent an EGD for symptoms suggestive of EoE but not confirmed with endoscopic or histologic assessment. Samples were then stored in RNAlater (Qiagen) until further processing.

Variable definitions

Active disease was defined as active inflammation based on endoscopy. Disease duration was categorized by years since diagnosis in 3 groups: <1, 1–5, >5 years. Eosinophilic Esophagitis Reference Score (EREFS) disease activity summary score was recorded at the time of biopsy (19). Eosinophilia grading was developed using eos/hpf histologic data: mild = 0–6 eos/hpf, moderate = 7–15 eos/hpf, severe = 15–30 eos/hpf, and profound = 31 + eos/hpf.

Tissue processing and microarray analysis

Biopsy samples were homogenized in RLT buffer (Qiagen). DNA, RNA, and protein were extracted using the AllPrep kit per manufacturer's protocol (Qiagen). RNA was assessed for quality using NanoDrop™ and stored at -80°C . 10 μl RNA (50 ng/ μl) were plated on a barcoded 96-well plate provided by Thermo Fisher Scientific. Microarray analysis using Clariom™ S Assay for human samples was performed by Thermo Fisher Scientific. Plate normalization, hybridization, and processing are performed as part of the throughput at Thermo Fisher Scientific. Finalized data was distributed in the format of CEL files.

Data analysis

Population descriptors were expressed as frequency (number and percentage) and median \pm IQR, as appropriate. Microarray analyses were performed using the Thermo Fisher Transcriptome Analysis Console (TAC). CEL files were imported to the TAC software and initial quality control evaluation was conducted. Samples passed quality control for three parameters, including labeling controls, hybridization controls, and positive vs. negative AUC thresholds. Principal Components Analysis (PCA) were used to determine if samples clustered based on disease status or other clinical metrics. Differential gene expression (DEG) was used to determine gene families and clusters that were differentially up-/down-regulated between EoE and Control groups, with significance defined as ≥ 2 , ≤ -2 -fold change.

Analysis using ADAITA Bioinformatics iPathwayGuide, which is an AI-based platform for predictive pathway analysis (ADAITA Bioinformatics, Ann Arbor, MI, USA), was conducted in parallel. All significant DEGs were used as input to determine the significantly impacted pathways with pathway annotations being derived from the Kyoto Encyclopedia of Genes and Genomes (KEGG) database. Significant pathways (false

discovery rate adjusted p values < 0.1) were presented as $-\log$ (p -value). The top significantly enriched Gene Ontology (GO) biological processes and cellular components are reported as $-\log_{10}$ (p -value). Significant DEGs for the SPRR and MUC family were input into g:Profiler (<https://biit.cs.ut.ee/gprofiler/gost>) for functional profiling with statistically significant related Reactome pathways reported as $-\log_{10}$ (p -value).

Results

Patient characteristics

This study utilized tissue samples from 12 EoE and 12 Control subjects. The EoE group was 33.3% female compared to 83.3% female in the Control group (Table 1). The age distribution was comparable with a median age of 18 years in both EoE (range: 5–31 years) and Control (range: 5–49) groups. The study population overall was predominantly white (83.3%), non-Hispanic Latino (83.3%). None of the Control samples had evidence of disease activity on biopsy, whereas all the EoE subjects had evidence of active disease at the time of sampling. Half of the EoE subjects had a disease duration of greater than 5

TABLE 1 Demographic and clinical characteristics of subjects.

