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| Introduction* Explanation definitions (mild intellectual disability or borderline intellectual functioning, severe mental health problems)
* Explanation research
* Reading break intervention

Key questions (four main themes)1. Content
* Talking about recovery: which items are important and should be included?
* Points of improvement
1. Assignments/exercises
* Which assignments fit within this intervention and are educational/fun/challenging/appealing?
* Points of improvement
1. Understandable language
* Which language use is appropriate for this intervention?
* Points of improvement
1. Visual support
* At what time does visual support add value and do the pictures support the text?
* Points of improvement

Structure and lay-out* Points of improvement

Closing questions* Important topics not covered
* Resume
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Supplementary Material 2. topic list used in focus groups and interviews with participants