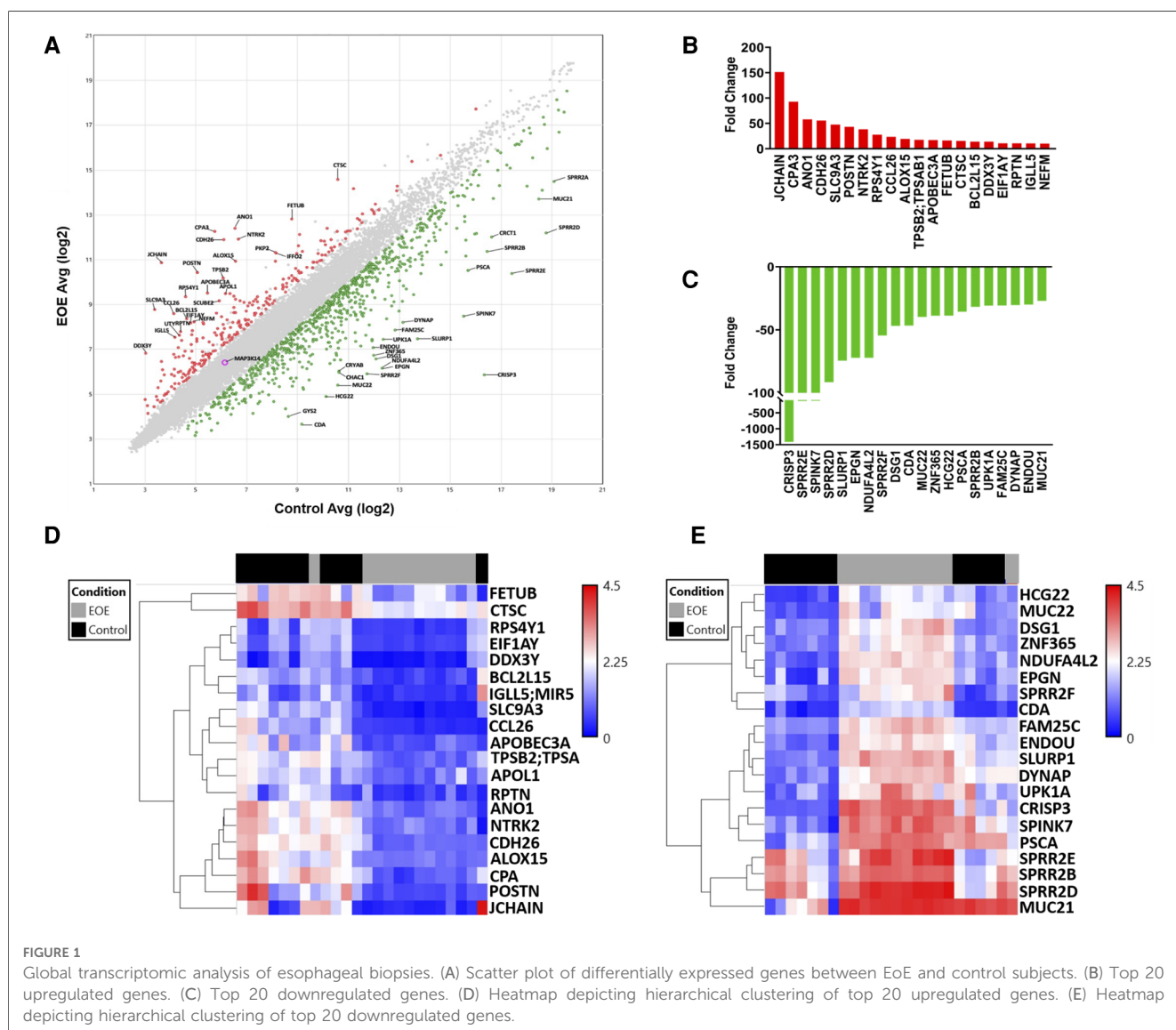
Characteristic	EoE (n = 12)	Control (n = 12)
Sex- No. (%)		
Female	4 (33.3)	10 (83.3)
Male	8 (66.7)	2 (16.7)
Age- median (range)	18 (5–31)	18 (5–49)
Age category- No. (%)		
0–10 year	1 (8.3)	1 (8.3)
11–20 year	6 (50.0)	6 (50.0)
21–30 year	3 (25.0)	1 (8.3)
31–40 year	2 (16.7)	3 (25.0)
41–50 year	–	1 (8.3)
Race- No. (%)		
White	9 (75.0)	11 (91.7)
Bi/multi racial	1 (8.3)	–
African American	–	1 (8.3)
American Indian	–	–
Asian	–	–
Native Hawaiian	–	–
Not identified	2 (16.7)	–
Ethnicity- No. (%)		
Hispanic/latino	2 (16.7)	1 (8.3)
Non-hispanic latino	9 (75.0)	11 (91.7)
Unknown	1 (8.3)	–
Active disease- No. (%)	12 (100)	0 (0)
Disease duration- No (%)		
<1 year	2 (16.7)	7 (58.3)
1–5 year	4 (33.3)	2 (16.7)
>5 year	6 (50.0)	3 (25.0)
EREFS- median (range)	3.5 (1–6)	0 (0–2)
Eos/hpf- median (range)	31 (15–92)	0 (0–2)

EoE, eosinophilic esophagitis; Eos/hpf, eosinophils per high power field; EREFS, endoscopic reference score assessing edema, rings, exudates, furrows, and strictures.

years, 33.3% 1–5 years, and 16.7% less than 1 year. The median disease severity based on endoscopic reference score assessing EREFS in the EoE group was 3.5 (range: 1–6). Histological grading of the EoE biopsy samples revealed a median eosinophilia count of 31 eos/hpf (range: 15–92). The transcriptomic data was analyzed for the impact of these clinical features on the clustering of samples using principal component analysis (PCA). The samples strongly clustered by disease category, moderately clustered by disease duration, moderately clustered based on sex, and no defined clustering based on age category (Supplementary Figures S1, S2). Therefore, disease status better defines the clustering observed, with their being stratification given disease duration. Clustering based by sex may likely be explained by EoE being nearly 4 times more prevalent in males than females (20). We anticipate that clustering effects would become stronger given a larger sample population. Based on the appearance of these clusters, we further explored sample transcriptomics to better understand which gene families are driving the clusters.

Global transcriptomic analysis shows sample clustering by disease state

Microarray analysis returned data on 21,448 genes, 1,059 of which were DEGs between EoE and Control samples. Scatterplot analysis of the DEGs revealed 806 (76.1%) were up-regulated and 253 (23.9%) were down-regulated (Figure 1A). The top 20 up-regulated (Figure 1B) and down-regulated genes (Figure 1C) represented a diverse repertoire of functions. The most differentially expressed up-regulated genes were *JCHAIN* (151.4-fold), *CPA3* (92.8-fold), *ANO1* (57.9-fold), and *CDH26* (55.7-fold) which all had a greater than 50-fold change increase compared to Controls. Overall, the down-regulated genes were more differentially expressed with 3 genes having more than a 100-fold decrease compared to Controls: *CRISP3* (–1411.9-fold), *SPRR2E* (–127.7-fold), and *SPINK7* (–123.9-fold). Hierarchical clustering of up-regulated genes displayed close relationships between all but one of the Control samples, suggesting a similar transcriptomic profile. Similarly, one EoE sample clustered more



tightly with the Control group than the EoE group (Figure 1D). Interestingly, hierarchical clustering of the down-regulated genes displayed 2 distinct subgroups of EoE patients, while the Control samples remained tightly clustered (Figure 1E). The Control sample that clustered with the EoE group in the up-regulated gene heatmap remained clustered with EoE samples in the down-regulated heatmap.

Transcriptomic data aligns with commonly reported EoE genes and pathways

Our dataset confirmed several classic genetic markers of EoE. Among the top 20 up-regulated genes, 8 have been previously associated with EoE. Notably eotaxin-3 (*CCL26*), an eosinophil chemotactic chemokine, which has been extensively reported as a strong driver of EoE (13, 21) was represented in this group (Figure 2A). These up-regulated genes have also been reported to play a breadth of roles in EoE pathophysiology including: mast cells (*CPA3*), tissue remodeling (*POSTN*; *CTSC*), and ion channel function/inflammation (*ANO1*; *ALOX15*) (22, 23) (Figure 2A). The most highly down-regulated gene (*CRISP3*) has been described as impacting epithelial function in EoE patients (16). *SPINK7*, down-regulated by 132-fold in our dataset, has been implicated in regulating esophageal barrier maintenance and down-regulation may be associated with EoE pathogenesis (16). The downregulated genes have also been associated with cell adhesion and inflammation in EoE, such as *DSG1* (14, 15) (Figure 2B). Several of the top pathways based on gene count were associated with barrier cell function and integrity (VEGFA-VEGFR2; Endothelin; EGF/EGFR) (Figure 2C). Tight junctions are a critical signaling component of barrier function and were also implicated in pathway analysis performed by ADVAITA iPathwayGuide (Figure 2D). The IL-18 signaling pathway, which has been linked to mast cell recruitment in food allergen induced EoE, was also represented in the pathway analysis (24) (Figure 2C). Autophagy was one of the top pathways to be implicated by the dysregulated transcriptome (Figure 2D). This is consistent with a previous study that found autophagy to be a potential drug target and critical for maintaining metabolic homeostasis within the esophageal epithelia following exposure to pro-inflammatory cytokines (25). Of interest, metabolic pathways was the top pathway predicted with a $-\log_{10}$ *p*-value of 2.78 (Figure 2D). Dysregulation of these predicted pathways is expected to impair functions largely related to intercellular signal transduction, catalytic activity, lipid metabolism, response to stimuli, and keratinocyte differentiation (Figure 2E). Pathologic activity is expected to interfere with protein binding, enzyme binding, and cadherin binding (Figure 2F). Defects in cadherin binding is another mechanism that may impair barrier function in EoE patients. A study conducted by Doshi et al. found that pediatric EoE patients had decreased membrane bound E-cadherin (26). Therefore, loss of E-cadherin is predicted to decrease barrier integrity by interfering with tight junction interactions. Our findings recapitulate the well-described etiology of EoE as a food allergen directed destruction of the esophageal barrier.

Altered gene expression in genes related to keratinization

Previous work assessing esophagus-specific transcripts following whole exome sequencing described impaired regulation of epithelial differentiation and keratinization (27). Consistently, keratinocyte differentiation was one of the top GO biological functions predicted from our transcriptome profile in EoE patients (Figure 2E). Examination of genes involved in keratinocyte differentiation revealed a distinct enrichment of small proline-rich protein (*SPRR*) genes, as 7 out of 29 genes were significantly downregulated (Figure 3A). ADVAITA iPathwayGuide analysis reveals downstream implications of keratinocyte differentiation on epidermal cell differentiation that further affect epithelium development, cell differentiation, and anatomical structure development (Figure 3B). We next analyzed our whole-transcriptome dataset specifically for *SPRR* genes and found that all 10 *SPRR* genes were downregulated with 7 genes identified as significant (Figure 3C). GO biological analysis of the *SPRR* gene family predicts the involvement of these genes in keratinization, keratinocyte/epidermal/epithelial cell differentiation, skin/epidermis/epithelium development, and peptide cross-linking (Figure 3D). These biological functions are expected to occur within the cornified envelope (Figure 3E). Reactome pathway prediction further reinforces the implications genetic dysregulation has on formation of the cornified envelope, keratinization, and developmental biology (Figure 3F).

Impaired *MUC* gene expression in EoE biopsies

Mucin expression is a common biomarker for several diseases with interference in production impairing cellular integrity. Within the gastrointestinal tract, the amount of mucins generally increases from esophagus to rectum (28). Under normal physiologic states, the human esophagus produces *MUC1*, *MUC4*, *MUC5B*, and *MUC20* (28). Evaluation of the *MUC* genes indicated that two genes were significantly downregulated: *MUC22* (−36.63-fold) and *MUC21* (−27.49-fold) (Figure 4A). *MUC4* was the only gene in this family found to be significantly upregulated (8.08-fold) (Figure 4A). To date, these mucins have not been evaluated in the context of eosinophilic esophagitis. However, *MUC4* is associated with normal squamous epithelium; therefore, an increase in this gene expression may be indicative of increased differentiation. However, increased *MUC4* has also been observed other diseased esophagus states, including Barrett's esophagus and high-grade intraepithelial neoplasia (29). A glycoform of *MUC21* with extended carbohydrate chains was found in suprabasal cells and serves as a marker for differentiation in squamous cell carcinoma (30), which suggests another possible marker for esophageal differentiation. Dysregulation of these mucin genes are expected to impact extracellular matrix constituents, particularly involving lubricant activity and structure (Figure 4B). GO cellular components largely predicts

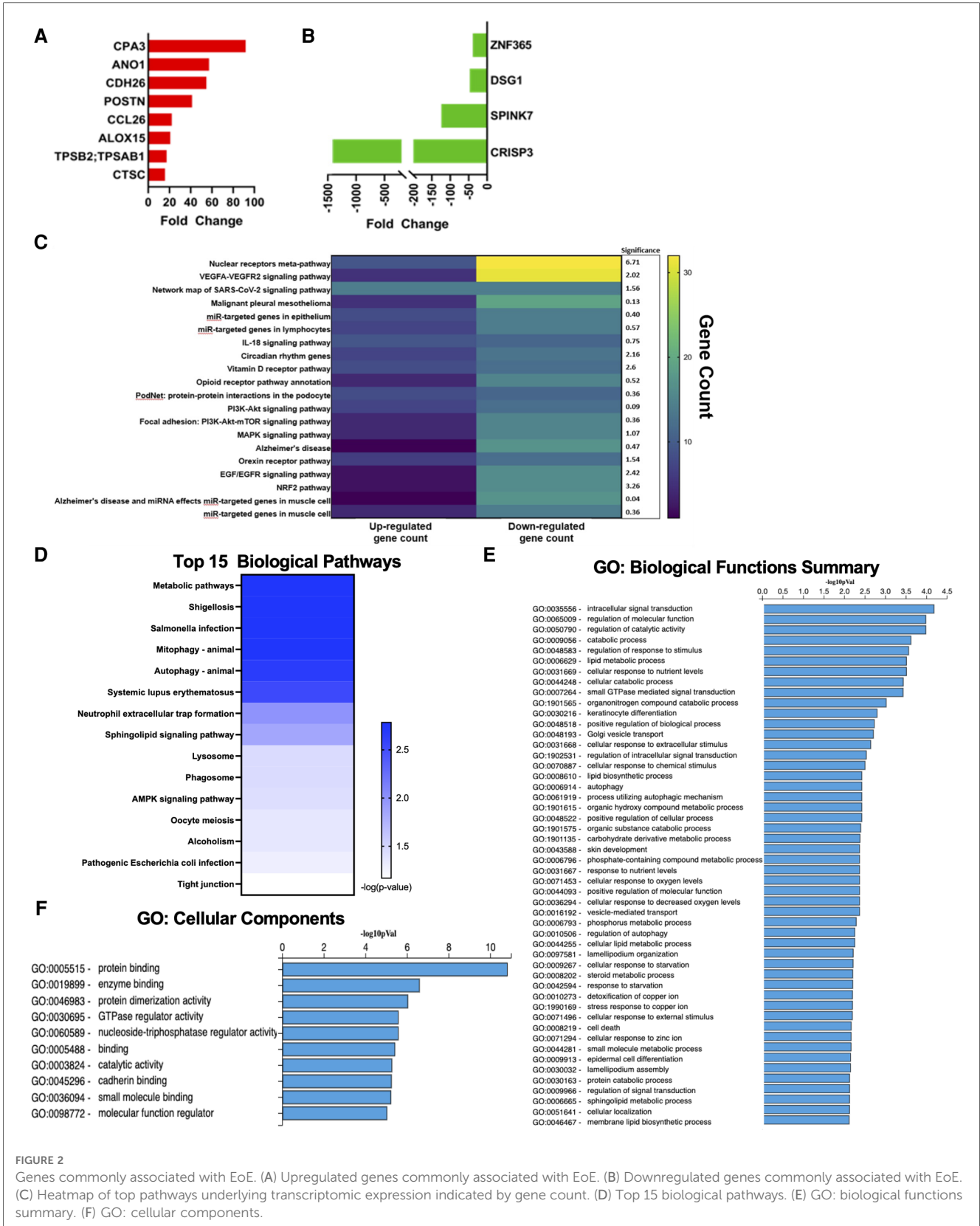


FIGURE 2 Genes commonly associated with EoE. (A) Upregulated genes commonly associated with EoE. (B) Downregulated genes commonly associated with EoE. (C) Heatmap of top pathways underlying transcriptomic expression indicated by gene count. (D) Top 15 biological pathways. (E) GO: biological functions summary. (F) GO: cellular components.

this dysregulated activity to occur within the Golgi lumen (Figure 4C), the site at which mucin dimers move from the ER for assembling of O-glycans. As the type and composition of mucins are indicative of tissue, physiologic state, and pathology,

mucins contain a spectacle of O-linked oligosaccharides that vary between the types of mucins, tissues, and pathologic conditions and is predicted to vary between EoE patients and Controls (Figure 4D).

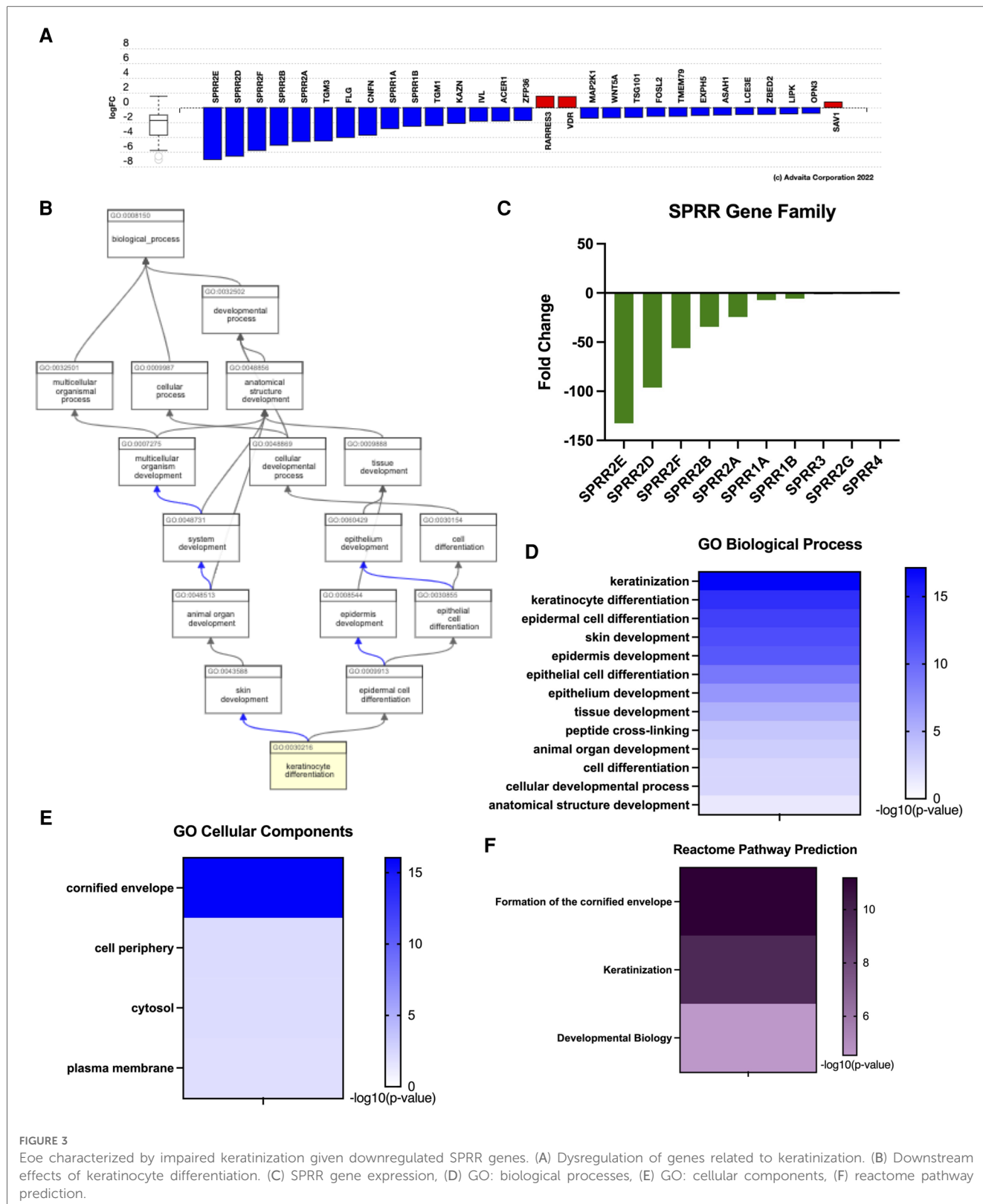
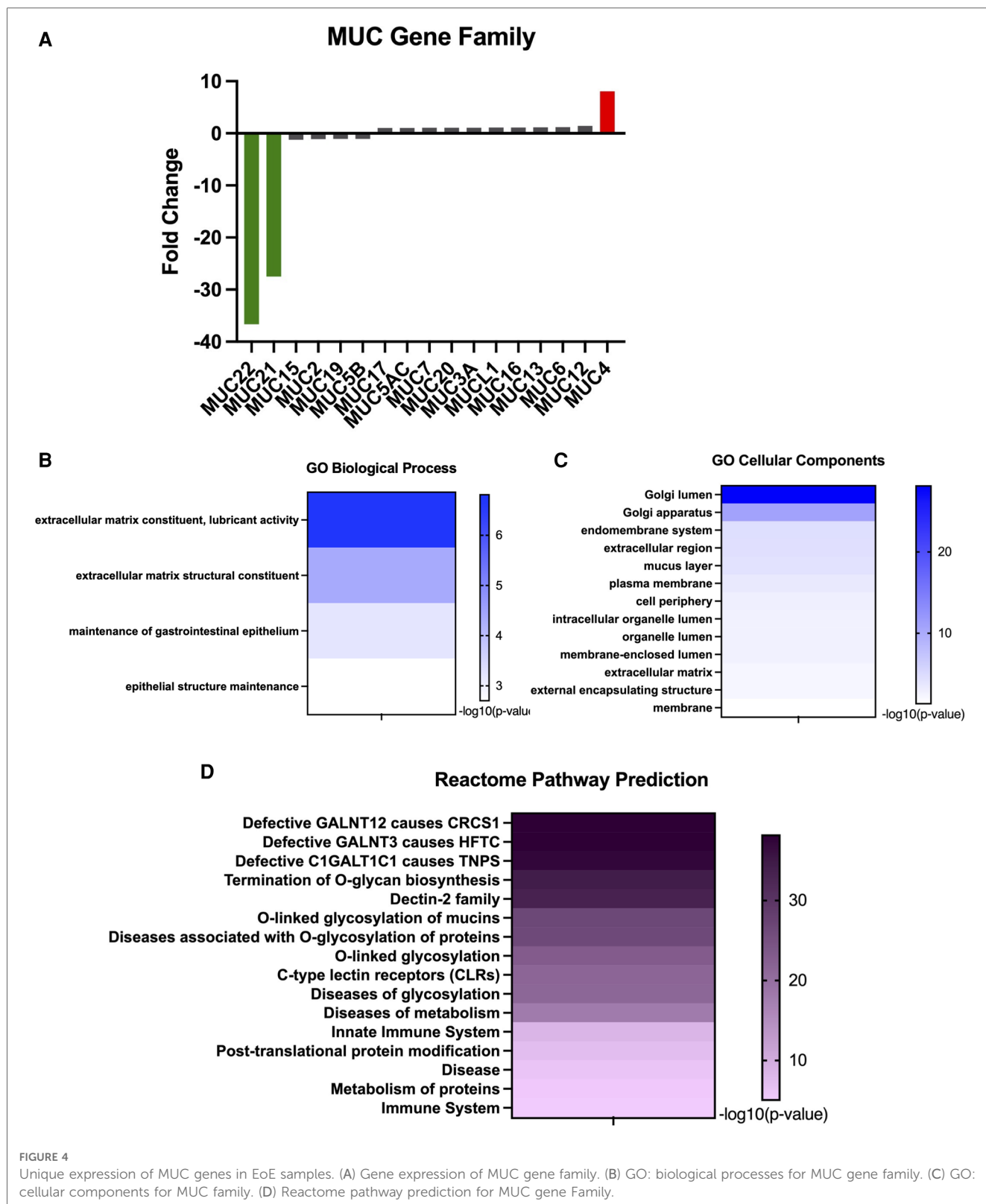


FIGURE 3 Eoe characterized by impaired keratinization given downregulated SPRR genes. (A) Dysregulation of genes related to keratinization. (B) Downstream effects of keratinocyte differentiation. (C) SPRR gene expression, (D) GO: biological processes, (E) GO: cellular components, (F) reactome pathway prediction.

Overall loss of epidermal differentiation genes in EoE biopsies

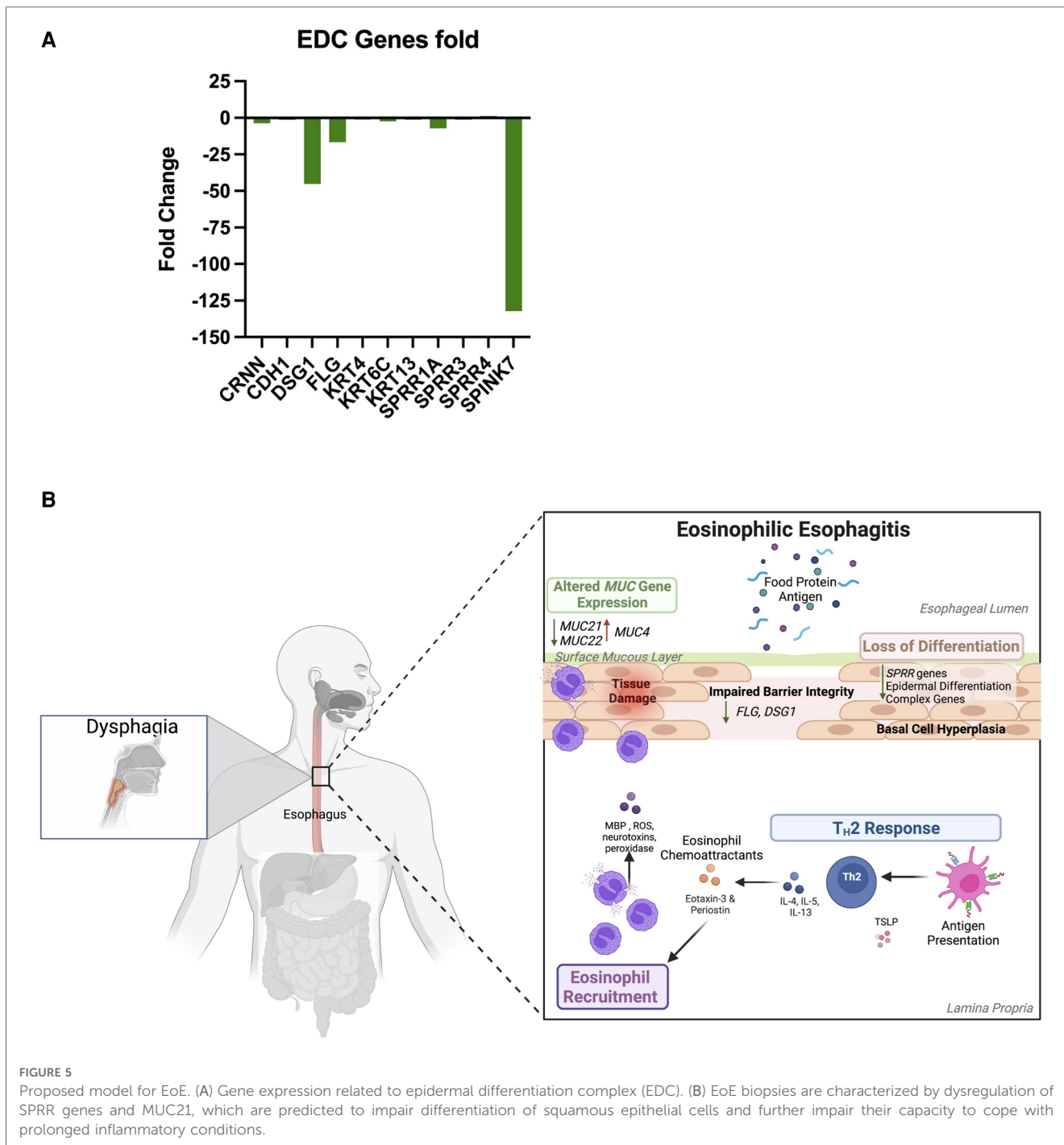
Previous work from the Human Protein Atlas evaluated esophagus-specific transcripts and found that transcripts were

predicted to implicate keratinization and differentiation. This unique transcriptome profile was correlated with EoE biopsies lacking adequate tissue differentiation (27). Our work also found common genes related to keratinization and differentiation to be DEGs. Cornulin expression was found to be downregulated in our



dataset comparing EoE biopsies to Controls (*CRNN*, -3.69 -fold) (Figure 5A). Filaggrin (*FLG*, -16.63 -fold) and desmoglein 1 (*DSG1*, -132.09 -fold) were also down-regulated in EoE patients (structural integrity of the epithelial barrier) (Figure 5A). Further, a member of the SPRR family, *SPINK7* was decreased (-132.09 -

fold). Keratin-6C (*KRT6C*) was found to be downregulated at -2.35 (Figure 5A). This is consistent with our transcriptome profile for EoE patients as functional enrichment GO predicted impaired biological functions related to keratinization, differentiation, and epidermis/epithelium/tissue development



(Figure 3D). Reactome analysis further predicted formation of the cornified envelope to be impacted (Figure 3F). Transcriptome analysis of the EDC genes reveals an overall downregulation of genes related to cornification, proper maturation, and terminal differentiation of squamous epithelial cells.

Discussion

The dataset we present supports previously reported transcriptomic profiles associated with EoE disease states while

also offering novel insight by identifying genes previously unreported with EoE. Periostin (*POSTN*) was significantly upregulated and desmoglein 1 (*DSG1*) downregulated compared to Controls in our cohort. These findings support previous models of EoE pathogenesis that describe the interplay of these two genes creating a paradigm induced by IL-13 in which decreased desmoglein function disrupts the epithelial barrier, permitting increased eosinophil adhesion mediated by overactive periostin (14, 15). Another gene, *TSLP*, has also been tied to this inflammatory mechanism by promoting T_H2 differentiation and the pro-inflammatory cycle (31, 32), though this gene was not

significantly downregulated in our dataset (fold change -1.07). While this finding is inconsistent with previous reports, several environmental factors have been noted to influence the pathogenesis of EoE. In adults, smoking and other aeroallergens drive T_H2 inflammation (33), whereas in children early antibiotic treatment, cesarean delivery, and preterm birth were noted as important for pathogenesis (34, 35). The gene perhaps most commonly tied to EoE, eotaxin-3 (*CCL26*), was present among our greatly upregulated genes. Studies have described this gene locus as being under significant epigenetic influence (13, 36). Further investigation of other gene loci may reveal the importance of epigenetics among other markers of EoE. The wide age distribution of our cohort may play a role in the expression levels of classic EoE genes in our analysis given the variable effects of epigenetics and environmental exposures at different ages. It is important to note that Control biopsies collected for this study were collected from patients undergoing exploratory endoscopy for another disease/condition independent of EoE. As a result, a limitation of this study is that Controls were collected from patients that presented with symptoms analogous to EoE but were confirmed non-EoE given histopathological assessment.

Seminal work conducted in 2017 evaluated genes from the Human Protein Atlas to compare esophagus-specific transcripts as they may relate to EoE pathogenesis (27). They found approximately 39% of esophagus-specific transcripts were dysregulated in EoE patients (27). These transcripts were predicted to implicate keratinization/differentiation and correlated with EoE biopsies lacking adequate tissue differentiation (27). This is consistent with our transcriptome profile for EoE patients as functional enrichment GO predicted impaired biological functions related to keratinization, differentiation, and epidermis/epithelium/tissue development (Figure 3D). Reactome analysis further predicted formation of the cornified envelope to be impacted (Figure 3F). Although there are overlaps in functions between the skin and mucosal surfaces of the gut in forming an effective immune barrier from the external environment, these tissues have distinct anatomical differences. For instance, terminal differentiation of epidermal keratinocytes in the skin results in desquamation and cornified cells at the surface. It is important to note that cornification is atypical within the normal esophageal epithelium, where it is instead composed of nonkeratinized stratified squamous epithelium (37). Beyond the evaluation of the *SPRR* gene family in EDC, little more is known about its involvement in the normal esophagus or EoE. Here, we document several differentially expressed *SPRR* genes in human EoE (Figure 3C). Work conducted in 2021 analyzed the interplay of *SPRR* genes and late cornified envelope (LCE) genes and found co-localization with *SPRR2* and a member of the LCE3D in psoriasis (38). *SPRR2A*, *SPRR2B*, *SPRR2D*, *SPRR2E*, and *SPRR2F* were all found to be decreased in EoE biopsies (Figure 3C). An emerging school of thought suggests a gut-skin axis linking skin and gut disorders, with the common denominator being dysregulated microbiomes driven by environmental factors, suggesting that more visually apparent skin disorders may give insight to systemic issues occurring simultaneously within the gut

(39). We previously showed in a spontaneous murine model for hypereosinophilic-like syndrome that mice lacking noncanonical $\text{NF-}\kappa\text{B}$ signaling had systemic eosinophilia, including atopic dermatitis and esophagitis (40). Concomitant atopic dermatitis has also been reported in 2–19% human EoE patient (41). We suggest that a better understanding of EoE pathogenesis may be derived from reinterpretations of the well-studied involvement of the *SPRR* gene family and its implications on cornification.

Current work has sought to better evaluate proper differentiation of epithelial cells within the basal zone (undifferentiated, proliferating cells) and suprabasal zone (differentiated cells) of the esophagus (37, 42). Transcriptome analysis of EDC genes reveals suprabasal zone cells have increased expression of the keratins *KRT4* and *KRT13* (27, 43–45). This work sought to evaluate specific epithelial differentiation markers given pathophysiologic conditions (27). They found increased undifferentiated markers (*KRT5*, *KRT14*) and decreased terminal differentiation marker (*KRT4*) in active EoE patients (27). Although highly expressed in the normal esophagus, decreased cornulin (*CRNN*) expression is observed in EoE patients (27). This was consistent with our dataset comparing (*CRNN*, -3.69 -fold) (Figure 5A). Other groups further assessed EDC genes as they relate to drug responsiveness (37) and found filaggrin to be down-regulated 16-fold in EoE patients, which is identical to our results (*FLG*, -16.63 -fold) (Figure 5A). Following treatment with glucocorticoids and/or dietary changes, filaggrin expression was not significantly changed, indicating EDC genes can be reversed following responsiveness to treatment (37). This suggests improper differentiation within the esophagus originates at a genetic level and may cause EoE patients to be susceptible to irregular anatomical development.

Previous work recorded distinct changes in mucin gene expression and production. Within the gastrointestinal tract, the amount of mucins generally increases from esophagus to rectum (28). Mucins produced by the esophagus under normal physiologic states include *MUC1*, *MUC4*, *MUC5B*, and *MUC20* (28). *MUC1* and *MUC4* are expressed in normal squamous epithelium, while *MUC5B* is expressed by submucosal glands (46). Discrepancy in mucin production can also be associated with pathologic features of the esophagus. For instance, *MUC1* and *MUC4* levels correlate to the degree of proper differentiation occurring within the epithelia (46), whereas *MUC5AC* has been associated with tissue remodeling in the lung and found to be upregulated in human EoE patients (47, 48). In our dataset, we found *MUC4* to be increased 8.08-fold, while *MUC1* and *MUC5AC* were not differentially expressed (Figure 4A). Another group found *MUC1* and *MUC5B* expression to be downregulated, while *MUC4* was increased (49). We did not find *MUC5B* to be significantly varied in our dataset (Figure 4A). Two *MUC* genes, *MUC21* (-36.63 -fold) and *MUC22* (-27.49 -fold), were uniquely altered in our transcriptome profiles (Figure 4A). To date, *MUC22* has not been evaluated in the context of the esophageal epithelium. However, a glycoform of *MUC21* with extended carbohydrate chains was found in suprabasal cells and serves as a marker for differentiation in

squamous cell carcinoma (30), indicating a potential role of MUC21 O-glycosylation in esophageal differentiation, which would be consistent with Reactome pathway predictions (Figure 4D). Altered mucin production further recapitulates that improper differentiation occurring within the epithelium may have deleterious downstream effects on barrier function, tissue remodeling, and overall cell integrity within this tissue to culminate in disease and sensitizing this tissue to food allergens.

Our data contributes additional insight into the transcriptome profile of EoE patients and contributes to our understanding of EoE pathogenesis. We highlight two families of genes (*SPRR*, *MUC*) that are understudied in the context of EoE and suggest their involvement in improper epithelial cell differentiation of the diseased esophagus. Information culminated from this study suggests potential targets for therapeutic development focusing on EDC. Current treatment options resolve pro-inflammatory signaling to remediate symptoms without directly addressing specific dysfunctional biological processes, thus necessitating an urgency to develop improved options for EoE. Our data suggest that *SPRR* and/or *MUC* are potential targets to resolve EDC and markers of improper tissue damage responses that may be viable therapeutic options. Furthermore, we propose the *SPRR* and *MUC* gene families, as well as several other previously identified genes also found in our analysis, are a promising set of genes potentially associated with disease etiology (*CCL26*, *CPA3*, *POSTN*, *CTSC*, *ANO1*, *CRISP3*, *SPINK7*). With more mechanistic insight, these genes may become useful for clinical evaluation of EoE as part of a genetic panel. Culminating our research findings, we highlight both the clinical and translational relevancy of the unique EoE gene expression profile with the hope of one day improving EoE diagnosis, detection, and treatment.

Data availability statement

The datasets presented in this study can be found in online repositories. The names of the repository/repositories and accession number(s) can be found below: <https://www.ncbi.nlm.nih.gov/geo/>, GSE228083.

Ethics statement

The studies involving humans were approved by The University of Virginia Institutional Review Board. The studies were conducted in accordance with the local legislation and institutional requirements. Written informed consent for participation in this study was provided by the participants' legal guardians/next of kin.

Author contributions

HM, KH, CM, and HI: performed research, wrote manuscript, and analyzed data. BB and BS: collected samples

and reviewed manuscript. EM and IA: were responsible for conceptualization, investigation, methodology, formal analysis, supervision, writing, data management, and funding. All authors contributed to the article and approved the submitted version.

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Conflict of interest

The authors declare that the research was conducted in the absence of any commercial or financial relationships that could be construed as a potential conflict of interest.

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Supplementary material

The Supplementary Material for this article can be found online at: <https://www.frontiersin.org/articles/10.3389/falgy.2023.1239273/full#supplementary-material>

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